

Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

1 - 1ª Jornada - 1ª sessão (manhã)

25/11/2023 - 9:00

Prova 1	Misto, 4 x 50m Livres					Seniores Misto
25/11/2023 - 9:00						Resultados
Rec Nac Open	1:39.08	Futebol Clube do Porto	FCP	Felgueiras	28/04/2019	
Rec Nac SEN	1:39.08	Futebol Clube do Porto	FCP	Felgueiras	28/04/2019	
Rec Nac JUN	1:41.62	Sport Lisboa e Benfica	SLB	Felgueiras	28/04/2019	

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL SEN	CNLeiria				1:44.37	585
<i>Recorde Distrital Senior e Absoluto Misto</i>						
Filipe Miguel, GOMES	97	23.86	Maria Francisca, FROIS	06	28.51	
Sebastian Fabricio, VILLACIS	01	24.41	Joana Rosa, FERREIRA	05	27.59	

Prova 1	Misto, 4 x 50m Livres					Juniores Misto
25/11/2023 - 9:00						Resultados
Rec Nac Open	1:39.08	Futebol Clube do Porto	FCP	Felgueiras	28/04/2019	
Rec Nac SEN	1:39.08	Futebol Clube do Porto	FCP	Felgueiras	28/04/2019	
Rec Nac JUN	1:41.62	Sport Lisboa e Benfica	SLB	Felgueiras	28/04/2019	
Rec Nac JUV A	1:46.07	Sport Lisboa e Benfica	SLB	Felgueiras	08/05/2022	
Rec Nac 14 - 16	1:44.27	tempo limite				

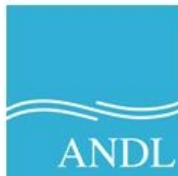
Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL JUN	CNLeiria				1:46.49	551
<i>Recorde Distrital Junior Misto</i>						
Afonso Dinis, ROQUE	07	25.12	Leonor Vendima, COELHO	07	28.70	
Micael Dmitrievich, DENISOV	06	24.52	Victoria Frogeri, PEREIRA	08	28.15	
2. CNAL JUN	Alcobaca				1:57.72	408
Leonardo Jose, CRUZ	07	24.96	Rita Rocha, SILVA	08	30.49	
Matilde Andre, LUIS	08	31.48	Andre Filipe, FERNANDES	07	30.79	
3. URDJ JUN	Uniao Juncalense				2:05.64	335
Rafael, SANTOS	06	26.69	David Jose, CARREIRA	07	33.64	
Constanca Carvalho, PIEDADE	08	32.84	Catarina Tagaroso, LOBO	07	32.47	

Prova 1	Misto, 4 x 50m Livres					Juvenil B Misto
25/11/2023 - 9:00						Resultados
Rec Nac Open	1:39.08	Futebol Clube do Porto	FCP	Felgueiras	28/04/2019	
Rec Nac JUV A	1:46.07	Sport Lisboa e Benfica	SLB	Felgueiras	08/05/2022	
Rec Nac 14 - 16	1:44.27	tempo limite				
Rec Nac JUV B	1:50.17	Clube Fluvial Vilacondense	CFV	Felgueiras	23/04/2023	

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. OC JUV B	Óbidos				2:01.59	370
Leonor Pereira, SILVA	10	31.91	Elisa Henriques, SOUTO	10	30.96	
Pedro Blanc, CAPINHA	09	29.66	Tiago Eurico, CORREIA	09	29.06	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 2  
25/11/2023 - 9:10

Femin., 800m Livres

Senior  
Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac SEN	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	9:25.90	600	
50m: 32.50 32.50	250m: 2:52.70 35.15	450m: 5:15.26 35.66	650m: 7:39.83 36.25	700m: 8:15.83 36.00	
100m: 1:06.86 34.36	300m: 3:28.08 35.38	500m: 5:51.51 36.25	750m: 8:51.06 35.23	800m: 9:25.90 34.84	
150m: 1:42.33 35.47	350m: 4:03.80 35.72	550m: 6:21.27 29.76			
200m: 2:17.55 35.22	400m: 4:39.60 35.80	600m: 7:03.58 42.31			
2. Joana Rosa, FERREIRA	05	CNLeiria	9:37.88	563	
50m: 32.08 32.08	250m: 2:53.21 35.62	450m: 5:19.71 37.03	650m: 7:49.29 37.37	700m: 8:25.87 36.58	
100m: 1:06.52 34.44	300m: 3:29.27 36.06	500m: 5:57.03 37.32	750m: 9:02.52 36.65	800m: 9:37.88 35.36	
150m: 1:41.90 35.38	350m: 4:05.89 36.62	550m: 6:34.45 37.42			
200m: 2:17.59 35.69	400m: 4:42.68 36.79	600m: 7:11.92 37.47			
3. Ana Claudia, FERREIRA	90	Alcobaca	9:54.58	517	
50m: 33.24 33.24	250m: 2:59.80 36.79	450m: 5:29.48 37.89	650m: 8:01.47 38.04	700m: 8:39.41 37.94	
100m: 1:09.46 36.22	300m: 3:36.86 37.06	500m: 6:07.23 37.75	750m: 9:17.54 38.13	800m: 9:54.58 37.04	
150m: 1:46.19 36.73	350m: 4:14.03 37.17	550m: 6:45.44 38.21			
200m: 2:23.01 36.82	400m: 4:51.59 37.56	600m: 7:23.43 37.99			
4. Beatriz Luz, MARTINS	06	Pimpoes/Cimai	10:30.01	435	
50m: 35.39 35.39	250m: 3:13.53 39.59	450m: 5:53.93 39.20	650m: 8:33.98 39.47	700m: 9:13.60 39.62	
100m: 1:14.36 38.97	300m: 3:53.67 40.14	500m: 6:33.32 39.39	750m: 9:52.60 39.00	800m: 10:30.01 37.41	
150m: 1:53.88 39.52	350m: 4:33.99 40.32	550m: 7:13.68 40.36			
200m: 2:33.94 40.06	400m: 5:14.73 40.74	600m: 7:54.51 40.83			

Prova 2  
25/11/2023 - 9:10

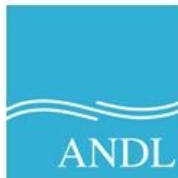
Femin., 800m Livres

Junior  
Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Rec Nac 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Matilde Violante, VIANA	07	CNLeiria	9:38.69	561	
50m: 32.04 32.04	250m: 2:55.80 37.01	450m: 5:24.26 36.96	650m: 7:51.00 36.00	700m: 8:27.46 36.46	
100m: 1:06.81 34.77	300m: 3:32.85 37.05	500m: 6:01.13 36.87	750m: 9:03.57 36.11	800m: 9:38.69 35.12	
150m: 1:42.47 35.66	350m: 4:10.12 37.27	550m: 6:38.34 37.21			
200m: 2:18.79 36.32	400m: 4:47.30 37.18	600m: 7:15.00 36.66			
2. Bruna Matos, FIALHO	08	Uniao Juncalense	12:39.76	248	
50m: 41.56 41.56	250m: 3:52.84 48.19	450m: 7:09.30 48.42	650m: 10:21.60 47.06	700m: 11:08.74 47.14	
100m: 1:27.99 46.43	300m: 4:42.43 49.59	500m: 7:57.98 48.68	750m: 11:54.65 45.91	800m: 12:39.76 45.11	
150m: 2:15.95 47.96	350m: 5:31.95 49.52	550m: 8:46.29 48.31			
200m: 3:04.65 48.70	400m: 6:20.88 48.93	600m: 9:34.54 48.25			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 2, Femin., 800m Livres

Prova 2 Femin., 800m Livres Juvenil A  
25/11/2023 - 9:10 Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac JUV A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande						9:19.69	620
	50m:	31.46 31.46	250m:	2:52.23	35.45	450m:	5:12.81	34.36	650m:	7:34.52	35.42
	100m:	1:05.78 34.32	300m:	3:27.44	35.21	500m:	5:47.80	34.99	700m:	8:10.52	36.00
	150m:	1:41.11 35.33	350m:	4:03.09	35.65	550m:	6:23.59	35.79	750m:	8:46.25	35.73
	200m:	2:16.78 35.67	400m:	4:38.45	35.36	600m:	6:59.10	35.51	800m:	9:19.69	33.44
2.	Sara Ines, SOUSA		09	Ba-Leiria						11:10.20	361
	50m:	37.55 37.55	250m:	3:27.49	42.83	450m:	6:20.43	42.79	650m:	9:08.59	41.03
	100m:	1:19.24 41.69	300m:	4:11.08	43.59	500m:	7:02.70	42.27	700m:	9:50.34	41.75
	150m:	2:02.06 42.82	350m:	4:54.47	43.39	550m:	7:45.21	42.51	750m:	10:31.55	41.21
	200m:	2:44.66 42.60	400m:	5:37.64	43.17	600m:	8:27.56	42.35	800m:	11:10.20	38.65

Prova 2 Femin., 800m Livres Juvenil B  
25/11/2023 - 9:10 Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980

Pontos: FINA 2023

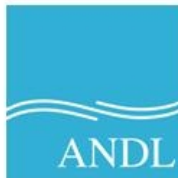
Lugar			Ano							Tempo final	Pts
1.	Vida Sofia, VELEZ		10	Ba-Leiria						10:53.07	390
	50m:	35.14 35.14	250m:	3:20.25	41.59	450m:	6:05.52	42.05	650m:	8:53.18	42.15
	100m:	1:15.96 40.82	300m:	4:01.88	41.63	500m:	6:46.53	41.01	700m:	9:33.65	40.47
	150m:	1:57.38 41.42	350m:	4:42.19	40.31	550m:	7:29.34	42.81	750m:	10:13.21	39.56
	200m:	2:38.66 41.28	400m:	5:23.47	41.28	600m:	8:11.03	41.69	800m:	10:53.07	39.86
2.	Constanca Rolim, PEDRO		10	Ba-Leiria						12:23.69	264
	50m:	41.77 41.77	250m:	3:52.14	48.46	450m:	7:03.99	47.98	650m:	10:12.44	46.39
	100m:	1:27.67 45.90	300m:	4:39.56	47.42	500m:	7:51.56	47.57	700m:	10:58.64	46.20
	150m:	2:14.95 47.28	350m:	5:28.80	49.24	550m:	8:38.43	46.87	750m:	11:43.33	44.69
	200m:	3:03.68 48.73	400m:	6:16.01	47.21	600m:	9:26.05	47.62	800m:	12:23.69	40.36

Prova 3 Masc., 1500m Livres Senior  
25/11/2023 - 9:40 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Joao Paulo, RIBEIRO		92	CNLeiria						18:54.63	415
	50m:	32.13 32.13	450m:	5:27.42	37.32	850m:	10:34.21	38.77	1250m:	15:41.87	38.51
	100m:	1:07.66 35.53	500m:	6:05.12	37.70	900m:	11:13.12	38.91	1300m:	16:20.52	38.65
	150m:	1:43.83 36.17	550m:	6:42.91	37.79	950m:	11:51.72	38.60	1350m:	16:58.81	38.29
	200m:	2:20.48 36.65	600m:	7:21.34	38.43	1000m:	12:30.49	38.77	1400m:	17:37.59	38.78
	250m:	2:57.28 36.80	650m:	7:59.77	38.43	1050m:	13:09.10	38.61	1450m:	18:16.67	39.08
	300m:	3:34.94 37.66	700m:	8:38.61	38.84	1100m:	13:47.51	38.41	1500m:	18:54.63	37.96
	350m:	4:12.70 37.76	750m:	9:17.03	38.42	1150m:	14:25.26	37.75			
	400m:	4:50.10 37.40	800m:	9:55.44	38.41	1200m:	15:03.36	38.10			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 3, Masc., 1500m Livres

Prova 3 Masc., 1500m Livres Junior Resultados  
25/11/2023 - 9:40

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: FINA 2023

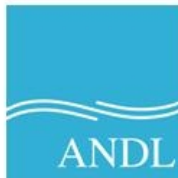
Lugar			Ano			Tempo final			Pts
1.	Luca Valentino, TONA		06	Pimpoes/Cimai		17:39.04			511
	50m:	30.15 30.15	450m:	5:04.32 35.33	850m:	9:50.10 36.11	1250m:	14:38.21 36.12	
	100m:	1:02.71 32.56	500m:	5:39.78 35.46	900m:	10:26.07 35.97	1300m:	15:14.92 36.71	
	150m:	1:35.90 33.19	550m:	6:15.25 35.47	950m:	11:01.93 35.86	1350m:	15:51.00 36.08	
	200m:	2:09.60 33.70	600m:	6:50.99 35.74	1000m:	11:37.62 35.69	1400m:	16:27.89 36.89	
	250m:	2:44.07 34.47	650m:	7:26.81 35.82	1050m:	12:13.49 35.87	1450m:	17:03.85 35.96	
	300m:	3:18.54 34.47	700m:	8:02.99 36.18	1100m:	12:49.83 36.34	1500m:	17:39.04 35.19	
	350m:	3:53.96 35.42	750m:	8:38.66 35.67	1150m:	13:26.08 36.25			
	400m:	4:28.99 35.03	800m:	9:13.99 35.33	1200m:	14:02.09 36.01			
2.	Jose Januario, MARQUES		07	Pimpoes/Cimai		18:14.12			463
	50m:	31.66 31.66	450m:	5:19.98 36.40	850m:	10:16.70 36.97	1250m:	15:13.01 36.81	
	100m:	1:06.51 34.85	500m:	5:56.89 36.91	900m:	10:53.93 37.23	1300m:	15:49.85 36.84	
	150m:	1:42.30 35.79	550m:	6:33.62 36.73	950m:	11:31.37 37.44	1350m:	16:26.58 36.73	
	200m:	2:18.10 35.80	600m:	7:10.60 36.98	1000m:	12:08.20 36.83	1400m:	17:03.54 36.96	
	250m:	2:54.22 36.12	650m:	7:48.02 37.42	1050m:	12:44.84 36.64	1450m:	17:39.82 36.28	
	300m:	3:30.47 36.25	700m:	8:25.38 37.36	1100m:	13:21.83 36.99	1500m:	18:14.12 34.30	
	350m:	4:06.75 36.28	750m:	9:02.41 37.03	1150m:	13:59.01 37.18			
	400m:	4:43.58 36.83	800m:	9:39.73 37.32	1200m:	14:36.20 37.19			
3.	Afonso Rodrigues, MIL-HOMENS		06	Pimpoes/Cimai		20:00.14			351
	50m:	35.02 35.02	450m:	5:53.07 40.53	850m:	11:15.07 40.70	1250m:	16:41.32 41.67	
	100m:	1:13.16 38.14	500m:	6:33.38 40.31	900m:	11:55.28 40.21	1300m:	17:22.75 41.43	
	150m:	1:52.94 39.78	550m:	7:13.12 39.74	950m:	12:35.64 40.36	1350m:	18:03.48 40.73	
	200m:	2:32.49 39.55	600m:	7:52.87 39.75	1000m:	13:15.96 40.32	1400m:	18:43.32 39.84	
	250m:	3:12.33 39.84	650m:	8:33.25 40.38	1050m:	13:57.49 41.53	1450m:	19:23.46 40.14	
	300m:	3:52.95 40.62	700m:	9:13.71 40.46	1100m:	14:38.70 41.21	1500m:	20:00.14 36.68	
	350m:	4:32.95 40.00	750m:	9:53.91 40.20	1150m:	15:19.47 40.77			
	400m:	5:12.54 39.59	800m:	10:34.37 40.46	1200m:	15:59.65 40.18			

Prova 3 Masc., 1500m Livres Juvenil A Resultados  
25/11/2023 - 9:40

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007

Pontos: FINA 2023

Lugar			Ano			Tempo final			Pts
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai		17:26.23			530
	50m:	30.80 30.80	450m:	5:03.87 34.61	850m:	9:45.96 35.92	1250m:	14:32.03 35.57	
	100m:	1:03.76 32.96	500m:	5:38.62 34.75	900m:	10:21.85 35.89	1300m:	15:07.77 35.74	
	150m:	1:37.35 33.59	550m:	6:13.44 34.82	950m:	10:57.89 36.04	1350m:	15:43.11 35.34	
	200m:	2:11.48 34.13	600m:	6:48.46 35.02	1000m:	11:33.69 35.80	1400m:	16:18.30 35.19	
	250m:	2:45.51 34.03	650m:	7:23.77 35.31	1050m:	12:09.24 35.55	1450m:	16:53.15 34.85	
	300m:	3:19.93 34.42	700m:	7:59.05 35.28	1100m:	12:45.30 36.06	1500m:	17:26.23 33.08	
	350m:	3:54.41 34.48	750m:	8:34.27 35.22	1150m:	13:20.99 35.69			
	400m:	4:29.26 34.85	800m:	9:10.04 35.77	1200m:	13:56.46 35.47			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 3, Masc., 1500m Livres, Juvenil A

Lugar			Ano			Tempo final	Pts	
2.	Santiago Boica, SOUSA		08	Vieirense		17:55.94	487	
	50m:	30.85 30.85	450m:	5:15.67 35.74	850m:	10:09.46 36.85	1250m:	15:02.20 35.53
	100m:	1:04.08 33.23	500m:	5:51.83 36.16	900m:	10:46.50 37.04	1300m:	15:37.46 35.26
	150m:	1:38.43 34.35	550m:	6:27.71 35.88	950m:	11:23.20 36.70	1350m:	16:14.11 36.65
	200m:	2:13.52 35.09	600m:	7:04.15 36.44	1000m:	11:59.60 36.40	1400m:	16:48.83 34.72
	250m:	2:49.50 35.98	650m:	7:40.70 36.55	1050m:	12:37.39 37.79	1450m:	17:23.54 34.71
	300m:	3:25.55 36.05	700m:	8:17.04 36.34	1100m:	13:12.27 34.88	1500m:	17:55.94 32.40
	350m:	4:02.38 36.83	750m:	8:54.54 37.50	1150m:	13:48.96 36.69		
	400m:	4:39.93 37.55	800m:	9:32.61 38.07	1200m:	14:26.67 37.71		
3.	Tome Nunes, TOME		08	CNLeiria		18:14.47	463	
	50m:	31.37 31.37	450m:	5:19.95 36.68	850m:	10:17.48 37.54	1250m:	15:14.14 37.43
	100m:	1:05.88 34.51	500m:	5:56.95 37.00	900m:	10:54.36 36.88	1300m:	15:51.17 37.03
	150m:	1:40.67 34.79	550m:	6:33.76 36.81	950m:	11:31.68 37.32	1350m:	16:27.85 36.68
	200m:	2:16.51 35.84	600m:	7:11.18 37.42	1000m:	12:08.56 36.88	1400m:	17:05.05 37.20
	250m:	2:53.13 36.62	650m:	7:48.52 37.34	1050m:	12:45.01 36.45	1450m:	17:40.19 35.14
	300m:	3:29.71 36.58	700m:	8:25.73 37.21	1100m:	13:22.54 37.53	1500m:	18:14.47 34.28
	350m:	4:06.36 36.65	750m:	9:03.06 37.33	1150m:	13:59.49 36.95		
	400m:	4:43.27 36.91	800m:	9:39.94 36.88	1200m:	14:36.71 37.22		

Prova 3 Masc., 1500m Livres Juvenil B Resultados  
25/11/2023 - 9:40

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Paulo, KOT		09	Nautico Marinha Grande		16:53.57	583	
	50m:	30.48 30.48	450m:	5:03.69 34.46	850m:	9:36.73 33.78	1250m:	14:07.74 33.82
	100m:	1:03.91 33.43	500m:	5:38.22 34.53	900m:	10:10.66 33.93	1300m:	14:41.83 34.09
	150m:	1:37.54 33.63	550m:	6:12.76 34.54	950m:	10:44.87 34.21	1350m:	15:15.61 33.78
	200m:	2:11.35 33.81	600m:	6:47.04 34.28	1000m:	11:18.80 33.93	1400m:	15:49.22 33.61
	250m:	2:45.36 34.01	650m:	7:21.35 34.31	1050m:	11:52.31 33.51	1450m:	16:22.66 33.44
	300m:	3:19.59 34.23	700m:	7:55.41 34.06	1100m:	12:26.15 33.84	1500m:	16:53.57 30.91
	350m:	3:54.21 34.62	750m:	8:29.48 34.07	1150m:	13:00.44 34.29		
	400m:	4:29.23 35.02	800m:	9:02.95 33.47	1200m:	13:33.92 33.48		
2.	Santiago Jose, PACHECO		09	Alcobaca		19:10.31	399	
	50m:	33.22 33.22	450m:	5:40.12 38.92	850m:	10:50.72 38.70	1250m:	16:02.17 38.46
	100m:	1:10.03 36.81	500m:	6:19.02 38.90	900m:	11:29.77 39.05	1300m:	16:41.07 38.90
	150m:	1:48.04 38.01	550m:	6:57.94 38.92	950m:	12:08.85 39.08	1350m:	17:19.05 37.98
	200m:	2:26.18 38.14	600m:	7:36.82 38.88	1000m:	12:47.61 38.76	1400m:	17:56.99 37.94
	250m:	3:04.68 38.50	650m:	8:15.62 38.80	1050m:	13:26.69 39.08	1450m:	18:34.52 37.53
	300m:	3:44.39 39.71	700m:	8:54.26 38.64	1100m:	14:05.60 38.91	1500m:	19:10.31 35.79
	350m:	4:22.99 38.60	750m:	9:32.67 38.41	1150m:	14:44.46 38.86		
	400m:	5:01.20 38.21	800m:	10:12.02 39.35	1200m:	15:23.71 39.25		
DNS	Gabriel Santiago, FERREIRA		09	Uniao Juncalense				
EXH	Romao Noronha, BRAZ		04	Clube Natação de Lisboa		17:56.75	486	
	50m:	29.59 29.59	450m:	5:04.99 35.79	850m:	10:01.81 37.32	1250m:	15:01.48 37.14
	100m:	1:01.92 32.33	500m:	5:41.52 36.53	900m:	10:38.85 37.04	1300m:	15:37.66 36.18
	150m:	1:35.36 33.44	550m:	6:18.28 36.76	950m:	11:16.89 38.04	1350m:	16:13.34 35.68
	200m:	2:09.32 33.96	600m:	6:55.70 37.42	1000m:	11:55.06 38.17	1400m:	16:48.53 35.19
	250m:	2:43.73 34.41	650m:	7:33.06 37.36	1050m:	12:32.43 37.37	1450m:	17:23.24 34.71
	300m:	3:18.46 34.73	700m:	8:10.66 37.60	1100m:	13:09.65 37.22	1500m:	17:56.75 33.51
	350m:	3:53.73 35.27	750m:	8:47.45 36.79	1150m:	13:47.30 37.65		
	400m:	4:29.20 35.47	800m:	9:24.49 37.04	1200m:	14:24.34 37.04		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 4 Femin., 50m Costas Senior Resultados  
25/11/2023 - 10:20

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	13/11/2021
Rec Nac SEN	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	13/11/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Ana Francisca, SILVA	06 Alcobaca	32.04	489
2. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	37.13	314
3. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	40.47	242
DNS Carmen Amador, GIL	02 CNLeiria		

Prova 4 Femin., 50m Costas Junior Resultados  
25/11/2023 - 10:20

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	13/11/2021
Rec Nac 17	28.22	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2019
Rec Nac 16	28.42	Ines Camacho, FERNANDES	SCP	Porto	08/12/2012

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Diana Rita, FONSECA	08 Vieiraense	35.90	347
2. Matilde Santos, COUTINHO	07 Naval da Nazaré	37.81	297
3. Marta Cabete, GOMES	08 CNLeiria	39.81	255
4. Catarina Tagarroso, LOBO	07 Uniao Juncalense	39.96	252
5. Sara Cristina, ALMEIDA	08 Benedita	42.45	210
6. Benedita Ferreira, MATIAS	08 Uniao Juncalense	45.32	172
7. Juliana Coelho, MOREIRA	07 Uniao Juncalense	50.72	123

Prova 4 Femin., 50m Costas Juvenil A Resultados  
25/11/2023 - 10:20

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	13/11/2021
Rec Nac JUV A	29.69	tempo limite,			

Pontos: FINA 2023

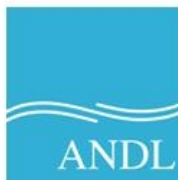
Lugar	Ano	Tempo final	Pts
1. Beatriz Belo, CLARA	09 CNLeiria	31.43	518
2. Francisca Ramos, NUNES	09 Naval de Peniche	33.69	420
3. Maria Margarida, OLIVEIRA	09 Ba-Leiria	36.55	329
4. Ines Ferreira, CHELEU	09 Ba-Leiria	38.91	273
5. Leonor Valerio, ADRIANO	09 Alcobaca	39.28	265

Prova 4 Femin., 50m Costas Juvenil B Resultados  
25/11/2023 - 10:20

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	13/11/2021
Rec Nac JUV B	30.50	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	33.86	414
2. Sofia Roma, BRIZIDA	10 Ba-Leiria	36.30	336
3. Leonor Silva, MARTINS	10 Óbidos	37.90	295
4. Elisa Henriques, SOUTO	10 Óbidos	38.21	288
5. Matilde Filipa, AMADO	10 Nautico Marinha Grande	38.65	278
6. Leonor Pereira, SILVA	10 Óbidos	39.27	265
7. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	40.84	236
8. Mariana Sousa, OLIVEIRA	10 Alcobaca	42.03	216



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 4, Femin., 50m Costas, Juvenil B

Lugar	Ano	Tempo final	Pts
9. Anastasia, STURZA	10 Uniao Juncalense	51.64	116

Prova 5 Masc., 50m Costas Senior Resultados

Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac SEN	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac SEN	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Bruno Filipe, TABORDA	95 CNLeiria	29.02	442
2. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	36.12	229

Prova 5 Masc., 50m Costas Junior Resultados

Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac 18	25.01	Alexis Manacas, SANTOS	SCP	Leiria	04/12/2009
Rec Nac 17	25.37	Gabriel Jose, LOPES	CDL	Coimbra	11/05/2014

Pontos: FINA 2023

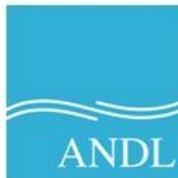
Lugar	Ano	Tempo final	Pts
1. Goncalo Pereira, COLACO	07 CNLeiria	28.87	449
2. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	30.82	369
3. Vasco Pedro, BRANCO	06 Naval da Nazaré	32.00	329
4. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	32.89	303
5. Rafael, SANTOS	06 Uniao Juncalense	34.75	257
6. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	37.46	205
7. Joel Heber, SANTOS	06 Ba-Leiria	38.19	194

Prova 5 Masc., 50m Costas Juvenil A Resultados

Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac JUV A	26.26	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieiraense	30.11	395
2. Diogo Coelho, JORDAO	08 Uniao Juncalense	32.84	305
3. Tiago Daniel, POVOA	08 Uniao Juncalense	38.34	191



Campeonato Distrital de Piscina Curta  
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Prova 5, Masc., 50m Costas

Prova 5	Masc., 50m Costas				Juvenil B
25/11/2023 - 10:27					Resultados
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	18/12/2021
Rec Nac JUV B	26.43	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM	09 CNLeiria	28.63	460
2. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	33.38	290
3. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	34.38	265
4. Pedro Blanc, CAPINHA	09 Óbidos	34.95	253
5. Tiago Eurico, CORREIA	09 Óbidos	35.25	246
6. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	35.36	244
7. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	37.73	201
8. Afonso Matos, CORREIA	09 Nucleo de Pombal	38.74	185
9. Alexandre Afonso, SANTOS	09 Uniao Juncalense	38.99	182
10. Andre Guilherme, CORDEIRO	09 Naval de Peniche	39.30	178
EXH Andre Filipe, CAROCHA	94 Clube Natação de Lisboa	32.06	328

Prova 6 Femin., 200m Mariposa Senior Resultados

Prova 6	Femin., 200m Mariposa				Senior
25/11/2023 - 10:58					Resultados
Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec Nac SEN	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018

Pontos: FINA 2023

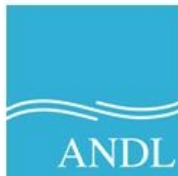
Lugar	Ano	Tempo final	Pts
1. Bruna Andreia, SIMOES	01 Vieiraense	2:30.23	504
50m: 32.52 32.52	100m: 1:09.97 37.45	150m: 1:49.57 39.60	200m: 2:30.23 40.66
2. Maria Francisca, FROIS	06 CNLeiria	2:39.49	421
50m: 32.83 32.83	100m: 1:10.98 38.15	150m: 1:52.25 41.27	200m: 2:39.49 47.24

Prova 6 Femin., 200m Mariposa Junior Resultados

Prova 6	Femin., 200m Mariposa				Junior
25/11/2023 - 10:58					Resultados
Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec Nac 17	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	04/12/2009
Rec Nac 16	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	11/02/1996

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Matilde Andre, LUIS	08 Alcobaca	2:45.68	376
50m: 38.30 38.30	100m: 1:20.41 42.11	150m: 2:03.17 42.76	200m: 2:45.68 42.51



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 6, Femin., 200m Mariposa

Prova 6	Femin., 200m Mariposa				Juvenil A
25/11/2023 - 10:58					Resultados
Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec Nac JUV A	2:17.51	Raquel Maria, FELGUEIRAS	SCB	Algés	05/03/1995

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Teresa Maria, LOPES		09	Benedita				2:50.13	347
	50m:	35.13 35.13	100m:	1:16.68	41.55	150m:	2:03.29 46.61	200m:	2:50.13 46.84
2.	Ana Margarida, MARQUES		09	Ba-Leiria				2:59.74	294
	50m:	38.36 38.36	100m:	1:24.76	46.40	150m:	2:14.06 49.30	200m:	2:59.74 45.68
3.	Sara Ines, SOUSA		09	Ba-Leiria				3:29.71	185
	50m:	44.01 44.01	100m:	1:37.39	53.38	150m:	2:34.56 57.17	200m:	3:29.71 55.15

Prova 6	Femin., 200m Mariposa				Juvenil B
25/11/2023 - 10:58					Resultados

Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec Nac JUV B	2:18.29	Mariana Pacheco, CUNHA	CFP	Felgueiras	15/04/2018

Pontos: FINA 2023

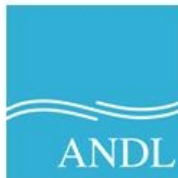
Lugar			Ano					Tempo final	Pts
1.	Diana Isabel, ALVES		10	Benedita				2:49.61	350
	50m:	37.09 37.09	100m:	1:20.46	43.37	150m:	2:05.78 45.32	200m:	2:49.61 43.83
2.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande				2:58.85	299
	50m:	37.55 37.55	100m:	1:22.80	45.25	150m:	2:10.23 47.43	200m:	2:58.85 48.62
3.	Laura Samora, GONCALVES		10	Ba-Leiria				3:09.20	252
	50m:	39.37 39.37	100m:	1:27.27	47.90	150m:	2:18.17 50.90	200m:	3:09.20 51.03

Prova 7	Masc., 200m Mariposa				Senior
25/11/2023 - 11:06					Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec Nac SEN	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	David Ferreira, RELVAS		03	Nautico Marinha Grande				2:07.39	590
	50m:	28.62 28.62	100m:	1:00.53	31.91	150m:	1:33.36 32.83	200m:	2:07.39 34.03
2.	Sebastian Fabricio, VILLACIS		01	CNLeiria				2:20.97	435
	50m:	30.80 30.80	100m:	1:05.64	34.84	150m:	1:40.65 35.01	200m:	2:20.97 40.32
3.	Joao Paulo, RIBEIRO		92	CNLeiria				2:29.82	362
	50m:	32.47 32.47	100m:	1:09.94	37.47	150m:	1:49.63 39.69	200m:	2:29.82 40.19



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 7, Masc., 200m Mariposa

Prova 7	Masc., 200m Mariposa				Junior Resultados
25/11/2023 - 11:06					
Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec Nac 18	1:58.64	Diogo Filipe, CARVALHO	CGA	Tomar	09/12/2005
Rec Nac 17	1:59.93	Diogo Filipe, CARVALHO	CGA	Mealhada	05/03/2005

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. Joao Moura, FRANCISCO	07	CNLeiria		2:10.30	551	
50m: 28.47 28.47	100m: 1:01.28	32.81	150m: 1:34.70	33.42	200m: 2:10.30	35.60
2. Edgar Francisco, SIMOES	06	Vieirense		2:22.94	417	
50m: 31.20 31.20	100m: 1:06.78	35.58	150m: 1:44.07	37.29	200m: 2:22.94	38.87

Prova 7	Masc., 200m Mariposa				Juvenil A Resultados
25/11/2023 - 11:06					
Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec Nac JUV A	2:03.38	Diogo Parrilha da, SILVA	CNAL	Alcobaça	13/06/2009

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. Rodrigo Santos, COUTINHO	08	Pimpoes/Cimai		2:27.40	380	
50m: 31.62 31.62	100m: 1:08.77	37.15	150m: 1:47.89	39.12	200m: 2:27.40	39.51
2. Antonio Quiteiro, ANASTACIO	08	Benedita		2:52.26	238	
50m: 35.05 35.05	100m: 1:18.18	43.13	150m: 2:04.48	46.30	200m: 2:52.26	47.78

Prova 7	Masc., 200m Mariposa				Juvenil B Resultados
25/11/2023 - 11:06					
Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec Nac JUV B	2:06.17	Diogo Matos, RIBEIRO	CUC	Felgueiras	27/04/2019

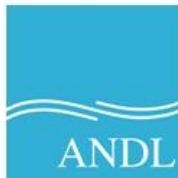
Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria		2:11.18	540	
<i>Recorde Distrital Juvenil B Masculino.</i>						
50m: 29.19 29.19	100m: 1:01.72	32.53	150m: 1:35.64	33.92	200m: 2:11.18	35.54
2. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande		2:16.90	475	
50m: 30.09 30.09	100m: 1:04.80	34.71	150m: 1:40.82	36.02	200m: 2:16.90	36.08

Prova 8	Femin., 100m Livres				Senior Resultados
25/11/2023 - 11:12					
Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac SEN	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts
1. Joana Rosa, FERREIRA	05	CNLeiria		1:00.28	579
50m: 29.12 29.12	100m: 1:00.28	31.16			
2. Carolina Lourenco, MATOS	98	Benedita		1:02.34	523
50m: 30.22 30.22	100m: 1:02.34	32.12			
3. Ana Francisca, SILVA	06	Alcobaca		1:03.44	496
50m: 30.65 30.65	100m: 1:03.44	32.79			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 8, Femin., 100m Livres, Senior

Lugar	Ano	Tempo final	Pts
4. Leonor Caetano, MOREIRA 50m: 30.39 30.39 100m: 1:03.58 33.19	06 Vieirense	1:03.58	493
5. Margarida Correia, MADEIRA 50m: 31.30 31.30 100m: 1:04.85 33.55	06 Nautico Marinha Grande	1:04.85	465
6. Dalila Leal, BERNARDINO 50m: 32.29 32.29 100m: 1:07.67 35.38	06 Nucleo de Pombal	1:07.67	409
7. Beatriz Silva, CONCEICAO 50m: 31.77 31.77 100m: 1:08.09 36.32	05 Benedita	1:08.09	401
8. Ana Luisa, RENDEIRO 50m: 34.49 34.49 100m: 1:12.69 38.20	06 Nucleo de Pombal	1:12.69	330
9. Flavia Mendes, DOMINGUES 50m: 35.80 35.80 100m: 1:15.41 39.61	06 Nucleo de Pombal	1:15.41	295
DNS Carmen Amador, GIL	02 CNLeiria		

Prova 8

Femin., 100m Livres

Junior

25/11/2023 - 11:12

Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	28/11/2021
Rec Nac 16	56.72	Ana Reis, SOUSA	CNLA	Porto	08/12/2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Leonor Vendima, COELHO 50m: 29.95 29.95 100m: 1:02.39 32.44	07 CNLeiria	1:02.39	522
2. Matilde Violante, VIANA 50m: 30.98 30.98 100m: 1:04.86 33.88	07 CNLeiria	1:04.86	465
3. Diana Rita, FONSECA 50m: 32.31 32.31 100m: 1:06.92 34.61	08 Vieirense	1:06.92	423
4. Carolina Ferreira, FONSECA 50m: 31.92 31.92 100m: 1:07.10 35.18	07 Vieirense	1:07.10	419
5. Matilde Andre, LUIS 50m: 29.28 29.28 100m: 1:08.06 38.78	08 Alcobaca	1:08.06	402
6. Rita Rocha, SILVA 50m: 32.60 32.60 100m: 1:08.40 35.80	08 Alcobaca	1:08.40	396
7. Matilde Monteiro, NEVES 50m: 34.45 34.45 100m: 1:12.32 37.87	08 Nucleo de Pombal	1:12.32	335
8. Bruna Matos, FIALHO 50m: 36.03 36.03 100m: 1:16.30 40.27	08 Uniao Juncalense	1:16.30	285
9. Sara Cristina, ALMEIDA 50m: 39.97 39.97 100m: 1:23.19 43.22	08 Benedita	1:23.19	220
10. Benedita Ferreira, MATIAS 50m: 45.21 45.21 100m: 1:39.61 54.40	08 Uniao Juncalense	1:39.61	128



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 8, Femin., 100m Livres

Prova 8	Femin., 100m Livres				Juvenil A
25/11/2023 - 11:12					Resultados
Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac JUV A	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019

Pontos: FINA 2023

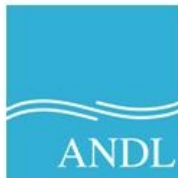
Lugar			Ano			Tempo final	Pts
1.	Francisca Ramos, NUNES		09	Naval de Peniche		1:04.06	482
	50m: 30.96 30.96	100m: 1:04.06		33.10			
2.	Constanca Baptista, TOMAS		09	Alcobaca		1:05.06	460
	50m: 31.19 31.19	100m: 1:05.06		33.87			
3.	Zofie, PACHECO		09	Naval de Peniche		1:05.91	443
	50m: 31.40 31.40	100m: 1:05.91		34.51			
4.	Mariana Sousa, MARQUES		09	Alcobaca		1:07.01	421
	50m: 32.15 32.15	100m: 1:07.01		34.86			
5.	Anjali, RAICAR		09	Naval de Peniche		1:07.62	410
	50m: 32.03 32.03	100m: 1:07.62		35.59			
6.	Ines Ferreira, CHELEU		09	Ba-Leiria		1:07.87	405
	50m: 31.98 31.98	100m: 1:07.87		35.89			
DSQ	Leonor Valerio, ADRIANO		09	Alcobaca			
	<i>SW 4.4 - Falsa partida</i>						

Prova 8	Femin., 100m Livres				Juvenil B
25/11/2023 - 11:12					Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac JUV B	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	10/06/2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Barbara Balbino, MENDES		10	Naval de Peniche		1:04.77	466
	50m: 30.96 30.96	100m: 1:04.77		33.81			
2.	Bianca Balbino, MENDES		10	Naval de Peniche		1:05.85	444
	50m: 31.66 31.66	100m: 1:05.85		34.19			
3.	Maria Carolina, ALVES		10	Ba-Leiria		1:06.00	441
	50m: 31.08 31.08	100m: 1:06.00		34.92			
4.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande		1:06.87	424
	50m: 32.38 32.38	100m: 1:06.87		34.49			
5.	Leonor Pereira, SILVA		10	Óbidos		1:08.70	391
	50m: 33.05 33.05	100m: 1:08.70		35.65			
6.	Elisa Henriques, SOUTO		10	Óbidos		1:09.19	383
	50m: 32.90 32.90	100m: 1:09.19		36.29			
7.	Leonor Silva, MARTINS		10	Óbidos		1:12.38	334
	50m: 33.45 33.45	100m: 1:12.38		38.93			
8.	Matilde Filipa, AMADO		10	Nautico Marinha Grande		1:12.81	328
	50m: 34.69 34.69	100m: 1:12.81		38.12			
9.	Laura Margarida, ASCENSO		10	Nautico Marinha Grande		1:13.16	324
	50m: 34.70 34.70	100m: 1:13.16		38.46			
10.	Mariana Santos, AFONSO		10	Naval de Peniche		1:13.33	321
	50m: 34.67 34.67	100m: 1:13.33		38.66			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 8, Femin., 100m Livres, Juvenil B

Lugar			Ano			Tempo final	Pts
11.	Rafaela Santos, AFONSO		10	Naval de Peniche		1:13.35	321
	50m:	34.36 34.36	100m:	1:13.35 38.99			
12.	Laura Samora, GONCALVES		10	Ba-Leiria		1:16.77	280
	50m:	36.57 36.57	100m:	1:16.77 40.20			
13.	Constanca Rolim, PEDRO		10	Ba-Leiria		1:17.77	269
	50m:	36.83 36.83	100m:	1:17.77 40.94			
14.	Mariana Sousa, OLIVEIRA		10	Alcobaca		1:22.60	225
	50m:	39.82 39.82	100m:	1:22.60 42.78			

Prova 9 Masc., 100m Livres Senior Resultados  
25/11/2023 - 11:22

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11/12/2022
Rec Nac SEN	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11/12/2022

Pontos: FINA 2023

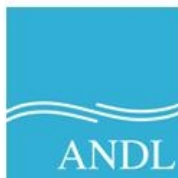
Lugar			Ano			Tempo final	Pts
1.	Filipe Miguel, GOMES		97	CNLeiria		52.53	621
	50m:	25.06 25.06	100m:	52.53 27.47			
2.	Miguel Vicente, SILVA		02	Nautico Marinha Grande		53.18	599
	50m:	25.17 25.17	100m:	53.18 28.01			
3.	Guilherme Silva, CASTANHEIRA		04	CNLeiria		55.98	513
	50m:	26.65 26.65	100m:	55.98 29.33			
4.	Bruno Filipe, TABORDA		95	CNLeiria		56.79	492
	50m:	27.57 27.57	100m:	56.79 29.22			
5.	Bruno Belo, AGOSTINHO		05	Benedita		1:03.10	358
	50m:	30.62 30.62	100m:	1:03.10 32.48			
6.	Simao Mortagua, TEIXEIRA		05	Pimpoes/Cimai		1:05.33	323
	50m:	31.61 31.61	100m:	1:05.33 33.72			
DNS	Vitor Belo, CLARA		04	CNLeiria			

Prova 9 Masc., 100m Livres Junior Resultados  
25/11/2023 - 11:22

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11/12/2022
Rec Nac 18	48.32	Diogo Matos, RIBEIRO	SLB	Leiria	26/11/2021
Rec Nac 17	49.56	Diogo Matos, RIBEIRO	CUC	Coimbra	22/12/2020

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Afonso Dinis, ROQUE		07	CNLeiria		53.58	586
	50m:	25.97 25.97	100m:	53.58 27.61			
2.	Leonardo Jose, CRUZ		07	Alcobaca		54.11	569
	50m:	26.16 26.16	100m:	54.11 27.95			
3.	Micael Dmitrievich, DENISOV		06	CNLeiria		54.27	564
	50m:	25.68 25.68	100m:	54.27 28.59			
4.	Goncalo Pereira, COLACO		07	CNLeiria		54.32	562
	50m:	26.27 26.27	100m:	54.32 28.05			
5.	Francisco Marques, SIMOES		07	CNLeiria		54.86	546
	50m:	26.46 26.46	100m:	54.86 28.40			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 9, Masc., 100m Livres, Junior

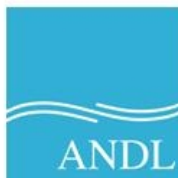
Lugar					Ano		Tempo final	Pts
6.	Francisco Xavier, RITA				07	Vieirense	55.46	528
	50m: 26.80 26.80	100m: 55.46				28.66		
7.	Joao Moura, FRANCISCO				07	CNLeiria	56.94	488
	50m: 27.33 27.33	100m: 56.94				29.61		
8.	Vasco Pedro, BRANCO				06	Naval da Nazaré	58.92	440
	50m: 28.36 28.36	100m: 58.92				30.56		
9.	Rafael, SANTOS				06	Uniao Juncalense	1:00.00	417
	50m: 28.63 28.63	100m: 1:00.00				31.37		
10.	Bernardo Nunes, DOMINGUEZ				07	Ba-Leiria	1:00.09	415
	50m: 28.78 28.78	100m: 1:00.09				31.31		
11.	Cristiano Nogueira, FERREIRA				06	Nucleo de Pombal	1:03.76	347
	50m: 30.48 30.48	100m: 1:03.76				33.28		
12.	Andre Filipe, FERNANDES				07	Alcobaca	1:08.09	285
	50m: 33.12 33.12	100m: 1:08.09				34.97		
13.	Gabriel Lourenco, CUSTODIO				06	Naval da Nazaré	1:09.60	267
	50m: 32.52 32.52	100m: 1:09.60				37.08		
14.	Joel Heber, SANTOS				06	Ba-Leiria	1:12.78	233
	50m: 33.60 33.60	100m: 1:12.78				39.18		

Prova 9 Masc., 100m Livres Juvenil A  
25/11/2023 - 11:22 Resultados

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11/12/2022
Rec Nac JUV A	50.82	Tiago Andre, VENANCIO	CNS	Braga	23/03/2003

Pontos: FINA 2023

Lugar					Ano		Tempo final	Pts
1.	Gabriel Mota, PATRICIO				08	Vieirense	56.19	508
	50m: 27.07 27.07	100m: 56.19				29.12		
2.	Tome Nunes, TOME				08	CNLeiria	57.32	478
	50m: 27.83 27.83	100m: 57.32				29.49		
3.	Santiago Boica, SOUSA				08	Vieirense	57.91	464
	50m: 28.28 28.28	100m: 57.91				29.63		
4.	Tiago Santos, POMBO				08	Alcobaca	59.14	435
	50m: 28.81 28.81	100m: 59.14				30.33		
5.	Daniel Gomes, SANTOS				08	Nautico Marinha Grande	59.93	418
	50m: 28.53 28.53	100m: 59.93				31.40		
6.	Diogo Coelho, JORDAO				08	Uniao Juncalense	1:02.75	364
	50m: 29.79 29.79	100m: 1:02.75				32.96		
7.	Antonio Quiterio, ANASTACIO				08	Benedita	1:06.75	303
	50m: 32.16 32.16	100m: 1:06.75				34.59		
8.	Diogo Barata, ALVES				08	Nautico Marinha Grande	1:08.29	283
	50m: 31.73 31.73	100m: 1:08.29				36.56		
9.	Tiago Daniel, POVOA				08	Uniao Juncalense	1:13.47	227
	50m: 34.14 34.14	100m: 1:13.47				39.33		



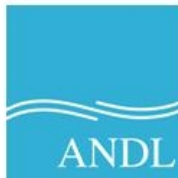
Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 9, Masc., 100m Livres

Prova 9	Masc., 100m Livres				Juvenil B
25/11/2023 - 11:22					Resultados
Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11/12/2022
Rec Nac JUV B	52.29	Diogo Matos, RIBEIRO	CUC	Coimbra	11/05/2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Henrique Martins, JOAQUIM		09	CNLeiria		56.11	510
	50m: 27.88 27.88	100m: 56.11		28.23			
2.	Paulo, KOT		09	Nautico Marinha Grande		57.21	481
	50m: 27.18 27.18	100m: 57.21		30.03			
3.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré		1:00.60	405
	50m: 29.38 29.38	100m: 1:00.60		31.22			
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande		1:01.29	391
	50m: 29.18 29.18	100m: 1:01.29		32.11			
5.	Santiago Marques, GOMES		09	Ba-Leiria		1:02.42	370
	50m: 29.92 29.92	100m: 1:02.42		32.50			
6.	Maksym, TYSHCHUK		09	Nautico Marinha Grande		1:03.68	349
	50m: 30.63 30.63	100m: 1:03.68		33.05			
7.	David Ferrador, PEREIRA		09	Nucleo de Pombal		1:03.88	345
	50m: 30.54 30.54	100m: 1:03.88		33.34			
8.	Pedro Blanc, CAPINHA		09	Óbidos		1:04.07	342
	50m: 30.95 30.95	100m: 1:04.07		33.12			
9.	Isaac Arruda, SARAIVA		09	Vieirense		1:04.66	333
	50m: 31.02 31.02	100m: 1:04.66		33.64			
10.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande		1:04.68	333
	50m: 31.07 31.07	100m: 1:04.68		33.61			
11.	Tiago Eurico, CORREIA		09	Óbidos		1:06.57	305
	50m: 32.29 32.29	100m: 1:06.57		34.28			
12.	Rodrigo Oliveira, SANTOS		09	Alcobaca		1:08.48	280
	50m: 27.83 27.83	100m: 1:08.48		40.65			
13.	Afonso Matos, CORREIA		09	Nucleo de Pombal		1:11.52	246
	50m: 34.94 34.94	100m: 1:11.52		36.58			
14.	Andre Guilherme, CORDEIRO		09	Naval de Peniche		1:14.74	215
	50m: 35.25 35.25	100m: 1:14.74		39.49			
15.	Joao Miguel, LIMA		09	Pimpoes/Cimai		1:19.16	181
	50m: 38.97 38.97	100m: 1:19.16		40.19			
16.	Alexandre Afonso, SANTOS		09	Uniao Juncalense		1:24.39	150
	50m: 39.71 39.71	100m: 1:24.39		44.68			
DNS	Gabriel Santiago, FERREIRA		09	Uniao Juncalense			
EXH	Andre Filipe, CAROCHA		94	Clube Natação de Lisboa		57.18	482
	50m: 27.74 27.74	100m: 57.18		29.44			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 10 Femin., 200m Estilos Senior Resultados  
25/11/2023 - 11:30

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac SEN	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Ines Apolinario, SOARES	03	Pimpoes/Cimai	2:35.74				479
50m: 34.06 34.06	100m: 1:12.46	38.40	150m: 1:59.32	46.86	200m: 2:35.74	36.42	
2. Ana Claudia, FERREIRA	90	Alcobaca	2:36.93				468
50m: 32.39 32.39	100m: 1:15.40	43.01	150m: 1:45.71	30.31	200m: 2:36.93	51.22	
3. Lara Roque, COTRIM	03	Pimpoes/Cimai	2:43.72				412
50m: 35.10 35.10	100m: 1:13.84	38.74	150m: 2:02.87	49.03	200m: 2:43.72	40.85	

Prova 10 Femin., 200m Estilos Junior Resultados  
25/11/2023 - 11:30

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009

Pontos: FINA 2023

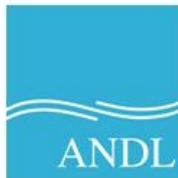
Lugar	Ano		Tempo final				Pts
1. Rita Rocha, SILVA	08	Alcobaca	2:41.07				433
50m: 34.81 34.81	100m: 1:16.83	42.02	150m: 2:02.38	45.55	200m: 2:41.07	38.69	
2. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai	2:52.90				350
50m: 38.46 38.46	100m: 1:12.38	33.92	150m: 2:12.56	1:00.18	200m: 2:52.90	40.34	
3. Matilde Santos, COUTINHO	07	Naval da Nazaré	2:57.59				323
50m: 36.56 36.56	100m: 1:21.65	45.09	150m: 2:15.19	53.54	200m: 2:57.59	42.40	
4. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	3:02.32				298
50m: 39.56 39.56	100m: 1:26.33	46.77	150m: 2:19.36	53.03	200m: 3:02.32	42.96	
DNS Marta Cabete, GOMES	08	CNLeiria					

Prova 10 Femin., 200m Estilos Juvenil A Resultados  
25/11/2023 - 11:30

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:33.17				503
50m: 33.48 33.48	100m: 1:13.99	40.51	150m: 1:57.51	43.52	200m: 2:33.17	35.66	
2. Beatriz Belo, CLARA	09	CNLeiria	2:36.61				471
50m: 32.67 32.67	100m: 1:12.27	39.60	150m: 2:01.68	49.41	200m: 2:36.61	34.93	
3. Francisca Ramos, NUNES	09	Naval de Peniche	2:38.16				457
50m: 34.50 34.50	100m: 1:14.98	40.48	150m: 2:02.66	47.68	200m: 2:38.16	35.50	
4. Teresa Maria, LOPES	09	Benedita	2:41.35				430
50m: 35.34 35.34	100m: 1:18.04	42.70	150m: 2:04.47	46.43	200m: 2:41.35	36.88	
5. Maria Teresa, OLIVEIRA	09	Ba-Leiria	2:50.08				367
50m: 38.50 38.50	100m: 1:24.53	46.03	150m: 2:09.28	44.75	200m: 2:50.08	40.80	
6. Ana Margarida, MARQUES	09	Ba-Leiria	2:53.45				346
50m: 36.04 36.04	100m: 1:21.28	45.24	150m: 2:13.47	52.19	200m: 2:53.45	39.98	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 10, Femin., 200m Estilos, Juvenil A

Lugar			Ano					Tempo final	Pts
7.	Zofie, PACHECO		09	Naval de Peniche			2:54.40	341	
	50m: 38.07 38.07	100m: 1:24.94		46.87	150m: 2:15.94	51.00	200m: 2:54.40	38.46	
8.	Maria Margarida, OLIVEIRA		09	Ba-Leiria			2:57.71	322	
	50m: 40.68 40.68	100m: 1:26.82		46.14	150m: 2:15.89	49.07	200m: 2:57.71	41.82	
9.	Ines Ferreira, CHELEU		09	Ba-Leiria			3:01.26	303	
	50m: 39.57 39.57	100m: 1:26.59		47.02	150m: 2:19.71	53.12	200m: 3:01.26	41.55	
10.	Anjali, RAICAR		09	Naval de Peniche			3:03.93	290	
	50m: 40.50 40.50	100m: 1:27.84		47.34	150m: 2:21.93	54.09	200m: 3:03.93	42.00	
DSQ	Mariana Sousa, MARQUES		09	Alcobaca					
	<i>A atleta tocou com uma mão na viragem dos 150 metros.</i>								

Prova 10

Femin., 200m Estilos

Juvenil B

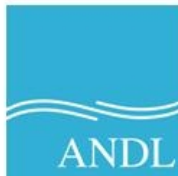
25/11/2023 - 11:30

Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Sofia Roma, BRIZIDA		10	Ba-Leiria			2:42.17	424	
	50m: 37.30 37.30	100m: 1:18.71		41.41	150m: 2:03.77	45.06	200m: 2:42.17	38.40	
2.	Laura Helena, AMORIM		10	Nautico Marinha Grande			2:45.13	401	
	50m: 35.87 35.87	100m: 1:18.58		42.71	150m: 2:07.16	48.58	200m: 2:45.13	37.97	
3.	Diana Isabel, ALVES		10	Benedita			2:45.37	400	
	50m: 36.33 36.33	100m: 1:17.95		41.62	150m: 2:08.69	50.74	200m: 2:45.37	36.68	
4.	Bianca Balbino, MENDES		10	Naval de Peniche			2:45.94	396	
	50m: 38.07 38.07	100m: 1:20.31		42.24	150m: 2:08.84	48.53	200m: 2:45.94	37.10	
5.	Barbara Balbino, MENDES		10	Naval de Peniche			2:47.17	387	
	50m: 36.02 36.02	100m: 1:19.26		43.24	150m: 2:09.32	50.06	200m: 2:47.17	37.85	
6.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande			2:47.63	384	
	50m: 37.05 37.05	100m: 1:22.23		45.18	150m: 2:11.43	49.20	200m: 2:47.63	36.20	
7.	Maria Carolina, ALVES		10	Ba-Leiria			2:53.43	346	
	50m: 35.91 35.91	100m: 1:20.22		44.31	150m: 2:12.65	52.43	200m: 2:53.43	40.78	
8.	Debora Silva, INACIO		10	Pimpoes/Cimai			2:54.14	342	
	50m: 37.48 37.48	100m: 1:20.22		42.74	150m: 2:13.51	53.29	200m: 2:54.14	40.63	
9.	Vida Sofia, VELEZ		10	Ba-Leiria			2:56.01	331	
	50m: 41.31 41.31	100m: 1:26.81		45.50	150m: 2:15.56	48.75	200m: 2:56.01	40.45	
EXH	Catarina Martins, MESTRE		00	Clube Natação de Lisboa			2:26.35	577	
	50m: 31.38 31.38	100m: 1:07.56		36.18	150m: 1:51.43	43.87	200m: 2:26.35	34.92	
EXH	Catarina Costa, SEQUEIRA		98	Clube Natação de Lisboa			2:33.10	504	
	50m: 32.89 32.89	100m: 1:14.60		41.71	150m: 1:56.93	42.33	200m: 2:33.10	36.17	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 11, Masc., 4 x 200m Livres

Prova 11	Masc., 4 x 200m Livres				Junior
25/11/2023 - 12:09					Resultados
Rec Nac Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec Nac JUN	7:35.58	Associacao Naval Amorense	ANAM	Felgueiras	22/12/2013

Pontos: FINA 2023

Lugar						Tempo final	Pts
1. CNL JUN	CNLeiria					8:03.16	585
Afonso Dinis, ROQUE	07	27.76	57.63	1:28.58	1:59.86	1:59.86	
Francisco Marques, SIMOES	07	26.68	57.61	1:29.27	2:00.40	2:00.40	
Goncalo Pereira, COLACO	07	27.14	57.41	1:28.22	1:59.07	1:59.07	
Joao Moura, FRANCISCO	07	27.39	58.86	1:31.46	2:03.83	2:03.83	
2. SIRP JUN	Pimpoes/Cimai					8:27.38	505
Luca Valentino, TONA	06	28.08	59.02	1:30.72	2:02.17	2:02.17	
Afonso Rodrigues, MIL-HOMENS	06	29.50	1:04.64	1:41.98	2:18.39	2:18.39	
Jose Janeiro, MARQUES	07	28.71	1:01.98	1:36.25	2:09.77	2:09.77	
Gil Santos, LEMOS	06	26.00	55.32	1:26.06	1:57.05	1:57.05	

Prova 11	Masc., 4 x 200m Livres				Juvenil B
25/11/2023 - 12:09					Resultados

Rec Nac Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec Nac 15 - 16	7:49.50	Associacao Naval Amorense		Algés	06/07/2012
Rec Nac JUV B	8:01.08	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Caldas da Rainha	05/05/2019

Pontos: FINA 2023

Lugar						Tempo final	Pts
1. SIRP JUV B	Pimpoes/Cimai					9:43.94	331
Santiago Agostinho, PARREIRA	09	29.29	59.78	1:32.41	2:05.59	2:05.59	
Hugo Miguel, SANTOS	09	32.69	1:09.31	1:47.91	2:26.58	2:26.58	
Tomas Bento, ANFILOQUIO	09	33.09	1:10.10	1:47.83	2:26.12	2:26.12	
Joao Miguel, LIMA	09	39.61	1:22.07	2:04.97	2:45.65	2:45.65	

Prova 12	Femin., 4 x 200m Livres				Senior
25/11/2023 - 12:19					Resultados

Rec Nac Open	8:08.99	Sport Alges e Dafundo	SAD	Algés	24/11/2018
Rec Nac SEN	8:09.45	Sport Alges e Dafundo	SAD	Porto	09/12/2017

Pontos: FINA 2023

Lugar						Tempo final	Pts
1. SIRP SEN	Pimpoes/Cimai					9:18.87	525
<i>Recorde Distrital Seniores Femininos.</i>							
Ines Mira, PINO	06	31.51	1:05.21	1:38.55	2:11.56	2:11.56	
Beatriz Luz, MARTINS	06	31.91	1:08.23	1:46.01	2:22.55	2:22.55	
Maria Silva, CARVALHO	05	32.91	1:09.29	1:46.99	2:24.41	2:24.41	
Ines Apolinario, SOARES	03	31.10	1:07.12	1:43.90	2:20.35	2:20.35	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 12, Femin., 4 x 200m Livres

Prova 12	Femin., 4 x 200m Livres				Junior Resultados
25/11/2023 - 12:19					
Rec Nac Open	8:08.99	Sport Alges e Dafundo	SAD	Algés	24/11/2018
Rec Nac JUN	8:24.59	Futebol Clube do Porto	FCP	Felgueiras	22/12/2018

Pontos: FINA 2023

Lugar	CNLeiria				Tempo final	Pts
1. CNL JUN					9:54.64	435
Leonor Vendima, COELHO	07	32.25	1:07.68	1:44.51	2:20.54	2:20.54
Matilde Violante, VIANA	07	32.89	1:09.09	1:46.65	2:23.07	2:23.07
Marta Cabete, GOMES	08	38.00	1:20.65	2:05.27	2:47.68	2:47.68
Victoria Frogeri, PEREIRA	08	31.20	1:07.51	1:45.43	2:23.35	2:23.35

2 - 1ª Jornada - 2ª sessão (tarde)

25/11/2023 - 15:45

Prova 13	Masc., 4 x 50m Livres				Senior Resultados
25/11/2023 - 15:45					
Rec Nac Open	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	09/12/2022
Rec Nac SEN	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	09/12/2022

Pontos: FINA 2023

Lugar	CNLeiria				Tempo final	Pts
1. CNL SEN					1:39.13	561
Bruno Pinto, DOMINGUES	00	24.90	Guilherme Silva, CASTANHEIRA	04	25.18	
Filipe Miguel, GOMES	97	24.12	Sebastian Fabricio, VILLACIS	01	24.93	

Prova 13	Masc., 4 x 50m Livres				Junior Resultados
25/11/2023 - 15:45					
Rec Nac Open	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	09/12/2022
Rec Nac JUN	1:35.32	Sport Lisboa e Benfica	SLB	Porto	08/12/2017

Pontos: FINA 2023

Lugar	CNLeiria				Tempo final	Pts
1. CNL JUN					1:40.83	533
Micael Dmitrievich, DENISOV	06	24.93	Joao Moura, FRANCISCO	07	25.31	
Afonso Dinis, ROQUE	07	25.56	Francisco Marques, SIMOES	07	25.03	
2. SIRP JUN					1:43.17	498
Afonso Rodrigues, MIL-HOMENS	06	26.71	Jose Januario, MARQUES	07	26.76	
Gil Santos, LEMOS	06	24.31	Luca Valentino, TONA	06	25.39	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 13, Masc., 4 x 50m Livres

Prova 13 Masc., 4 x 50m Livres Juvenil B  
25/11/2023 - 15:45 Resultados

Rec Nac Open	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	09/12/2022
Rec Nac 15 - 16	1:38.97	Sport Lisboa e Benfica	SLB	Felgueiras	07/05/2022
Rec Nac JUV B	1:42.30	Grupo Desp. Natacao V. N. Famalicao	GDNFAMA	Felgueiras	17/07/2021

Pontos: FINA 2023

Lugar				Tempo final	Pts
1.	SIRP JUV B		Pimpoes/Cimai	1:57.28	339
	Hugo Miguel, SANTOS	09	29.47 Tomas Bento, ANFILOQUIO	09	29.47
	Joao Miguel, LIMA	09	32.63 Santiago Agostinho, PARREIRA	09	25.71

Prova 14 Femin., 4 x 50m Livres Senior  
25/11/2023 - 15:48 Resultados

Rec Nac Open	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04/12/2009
Rec Nac SEN	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04/12/2009

Pontos: FINA 2023

Lugar				Tempo final	Pts
1.	SIRP SEN		Pimpoes/Cimai	1:55.72	510
	Maria Silva, CARVALHO	05	30.35 Ines Apolinario, SOARES	03	27.89
	Lara Roque, COTRIM	03	30.30 Ines Mira, PINO	06	27.18

Prova 14 Femin., 4 x 50m Livres Junior  
25/11/2023 - 15:48 Resultados

Rec Nac Open	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04/12/2009
Rec Nac JUN	1:46.86	Sporting Clube de Portugal	SCP	Leiria	04/12/2009

Pontos: FINA 2023

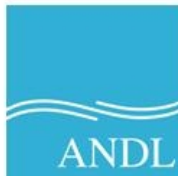
Lugar				Tempo final	Pts
1.	CNL JUN		CNLeiria	2:00.11	456
	Marta Cabete, GOMES	08	33.08 Victoria Frogeri, PEREIRA	08	28.33
	Matilde Violante, VIANA	07	29.70 Leonor Vendima, COELHO	07	29.00
2.	URDJ JUN		Uniao Juncalense	2:21.55	279
	Constanca Carvalho, PIEDADE	08	33.56 Benedita Ferreira, MATIAS	08	41.26
	Bruna Matos, FIALHO	08	33.79 Catarina Tagarroso, LOBO	07	32.94

Prova 15 Masc., 100m Mariposa Senior  
25/11/2023 - 16:11 Resultados

Rec Nac Open	51.20	Fernando Souza, SILVA	CNF	Albufeira	12/11/2022
Rec Nac SEN	51.20	Fernando Souza, SILVA	CNF	Albufeira	12/11/2022

Pontos: FINA 2023

Lugar		Ano		Tempo final	Pts
1.	Miguel Vicente, SILVA	02	Nautico Marinha Grande	58.02	558
	50m: 26.62 26.62	100m: 58.02	31.40		
2.	David Ferreira, RELVAS	03	Nautico Marinha Grande	58.83	535
	50m: 27.55 27.55	100m: 58.83	31.28		
3.	Sebastian Fabricio, VILLACIS	01	CNLeiria	59.92	507
	50m: 28.55 28.55	100m: 59.92	31.37		
4.	Joao Paulo, RIBEIRO	92	CNLeiria	1:02.36	449
	50m: 28.23 28.23	100m: 1:02.36	34.13		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 15, Masc., 100m Mariposa, Senior

Lugar	Ano	Tempo final	Pts
DNS Rodrigo Serra, FARIAS	96 Clube Natação de Lisboa		

Prova 15 Masc., 100m Mariposa Junior Resultados  
25/11/2023 - 16:11

Rec Nac Open	51.20	Fernando Souza, SILVA	CNF	Albufeira	12/11/2022
Rec Nac 18	52.87	Diogo Matos, RIBEIRO	SLB	Leiria	27/11/2021
Rec Nac 17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	15/02/2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Afonso Dinis, ROQUE	07 CNLeiria	57.88	562
50m: 27.34 27.34	100m: 57.88 30.54		
2. Joao Moura, FRANCISCO	07 CNLeiria	58.16	554
50m: 27.33 27.33	100m: 58.16 30.83		
3. Gil Santos, LEMOS	06 Pimpoes/Cimai	59.34	522
50m: 28.03 28.03	100m: 59.34 31.31		
4. Francisco Xavier, RITA	07 Vieiraense	1:00.40	495
50m: 28.27 28.27	100m: 1:00.40 32.13		
5. Edgar Francisco, SIMOES	06 Vieiraense	1:05.53	387
50m: 30.67 30.67	100m: 1:05.53 34.86		
6. Joao, SU	06 Nucleo de Ansião	1:09.99	318
50m: 30.53 30.53	100m: 1:09.99 39.46		
7. Rafael, SANTOS	06 Uniao Juncalense	1:11.25	301
50m: 31.70 31.70	100m: 1:11.25 39.55		

Prova 15 Masc., 100m Mariposa Juvenil A Resultados  
25/11/2023 - 16:11

Rec Nac Open	51.20	Fernando Souza, SILVA	CNF	Albufeira	12/11/2022
Rec Nac JUV A	55.60	Diogo Gomes, SOUSA	CNCVG	Porto	05/12/2010

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Tome Nunes, TOME	08 CNLeiria	1:02.85	439
50m: 29.34 29.34	100m: 1:02.85 33.51		
2. Tiago Santos, POMBO	08 Alcobaca	1:05.12	394
50m: 30.73 30.73	100m: 1:05.12 34.39		
3. Antonio Quiterio, ANASTACIO	08 Benedita	1:15.68	251
50m: 35.10 35.10	100m: 1:15.68 40.58		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 15, Masc., 100m Mariposa

Prova 15	Masc., 100m Mariposa				Juvenil B
25/11/2023 - 16:11					Resultados
Rec Nac Open	51.20	Fernando Souza, SILVA	CNF	Albufeira	12/11/2022
Rec Nac JUV B	56.68	Diogo Matos, RIBEIRO	CUC	Lousã	23/06/2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria		59.51	517
	50m:	28.34 28.34	100m:	59.51	31.17		
2.	Paulo, KOT		09	Nautico Marinha Grande		1:01.11	477
	50m:	29.00 29.00	100m:	1:01.11	32.11		
3.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande		1:01.97	458
	50m:	29.22 29.22	100m:	1:01.97	32.75		
4.	Henrique Martins, JOAQUIM		09	CNLeiria		1:02.40	448
	50m:	29.01 29.01	100m:	1:02.40	33.39		
5.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande		1:06.80	365
	50m:	31.33 31.33	100m:	1:06.80	35.47		
6.	Xinyang, CHENG		09	Nautico Marinha Grande		1:11.69	296
	50m:	32.35 32.35	100m:	1:11.69	39.34		
7.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré		1:13.22	277
	50m:	34.07 34.07	100m:	1:13.22	39.15		
8.	Luis Pedro, VALERIO		09	Ba-Leiria		1:14.37	265
	50m:	34.79 34.79	100m:	1:14.37	39.58		
9.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande		1:15.37	254
	50m:	35.27 35.27	100m:	1:15.37	40.10		

Prova 16  
25/11/2023 - 16:16

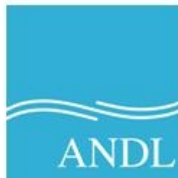
Femin., 100m Mariposa

Senior  
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac SEN	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Bruna Andreia, SIMOES		01	Vieirense		1:07.41	515
	50m:	31.23 31.23	100m:	1:07.41	36.18		
2.	Leonor Caetano, MOREIRA		06	Vieirense		1:08.03	501
	50m:	31.76 31.76	100m:	1:08.03	36.27		
3.	Ana Francisca, SILVA		06	Alcobaca		1:08.38	493
	50m:	32.59 32.59	100m:	1:08.38	35.79		
4.	Ines Apolinario, SOARES		03	Pimpoes/Cimai		1:10.57	449
	50m:	32.85 32.85	100m:	1:10.57	37.72		
5.	Dalila Leal, BERNARDINO		06	Nucleo de Pombal		1:15.35	369
	50m:	34.33 34.33	100m:	1:15.35	41.02		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 16, Femin., 100m Mariposa

Prova 16	Femin., 100m Mariposa					Junior Resultados
25/11/2023 - 16:16						
Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023	
Rec Nac 17	59.36	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021	
Rec Nac 16	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	25/04/2021	

Pontos: FINA 2023

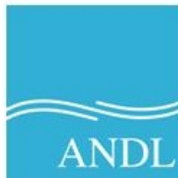
Lugar	Ano		Tempo final	Pts
1. Leonor Vendima, COELHO	07	CNLeiria	1:12.69	411
50m: 33.84 33.84	100m: 1:12.69	38.85		
2. Matilde Andre, LUIS	08	Alcobaca	1:14.63	379
50m: 35.45 35.45	100m: 1:14.63	39.18		
3. Camila Silva, CHAMUSCO	08	Pimpos/Cimai	1:24.85	258
50m: 37.39 37.39	100m: 1:24.85	47.46		
4. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	1:28.85	225
50m: 39.56 39.56	100m: 1:28.85	49.29		

Prova 16	Femin., 100m Mariposa					Juvenil A Resultados
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25/11/2023 - 16:16						
Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023	
Rec Nac JUV A	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019	

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Beatriz Belo, CLARA	09	CNLeiria	1:10.83	444
50m: 32.35 32.35	100m: 1:10.83	38.48		
2. Mariana Sousa, MARQUES	09	Alcobaca	1:13.36	399
50m: 34.36 34.36	100m: 1:13.36	39.00		
3. Teresa Maria, LOPES	09	Benedita	1:16.25	356
50m: 35.19 35.19	100m: 1:16.25	41.06		
4. Ana Margarida, MARQUES	09	Ba-Leiria	1:16.80	348
50m: 35.46 35.46	100m: 1:16.80	41.34		
5. Anjali, RAICAR	09	Naval de Peniche	1:22.64	279
50m: 36.95 36.95	100m: 1:22.64	45.69		
6. Sara Ines, SOUSA	09	Ba-Leiria	1:24.81	258
50m: 40.10 40.10	100m: 1:24.81	44.71		
7. Ines Ferreira, CHELEU	09	Ba-Leiria	1:27.18	238
50m: 39.23 39.23	100m: 1:27.18	47.95		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 16, Femin., 100m Mariposa

Prova 16	Femin., 100m Mariposa				Juvenil B
25/11/2023 - 16:16					Resultados
Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac JUV B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Madalena Gracio, PEDROSO	10	Nautico Marinha Grande	1:13.80	392
50m: 34.00 34.00	100m: 1:13.80	39.80		
2. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	1:18.41	327
50m: 36.23 36.23	100m: 1:18.41	42.18		
3. Laura Samora, GONCALVES	10	Ba-Leiria	1:22.55	280
50m: 37.57 37.57	100m: 1:22.55	44.98		
4. Leonor Silva, MARTINS	10	Óbidos	1:25.80	249
50m: 37.05 37.05	100m: 1:25.80	48.75		
5. Laura Margarida, ASCENSO	10	Nautico Marinha Grande	1:28.10	230
50m: 39.90 39.90	100m: 1:28.10	48.20		
EXH Catarina Martins, MESTRE	00	Clube Natação de Lisboa	1:07.07	523
50m: 31.23 31.23	100m: 1:07.07	35.84		

Prova 17 Masc., 50m Bruços Senior Resultados

Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	22/12/2019
Rec Nac SEN	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	22/12/2019

Pontos: FINA 2023

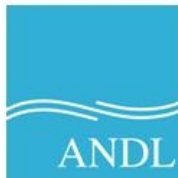
Lugar	Ano		Tempo final	Pts
1. Filipe Miguel, GOMES	97	CNLeiria	30.12	568
2. Bruno Pinto, DOMINGUES	00	CNLeiria	31.23	509
3. Bruno Belo, AGOSTINHO	05	Benedita	34.47	379
4. Simao Mortagua, TEIXEIRA	05	Pimpoes/Cimai	39.72	247
DNS Andre Filipe, CAROCHA	94	Clube Natação de Lisboa		

Prova 17 Masc., 50m Bruços Junior Resultados

Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	22/12/2019
Rec Nac 18	28.55	Simao Miguel, CAPITAO	CLAMAS	Senhora da Hora	24/05/2015
Rec Nac 17	28.56	Pedro Miguel, AGOSTINHO	SLB	S. António Cavaleiros	03/05/2009

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Bernardo Nunes, DOMINGUEZ	07	Ba-Leiria	32.48	453
2. Afonso Rodrigues, MIL-HOMENS	06	Pimpoes/Cimai	34.45	379
3. Vasco Pedro, BRANCO	06	Naval da Nazaré	35.25	354
4. Joao, SU	06	Nucleo de Ansião	36.31	324
5. Gabriel Lourenco, CUSTODIO	06	Naval da Nazaré	39.77	246
6. Joel Heber, SANTOS	06	Ba-Leiria	41.96	210



Campeonato Distrital de Piscina Curta  
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Prova 17, Masc., 50m Bruços

Prova 17	Masc., 50m Bruços				Juvenil A
25/11/2023 - 16:22					Resultados
Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	22/12/2019
Rec Nac JUV A	29.23	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieirense	33.83	401
2. Daniel Gomes, SANTOS	08 Nautico Marinha Grande	35.43	349
3. Diogo Coelho, JORDAO	08 Uniao Juncalense	36.79	311
4. Diogo Barata, ALVES	08 Nautico Marinha Grande	37.51	294
5. Tiago Daniel, POVOA	08 Uniao Juncalense	41.23	221

Prova 17	Masc., 50m Bruços				Juvenil B
25/11/2023 - 16:22					Resultados
Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	22/12/2019
Rec Nac JUV B	30.65	tempo limite,			

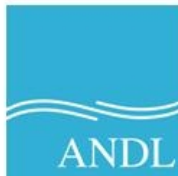
Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Santiago Marques, GOMES	09 Ba-Leiria	34.24	386
2. Xinyang, CHENG	09 Nautico Marinha Grande	34.91	365
3. Rodrigo Oliveira, SANTOS	09 Alcobaca	36.77	312
4. Pedro Blanc, CAPINHA	09 Óbidos	37.93	284
5. Maksym, TYSHCHUK	09 Nautico Marinha Grande	38.37	274
6. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	39.07	260
7. Isaac Arruda, SARAIVA	09 Vieirense	40.28	237
8. Andre Guilherme, CORDEIRO	09 Naval de Peniche	42.23	206
9. Alexandre Afonso, SANTOS	09 Uniao Juncalense	47.49	145
DNS Tiago Eurico, CORREIA	09 Óbidos		

Prova 18	Femin., 50m Bruços				Senior
25/11/2023 - 16:28					Resultados
Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	11/12/2022
Rec Nac SEN	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	11/12/2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA	05 CNLeiria	35.05	530
2. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	35.66	503
3. Carolina Lourenco, MATOS	98 Benedita	35.68	502
4. Maria Francisca, FROIS	06 CNLeiria	37.44	435
5. Mafalda Caetano, LOURENCO	06 Vieirense	38.50	400
6. Bruna Andreia, SIMOES	01 Vieirense	38.69	394
7. Lara Roque, COTRIM	03 Pimpoes/Cimai	39.33	375
8. Beatriz Silva, CONCEICAO	05 Benedita	40.82	335
9. Beatriz Luz, MARTINS	06 Pimpoes/Cimai	40.88	334
10. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	44.66	256



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Prova 18, Femin., 50m Bruços

Prova 18	Femin., 50m Bruços				Junior Resultados
25/11/2023 - 16:28					
Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	11/12/2022
Rec Nac 17	32.09	Raquel Gomes, PEREIRA	SAD	Funchal	11/12/2016
Rec Nac 16	31.46	Ana Pinho, RODRIGUES	AEJ	Leiria	06/12/2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	39.09	382
2. Diana Rita, FONSECA	08 Vieiraense	41.66	315
3. Matilde Santos, COUTINHO	07 Naval da Nazaré	42.99	287
4. Matilde Monteiro, NEVES	08 Nucleo de Pombal	43.05	286
5. Catarina Tagarroso, LOBO	07 Uniao Juncalense	43.21	283
6. Bruna Matos, FIALHO	08 Uniao Juncalense	43.86	270
7. Marta Cabete, GOMES	08 CNLeiria	44.28	262
8. Benedita Ferreira, MATIAS	08 Uniao Juncalense	55.57	133
DSQ Victoria Frogeri, PEREIRA	08 CNLeiria		
<i>SW 4.4 - Falsa partida</i>			

Prova 18	Femin., 50m Bruços				Juvenil A Resultados
25/11/2023 - 16:28					

Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	11/12/2022
Rec Nac JUV A	32.81	tempo limite,			

Pontos: FINA 2023

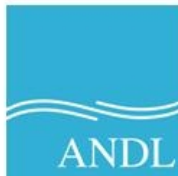
Lugar	Ano	Tempo final	Pts
1. Maria Teresa, OLIVEIRA	09 Ba-Leiria	36.64	464
2. Zofie, PACHECO	09 Naval de Peniche	38.64	395
3. Maria Margarida, OLIVEIRA	09 Ba-Leiria	39.40	373

Prova 18	Femin., 50m Bruços				Juvenil B Resultados
25/11/2023 - 16:28					

Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	11/12/2022
Rec Nac JUV B	34.12	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA	10 Ba-Leiria	38.83	390
2. Maria Carolina, ALVES	10 Ba-Leiria	39.25	377
3. Elisa Henriques, SOUTO	10 Óbidos	39.87	360
4. Laura Helena, AMORIM	10 Nautico Marinha Grande	40.64	340
5. Vida Sofia, VELEZ	10 Ba-Leiria	41.01	331
6. Rafaela Santos, AFONSO	10 Naval de Peniche	41.09	329
7. Leonor Pereira, SILVA	10 Óbidos	41.17	327
8. Mariana Santos, AFONSO	10 Naval de Peniche	42.51	297
9. Matilde Filipa, AMADO	10 Nautico Marinha Grande	46.25	230
EXH Catarina Costa, SEQUEIRA	98 Clube Natação de Lisboa	35.00	532



Campeonato Distrital de Piscina Curta  
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Prova 19 Senior  
25/11/2023 - 16:34 Resultados

Masc., 200m Estilos

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac SEN	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:11.44	580
50m: 28.75 28.75	100m: 1:02.97 34.22	150m: 1:40.68 37.71	200m: 2:11.44 30.76
2. Bruno Filipe, TABORDA	95 CNLeiria	2:22.26	457
50m: 29.40 29.40	100m: 1:06.50 37.10	150m: 1:47.24 40.74	200m: 2:22.26 35.02
3. Joao Paulo, RIBEIRO	92 CNLeiria	2:28.07	405
50m: 31.01 31.01	100m: 1:01.60 30.59	150m: 1:51.62 50.02	200m: 2:28.07 36.45
DNS Vitor Belo, CLARA	04 CNLeiria		

Prova 19 Junior  
25/11/2023 - 16:34 Resultados

Masc., 200m Estilos

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	10/05/2015
Rec Nac 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	06/03/2005

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Leonardo Jose, CRUZ	07 Alcobaca	2:08.01	628
50m: 28.17 28.17	100m: 1:00.80 32.63	150m: 1:37.63 36.83	200m: 2:08.01 30.38
2. Francisco Marques, SIMOES	07 CNLeiria	2:13.37	555
50m: 28.58 28.58	100m: 1:03.17 34.59	150m: 1:42.63 39.46	200m: 2:13.37 30.74
3. Rafael, SANTOS	06 Uniao Juncalense	2:37.81	335
50m: 31.98 31.98	100m: 1:14.00 42.02	150m: 2:04.46 50.46	200m: 2:37.81 33.35

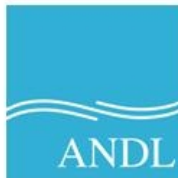
Prova 19 Juvenil A  
25/11/2023 - 16:34 Resultados

Masc., 200m Estilos

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	15/05/2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	2:16.05	523
50m: 29.29 29.29	100m: 1:03.76 34.47	150m: 1:44.13 40.37	200m: 2:16.05 31.92
2. Tiago Santos, POMBO	08 Alcobaca	2:26.50	419
50m: 30.88 30.88	100m: 1:10.25 39.37	150m: 1:54.97 44.72	200m: 2:26.50 31.53
3. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	2:31.67	377
50m: 32.43 32.43	100m: 1:10.34 37.91	150m: 1:57.55 47.21	200m: 2:31.67 34.12
4. Daniel Gomes, SANTOS	08 Nautico Marinha Grande	2:36.38	344
50m: 32.34 32.34	100m: 1:14.58 42.24	150m: 1:58.95 44.37	200m: 2:36.38 37.43
5. Antonio Quiterio, ANASTACIO	08 Benedita	2:41.53	312
50m: 35.85 35.85	100m: 1:19.50 43.65	150m: 2:05.83 46.33	200m: 2:41.53 35.70



Campeonato Distrital de Piscina Curta  
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Prova 19, Masc., 200m Estilos

Prova 19	Masc., 200m Estilos				Juvenil B
25/11/2023 - 16:34					Resultados
Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	10/05/2003

Pontos: FINA 2023

Lugar					Ano					Tempo final	Pts
1. Paulo, KOT					09	Nautico Marinha Grande				2:18.66	494
50m:	29.96	29.96	100m:	1:05.85	35.89	150m:	1:47.52	41.67	200m:	2:18.66	31.14
2. Guilherme Meireles, MARRAZES					09	Nautico Marinha Grande				2:23.25	448
50m:	30.05	30.05	100m:	1:07.88	37.83	150m:	1:51.01	43.13	200m:	2:23.25	32.24
3. Santiago Marques, GOMES					09	Ba-Leiria				2:32.49	371
50m:	32.45	32.45	100m:	1:12.91	40.46	150m:	1:57.74	44.83	200m:	2:32.49	34.75
4. Rodrigo Oliveira, SANTOS					09	Alcobaca				2:37.34	338
50m:	34.45	34.45	100m:	1:16.05	41.60	150m:	2:00.61	44.56	200m:	2:37.34	36.73
5. Tomas Bento, ANFILOQUIO					09	Pimpoes/Cimai				2:39.90	322
50m:	34.99	34.99	100m:	1:14.28	39.29	150m:	2:02.82	48.54	200m:	2:39.90	37.08
6. Hugo Miguel, SANTOS					09	Pimpoes/Cimai				2:40.41	319
50m:	35.87	35.87	100m:	1:17.77	41.90	150m:	2:02.39	44.62	200m:	2:40.41	38.02
7. Santiago Jose, PACHECO					09	Alcobaca				2:42.76	305
50m:	38.47	38.47	100m:	1:19.61	41.14	150m:	2:07.12	47.51	200m:	2:42.76	35.64
8. Luis Pedro, VALERIO					09	Ba-Leiria				2:48.16	277
50m:	36.04	36.04	100m:	1:17.37	41.33	150m:	2:10.25	52.88	200m:	2:48.16	37.91
DNS Gabriel Santiago, FERREIRA					09	Uniao Juncalense					

Prova 20	Femin., 400m Estilos				Senior
25/11/2023 - 16:46					Resultados

Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac SEN	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017

Pontos: FINA 2023

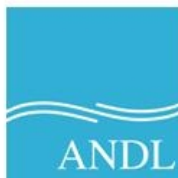
Lugar					Ano					Tempo final	Pts
1. Ana Francisca, SILVA					06	Alcobaca				5:14.20	559
50m:	33.75	33.75	150m:	1:52.48	39.29	250m:	3:18.49	46.52	350m:	4:40.59	36.09
100m:	1:13.19	39.44	200m:	2:31.97	39.49	300m:	4:04.50	46.01	400m:	5:14.20	33.61

Prova 20	Femin., 400m Estilos				Junior
25/11/2023 - 16:46					Resultados

Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15/04/2018
Rec Nac 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	02/12/2011

Pontos: FINA 2023

Lugar					Ano					Tempo final	Pts
1. Rita Rocha, SILVA					08	Alcobaca				5:38.56	447
50m:	36.64	36.64	150m:	2:03.10	44.06	250m:	3:32.57	46.56	350m:	5:00.12	40.43
100m:	1:19.04	42.40	200m:	2:46.01	42.91	300m:	4:19.69	47.12	400m:	5:38.56	38.44
2. Matilde Santos, COUTINHO					07	Naval da Nazaré				6:19.03	318
50m:	38.92	38.92	150m:	2:15.23	50.05	250m:	3:57.20	52.55	350m:	5:35.33	44.99
100m:	1:25.18	46.26	200m:	3:04.65	49.42	300m:	4:50.34	53.14	400m:	6:19.03	43.70



Campeonato Distrital de Piscina Curta  
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Prova 20, Femin., 400m Estilos

Prova 20	Femin., 400m Estilos				Juvenil A
25/11/2023 - 16:46					Resultados
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac JUV A	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	21/11/2004

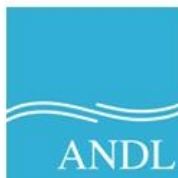
Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande				5:14.36	558		
	50m:	33.93 33.93	150m:	1:58.19	42.58	250m:	3:21.54	43.62	350m:	4:41.29	35.43
	100m:	1:15.61 41.68	200m:	2:37.92	39.73	300m:	4:05.86	44.32	400m:	5:14.36	33.07
2.	Teresa Maria, LOPES		09	Benedita				5:44.24	425		
	50m:	37.09 37.09	150m:	2:05.34	45.18	250m:	3:38.19	49.31	350m:	5:06.79	38.29
	100m:	1:20.16 43.07	200m:	2:48.88	43.54	300m:	4:28.50	50.31	400m:	5:44.24	37.45
3.	Ana Margarida, MARQUES		09	Ba-Leiria				5:54.18	390		
	50m:	38.07 38.07	150m:	2:08.97	44.00	250m:	3:42.99	50.59	350m:	5:15.76	40.27
	100m:	1:24.97 46.90	200m:	2:52.40	43.43	300m:	4:35.49	52.50	400m:	5:54.18	38.42
4.	Sara Ines, SOUSA		09	Ba-Leiria				6:15.87	326		
	50m:	41.36 41.36	150m:	2:22.88	49.52	250m:	4:01.56	51.31	350m:	5:36.99	41.86
	100m:	1:33.36 52.00	200m:	3:10.25	47.37	300m:	4:55.13	53.57	400m:	6:15.87	38.88

Prova 20	Femin., 400m Estilos				Juvenil B
25/11/2023 - 16:46					Resultados
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac JUV B	4:56.53	Mariana Pacheco, CUNHA	CFP	Porto	05/05/2018

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Diana Isabel, ALVES		10	Benedita				5:47.58	413		
	50m:	37.34 37.34	150m:	2:05.18	43.88	250m:	3:39.09	51.23	350m:	5:09.82	39.22
	100m:	1:21.30 43.96	200m:	2:47.86	42.68	300m:	4:30.60	51.51	400m:	5:47.58	37.76
2.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande				5:49.89	405		
	50m:	38.79 38.79	150m:	2:10.61	45.60	250m:	3:44.50	49.46	350m:	5:13.85	39.18
	100m:	1:25.01 46.22	200m:	2:55.04	44.43	300m:	4:34.67	50.17	400m:	5:49.89	36.04
3.	Sofia Roma, BRIZIDA		10	Ba-Leiria				5:51.48	399		
	50m:	39.54 39.54	150m:	2:11.53	42.81	250m:	3:41.81	47.59	350m:	5:12.75	43.17
	100m:	1:28.72 49.18	200m:	2:54.22	42.69	300m:	4:29.58	47.77	400m:	5:51.48	38.73
4.	Debora Silva, INACIO		10	Pimpoes/Cimai				6:10.04	342		
	50m:	39.69 39.69	150m:	2:15.96	46.58	250m:	3:55.20	53.37	350m:	5:29.96	39.40
	100m:	1:29.38 49.69	200m:	3:01.83	45.87	300m:	4:50.56	55.36	400m:	6:10.04	40.08



Campeonato Distrital de Piscina Curta  
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Prova 21 Senior  
25/11/2023 - 17:00 Resultados

Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec Nac SEN	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018

Pontos: FINA 2023

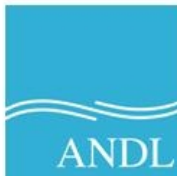
Lugar	Ano				Tempo final	Pts
1. David Ferreira, RELVAS	03	Nautico	Marinha Grande	1:57.54	604	
50m: 27.84 27.84	100m: 57.79	29.95	150m: 1:28.18	30.39	200m: 1:57.54	29.36
2. Miguel Vicente, SILVA	02	Nautico	Marinha Grande	2:04.57	507	
50m: 28.10 28.10	100m: 59.02	30.92	150m: 1:31.65	32.63	200m: 2:04.57	32.92
3. Guilherme Silva, CASTANHEIRA	04	CN	Leiria	2:10.54	441	
50m: 29.46 29.46	100m: 1:01.84	32.38	150m: 1:35.01	33.17	200m: 2:10.54	35.53
4. Joao Paulo, RIBEIRO	92	CN	Leiria	2:15.29	396	
50m: 30.27 30.27	100m: 1:03.94	33.67	150m: 1:39.47	35.53	200m: 2:15.29	35.82
5. Bruno Belo, AGOSTINHO	05	Benedita		2:21.42	346	
50m: 32.54 32.54	100m: 1:08.08	35.54	150m: 1:44.97	36.89	200m: 2:21.42	36.45

Prova 21 Junior  
25/11/2023 - 17:00 Resultados

Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec Nac 18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	12/12/2004
Rec Nac 17	1:47.65	Diogo Matos, RIBEIRO	CUC	Felgueiras	11/04/2021

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
1. Afonso Dinis, ROQUE	07	CN	Leiria	1:57.87	599	
50m: 27.45 27.45	100m: 57.46	30.01	150m: 1:28.25	30.79	200m: 1:57.87	29.62
2. Leonardo Jose, CRUZ	07	Alcobaca		1:58.16	594	
50m: 28.26 28.26	100m: 58.32	30.06	150m: 1:28.77	30.45	200m: 1:58.16	29.39
3. Goncalo Pereira, COLACO	07	CN	Leiria	1:58.34	592	
50m: 28.26 28.26	100m: 58.41	30.15	150m: 1:28.71	30.30	200m: 1:58.34	29.63
4. Francisco Xavier, RITA	07	Vieirense		2:01.72	544	
50m: 28.12 28.12	100m: 54.58	26.46	150m: 1:30.24	35.66	200m: 2:01.72	31.48
5. Edgar Francisco, SIMOES	06	Vieirense		2:12.88	418	
50m: 30.36 30.36	100m: 1:03.75	33.39	150m: 1:38.30	34.55	200m: 2:12.88	34.58
6. Vasco Pedro, BRANCO	06	Naval da Nazaré		2:13.65	411	
50m: 31.26 31.26	100m: 1:05.62	34.36	150m: 1:41.00	35.38	200m: 2:13.65	32.65
7. Cristiano Nogueira, FERREIRA	06	Nucleo de Pombal		2:21.01	349	
50m: 31.42 31.42	100m: 1:06.32	34.90	150m: 1:43.59	37.27	200m: 2:21.01	37.42
8. Andre Filipe, FERNANDES	07	Alcobaca		2:32.41	277	
50m: 34.49 34.49	100m: 1:13.34	38.85	150m: 1:53.66	40.32	200m: 2:32.41	38.75
9. Gabriel Lourenco, CUSTODIO	06	Naval da Nazaré		2:34.06	268	
50m: 34.79 34.79	100m: 1:14.39	39.60	150m: 1:55.12	40.73	200m: 2:34.06	38.94



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 21, Masc., 200m Livres

Prova 21	Masc., 200m Livres				Juvenil A
25/11/2023 - 17:00					Resultados
Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec Nac JUV A	1:49.83	Diogo Matos, RIBEIRO	CUC	Mealhada	07/12/2019

Pontos: FINA 2023

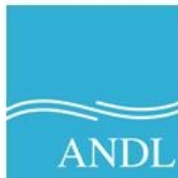
Lugar			Ano					Tempo final	Pts
1.	Tome Nunes, TOME		08	CNLeiria				2:05.52	496
	50m:	29.12 29.12	100m:	1:01.13	32.01	150m:	1:33.71 32.58	200m:	2:05.52 31.81
2.	Santiago Boica, SOUSA		08	Vieirense				2:06.32	486
	50m:	29.02 29.02	100m:	1:01.57	32.55	150m:	1:34.65 33.08	200m:	2:06.32 31.67
3.	Diogo Coelho, JORDAO		08	Uniao Juncalense				2:22.96	335
	50m:	31.31 31.31	100m:	1:07.38	36.07	150m:	1:45.25 37.87	200m:	2:22.96 37.71
4.	Tiago Daniel, POVOA		08	Uniao Juncalense				2:45.92	214
	50m:	34.45 34.45	100m:	1:18.36	43.91	150m:	2:03.86 45.50	200m:	2:45.92 42.06

Prova 21	Masc., 200m Livres				Juvenil B
25/11/2023 - 17:00					Resultados

Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec Nac JUV B	1:53.76	Diogo Matos, RIBEIRO	CUC	Coimbra	16/06/2019

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria				2:01.73	543
	50m:	28.25 28.25	100m:	59.43	31.18	150m:	1:31.17 31.74	200m:	2:01.73 30.56
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				2:05.20	499
	50m:	29.01 29.01	100m:	1:00.94	31.93	150m:	1:33.78 32.84	200m:	2:05.20 31.42
3.	Henrique Martins, JOAQUIM		09	CNLeiria				2:06.25	487
	50m:	29.23 29.23	100m:	1:01.61	32.38	150m:	1:34.47 32.86	200m:	2:06.25 31.78
4.	Xinyang, CHENG		09	Nautico Marinha Grande				2:12.04	426
	50m:	30.07 30.07	100m:	1:03.39	33.32	150m:	1:38.20 34.81	200m:	2:12.04 33.84
5.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande				2:14.88	399
	50m:	31.30 31.30	100m:	1:05.51	34.21	150m:	1:40.59 35.08	200m:	2:14.88 34.29
6.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré				2:17.26	379
	50m:	32.31 32.31	100m:	1:07.61	35.30	150m:	1:42.93 35.32	200m:	2:17.26 34.33
7.	David Ferrador, PEREIRA		09	Nucleo de Pombal				2:18.25	371
	50m:	31.12 31.12	100m:	1:06.36	35.24	150m:	1:43.56 37.20	200m:	2:18.25 34.69
8.	Pedro Blanc, CAPINHA		09	Óbidos				2:21.93	343
	50m:	32.40 32.40	100m:	1:08.35	35.95	150m:	1:45.95 37.60	200m:	2:21.93 35.98
9.	Isaac Arruda, SARAIVA		09	Vieirense				2:22.17	341
	50m:	32.81 32.81	100m:	1:08.98	36.17	150m:	1:46.76 37.78	200m:	2:22.17 35.41
10.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande				2:24.91	322
	50m:	32.77 32.77	100m:	1:09.31	36.54	150m:	1:47.70 38.39	200m:	2:24.91 37.21
11.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				2:27.44	306
	50m:	33.55 33.55	100m:	1:10.90	37.35	150m:	1:49.91 39.01	200m:	2:27.44 37.53
12.	Maksym, TYSHCHUK		09	Nautico Marinha Grande				2:28.99	296
	50m:	33.73 33.73	100m:	1:12.05	38.32	150m:	1:51.38 39.33	200m:	2:28.99 37.61
13.	Luis Pedro, VALERIO		09	Ba-Leiria				2:29.69	292
	50m:	34.19 34.19	100m:	1:12.05	37.86	150m:	1:50.45 38.40	200m:	2:29.69 39.24



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 21, Masc., 200m Livres, Juvenil B

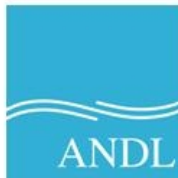
Lugar	Ano	Tempo final	Pts
14. Andre Guilherme, CORDEIRO	09 Naval de Peniche	2:35.30	261
50m: 36.47 36.47 100m: 1:16.99 40.52 150m: 1:56.66 39.67 200m: 2:35.30 38.64			
15. Afonso Matos, CORREIA	09 Nucleo de Pombal	2:38.10	248
50m: 36.28 36.28 100m: 1:17.89 41.61 150m: 1:59.61 41.72 200m: 2:38.10 38.49			
16. Alexandre Afonso, SANTOS	09 Uniao Juncalense	3:06.23	151
50m: 41.48 41.48 100m: 1:29.01 47.53 150m: 2:19.01 50.00 200m: 3:06.23 47.22			
DNS Tiago Eurico, CORREIA	09 Óbidos		
DNS Gabriel Santiago, FERREIRA	09 Uniao Juncalense		
EXH Romao Noronha, BRAZ	04 Clube Natação de Lisboa	2:05.82	492
50m: 28.50 28.50 100m: 59.42 30.92 150m: 1:32.11 32.69 200m: 2:05.82 33.71			

Prova 22 Femin., 400m Livres Senior Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac SEN	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA	05 CNLeiria	4:37.65	578
50m: 31.74 31.74 150m: 1:41.92 35.32 250m: 2:52.44 35.29 350m: 4:03.44 35.38 100m: 1:06.60 34.86 200m: 2:17.15 35.23 300m: 3:28.06 35.62 400m: 4:37.65 34.21			
2. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	4:39.73	565
50m: 31.73 31.73 150m: 1:41.19 35.09 250m: 2:51.83 35.26 350m: 4:04.20 36.41 100m: 1:06.10 34.37 200m: 2:16.57 35.38 300m: 3:27.79 35.96 400m: 4:39.73 35.53			
3. Ines Mira, PINO	06 Pimpoes/Cimai	4:47.99	518
50m: 32.59 32.59 150m: 1:44.38 36.50 250m: 2:58.11 36.94 350m: 4:12.50 37.18 100m: 1:07.88 35.29 200m: 2:21.17 36.79 300m: 3:35.32 37.21 400m: 4:47.99 35.49			
4. Ana Claudia, FERREIRA	90 Alcobaca	4:48.42	515
50m: 32.20 32.20 150m: 1:44.27 36.71 250m: 2:57.95 36.82 350m: 4:12.00 37.03 100m: 1:07.56 35.36 200m: 2:21.13 36.86 300m: 3:34.97 37.02 400m: 4:48.42 36.42			
5. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	4:58.46	465
50m: 33.02 33.02 150m: 1:47.12 37.42 250m: 3:03.03 38.33 350m: 4:19.07 37.58 100m: 1:09.70 36.68 200m: 2:24.70 37.58 300m: 3:41.49 38.46 400m: 4:58.46 39.39			
6. Leonor Caetano, MOREIRA	06 Vieiraense	4:58.59	464
50m: 33.50 33.50 150m: 1:48.70 38.02 250m: 3:05.02 38.02 350m: 4:20.88 37.97 100m: 1:10.68 37.18 200m: 2:27.00 38.30 300m: 3:42.91 37.89 400m: 4:58.59 37.71			
7. Maria Silva, CARVALHO	05 Pimpoes/Cimai	5:18.47	383
50m: 34.90 34.90 150m: 1:52.83 39.61 250m: 3:14.47 41.37 350m: 4:38.03 41.74 100m: 1:13.22 38.32 200m: 2:33.10 40.27 300m: 3:56.29 41.82 400m: 5:18.47 40.44			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 22, Femin., 400m Livres

Prova 22	Femin., 400m Livres				Junior
25/11/2023 - 17:15					Resultados
Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015
Rec Nac 16	4:13.53	Ana Reis, SOUSA	CNLA	Porto	09/12/2017

Pontos: FINA 2023

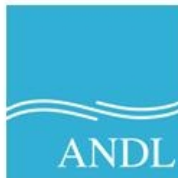
Lugar	Ano		Tempo final		Pts
1. Matilde Violante, VIANA	07	CNLeiria	4:44.15		539
50m: 32.63 32.63	150m: 1:43.69 35.81	250m: 2:56.25 36.02	350m: 4:08.93 36.31		
100m: 1:07.88 35.25	200m: 2:20.23 36.54	300m: 3:32.62 36.37	400m: 4:44.15 35.22		
2. Matilde Andre, LUIS	08	Alcobaca	5:01.35		452
50m: 34.73 34.73	150m: 1:49.67 37.78	250m: 3:06.03 38.14	350m: 4:23.53 39.01		
100m: 1:11.89 37.16	200m: 2:27.89 38.22	300m: 3:44.52 38.49	400m: 5:01.35 37.82		

Prova 22	Femin., 400m Livres				Juvenil A
25/11/2023 - 17:15					Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac JUV A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	4:35.48		591
50m: 31.33 31.33	150m: 1:41.02 35.17	250m: 2:51.50 34.91	350m: 4:01.20 34.20		
100m: 1:05.85 34.52	200m: 2:16.59 35.57	300m: 3:27.00 35.50	400m: 4:35.48 34.28		
2. Constanca Baptista, TOMAS	09	Alcobaca	4:43.86		541
50m: 31.85 31.85	150m: 1:43.16 36.14	250m: 2:56.14 36.60	350m: 4:08.26 36.43		
100m: 1:07.02 35.17	200m: 2:19.54 36.38	300m: 3:31.83 35.69	400m: 4:43.86 35.60		
3. Francisca Ramos, NUNES	09	Naval de Peniche	4:49.81		508
50m: 32.19 32.19	150m: 1:45.03 36.87	250m: 3:00.08 37.71	350m: 4:14.94 37.19		
100m: 1:08.16 35.97	200m: 2:22.37 37.34	300m: 3:37.75 37.67	400m: 4:49.81 34.87		
4. Teresa Maria, LOPES	09	Benedita	4:52.96		492
50m: 33.44 33.44	150m: 1:47.75 37.57	250m: 3:02.14 36.94	350m: 4:16.93 37.22		
100m: 1:10.18 36.74	200m: 2:25.20 37.45	300m: 3:39.71 37.57	400m: 4:52.96 36.03		
5. Mariana Sousa, MARQUES	09	Alcobaca	5:06.56		429
50m: 34.75 34.75	150m: 1:51.83 39.11	250m: 3:11.10 39.59	350m: 4:29.02 38.15		
100m: 1:12.72 37.97	200m: 2:31.51 39.68	300m: 3:50.87 39.77	400m: 5:06.56 37.54		
6. Zofie, PACHECO	09	Naval de Peniche	5:12.80		404
50m: 34.20 34.20	150m: 1:52.81 39.46	250m: 3:12.81 40.10	350m: 4:34.34 40.67		
100m: 1:13.35 39.15	200m: 2:32.71 39.90	300m: 3:53.67 40.86	400m: 5:12.80 38.46		
7. Leonor Valerio, ADRIANO	09	Alcobaca	5:24.46		362
50m: 35.87 35.87	150m: 1:56.53 40.85	250m: 3:20.21 42.02	350m: 4:43.27 41.77		
100m: 1:15.68 39.81	200m: 2:38.19 41.66	300m: 4:01.50 41.29	400m: 5:24.46 41.19		
8. Ines Ferreira, CHELEU	09	Ba-Leiria	5:28.52		349
50m: 35.69 35.69	150m: 1:57.06 41.24	250m: 3:20.84 41.93	350m: 4:46.04 42.79		
100m: 1:15.82 40.13	200m: 2:38.91 41.85	300m: 4:03.25 42.41	400m: 5:28.52 42.48		
9. Anjali, RAICAR	09	Naval de Peniche	5:34.29		331
50m: 37.20 37.20	150m: 2:00.58 41.92	250m: 3:26.45 42.89	350m: 4:53.90 43.71		
100m: 1:18.66 41.46	200m: 2:43.56 42.98	300m: 4:10.19 43.74	400m: 5:34.29 40.39		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 22, Femin., 400m Livres

Prova 22 Femin., 400m Livres Juvenil B  
25/11/2023 - 17:15 Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac JUV B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Bianca Balbino, MENDES		10	Naval de Peniche				4:53.06	491
	50m:	33.04 33.04	150m:	1:46.43	37.32	250m:	3:01.03 37.17	350m:	4:17.04 37.30
	100m:	1:09.11 36.07	200m:	2:23.86	37.43	300m:	3:39.74 38.71	400m:	4:53.06 36.02
2.	Barbara Balbino, MENDES		10	Naval de Peniche				4:58.00	467
	50m:	33.41 33.41	150m:	1:46.77	37.16	250m:	3:03.39 38.33	350m:	4:20.02 38.43
	100m:	1:09.61 36.20	200m:	2:25.06	38.29	300m:	3:41.59 38.20	400m:	4:58.00 37.98
3.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande				4:58.56	464
	50m:	33.97 33.97	150m:	1:50.51	38.89	250m:	3:07.12 37.76	350m:	4:22.26 37.53
	100m:	1:11.62 37.65	200m:	2:29.36	38.85	300m:	3:44.73 37.61	400m:	4:58.56 36.30
4.	Diana Isabel, ALVES		10	Benedita				5:07.28	426
	50m:	35.14 35.14	150m:	1:52.27	39.16	250m:	3:11.00 39.10	350m:	4:29.42 38.76
	100m:	1:13.11 37.97	200m:	2:31.90	39.63	300m:	3:50.66 39.66	400m:	5:07.28 37.86
5.	Laura Helena, AMORIM		10	Nautico Marinha Grande				5:13.00	403
	50m:	33.94 33.94	150m:	1:51.01	39.45	250m:	3:11.54 40.28	350m:	4:33.46 40.89
	100m:	1:11.56 37.62	200m:	2:31.26	40.25	300m:	3:52.57 41.03	400m:	5:13.00 39.54
6.	Maria Carolina, ALVES		10	Ba-Leiria				5:16.09	391
	50m:	34.73 34.73	150m:	1:52.87	39.88	250m:	3:14.81 40.96	350m:	4:36.74 40.47
	100m:	1:12.99 38.26	200m:	2:33.85	40.98	300m:	3:56.27 41.46	400m:	5:16.09 39.35
7.	Leonor Pereira, SILVA		10	Óbidos				5:22.54	368
	50m:	34.57 34.57	150m:	1:54.30	40.83	250m:	3:19.12 42.69	350m:	4:43.49 41.74
	100m:	1:13.47 38.90	200m:	2:36.43	42.13	300m:	4:01.75 42.63	400m:	5:22.54 39.05
8.	Vida Sofia, VELEZ		10	Ba-Leiria				5:24.52	362
	50m:	36.79 36.79	150m:	1:59.90	42.11	250m:	3:23.10 41.91	350m:	4:45.24 40.89
	100m:	1:17.79 41.00	200m:	2:41.19	41.29	300m:	4:04.35 41.25	400m:	5:24.52 39.28
9.	Rafaela Santos, AFONSO		10	Naval de Peniche				5:34.01	332
	50m:	37.89 37.89	150m:	2:03.26	43.30	250m:	3:28.51 42.96	350m:	4:54.15 42.35
	100m:	1:19.96 42.07	200m:	2:45.55	42.29	300m:	4:11.80 43.29	400m:	5:34.01 39.86
10.	Mariana Santos, AFONSO		10	Naval de Peniche				5:35.67	327
	50m:	37.55 37.55	150m:	2:02.73	43.30	250m:	3:28.07 43.04	350m:	4:54.93 43.74
	100m:	1:19.43 41.88	200m:	2:45.03	42.30	300m:	4:11.19 43.12	400m:	5:35.67 40.74
11.	Constanca Rolim, PEDRO		10	Ba-Leiria				5:58.22	269
	50m:	39.19 39.19	150m:	2:08.85	45.47	250m:	3:41.89 46.55	350m:	5:13.41 45.72
	100m:	1:23.38 44.19	200m:	2:55.34	46.49	300m:	4:27.69 45.80	400m:	5:58.22 44.81
12.	Mariana Sousa, OLIVEIRA		10	Alcobaca				6:02.26	260
	50m:	41.06 41.06	150m:	2:11.82	45.55	250m:	3:44.68 46.94	350m:	5:18.72 47.08
	100m:	1:26.27 45.21	200m:	2:57.74	45.92	300m:	4:31.64 46.96	400m:	6:02.26 43.54
EXH	Catarina Martins, MESTRE		00	Clube Natação de Lisboa				4:41.11	557
	50m:	31.68 31.68	150m:	1:41.64	35.26	250m:	2:53.52 35.94	350m:	4:05.52 35.67
	100m:	1:06.38 34.70	200m:	2:17.58	35.94	300m:	3:29.85 36.33	400m:	4:41.11 35.59
EXH	Catarina Costa, SEQUEIRA		98	Clube Natação de Lisboa				4:43.97	540
	50m:	33.04 33.04	150m:	1:44.07	35.90	250m:	2:56.50 35.94	350m:	4:08.50 36.10
	100m:	1:08.17 35.13	200m:	2:20.56	36.49	300m:	3:32.40 35.90	400m:	4:43.97 35.47



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 23 Senior  
25/11/2023 - 18:08 Resultados

Rec Nac Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec Nac SEN	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022

Pontos: FINA 2023

Lugar					Tempo final	Pts	
1.	CNL SEN		CNLeiria		4:04.68	537	
	Filipe Miguel, GOMES	+0,62	31.40	1:03.43	Sebastian Fabricio, VILLACIS	27.40	58.79
	Bruno Pinto, DOMINGUES		32.02	1:07.55	Guilherme Silva, CASTANHEIRA	25.57	54.91

Prova 23 Junior  
25/11/2023 - 18:08 Resultados

Rec Nac Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec Nac JUN	3:47.99	Sporting Clube de Portugal	SCP	Felgueiras	20/12/2019

Pontos: FINA 2023

Lugar					Tempo final	Pts	
1.	CNL JUN		CNLeiria		4:05.89	529	
	Goncalo Pereira, COLACO	+0,74	30.99	1:03.69	Joao Moura, FRANCISCO	26.50	57.71
	Francisco Marques, SIMOES		31.74	1:09.27	Micael Dmitrievich, DENISOV	26.15	55.22
2.	SIRP JUN		Pimpoes/Cimai		4:19.21	452	
	Jose Januario, MARQUES	+0,61	34.06	1:10.61	Luca Valentino, TONA	26.83	58.50
	Afonso Rodrigues, MIL-HOMENS		35.20	1:16.75	Gil Santos, LEMOS	25.63	53.35

Prova 23 Juvenil B  
25/11/2023 - 18:08 Resultados

Rec Nac Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec Nac 15 - 16	3:59.39	Clube Futebol Os Belenenses	CFB	Algés	14/07/2019
Rec Nac JUV B	4:04.46	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Estarreja	14/12/2014

Pontos: FINA 2023

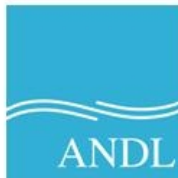
Lugar					Tempo final	Pts	
1.	SIRP JUV B		Pimpoes/Cimai		4:55.59	305	
	Santiago Agostinho, PARREIRA	+0,61	31.94	1:06.20	Tomas Bento, ANFILOQUIO	33.92	1:15.47
	Hugo Miguel, SANTOS		35.59	1:18.08	Joao Miguel, LIMA	37.29	1:15.84

Prova 24 Junior  
25/11/2023 - 18:14 Resultados

Rec Nac Open	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19/12/2009
Rec Nac JUN	4:15.24	Sport Alges e Dafundo	SAD	Felgueiras	21/12/2018

Pontos: FINA 2023

Lugar					Tempo final	Pts	
1.	CNL JUN		CNLeiria		5:05.66	395	
	Matilde Violante, VIANA	+0,87	36.91	1:16.76	Leonor Vendima, COELHO	34.02	1:15.00
	Victoria Frogeri, PEREIRA		36.41	1:19.64	Marta Cabete, GOMES	33.95	1:14.26
2.	URDJ JUN		Uniao Juncalense		6:11.65	219	
	Catarina Tagaroso, LOBO	+0,76	42.12	1:27.90	Constanca Carvalho, PIEDADE	40.03	1:31.95
	Bruna Matos, FIALHO		45.46	1:38.12	Benedita Ferreira, MATIAS	42.75	1:33.68



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

3 - 2ª Jornada - 1ª sessão (manhã)

26/11/2023 - 9:00

Prova 25	Misto, 4 x 100m Estilos				Seniores Misto
26/11/2023 - 9:00					Resultados
Rec Nac Open	3:58.31	Vitoria Sport Clube	VSC	Felgueiras	14/11/2021
Rec Nac SEN	3:58.31	Vitoria Sport Clube	VSC	Felgueiras	14/11/2021
Rec Nac JUN	4:00.84	Clube dos Galitos / Bresimar	CGA	Gafanha da Nazaré	14/05/2022

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL SEN	CNLeiria				4:22.99	514
Bruno Filipe, TABORDA	+0,71	31.43	1:04.47	Filipe Miguel, GOMES	27.08	57.68
Joana Rosa, FERREIRA		36.12	1:17.01	Maria Francisca, FROIS	29.47	1:03.83
2. SIRP SEN	Pimpoes/Cimai				4:50.19	382
Simao Mortagua, TEIXEIRA	+0,65	38.97	1:23.11	Ines Mira, PINO	31.05	1:08.11
Joao Guilherme, VIEIRA		33.85	1:13.38	Beatriz Luz, MARTINS	30.77	1:05.59

Prova 25	Misto, 4 x 100m Estilos				Juniores Misto
26/11/2023 - 9:00					Resultados
Rec Nac Open	3:58.31	Vitoria Sport Clube	VSC	Felgueiras	14/11/2021
Rec Nac SEN	3:58.31	Vitoria Sport Clube	VSC	Felgueiras	14/11/2021
Rec Nac JUN	4:00.84	Clube dos Galitos / Bresimar	CGA	Gafanha da Nazaré	14/05/2022
Rec Nac JUV A	4:18.10	Grupo Desp. Natacao V. N. Famalicao	GDNFAMA	Paredes	19/11/2021
Rec Nac 14 - 16	4:12.98	Sporting Clube de Portugal	SCP	Algés	29/06/2019

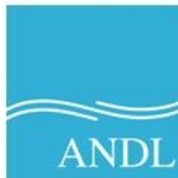
Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNAL JUN	Alcobaca				4:46.14	399
<i>Recorde Distrital Juniores Mistos</i>						
Leonardo Jose, CRUZ	+0,77	29.33	1:00.12	Matilde Andre, LUIS	35.88	1:16.58
Rita Rocha, SILVA		38.09	1:20.91	Andre Filipe, FERNANDES	33.02	1:08.53

Prova 26	Femin., 200m Livres				Senior
26/11/2023 - 9:21					Resultados
Rec Nac Open	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017
Rec Nac SEN	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
1. Ana Francisca, SILVA	06	Alcobaca			2:13.34	566
50m: 31.76 31.76	100m: 1:05.79	34.03	150m: 1:39.76	33.97	200m: 2:13.34	33.58
2. Maria Francisca, FROIS	06	CNLeiria			2:14.99	545
50m: 30.50 30.50	100m: 1:04.22	33.72	150m: 1:39.25	35.03	200m: 2:14.99	35.74
3. Leonor Caetano, MOREIRA	06	Vieirense			2:22.18	467
50m: 32.76 32.76	100m: 1:08.72	35.96	150m: 1:45.41	36.69	200m: 2:22.18	36.77
4. Dalila Leal, BERNARDINO	06	Nucleo de Pombal			2:22.20	466
50m: 32.60 32.60	100m: 1:08.35	35.75	150m: 1:45.97	37.62	200m: 2:22.20	36.23
5. Ana Luisa, RENDEIRO	06	Nucleo de Pombal			2:33.73	369
50m: 35.31 35.31	100m: 1:14.03	38.72	150m: 1:54.18	40.15	200m: 2:33.73	39.55
6. Flavia Mendes, DOMINGUES	06	Nucleo de Pombal			2:44.93	299
50m: 37.09 37.09	100m: 1:19.99	42.90	150m: 2:02.62	42.63	200m: 2:44.93	42.31



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 26, Femin., 200m Livres

Prova 26	Femin., 200m Livres				Junior Resultados
26/11/2023 - 9:21					
Rec Nac Open	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019

Pontos: FINA 2023

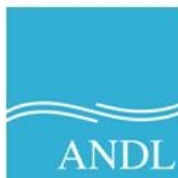
Lugar	Ano		Tempo final				Pts
1. Matilde Violante, VIANA	07	CNLeiria	2:18.48				505
50m: 31.74 31.74	100m: 1:06.92	35.18	150m: 1:43.39	36.47	200m: 2:18.48	35.09	
2. Matilde Andre, LUIS	08	Alcobaca	2:24.53				444
50m: 34.35 34.35	100m: 1:10.82	36.47	150m: 1:48.23	37.41	200m: 2:24.53	36.30	
3. Carolina Ferreira, FONSECA	07	Vieirense	2:26.62				425
50m: 34.24 34.24	100m: 1:10.83	36.59	150m: 1:48.11	37.28	200m: 2:26.62	38.51	
4. Diana Rita, FONSECA	08	Vieirense	2:29.01				405
50m: 33.84 33.84	100m: 1:10.89	37.05	150m: 1:49.90	39.01	200m: 2:29.01	39.11	
5. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai	2:34.60				363
50m: 35.96 35.96	100m: 1:15.31	39.35	150m: 1:55.60	40.29	200m: 2:34.60	39.00	
6. Matilde Monteiro, NEVES	08	Nucleo de Pombal	2:34.94				360
50m: 36.08 36.08	100m: 1:15.28	39.20	150m: 1:56.10	40.82	200m: 2:34.94	38.84	
7. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	2:42.49				312
50m: 36.96 36.96	100m: 1:18.97	42.01	150m: 2:02.41	43.44	200m: 2:42.49	40.08	
DNS Marta Cabete, GOMES	08	CNLeiria					

Prova 26	Femin., 200m Livres				Juvenil A Resultados
26/11/2023 - 9:21					

Rec Nac Open	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:13.74				561
50m: 30.48 30.48	100m: 1:04.29	33.81	150m: 1:39.21	34.92	200m: 2:13.74	34.53	
2. Teresa Maria, LOPES	09	Benedita	2:18.90				500
50m: 33.22 33.22	100m: 1:07.93	34.71	150m: 1:43.42	35.49	200m: 2:18.90	35.48	
3. Francisca Ramos, NUNES	09	Naval de Peniche	2:19.20				497
50m: 31.24 31.24	100m: 1:06.41	35.17	150m: 1:42.98	36.57	200m: 2:19.20	36.22	
4. Sara Ines, SOUSA	09	Ba-Leiria	2:29.60				400
50m: 34.65 34.65	100m: 1:12.39	37.74	150m: 1:51.07	38.68	200m: 2:29.60	38.53	
5. Mariana Sousa, MARQUES	09	Alcobaca	2:31.96				382
50m: 33.82 33.82	100m: 1:11.50	37.68	150m: 1:51.67	40.17	200m: 2:31.96	40.29	
6. Anjali, RAICAR	09	Naval de Peniche	2:32.51				378
50m: 34.46 34.46	100m: 1:13.41	38.95	150m: 1:53.63	40.22	200m: 2:32.51	38.88	
7. Ines Ferreira, CHELEU	09	Ba-Leiria	2:35.05				360
50m: 34.98 34.98	100m: 1:14.02	39.04	150m: 1:55.31	41.29	200m: 2:35.05	39.74	



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 26, Femin., 200m Livres

Prova 26	Femin., 200m Livres				Juvenil B
26/11/2023 - 9:21					Resultados
Rec Nac Open	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017

Pontos: FINA 2023

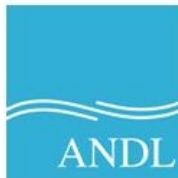
Lugar	Ano			Tempo final	Pts	
1. Barbara Balbino, MENDES	10	Naval de Peniche		2:21.67	472	
50m: 32.76 32.76	100m: 1:07.87	35.11	150m: 1:44.47	36.60	200m: 2:21.67	37.20
2. Bianca Balbino, MENDES	10	Naval de Peniche		2:22.84	460	
50m: 32.36 32.36	100m: 1:07.82	35.46	150m: 1:45.36	37.54	200m: 2:22.84	37.48
3. Diana Isabel, ALVES	10	Benedita		2:25.47	436	
50m: 34.72 34.72	100m: 1:10.91	36.19	150m: 1:48.49	37.58	200m: 2:25.47	36.98
4. Laura Helena, AMORIM	10	Nautico Marinha Grande		2:27.67	416	
50m: 33.29 33.29	100m: 1:10.18	36.89	150m: 1:49.18	39.00	200m: 2:27.67	38.49
5. Leonor Pereira, SILVA	10	Óbidos		2:37.39	344	
50m: 33.81 33.81	100m: 1:11.33	37.52	150m: 1:56.27	44.94	200m: 2:37.39	41.12
6. Matilde Filipa, AMADO	10	Nautico Marinha Grande		2:37.83	341	
50m: 35.96 35.96	100m: 1:15.93	39.97	150m: 1:57.54	41.61	200m: 2:37.83	40.29
7. Laura Samora, GONCALVES	10	Ba-Leiria		2:41.79	316	
50m: 37.00 37.00	100m: 1:18.46	41.46	150m: 2:00.56	42.10	200m: 2:41.79	41.23
8. Constanca Rolim, PEDRO	10	Ba-Leiria		2:50.13	272	
50m: 39.19 39.19	100m: 1:22.61	43.42	150m: 2:07.99	45.38	200m: 2:50.13	42.14
9. Mariana Sousa, OLIVEIRA	10	Alcobaca		2:59.04	233	
50m: 40.47 40.47	100m: 1:26.56	46.09	150m: 2:14.28	47.72	200m: 2:59.04	44.76

Prova 27  
26/11/2023 - 9:35

		Masc., 400m Livres			Senior
					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. David Ferreira, RELVAS	03	Nautico Marinha Grande		4:08.47	623	
50m: 28.39 28.39	150m: 1:31.83	32.07	250m: 2:35.41	31.50	350m: 3:37.93	31.25
100m: 59.76 31.37	200m: 2:03.91	32.08	300m: 3:06.68	31.27	400m: 4:08.47	30.54



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 27, Masc., 400m Livres

Prova 27	Masc., 400m Livres				Junior
26/11/2023 - 9:35					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24/11/2007

Pontos: FINA 2023

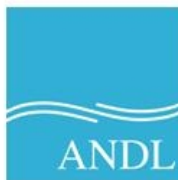
Lugar			Ano					Tempo final	Pts
1.	Gil Santos, LEMOS		06	Pimpoes/Cimai				4:10.69	606
	50m:	28.88 28.88	150m:	1:32.31	31.90	250m:	2:36.03 31.70	350m:	3:38.82 31.06
	100m:	1:00.41 31.53	200m:	2:04.33	32.02	300m:	3:07.76 31.73	400m:	4:10.69 31.87
2.	Francisco Xavier, RITA		07	Vieirense				4:16.52	566
	50m:	29.17 29.17	150m:	1:32.82	32.30	250m:	2:37.68 32.55	350m:	3:44.78 33.81
	100m:	1:00.52 31.35	200m:	2:05.13	32.31	300m:	3:10.97 33.29	400m:	4:16.52 31.74
3.	Rafael, SANTOS		06	Uniao Juncalense				4:58.48	359
	50m:	32.44 32.44	150m:	1:48.75	39.10	250m:	3:07.75 39.11	350m:	4:23.78 37.87
	100m:	1:09.65 37.21	200m:	2:28.64	39.89	300m:	3:45.91 38.16	400m:	4:58.48 34.70
4.	Andre Filipe, FERNANDES		07	Alcobaca				5:33.60	257
	50m:	36.63 36.63	150m:	1:59.44	42.74	250m:	3:26.04 42.42	350m:	4:53.97 43.84
	100m:	1:16.70 40.07	200m:	2:43.62	44.18	300m:	4:10.13 44.09	400m:	5:33.60 39.63

Prova 27	Masc., 400m Livres				Juvenil A
26/11/2023 - 9:35					Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV A	3:58.82	Diogo Matos, RIBEIRO	CUC	Mealhada	07/12/2019

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai				4:24.49	516
	50m:	29.66 29.66	150m:	1:35.41	33.49	250m:	2:43.58 34.33	350m:	3:52.06 33.81
	100m:	1:01.92 32.26	200m:	2:09.25	33.84	300m:	3:18.25 34.67	400m:	4:24.49 32.43
2.	Santiago Boica, SOUSA		08	Vieirense				4:26.02	507
	50m:	29.51 29.51	150m:	1:35.56	33.30	250m:	2:43.88 34.04	350m:	3:53.24 35.02
	100m:	1:02.26 32.75	200m:	2:09.84	34.28	300m:	3:18.22 34.34	400m:	4:26.02 32.78
3.	Tiago Santos, POMBO		08	Alcobaca				4:28.48	494
	50m:	29.74 29.74	150m:	1:36.06	33.43	250m:	2:44.52 34.13	350m:	3:54.02 34.73
	100m:	1:02.63 32.89	200m:	2:10.39	34.33	300m:	3:19.29 34.77	400m:	4:28.48 34.46
4.	Tome Nunes, TOME		08	CNLeiria				4:35.80	455
	50m:	29.67 29.67	150m:	1:36.80	34.24	250m:	2:47.41 35.58	350m:	4:00.09 36.38
	100m:	1:02.56 32.89	200m:	2:11.83	35.03	300m:	3:23.71 36.30	400m:	4:35.80 35.71
5.	Antonio Quiterio, ANASTACIO		08	Benedita				4:55.22	371
	50m:	32.56 32.56	150m:	1:46.23	37.36	250m:	3:02.24 37.89	350m:	4:18.32 37.75
	100m:	1:08.87 36.31	200m:	2:24.35	38.12	300m:	3:40.57 38.33	400m:	4:55.22 36.90



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 27, Masc., 400m Livres

Prova 27	Masc., 400m Livres				Juvenil B
26/11/2023 - 9:35					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria						4:16.30	567
	50m:	29.19 29.19	150m:	1:33.05	32.18	250m:	2:38.68	32.84	350m:	3:44.82	33.27
	100m:	1:00.87 31.68	200m:	2:05.84	32.79	300m:	3:11.55	32.87	400m:	4:16.30	31.48
2.	Paulo, KOT		09	Nautico Marinha Grande						4:16.87	564
	50m:	28.17 28.17	150m:	1:32.16	32.31	250m:	2:38.57	33.35	350m:	3:45.40	33.47
	100m:	59.85 31.68	200m:	2:05.22	33.06	300m:	3:11.93	33.36	400m:	4:16.87	31.47
3.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande						4:25.44	511
	50m:	29.00 29.00	150m:	1:35.05	33.86	250m:	2:44.09	34.59	350m:	3:52.93	34.12
	100m:	1:01.19 32.19	200m:	2:09.50	34.45	300m:	3:18.81	34.72	400m:	4:25.44	32.51
4.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai						4:34.19	463
	50m:	30.78 30.78	150m:	1:39.66	34.14	250m:	2:48.20	34.54	350m:	3:58.65	34.40
	100m:	1:05.52 34.74	200m:	2:13.66	34.00	300m:	3:24.25	36.05	400m:	4:34.19	35.54
5.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré						4:55.07	372
	50m:	31.68 31.68	150m:	1:45.73	38.29	250m:	3:02.26	38.07	350m:	4:18.87	38.45
	100m:	1:07.44 35.76	200m:	2:24.19	38.46	300m:	3:40.42	38.16	400m:	4:55.07	36.20
6.	David Ferrador, PEREIRA		09	Nucleo de Pombal						4:55.80	369
	50m:	31.90 31.90	150m:	1:47.40	38.51	250m:	3:04.37	38.84	350m:	4:21.17	37.94
	100m:	1:08.89 36.99	200m:	2:25.53	38.13	300m:	3:43.23	38.86	400m:	4:55.80	34.63
7.	Santiago Jose, PACHECO		09	Alcobaca						4:58.62	359
	50m:	32.13 32.13	150m:	1:46.66	38.16	250m:	3:04.56	39.04	350m:	4:21.99	38.33
	100m:	1:08.50 36.37	200m:	2:25.52	38.86	300m:	3:43.66	39.10	400m:	4:58.62	36.63
8.	Tomas Bento, ANFILOQUIO		09	Pimpoes/Cimai						5:08.93	324
	50m:	34.46 34.46	150m:	1:51.21	38.88	250m:	3:09.81	38.98	350m:	4:30.19	39.99
	100m:	1:12.33 37.87	200m:	2:30.83	39.62	300m:	3:50.20	40.39	400m:	5:08.93	38.74
9.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai						5:13.34	310
	50m:	33.89 33.89	150m:	1:50.71	39.44	250m:	3:11.18	40.48	350m:	4:33.40	41.11
	100m:	1:11.27 37.38	200m:	2:30.70	39.99	300m:	3:52.29	41.11	400m:	5:13.34	39.94
10.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande						5:14.20	308
	50m:	34.51 34.51	150m:	1:52.48	39.70	250m:	3:14.00	40.91	350m:	4:35.91	40.91
	100m:	1:12.78 38.27	200m:	2:33.09	40.61	300m:	3:55.00	41.00	400m:	5:14.20	38.29
11.	Isaac Arruda, SARAIVA		09	Vieirense						5:20.31	290
	50m:	33.59 33.59	150m:	1:51.92	40.03	250m:	3:15.88	42.65	350m:	4:41.62	43.50
	100m:	1:11.89 38.30	200m:	2:33.23	41.31	300m:	3:58.12	42.24	400m:	5:20.31	38.69
DNS	Gabriel Santiago, FERREIRA		09	Uniao Juncalense							



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 28  
26/11/2023 - 9:52  
Femin., 50m Mariposa  
Senior Resultados

Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23/04/2023
Rec Nac SEN	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23/04/2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Leonor Caetano, MOREIRA	06 Vieirense	31.01	485
2. Ana Cláudia, FERREIRA	90 Alcobaca	31.26	474
3. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	33.31	392
4. Mafalda Caetano, LOURENCO	06 Vieirense	33.53	384
DNS Lara Roque, COTRIM	03 Pimpoes/Cimai		
<i>Falta justificada.</i>			
DNS Carmen Amador, GIL	02 CNLeiria		

Prova 28  
26/11/2023 - 9:52  
Femin., 50m Mariposa  
Junior Resultados

Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23/04/2023
Rec Nac 17	26.74	Mariana Pacheco, CUNHA	CNCE	Felgueiras	11/04/2021
Rec Nac 16	27.31	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	18/07/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Victoria Frogeri, PEREIRA	08 CNLeiria	30.37	517
2. Constanca Carvalho, PIEDADE	08 Uniao Juncalense	37.08	284
3. Sara Cristina, ALMEIDA	08 Benedita	42.14	193

Prova 28  
26/11/2023 - 9:52  
Femin., 50m Mariposa  
Juvenil A Resultados

Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23/04/2023
Rec Nac JUV A	27.86	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Beatriz Belo, CLARA	09 CNLeiria	31.07	483
2. Ana Margarida, MARQUES	09 Ba-Leiria	33.67	379
3. Anjali, RAICAR	09 Naval de Peniche	34.17	363
4. Sara Ines, SOUSA	09 Ba-Leiria	35.17	333

Prova 28  
26/11/2023 - 9:52  
Femin., 50m Mariposa  
Juvenil B Resultados

Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23/04/2023
Rec Nac JUV B	29.15	Leonor Carnide, SILVA	GCVR	Felgueiras	23/04/2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	33.56	383
2. Maria Carolina, ALVES	10 Ba-Leiria	34.92	340
3. Laura Samora, GONCALVES	10 Ba-Leiria	35.86	314
4. Leonor Silva, MARTINS	10 Óbidos	36.92	287
5. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	38.84	247
6. Laura Coito, SILVA	10 Pimpoes/Cimai	39.60	233



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 29 Masc., 50m Mariposa Senior  
26/11/2023 - 10:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13/11/2022
Rec Nac SEN	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13/11/2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	25.50	620
2. Sebastian Fabricio, VILLACIS	01 CNLeiria	26.96	525
3. Francisco Xavier, TOMAS	00 Alcobaca	28.00	468
4. Guilherme Silva, CASTANHEIRA	04 CNLeiria	28.47	445
5. Bruno Filipe, TABORDA	95 CNLeiria	28.82	429
6. Diogo Vicente, SILVA	98 Nautico Marinha Grande	29.03	420
7. Joao Guilherme, VIEIRA	93 Pimpoes/Cimai	29.90	384
8. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	32.85	290

Prova 29 Masc., 50m Mariposa Junior  
26/11/2023 - 10:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13/11/2022
Rec Nac 18	23.82	Diogo Matos, RIBEIRO	SLB	Leiria	26/11/2021
Rec Nac 17	24.49	Diogo Matos, RIBEIRO	CUC	Coimbra	23/12/2020

Pontos: FINA 2023

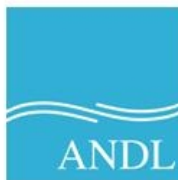
Lugar	Ano	Tempo final	Pts
1. Joao Moura, FRANCISCO	07 CNLeiria	26.54	550
Afonso Dinis, ROQUE	07 CNLeiria	26.54	550
3. Micael Dmitrievich, DENISOV	06 CNLeiria	27.10	516
4. Joao, SU	06 Nucleo de Ansião	29.36	406
5. Jose Januario, MARQUES	07 Pimpoes/Cimai	29.51	400
6. Vasco Pedro, BRANCO	06 Naval da Nazaré	29.60	396
7. Edgar Francisco, SIMOES	06 Vieiraense	30.02	380
8. Rafael, SANTOS	06 Uniao Juncalense	30.53	361
9. Joel Heber, SANTOS	06 Ba-Leiria	38.92	174

Prova 29 Masc., 50m Mariposa Juvenil A  
26/11/2023 - 10:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13/11/2022
Rec Nac JUV A	25.49	Rodrigo Ferreira, PEREIRA	GDNFAMA	Felgueiras	07/05/2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieiraense	27.89	474
2. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	28.42	448
3. Diogo Barata, ALVES	08 Nautico Marinha Grande	33.71	268



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 29, Masc., 50m Mariposa

Prova 29 Masc., 50m Mariposa Juvenil B  
26/11/2023 - 10:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13/11/2022
Rec Nac JUV B	26.10	Rodrigo Ferreira, PEREIRA	GDNFAMA	Felgueiras	17/07/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM	09 CNLeiria	27.55	492
2. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	29.61	396
3. Pedro Blanc, CAPINHA	09 Óbidos	32.39	302
4. Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande	33.72	268
5. Tiago Eurico, CORREIA	09 Óbidos	34.78	244

Prova 30 Femin., 200m Bruços Senior  
26/11/2023 - 10:06 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:39.16	604
50m: 36.15 36.15	100m: 1:15.93 39.78	150m: 1:56.91 40.98	200m: 2:39.16 42.25
2. Joana Rosa, FERREIRA	05 CNLeiria	2:47.98	514
50m: 36.85 36.85	100m: 1:18.78 41.93	150m: 2:02.60 43.82	200m: 2:47.98 45.38

Prova 30 Femin., 200m Bruços Junior  
26/11/2023 - 10:06 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	10/12/2016
Rec Nac 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	11/12/2015

Pontos: FINA 2023

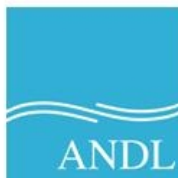
Lugar	Ano	Tempo final	Pts
1. Matilde Monteiro, NEVES	08 Nucleo de Pombal	3:24.40	285
50m: 44.93 44.93	100m: 1:35.91 50.98	150m: 2:30.46 54.55	200m: 3:24.40 53.94
2. Catarina Tagaroso, LOBO	07 Uniao Juncalense	3:31.12	258
50m: 46.24 46.24	100m: 1:40.25 54.01	150m: 2:35.98 55.73	200m: 3:31.12 55.14

Prova 30 Femin., 200m Bruços Juvenil A  
26/11/2023 - 10:06 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac JUV A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	07/02/2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	2:54.13	461
50m: 39.42 39.42	100m: 1:23.56 44.14	150m: 2:08.41 44.85	200m: 2:54.13 45.72
2. Maria Teresa, OLIVEIRA	09 Ba-Leiria	2:56.78	441
50m: 39.09 39.09	100m: 1:23.23 44.14	150m: 2:09.27 46.04	200m: 2:56.78 47.51
3. Constanca Baptista, TOMAS	09 Alcobaca	2:58.15	431
50m: 40.58 40.58	100m: 1:26.08 45.50	150m: 2:11.85 45.77	200m: 2:58.15 46.30
4. Maria Margarida, OLIVEIRA	09 Ba-Leiria	3:06.41	376
50m: 41.79 41.79	100m: 1:29.06 47.27	150m: 2:17.58 48.52	200m: 3:06.41 48.83



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 30, Femin., 200m Bruços, Juvenil A

Lugar			Ano					Tempo final	Pts			
5.	Zofie, PACHECO		09	Naval de Peniche				3:12.26	342			
	50m:	39.30	39.30	100m:	1:31.18	51.88	150m:	2:21.98	50.80	200m:	3:12.26	50.28

Prova 30  
26/11/2023 - 10:06

Femin., 200m Bruços

Juvenil B  
Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac JUV B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Sofia Roma, BRIZIDA		10	Ba-Leiria				2:55.80	448			
	50m:	40.63	40.63	100m:	1:25.38	44.75	150m:	2:10.83	45.45	200m:	2:55.80	44.97
2.	Vida Sofia, VELEZ		10	Ba-Leiria				3:03.00	397			
	50m:	41.78	41.78	100m:	1:28.33	46.55	150m:	2:15.44	47.11	200m:	3:03.00	47.56
3.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande				3:10.53	352			
	50m:	44.05	44.05	100m:	1:32.97	48.92	150m:	2:23.89	50.92	200m:	3:10.53	46.64
4.	Rafaela Santos, AFONSO		10	Naval de Peniche				3:17.68	315			
	50m:	43.94	43.94	100m:	1:34.11	50.17	150m:	2:26.79	52.68	200m:	3:17.68	50.89
5.	Leonor Pereira, SILVA		10	Óbidos				3:18.30	312			
	50m:	42.22	42.22	100m:	1:32.69	50.47	150m:	2:25.77	53.08	200m:	3:18.30	52.53
6.	Mariana Santos, AFONSO		10	Naval de Peniche				3:20.69	301			
	50m:	44.84	44.84	100m:	1:36.32	51.48	150m:	2:29.14	52.82	200m:	3:20.69	51.55

Prova 31  
26/11/2023 - 10:16

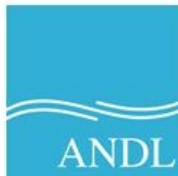
Masc., 200m Bruços

Junior  
Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac 18	2:13.22	Andre Goncalo, SANTOS	LSC	Porto	19/12/2014
Rec Nac 17	2:16.24	Jorge Jesus, SILVA	SCB	Funchal	10/12/2016

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Francisco Marques, SIMOES		07	CNLeiria				2:27.76	537			
	50m:	33.25	33.25	100m:	1:11.01	37.76	150m:	1:49.71	38.70	200m:	2:27.76	38.05
2.	Goncalo Pereira, COLACO		07	CNLeiria				2:29.16	522			
	50m:	33.86	33.86	100m:	1:11.27	37.41	150m:	1:50.04	38.77	200m:	2:29.16	39.12
3.	Bernardo Nunes, DOMINGUEZ		07	Ba-Leiria				2:38.55	435			
	50m:	34.77	34.77	100m:	1:14.46	39.69	150m:	1:56.56	42.10	200m:	2:38.55	41.99
4.	Gabriel Lourenco, CUSTODIO		06	Naval da Nazaré				3:04.30	277			
	50m:	41.20	41.20	100m:	1:28.23	47.03	150m:	2:16.43	48.20	200m:	3:04.30	47.87



Campeonato Distrital de Piscina Curta  
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Prova 31, Masc., 200m Bruços

Prova 31	Masc., 200m Bruços				Juvenil A
26/11/2023 - 10:16					Resultados
Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	12/11/2022

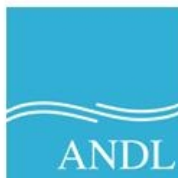
Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				2:49.99	353
	50m:	36.60 36.60	100m:	1:17.85	41.25	150m:	2:02.63 44.78	200m:	2:49.99 47.36
2.	Santiago Boica, SOUSA		08	Vieirense				2:56.27	316
	50m:	39.21 39.21	100m:	1:23.44	44.23	150m:	2:10.06 46.62	200m:	2:56.27 46.21
3.	Diogo Coelho, JORDAO		08	Uniao Juncalense				2:58.40	305
	50m:	37.91 37.91	100m:	1:22.37	44.46	150m:	2:10.38 48.01	200m:	2:58.40 48.02
4.	Antonio Quitarrio, ANASTACIO		08	Benedita				3:07.02	265
	50m:	42.46 42.46	100m:	1:30.01	47.55	150m:	2:18.78 48.77	200m:	3:07.02 48.24
5.	Tiago Daniel, POVOA		08	Uniao Juncalense				3:23.68	205
	50m:	45.57 45.57	100m:	1:39.36	53.79	150m:	2:32.58 53.22	200m:	3:23.68 51.10

Prova 31	Masc., 200m Bruços				Juvenil B
26/11/2023 - 10:16					Resultados
Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	08/05/2022

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				2:41.41	412
	50m:	36.28 36.28	100m:	1:17.75	41.47	150m:	1:59.49 41.74	200m:	2:41.41 41.92
2.	Xinyang, CHENG		09	Nautico Marinha Grande				2:45.28	384
	50m:	35.88 35.88	100m:	1:17.10	41.22	150m:	2:01.10 44.00	200m:	2:45.28 44.18
3.	Santiago Marques, GOMES		09	Ba-Leiria				2:47.91	366
	50m:	37.36 37.36	100m:	1:20.58	43.22	150m:	2:04.74 44.16	200m:	2:47.91 43.17
4.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai				2:54.79	324
	50m:	38.55 38.55	100m:	1:23.55	45.00	150m:	2:09.46 45.91	200m:	2:54.79 45.33
5.	Rodrigo Oliveira, SANTOS		09	Alcobaca				3:05.44	272
	50m:	40.57 40.57	100m:	1:27.36	46.79	150m:	2:16.55 49.19	200m:	3:05.44 48.89
6.	Maksym, TYSHCHUK		09	Nautico Marinha Grande				3:05.56	271
	50m:	41.74 41.74	100m:	1:29.78	48.04	150m:	2:18.95 49.17	200m:	3:05.56 46.61
7.	Alexandre Afonso, SANTOS		09	Uniao Juncalense				3:47.83	146
	50m:	49.52 49.52	100m:	1:48.40	58.88	150m:	2:48.16 59.76	200m:	3:47.83 59.67



Campeonato Distrital de Piscina Curta  
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Prova 32 Femin., 200m Costas Senior  
26/11/2023 - 10:24 Resultados

Rec Nac Open	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26/11/2021
Rec Nac SEN	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26/11/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Francisca, FROIS	06 CNLeiria	2:29.88	499
50m: 35.30 35.30	100m: 1:12.68 37.38	150m: 1:51.31 38.63	200m: 2:29.88 38.57
2. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	2:57.26	302
50m: 40.79 40.79	100m: 1:26.34 45.55	150m: 2:12.30 45.96	200m: 2:57.26 44.96
3. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	2:59.46	291
50m: 42.35 42.35	100m: 1:27.62 45.27	150m: 2:13.64 46.02	200m: 2:59.46 45.82

Prova 32 Femin., 200m Costas Junior  
26/11/2023 - 10:24 Resultados

Rec Nac Open	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26/11/2021
Rec Nac 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019
Rec Nac 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018

Pontos: FINA 2023

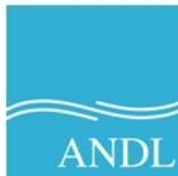
Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	2:38.10	425
50m: 38.20 38.20	100m: 1:17.91 39.71	150m: 1:57.85 39.94	200m: 2:38.10 40.25
DNS Matilde Violante, VIANA	07 CNLeiria		

Prova 32 Femin., 200m Costas Juvenil A  
26/11/2023 - 10:24 Resultados

Rec Nac Open	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26/11/2021
Rec Nac JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Beatriz Belo, CLARA	09 CNLeiria	2:28.18	517
50m: 34.39 34.39	100m: 1:12.34 37.95	150m: 1:51.20 38.86	200m: 2:28.18 36.98
2. Clara Sobreiro, RODRIGUES	09 Pimpoes/Cimai	2:41.88	396
50m: 38.71 38.71	100m: 1:19.24 40.53	150m: 2:00.67 41.43	200m: 2:41.88 41.21
3. Ana Margarida, MARQUES	09 Ba-Leiria	2:45.65	370
50m: 39.28 39.28	100m: 1:21.48 42.20	150m: 2:04.35 42.87	200m: 2:45.65 41.30
4. Leonor Valerio, ADRIANO	09 Alcobaca	2:52.84	325
50m: 41.36 41.36	100m: 1:24.68 43.32	150m: 2:09.64 44.96	200m: 2:52.84 43.20



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 32, Femin., 200m Costas

Prova 32	Femin., 200m Costas				Juvenil B
26/11/2023 - 10:24					Resultados
Rec Nac Open	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26/11/2021
Rec Nac JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Diana Isabel, ALVES		10	Benedita				2:33.65	463
	50m:	36.99 36.99	100m:	1:15.40	38.41	150m:	1:54.78 39.38	200m:	2:33.65 38.87
2.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande				2:34.88	452
	50m:	36.45 36.45	100m:	1:15.23	38.78	150m:	1:55.42 40.19	200m:	2:34.88 39.46
3.	Debora Silva, INACIO		10	Pimpoes/Cimai				2:43.99	381
	50m:	38.26 38.26	100m:	1:20.14	41.88	150m:	2:01.84 41.70	200m:	2:43.99 42.15
4.	Vida Sofia, VELEZ		10	Ba-Leiria				2:49.96	342
	50m:	39.74 39.74	100m:	1:23.89	44.15	150m:	2:08.31 44.42	200m:	2:49.96 41.65
5.	Laura Samora, GONCALVES		10	Ba-Leiria				2:56.84	304
	50m:	41.19 41.19	100m:	1:27.46	46.27	150m:	2:13.22 45.76	200m:	2:56.84 43.62
6.	Matilde Filipa, AMADO		10	Nautico Marinha Grande				3:05.26	264
	50m:	43.57 43.57	100m:	1:31.41	47.84	150m:	2:19.33 47.92	200m:	3:05.26 45.93
7.	Mariana Sousa, OLIVEIRA		10	Alcobaca				3:06.77	258
	50m:	44.43 44.43	100m:	1:32.12	47.69	150m:	2:20.09 47.97	200m:	3:06.77 46.68
8.	Constanca Rolim, PEDRO		10	Ba-Leiria				3:12.91	234
	50m:	43.90 43.90	100m:	1:32.85	48.95	150m:	2:24.19 51.34	200m:	3:12.91 48.72

Prova 33	Masc., 200m Costas				Senior
26/11/2023 - 10:36					Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac SEN	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)	16/12/2018

Pontos: FINA 2023

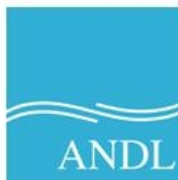
Lugar			Ano					Tempo final	Pts
1.	Bruno Filipe, TABORDA		95	CNLeiria				2:23.54	398
	50m:	33.46 33.46	100m:	1:09.98	36.52	150m:	1:47.04 37.06	200m:	2:23.54 36.50

Prova 33	Masc., 200m Costas				Junior
26/11/2023 - 10:36					Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac 18	1:58.37	Adriano Miguel, NIZ	CFV	Figueira da Foz	03/07/2004
Rec Nac 17	1:59.34	Adriano Miguel, NIZ	CFV	Alges	16/05/2003

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Cristiano Nogueira, FERREIRA		06	Nucleo de Pombal				2:26.42	375
	50m:	33.80 33.80	100m:	1:10.30	36.50	150m:	1:48.26 37.96	200m:	2:26.42 38.16
2.	Vasco Pedro, BRANCO		06	Naval da Nazaré				2:32.59	331
	50m:	35.76 35.76	100m:	1:14.60	38.84	150m:	1:54.40 39.80	200m:	2:32.59 38.19



Campeonato Distrital de Piscina Curta  
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Prova 33, Masc., 200m Costas

Prova 33	Masc., 200m Costas				Juvenil A
26/11/2023 - 10:36					Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac JUV A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés	04/06/2011

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Gabriel Mota, PATRICIO		08	Vieirense				2:25.66	381
	50m:	33.23 33.23	100m:	1:09.33	36.10	150m:	1:46.97 37.64	200m:	2:25.66 38.69
2.	Diogo Coelho, JORDAO		08	Uniao Juncalense				2:47.17	252
	50m:	38.17 38.17	100m:	1:21.27	43.10	150m:	2:05.10 43.83	200m:	2:47.17 42.07
3.	Frederico Costa, ANDRE		08	Nucleo de Ansião				2:53.85	224
	50m:	37.61 37.61	100m:	1:22.35	44.74	150m:	2:09.65 47.30	200m:	2:53.85 44.20

Prova 33	Masc., 200m Costas				Juvenil B
26/11/2023 - 10:36					Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac JUV B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia	09/03/2013

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Paulo, KOT		09	Nautico Marinha Grande				2:19.45	434
	50m:	31.36 31.36	100m:	1:06.55	35.19	150m:	1:42.93 36.38	200m:	2:19.45 36.52
2.	David Ferrador, PEREIRA		09	Nucleo de Pombal				2:35.79	311
	50m:	35.63 35.63	100m:	1:15.86	40.23	150m:	1:56.82 40.96	200m:	2:35.79 38.97
3.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré				2:37.38	302
	50m:	35.49 35.49	100m:	1:15.08	39.59	150m:	1:56.60 41.52	200m:	2:37.38 40.78
4.	Luis Pedro, VALERIO		09	Ba-Leiria				2:41.59	279
	50m:	38.16 38.16	100m:	1:20.29	42.13	150m:	2:02.44 42.15	200m:	2:41.59 39.15
5.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande				2:43.21	271
	50m:	36.60 36.60	100m:	1:18.55	41.95	150m:	2:01.65 43.10	200m:	2:43.21 41.56
6.	Tiago Eurico, CORREIA		09	Óbidos				2:46.89	253
	50m:	39.39 39.39	100m:	1:21.89	42.50	150m:	2:04.67 42.78	200m:	2:46.89 42.22
7.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				2:52.08	231
	50m:	41.50 41.50	100m:	1:24.76	43.26	150m:	2:08.82 44.06	200m:	2:52.08 43.26
8.	Andre Guilherme, CORDEIRO		09	Naval de Peniche				2:56.24	215
	50m:	42.25 42.25	100m:	1:26.81	44.56	150m:	2:12.00 45.19	200m:	2:56.24 44.24
9.	Afonso Matos, CORREIA		09	Nucleo de Pombal				2:57.99	209
	50m:	42.48 42.48	100m:	1:27.97	45.49	150m:	2:13.20 45.23	200m:	2:57.99 44.79
DNS	Gabriel Santiago, FERREIRA		09	Uniao Juncalense					



Campeonato Distrital de Piscina Curta  
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Prova 34	Femin., 100m Estilos					Senior
26/11/2023 - 10:44						Resultados
Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	11/12/2022	
Rec Nac SEN	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	11/12/2022	

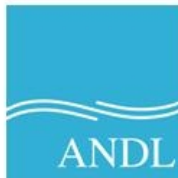
Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Maria Francisca, FROIS	06	CNLeiria	1:09.76	531
50m: 32.79 32.79	100m: 1:09.76	36.97		
2. Ana Francisca, SILVA	06	Alcobaca	1:11.96	484
50m: 33.08 33.08	100m: 1:11.96	38.88		
3. Leonor Caetano, MOREIRA	06	Vieirense	1:12.41	475
50m: 33.72 33.72	100m: 1:12.41	38.69		
4. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	1:12.66	470
50m: 35.97 35.97	100m: 1:12.66	36.69		
5. Carolina Lourenco, MATOS	98	Benedita	1:12.93	465
50m: 33.92 33.92	100m: 1:12.93	39.01		
6. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	1:16.52	402
50m: 35.82 35.82	100m: 1:16.52	40.70		
7. Beatriz Silva, CONCEICAO	05	Benedita	1:19.17	363
50m: 36.71 36.71	100m: 1:19.17	42.46		
8. Ana Sofia, FERREIRA	99	Pimpoes/Cimai	1:19.93	353
50m: 36.82 36.82	100m: 1:19.93	43.11		
DNS Carmen Amador, GIL	02	CNLeiria		

Prova 34	Femin., 100m Estilos					Junior
26/11/2023 - 10:44						Resultados
Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	11/12/2022	
Rec Nac 17	1:02.10	Carolina Miranda, FERNANDES	CGA	Leiria	28/11/2021	
Rec Nac 16	1:03.25	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/12/2019	

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Victoria Frogeri, PEREIRA	08	CNLeiria	1:09.88	528
50m: 31.65 31.65	100m: 1:09.88	38.23		
2. Rita Rocha, SILVA	08	Alcobaca	1:14.11	443
50m: 34.68 34.68	100m: 1:14.11	39.43		
3. Carolina Ferreira, FONSECA	07	Vieirense	1:17.29	390
50m: 35.97 35.97	100m: 1:17.29	41.32		
4. Matilde Andre, LUIS	08	Alcobaca	1:17.91	381
50m: 36.87 36.87	100m: 1:17.91	41.04		
5. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai	1:18.34	375
50m: 38.30 38.30	100m: 1:18.34	40.04		
6. Diana Rita, FONSECA	08	Vieirense	1:18.42	374
50m: 35.19 35.19	100m: 1:18.42	43.23		
7. Matilde Monteiro, NEVES	08	Nucleo de Pombal	1:24.38	300
50m: 39.81 39.81	100m: 1:24.38	44.57		
8. Marta Cabete, GOMES	08	CNLeiria	1:24.83	295
50m: 38.28 38.28	100m: 1:24.83	46.55		
9. Bruna Matos, FIALHO	08	Uniao Juncalense	1:27.94	265
50m: 41.52 41.52	100m: 1:27.94	46.42		



Campeonato Distrital de Piscina Curta  
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Prova 34, Femin., 100m Estilos

Prova 34	Femin., 100m Estilos				Juvenil A
26/11/2023 - 10:44					Resultados
Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	11/12/2022
Rec Nac JUV A	1:05.68				

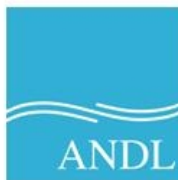
Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Francisca Ramos, NUNES		09	Naval de Peniche		1:13.13	461
	50m: 34.05 34.05	100m: 1:13.13		39.08			
2.	Teresa Maria, LOPES		09	Benedita		1:16.48	403
	50m: 36.68 36.68	100m: 1:16.48		39.80			
3.	Clara Sobreiro, RODRIGUES		09	Pimpoes/Cimai		1:17.13	393
	50m: 35.24 35.24	100m: 1:17.13		41.89			
4.	Maria Teresa, OLIVEIRA		09	Ba-Leiria		1:17.27	391
	50m: 37.83 37.83	100m: 1:17.27		39.44			
5.	Zofie, PACHECO		09	Naval de Peniche		1:18.26	376
	50m: 38.10 38.10	100m: 1:18.26		40.16			
6.	Maria Margarida, OLIVEIRA		09	Ba-Leiria		1:19.79	355
	50m: 37.96 37.96	100m: 1:19.79		41.83			
7.	Ines Ferreira, CHELEU		09	Ba-Leiria		1:20.74	342
	50m: 37.97 37.97	100m: 1:20.74		42.77			
8.	Anjali, RAICAR		09	Naval de Peniche		1:21.22	336
	50m: 37.90 37.90	100m: 1:21.22		43.32			

Prova 34	Femin., 100m Estilos				Juvenil B
26/11/2023 - 10:44					Resultados
Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	11/12/2022
Rec Nac JUV B	1:07.26				

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Barbara Balbino, MENDES		10	Naval de Peniche		1:16.01	410
	50m: 35.55 35.55	100m: 1:16.01		40.46			
2.	Laura Helena, AMORIM		10	Nautico Marinha Grande		1:16.30	406
	50m: 35.85 35.85	100m: 1:16.30		40.45			
3.	Sofia Roma, BRIZIDA		10	Ba-Leiria		1:16.75	399
	50m: 36.68 36.68	100m: 1:16.75		40.07			
4.	Maria Carolina, ALVES		10	Ba-Leiria		1:18.26	376
	50m: 35.45 35.45	100m: 1:18.26		42.81			
5.	Elisa Henriques, SOUTO		10	Óbidos		1:18.61	371
	50m: 37.24 37.24	100m: 1:18.61		41.37			
6.	Bianca Balbino, MENDES		10	Naval de Peniche		1:19.08	364
	50m: 37.13 37.13	100m: 1:19.08		41.95			
7.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande		1:19.13	364
	50m: 37.99 37.99	100m: 1:19.13		41.14			
8.	Rafaela Santos, AFONSO		10	Naval de Peniche		1:24.72	296
	50m: 40.22 40.22	100m: 1:24.72		44.50			
9.	Leonor Silva, MARTINS		10	Óbidos		1:24.86	295
	50m: 38.97 38.97	100m: 1:24.86		45.89			



Campeonato Distrital de Piscina Curta  
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Prova 34, Femin., 100m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
10. Mariana Santos, AFONSO 50m: 41.71 41.71 100m: 1:26.11 44.40	10 Naval de Peniche	1:26.11	282
11. Laura Margarida, ASCENSO 50m: 39.80 39.80 100m: 1:27.36 47.56	10 Nautico Marinha Grande	1:27.36	270
12. Constanca Rolim, PEDRO 50m: 41.00 41.00 100m: 1:28.31 47.31	10 Ba-Leiria	1:28.31	262
13. Laura Coito, SILVA 50m: 42.65 42.65 100m: 1:32.00 49.35	10 Pimpoes/Cimai	1:32.00	231
DSQ Debora Silva, INACIO <i>SW 4.4 - Falsa partida</i>	10 Pimpoes/Cimai		

Prova 35

Masc., 100m Estilos

Senior

26/11/2023 - 10:56

Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019
Rec Nac SEN	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Filipe Miguel, GOMES 50m: 27.90 27.90 100m: 59.80 31.90	97 CNLeiria	59.80	559
2. David Ferreira, RELVAS 50m: 27.98 27.98 100m: 1:00.87 32.89	03 Nautico Marinha Grande	1:00.87	530
3. Bruno Pinto, DOMINGUES 50m: 29.11 29.11 100m: 1:03.04 33.93	00 CNLeiria	1:03.04	477
4. Guilherme Silva, CASTANHEIRA 50m: 29.99 29.99 100m: 1:05.44 35.45	04 CNLeiria	1:05.44	427
5. Diogo Vicente, SILVA 50m: 30.15 30.15 100m: 1:06.68 36.53	98 Nautico Marinha Grande	1:06.68	403
6. Joao Guilherme, VIEIRA 50m: 32.78 32.78 100m: 1:07.83 35.05	93 Pimpoes/Cimai	1:07.83	383

Prova 35

Masc., 100m Estilos

Junior

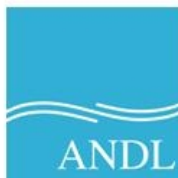
26/11/2023 - 10:56

Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019
Rec Nac 18	56.40	Joao Peres, COSTA	CNPV	Leiria	28/11/2021
Rec Nac 17	57.40	Diogo Filipe, CARVALHO	CGA	Aveiro	14/05/2005

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Micael Dmitrievich, DENISOV 50m: 27.87 27.87 100m: 1:01.98 34.11	06 CNLeiria	1:01.98	502
2. Gil Santos, LEMOS 50m: 29.13 29.13 100m: 1:03.35 34.22	06 Pimpoes/Cimai	1:03.35	470
3. Francisco Xavier, RITA 50m: 29.68 29.68 100m: 1:04.80 35.12	07 Vieirense	1:04.80	439
4. Luca Valentino, TONA 50m: 28.64 28.64 100m: 1:05.07 36.43	06 Pimpoes/Cimai	1:05.07	434



Campeonato Distrital de Piscina Curta  
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Prova 35, Masc., 100m Estilos, Junior

Lugar	Ano	Tempo final	Pts
5. Bernardo Nunes, DOMINGUEZ 50m: 31.87 31.87 100m: 1:06.51 34.64	07 Ba-Leiria	1:06.51	406
6. Jose Januario, MARQUES 50m: 31.52 31.52 100m: 1:08.47 36.95	07 Pimpoes/Cimai	1:08.47	372
7. Joao, SU 50m: 32.24 32.24 100m: 1:09.93 37.69	06 Nucleo de Ansião	1:09.93	349
8. Rafael, SANTOS 50m: 33.78 33.78 100m: 1:12.75 38.97	06 Uniao Juncalense	1:12.75	310
9. Gabriel Lourenco, CUSTODIO 50m: 37.53 37.53 100m: 1:20.19 42.66	06 Naval da Nazaré	1:20.19	232
10. Joel Heber, SANTOS 50m: 38.31 38.31 100m: 1:23.72 45.41	06 Ba-Leiria	1:23.72	203

Prova 35 Masc., 100m Estilos Juvenil A  
26/11/2023 - 10:56 Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019
Rec Nac JUV A	59.16	Goncalo Carlos, AZEVEDO	CNMAIA	Felgueiras	22/04/2023

Pontos: FINA 2023

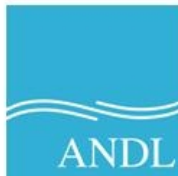
Lugar	Ano	Tempo final	Pts
1. Daniel Gomes, SANTOS 50m: 33.23 33.23 100m: 1:09.42 36.19	08 Nautico Marinha Grande	1:09.42	357
2. Rodrigo Santos, COUTINHO 50m: 31.66 31.66 100m: 1:09.45 37.79	08 Pimpoes/Cimai	1:09.45	357
3. Diogo Barata, ALVES 50m: 37.19 37.19 100m: 1:15.80 38.61	08 Nautico Marinha Grande	1:15.80	274
4. Frederico Costa, ANDRE 50m: 35.03 35.03 100m: 1:19.17 44.14	08 Nucleo de Ansião	1:19.17	241
5. Tiago Daniel, POVOA 50m: 40.80 40.80 100m: 1:25.30 44.50	08 Uniao Juncalense	1:25.30	192

Prova 35 Masc., 100m Estilos Juvenil B  
26/11/2023 - 10:56 Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019
Rec Nac JUV B	1:00.62	,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA 50m: 29.11 29.11 100m: 1:02.82 33.71	09 Ba-Leiria	1:02.82	482
2. Henrique Martins, JOAQUIM 50m: 29.86 29.86 100m: 1:05.33 35.47	09 CNLeiria	1:05.33	429
3. Santiago Agostinho, PARREIRA 50m: 29.44 29.44 100m: 1:05.42 35.98	09 Pimpoes/Cimai	1:05.42	427
4. Xinyang, CHENG 50m: 32.67 32.67 100m: 1:09.56 36.89	09 Nautico Marinha Grande	1:09.56	355
5. Santiago Marques, GOMES 50m: 33.39 33.39 100m: 1:09.90 36.51	09 Ba-Leiria	1:09.90	350



Campeonato Distrital de Piscina Curta  
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Prova 35, Masc., 100m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
6. Rodrigo Oliveira, SANTOS 50m: 35.39 35.39 100m: 1:13.48 38.09	09 Alcobaca	1:13.48	301
7. Pedro Blanc, CAPINHA 50m: 34.30 34.30 100m: 1:14.26 39.96	09 Óbidos	1:14.26	292
8. Tomas Bento, ANFILOQUIO 50m: 34.10 34.10 100m: 1:15.82 41.72	09 Pimpoes/Cimai	1:15.82	274
9. Luis Pedro, VALERIO 50m: 35.51 35.51 100m: 1:16.03 40.52	09 Ba-Leiria	1:16.03	272
10. Maksym, TYSHCHUK 50m: 37.36 37.36 100m: 1:19.83 42.47	09 Nautico Marinha Grande	1:19.83	235
11. Andre Guilherme, CORDEIRO 50m: 37.87 37.87 100m: 1:21.16 43.29	09 Naval de Peniche	1:21.16	223
12. Alexandre Afonso, SANTOS 50m: 44.05 44.05 100m: 1:32.95 48.90	09 Uniao Juncalense	1:32.95	149
DSQ Martim Alexandre, MESQUITA <i>O atleta realizou movimento vertical de pernas, durante o percurso de Braços.</i>	09 Nautico Marinha Grande		
DNS Gabriel Santiago, FERREIRA	09 Uniao Juncalense		

Prova 36

Femin., 4 x 100m Livres

Junior

26/11/2023 - 11:56

Resultados

Rec Nac Open	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04/12/2010
Rec Nac JUN	3:52.24	Clube dos Galitos / Bresimar	CGA	Leiria	28/11/2021

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. CNL JUN Leonor Vendima, COELHO Marta Cabete, GOMES	4:26.61 07 31.47 08 29.65	457 1:06.31 1:03.12
DNS URDJ JUN		

Prova 36

Femin., 4 x 100m Livres

Juvenil B

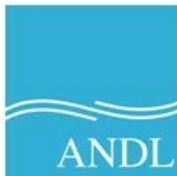
26/11/2023 - 11:56

Resultados

Rec Nac Open	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04/12/2010
Rec Nac 14 - 15	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	08/12/2019
Rec Nac JUV B	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	10/06/2019

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. CNPE JUV B Barbara Balbino, MENDES Rafaela Santos, AFONSO	4:37.39 10 34.72 10 31.23	406 1:13.59 1:05.56



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 37 Senior  
26/11/2023 - 12:02 Resultados

Masc., 4 x 100m Livres

Rec Nac Open	3:12.81	Sport Lisboa e Benfica	SLB	Leiria	11/12/2022
Rec Nac SEN	3:12.81	Sport Lisboa e Benfica	SLB	Leiria	11/12/2022

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL SEN	CNLeiria				3:37.26	595
Guilherme Silva, CASTANHEIRA	04	26.07	55.52	Bruno Pinto, DOMINGUES	00 26.66	54.75
Sebastian Fabricio, VILLACIS	01	25.92	54.53	Filipe Miguel, GOMES	97 25.09	52.46

Prova 37 Junior  
26/11/2023 - 12:02 Resultados

Masc., 4 x 100m Livres

Rec Nac Open	3:12.81	Sport Lisboa e Benfica	SLB	Leiria	11/12/2022
Rec Nac JUN	3:28.98	Sport Lisboa e Benfica	SLB	Felgueiras	23/12/2018

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL JUN	CNLeiria				3:37.65	591
Micael Dmitrievich, DENISOV	06	26.09	54.68	Goncalo Pereira, COLACO	07 26.27	54.28
Joao Moura, FRANCISCO	07	25.99	55.38	Afonso Dinis, ROQUE	07 25.45	53.31

4 - 2ª Jornada - 2ª sessão (tarde) 26/11/2023 - 15:45

Prova 38 Senior  
26/11/2023 - 15:45 Resultados

Masc., 4 x 50m Estilos

Rec Nac Open	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	10/12/2022
Rec Nac SEN	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	10/12/2022

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL SEN	CNLeiria				1:49.99	542
Bruno Filipe, TABORDA	95	+0,83	29.03	Sebastian Fabricio, VILLACIS	01	26.16
Filipe Miguel, GOMES	97		29.98	Guilherme Silva, CASTANHEIRA	04	24.82

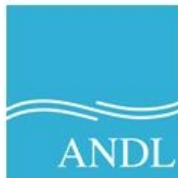
Prova 38 Junior  
26/11/2023 - 15:45 Resultados

Masc., 4 x 50m Estilos

Rec Nac Open	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	10/12/2022
Rec Nac JUN	1:44.33	Sporting Clube de Portugal	SCP	Felgueiras	21/12/2019

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL JUN	CNLeiria				1:50.45	536
Francisco Marques, SIMOES	07	+0,64	28.60	Joao Moura, FRANCISCO	07	25.79
Goncalo Pereira, COLACO	07		31.93	Micael Dmitrievich, DENISOV	06	24.13



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 39, Femin., 4 x 50m Estilos

Prova 39	Femin., 4 x 50m Estilos				Junior Resultados
26/11/2023 - 15:48					
Rec Nac Open	1:53.11	Sport Alges e Dafundo	SAD	Felgueiras	21/12/2019
Rec Nac JUN	1:56.40	Sport Alges e Dafundo	SAD	Felgueiras	22/12/2018

Pontos: FINA 2023

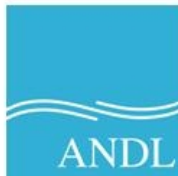
Lugar					Tempo final	Pts
1. CNL JUN	CNLeiria				2:14.81	437
Matilde Violante, VIANA	07	+0,73	35.04	Leonor Vendima, COELHO	07	31.65
Victoria Frogeri, PEREIRA	08		34.33	Marta Cabete, GOMES	08	33.79
2. URDJ JUN	Uniao Juncalense				2:37.74	273
Catarina Tagaroso, LOBO	07	+0,79	40.25	Constanca Carvalho, PIEDADE	08	35.78
Bruna Matos, FIALHO	08		42.20	Benedita Ferreira, MATIAS	08	39.51

Prova 40 Masc., 800m Livres Junior Resultados

Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	11/12/2015
Rec Nac 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts					
1. Leonardo Jose, CRUZ	07 Alcobaca				8:36.68	632					
50m:	28.13	28.13	250m:	2:35.84	32.43	450m:	4:46.73	32.92	650m:	6:59.03	33.13
100m:	59.35	31.22	300m:	3:08.26	32.42	500m:	5:19.69	32.96	700m:	7:32.32	33.29
150m:	1:31.31	31.96	350m:	3:40.91	32.65	550m:	5:52.73	33.04	750m:	8:05.08	32.76
200m:	2:03.41	32.10	400m:	4:13.81	32.90	600m:	6:25.90	33.17	800m:	8:36.68	31.60
2. Afonso Dinis, ROQUE	07 CNLeiria				8:45.06	602					
50m:	29.35	29.35	250m:	2:39.49	32.99	450m:	4:53.73	33.55	650m:	7:08.20	33.04
100m:	1:01.09	31.74	300m:	3:13.20	33.71	500m:	5:27.31	33.58	700m:	7:41.84	33.64
150m:	1:33.64	32.55	350m:	3:46.49	33.29	550m:	6:00.96	33.65	750m:	8:13.67	31.83
200m:	2:06.50	32.86	400m:	4:20.18	33.69	600m:	6:35.16	34.20	800m:	8:45.06	31.39
3. Francisco Xavier, RITA	07 Viegrense				8:45.58	600					
50m:	29.57	29.57	250m:	2:41.94	33.45	450m:	4:56.51	33.76	650m:	7:10.80	32.99
100m:	1:01.95	32.38	300m:	3:15.32	33.38	500m:	5:30.43	33.92	700m:	7:43.14	32.34
150m:	1:35.16	33.21	350m:	3:48.86	33.54	550m:	6:04.24	33.81	750m:	8:15.37	32.23
200m:	2:08.49	33.33	400m:	4:22.75	33.89	600m:	6:37.81	33.57	800m:	8:45.58	30.21
4. Jose Januario, MARQUES	07 Pimpoes/Cimai				9:23.94	486					
50m:	31.61	31.61	250m:	2:54.51	35.74	450m:	5:17.41	35.92	650m:	7:40.00	35.40
100m:	1:07.08	35.47	300m:	3:30.69	36.18	500m:	5:53.32	35.91	700m:	8:15.78	35.78
150m:	1:42.84	35.76	350m:	4:06.37	35.68	550m:	6:28.98	35.66	750m:	8:50.86	35.08
200m:	2:18.77	35.93	400m:	4:41.49	35.12	600m:	7:04.60	35.62	800m:	9:23.94	33.08
5. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré				11:08.37	292					
50m:	36.20	36.20	250m:	3:26.43	43.24	450m:	6:17.32	42.41	650m:	9:05.77	42.33
100m:	1:17.86	41.66	300m:	4:09.21	42.78	500m:	6:59.82	42.50	700m:	9:47.36	41.59
150m:	2:00.94	43.08	350m:	4:52.05	42.84	550m:	7:41.73	41.91	750m:	10:29.19	41.83
200m:	2:43.19	42.25	400m:	5:34.91	42.86	600m:	8:23.44	41.71	800m:	11:08.37	39.18
6. Andre Filipe, FERNANDES	07 Alcobaca				11:15.03	283					
50m:	35.42	35.42	250m:	3:21.45	42.19	450m:	6:14.06	42.99	650m:	9:06.38	43.78
100m:	1:15.33	39.91	300m:	4:04.73	43.28	500m:	6:56.45	42.39	700m:	9:50.34	43.96
150m:	1:56.41	41.08	350m:	4:48.46	43.73	550m:	7:39.52	43.07	750m:	10:32.82	42.48
200m:	2:39.26	42.85	400m:	5:31.07	42.61	600m:	8:22.60	43.08	800m:	11:15.03	42.21



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 40, Masc., 800m Livres

Prova 40 Masc., 800m Livres Juvenil A  
26/11/2023 - 16:12 Resultados

Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac JUV A	8:09.43	Rui Filipe, COSTA	VSC	Senhora da Hora	12/05/2007

Pontos: FINA 2023

Lugar			Ano								Tempo final	Pts
1.	Tome Nunes, TOME		08	CNLeiria							9:15.94	507
	50m:	30.32	30.32	250m:	2:49.88	35.92	450m:	5:13.04	35.43	650m:	7:35.04	35.29
	100m:	1:03.70	33.38	300m:	3:25.36	35.48	500m:	5:48.71	35.67	700m:	8:09.56	34.52
	150m:	1:38.52	34.82	350m:	4:01.81	36.45	550m:	6:24.15	35.44	750m:	8:43.64	34.08
	200m:	2:13.96	35.44	400m:	4:37.61	35.80	600m:	6:59.75	35.60	800m:	9:15.94	32.30
2.	Santiago Boica, SOUSA		08	Vieirense							9:16.19	506
	50m:	30.22	30.22	250m:	2:50.72	36.58	450m:	5:12.83	34.86	650m:	7:34.65	35.07
	100m:	1:03.53	33.31	300m:	3:26.13	35.41	500m:	5:48.39	35.56	700m:	8:09.44	34.79
	150m:	1:38.42	34.89	350m:	4:02.27	36.14	550m:	6:23.86	35.47	750m:	8:44.13	34.69
	200m:	2:14.14	35.72	400m:	4:37.97	35.70	600m:	6:59.58	35.72	800m:	9:16.19	32.06

Prova 40 Masc., 800m Livres Juvenil B  
26/11/2023 - 16:12 Resultados

Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac JUV B	8:25.99	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: FINA 2023

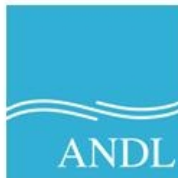
Lugar			Ano								Tempo final	Pts
1.	Santiago Jose, PACHECO		09	Alcobaca							9:53.31	417
	50m:	32.67	32.67	250m:	3:02.35	37.44	450m:	5:33.42	37.43	650m:	8:04.43	37.41
	100m:	1:09.83	37.16	300m:	3:40.30	37.95	500m:	6:11.11	37.69	700m:	8:41.83	37.40
	150m:	1:47.39	37.56	350m:	4:17.95	37.65	550m:	6:49.13	38.02	750m:	9:18.32	36.49
	200m:	2:24.91	37.52	400m:	4:55.99	38.04	600m:	7:27.02	37.89	800m:	9:53.31	34.99
2.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense							10:42.93	328
	50m:	34.47	34.47	250m:	3:13.54	40.21	450m:	5:54.16	39.81	650m:	8:40.35	42.18
	100m:	1:13.22	38.75	300m:	3:53.68	40.14	500m:	6:35.30	41.14	700m:	9:21.12	40.77
	150m:	1:53.29	40.07	350m:	4:34.33	40.65	550m:	7:16.93	41.63	750m:	10:02.22	41.10
	200m:	2:33.33	40.04	400m:	5:14.35	40.02	600m:	7:58.17	41.24	800m:	10:42.93	40.71

Prova 41 Femin., 1500m Livres Senior  
26/11/2023 - 16:35 Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac SEN	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019

Pontos: FINA 2023

Lugar			Ano								Tempo final	Pts
1.	Margarida Correia, MADEIRA		06	Nautico Marinha Grande							18:05.37	585
	50m:	32.70	32.70	450m:	5:19.39	36.38	850m:	10:10.10	36.29	1250m:	15:02.86	36.97
	100m:	1:07.37	34.67	500m:	5:55.69	36.30	900m:	10:46.85	36.75	1300m:	15:39.95	37.09
	150m:	1:42.54	35.17	550m:	6:31.70	36.01	950m:	11:23.33	36.48	1350m:	16:16.29	36.34
	200m:	2:18.16	35.62	600m:	7:07.66	35.96	1000m:	11:59.92	36.59	1400m:	16:52.78	36.49
	250m:	2:54.22	36.06	650m:	7:44.08	36.42	1050m:	12:36.61	36.69	1450m:	17:29.76	36.98
	300m:	3:30.14	35.92	700m:	8:20.51	36.43	1100m:	13:13.25	36.64	1500m:	18:05.37	35.61
	350m:	4:06.46	36.32	750m:	8:57.27	36.76	1150m:	13:49.82	36.57			
	400m:	4:43.01	36.55	800m:	9:33.81	36.54	1200m:	14:25.89	36.07			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 41, Femin., 1500m Livres, Senior

Lugar			Ano						Tempo final	Pts
2.	Joana Rosa, FERREIRA		05	CNLeiria					18:50.70	518
	50m:	32.68 32.68	450m:	5:27.43 37.70	850m:	10:33.74 38.41	1250m:	15:41.75 38.05		
	100m:	1:08.10 35.42	500m:	6:05.41 37.98	900m:	11:12.46 38.72	1300m:	16:20.16 38.41		
	150m:	1:44.23 36.13	550m:	6:43.49 38.08	950m:	11:51.23 38.77	1350m:	16:57.91 37.75		
	200m:	2:20.71 36.48	600m:	7:21.71 38.22	1000m:	12:29.89 38.66	1400m:	17:36.07 38.16		
	250m:	2:57.41 36.70	650m:	8:00.00 38.29	1050m:	13:08.45 38.56	1450m:	18:13.88 37.81		
	300m:	3:34.74 37.33	700m:	8:38.52 38.52	1100m:	13:47.24 38.79	1500m:	18:50.70 36.82		
	350m:	4:12.08 37.34	750m:	9:17.02 38.50	1150m:	14:25.48 38.24				
	400m:	4:49.73 37.65	800m:	9:55.33 38.31	1200m:	15:03.70 38.22				
3.	Ana Cláudia, FERREIRA		90	Alcobaca					19:03.53	501
	50m:	34.79 34.79	450m:	5:39.49 37.97	850m:	10:44.57 38.46	1250m:	15:52.68 38.58		
	100m:	1:12.58 37.79	500m:	6:17.49 38.00	900m:	11:22.89 38.32	1300m:	16:31.28 38.60		
	150m:	1:50.76 38.18	550m:	6:55.64 38.15	950m:	12:01.21 38.32	1350m:	17:09.60 38.32		
	200m:	2:29.02 38.26	600m:	7:33.40 37.76	1000m:	12:39.97 38.76	1400m:	17:47.60 38.00		
	250m:	3:07.28 38.26	650m:	8:11.62 38.22	1050m:	13:18.20 38.23	1450m:	18:25.74 38.14		
	300m:	3:45.42 38.14	700m:	8:49.60 37.98	1100m:	13:56.77 38.57	1500m:	19:03.53 37.79		
	350m:	4:23.37 37.95	750m:	9:27.61 38.01	1150m:	14:35.57 38.80				
	400m:	5:01.52 38.15	800m:	10:06.11 38.50	1200m:	15:14.10 38.53				

Prova 41

26/11/2023 - 16:35

Femin., 1500m Livres

Junior

Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac 17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11/12/2015
Rec Nac 16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19/12/2014

Pontos: FINA 2023

Lugar			Ano						Tempo final	Pts
1.	Matilde Violante, VIANA		07	CNLeiria					18:21.49	560
	50m:	32.68 32.68	450m:	5:22.71 36.53	850m:	10:17.06 36.45	1250m:	15:16.83 37.26		
	100m:	1:07.86 35.18	500m:	5:58.99 36.28	900m:	10:54.51 37.45	1300m:	15:54.06 37.23		
	150m:	1:43.81 35.95	550m:	6:35.86 36.87	950m:	11:32.29 37.78	1350m:	16:31.27 37.21		
	200m:	2:19.79 35.98	600m:	7:12.84 36.98	1000m:	12:09.70 37.41	1400m:	17:08.81 37.54		
	250m:	2:55.78 35.99	650m:	7:49.65 36.81	1050m:	12:47.26 37.56	1450m:	17:45.81 37.00		
	300m:	3:32.54 36.76	700m:	8:26.09 36.44	1100m:	13:24.88 37.62	1500m:	18:21.49 35.68		
	350m:	4:09.25 36.71	750m:	9:03.47 37.38	1150m:	14:02.19 37.31				
	400m:	4:46.18 36.93	800m:	9:40.61 37.14	1200m:	14:39.57 37.38				

Prova 41

26/11/2023 - 16:35

Femin., 1500m Livres

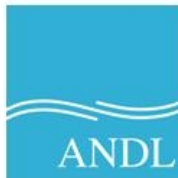
Juvenil A

Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac JUV A	16:54.39	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	16/03/2014

Pontos: FINA 2023

Lugar			Ano						Tempo final	Pts
1.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande					17:34.04	639
	50m:	31.33 31.33	450m:	5:13.15 35.48	850m:	9:56.11 35.21	1250m:	14:38.83 35.81		
	100m:	1:05.39 34.06	500m:	5:48.85 35.70	900m:	10:31.45 35.34	1300m:	15:14.81 35.98		
	150m:	1:40.61 35.22	550m:	6:24.27 35.42	950m:	11:06.77 35.32	1350m:	15:49.71 34.90		
	200m:	2:15.70 35.09	600m:	6:59.32 35.05	1000m:	11:42.49 35.72	1400m:	16:25.00 35.29		
	250m:	2:50.86 35.16	650m:	7:34.34 35.02	1050m:	12:17.17 34.68	1450m:	17:00.02 35.02		
	300m:	3:26.33 35.47	700m:	8:09.87 35.53	1100m:	12:53.11 35.94	1500m:	17:34.04 34.02		
	350m:	4:02.12 35.79	750m:	8:45.11 35.24	1150m:	13:27.74 34.63				
	400m:	4:37.67 35.55	800m:	9:20.90 35.79	1200m:	14:03.02 35.28				



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 41, Femin., 1500m Livres, Juvenil A

Lugar			Ano			Tempo final	Pts	
2.	Constanca Baptista, TOMAS		09	Alcobaca		18:58.83	507	
	50m:	33.26 33.26	450m:	5:34.04 37.56	850m:	10:39.23 37.57	1250m:	15:48.00 39.42
	100m:	1:09.81 36.55	500m:	6:12.01 37.97	900m:	11:17.90 38.67	1300m:	16:26.43 38.43
	150m:	1:47.27 37.46	550m:	6:49.97 37.96	950m:	11:56.29 38.39	1350m:	17:05.15 38.72
	200m:	2:24.93 37.66	600m:	7:28.59 38.62	1000m:	12:33.72 37.43	1400m:	17:44.28 39.13
	250m:	3:02.48 37.55	650m:	8:06.61 38.02	1050m:	13:12.51 38.79	1450m:	18:23.16 38.88
	300m:	3:40.29 37.81	700m:	8:45.03 38.42	1100m:	13:50.90 38.39	1500m:	18:58.83 35.67
	350m:	4:18.17 37.88	750m:	9:23.64 38.61	1150m:	14:29.75 38.85		
	400m:	4:56.48 38.31	800m:	10:01.66 38.02	1200m:	15:08.58 38.83		
3.	Clara Sobreiro, RODRIGUES		09	Pimpoes/Cimai		20:06.37	426	
	50m:	35.72 35.72	450m:	5:58.02 40.68	850m:	11:20.88 39.98	1250m:	16:45.91 40.82
	100m:	1:15.05 39.33	500m:	6:39.02 41.00	900m:	12:01.04 40.16	1300m:	17:26.64 40.73
	150m:	1:54.94 39.89	550m:	7:19.38 40.36	950m:	12:41.43 40.39	1350m:	18:07.40 40.76
	200m:	2:35.28 40.34	600m:	8:00.19 40.81	1000m:	13:21.96 40.53	1400m:	18:47.91 40.51
	250m:	3:15.55 40.27	650m:	8:40.28 40.09	1050m:	14:02.75 40.79	1450m:	19:27.95 40.04
	300m:	3:56.05 40.50	700m:	9:20.47 40.19	1100m:	14:43.47 40.72	1500m:	20:06.37 38.42
	350m:	4:36.82 40.77	750m:	10:00.48 40.01	1150m:	15:24.08 40.61		
	400m:	5:17.34 40.52	800m:	10:40.90 40.42	1200m:	16:05.09 41.01		

Prova 41 Femin., 1500m Livres Juvenil B Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac JUV B	17:17.43	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	30/06/2013

Pontos: FINA 2023

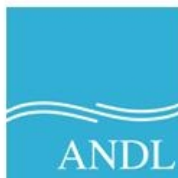
Lugar			Ano			Tempo final	Pts	
1.	Vida Sofia, VELEZ		10	Ba-Leiria		21:01.55	373	
	50m:	35.90 35.90	450m:	6:14.05 40.95	850m:	11:53.57 42.66	1250m:	17:34.31 43.38
	100m:	1:18.36 42.46	500m:	6:56.24 42.19	900m:	12:35.22 41.65	1300m:	18:17.08 42.77
	150m:	2:01.39 43.03	550m:	7:39.10 42.86	950m:	13:17.66 42.44	1350m:	19:00.37 43.29
	200m:	2:43.61 42.22	600m:	8:21.06 41.96	1000m:	13:59.17 41.51	1400m:	19:40.53 40.16
	250m:	3:25.94 42.33	650m:	9:03.93 42.87	1050m:	14:42.48 43.31	1450m:	20:21.56 41.03
	300m:	4:08.67 42.73	700m:	9:45.77 41.84	1100m:	15:25.97 43.49	1500m:	21:01.55 39.99
	350m:	4:51.68 43.01	750m:	10:28.38 42.61	1150m:	16:08.18 42.21		
	400m:	5:33.10 41.42	800m:	11:10.91 42.53	1200m:	16:50.93 42.75		

Prova 42 Masc., 100m Costas Senior Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac SEN	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Bruno Filipe, TABORDA		95	CNLeiria		1:03.84	433
	50m:	31.69 31.69	100m:	1:03.84 32.15			
DNS	Vitor Belo, CLARA		04	CNLeiria			



Campeonato Distrital de Piscina Curta  
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Prova 42, Masc., 100m Costas

Prova 42	Masc., 100m Costas				Junior Resultados
26/11/2023 - 17:00					
Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	05/12/2009
Rec Nac 17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	11/05/2014

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Francisco Marques, SIMOES	07	CNLeiria	1:00.72	504
50m: 29.69 29.69	100m: 1:00.72	31.03		
2. Goncalo Pereira, COLACO	07	CNLeiria	1:02.96	452
50m: 31.16 31.16	100m: 1:02.96	31.80		
3. Cristiano Nogueira, FERREIRA	06	Nucleo de Pombal	1:08.33	353
50m: 33.14 33.14	100m: 1:08.33	35.19		
4. Vasco Pedro, BRANCO	06	Naval da Nazaré	1:13.18	288
50m: 36.22 36.22	100m: 1:13.18	36.96		
5. Rafael, SANTOS	06	Uniao Juncalense	1:16.97	247
50m: 37.87 37.87	100m: 1:16.97	39.10		

Prova 42	Masc., 100m Costas				Juvenil A Resultados
26/11/2023 - 17:00					
Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac JUV A	56.34	Goncalo Carlos, AZEVEDO	CNMAIA	Felgueiras	22/04/2023

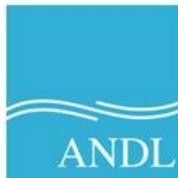
Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Gabriel Mota, PATRICIO	08	Vieirense	1:03.97	431
50m: 31.17 31.17	100m: 1:03.97	32.80		
2. Tome Nunes, TOME	08	CNLeiria	1:09.04	343
50m: 33.18 33.18	100m: 1:09.04	35.86		
3. Diogo Coelho, JORDAO	08	Uniao Juncalense	1:13.31	286
50m: 35.43 35.43	100m: 1:13.31	37.88		
4. Frederico Costa, ANDRE	08	Nucleo de Ansião	1:16.11	256
50m: 36.51 36.51	100m: 1:16.11	39.60		

Prova 42	Masc., 100m Costas				Juvenil B Resultados
26/11/2023 - 17:00					
Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac JUV B	57.36	Gustavo Carvalho, SILVA	ADA	Praia da Vitória	20/07/2019

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria	1:02.25	467
50m: 30.65 30.65	100m: 1:02.25	31.60		
2. Henrique Martins, JOAQUIM	09	CNLeiria	1:02.62	459
50m: 30.84 30.84	100m: 1:02.62	31.78		
3. Paulo, KOT	09	Nautico Marinha Grande	1:02.78	456
50m: 30.58 30.58	100m: 1:02.78	32.20		
4. Santiago Marques, GOMES	09	Ba-Leiria	1:10.63	320
50m: 34.44 34.44	100m: 1:10.63	36.19		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 42, Masc., 100m Costas, Juvenil B

Lugar					Ano		Tempo final	Pts
5.	Francisco Lourenco, CUSTODIO				09	Naval da Nazaré	1:12.43	297
	50m:	35.18	35.18	100m:	1:12.43	37.25		
6.	Pedro Fonseca, OLIVEIRA				09	Nautico Marinha Grande	1:13.02	289
	50m:	35.13	35.13	100m:	1:13.02	37.89		
7.	David Ferrador, PEREIRA				09	Nucleo de Pombal	1:13.95	279
	50m:	35.99	35.99	100m:	1:13.95	37.96		
8.	Luis Pedro, VALERIO				09	Ba-Leiria	1:14.48	273
	50m:	35.85	35.85	100m:	1:14.48	38.63		
9.	Andre Guilherme, CORDEIRO				09	Naval de Peniche	1:22.56	200
	50m:	39.96	39.96	100m:	1:22.56	42.60		
10.	Afonso Matos, CORREIA				09	Nucleo de Pombal	1:24.46	187
	50m:	40.96	40.96	100m:	1:24.46	43.50		
11.	Alexandre Afonso, SANTOS				09	Uniao Juncalense	1:27.66	167
	50m:	43.46	43.46	100m:	1:27.66	44.20		

Prova 43

Femin., 100m Costas

Senior

26/11/2023 - 17:08

Resultados

Rec Nac Open	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14/11/2021
Rec Nac SEN	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14/11/2021

Pontos: FINA 2023

Lugar					Ano		Tempo final	Pts
1.	Ines Mira, PINO				06	Pimpoes/Cimai	1:09.74	487
	50m:	34.14	34.14	100m:	1:09.74	35.60		
2.	Maria Francisca, FROIS				06	CNLeiria	1:11.50	452
	50m:	34.60	34.60	100m:	1:11.50	36.90		
3.	Beatriz Luz, MARTINS				06	Pimpoes/Cimai	1:16.94	363
	50m:	37.85	37.85	100m:	1:16.94	39.09		
4.	Flavia Mendes, DOMINGUES				06	Nucleo de Pombal	1:22.77	291
	50m:	40.87	40.87	100m:	1:22.77	41.90		
5.	Ana Luisa, RENDEIRO				06	Nucleo de Pombal	1:25.92	260
	50m:	41.62	41.62	100m:	1:25.92	44.30		
DNS	Carmen Amador, GIL				02	CNLeiria		

Prova 43

Femin., 100m Costas

Junior

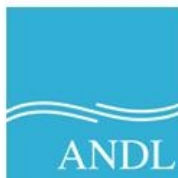
26/11/2023 - 17:08

Resultados

Rec Nac Open	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14/11/2021
Rec Nac 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	29/06/2019
Rec Nac 16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	08/12/2013

Pontos: FINA 2023

Lugar					Ano		Tempo final	Pts
1.	Camila Silva, CHAMUSCO				08	Pimpoes/Cimai	1:23.33	285
	50m:	40.93	40.93	100m:	1:23.33	42.40		
2.	Catarina Tagarros, LOBO				07	Uniao Juncalense	1:25.29	266
	50m:	41.43	41.43	100m:	1:25.29	43.86		
3.	Marta Cabete, GOMES				08	CNLeiria	1:27.49	246
	50m:	41.80	41.80	100m:	1:27.49	45.69		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 43, Femin., 100m Costas, Junior

Lugar	Ano	Tempo final	Pts
4. Sara Cristina, ALMEIDA	08 Benedita	1:31.97	212
50m: 45.29 45.29	100m: 1:31.97 46.68		

Prova 43 Femin., 100m Costas Juvenil A  
26/11/2023 - 17:08 Resultados

Rec Nac Open	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14/11/2021
Rec Nac JUV A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	17/12/2011

Pontos: FINA 2023

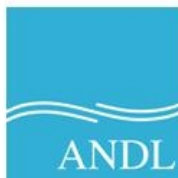
Lugar	Ano	Tempo final	Pts
1. Beatriz Belo, CLARA	09 CNLeiria	1:09.05	502
50m: 32.97 32.97	100m: 1:09.05 36.08		
2. Francisca Ramos, NUNES	09 Naval de Peniche	1:15.10	390
50m: 36.28 36.28	100m: 1:15.10 38.82		
3. Ana Margarida, MARQUES	09 Ba-Leiria	1:19.98	323
50m: 38.39 38.39	100m: 1:19.98 41.59		
4. Maria Margarida, OLIVEIRA	09 Ba-Leiria	1:20.92	312
50m: 39.34 39.34	100m: 1:20.92 41.58		
5. Maria Teresa, OLIVEIRA	09 Ba-Leiria	1:22.97	289
50m: 39.91 39.91	100m: 1:22.97 43.06		
6. Leonor Valerio, ADRIANO	09 Alcobaca	1:23.57	283
50m: 40.79 40.79	100m: 1:23.57 42.78		

Prova 43 Femin., 100m Costas Juvenil B  
26/11/2023 - 17:08 Resultados

Rec Nac Open	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14/11/2021
Rec Nac JUV B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	12/02/2011

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	1:10.50	471
50m: 34.71 34.71	100m: 1:10.50 35.79		
2. Diana Isabel, ALVES	10 Benedita	1:12.18	439
50m: 35.93 35.93	100m: 1:12.18 36.25		
3. Maria Carolina, ALVES	10 Ba-Leiria	1:16.73	366
50m: 36.66 36.66	100m: 1:16.73 40.07		
4. Barbara Balbino, MENDES	10 Naval de Peniche	1:16.83	364
50m: 36.96 36.96	100m: 1:16.83 39.87		
5. Debora Silva, INACIO	10 Pimpoes/Cimai	1:17.17	359
50m: 37.27 37.27	100m: 1:17.17 39.90		
6. Sofia Roma, BRIZIDA	10 Ba-Leiria	1:18.05	347
50m: 37.86 37.86	100m: 1:18.05 40.19		
7. Elisa Henriques, SOUTO	10 Óbidos	1:21.39	306
50m: 39.92 39.92	100m: 1:21.39 41.47		
8. Mariana Santos, AFONSO	10 Naval de Peniche	1:26.20	258
50m: 41.68 41.68	100m: 1:26.20 44.52		
9. Laura Coito, SILVA	10 Pimpoes/Cimai	1:28.84	235
50m: 43.21 43.21	100m: 1:28.84 45.63		



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 43, Femin., 100m Costas, Juvenil B

Lugar	Ano	Tempo final	Pts
10. Rafaela Santos, AFONSO	10 Naval de Peniche	1:30.22	225
50m: 43.40 43.40	100m: 1:30.22 46.82		
11. Mariana Sousa, OLIVEIRA	10 Alcobaca	1:30.93	219
50m: 44.57 44.57	100m: 1:30.93 46.36		

Prova 44

Masc., 50m Livres

Senior  
Resultados

26/11/2023 - 17:18

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac SEN	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	23.41	638
2. Sebastian Fabricio, VILLACIS	01 CNLeiria	25.07	520
3. David Ferreira, RELVAS	03 Nautico Marinha Grande	25.08	519
4. Guilherme Silva, CASTANHEIRA	04 CNLeiria	25.18	513
5. Bruno Pinto, DOMINGUES	00 CNLeiria	25.40	500
6. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	28.48	354
7. Bruno Belo, AGOSTINHO	05 Benedita	28.58	350
DNS Sandro Emanuel, FRANCISCO	99 Vieiraense		

Prova 44

Masc., 50m Livres

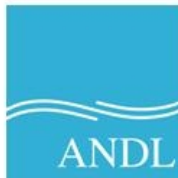
Junior  
Resultados

26/11/2023 - 17:18

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac 18	22.24	Miguel Duarte, NASCIMENTO	PORTIN	Porto	08/12/2012
Rec Nac 17	23.12	Tiago Andrade, MACHADO	SCA	Felgueiras	22/12/2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Micael Dmitrievich, DENISOV	06 CNLeiria	24.88	532
2. Joao Moura, FRANCISCO	07 CNLeiria	25.93	469
3. Vasco Pedro, BRANCO	06 Naval da Nazaré	26.25	452
4. Rafael, SANTOS	06 Uniao Juncalense	26.94	419
5. Joao, SU	06 Nucleo de Ansião	27.08	412
6. Edgar Francisco, SIMOES	06 Vieiraense	27.18	408
7. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	29.55	317
8. Andre Filipe, FERNANDES	07 Alcobaca	31.16	270
9. Joel Heber, SANTOS	06 Ba-Leiria	31.79	255



Campeonato Distrital de Piscina Curta  
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Prova 44, Masc., 50m Livres

Prova 44 Masc., 50m Livres Juvenil A  
26/11/2023 - 17:18 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac JUV A	23.83	Diogo Matos, RIBEIRO	CUC	Coimbra	02/02/2020

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieirense	25.37	501
2. Diogo Barata, ALVES	08 Nautico Marinha Grande	30.32	293
3. Tiago Daniel, POVOA	08 Uniao Juncalense	32.17	246

Prova 44 Masc., 50m Livres Juvenil B  
26/11/2023 - 17:18 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac JUV B	23.96	Diogo Gomes, SOUSA	CNCVG	Ponte de Sôr	13/12/2009

Pontos: FINA 2023

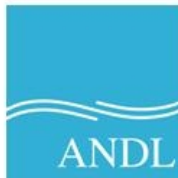
Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM	09 CNLeiria	25.73	481
2. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	26.79	426
3. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	27.16	408
4. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	28.50	353
5. Maksym, TYSHCHUK	09 Nautico Marinha Grande	29.11	332
6. David Ferrador, PEREIRA	09 Nucleo de Pombal	29.54	317
7. Pedro Blanc, CAPINHA	09 Óbidos	29.60	315
8. Isaac Arruda, SARAIVA	09 Vieirense	29.66	314
9. Tiago Eurico, CORREIA	09 Óbidos	30.06	301
10. Afonso Matos, CORREIA	09 Nucleo de Pombal	32.97	228
11. Andre Guilherme, CORDEIRO	09 Naval de Peniche	34.55	198

Prova 45 Femin., 50m Livres Senior  
26/11/2023 - 17:25 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac SEN	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Carolina Lourenco, MATOS	98 Benedita	29.01	493
2. Leonor Caetano, MOREIRA	06 Vieirense	29.08	490
3. Ana Francisca, SILVA	06 Alcobaca	29.59	465
4. Beatriz Silva, CONCEICAO	05 Benedita	30.35	431
5. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	31.72	377
6. Ana Sofia, FERREIRA	99 Pimpoes/Cimai	32.10	364
7. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	33.90	309
8. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	35.35	272
DNS Carmen Amador, GIL	02 CNLeiria		



Campeonato Distrital de Piscina Curta  
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Prova 45, Femin., 50m Livres

Prova 45	Femin., 50m Livres				Junior Resultados
26/11/2023 - 17:25					
Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac 17	25.42	Carolina Miranda, FERNANDES	CGA	Albufeira	14/11/2021
Rec Nac 16	26.07	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	18/07/2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Victoria Frogeri, PEREIRA	08 CNLeiria	28.25	534
2. Leonor Vendima, COELHO	07 CNLeiria	29.05	491
3. Diana Rita, FONSECA	08 Vieiraense	30.63	419
4. Carolina Ferreira, FONSECA	07 Vieiraense	31.06	402
5. Matilde Andre, LUIS	08 Alcobaca	31.59	382
6. Marta Cabete, GOMES	08 CNLeiria	33.22	328
7. Constanca Carvalho, PIEDADE	08 Uniao Juncalense	33.55	319
8. Bruna Matos, FIALHO	08 Uniao Juncalense	33.66	316
9. Sara Cristina, ALMEIDA	08 Benedita	37.71	224
10. Benedita Ferreira, MATIAS	08 Uniao Juncalense	38.38	213
11. Juliana Coelho, MOREIRA	07 Uniao Juncalense	44.98	132

Prova 45	Femin., 50m Livres				Juvenil A Resultados
26/11/2023 - 17:25					
Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac JUV A	26.37	Carolina Miranda, FERNANDES	CGA	Albufeira	09/11/2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	29.51	469
2. Beatriz Belo, CLARA	09 CNLeiria	29.68	461
3. Zofie, PACHECO	09 Naval de Peniche	29.78	456
4. Teresa Maria, LOPES	09 Benedita	29.91	450
5. Mariana Sousa, MARQUES	09 Alcobaca	30.76	414
6. Clara Sobreiro, RODRIGUES	09 Pimpoes/Cimai	30.96	406
7. Anjali, RAICAR	09 Naval de Peniche	31.34	391
8. Sara Ines, SOUSA	09 Ba-Leiria	31.93	370
9. Ana Margarida, MARQUES	09 Ba-Leiria	32.77	342

Prova 45	Femin., 50m Livres				Juvenil B Resultados
26/11/2023 - 17:25					
Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac JUV B	26.85	Ana Margarida, GUEDES	GCVR	Bragança	05/07/2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Debora Silva, INACIO	10 Pimpoes/Cimai	30.72	415
2. Leonor Silva, MARTINS	10 Óbidos	30.89	409
3. Bianca Balbino, MENDES	10 Naval de Peniche	30.90	408
4. Barbara Balbino, MENDES	10 Naval de Peniche	31.07	401
5. Diana Isabel, ALVES	10 Benedita	31.65	380
6. Leonor Pereira, SILVA	10 Óbidos	32.14	363
7. Matilde Filipa, AMADO	10 Nautico Marinha Grande	32.75	343
8. Laura Samora, GONCALVES	10 Ba-Leiria	33.91	309
9. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	34.56	292
10. Constanca Rolim, PEDRO	10 Ba-Leiria	34.80	286



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 45, Femin., 50m Livres, Juvenil B

Lugar	Ano	Tempo final	Pts
11. Anastasia, STURZA	10 Uniao Juncalense	44.67	135

Prova 46

Masc., 100m Bruços

Senior

26/11/2023 - 17:30

Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac SEN	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Filipe Miguel, GOMES 50m: 31.84 31.84 100m: 1:06.67 34.83	97 CNLeiria	1:06.67	570
2. Bruno Pinto, DOMINGUES 50m: 33.50 33.50 100m: 1:09.33 35.83	00 CNLeiria	1:09.33	506
3. Francisco Xavier, TOMAS 50m: 33.60 33.60 100m: 1:10.82 37.22	00 Alcobaca	1:10.82	475
4. Joao Guilherme, VIEIRA 50m: 34.30 34.30 100m: 1:12.97 38.67	93 Pimpoes/Cimai	1:12.97	434
5. Diogo Vicente, SILVA 50m: 34.96 34.96 100m: 1:14.29 39.33	98 Nautico Marinha Grande	1:14.29	412
6. Bruno Filipe, TABORDA 50m: 35.68 35.68 100m: 1:14.67 38.99	95 CNLeiria	1:14.67	405
7. Bruno Belo, AGOSTINHO 50m: 36.85 36.85 100m: 1:17.29 40.44	05 Benedita	1:17.29	365

Prova 46

Masc., 100m Bruços

Junior

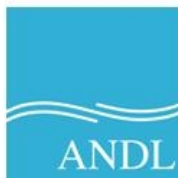
26/11/2023 - 17:30

Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac 18	1:01.25	Pedro Miguel, AGOSTINHO	SCP	S. António Cavaleiros	19/12/2009
Rec Nac 17	1:02.99	Andre Goncalo, SANTOS	LSC	Felgueiras	21/12/2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisco Marques, SIMOES 50m: 32.62 32.62 100m: 1:08.28 35.66	07 CNLeiria	1:08.28	530
2. Leonardo Jose, CRUZ 50m: 32.96 32.96 100m: 1:08.89 35.93	07 Alcobaca	1:08.89	516
3. Bernardo Nunes, DOMINGUEZ 50m: 34.03 34.03 100m: 1:10.88 36.85	07 Ba-Leiria	1:10.88	474
4. Gil Santos, LEMOS 50m: 35.38 35.38 100m: 1:14.61 39.23	06 Pimpoes/Cimai	1:14.61	406
5. Joao, SU 50m: 35.10 35.10 100m: 1:15.81 40.71	06 Nucleo de Ansião	1:15.81	387
6. Luca Valentino, TONA 50m: 36.98 36.98 100m: 1:17.86 40.88	06 Pimpoes/Cimai	1:17.86	357
7. Gabriel Lourenco, CUSTODIO 50m: 41.08 41.08 100m: 1:27.46 46.38	06 Naval da Nazaré	1:27.46	252



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 46, Masc., 100m Bruços

Prova 46	Masc., 100m Bruços				Juvenil A
26/11/2023 - 17:30					Resultados
Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac JUV A	1:03.25	Ricardo Samuel, PEREIRA	SLB	Algés	13/07/2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande		1:15.75	388
	50m: 35.09 35.09	100m: 1:15.75		40.66			
2.	Gabriel Mota, PATRICIO		08	Vieirense		1:15.96	385
	50m: 35.61 35.61	100m: 1:15.96		40.35			
3.	Diogo Coelho, JORDAO		08	Uniao Juncalense		1:20.49	323
	50m: 38.09 38.09	100m: 1:20.49		42.40			
4.	Antonio Quitarrio, ANASTACIO		08	Benedita		1:27.50	252
	50m: 40.80 40.80	100m: 1:27.50		46.70			
5.	Frederico Costa, ANDRE		08	Nucleo de Ansião		1:31.23	222
	50m: 41.96 41.96	100m: 1:31.23		49.27			
6.	Tiago Daniel, POVOA		08	Uniao Juncalense		1:33.06	209
	50m: 43.06 43.06	100m: 1:33.06		50.00			

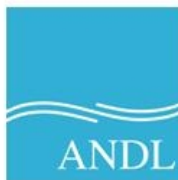
Prova 46	Masc., 100m Bruços				Juvenil B
26/11/2023 - 17:30					Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac JUV B	1:04.20	Rafael Miguel, MIMOSO	SLB	Algés	16/06/2022

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria		1:13.22	430
	50m: 35.79 35.79	100m: 1:13.22		37.43			
2.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai		1:13.47	425
	50m: 35.07 35.07	100m: 1:13.47		38.40			
3.	Santiago Marques, GOMES		09	Ba-Leiria		1:15.62	390
	50m: 35.76 35.76	100m: 1:15.62		39.86			
4.	Xinyang, CHENG		09	Nautico Marinha Grande		1:15.86	386
	50m: 35.65 35.65	100m: 1:15.86		40.21			
5.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai		1:17.38	364
	50m: 36.78 36.78	100m: 1:17.38		40.60			
6.	Rodrigo Oliveira, SANTOS		09	Alcobaca		1:23.97	285
	50m: 39.45 39.45	100m: 1:23.97		44.52			
7.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande		1:24.17	283
	50m: 40.33 40.33	100m: 1:24.17		43.84			
8.	Isaac Arruda, SARAIVA		09	Vieirense		1:29.99	231
	50m: 42.20 42.20	100m: 1:29.99		47.79			
9.	Alexandre Afonso, SANTOS		09	Uniao Juncalense		1:45.93	142
	50m: 49.76 49.76	100m: 1:45.93		56.17			

DSQ Pedro Fonseca, OLIVEIRA 09 Nautico Marinha Grande  
*O atleta efetuou mais do que um movimento vertical de pernas, ap+os a partida e viragens dos 50 e 75 metros.*



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 47 Femin., 100m Bruços Senior Resultados  
26/11/2023 - 17:40

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04/12/2021
Rec Nac SEN	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04/12/2021

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	Margarida Correia, MADEIRA	06	Nautico Marinha Grande		1:16.38	544
	50m: 36.69 36.69	100m: 1:16.38	39.69			
2.	Joana Rosa, FERREIRA	05	CNLeiria		1:18.27	505
	50m: 37.29 37.29	100m: 1:18.27	40.98			
	Maria Francisca, FROIS	06	CNLeiria		1:18.27	505
	50m: 36.99 36.99	100m: 1:18.27	41.28			
4.	Carolina Lourenco, MATOS	98	Benedita		1:19.00	491
	50m: 37.42 37.42	100m: 1:19.00	41.58			
5.	Beatriz Silva, CONCEICAO	05	Benedita		1:29.32	340
	50m: 41.64 41.64	100m: 1:29.32	47.68			

Prova 47 Femin., 100m Bruços Junior Resultados  
26/11/2023 - 17:40

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04/12/2021
Rec Nac 17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	09/12/2016
Rec Nac 16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	13/12/2009

Pontos: FINA 2023

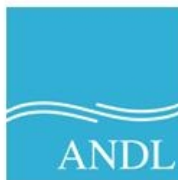
Lugar			Ano		Tempo final	Pts
1.	Rita Rocha, SILVA	08	Alcobaca		1:22.08	438
	50m: 38.75 38.75	100m: 1:22.08	43.33			
2.	Carolina Ferreira, FONSECA	07	Vieirense		1:28.35	351
	50m: 41.38 41.38	100m: 1:28.35	46.97			
3.	Matilde Monteiro, NEVES	08	Nucleo de Pombal		1:31.78	313
	50m: 43.91 43.91	100m: 1:31.78	47.87			
4.	Matilde Santos, COUTINHO	07	Naval da Nazaré		1:33.39	297
	50m: 43.79 43.79	100m: 1:33.39	49.60			
5.	Catarina Tagaroso, LOBO	07	Uniao Juncalense		1:34.75	285
	50m: 44.60 44.60	100m: 1:34.75	50.15			
6.	Bruna Matos, FIALHO	08	Uniao Juncalense		1:35.84	275
	50m: 45.82 45.82	100m: 1:35.84	50.02			

Prova 47 Femin., 100m Bruços Juvenil A Resultados  
26/11/2023 - 17:40

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04/12/2021
Rec Nac JUV A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	13/03/2004

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	Maria Teresa, OLIVEIRA	09	Ba-Leiria		1:20.47	465
	50m: 38.05 38.05	100m: 1:20.47	42.42			
2.	Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande		1:21.46	448
	50m: 37.98 37.98	100m: 1:21.46	43.48			
3.	Constanca Baptista, TOMAS	09	Alcobaca		1:23.76	412
	50m: 40.31 40.31	100m: 1:23.76	43.45			



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 47, Femin., 100m Bruços, Juvenil A

Lugar	Ano	Tempo final	Pts
4. Maria Margarida, OLIVEIRA 50m: 40.16 40.16 100m: 1:24.86 44.70	09 Ba-Leiria	1:24.86	396
5. Zofie, PACHECO 50m: 39.67 39.67 100m: 1:24.94 45.27	09 Naval de Peniche	1:24.94	395

Prova 47 Femin., 100m Bruços Juvenil B  
26/11/2023 - 17:40 Resultados

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04/12/2021
Rec Nac JUV B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003

Pontos: FINA 2023

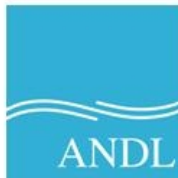
Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA 50m: 39.86 39.86 100m: 1:23.74 43.88	10 Ba-Leiria	1:23.74	412
2. Matilde Santos, VIEIRA 50m: 42.36 42.36 100m: 1:28.24 45.88	10 Nautico Marinha Grande	1:28.24	352
3. Laura Helena, AMORIM 50m: 42.25 42.25 100m: 1:28.82 46.57	10 Nautico Marinha Grande	1:28.82	346
4. Elisa Henriques, SOUTO 50m: 42.06 42.06 100m: 1:29.10 47.04	10 Óbidos	1:29.10	342
5. Maria Carolina, ALVES 50m: 41.46 41.46 100m: 1:29.43 47.97	10 Ba-Leiria	1:29.43	339
6. Bianca Balbino, MENDES 50m: 42.63 42.63 100m: 1:30.38 47.75	10 Naval de Peniche	1:30.38	328
7. Mariana Santos, AFONSO 50m: 44.82 44.82 100m: 1:34.54 49.72	10 Naval de Peniche	1:34.54	286
8. Rafaela Santos, AFONSO 50m: 45.20 45.20 100m: 1:37.47 52.27	10 Naval de Peniche	1:37.47	261
9. Laura Coito, SILVA 50m: 50.20 50.20 100m: 1:44.81 54.61	10 Pimpoes/Cimai	1:44.81	210

Prova 48 Masc., 400m Estilos Juvenil A  
26/11/2023 - 17:50 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Rec Nac JUV A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13/12/2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY 50m: 30.14 30.14 150m: 1:42.38 38.64 250m: 3:03.01 43.24 350m: 4:19.13 33.51 100m: 1:03.74 33.60 200m: 2:19.77 37.39 300m: 3:45.62 42.61 400m: 4:50.59 31.46	08 Pimpoes/Cimai	4:50.59	527
2. Tiago Santos, POMBO 50m: 31.61 31.61 150m: 1:50.90 42.18 250m: 3:16.14 46.12 350m: 4:36.20 33.84 100m: 1:08.72 37.11 200m: 2:30.02 39.12 300m: 4:02.36 46.22 400m: 5:08.03 31.83	08 Alcobaca	5:08.03	442
3. Rodrigo Santos, COUTINHO 50m: 33.37 33.37 150m: 1:52.83 40.81 250m: 3:21.23 48.38 350m: 4:46.05 36.47 100m: 1:12.02 38.65 200m: 2:32.85 40.02 300m: 4:09.58 48.35 400m: 5:21.00 34.95	08 Pimpoes/Cimai	5:21.00	391



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 48, Masc., 400m Estilos, Juvenil A

Lugar	Ano		Tempo final		Pts	
4. Antonio Quiterio, ANASTACIO	08	Benedita	5:41.50		325	
50m: 35.64 35.64	150m: 2:04.49	45.89	250m: 3:37.60	48.82	350m: 5:04.78	38.28
100m: 1:18.60 42.96	200m: 2:48.78	44.29	300m: 4:26.50	48.90	400m: 5:41.50	36.72

Prova 48 Masc., 400m Estilos Juvenil B  
26/11/2023 - 17:50 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Rec Nac JUV B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21/03/2003

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts	
1. Paulo, KOT	09	Nautico Marinha Grande	4:52.85		515	
50m: 31.52 31.52	150m: 1:46.36	38.21	250m: 3:06.98	43.12	350m: 4:22.25	32.27
100m: 1:08.15 36.63	200m: 2:23.86	37.50	300m: 3:49.98	43.00	400m: 4:52.85	30.60
2. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	4:55.98		499	
50m: 30.61 30.61	150m: 1:45.87	39.82	250m: 3:07.24	42.69	350m: 4:23.48	33.59
100m: 1:06.05 35.44	200m: 2:24.55	38.68	300m: 3:49.89	42.65	400m: 4:55.98	32.50
3. Santiago Jose, PACHECO	09	Alcobaca	5:48.91		304	
50m: 40.50 40.50	150m: 2:14.06	43.33	250m: 3:46.07	49.46	350m: 5:13.15	38.27
100m: 1:30.73 50.23	200m: 2:56.61	42.55	300m: 4:34.88	48.81	400m: 5:48.91	35.76
4. Luis Pedro, VALERIO	09	Ba-Leiria	5:56.32		286	
50m: 36.12 36.12	150m: 2:05.98	45.19	250m: 3:44.11	53.96	350m: 5:17.06	38.87
100m: 1:20.79 44.67	200m: 2:50.15	44.17	300m: 4:38.19	54.08	400m: 5:56.32	39.26

DSQ Tomas Bento, ANFILOQUIO 09 Pimpoes/Cimai  
*Após a viragem dos 150 metros, o atleta saiu da parede, na posição ventral*

Prova 49 Misto, 4 x 100m Livres Seniores Misto  
26/11/2023 - 18:49 Resultados

Rec Nac Open	3:38.72	Futebol Clube do Porto	FCP	Felgueiras	14/11/2021
Rec Nac SEN	3:38.72	Futebol Clube do Porto	FCP	Felgueiras	14/11/2021
Rec Nac JUN	3:41.33	Clube dos Galitos / Bresimar	CGA	Gafanha da Nazaré	15/05/2022

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. CNL SEN		CNLeiria	3:55.39		561
<i>Recorde Distrital Seniores Misto.</i>					
Sebastian Fabricio, VILLACIS	01	26.68	55.43	Maria Francisca, FROIS	06 30.19 1:02.95
Guilherme Silva, CASTANHEIRA	04	25.65	55.42	Joana Rosa, FERREIRA	05 29.53 1:01.59
2. SIRP SEN		Pimpoes/Cimai	4:15.03		441
Joao Guilherme, VIEIRA	93	29.62	1:02.23	Beatriz Luz, MARTINS	06 31.31 1:05.78
Simao Mortagua, TEIXEIRA	05	31.61	1:06.64	Ines Mira, PINO	06 28.76 1:00.38



Campeonato Distrital de Piscina Curta  
Leiria, 25 - 26/11/2023

Prova 49, Misto, 4 x 100m Livres

Prova 49 26/11/2023 - 18:49	Misto, 4 x 100m Livres				Juniores Misto Resultados
Rec Nac Open	3:38.72	Futebol Clube do Porto	FCP	Felgueiras	14/11/2021
Rec Nac SEN	3:38.72	Futebol Clube do Porto	FCP	Felgueiras	14/11/2021
Rec Nac JUN	3:41.33	Clube dos Galitos / Bresimar	CGA	Gafanha da Nazaré	15/05/2022
Rec Nac JUV A	3:55.90	Clube Naval Praia da Vitoria	CNPV	Praia da Vitoria	15/02/2020
Rec Nac 14 - 16	3:51.93	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Leiria	22/06/2019

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNAL JUN	Alcobaca				4:18.74	422
<i>Recorde Distrital Juniores Misto.</i>						
Leonardo Jose, CRUZ	07	26.90	55.27	Rita Rocha, SILVA	08	31.71
Matilde Andre, LUIS	08	32.77	1:08.29	Andre Filipe, FERNANDES	07	32.45
DSQ CNL JUN	CNLeiria					
<i>A 4ª atleta não cumpriu com o regulamento.</i>						
Micael Dmitrievich, DENISOV	06	26.33	55.40	Leonor Vendima, COELHO	07	
Goncalo Pereira, COLACO	07	27.27	56.20	Victoria Frogeri, PEREIRA	08	
DSQ CNL JUN	CNLeiria					
<i>As 3ª e 4ª atletas não cumpriram com o regulamento da prova.</i>						
Afonso Dinis, ROQUE	07	25.79	53.65	Marta Cabete, GOMES	08	
Joao Moura, FRANCISCO	07	26.58	56.70	Matilde Violante, VIANA	07	