

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

1 - 1ª Jornada - 1ª sessão (manhã)

02/03/2024 - 9:00

Prova 1 Misto, 4 x 50m Livres Absolutos Mistos (JUN + SEN)
02/03/2024 - 9:00 Resultados

Rec Nac Open		???			
Rec Nac SEN		???			
Rec Nac JUN		???			
Rec Nac JUV A	1:55.10	Seleção de Leiria		Guarda	2024
Rec Nac JUV		???			

Pontos: FINA 2023

Lugar				Tempo final	Pts
1. CNL ABS		CNLeiria		1:46.17	556
	Sebastian Fabricio, VILLACIS	01	24.89	Leonor Vendima, COELHO	07
	Filipe Miguel, GOMES	97	23.66	Maria Francisca, FROIS	06
					28.49
					29.13

Prova 1 Misto, 4 x 50m Livres Juvenis Mistos (A+B)
02/03/2024 - 9:00 Resultados

Rec Nac Open		???			
Rec Nac JUN		???			
Rec Nac JUV A	1:55.10	Seleção de Leiria		Guarda	2024
Rec Nac JUV		???			
Rec Nac JUV B		???			
Rec Nac INF A		???			
Rec Nac 12 - 14		???			

Pontos: FINA 2023

Lugar				Tempo final	Pts
1. SIRP JUV		Pimpoes/Cimai		1:51.08	485
	Diana Isabel, ALVES	10	30.39	Tomas Bento, ANFILOQUIO	09
	Santiago Agostinho, PARREIRA	09	24.51	Debora Silva, INACIO	10
					26.90
					29.28

Prova 1 Misto, 4 x 50m Livres Infantil A Misto
02/03/2024 - 9:00 Resultados

Rec Nac Open		???			
Rec Nac JUV		???			
Rec Nac JUV B		???			
Rec Nac INF A		???			
Rec Nac 12 - 14		???			
Rec Nac INF B		???			

Pontos: FINA 2023

Lugar				Tempo final	Pts
1. SIRP INF A		Pimpoes/Cimai		2:01.29	373
	Gabriel Krempel, VARELA	10	30.74	Maria Joao, VALA	11
	Mafalda Teles, SOUSA	11	30.84	Guilherme Costa, REBELO	10
					32.42
					27.29
2. DNMG INF A		Nautico Marinha Grande		2:02.49	362
	Joao Piteira, GAIOLAS	10	30.49	Leonor Mota, ALVES	11
	Beatriz Marques, GASPAR	11	31.08	Simao Sousa, JESUS	10
					31.00
					29.92

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 1, Misto, 4 x 50m Livres

Prova 1	Misto, 4 x 50m Livres	Infantil B Misto
02/03/2024 - 9:00		Resultados
Rec Nac Open	???	
Rec Nac INF A	???	
Rec Nac 12 - 14	???	
Rec Nac INF B	???	

Pontos: FINA 2023

Lugar			Tempo final	Pts
1.	DNMG INF B <i>Recorde Distrital Inf. B Misto</i>	Nautico Marinha Grande	2:11.70	291
	Vidar Albert, JUNG	11 29.68	Emma , AVRAMESCU	12 35.09
	Valeria, MORITS	12 35.15	Pedro Pereira, OLIVEIRA	11 31.78
DSQ	URDJ INF B <i>Falsa Rendição do 4º Atleta</i>	Uniao Juncalense		
	Simão Pedro, MARQUES	11 37.45	Maria Antonia, VAZAO	12 42.03
	Rita Alexandra, JORDAO	12 39.02	Gabriel Marques, CARREIRA	11
EXH	OC EXTRA	Óbidos	2:12.27	287
	Elisa Henriques, SOUTO	10 29.91	Leonor Pereira, SILVA	10 30.23
	Rayan Gava, ALVES	95 31.88	Eduardo Martim, CARMO	11 40.25

Prova 2
02/03/2024 - 9:05

Femin., 800m Livres

Absolutos (JUN+SEN)
Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	2019
Rec Nac SEN	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	2019
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	2014

Pontos: FINA 2023

Lugar		Ano		Tempo final	Pts
1.	Margarida Correia, MADEIRA	06	Nautico Marinha Grande	9:26.70	597
	50m: 32.73 32.73	250m: 2:54.76	35.96 450m: 5:17.86	35.21 650m: 7:39.99	35.76
	100m: 1:07.68 34.95	300m: 3:30.65	35.89 500m: 5:53.19	35.33 700m: 8:15.85	35.86
	150m: 1:43.24 35.56	350m: 4:06.74	36.09 550m: 6:28.60	35.41 750m: 8:51.49	35.64
	200m: 2:18.80 35.56	400m: 4:42.65	35.91 600m: 7:04.23	35.63 800m: 9:26.70	35.21
2.	Matilde Violante, VIANA	07	CNLeiria	9:31.11	584
	50m: 32.24 32.24	250m: 2:53.02	35.69 450m: 5:17.17	36.23 650m: 7:42.65	36.76
	100m: 1:06.73 34.49	300m: 3:28.66	35.64 500m: 5:53.09	35.92 700m: 8:19.06	36.41
	150m: 1:41.91 35.18	350m: 4:04.79	36.13 550m: 6:29.44	36.35 750m: 8:55.47	36.41
	200m: 2:17.33 35.42	400m: 4:40.94	36.15 600m: 7:05.89	36.45 800m: 9:31.11	35.64
3.	Carolina Ferreira, FONSECA	07	Vieirense	10:57.51	382
	50m: 34.72 34.72	250m: 3:16.23	41.20 450m: 6:03.41	42.33 650m: 8:53.58	42.31
	100m: 1:14.23 39.51	300m: 3:57.41	41.18 500m: 6:45.87	42.46 700m: 9:36.04	42.46
	150m: 1:54.24 40.01	350m: 4:39.11	41.70 550m: 7:28.59	42.72 750m: 10:18.11	42.07
	200m: 2:35.03 40.79	400m: 5:21.08	41.97 600m: 8:11.27	42.68 800m: 10:57.51	39.40
4.	Matilde Santos, COUTINHO	07	Naval da Nazaré	11:51.08	302
	50m: 36.75 36.75	250m: 3:31.92	44.95 450m: 6:33.36	45.75 650m: 9:36.60	45.17
	100m: 1:18.46 41.71	300m: 4:16.92	45.00 500m: 7:19.78	46.42 700m: 10:22.17	45.57
	150m: 2:02.65 44.19	350m: 5:02.17	45.25 550m: 8:06.00	46.22 750m: 11:06.97	44.80
	200m: 2:46.97 44.32	400m: 5:47.61	45.44 600m: 8:51.43	45.43 800m: 11:51.08	44.11
5.	Catarina Tagaroso, LOBO	07	Uniao Juncalense	11:53.13	300
	50m: 36.92 36.92	250m: 3:35.32	45.53 450m: 6:38.16	45.39 650m: 9:40.56	45.84
	100m: 1:19.69 42.77	300m: 4:21.04	45.72 500m: 7:23.97	45.81 700m: 10:25.65	45.09
	150m: 2:04.76 45.07	350m: 5:07.15	46.11 550m: 8:09.35	45.38 750m: 11:11.15	45.50
	200m: 2:49.79 45.03	400m: 5:52.77	45.62 600m: 8:54.72	45.37 800m: 11:53.13	41.98

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 2, Femin., 800m Livres

Prova 2
02/03/2024 - 9:05

Femin., 800m Livres

Juvenis Femininos (A+B)

Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	2019
Rec Nac JUV A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	1980

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande				9:23.85	607		
	50m:	31.89 31.89	250m:	2:52.53	35.85	450m:	5:14.30	35.01	650m:	7:37.57	35.34
	100m:	1:06.33 34.44	300m:	3:28.10	35.57	500m:	5:50.14	35.84	700m:	8:13.31	35.74
	150m:	1:41.04 34.71	350m:	4:03.73	35.63	550m:	6:26.34	36.20	750m:	8:49.19	35.88
	200m:	2:16.68 35.64	400m:	4:39.29	35.56	600m:	7:02.23	35.89	800m:	9:23.85	34.66
2.	Constanca Baptista, TOMAS		09	Alcobaca				9:37.89	563		
	50m:	32.09 32.09	250m:	2:57.59	36.66	450m:	5:22.59	36.70	650m:	7:50.30	36.97
	100m:	1:07.77 35.68	300m:	3:34.00	36.41	500m:	5:59.44	36.85	700m:	8:26.88	36.58
	150m:	1:44.32 36.55	350m:	4:10.20	36.20	550m:	6:36.50	37.06	750m:	9:03.01	36.13
	200m:	2:20.93 36.61	400m:	4:45.89	35.69	600m:	7:13.33	36.83	800m:	9:37.89	34.88
3.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande				10:00.81	501		
	50m:	34.00 34.00	250m:	3:04.23	38.07	450m:	5:35.07	37.63	650m:	8:06.30	37.88
	100m:	1:11.07 37.07	300m:	3:42.03	37.80	500m:	6:13.02	37.95	700m:	8:44.62	38.32
	150m:	1:48.44 37.37	350m:	4:19.82	37.79	550m:	6:50.53	37.51	750m:	9:23.30	38.68
	200m:	2:26.16 37.72	400m:	4:57.44	37.62	600m:	7:28.42	37.89	800m:	10:00.81	37.51
4.	Bianca Balbino, MENDES		10	Naval de Peniche				10:04.82	491		
	50m:	34.43 34.43	250m:	3:03.86	37.96	450m:	5:34.99	37.88	650m:	8:08.70	38.67
	100m:	1:10.75 36.32	300m:	3:41.72	37.86	500m:	6:13.41	38.42	700m:	8:47.89	39.19
	150m:	1:48.13 37.38	350m:	4:19.38	37.66	550m:	6:51.56	38.15	750m:	9:26.66	38.77
	200m:	2:25.90 37.77	400m:	4:57.11	37.73	600m:	7:30.03	38.47	800m:	10:04.82	38.16
5.	Vida Sofia, VELEZ		10	Ba-Leiria				10:24.16	447		
	50m:	34.66 34.66	250m:	3:12.43	39.57	450m:	5:50.99	40.56	650m:	8:28.90	39.64
	100m:	1:12.93 38.27	300m:	3:51.26	38.83	500m:	6:30.22	39.23	700m:	9:06.82	37.92
	150m:	1:51.92 38.99	350m:	4:30.68	39.42	550m:	7:09.90	39.68	750m:	9:45.51	38.69
	200m:	2:32.86 40.94	400m:	5:10.43	39.75	600m:	7:49.26	39.36	800m:	10:24.16	38.65

Prova 3
02/03/2024 - 9:28

Masc., 1500m Livres

Absolutos (Jun+Sen)

Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	2009

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Francisco Xavier, RITA		07	Vieirense				16:53.90	582		
	50m:	30.14 30.14	450m:	4:59.87	35.00	850m:	9:36.14	34.39	1250m:	14:07.87	34.08
	100m:	1:02.53 32.39	500m:	5:33.94	34.07	900m:	10:10.54	34.40	1300m:	14:41.94	34.07
	150m:	1:35.59 33.06	550m:	6:08.29	34.35	950m:	10:44.89	34.35	1350m:	15:14.85	32.91
	200m:	2:09.08 33.49	600m:	6:42.71	34.42	1000m:	11:18.76	33.87	1400m:	15:48.91	34.06
	250m:	2:42.79 33.71	650m:	7:17.07	34.36	1050m:	11:52.65	33.89	1450m:	16:22.03	33.12
	300m:	3:16.49 33.70	700m:	7:52.12	35.05	1100m:	12:26.67	34.02	1500m:	16:53.90	31.87
	350m:	3:50.36 33.87	750m:	8:26.87	34.75	1150m:	13:00.20	33.53			
	400m:	4:24.87 34.51	800m:	9:01.75	34.88	1200m:	13:33.79	33.59			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 3, Masc., 1500m Livres, Absolutos (Jun+Sen)

Lugar			Ano					Tempo final	Pts			
2.	Afonso Dinis, ROQUE		07	CNLeiria				17:24.62	532			
	50m:	29.90	29.90	450m:	5:02.80	34.36	850m:	9:42.40	35.71	1250m:	14:27.09	35.93
	100m:	1:02.49	32.59	500m:	5:37.37	34.57	900m:	10:17.85	35.45	1300m:	15:03.37	36.28
	150m:	1:36.10	33.61	550m:	6:12.00	34.63	950m:	10:53.13	35.28	1350m:	15:39.13	35.76
	200m:	2:10.31	34.21	600m:	6:47.09	35.09	1000m:	11:28.53	35.40	1400m:	16:14.74	35.61
	250m:	2:44.86	34.55	650m:	7:21.73	34.64	1050m:	12:03.98	35.45	1450m:	16:50.06	35.32
	300m:	3:19.34	34.48	700m:	7:56.60	34.87	1100m:	12:39.83	35.85	1500m:	17:24.62	34.56
	350m:	3:53.79	34.45	750m:	8:31.55	34.95	1150m:	13:15.56	35.73			
	400m:	4:28.44	34.65	800m:	9:06.69	35.14	1200m:	13:51.16	35.60			
3.	Simao Mortagua, TEIXEIRA		05	Pimpoes/Cimai				21:34.13	280			
	50m:	33.79	33.79	450m:	6:10.13	43.21	850m:	12:01.24	44.23	1250m:	17:59.68	44.85
	100m:	1:11.43	37.64	500m:	6:53.39	43.26	900m:	12:46.13	44.89	1300m:	18:44.55	44.87
	150m:	1:51.88	40.45	550m:	7:37.00	43.61	950m:	13:31.01	44.88	1350m:	19:28.87	44.32
	200m:	2:34.30	42.42	600m:	8:20.33	43.33	1000m:	14:14.81	43.80	1400m:	20:12.24	43.37
	250m:	3:17.32	43.02	650m:	9:04.60	44.27	1050m:	14:59.16	44.35	1450m:	20:55.56	43.32
	300m:	3:59.72	42.40	700m:	9:48.58	43.98	1100m:	15:44.45	45.29	1500m:	21:34.13	38.57
	350m:	4:42.81	43.09	750m:	10:33.40	44.82	1150m:	16:29.47	45.02			
	400m:	5:26.92	44.11	800m:	11:17.01	43.61	1200m:	17:14.83	45.36			

Prova 3 Masc., 1500m Livres Juvenis Masculinos (A+B)
02/03/2024 - 9:28 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	2007
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	2023

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Paulo, KOT		09	Nautico Marinha Grande				16:46.12	596			
	50m:	29.35	29.35	450m:	4:56.06	34.07	850m:	9:28.77	33.93	1250m:	14:00.60	33.77
	100m:	1:01.23	31.88	500m:	5:29.75	33.69	900m:	10:02.64	33.87	1300m:	14:34.83	34.23
	150m:	1:34.14	32.91	550m:	6:04.09	34.34	950m:	10:36.65	34.01	1350m:	15:08.42	33.59
	200m:	2:07.53	33.39	600m:	6:38.03	33.94	1000m:	11:10.11	33.46	1400m:	15:42.26	33.84
	250m:	2:41.09	33.56	650m:	7:12.22	34.19	1050m:	11:44.22	34.11	1450m:	16:15.84	33.58
	300m:	3:14.13	33.04	700m:	7:46.43	34.21	1100m:	12:18.60	34.38	1500m:	16:46.12	30.28
	350m:	3:47.80	33.67	750m:	8:20.62	34.19	1150m:	12:52.40	33.80			
	400m:	4:21.99	34.19	800m:	8:54.84	34.22	1200m:	13:26.83	34.43			
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				17:07.30	560			
	50m:	30.29	30.29	450m:	5:08.13	35.24	850m:	9:47.36	34.42	1250m:	14:20.90	34.22
	100m:	1:03.91	33.62	500m:	5:42.75	34.62	900m:	10:21.86	34.50	1300m:	14:54.92	34.02
	150m:	1:38.57	34.66	550m:	6:17.81	35.06	950m:	10:56.19	34.33	1350m:	15:27.99	33.07
	200m:	2:13.53	34.96	600m:	6:52.97	35.16	1000m:	11:29.90	33.71	1400m:	16:01.84	33.85
	250m:	2:48.29	34.76	650m:	7:28.15	35.18	1050m:	12:04.28	34.38	1450m:	16:35.75	33.91
	300m:	3:23.07	34.78	700m:	8:03.31	35.16	1100m:	12:38.77	34.49	1500m:	17:07.30	31.55
	350m:	3:57.84	34.77	750m:	8:38.02	34.71	1150m:	13:12.81	34.04			
	400m:	4:32.89	35.05	800m:	9:12.94	34.92	1200m:	13:46.68	33.87			
3.	Santiago Boica, SOUSA		08	Vieirense				17:34.75	517			
	50m:	30.35	30.35	450m:	5:09.32	35.28	850m:	9:48.98	34.99	1250m:	14:36.08	35.99
	100m:	1:03.95	33.60	500m:	5:44.44	35.12	900m:	10:24.35	35.37	1300m:	15:12.17	36.09
	150m:	1:38.89	34.94	550m:	6:18.70	34.26	950m:	10:59.61	35.26	1350m:	15:48.15	35.98
	200m:	2:13.60	34.71	600m:	6:53.70	35.00	1000m:	11:35.23	35.62	1400m:	16:23.10	34.95
	250m:	2:48.92	35.32	650m:	7:28.93	35.23	1050m:	12:12.12	36.89	1450m:	16:59.61	36.51
	300m:	3:23.99	35.07	700m:	8:04.23	35.30	1100m:	12:49.44	37.32	1500m:	17:34.75	35.14
	350m:	3:59.10	35.11	750m:	8:38.43	34.20	1150m:	13:24.15	34.71			
	400m:	4:34.04	34.94	800m:	9:13.99	35.56	1200m:	14:00.09	35.94			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 3, Masc., 1500m Livres, Juvenis Masculinos (A+B)

Lugar			Ano					Tempo final	Pts			
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande				18:14.90	462			
	50m:	31.35	31.35	450m:	5:24.67	36.29	850m:	10:20.28	37.29	1250m:	15:14.01	36.75
	100m:	1:06.45	35.10	500m:	6:01.34	36.67	900m:	10:57.11	36.83	1300m:	15:49.87	35.86
	150m:	1:43.23	36.78	550m:	6:38.15	36.81	950m:	11:33.98	36.87	1350m:	16:26.77	36.90
	200m:	2:20.48	37.25	600m:	7:14.93	36.78	1000m:	12:10.31	36.33	1400m:	17:03.37	36.60
	250m:	2:57.22	36.74	650m:	7:52.10	37.17	1050m:	12:46.19	35.88	1450m:	17:40.21	36.84
	300m:	3:34.55	37.33	700m:	8:29.64	37.54	1100m:	13:24.09	37.90	1500m:	18:14.90	34.69
	350m:	4:11.99	37.44	750m:	9:06.03	36.39	1150m:	14:00.44	36.35			
	400m:	4:48.38	36.39	800m:	9:42.99	36.96	1200m:	14:37.26	36.82			
5.	Tome Nunes, TOME		08	CNLeiria				18:19.44	457			
	50m:	31.58	31.58	450m:	5:22.55	36.56	850m:	10:16.41	37.36	1250m:	15:15.95	38.10
	100m:	1:06.63	35.05	500m:	5:59.87	37.32	900m:	10:53.86	37.45	1300m:	15:53.95	38.00
	150m:	1:43.07	36.44	550m:	6:36.94	37.07	950m:	11:31.09	37.23	1350m:	16:31.32	37.37
	200m:	2:19.12	36.05	600m:	7:13.51	36.57	1000m:	12:08.73	37.64	1400m:	17:08.45	37.13
	250m:	2:55.67	36.55	650m:	7:49.77	36.26	1050m:	12:45.75	37.02	1450m:	17:43.79	35.34
	300m:	3:32.53	36.86	700m:	8:26.54	36.77	1100m:	13:23.91	38.16	1500m:	18:19.44	35.65
	350m:	4:09.38	36.85	750m:	9:02.46	35.92	1150m:	14:00.55	36.64			
	400m:	4:45.99	36.61	800m:	9:39.05	36.59	1200m:	14:37.85	37.30			
6.	Santiago Jose, PACHECO		09	Alcobaca				18:37.35	435			
	50m:	31.68	31.68	450m:	5:34.57	37.57	850m:	10:37.32	37.48	1250m:	15:36.22	37.31
	100m:	1:07.71	36.03	500m:	6:12.51	37.94	900m:	11:14.54	37.22	1300m:	16:13.55	37.33
	150m:	1:45.67	37.96	550m:	6:50.33	37.82	950m:	11:52.76	38.22	1350m:	16:49.60	36.05
	200m:	2:23.73	38.06	600m:	7:28.71	38.38	1000m:	12:30.13	37.37	1400m:	17:26.57	36.97
	250m:	3:02.42	38.69	650m:	8:06.30	37.59	1050m:	13:07.28	37.15	1450m:	18:03.43	36.86
	300m:	3:40.46	38.04	700m:	8:44.14	37.84	1100m:	13:44.16	36.88	1500m:	18:37.35	33.92
	350m:	4:18.84	38.38	750m:	9:21.87	37.73	1150m:	14:21.53	37.37			
	400m:	4:57.00	38.16	800m:	9:59.84	37.97	1200m:	14:58.91	37.38			
7.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				18:58.72	411			
	50m:	32.01	32.01	450m:	5:32.75	38.34	850m:	10:41.53	38.86	1250m:	15:50.78	39.35
	100m:	1:07.81	35.80	500m:	6:11.04	38.29	900m:	11:19.84	38.31	1300m:	16:29.31	38.53
	150m:	1:44.47	36.66	550m:	6:49.25	38.21	950m:	11:58.92	39.08	1350m:	17:07.06	37.75
	200m:	2:21.81	37.34	600m:	7:27.59	38.34	1000m:	12:37.82	38.90	1400m:	17:44.40	37.34
	250m:	2:59.73	37.92	650m:	8:06.03	38.44	1050m:	13:16.66	38.84	1450m:	18:22.43	38.03
	300m:	3:37.62	37.89	700m:	8:45.15	39.12	1100m:	13:55.13	38.47	1500m:	18:58.72	36.29
	350m:	4:16.02	38.40	750m:	9:23.91	38.76	1150m:	14:33.61	38.48			
	400m:	4:54.41	38.39	800m:	10:02.67	38.76	1200m:	15:11.43	37.82			
8.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense				19:29.13	380			
	50m:	32.75	32.75	450m:	5:39.69	39.01	850m:	10:55.77	39.55	1250m:	16:13.26	40.02
	100m:	1:09.15	36.40	500m:	6:19.04	39.35	900m:	11:35.26	39.49	1300m:	16:52.84	39.58
	150m:	1:46.88	37.73	550m:	6:58.72	39.68	950m:	12:14.46	39.20	1350m:	17:32.14	39.30
	200m:	2:25.32	38.44	600m:	7:37.76	39.04	1000m:	12:54.01	39.55	1400m:	18:11.62	39.48
	250m:	3:03.57	38.25	650m:	8:16.92	39.16	1050m:	13:34.54	40.53	1450m:	18:51.44	39.82
	300m:	3:42.33	38.76	700m:	8:57.12	40.20	1100m:	14:13.81	39.27	1500m:	19:29.13	37.69
	350m:	4:21.34	39.01	750m:	9:36.73	39.61	1150m:	14:53.42	39.61			
	400m:	5:00.68	39.34	800m:	10:16.22	39.49	1200m:	15:33.24	39.82			
9.	Maksym, TYSHCHUK		09	Nautico Marinha Grande				20:38.70	319			
	50m:	34.30	34.30	450m:	6:01.77	41.81	850m:	11:37.24	42.14	1250m:	17:17.28	42.09
	100m:	1:12.95	38.65	500m:	6:43.50	41.73	900m:	12:20.36	43.12	1300m:	18:00.12	42.84
	150m:	1:53.13	40.18	550m:	7:25.33	41.83	950m:	13:02.36	42.00	1350m:	18:39.34	39.22
	200m:	2:33.70	40.57	600m:	8:07.90	42.57	1000m:	13:45.28	42.92	1400m:	19:20.56	41.22
	250m:	3:14.96	41.26	650m:	8:49.31	41.41	1050m:	14:27.40	42.12	1450m:	20:02.10	41.54
	300m:	3:56.33	41.37	700m:	9:30.19	40.88	1100m:	15:10.47	43.07	1500m:	20:38.70	36.60
	350m:	4:38.39	42.06	750m:	10:13.02	42.83	1150m:	15:51.71	41.24			
	400m:	5:19.96	41.57	800m:	10:55.10	42.08	1200m:	16:35.19	43.48			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 4
02/03/2024 - 10:25

Femin., 50m Costas

Absolutos (JUN+SEN)
Resultados

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	2021
Rec Nac SEN	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	2021
Rec Nac 17	28.22	Camila Rodrigues, REBELO	ALN	Felgueiras	2019
Rec Nac 16	28.42	Ines Camacho, FERNANDES	SCP	Porto	2012

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Lara Roque, COTRIM	03 Pimpoes/Cimai	31.85	498
2. Ana Francisca, SILVA	06 Alcobaca	32.39	473
3. Bruna Andreia, SIMOES	01 Vieiraense	33.87	414
4. Beatriz Luz, MARTINS	06 Pimpoes/Cimai	35.56	358
5. Diana Rita, FONSECA	08 Vieiraense	35.91	347
6. Beatriz Silva, CONCEICAO	05 Benedita	37.15	313
7. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	38.20	288
8. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	38.66	278
9. Marta Cabete, GOMES	08 CNLeiria	38.92	273
10. Matilde Santos, COUTINHO	07 Naval da Nazaré	38.96	272
11. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	39.87	254
12. Sara Cristina, ALMEIDA	08 Benedita	40.86	235
13. Bruna Matos, FIALHO	08 Uniao Juncalense	42.73	206

Prova 4
02/03/2024 - 10:25

Femin., 50m Costas

Juvenis Femininos (A+B)
Resultados

Rec Nac Open	27.33	Rafaela Gomes, AZEVEDO	SAD	Albufeira	2021
Rec Nac JUV A	29.69	tempo limite,			
Rec Nac JUV B	30.50	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA	10 Ba-Leiria	34.21	402
2. Debora Silva, INACIO	10 Pimpoes/Cimai	34.58	389
3. Elisa Henriques, SOUTO	10 Óbidos	36.48	331
4. Maria Margarida, OLIVEIRA	09 Ba-Leiria	36.70	325
5. Matilde Filipa, AMADO	10 Nautico Marinha Grande	36.95	319
6. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	37.37	308
7. Maria Teresa, OLIVEIRA	09 Ba-Leiria	37.66	301
8. Leonor Valerio, ADRIANO	09 Alcobaca	37.99	293
9. Ines Ferreira, CHELEU	09 Ba-Leiria	38.54	281
10. Mariana Sousa, OLIVEIRA	10 Alcobaca	40.75	237
DNS Beatriz Belo, CLARA	09 CNLeiria		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 5		Masc., 50m Costas			Absolutos (Jun+Sen)	
02/03/2024 - 10:31					Resultados	
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac SEN	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac SEN	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac 18	25.01	Alexis Manacas, SANTOS	SCP	Leiria	2009	
Rec Nac 17	25.37	Gabriel Jose, LOPES	CDL	Coimbra	2014	

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Goncalo Pereira, COLACO	07 CNLeiria	28.43	470
2. Bruno Filipe, TABORDA	95 CNLeiria	28.75	454
3. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	30.72	372
4. David Parreiras, PEREIRA	06 CNLeiria	31.43	348
5. Rafael, SANTOS	06 Uniao Juncalense	33.60	284
6. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	35.32	245
7. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	36.96	214
8. Joel Heber, SANTOS	06 Ba-Leiria	38.84	184
9. Dinis Lourenco, COSTA	07 Benedita	47.21	102
DNS Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal		

Prova 5		Masc., 50m Costas			Juenis Masculinos (A+B)	
02/03/2024 - 10:31					Resultados	
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac Open	23.35	Alexis Manacas, SANTOS	POR	Abu Dhabi (UAE)	2021	
Rec Nac JUV A	26.26	tempo limite,				
Rec Nac JUV B	26.43	tempo limite,				

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	26.83	559
2. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	28.71	456
3. Henrique Martins, JOAQUIM	09 CNLeiria	28.82	451
4. Gabriel Mota, PATRICIO	08 Vieirense	29.51	420
5. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	31.24	354
6. Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande	32.29	321
7. Xinyang, CHENG	09 Nautico Marinha Grande	32.48	315
8. Luis Pedro, VALERIO	09 Ba-Leiria	32.82	305
9. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	33.29	292
10. Afonso Matos, CORREIA	09 Nucleo de Pombal	34.80	256
11. Diogo Coelho, JORDAO	08 Uniao Juncalense	35.17	248
12. Alexandre Afonso, SANTOS	09 Uniao Juncalense	36.54	221
13. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	36.94	214
14. Andre Guilherme, CORDEIRO	09 Naval de Peniche	37.71	201
15. Tiago Mota, ESTEVES	08 Pimpoes/Cimai	39.14	180

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 6 Femin., 200m Mariposa Absolutos (JUN+SEN)
02/03/2024 - 10:40 Resultados

Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac SEN	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac 17	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	2009
Rec Nac 16	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	1996

Pontos: FINA 2023

Lugar	Ano		Tempo final					Pts
1. Luana Pinto, DOMINGUES	03	CNLeiria	2:29.90	508				
50m: 33.60 33.60	100m: 1:10.78	37.18	150m: 1:49.46	38.68	200m: 2:29.90	40.44		
2. Bruna Andreia, SIMOES	01	Vieirense	2:36.82	443				
50m: 34.13 34.13	100m: 1:13.00	38.87	150m: 1:54.19	41.19	200m: 2:36.82	42.63		
3. Maria Francisca, FROIS	06	CNLeiria	2:45.66	376				
50m: 33.62 33.62	100m: 1:13.46	39.84	150m: 1:58.88	45.42	200m: 2:45.66	46.78		
4. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	2:48.60	357				
50m: 35.37 35.37	100m: 1:17.58	42.21	150m: 2:03.48	45.90	200m: 2:48.60	45.12		
5. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	3:23.92	201				
50m: 41.01 41.01	100m: 1:30.50	49.49	150m: 2:24.36	53.86	200m: 3:23.92	59.56		
DNS Matilde Andre, LUIS	08	Alcobaca						

Prova 6 Femin., 200m Mariposa Juvenis Femininos (A+B)
02/03/2024 - 10:40 Resultados

Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac JUV A	2:17.51	Raquel Maria, FELGUEIRAS	SCB	Algés	1995
Rec Nac JUV B	2:18.29	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano		Tempo final					Pts
1. Mariana Sousa, MARQUES	09	Alcobaca	2:43.51	391				
50m: 34.78 34.78	100m: 1:15.04	40.26	150m: 2:00.03	44.99	200m: 2:43.51	43.48		
2. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	2:46.62	369				
50m: 36.37 36.37	100m: 1:19.28	42.91	150m: 2:03.32	44.04	200m: 2:46.62	43.30		
3. Diana Isabel, ALVES	10	Pimpoes/Cimai	2:47.69	362				
50m: 37.16 37.16	100m: 1:21.31	44.15	150m: 2:05.44	44.13	200m: 2:47.69	42.25		
4. Ana Margarida, MARQUES	09	Ba-Leiria	2:51.67	338				
50m: 35.45 35.45	100m: 1:18.36	42.91	150m: 2:05.60	47.24	200m: 2:51.67	46.07		
5. Laura Samora, GONCALVES	10	Ba-Leiria	3:03.94	274				
50m: 38.95 38.95	100m: 1:25.64	46.69	150m: 2:15.21	49.57	200m: 3:03.94	48.73		

Prova 6 Femin., 200m Mariposa Infantil A
02/03/2024 - 10:40 Resultados

Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac INF A	2:20.28	Carolina Miranda, FERNANDES	CGA	Condeixa	2018

Pontos: FINA 2023

Lugar	Ano		Tempo final					Pts
1. Francisca Moreira, FELICIANO	11	Alcobaca	2:49.77	349				
50m: 36.64 36.64	100m: 1:19.92	43.28	150m: 2:04.93	45.01	200m: 2:49.77	44.84		
2. Maria Leonor, ALMEIDA	11	Benedita	2:58.78	299				
50m: 37.57 37.57	100m: 1:21.14	43.57	150m: 2:08.60	47.46	200m: 2:58.78	50.18		
3. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	2:59.00	298				
50m: 37.35 37.35	100m: 1:22.85	45.50	150m: 2:11.00	48.15	200m: 2:59.00	48.00		
4. Maria Joao, VALA	11	Pimpoes/Cimai	3:00.20	292				
50m: 39.38 39.38	100m: 1:26.16	46.78	150m: 2:13.74	47.58	200m: 3:00.20	46.46		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 6, Femin., 200m Mariposa, Infantil A

Lugar	Ano	Tempo final	Pts
5. Carlota Sa, SANTOS 50m: 39.91 39.91 100m: 1:26.26 46.35 150m: 2:14.21 47.95 200m: 3:00.85 46.64	11 Nucleo de Pombal	3:00.85	289
6. Mafalda Teles, SOUSA 50m: 39.10 39.10 100m: 1:26.02 46.92 150m: 2:15.43 49.41 200m: 3:04.88 49.45	11 Pimpoes/Cimai	3:04.88	270
7. Erica Felix, RODRIGUES 50m: 45.77 45.77 100m: 1:42.07 56.30 150m: 2:45.79 1:03.72 200m: 3:47.82 1:02.03	11 Uniao Juncalense	3:47.82	144

Prova 6 Femin., 200m Mariposa Infantil B
02/03/2024 - 10:40 Resultados

Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac INF B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Algés	1992

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA 50m: 40.03 40.03 100m: 1:27.82 47.79 150m: 2:17.71 49.89 200m: 3:01.52 43.81	12 Pimpoes/Cimai	3:01.52	286
2. Emiliana Arruda, SARAIVA 50m: 40.32 40.32 100m: 1:30.84 50.52 150m: 2:25.45 54.61 200m: 3:19.97 54.52	12 Vieiraense	3:19.97	213
3. Yaroslava, TABUNSCHYK 50m: 48.15 48.15 100m: 1:48.35 1:00.20 150m: 2:51.35 1:03.00 200m: 3:53.69 1:02.34	12 CNLeiria	3:53.69	134

Prova 7 Masc., 200m Mariposa Absolutos (Jun+Sen)
02/03/2024 - 10:54 Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac SEN	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac 18	1:58.64	Diogo Filipe, CARVALHO	CGA	Tomar	2005
Rec Nac 17	1:59.93	Diogo Filipe, CARVALHO	CGA	Mealhada	2005

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS 50m: 28.53 28.53 100m: 1:00.35 31.82 150m: 1:32.48 32.13 200m: 2:06.66 34.18	03 Nautico Marinha Grande	2:06.66	600
2. Joao Moura, FRANCISCO 50m: 28.08 28.08 100m: 59.64 31.56 150m: 1:32.14 32.50 200m: 2:06.92 34.78	07 CNLeiria	2:06.92	596
3. Edgar Francisco, SIMOES 50m: 30.82 30.82 100m: 1:06.02 35.20 150m: 1:42.45 36.43 200m: 2:21.46 39.01	06 Vieiraense	2:21.46	430

Prova 7 Masc., 200m Mariposa Juvenis Masculinos (A+B)
02/03/2024 - 10:54 Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac JUV A	2:03.38	Diogo Parrilha da, SILVA	CNAL	Alcobaça	2009
Rec Nac JUV B	2:06.17	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA 50m: 28.84 28.84 100m: 1:01.42 32.58 150m: 1:36.39 34.97 200m: 2:12.18 35.79	09 Ba-Leiria	2:12.18	528
2. Mikhael, ONUTSKYY 50m: 30.58 30.58 100m: 1:04.97 34.39 150m: 1:40.18 35.21 200m: 2:15.70 35.52	08 Pimpoes/Cimai	2:15.70	488
3. Guilherme Meireles, MARRAZES 50m: 31.15 31.15 100m: 1:06.45 35.30 150m: 1:42.11 35.66 200m: 2:17.92 35.81	09 Nautico Marinha Grande	2:17.92	464

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 7, Masc., 200m Mariposa, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
4. Tiago Santos, POMBO 50m: 30.76 30.76 100m: 1:05.63 34.87 150m: 1:42.19 36.56 200m: 2:19.60 37.41	08 Alcobaca	2:19.60	448
5. Paulo, KOT 50m: 31.46 31.46 100m: 1:09.33 37.87 150m: 1:48.81 39.48 200m: 2:28.32 39.51	09 Nautico Marinha Grande	2:28.32	373
6. Santiago Marques, GOMES 50m: 33.49 33.49 100m: 1:12.99 39.50 150m: 1:53.33 40.34 200m: 2:32.48 39.15	09 Ba-Leiria	2:32.48	344
7. Tomas Bento, ANFILOQUIO 50m: 34.26 34.26 100m: 1:14.49 40.23 150m: 1:55.33 40.84 200m: 2:40.97 45.64	09 Pimpoes/Cimai	2:40.97	292

Prova 7 Masc., 200m Mariposa Infantil A
02/03/2024 - 10:54 Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac INF A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Antonio Antunes, JORGE 50m: 31.68 31.68 100m: 1:07.76 36.08 150m: 1:45.81 38.05 200m: 2:24.26 38.45	10 Alcobaca	2:24.26	406
2. Guilherme Costa, REBELO 50m: 34.56 34.56 100m: 1:14.70 40.14 150m: 1:54.89 40.19 200m: 2:33.72 38.83	10 Pimpoes/Cimai	2:33.72	335
3. Guilherme Rodrigues, CABRAL 50m: 35.31 35.31 100m: 1:16.60 41.29 150m: 1:59.81 43.21 200m: 2:40.65 40.84	10 Pimpoes/Cimai	2:40.65	294
4. Francisco Lourenco, PEDROSA 50m: 35.88 35.88 100m: 1:16.77 40.89 150m: 1:59.99 43.22 200m: 2:41.22 41.23	10 Nautico Marinha Grande	2:41.22	291
5. Joao Piteira, GAIOLAS 50m: 36.09 36.09 100m: 1:18.20 42.11 150m: 2:00.91 42.71 200m: 2:44.87 43.96	10 Nautico Marinha Grande	2:44.87	272
6. Tomas Marques, FRANCISCO 50m: 35.81 35.81 100m: 1:17.02 41.21 150m: 2:00.32 43.30 200m: 2:45.04 44.72	10 CNLeiria	2:45.04	271
7. David Xavier, ALMEIDA 50m: 33.11 33.11 100m: 1:14.62 41.51 150m: 1:59.30 44.68 200m: 2:46.81 47.51	10 Ba-Leiria	2:46.81	262
DSQ Rodolfo Junior, ALECRIM <i>O atleta não tocou com as duas mãos na parede nas viragens aos 50, 100 e 150 metros.</i>	10 CNLeiria		
DNS Rodrigo Cardoso, TOMAS	10 Uniao Juncalense		

Prova 7 Masc., 200m Mariposa Infantil B
02/03/2024 - 10:54 Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac INF B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazaré	2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA 50m: 36.87 36.87 100m: 1:20.14 43.27 150m: 2:09.18 49.04 200m: 2:59.93 50.75	11 Ba-Leiria	2:59.93	209
2. Martim Duarte, ROQUE 50m: 40.83 40.83 100m: 1:30.56 49.73 150m: 2:20.26 49.70 200m: 3:09.64 49.38	11 CNLeiria	3:09.64	178
3. Martim Cruz, MOURA 50m: 39.11 39.11 100m: 1:27.25 48.14 150m: 2:19.39 52.14 200m: 3:10.38 50.99	11 CNLeiria	3:10.38	176

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 8
02/03/2024 - 11:26

Femin., 100m Livres

Absolutos (JUN+SEN)
Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac SEN	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	2021
Rec Nac 16	56.72	Ana Reis, SOUSA	CNLA	Porto	2017

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	Joana Rosa, FERREIRA		05	CNLeiria	1:00.33	577
	50m: 29.21 29.21	100m: 1:00.33		31.12		
2.	Ines Mira, PINO		06	Pimpoes/Cimai	1:00.46	574
	50m: 29.05 29.05	100m: 1:00.46		31.41		
3.	Carolina Lourenco, MATOS		98	Benedita	1:02.12	529
	50m: 29.92 29.92	100m: 1:02.12		32.20		
4.	Leonor Vendima, COELHO		07	CNLeiria	1:02.59	517
	50m: 29.83 29.83	100m: 1:02.59		32.76		
5.	Ana Claudia, FERREIRA		90	Alcobaca	1:03.36	498
	50m: 30.36 30.36	100m: 1:03.36		33.00		
6.	Leonor Caetano, MOREIRA		06	Vieirense	1:03.61	492
	50m: 29.74 29.74	100m: 1:03.61		33.87		
7.	Carolina Ferreira, FONSECA		07	Vieirense	1:06.78	426
	50m: 31.94 31.94	100m: 1:06.78		34.84		
8.	Beatriz Silva, CONCEICAO		05	Benedita	1:07.04	421
	50m: 31.85 31.85	100m: 1:07.04		35.19		
9.	Beatriz Luz, MARTINS		06	Pimpoes/Cimai	1:07.19	418
	50m: 32.08 32.08	100m: 1:07.19		35.11		
10.	Diana Rita, FONSECA		08	Vieirense	1:07.86	406
	50m: 32.25 32.25	100m: 1:07.86		35.61		
11.	Camila Silva, CHAMUSCO		08	Pimpoes/Cimai	1:11.35	349
	50m: 33.46 33.46	100m: 1:11.35		37.89		
12.	Ana Luisa, RENDEIRO		06	Nucleo de Pombal	1:11.53	346
	50m: 34.01 34.01	100m: 1:11.53		37.52		
13.	Marta Cabete, GOMES		08	CNLeiria	1:11.79	342
	50m: 34.07 34.07	100m: 1:11.79		37.72		
14.	Constanca Carvalho, PIEDADE		08	Uniao Juncalense	1:12.25	336
	50m: 34.93 34.93	100m: 1:12.25		37.32		
15.	Bruna Matos, FIALHO		08	Uniao Juncalense	1:15.08	299
	50m: 35.38 35.38	100m: 1:15.08		39.70		
16.	Flavia Mendes, DOMINGUES		06	Nucleo de Pombal	1:20.15	246
	50m: 38.10 38.10	100m: 1:20.15		42.05		
17.	Sara Cristina, ALMEIDA		08	Benedita	1:21.64	233
	50m: 39.83 39.83	100m: 1:21.64		41.81		
DSQ	Matilde Monteiro, NEVES		08	Nucleo de Pombal		
	<i>Falsa partida (SW 4.4)</i>					

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 8, Femin., 100m Livres

Prova 8
02/03/2024 - 11:26

Femin., 100m Livres

Juvenis Femininos (A+B)
Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac JUV A	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	2019
Rec Nac JUV B	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Francisca Ramos, NUNES		09	Naval de Peniche		1:02.90	509
	50m: 30.22 30.22	100m: 1:02.90		32.68			
2.	Barbara Balbino, MENDES		10	Naval de Peniche		1:04.14	480
	50m: 31.07 31.07	100m: 1:04.14		33.07			
3.	Maria Carolina, ALVES		10	Ba-Leiria		1:05.50	451
	50m: 31.10 31.10	100m: 1:05.50		34.40			
4.	Laura Helena, AMORIM		10	Nautico Marinha Grande		1:06.42	433
	50m: 31.83 31.83	100m: 1:06.42		34.59			
5.	Bianca Balbino, MENDES		10	Naval de Peniche		1:06.45	432
	50m: 32.04 32.04	100m: 1:06.45		34.41			
6.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande		1:07.05	420
	50m: 32.09 32.09	100m: 1:07.05		34.96			
7.	Matilde Filipa, AMADO		10	Nautico Marinha Grande		1:07.25	417
	50m: 32.79 32.79	100m: 1:07.25		34.46			
8.	Leonor Pereira, SILVA		10	Óbidos		1:07.36	415
	50m: 32.00 32.00	100m: 1:07.36		35.36			
9.	Ines Ferreira, CHELEU		09	Ba-Leiria		1:07.86	406
	50m: 32.25 32.25	100m: 1:07.86		35.61			
10.	Elisa Henriques, SOUTO		10	Óbidos		1:08.36	397
	50m: 32.62 32.62	100m: 1:08.36		35.74			
11.	Anjali, RAICAR		09	Naval de Peniche		1:08.48	395
	50m: 32.11 32.11	100m: 1:08.48		36.37			
12.	Zofie, PACHECO		09	Naval de Peniche		1:08.63	392
	50m: 32.79 32.79	100m: 1:08.63		35.84			
13.	Laura Margarida, ASCENSO		10	Nautico Marinha Grande		1:09.37	380
	50m: 33.01 33.01	100m: 1:09.37		36.36			
14.	Maria Margarida, OLIVEIRA		09	Ba-Leiria		1:11.03	354
	50m: 33.87 33.87	100m: 1:11.03		37.16			
15.	Constanca Rolim, PEDRO		10	Ba-Leiria		1:12.70	330
	50m: 35.87 35.87	100m: 1:12.70		36.83			
16.	Laura Samora, GONCALVES		10	Ba-Leiria		1:13.94	313
	50m: 35.39 35.39	100m: 1:13.94		38.55			
17.	Rafaela Santos, AFONSO		10	Naval de Peniche		1:13.98	313
	50m: 34.59 34.59	100m: 1:13.98		39.39			
18.	Mariana Santos, AFONSO		10	Naval de Peniche		1:15.01	300
	50m: 34.56 34.56	100m: 1:15.01		40.45			
19.	Laura Coito, SILVA		10	Pimpoes/Cimai		1:18.09	266
	50m: 37.30 37.30	100m: 1:18.09		40.79			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 8, Femin., 100m Livres

Prova 8
02/03/2024 - 11:26

Femin., 100m Livres

Infantil A
Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac INF A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Leonor Mota, ALVES		11	Nautico Marinha Grande		1:07.85	406
	50m: 32.75	32.75	100m: 1:07.85	35.10			
2.	Mariana Sousa, MENDES		11	Alcobaca		1:10.77	357
	50m: 34.04	34.04	100m: 1:10.77	36.73			
3.	Isabela Maria, CARREIRA		11	Uniao Juncalense		1:12.11	338
	50m: 34.70	34.70	100m: 1:12.11	37.41			
4.	Carolina Silva, CASTANHEIRA		11	CNLeiria		1:12.97	326
	50m: 35.21	35.21	100m: 1:12.97	37.76			
5.	Margarida Lopes, RODRIGUES		11	Uniao Juncalense		1:13.14	324
	50m: 34.78	34.78	100m: 1:13.14	38.36			
6.	Cristiana Henriques, ALMEIDA		11	Benedita		1:17.25	275
	50m: 37.65	37.65	100m: 1:17.25	39.60			
7.	Erica Felix, RODRIGUES		11	Uniao Juncalense		1:20.44	243
	50m: 38.68	38.68	100m: 1:20.44	41.76			
8.	Isabela Lourenco, COSTA		11	Benedita		1:21.68	232
	50m: 39.59	39.59	100m: 1:21.68	42.09			
9.	Matilde Pinto, ANTUNES		11	Naval de Peniche		1:24.44	210
	50m: 40.30	40.30	100m: 1:24.44	44.14			
10.	Matilde Vitorino, FERREIRA		11	Naval de Peniche		1:24.79	208
	50m: 39.96	39.96	100m: 1:24.79	44.83			
11.	Beatriz Morgado, SILVA		11	Benedita		1:34.17	151
	50m: 45.74	45.74	100m: 1:34.17	48.43			
DNS	Margarida Soares, MAIA		11	Nautico Marinha Grande			
DNS	Yara Silva, INES		11	Ba-Leiria			
	<i>Falsa partida (SW 4.4)</i>						

Prova 8
02/03/2024 - 11:26

Femin., 100m Livres

Infantil B
Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac INF B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Ines Pinto, MARTINS		12	Pimpoes/Cimai		1:16.34	285
	50m: 36.30	36.30	100m: 1:16.34	40.04			
	Luna Francisco, PEREIRA		12	Nucleo de Pombal		1:16.34	285
	50m: 37.10	37.10	100m: 1:16.34	39.24			
3.	Carminho Traquina, ANDRE		12	Alcobaca		1:20.51	243
	50m: 38.52	38.52	100m: 1:20.51	41.99			
4.	Valeria, MORITS		12	Nautico Marinha Grande		1:24.48	210
	50m: 38.95	38.95	100m: 1:24.48	45.53			
5.	Constanca Santos, COUTINHO		12	Naval da Nazaré		1:25.13	205
	50m: 40.16	40.16	100m: 1:25.13	44.97			
6.	Barbara Serrano, LOMBA		12	Ba-Leiria		1:25.97	199
	50m: 40.73	40.73	100m: 1:25.97	45.24			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 8, Femin., 100m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
7. Mariana Duarte, ANTUNES 50m: 40.22 40.22 100m: 1:26.32 46.10	12 Alcobaca	1:26.32	197
8. Rita Alexandra, JORDAO 50m: 41.49 41.49 100m: 1:27.72 46.23	12 Uniao Juncalense	1:27.72	187
9. Maria Antonia, VAZAO 50m: 45.13 45.13 100m: 1:33.93 48.80	12 Uniao Juncalense	1:33.93	153

Prova 9

Masc., 100m Livres

Absolutos (Jun+Sen)

02/03/2024 - 11:42

Resultados

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	2022
Rec Nac SEN	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	2022
Rec Nac 18	48.32	Diogo Matos, RIBEIRO	SLB	Leiria	2021
Rec Nac 17	49.56	Diogo Matos, RIBEIRO	CUC	Coimbra	2020

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gil Santos, LEMOS 50m: 25.46 25.46 100m: 52.81 27.35	06 Pimpoes/Cimai	52.81	612
2. Afonso Dinis, ROQUE 50m: 25.87 25.87 100m: 53.35 27.48	07 CNLeiria	53.35	593
3. Miguel Vicente, SILVA 50m: 25.17 25.17 100m: 53.45 28.28	02 Nautico Marinha Grande	53.45	590
4. David Ferreira, RELVAS 50m: 26.01 26.01 100m: 53.85 27.84	03 Nautico Marinha Grande	53.85	577
5. Goncalo Pereira, COLACO 50m: 26.27 26.27 100m: 54.19 27.92	07 CNLeiria	54.19	566
6. Francisco Xavier, RITA 50m: 26.64 26.64 100m: 54.87 28.23	07 Vieiraense	54.87	545
7. Sebastian Fabricio, VILLACIS 50m: 26.73 26.73 100m: 54.92 28.19	01 CNLeiria	54.92	544
8. Joao Miguel, SANTOS 50m: 27.09 27.09 100m: 55.37 28.28	81 CNLeiria	55.37	531
9. Bruno Filipe, TABORDA 50m: 26.79 26.79 100m: 55.68 28.89	95 CNLeiria	55.68	522
10. Luca Valentino, TONA 50m: 26.89 26.89 100m: 55.83 28.94	06 Pimpoes/Cimai	55.83	518
11. Joao Moura, FRANCISCO 50m: 26.86 26.86 100m: 55.92 29.06	07 CNLeiria	55.92	515
12. Lucas Filipe, MOREIRA 50m: 26.65 26.65 100m: 56.33 29.68	05 CNLeiria	56.33	504
13. Rafael, SANTOS 50m: 27.95 27.95 100m: 58.38 30.43	06 Uniao Juncalense	58.38	453
14. Jose Januario, MARQUES 50m: 28.34 28.34 100m: 58.60 30.26	07 Pimpoes/Cimai	58.60	448
15. David Parreiras, PEREIRA 50m: 27.82 27.82 100m: 59.08 31.26	06 CNLeiria	59.08	437
16. Bernardo Nunes, DOMINGUEZ 50m: 28.71 28.71 100m: 59.51 30.80	07 Ba-Leiria	59.51	427

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 9, Masc., 100m Livres, Absolutos (Jun+Sen)

Lugar	Ano	Tempo final	Pts
17. Edgar Francisco, SIMOES 50m: 28.55 28.55 100m: 59.60 31.05	06 Vieirense	59.60	425
18. Gabriel Zimas, JACINTO 50m: 28.19 28.19 100m: 1:00.02 31.83	06 CNLeiria	1:00.02	416
19. Dinis Amado, FERREIRA 50m: 30.02 30.02 100m: 1:02.46 32.44	06 CNLeiria	1:02.46	369
20. Gabriel Lourenco, CUSTODIO 50m: 32.15 32.15 100m: 1:08.05 35.90	06 Naval da Nazaré	1:08.05	286
21. Rayan Gava, ALVES 50m: 31.99 31.99 100m: 1:10.29 38.30	95 Óbidos	1:10.29	259
22. Joel Heber, SANTOS 50m: 33.71 33.71 100m: 1:11.00 37.29	06 Ba-Leiria	1:11.00	251
23. Joao Pedro, MENDES 50m: 32.49 32.49 100m: 1:11.88 39.39	95 CNLeiria	1:11.88	242
24. Andre Filipe, FERNANDES 50m: 33.95 33.95 100m: 1:11.98 38.03	07 Alcobaca	1:11.98	241
25. Dinis Lourenco, COSTA 50m: 41.01 41.01 100m: 1:25.16 44.15	07 Benedita	1:25.16	145
DNS Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal		

Prova 9 Masc., 100m Livres Juvenis Masculinos (A+B)
02/03/2024 - 11:42 Resultados

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	2022
Rec Nac JUV A	50.82	Tiago Andre, VENANCIO	CNS	Braga	2003
Rec Nac JUV B	52.29	Diogo Matos, RIBEIRO	CUC	Coimbra	2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM 50m: 26.60 26.60 100m: 55.32 28.72	09 CNLeiria	55.32	532
2. Gabriel Mota, PATRICIO 50m: 26.75 26.75 100m: 55.66 28.91	08 Vieirense	55.66	522
3. Martim Alexandre, MESQUITA 50m: 27.67 27.67 100m: 57.51 29.84	09 Nautico Marinha Grande	57.51	473
4. Tome Nunes, TOME 50m: 27.51 27.51 100m: 57.73 30.22	08 CNLeiria	57.73	468
5. Santiago Boica, SOUSA 50m: 28.36 28.36 100m: 58.65 30.29	08 Vieirense	58.65	446
6. Rodrigo Santos, COUTINHO 50m: 28.72 28.72 100m: 59.73 31.01	08 Pimpoes/Cimai	59.73	423
7. Daniel Gomes, SANTOS 50m: 28.34 28.34 100m: 1:00.34 32.00	08 Nautico Marinha Grande	1:00.34	410
8. Hugo Miguel, SANTOS 50m: 28.74 28.74 100m: 1:00.52 31.78	09 Pimpoes/Cimai	1:00.52	406
9. Xinyang, CHENG 50m: 28.91 28.91 100m: 1:01.02 32.11	09 Nautico Marinha Grande	1:01.02	396
10. Santiago Marques, GOMES 50m: 29.47 29.47 100m: 1:01.27 31.80	09 Ba-Leiria	1:01.27	391
11. Pedro Fonseca, OLIVEIRA 50m: 29.65 29.65 100m: 1:01.65 32.00	09 Nautico Marinha Grande	1:01.65	384

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 9, Masc., 100m Livres, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
12. Diogo Coelho, JORDAO 50m: 29.50 29.50 100m: 1:01.82 32.32	08 Uniao Juncalense	1:01.82	381
13. David Ferrador, PEREIRA 50m: 30.33 30.33 100m: 1:02.85 32.52	09 Nucleo de Pombal	1:02.85	363
14. Isaac Arruda, SARAIVA 50m: 30.59 30.59 100m: 1:03.57 32.98	09 Vieirense	1:03.57	350
15. Luis Pedro, VALERIO 50m: 30.81 30.81 100m: 1:04.58 33.77	09 Ba-Leiria	1:04.58	334
16. Diogo Barata, ALVES 50m: 30.48 30.48 100m: 1:04.64 34.16	08 Nautico Marinha Grande	1:04.64	333
17. Afonso Matos, CORREIA 50m: 31.28 31.28 100m: 1:04.98 33.70	09 Nucleo de Pombal	1:04.98	328
18. Maksym, TYSHCHUK 50m: 30.35 30.35 100m: 1:05.08 34.73	09 Nautico Marinha Grande	1:05.08	327
19. Gabriel Santiago, FERREIRA 50m: 31.08 31.08 100m: 1:05.37 34.29	09 Uniao Juncalense	1:05.37	322
20. Rodrigo Oliveira, SANTOS 50m: 30.98 30.98 100m: 1:06.01 35.03	09 Alcobaca	1:06.01	313
21. Vladyslav, BABUSHKIN 50m: 32.03 32.03 100m: 1:08.08 36.05	09 Nautico Marinha Grande	1:08.08	285
22. Andre Guilherme, CORDEIRO 50m: 33.29 33.29 100m: 1:10.35 37.06	09 Naval de Peniche	1:10.35	258
23. Tiago Daniel, POVOA 50m: 33.00 33.00 100m: 1:12.24 39.24	08 Uniao Juncalense	1:12.24	239
24. Alexandre Afonso, SANTOS 50m: 34.96 34.96 100m: 1:12.76 37.80	09 Uniao Juncalense	1:12.76	234
25. Afonso Nunes, MARCELINO 50m: 34.58 34.58 100m: 1:12.87 38.29	08 Nucleo de Pombal	1:12.87	232

Prova 9

02/03/2024 - 11:42

Masc., 100m Livres

Infantil A
Resultados

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	2022
Rec Nac INF A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Tomas Manuel, PALMEIRO 50m: 30.22 30.22 100m: 1:03.11 32.89	10 Nautico Marinha Grande	1:03.11	358
2. Simao Almeida, CARNIDE 50m: 29.66 29.66 100m: 1:03.39 33.73	10 Vieirense	1:03.39	353
3. Afonso Ferreira, REIS 50m: 29.87 29.87 100m: 1:03.79 33.92	10 Nautico Marinha Grande	1:03.79	347
4. Rodrigo Cardoso, TOMAS 50m: 31.23 31.23 100m: 1:04.13 32.90	10 Uniao Juncalense	1:04.13	341
5. Dinis Lamas, SANTOS 50m: 30.99 30.99 100m: 1:04.44 33.45	10 Ba-Leiria	1:04.44	336
6. Lucas Costa, JESUS 50m: 31.28 31.28 100m: 1:06.54 35.26	10 Nautico Marinha Grande	1:06.54	306

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 9, Masc., 100m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
7. Santiago Neves, SILVA 50m: 32.26 32.26 100m: 1:08.05 35.79	10 Nucleo de Pombal	1:08.05	286
8. Simao Sousa, JESUS 50m: 32.08 32.08 100m: 1:08.64 36.56	10 Nautico Marinha Grande	1:08.64	278
9. Gabriel Krempel, VARELA 50m: 32.83 32.83 100m: 1:09.26 36.43	10 Pimpoes/Cimai	1:09.26	271
10. Francisco Antonio, SIMOES 50m: 35.89 35.89 100m: 1:13.59 37.70	10 Ba-Leiria	1:13.59	226
11. Rafael Costa, ANTUNES 50m: 50.77 50.77 100m: 1:46.87 56.10	10 Naval de Peniche	1:46.87	73

Prova 9 Masc., 100m Livres Infantil B
02/03/2024 - 11:42 Resultados

Rec Nac Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	2022
Rec Nac INF B	56.82	Rodolfo Junior, ALECRIM	ADBA	Leiria	2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Vidar Albert, JUNG 50m: 31.70 31.70 100m: 1:06.41 34.71	11 Nautico Marinha Grande	1:06.41	307
2. Pedro Pereira, OLIVEIRA 50m: 34.44 34.44 100m: 1:10.68 36.24	11 Nautico Marinha Grande	1:10.68	255
3. Vasco Sousa, LEMOS 50m: 34.51 34.51 100m: 1:12.61 38.10	11 Pimpoes/Cimai	1:12.61	235
4. Guilherme Melo, ELIAS 50m: 35.01 35.01 100m: 1:13.18 38.17	11 Naval da Nazaré	1:13.18	230
5. Martin, SHEVCHUK 50m: 35.16 35.16 100m: 1:13.49 38.33	11 CNLeiria	1:13.49	227
6. Rodrigo Duarte, CARREIRA 50m: 39.24 39.24 100m: 1:20.87 41.63	11 Alcobaca	1:20.87	170
7. Rodrigo Nicolau, RITA 50m: 39.24 39.24 100m: 1:21.95 42.71	11 Vieiraense	1:21.95	163
8. Diego Rodrigues, MENDES 50m: 40.47 40.47 100m: 1:24.04 43.57	11 Nautico Marinha Grande	1:24.04	151
9. Simão Pedro, MARQUES 50m: 41.22 41.22 100m: 1:27.18 45.96	11 Uniao Juncalense	1:27.18	136
10. Joao Pedro, CRUZ 50m: 43.18 43.18 100m: 1:28.70 45.52	11 Naval de Peniche	1:28.70	129
11. Gabriel Marques, CARREIRA 50m: 43.05 43.05 100m: 1:29.52 46.47	11 Uniao Juncalense	1:29.52	125
12. Joao Rodrigo, BREDA 50m: 42.06 42.06 100m: 1:29.59 47.53	11 Nautico Marinha Grande	1:29.59	125
13. Diogo Demirel, FERREIRA 50m: 43.52 43.52 100m: 1:32.58 49.06	11 Ba-Leiria	1:32.58	113
14. Eduardo Martim, CARMO 50m: 42.77 42.77 100m: 1:34.33 51.56	11 Óbidos	1:34.33	107
15. Valentim Antonio, PEREIRA 50m: 42.62 42.62 100m: 1:34.43 51.81	11 CNLeiria	1:34.43	107

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 9, Masc., 100m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
16. Tiago Rafael, PINTO 50m: 45.77 45.77 100m: 1:38.26 52.49	11 Alcobaca	1:38.26	95
17. Simao Pedrosa, GOMES 50m: 53.41 53.41 100m: 1:55.05 1:01.64	11 CNLeiria	1:55.05	59

Prova 10

02/03/2024 - 12:02

Femin., 200m Estilos

Absolutos (JUN+SEN)

Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac SEN	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA 50m: 31.91 31.91 100m: 1:11.19 39.28 150m: 1:53.66 42.47 200m: 2:28.32 34.66	05 CNLeiria	2:28.32	554
2. Ines Mira, PINO 50m: 32.09 32.09 100m: 1:11.89 39.80 150m: 1:58.39 46.50 200m: 2:34.55 36.16	06 Pimpoes/Cimai	2:34.55	490
3. Margarida Correia, MADEIRA 50m: 34.98 34.98 100m: 1:17.72 42.74 150m: 1:59.07 41.35 200m: 2:34.65 35.58	06 Nautico Marinha Grande	2:34.65	489
4. Leonor Caetano, MOREIRA 50m: 33.18 33.18 100m: 1:13.32 40.14 150m: 2:00.88 47.56 200m: 2:36.65 35.77	06 Vieiraense	2:36.65	470
5. Rita Rocha, SILVA 50m: 32.94 32.94 100m: 1:15.01 42.07 150m: 1:59.32 44.31 200m: 2:37.07 37.75	08 Alcobaca	2:37.07	466
6. Bruna Andreia, SIMOES 50m: 32.37 32.37 100m: 1:12.67 40.30 150m: 2:00.51 47.84 200m: 2:40.27 39.76	01 Vieiraense	2:40.27	439
7. Matilde Santos, COUTINHO 50m: 37.14 37.14 100m: 1:24.18 47.04 150m: 2:17.09 52.91 200m: 2:57.99 40.90	07 Naval da Nazaré	2:57.99	320
8. Catarina Tagarosso, LOBO 50m: 40.77 40.77 100m: 1:28.33 47.56 150m: 2:24.14 55.81 200m: 3:08.03 43.89	07 Uniao Juncalense	3:08.03	272

Prova 10

02/03/2024 - 12:02

Femin., 200m Estilos

Juvenis Femininos (A+B)

Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO 50m: 32.52 32.52 100m: 1:13.03 40.51 150m: 1:57.48 44.45 200m: 2:33.26 35.78	09 Nautico Marinha Grande	2:33.26	502
2. Francisca Ramos, NUNES 50m: 33.51 33.51 100m: 1:13.26 39.75 150m: 2:01.24 47.98 200m: 2:35.99 34.75	09 Naval de Peniche	2:35.99	476
3. Sofia Roma, BRIZIDA 50m: 34.24 34.24 100m: 1:15.24 41.00 150m: 1:59.77 44.53 200m: 2:36.14 36.37	10 Ba-Leiria	2:36.14	475
4. Ana Margarida, MARQUES 50m: 34.12 34.12 100m: 1:16.20 42.08 150m: 2:05.63 49.43 200m: 2:43.03 37.40	09 Ba-Leiria	2:43.03	417
5. Matilde Santos, VIEIRA 50m: 35.86 35.86 100m: 1:19.82 43.96 150m: 2:07.25 47.43 200m: 2:43.28 36.03	10 Nautico Marinha Grande	2:43.28	415
6. Barbara Balbino, MENDES 50m: 35.06 35.06 100m: 1:17.99 42.93 150m: 2:06.39 48.40 200m: 2:43.44 37.05	10 Naval de Peniche	2:43.44	414

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 10, Femin., 200m Estilos, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
7. Laura Helena, AMORIM 50m: 36.19 36.19 100m: 1:18.79 42.60 150m: 2:07.54 48.75 200m: 2:44.69 37.15	10 Nautico Marinha Grande	2:44.69	405
8. Maria Teresa, OLIVEIRA 50m: 37.40 37.40 100m: 1:21.77 44.37 150m: 2:06.65 44.88 200m: 2:46.88 40.23	09 Ba-Leiria	2:46.88	389
9. Luana Filipe, REIS 50m: 39.53 39.53 100m: 1:22.74 43.21 150m: 2:09.83 47.09 200m: 2:51.67 41.84	10 Alcobaca	2:51.67	357
10. Maria Carolina, ALVES 50m: 35.82 35.82 100m: 1:19.46 43.64 150m: 2:10.35 50.89 200m: 2:52.42 42.07	10 Ba-Leiria	2:52.42	353
11. Leonor Valerio, ADRIANO 50m: 38.23 38.23 100m: 1:22.41 44.18 150m: 2:16.04 53.63 200m: 2:56.96 40.92	09 Alcobaca	2:56.96	326
12. Vida Sofia, VELEZ 50m: 41.30 41.30 100m: 1:28.38 47.08 150m: 2:18.37 49.99 200m: 2:59.50 41.13	10 Ba-Leiria	2:59.50	312
13. Ines Ferreira, CHELEU 50m: 39.19 39.19 100m: 1:26.16 46.97 150m: 2:19.31 53.15 200m: 3:01.11 41.80	09 Ba-Leiria	3:01.11	304
14. Constanca Rolim, PEDRO 50m: 41.17 41.17 100m: 1:29.67 48.50 150m: 2:21.90 52.23 200m: 3:01.27 39.37	10 Ba-Leiria	3:01.27	303
DNS Beatriz Belo, CLARA	09 CNLeiria		

Prova 10

Femin., 200m Estilos

Infantil A
Resultados

02/03/2024 - 12:02

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Beatriz Marques, GASPAR 50m: 36.21 36.21 100m: 1:22.16 45.95 150m: 2:09.87 47.71 200m: 2:48.65 38.78	11 Nautico Marinha Grande	2:48.65	377
2. Maria Leonor, ALMEIDA 50m: 37.22 37.22 100m: 1:19.85 42.63 150m: 2:17.04 57.19 200m: 2:57.44 40.40	11 Benedita	2:57.44	323
3. Isabela Maria, CARREIRA 50m: 39.60 39.60 100m: 1:26.92 47.32 150m: 2:18.18 51.26 200m: 2:59.17 40.99	11 Uniao Juncalense	2:59.17	314
4. Margarida Lopes, RODRIGUES 50m: 40.55 40.55 100m: 1:26.84 46.29 150m: 2:24.07 57.23 200m: 3:03.19 39.12	11 Uniao Juncalense	3:03.19	294
5. Maria Santos, FONSECA 50m: 40.43 40.43 100m: 1:28.82 48.39 150m: 2:21.45 52.63 200m: 3:04.38 42.93	11 CNLeiria	3:04.38	288
6. Mariana Sousa, MENDES 50m: 45.56 45.56 100m: 1:33.79 48.23 150m: 2:27.60 53.81 200m: 3:06.21 38.61	11 Alcobaca	3:06.21	280
7. Cristiana Henriques, ALMEIDA 50m: 42.27 42.27 100m: 1:28.32 46.05 150m: 2:22.74 54.42 200m: 3:06.65 43.91	11 Benedita	3:06.65	278
8. Leiriia Silviovna, TONKIKH 50m: 42.49 42.49 100m: 1:29.42 46.93 150m: 2:25.29 55.87 200m: 3:08.93 43.64	11 CNLeiria	3:08.93	268
9. Isabela Lourenco, COSTA 50m: 42.94 42.94 100m: 1:33.67 50.73 150m: 2:30.81 57.14 200m: 3:15.68 44.87	11 Benedita	3:15.68	241
10. Yara Nunes, MARCELINO 50m: 45.83 45.83 100m: 1:36.44 50.61 150m: 2:39.54 1:03.10 200m: 3:25.05 45.51	11 Nucleo de Pombal	3:25.05	209

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 10, Femin., 200m Estilos

Prova 10
02/03/2024 - 12:02

Femin., 200m Estilos

Infantil B
Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Emma , AVRAMESCU 50m: 41.15 41.15 100m: 1:28.30 47.15 150m: 2:20.71 52.41 200m: 3:03.78 43.07	12 Nautico Marinha Grande	3:03.78	291
2. Carminho Traquina, ANDRE 50m: 41.84 41.84 100m: 1:32.70 50.86 150m: 2:27.84 55.14 200m: 3:09.93 42.09	12 Alcobaca	3:09.93	264
3. Julia Pinto, PINHEIRO 50m: 43.79 43.79 100m: 1:31.19 47.40 150m: 2:26.10 54.91 200m: 3:10.87 44.77	12 Pimpoes/Cimai	3:10.87	260
4. Beatriz Julio, CORREIA 50m: 45.29 45.29 100m: 1:32.71 47.42 150m: 2:28.65 55.94 200m: 3:11.91 43.26	12 CNLeiria	3:11.91	256
5. Safira Pedro, FONSECA 50m: 42.50 42.50 100m: 1:31.04 48.54 150m: 2:31.58 1:00.54 200m: 3:17.15 45.57	12 Vieiraense	3:17.15	236
6. Maria Leonor, ASSUNCAO 50m: 48.33 48.33 100m: 1:37.59 49.26 150m: 2:35.51 57.92 200m: 3:17.43 41.92	12 Pimpoes/Cimai	3:17.43	235
7. Daniela Carvalho, FERREIRA 50m: 48.80 48.80 100m: 1:42.52 53.72 150m: 2:39.62 57.10 200m: 3:23.68 44.06	12 Nucleo de Pombal	3:23.68	214
8. Rita Francisco, SIMOES 50m: 45.00 45.00 100m: 1:38.06 53.06 150m: 2:37.30 59.24 200m: 3:24.14 46.84	12 Vieiraense	3:24.14	212
9. Mariana Duarte, ANTUNES 50m: 49.81 49.81 100m: 1:43.86 54.05 150m: 2:43.30 59.44 200m: 3:29.22 45.92	12 Alcobaca	3:29.22	197
10. Rita Alexandra, JORDAO 50m: 51.39 51.39 100m: 1:45.30 53.91 150m: 2:44.90 59.60 200m: 3:31.15 46.25	12 Uniao Juncalense	3:31.15	192
11. Maria Ines, GOMES 50m: 50.18 50.18 100m: 1:47.32 57.14 150m: 2:50.90 1:03.58 200m: 3:37.69 46.79	12 Nucleo de Pombal	3:37.69	175
DSQ Constanca Santos, COUTINHO <i>A atleta não efetuou o movimento contínuo na viragem dos 75 metros.</i>	12 Naval da Nazaré		
DSQ Barbara Serrano, LOMBA <i>Falsa partida (SW 4.4)</i>	12 Ba-Leiria		
DSQ Carolina Matos, CORREIA <i>A atleta tocou com uma mão na parede, na viragem dos 125 metros.</i>	12 Nucleo de Pombal		
DNS Benedita Nunes, FELIX	12 Pimpoes/Cimai		
DNS Mafalda Varela, BERNARDINO	12 Alcobaca		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 11 Masc., 4 x 200m Livres Absolutos (Jun+Sen)
02/03/2024 - 12:45 Resultados

Rec Nac Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nac SEN	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nac JUN	7:35.04	Sport Lisboa e Benfica	SLB	Leiria	2023

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL ABS	CNLeiria				8:22.10	521
Francisco Marques, SIMOES	07	26.55	56.59	1:28.09	1:58.55	
Filipe Miguel, GOMES	97	27.38	58.01	1:29.19	2:00.12	
Joao Moura, FRANCISCO	07	30.45	1:05.88	1:41.86	2:17.30	
Afonso Dinis, ROQUE	07	28.59	1:00.76	1:33.63	2:06.13	

Prova 12 Femin., 4 x 200m Livres 14 anos e mais velhos
02/03/2024 - 12:55 Resultados

Rec Nac Open	8:03.35	Sport Lisboa e Benfica	SLB	Felgueiras	2023
Rec Nac SEN	8:09.37	Sport Lisboa e Benfica	SLB	Leiria	2023
Rec Nac JUN	8:24.59	Futebol Clube do Porto	FCP	Felgueiras	2018
Rec Nac JUV A	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nac JUV	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nac JUV B	8:52.76	Sport Alges e Dafundo	SAD	Algés	2011

Pontos: FINA 2023

2 - 1ª Jornada - 2ª sessão (tarde) 02/03/2024 - 15:45

Prova 13 Masc., 4 x 50m Livres Absolutos (Jun+Sen)
02/03/2024 - 15:45 Resultados

Rec Nac Open	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac SEN	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac JUN	1:34.33	Sport Lisboa e Benfica	SLB	Leiria	2023

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL ABS	CNLeiria				1:40.57	538
Sebastian Fabricio, VILLACIS	01	25.06	Bruno Pinto, DOMINGUES	00	25.29	
Goncalo Pereira, COLACO	07	24.92	Filipe Miguel, GOMES	97	25.30	
2. CNL ABS	CNLeiria				1:41.55	522
Bruno Filipe, TABORDA	95	25.80	Joao Gabriel, ANICETO	04	24.62	
Miguel Duarte, HENRIQUES	88	26.33	Joao Miguel, SANTOS	81	24.80	
3. CNL ABS	CNLeiria				1:49.91	412
Lucas Filipe, MOREIRA	05	25.96	David Parreiras, PEREIRA	06	26.84	
Gabriel Zimas, JACINTO	06	26.99	Dinis Amado, FERREIRA	06	30.12	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 13, Masc., 4 x 50m Livres

Prova 13 Masc., 4 x 50m Livres Infantil A
02/03/2024 - 15:45 Resultados

Rec Nac Open	1:26.91	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac INF A	1:44.83	POR			
Rec Nac 13 - 14	1:44.83	POR			

Pontos: FINA 2023

Lugar				Tempo final	Pts
1.	DNMG INF A		Nautico Marinha Grande	1:56.74	344
	Afonso Ferreira, REIS	10	29.72 Tomas Manuel, PALMEIRO	10	28.41
	Lucas Costa, JESUS	10	29.68 Francisco Lourenco, PEDROSA	10	28.93
EXH	SIRP EXTRA		Pimpoes/Cimai	1:38.36	575
	Santiago Agostinho, PARREIRA	09	25.35 Luca Valentino, TONA	06	24.80
	Mikhael, ONUTSKYY	08	24.55 Gil Santos, LEMOS	06	23.66

Prova 14 Femin., 4 x 50m Livres Absolutos (JUN+SEN)
02/03/2024 - 15:48 Resultados

Rec Nac Open	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009
Rec Nac SEN	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009
Rec Nac JUN	1:46.86	Sporting Clube de Portugal	SCP	Leiria	2009

Pontos: FINA 2023

Lugar				Tempo final	Pts
1.	CNL ABS		CNLeiria	2:40.33	192
	Maria Francisca, FROIS	06	39.36 Matilde Violante, VIANA	07	43.97
	Leonor Vendima, COELHO	07	40.05 Luana Pinto, DOMINGUES	03	36.95

Prova 14 Femin., 4 x 50m Livres Infantil B
02/03/2024 - 15:48 Resultados

Rec Nac Open	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009
Rec Nac 12 - 13	1:59.79	POR			
Rec Nac INF B	2:02.38	POR			

Pontos: FINA 2023

Lugar				Tempo final	Pts
1.	SIRP INF B		Pimpoes/Cimai	2:19.40	292
	Laura Krempel, VARELA	12	32.70 Julia Pinto, PINHEIRO	12	36.67
	Ines Pinto, MARTINS	12	34.92 Maria Leonor, ASSUNCAO	12	35.11

Prova 15 Masc., 100m Mariposa Absolutos (Jun+Sen)
02/03/2024 - 16:05 Resultados

Rec Nac Open	51.00	Diogo Matos, RIBEIRO	SLB	Felgueiras	2023
Rec Nac SEN	51.00	Diogo Matos, RIBEIRO	SLB	Felgueiras	2023
Rec Nac 18	52.87	Diogo Matos, RIBEIRO	SLB	Leiria	2021
Rec Nac 17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	2004

Pontos: FINA 2023

Lugar		Ano		Tempo final	Pts
1.	Joao Moura, FRANCISCO	07	CNLeiria	57.20	582
	50m: 27.01 27.01	100m: 57.20	30.19		
2.	Afonso Dinis, ROQUE	07	CNLeiria	57.53	572
	50m: 27.47 27.47	100m: 57.53	30.06		
3.	David Ferreira, RELVAS	03	Nautico Marinha Grande	58.17	554
	50m: 27.56 27.56	100m: 58.17	30.61		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 15, Masc., 100m Mariposa, Absolutos (Jun+Sen)

Lugar	Ano	Tempo final	Pts
4. Miguel Vicente, SILVA 50m: 27.08 27.08 100m: 59.86 32.78	02 Nautico Marinha Grande	59.86	508
5. Francisco Xavier, RITA 50m: 28.37 28.37 100m: 1:00.16 31.79	07 Veiense	1:00.16	500
6. Sebastian Fabricio, VILLACIS 50m: 29.10 29.10 100m: 1:00.40 31.30	01 CNLeiria	1:00.40	495
7. Gabriel Zimas, JACINTO 50m: 29.92 29.92 100m: 1:03.67 33.75	06 CNLeiria	1:03.67	422
8. Bruno Filipe, TABORDA 50m: 30.12 30.12 100m: 1:04.26 34.14	95 CNLeiria	1:04.26	411
9. Jose Januario, MARQUES 50m: 30.32 30.32 100m: 1:04.38 34.06	07 Pimpoes/Cimai	1:04.38	408
10. Edgar Francisco, SIMOES 50m: 30.62 30.62 100m: 1:05.20 34.58	06 Veiense	1:05.20	393
11. Rafael, SANTOS 50m: 32.13 32.13 100m: 1:10.34 38.21	06 Uniao Juncalense	1:10.34	313
12. Dinis Amado, FERREIRA 50m: 32.87 32.87 100m: 1:12.59 39.72	06 CNLeiria	1:12.59	285
13. Rayan Gava, ALVES 50m: 39.28 39.28 100m: 1:27.87 48.59	95 Óbidos	1:27.87	160

Prova 15

Masc., 100m Mariposa

Juvenis Masculinos (A+B)

02/03/2024 - 16:05

Resultados

Rec Nac Open	51.00	Diogo Matos, RIBEIRO	SLB	Felqueiras	2023
Rec Nac JUV A	55.60	Diogo Gomes, SOUSA	CNCVG	Porto	2010
Rec Nac JUV B	56.68	Diogo Matos, RIBEIRO	CUC	Lousã	2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA 50m: 27.70 27.70 100m: 58.05 30.35	09 Ba-Leiria	58.05	557
2. Guilherme Meireles, MARRAZES 50m: 29.03 29.03 100m: 1:01.50 32.47	09 Nautico Marinha Grande	1:01.50	468
3. Paulo, KOT 50m: 29.38 29.38 100m: 1:01.79 32.41	09 Nautico Marinha Grande	1:01.79	462
4. Tome Nunes, TOME 50m: 29.31 29.31 100m: 1:02.34 33.03	08 CNLeiria	1:02.34	450
5. Henrique Martins, JOAQUIM 50m: 29.88 29.88 100m: 1:02.57 32.69	09 CNLeiria	1:02.57	445
6. Gabriel Mota, PATRICIO 50m: 29.51 29.51 100m: 1:02.62 33.11	08 Veiense	1:02.62	444
7. Tiago Santos, POMBO 50m: 30.12 30.12 100m: 1:03.14 33.02	08 Alcobaca	1:03.14	433
8. Martim Alexandre, MESQUITA 50m: 30.10 30.10 100m: 1:03.71 33.61	09 Nautico Marinha Grande	1:03.71	421
9. Rodrigo Santos, COUTINHO 50m: 30.17 30.17 100m: 1:04.29 34.12	08 Pimpoes/Cimai	1:04.29	410
10. Pedro Fonseca, OLIVEIRA 50m: 32.69 32.69 100m: 1:11.10 38.41	09 Nautico Marinha Grande	1:11.10	303

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 15, Masc., 100m Mariposa

Prova 15 Masc., 100m Mariposa Infantil A
02/03/2024 - 16:05 Resultados

Rec Nac Open	51.00	Diogo Matos, RIBEIRO	SLB	Felgueiras	2023
Rec Nac INF A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	2001

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	David Xavier, ALMEIDA		10	Ba-Leiria	1:09.52	324
	50m: 32.31 32.31	100m: 1:09.52		37.21		
2.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai	1:09.81	320
	50m: 32.69 32.69	100m: 1:09.81		37.12		
3.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense	1:11.79	294
	50m: 34.31 34.31	100m: 1:11.79		37.48		
4.	Simao Sousa, JESUS		10	Nautico Marinha Grande	1:15.28	255
	50m: 34.06 34.06	100m: 1:15.28		41.22		
5.	Gabriel Krempel, VARELA		10	Pimpoes/Cimai	1:17.55	233
	50m: 35.66 35.66	100m: 1:17.55		41.89		
6.	Francisco Antonio, SIMOES		10	Ba-Leiria	1:30.11	149
	50m: 42.99 42.99	100m: 1:30.11		47.12		

Prova 15 Masc., 100m Mariposa Infantil B
02/03/2024 - 16:05 Resultados

Rec Nac Open	51.00	Diogo Matos, RIBEIRO	SLB	Felgueiras	2023
Rec Nac INF B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	2000

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	Joao Santos, ALMEIDA		11	Ba-Leiria	1:12.94	281
	50m: 33.24 33.24	100m: 1:12.94		39.70		
2.	Vidar Albert, JUNG		11	Nautico Marinha Grande	1:19.11	220
	50m: 36.49 36.49	100m: 1:19.11		42.62		
3.	Rodrigo Duarte, CARREIRA		11	Alcobaca	1:42.56	101
	50m: 48.19 48.19	100m: 1:42.56		54.37		
4.	Tiago Rafael, PINTO		11	Alcobaca	1:54.53	72
	50m: 54.34 54.34	100m: 1:54.53		1:00.19		

Prova 16 Femin., 100m Mariposa Absolutos (JUN+SEN)
02/03/2024 - 16:15 Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2023
Rec Nac SEN	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2023
Rec Nac 17	59.36	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2021
Rec Nac 16	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	2021

Pontos: FINA 2023

Lugar			Ano		Tempo final	Pts
1.	Ines Mira, PINO		06	Pimpoes/Cimai	1:07.25	519
	50m: 31.91 31.91	100m: 1:07.25		35.34		
	Ana Claudia, FERREIRA		90	Alcobaca	1:07.25	519
	50m: 31.63 31.63	100m: 1:07.25		35.62		
3.	Bruna Andreia, SIMOES		01	Vieirense	1:09.15	477
	50m: 32.44 32.44	100m: 1:09.15		36.71		
4.	Leonor Caetano, MOREIRA		06	Vieirense	1:09.62	467
	50m: 32.67 32.67	100m: 1:09.62		36.95		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 16, Femin., 100m Mariposa, Absolutos (JUN+SEN)

Lugar	Ano	Tempo final	Pts
5. Ana Francisca, SILVA 50m: 33.71 33.71 100m: 1:11.51 37.80	06 Alcobaca	1:11.51	431
6. Dalila Leal, BERNARDINO 50m: 34.13 34.13 100m: 1:14.99 40.86	06 Nucleo de Pombal	1:14.99	374
7. Leonor Vendima, COELHO 50m: 33.52 33.52 100m: 1:15.30 41.78	07 CNLeiria	1:15.30	369
8. Constanca Carvalho, PIEDADE 50m: 38.18 38.18 100m: 1:24.43 46.25	08 Uniao Juncalense	1:24.43	262
9. Marta Cabete, GOMES 50m: 38.31 38.31 100m: 1:25.15 46.84	08 CNLeiria	1:25.15	255
DNS Matilde Andre, LUIS	08 Alcobaca		

Prova 16 Femin., 100m Mariposa Juvenis Femininos (A+B)
02/03/2024 - 16:15 Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2023
Rec Nac JUV A	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	2019
Rec Nac JUV B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mariana Sousa, MARQUES 50m: 34.17 34.17 100m: 1:12.14 37.97	09 Alcobaca	1:12.14	420
2. Ana Margarida, MARQUES 50m: 33.73 33.73 100m: 1:12.82 39.09	09 Ba-Leiria	1:12.82	408
3. Luana Ferreira, CRAVEIRO 50m: 33.20 33.20 100m: 1:13.25 40.05	09 Nautico Marinha Grande	1:13.25	401
4. Madalena Gracio, PEDROSO 50m: 34.52 34.52 100m: 1:15.64 41.12	10 Nautico Marinha Grande	1:15.64	364
5. Matilde Santos, VIEIRA 50m: 35.81 35.81 100m: 1:17.25 41.44	10 Nautico Marinha Grande	1:17.25	342
6. Anjali, RAICAR 50m: 36.56 36.56 100m: 1:22.35 45.79	09 Naval de Peniche	1:22.35	282
7. Laura Samora, GONCALVES 50m: 38.51 38.51 100m: 1:22.73 44.22	10 Ba-Leiria	1:22.73	278
8. Constanca Rolim, PEDRO 50m: 40.72 40.72 100m: 1:25.71 44.99	10 Ba-Leiria	1:25.71	250
9. Ines Ferreira, CHELEU 50m: 40.00 40.00 100m: 1:27.96 47.96	09 Ba-Leiria	1:27.96	232
10. Vida Sofia, VELEZ 50m: 40.65 40.65 100m: 1:29.09 48.44	10 Ba-Leiria	1:29.09	223
11. Laura Margarida, ASCENSO 50m: 39.29 39.29 100m: 1:30.01 50.72	10 Nautico Marinha Grande	1:30.01	216
12. Mariana Sousa, OLIVEIRA 50m: 42.76 42.76 100m: 1:37.69 54.93	10 Alcobaca	1:37.69	169
DSQ Laura Coito, SILVA <i>A atleta não tocou com as mão em simultâneo na viragem dos 75 metros.</i>	10 Pimpoes/Cimai		
DNS Beatriz Belo, CLARA	09 CNLeiria		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 16, Femin., 100m Mariposa

Prova 16
02/03/2024 - 16:15

Femin., 100m Mariposa

Infantil A
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2023
Rec Nac INF A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Leonor Mota, ALVES		11	Nautico Marinha Grande		1:15.38	368
	50m: 36.15 36.15	100m: 1:15.38		39.23			
2.	Anastasiya, PRYMACHENKO		11	Nucleo de Pombal		1:19.43	315
	50m: 36.70 36.70	100m: 1:19.43		42.73			
3.	Mafalda Teles, SOUSA		11	Pimpoes/Cimai		1:20.13	306
	50m: 37.14 37.14	100m: 1:20.13		42.99			
4.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande		1:21.68	289
	50m: 38.67 38.67	100m: 1:21.68		43.01			
5.	Carlota Sa, SANTOS		11	Nucleo de Pombal		1:22.70	279
	50m: 38.12 38.12	100m: 1:22.70		44.58			
6.	Margarida Lopes, RODRIGUES		11	Uniao Juncalense		1:25.34	254
	50m: 39.72 39.72	100m: 1:25.34		45.62			
7.	Maria Joao, VALA		11	Pimpoes/Cimai		1:25.35	253
	50m: 38.76 38.76	100m: 1:25.35		46.59			
8.	Leiriia Silviovna, TONKIKH		11	CNLeiria		1:29.95	216
	50m: 42.06 42.06	100m: 1:29.95		47.89			
9.	Erica Felix, RODRIGUES		11	Uniao Juncalense		1:35.59	180
	50m: 42.27 42.27	100m: 1:35.59		53.32			
10.	Maria Santos, FONSECA		11	CNLeiria		1:35.71	180
	50m: 43.31 43.31	100m: 1:35.71		52.40			

DSQ Margarida Soares, MAIA 11 Nautico Marinha Grande
A atleta após a viragem dos 50 metros, efetuou movimento de pernas alternado, no percurso subaquático.

Prova 16
02/03/2024 - 16:15

Femin., 100m Mariposa

Infantil B
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2023
Rec Nac INF B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	2017

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Emiliana Arruda, SARAIVA		12	Vieirense		1:26.54	243
	50m: 40.50 40.50	100m: 1:26.54		46.04			
2.	Ines Pinto, MARTINS		12	Pimpoes/Cimai		1:29.25	222
	50m: 42.35 42.35	100m: 1:29.25		46.90			
3.	Carminho Traquina, ANDRE		12	Alcobaca		1:33.53	192
	50m: 42.89 42.89	100m: 1:33.53		50.64			
4.	Julia Pinto, PINHEIRO		12	Pimpoes/Cimai		1:34.69	185
	50m: 44.60 44.60	100m: 1:34.69		50.09			
5.	Safira Pedro, FONSECA		12	Vieirense		1:40.87	153
	50m: 44.48 44.48	100m: 1:40.87		56.39			
6.	Beatriz Julio, CORREIA		12	CNLeiria		1:42.44	146
	50m: 47.29 47.29	100m: 1:42.44		55.15			
7.	Rita Francisco, SIMOES		12	Vieirense		1:45.13	135
	50m: 47.12 47.12	100m: 1:45.13		58.01			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 16, Femin., 100m Mariposa, Infantil B

Lugar	Ano	Tempo final	Pts
8. Yaroslava, TABUNSCHYK 50m: 49.50 49.50 100m: 1:46.05 56.55	12 CNLeiria	1:46.05	132
9. Maria Leonor, ASSUNCAO 50m: 49.46 49.46 100m: 1:48.06 58.60	12 Pimpoes/Cimai	1:48.06	125
DSQ Valeria, MORITS <i>A atleta efetuou movimento alternado de pernas durante o percurso.</i>	12 Nautico Marinha Grande		
DNS Benedita Nunes, FELIX	12 Pimpoes/Cimai		

Prova 17

Masc., 50m Bruços

Absolutos (Jun+Sen)

02/03/2024 - 16:27

Resultados

Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	2019
Rec Nac SEN	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	2019
Rec Nac 18	28.55	Simao Miguel, CAPITAO	CLAMAS	Senhora da Hora	2015
Rec Nac 17	28.56	Pedro Miguel, AGOSTINHO	SLB	S. António Cavaleiros	2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Filipe Miguel, GOMES	97 CNLeiria	29.25	620
2. Bruno Pinto, DOMINGUES	00 CNLeiria	31.19	511
3. Joao Miguel, SANTOS	81 CNLeiria	31.25	508
4. Miguel Duarte, HENRIQUES	88 CNLeiria	31.61	491
5. Lucas Filipe, MOREIRA	05 CNLeiria	31.64	490
6. Joao Gabriel, ANICETO	04 CNLeiria	31.73	486
7. Miguel Vicente, SILVA	02 Nautico Marinha Grande	31.89	478
8. Goncalo Pereira, COLACO	07 CNLeiria	32.58	449
9. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	33.45	414
10. Gil Santos, LEMOS	06 Pimpoes/Cimai	33.83	401
11. Luca Valentino, TONA	06 Pimpoes/Cimai	33.88	399
12. Bruno Belo, AGOSTINHO	05 Benedita	35.29	353
13. Dinis Amado, FERREIRA	06 CNLeiria	35.54	345
14. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	39.65	249
15. Rayan Gava, ALVES	95 Óbidos	41.02	225
16. Joel Heber, SANTOS	06 Ba-Leiria	41.19	222

Prova 17

Masc., 50m Bruços

Juvenis Masculinos (A+B)

02/03/2024 - 16:27

Resultados

Rec Nac Open	27.12	Alexis Manacas, SANTOS	SCP	Felgueiras	2019
Rec Nac JUV A	29.23	tempo limite,			
Rec Nac JUV B	30.65	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieirense	32.38	457
2. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	32.91	435
3. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	33.49	413
4. Santiago Marques, GOMES	09 Ba-Leiria	34.87	366
5. Daniel Gomes, SANTOS	08 Nautico Marinha Grande	34.93	364
6. Xinyang, CHENG	09 Nautico Marinha Grande	35.32	352
7. Rodrigo Oliveira, SANTOS	09 Alcobaca	36.24	326
8. Diogo Coelho, JORDAO	08 Uniao Juncalense	36.52	318
9. Santiago Boica, SOUSA	08 Vieirense	36.93	308
10. Maksym, TYSHCHUK	09 Nautico Marinha Grande	37.10	304
11. Diogo Barata, ALVES	08 Nautico Marinha Grande	37.69	290

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 17, Masc., 50m Bruços, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
12. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	37.76	288
13. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	38.87	264
14. Tiago Daniel, POVOA	08 Uniao Juncalense	39.91	244
15. Andre Guilherme, CORDEIRO	09 Naval de Peniche	42.06	208
DSQ Tiago Mota, ESTEVES	08 Pimpoes/Cimai		

Falsa partida (SW 4.4)

Prova 18 Femin., 50m Bruços Absolutos (JUN+SEN)
02/03/2024 - 16:33 Resultados

Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	2022
Rec Nac SEN	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	2022
Rec Nac 17	32.09	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac 16	31.46	Ana Pinho, RODRIGUES	AEJ	Leiria	2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA	05 CNLeiria	34.74	544
2. Carolina Lourenco, MATOS	98 Benedita	35.17	524
3. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	35.32	518
4. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	36.42	472
5. Luana Pinto, DOMINGUES	03 CNLeiria	37.06	448
6. Ines Mira, PINO	06 Pimpoes/Cimai	37.73	425
7. Rita Rocha, SILVA	08 Alcobaca	37.99	416
8. Carolina Ferreira, FONSECA	07 Vieiraense	39.52	369
9. Lara Roque, COTRIM	03 Pimpoes/Cimai	39.75	363
10. Beatriz Silva, CONCEICAO	05 Benedita	40.16	352
11. Beatriz Gameiro, MATIAS	97 Nucleo de Pombal	41.08	329
12. Diana Rita, FONSECA	08 Vieiraense	41.40	321
13. Bruna Matos, FIALHO	08 Uniao Juncalense	41.94	309
14. Catarina Tagaroso, LOBO	07 Uniao Juncalense	42.37	300
15. Matilde Monteiro, NEVES	08 Nucleo de Pombal	43.07	285
16. Matilde Santos, COUTINHO	07 Naval da Nazaré	43.33	280
17. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	44.82	253
18. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	45.74	238

Prova 18 Femin., 50m Bruços Juvenis Femininos (A+B)
02/03/2024 - 16:33 Resultados

Rec Nac Open	30.21	Ana Pinho, RODRIGUES	EDV	Leiria	2022
Rec Nac JUV A	32.81	tempo limite,			
Rec Nac JUV B	34.12	tempo limite,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Teresa, OLIVEIRA	09 Ba-Leiria	36.30	477
2. Sofia Roma, BRIZIDA	10 Ba-Leiria	37.24	442
3. Maria Margarida, OLIVEIRA	09 Ba-Leiria	38.33	405
4. Zofie, PACHECO	09 Naval de Peniche	39.14	380
5. Elisa Henriques, SOUTO	10 Óbidos	39.38	373
6. Leonor Pereira, SILVA	10 Óbidos	40.34	347
7. Maria Carolina, ALVES	10 Ba-Leiria	40.60	341
8. Diana Isabel, ALVES	10 Pimpoes/Cimai	41.65	316
9. Rafaela Santos, AFONSO	10 Naval de Peniche	41.90	310
Debora Silva, INACIO	10 Pimpoes/Cimai	41.90	310
11. Mariana Santos, AFONSO	10 Naval de Peniche	41.95	309

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 18, Femin., 50m Bruços, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
12. Laura Helena, AMORIM	10 Nautico Marinha Grande	42.29	301
13. Ines Ferreira, CHELEU	09 Ba-Leiria	42.87	289
14. Matilde Filipa, AMADO	10 Nautico Marinha Grande	44.54	258

Prova 19

Masc., 200m Estilos

Absolutos (Jun+Sen)

02/03/2024 - 16:59

Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac SEN	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	2015
Rec Nac 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	2005

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS 50m: 28.10 28.10 100m: 1:01.62 33.52 150m: 1:39.40 37.78 200m: 2:09.01 29.61	03 Nautico Marinha Grande	2:09.01	613
2. Francisco Marques, SIMOES 50m: 27.51 27.51 100m: 1:01.43 33.92 150m: 1:39.27 37.84 200m: 2:09.13 29.86	07 CNLeiria	2:09.13	611
3. Goncalo Pereira, COLACO 50m: 30.08 30.08 100m: 1:05.13 35.05 150m: 1:43.98 38.85 200m: 2:15.93 31.95	07 CNLeiria	2:15.93	524
4. Lucas Filipe, MOREIRA 50m: 30.75 30.75 100m: 1:08.42 37.67 150m: 1:48.60 40.18 200m: 2:22.16 33.56	05 CNLeiria	2:22.16	458
5. Bruno Filipe, TABORDA 50m: 29.81 29.81 100m: 1:07.14 37.33 150m: 1:48.88 41.74 200m: 2:22.83 33.95	95 CNLeiria	2:22.83	452
6. Rafael, SANTOS 50m: 32.40 32.40 100m: 1:13.44 41.04 150m: 1:59.83 46.39 200m: 2:31.82 31.99	06 Uniao Juncalense	2:31.82	376
7. Gabriel Zimas, JACINTO 50m: 29.79 29.79 100m: 1:08.26 38.47 150m: 1:57.67 49.41 200m: 2:35.43 37.76	06 CNLeiria	2:35.43	350
8. David Parreiras, PEREIRA 50m: 30.16 30.16 100m: 1:09.60 39.44 150m: 1:57.56 47.96 200m: 2:36.31 38.75	06 CNLeiria	2:36.31	345
9. Dinis Amado, FERREIRA 50m: 35.13 35.13 100m: 1:20.93 45.80 150m: 2:10.11 49.18 200m: 2:48.58 38.47	06 CNLeiria	2:48.58	275
DSQ Bernardo Nunes, DOMINGUEZ <i>Falsa partida (SW 4.4)</i>	07 Ba-Leiria		

Prova 19

Masc., 200m Estilos

Juvenis Masculinos (A+B)

02/03/2024 - 16:59

Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	2004
Rec Nac JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	2003

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Paulo, KOT 50m: 29.78 29.78 100m: 1:05.62 35.84 150m: 1:48.11 42.49 200m: 2:19.53 31.42	09 Nautico Marinha Grande	2:19.53	485
2. Martim Alexandre, MESQUITA 50m: 30.09 30.09 100m: 1:09.28 39.19 150m: 1:52.14 42.86 200m: 2:23.33 31.19	09 Nautico Marinha Grande	2:23.33	447
3. Daniel Gomes, SANTOS 50m: 32.02 32.02 100m: 1:12.97 40.95 150m: 1:57.75 44.78 200m: 2:32.35 34.60	08 Nautico Marinha Grande	2:32.35	372
4. Tomas Bento, ANFILOQUIO 50m: 32.91 32.91 100m: 1:10.91 38.00 150m: 1:58.79 47.88 200m: 2:35.74 36.95	09 Pimpoes/Cimai	2:35.74	348

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 19, Masc., 200m Estilos, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
5. David Ferrador, PEREIRA 50m: 34.66 34.66 100m: 1:14.06 39.40 150m: 2:03.17 49.11 200m: 2:37.57 34.40	09 Nucleo de Pombal	2:37.57	336
6. Luis Pedro, VALERIO 50m: 32.44 32.44 100m: 1:12.21 39.77 150m: 2:03.41 51.20 200m: 2:38.90 35.49	09 Ba-Leiria	2:38.90	328
7. Gabriel Santiago, FERREIRA 50m: 35.30 35.30 100m: 1:18.53 43.23 150m: 2:08.60 50.07 200m: 2:45.73 37.13	09 Uniao Juncalense	2:45.73	289
8. Tiago Daniel, POVOA 50m: 39.66 39.66 100m: 1:25.55 45.89 150m: 2:17.72 52.17 200m: 2:58.89 41.17	08 Uniao Juncalense	2:58.89	230

Prova 19 Masc., 200m Estilos Infantil A
02/03/2024 - 16:59 Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac INF A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM 50m: 30.46 30.46 100m: 1:06.80 36.34 150m: 1:49.38 42.58 200m: 2:22.15 32.77	10 CNLeiria	2:22.15	458
2. Lucas Ferreira, GASPAR 50m: 33.93 33.93 100m: 1:14.01 40.08 150m: 2:02.21 48.20 200m: 2:38.57 36.36	10 Vieiraense	2:38.57	330
3. Joao Piteira, GAIOLAS 50m: 33.85 33.85 100m: 1:14.25 40.40 150m: 2:02.67 48.42 200m: 2:39.58 36.91	10 Nautico Marinha Grande	2:39.58	324
4. Rodrigo Cardoso, TOMAS 50m: 34.97 34.97 100m: 1:17.22 42.25 150m: 2:06.67 49.45 200m: 2:41.31 34.64	10 Uniao Juncalense	2:41.31	313
5. Tomas Marques, FRANCISCO 50m: 35.75 35.75 100m: 1:16.42 40.67 150m: 2:09.56 53.14 200m: 2:46.19 36.63	10 CNLeiria	2:46.19	287
6. Santiago Neves, SILVA 50m: 38.09 38.09 100m: 1:23.87 45.78 150m: 2:11.77 47.90 200m: 2:50.45 38.68	10 Nucleo de Pombal	2:50.45	266
7. Francisco Antonio, SIMOES 50m: 42.53 42.53 100m: 1:29.21 46.68 150m: 2:20.66 51.45 200m: 3:00.64 39.98	10 Ba-Leiria	3:00.64	223

Prova 19 Masc., 200m Estilos Infantil B
02/03/2024 - 16:59 Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac INF B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Pedro Pereira, OLIVEIRA 50m: 37.65 37.65 100m: 1:21.03 43.38 150m: 2:10.45 49.42 200m: 2:47.82 37.37	11 Nautico Marinha Grande	2:47.82	278
2. Vasco Sousa, LEMOS 50m: 39.86 39.86 100m: 1:24.36 44.50 150m: 2:18.55 54.19 200m: 2:58.85 40.30	11 Pimpoes/Cimai	2:58.85	230
3. Martin, SHEVCHUK 50m: 44.11 44.11 100m: 1:33.24 49.13 150m: 2:28.69 55.45 200m: 3:09.55 40.86	11 CNLeiria	3:09.55	193
4. Diego Rodrigues, MENDES 50m: 46.79 46.79 100m: 1:36.98 50.19 150m: 2:42.07 1:05.09 200m: 3:26.31 44.24	11 Nautico Marinha Grande	3:26.31	150

DSQ Guilherme Melo, ELIAS 11 Naval da Nazaré
O atleta perdeu a posição ventral, após a viragem aos 125 metros.

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 20 Femin., 400m Estilos Absolutos (JUN+SEN)
02/03/2024 - 17:15 Resultados

Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac SEN	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac 17	4:46.89	Ines Neto, ROCHA	CAP	Felqueiras	2018
Rec Nac 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	2011

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Joana Rosa, FERREIRA	05	CNLeiria	5:13.90	561			
50m: 32.77 32.77	150m: 1:53.44 42.18	250m: 3:18.86 44.44	350m: 4:39.59 36.83				
100m: 1:11.26 38.49	200m: 2:34.42 40.98	300m: 4:02.76 43.90	400m: 5:13.90 34.31				
2. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	5:15.11	554			
50m: 35.07 35.07	150m: 1:58.67 42.76	250m: 3:21.12 41.12	350m: 4:40.47 36.54				
100m: 1:15.91 40.84	200m: 2:40.00 41.33	300m: 4:03.93 42.81	400m: 5:15.11 34.64				
3. Bruna Andreia, SIMOES	01	Vieirense	5:43.05	430			
50m: 34.68 34.68	150m: 2:01.08 45.63	250m: 3:32.88 48.07	350m: 5:03.55 41.20				
100m: 1:15.45 40.77	200m: 2:44.81 43.73	300m: 4:22.35 49.47	400m: 5:43.05 39.50				

Prova 20 Femin., 400m Estilos Juvenis Femininos (A+B)
02/03/2024 - 17:15 Resultados

Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac JUV A	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	2004
Rec Nac JUV B	4:56.53	Mariana Pacheco, CUNHA	CFP	Porto	2018

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	5:13.48	563			
50m: 33.74 33.74	150m: 1:55.83 41.67	250m: 3:19.51 43.19	350m: 4:38.90 35.29				
100m: 1:14.16 40.42	200m: 2:36.32 40.49	300m: 4:03.61 44.10	400m: 5:13.48 34.58				
2. Sofia Roma, BRIZIDA	10	Ba-Leiria	5:37.01	453			
50m: 36.43 36.43	150m: 2:05.07 43.40	250m: 3:33.17 45.79	350m: 4:59.18 39.87				
100m: 1:21.67 45.24	200m: 2:47.38 42.31	300m: 4:19.31 46.14	400m: 5:37.01 37.83				
3. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	5:42.43	432			
50m: 37.45 37.45	150m: 2:05.13 44.23	250m: 3:39.14 50.89	350m: 5:05.49 37.05				
100m: 1:20.90 43.45	200m: 2:48.25 43.12	300m: 4:28.44 49.30	400m: 5:42.43 36.94				
4. Clara Sobreiro, RODRIGUES	09	Pimpoes/Cimai	5:44.02	426			
50m: 36.19 36.19	150m: 2:02.04 45.23	250m: 3:36.70 51.27	350m: 5:05.84 38.26				
100m: 1:16.81 40.62	200m: 2:45.43 43.39	300m: 4:27.58 50.88	400m: 5:44.02 38.18				
5. Laura Helena, AMORIM	10	Nautico Marinha Grande	5:56.18	384			
50m: 38.78 38.78	150m: 2:12.32 46.59	250m: 3:46.49 49.53	350m: 5:16.98 39.89				
100m: 1:25.73 46.95	200m: 2:56.96 44.64	300m: 4:37.09 50.60	400m: 5:56.18 39.20				
6. Maria Teresa, OLIVEIRA	09	Ba-Leiria	6:00.29	371			
50m: 40.18 40.18	150m: 2:15.56 46.95	250m: 3:50.37 48.45	350m: 5:19.87 41.18				
100m: 1:28.61 48.43	200m: 3:01.92 46.36	300m: 4:38.69 48.32	400m: 6:00.29 40.42				
7. Luana Filipe, REIS	10	Alcobaca	6:02.09	365			
50m: 40.83 40.83	150m: 2:13.98 45.32	250m: 3:46.67 48.93	350m: 5:20.33 44.04				
100m: 1:28.66 47.83	200m: 2:57.74 43.76	300m: 4:36.29 49.62	400m: 6:02.09 41.76				

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 21 Absolutos (Jun+Sen)
02/03/2024 - 17:30 Resultados

		Masc., 200m Livres					
Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018		
Rec Nac SEN	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018		
Rec Nac 18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	2004		
Rec Nac 17	1:47.65	Diogo Matos, RIBEIRO	CUC	Felgueiras	2021		

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Gil Santos, LEMOS		06	Pimpoes/Cimai			1:54.67	650	
	50m: 27.18 27.18	100m: 56.13 28.95		150m: 1:25.26 29.13	200m: 1:54.67		29.41		
2.	Filipe Miguel, GOMES		97	CNLeiria			1:55.48	637	
	50m: 26.46 26.46	100m: 55.67 29.21		150m: 1:25.17 29.50	200m: 1:55.48		30.31		
3.	Afonso Dinis, ROQUE		07	CNLeiria			1:59.60	573	
	50m: 27.90 27.90	100m: 57.61 29.71		150m: 1:28.42 30.81	200m: 1:59.60		31.18		
4.	Francisco Xavier, RITA		07	Vieirense			2:00.12	566	
	50m: 27.96 27.96	100m: 58.56 30.60		150m: 1:29.90 31.34	200m: 2:00.12		30.22		
5.	Luca Valentino, TONA		06	Pimpoes/Cimai			2:00.30	563	
	50m: 28.43 28.43	100m: 59.11 30.68		150m: 1:30.02 30.91	200m: 2:00.30		30.28		
6.	Joao Moura, FRANCISCO		07	CNLeiria			2:01.45	547	
	50m: 28.15 28.15	100m: 59.23 31.08		150m: 1:30.36 31.13	200m: 2:01.45		31.09		
7.	Joao Miguel, SANTOS		81	CNLeiria			2:04.44	509	
	50m: 28.42 28.42	100m: 59.79 31.37		150m: 1:32.21 32.42	200m: 2:04.44		32.23		
8.	Edgar Francisco, SIMOES		06	Vieirense			2:11.91	427	
	50m: 29.25 29.25	100m: 1:03.23 33.98		150m: 1:37.90 34.67	200m: 2:11.91		34.01		
9.	Gabriel Lourenco, CUSTODIO		06	Naval da Nazaré			2:32.83	274	
	50m: 34.51 34.51	100m: 1:13.53 39.02		150m: 1:54.67 41.14	200m: 2:32.83		38.16		
10.	Joel Heber, SANTOS		06	Ba-Leiria			2:40.49	237	
	50m: 35.07 35.07	100m: 1:15.73 40.66		150m: 1:59.57 43.84	200m: 2:40.49		40.92		
11.	Rayan Gava, ALVES		95	Óbidos			2:46.79	211	
	50m: 36.26 36.26	100m: 1:16.93 40.67		150m: 2:01.71 44.78	200m: 2:46.79		45.08		
DNS	Andre Filipe, FERNANDES		07	Alcobaca					
DNS	Cristiano Nogueira, FERREIRA		06	Nucleo de Pombal					

Prova 21 Juvénis Masculinos (A+B)
02/03/2024 - 17:30 Resultados

		Masc., 200m Livres					
Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018		
Rec Nac JUV A	1:49.83	Diogo Matos, RIBEIRO	CUC	Mealhada	2019		
Rec Nac JUV B	1:53.76	Diogo Matos, RIBEIRO	CUC	Coimbra	2019		

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria			1:57.23	609	
	50m: 27.88 27.88	100m: 57.98 30.10		150m: 1:28.30 30.32	200m: 1:57.23		28.93		
2.	Tome Nunes, TOME		08	CNLeiria			2:01.59	545	
	50m: 28.68 28.68	100m: 59.61 30.93		150m: 1:30.88 31.27	200m: 2:01.59		30.71		
3.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai			2:01.75	543	
	50m: 28.57 28.57	100m: 59.80 31.23		150m: 1:31.36 31.56	200m: 2:01.75		30.39		
4.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande			2:04.38	509	
	50m: 28.84 28.84	100m: 1:00.52 31.68		150m: 1:33.26 32.74	200m: 2:04.38		31.12		
5.	Xinyang, CHENG		09	Nautico Marinha Grande			2:12.81	418	
	50m: 30.58 30.58	100m: 1:04.66 34.08		150m: 1:39.43 34.77	200m: 2:12.81		33.38		
6.	David Ferrador, PEREIRA		09	Nucleo de Pombal			2:14.22	405	
	50m: 30.80 30.80	100m: 1:04.88 34.08		150m: 1:40.12 35.24	200m: 2:14.22		34.10		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 21, Masc., 200m Livres, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
7. Pedro Fonseca, OLIVEIRA 50m: 31.49 31.49 100m: 1:06.25 34.76 150m: 1:41.31 35.06 200m: 2:16.06 34.75	09 Nautico Marinha Grande	2:16.06	389
8. Hugo Miguel, SANTOS 50m: 31.25 31.25 100m: 1:05.60 34.35 150m: 1:41.37 35.77 200m: 2:16.83 35.46	09 Pimpoes/Cimai	2:16.83	383
9. Santiago Marques, GOMES 50m: 31.42 31.42 100m: 1:06.75 35.33 150m: 1:42.81 36.06 200m: 2:17.34 34.53	09 Ba-Leiria	2:17.34	378
10. Santiago Jose, PACHECO 50m: 31.39 31.39 100m: 1:07.04 35.65 150m: 1:43.39 36.35 200m: 2:18.32 34.93	09 Alcobaca	2:18.32	370
11. Gabriel Santiago, FERREIRA 50m: 31.75 31.75 100m: 1:07.11 35.36 150m: 1:43.72 36.61 200m: 2:19.91 36.19	09 Uniao Juncalense	2:19.91	358
12. Diogo Coelho, JORDAO 50m: 30.66 30.66 100m: 1:06.26 35.60 150m: 1:43.43 37.17 200m: 2:20.38 36.95	08 Uniao Juncalense	2:20.38	354
13. Maksym, TYSHCHUK 50m: 33.63 33.63 100m: 1:09.96 36.33 150m: 1:47.58 37.62 200m: 2:21.79 34.21	09 Nautico Marinha Grande	2:21.79	344
14. Isaac Arruda, SARAIVA 50m: 32.05 32.05 100m: 1:08.01 35.96 150m: 1:47.19 39.18 200m: 2:23.05 35.86	09 Viegrense	2:23.05	335
15. Afonso Matos, CORREIA 50m: 32.18 32.18 100m: 1:09.23 37.05 150m: 1:46.56 37.33 200m: 2:23.44 36.88	09 Nucleo de Pombal	2:23.44	332
16. Diogo Barata, ALVES 50m: 32.62 32.62 100m: 1:09.86 37.24 150m: 1:48.17 38.31 200m: 2:25.11 36.94	08 Nautico Marinha Grande	2:25.11	321
17. Luis Pedro, VALERIO 50m: 32.98 32.98 100m: 1:10.47 37.49 150m: 1:48.86 38.39 200m: 2:25.57 36.71	09 Ba-Leiria	2:25.57	318
18. Vladyslav, BABUSHKIN 50m: 33.62 33.62 100m: 1:10.39 36.77 150m: 1:48.70 38.31 200m: 2:26.88 38.18	09 Nautico Marinha Grande	2:26.88	309
19. Andre Guilherme, CORDEIRO 50m: 34.71 34.71 100m: 1:12.92 38.21 150m: 1:52.48 39.56 200m: 2:32.80 40.32	09 Naval de Peniche	2:32.80	275
20. Afonso Nunes, MARCELINO 50m: 36.90 36.90 100m: 1:18.24 41.34 150m: 2:00.54 42.30 200m: 2:39.73 39.19	08 Nucleo de Pombal	2:39.73	240
21. Alexandre Afonso, SANTOS 50m: 37.13 37.13 100m: 1:19.79 42.66 150m: 2:04.62 44.83 200m: 2:47.25 42.63	09 Uniao Juncalense	2:47.25	209

Prova 21
02/03/2024 - 17:30

Masc., 200m Livres

Infantil A
Resultados

Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Nac INF A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM 50m: 28.16 28.16 100m: 59.33 31.17 150m: 1:31.26 31.93 200m: 2:02.97 31.71	10 CNLeiria	2:02.97	527
2. Antonio Antunes, JORGE 50m: 30.37 30.37 100m: 1:03.97 33.60 150m: 1:38.10 34.13 200m: 2:10.93 32.83	10 Alcobaca	2:10.93	437
3. Guilherme Costa, REBELO 50m: 30.43 30.43 100m: 1:04.48 34.05 150m: 1:39.01 34.53 200m: 2:12.55 33.54	10 Pimpoes/Cimai	2:12.55	421
4. Tomas Manuel, PALMEIRO 50m: 31.22 31.22 100m: 1:07.32 36.10 150m: 1:43.80 36.48 200m: 2:17.79 33.99	10 Nautico Marinha Grande	2:17.79	375
5. Francisco Lourenco, PEDROSA 50m: 31.99 31.99 100m: 1:07.19 35.20 150m: 1:43.29 36.10 200m: 2:17.92 34.63	10 Nautico Marinha Grande	2:17.92	374

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 21, Masc., 200m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
6. Lucas Ferreira, GASPAR 50m: 31.61 31.61 100m: 1:07.10 35.49 150m: 1:43.86 36.76 200m: 2:18.12 34.26	10 Vieirense	2:18.12	372
7. Afonso Ferreira, REIS 50m: 31.94 31.94 100m: 1:07.96 36.02 150m: 1:45.68 37.72 200m: 2:21.68 36.00	10 Nautico Marinha Grande	2:21.68	345
8. Simao Almeida, CARNIDE 50m: 31.24 31.24 100m: 1:07.61 36.37 150m: 1:45.69 38.08 200m: 2:23.09 37.40	10 Vieirense	2:23.09	334
9. David Xavier, ALMEIDA 50m: 33.85 33.85 100m: 1:10.69 36.84 150m: 1:48.70 38.01 200m: 2:24.25 35.55	10 Ba-Leiria	2:24.25	326
10. Dinis Lamas, SANTOS 50m: 33.42 33.42 100m: 1:09.95 36.53 150m: 1:47.89 37.94 200m: 2:24.27 36.38	10 Ba-Leiria	2:24.27	326
11. Lucas Costa, JESUS 50m: 32.62 32.62 100m: 1:09.80 37.18 150m: 1:49.11 39.31 200m: 2:25.40 36.29	10 Nautico Marinha Grande	2:25.40	319
12. Rafael Costa, ANTUNES 50m: 49.71 49.71 100m: 1:48.94 59.23 150m: 2:44.68 55.74 200m: 3:39.95 55.27	10 Naval de Peniche	3:39.95	92

Prova 21 Masc., 200m Livres Infantil B
02/03/2024 - 17:30 Resultados

Rec Nac Open	1:43.16	Miquel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Nac INF B	2:04.75	Joao Magalhaes, NUNES	CNA	Algés	2012

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Martim Duarte, ROQUE 50m: 33.28 33.28 100m: 1:10.74 37.46 150m: 1:48.92 38.18 200m: 2:24.84 35.92	11 CNLeiria	2:24.84	322
2. Joao Santos, ALMEIDA 50m: 33.24 33.24 100m: 1:11.15 37.91 150m: 1:50.00 38.85 200m: 2:25.34 35.34	11 Ba-Leiria	2:25.34	319
3. Vidar Albert, JUNG 50m: 33.25 33.25 100m: 1:10.98 37.73 150m: 1:50.29 39.31 200m: 2:29.01 38.72	11 Nautico Marinha Grande	2:29.01	296
4. Martim Cruz, MOURA 50m: 35.08 35.08 100m: 1:14.50 39.42 150m: 1:55.18 40.68 200m: 2:32.87 37.69	11 CNLeiria	2:32.87	274
5. Pedro Pereira, OLIVEIRA 50m: 36.15 36.15 100m: 1:15.86 39.71 150m: 1:56.65 40.79 200m: 2:33.23 36.58	11 Nautico Marinha Grande	2:33.23	272
6. Guilherme Melo, ELIAS 50m: 38.90 38.90 100m: 1:20.69 41.79 150m: 2:05.11 44.42 200m: 2:44.78 39.67	11 Naval da Nazaré	2:44.78	219
7. Rodrigo Nicolau, RITA 50m: 40.19 40.19 100m: 1:27.51 47.32 150m: 2:15.36 47.85 200m: 3:00.88 45.52	11 Vieirense	3:00.88	165
8. Rodrigo Duarte, CARREIRA 50m: 44.44 44.44 100m: 1:33.68 49.24 150m: 2:21.51 47.83 200m: 3:05.81 44.30	11 Alcobaca	3:05.81	152
9. Dinis Morgado, FERREIRA 50m: 39.85 39.85 100m: 1:28.68 48.83 150m: 2:21.47 52.79 200m: 3:06.35 44.88	11 Ba-Leiria	3:06.35	151
10. Joao Rodrigo, BREDÁ 50m: 42.56 42.56 100m: 1:31.34 48.78 150m: 2:21.80 50.46 200m: 3:08.25 46.45	11 Nautico Marinha Grande	3:08.25	147
11. Diego Rodrigues, MENDES 50m: 43.01 43.01 100m: 1:33.63 50.62 150m: 2:23.58 49.95 200m: 3:09.40 45.82	11 Nautico Marinha Grande	3:09.40	144
12. Joao Pedro, CRUZ 50m: 46.42 46.42 100m: 1:37.19 50.77 150m: 2:27.46 50.27 200m: 3:14.32 46.86	11 Naval de Peniche	3:14.32	133
13. Simão Pedro, MARQUES 50m: 43.61 43.61 100m: 1:34.58 50.97 150m: 2:27.03 52.45 200m: 3:16.33 49.30	11 Uniao Juncalense	3:16.33	129

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 21, Masc., 200m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
14. Gabriel Marques, CARREIRA	11 Uniao Juncalense	3:17.33	127
50m: 44.59 44.59	100m: 1:35.59 51.00	150m: 2:28.13 52.54	200m: 3:17.33 49.20
15. Diogo Demirel, FERREIRA	11 Ba-Leiria	3:20.00	122
50m: 44.82 44.82	100m: 1:36.48 51.66	150m: 2:28.95 52.47	200m: 3:20.00 51.05
16. Valentim Antonio, PEREIRA	11 CNLeiria	3:28.46	108
50m: 45.14 45.14	100m: 1:40.71 55.57	150m: 2:36.54 55.83	200m: 3:28.46 51.92

Prova 22

Femin., 400m Livres

Absolutos (JUN+SEN)

02/03/2024 - 18:00

Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac SEN	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac 16	4:13.53	Ana Reis, SOUSA	CNLA	Porto	2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Matilde Violante, VIANA	07 CNLeiria	4:45.42	532
50m: 31.98 31.98	150m: 1:42.86 35.71	250m: 2:56.36 36.57	350m: 4:09.36 36.47
100m: 1:07.15 35.17	200m: 2:19.79 36.93	300m: 3:32.89 36.53	400m: 4:45.42 36.06
2. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	4:59.10	462
50m: 32.53 32.53	150m: 1:45.48 37.10	250m: 3:01.59 38.64	350m: 4:21.02 39.62
100m: 1:08.38 35.85	200m: 2:22.95 37.47	300m: 3:41.40 39.81	400m: 4:59.10 38.08
3. Beatriz Luz, MARTINS	06 Pimpoes/Cimai	5:09.08	419
50m: 33.96 33.96	150m: 1:50.59 38.64	250m: 3:09.99 39.86	350m: 4:30.17 39.66
100m: 1:11.95 37.99	200m: 2:30.13 39.54	300m: 3:50.51 40.52	400m: 5:09.08 38.91
4. Constanca Carvalho, PIEDADE	08 Uniao Juncalense	5:41.37	311
50m: 39.18 39.18	150m: 2:05.82 43.63	250m: 3:33.80 43.77	350m: 4:59.88 43.16
100m: 1:22.19 43.01	200m: 2:50.03 44.21	300m: 4:16.72 42.92	400m: 5:41.37 41.49
5. Matilde Santos, COUTINHO	07 Naval da Nazaré	5:51.82	284
50m: 37.53 37.53	150m: 2:05.62 44.92	250m: 3:37.12 46.53	350m: 5:07.63 45.67
100m: 1:20.70 43.17	200m: 2:50.59 44.97	300m: 4:21.96 44.84	400m: 5:51.82 44.19
6. Marta Cabete, GOMES	08 CNLeiria	5:59.76	265
50m: 40.02 40.02	150m: 2:08.05 44.56	250m: 3:39.43 45.75	350m: 5:09.99 45.40
100m: 1:23.49 43.47	200m: 2:53.68 45.63	300m: 4:24.59 45.16	400m: 5:59.76 49.77
7. Bruna Matos, FIALHO	08 Uniao Juncalense	6:02.33	260
50m: 37.67 37.67	150m: 2:07.46 45.83	250m: 3:42.25 47.30	350m: 5:16.48 46.76
100m: 1:21.63 43.96	200m: 2:54.95 47.49	300m: 4:29.72 47.47	400m: 6:02.33 45.85

Prova 22

Femin., 400m Livres

Juvenis Femininos (A+B)

02/03/2024 - 18:00

Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac JUV A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac JUV B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	2004

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Constanca Baptista, TOMAS	09 Alcobaca	4:36.96	582
50m: 31.47 31.47	150m: 1:41.74 35.52	250m: 2:52.80 35.49	350m: 4:03.38 35.29
100m: 1:06.22 34.75	200m: 2:17.31 35.57	300m: 3:28.09 35.29	400m: 4:36.96 33.58
2. Francisca Ramos, NUNES	09 Naval de Peniche	4:46.34	527
50m: 32.79 32.79	150m: 1:45.48 36.80	250m: 2:58.53 36.15	350m: 4:11.78 36.76
100m: 1:08.68 35.89	200m: 2:22.38 36.90	300m: 3:35.02 36.49	400m: 4:46.34 34.56

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 22, Femin., 400m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
3. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	4:51.08	501
50m: 33.20 33.20	150m: 1:47.16 37.44	250m: 3:01.52 36.96	350m: 4:14.82 36.54
100m: 1:09.72 36.52	200m: 2:24.56 37.40	300m: 3:38.28 36.76	400m: 4:51.08 36.26
4. Bianca Balbino, MENDES	10 Naval de Peniche	4:53.24	490
50m: 32.85 32.85	150m: 1:45.21 36.82	250m: 3:00.19 37.41	350m: 4:14.94 37.41
100m: 1:08.39 35.54	200m: 2:22.78 37.57	300m: 3:37.53 37.34	400m: 4:53.24 38.30
5. Diana Isabel, ALVES	10 Pimpoes/Cimai	4:58.79	463
50m: 34.17 34.17	150m: 1:49.87 38.12	250m: 3:06.49 38.21	350m: 4:22.52 37.08
100m: 1:11.75 37.58	200m: 2:28.28 38.41	300m: 3:45.44 38.95	400m: 4:58.79 36.27
6. Barbara Balbino, MENDES	10 Naval de Peniche	5:06.51	429
50m: 34.11 34.11	150m: 1:48.17 37.80	250m: 3:06.92 39.65	350m: 4:27.02 40.17
100m: 1:10.37 36.26	200m: 2:27.27 39.10	300m: 3:46.85 39.93	400m: 5:06.51 39.49
7. Maria Carolina, ALVES	10 Ba-Leiria	5:07.64	425
50m: 35.17 35.17	150m: 1:52.45 39.14	250m: 3:10.44 39.04	350m: 4:29.60 39.41
100m: 1:13.31 38.14	200m: 2:31.40 38.95	300m: 3:50.19 39.75	400m: 5:07.64 38.04
8. Vida Sofia, VELEZ	10 Ba-Leiria	5:08.00	423
50m: 35.17 35.17	150m: 1:53.70 40.11	250m: 3:12.45 39.36	350m: 4:29.51 38.53
100m: 1:13.59 38.42	200m: 2:33.09 39.39	300m: 3:50.98 38.53	400m: 5:08.00 38.49
9. Leonor Pereira, SILVA	10 Óbidos	5:14.71	397
50m: 34.81 34.81	150m: 1:53.56 40.57	250m: 3:15.32 41.08	350m: 4:37.16 40.91
100m: 1:12.99 38.18	200m: 2:34.24 40.68	300m: 3:56.25 40.93	400m: 5:14.71 37.55
10. Matilde Filipa, AMADO	10 Nautico Marinha Grande	5:20.30	376
50m: 36.17 36.17	150m: 1:56.98 40.97	250m: 3:18.22 40.81	350m: 4:40.04 40.86
100m: 1:16.01 39.84	200m: 2:37.41 40.43	300m: 3:59.18 40.96	400m: 5:20.30 40.26
11. Ines Ferreira, CHELEU	09 Ba-Leiria	5:28.39	349
50m: 35.80 35.80	150m: 1:57.09 41.38	250m: 3:20.89 41.83	350m: 4:47.13 43.08
100m: 1:15.71 39.91	200m: 2:39.06 41.97	300m: 4:04.05 43.16	400m: 5:28.39 41.26
12. Maria Margarida, OLIVEIRA	09 Ba-Leiria	5:32.13	337
50m: 37.09 37.09	150m: 2:00.76 42.61	250m: 3:26.28 42.92	350m: 4:50.72 42.06
100m: 1:18.15 41.06	200m: 2:43.36 42.60	300m: 4:08.66 42.38	400m: 5:32.13 41.41
13. Anjali, RAICAR	09 Naval de Peniche	5:35.65	327
50m: 35.84 35.84	150m: 1:57.43 41.40	250m: 3:23.23 43.60	350m: 4:52.07 44.32
100m: 1:16.03 40.19	200m: 2:39.63 42.20	300m: 4:07.75 44.52	400m: 5:35.65 43.58
14. Rafaela Santos, AFONSO	10 Naval de Peniche	5:36.91	323
50m: 37.12 37.12	150m: 2:02.49 43.05	250m: 3:29.37 43.48	350m: 4:57.56 44.14
100m: 1:19.44 42.32	200m: 2:45.89 43.40	300m: 4:13.42 44.05	400m: 5:36.91 39.35
15. Mariana Santos, AFONSO	10 Naval de Peniche	5:37.09	323
50m: 37.74 37.74	150m: 2:03.89 43.91	250m: 3:31.10 43.85	350m: 4:58.36 43.72
100m: 1:19.98 42.24	200m: 2:47.25 43.36	300m: 4:14.64 43.54	400m: 5:37.09 38.73
16. Laura Samora, GONCALVES	10 Ba-Leiria	5:37.50	321
50m: 38.46 38.46	150m: 2:04.59 43.07	250m: 3:30.84 42.93	350m: 4:56.99 42.69
100m: 1:21.52 43.06	200m: 2:47.91 43.32	300m: 4:14.30 43.46	400m: 5:37.50 40.51
17. Constanca Rolim, PEDRO	10 Ba-Leiria	5:37.54	321
50m: 38.69 38.69	150m: 2:05.83 43.67	250m: 3:30.61 41.89	350m: 4:55.44 42.79
100m: 1:22.16 43.47	200m: 2:48.72 42.89	300m: 4:12.65 42.04	400m: 5:37.54 42.10
18. Zofie, PACHECO	09 Naval de Peniche	5:50.15	288
50m: 35.63 35.63	150m: 2:02.24 45.02	250m: 3:33.73 46.09	350m: 5:07.16 46.52
100m: 1:17.22 41.59	200m: 2:47.64 45.40	300m: 4:20.64 46.91	400m: 5:50.15 42.99

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 22, Femin., 400m Livres

Prova 22
02/03/2024 - 18:00

Femin., 400m Livres

Infantil A
Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac INF A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	1980

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Francisca Moreira, FELICIANO	11	Alcobaca			5:15.02	395
	50m: 35.66 35.66	150m: 1:56.33	40.61	250m: 3:16.93	40.56	350m: 4:37.68	40.25
	100m: 1:15.72 40.06	200m: 2:36.37	40.04	300m: 3:57.43	40.50	400m: 5:15.02	37.34
2.	Mariana Sousa, MENDES	11	Alcobaca			5:21.70	371
	50m: 36.00 36.00	150m: 1:56.49	40.56	250m: 3:19.14	41.32	350m: 4:41.85	41.57
	100m: 1:15.93 39.93	200m: 2:37.82	41.33	300m: 4:00.28	41.14	400m: 5:21.70	39.85
3.	Carolina Silva, CASTANHEIRA	11	CNLeiria			5:27.17	353
	50m: 36.55 36.55	150m: 1:58.43	41.55	250m: 3:21.32	41.80	350m: 4:46.32	43.07
	100m: 1:16.88 40.33	200m: 2:39.52	41.09	300m: 4:03.25	41.93	400m: 5:27.17	40.85
4.	Maria Leonor, ALMEIDA	11	Benedita			5:35.67	327
	50m: 37.25 37.25	150m: 2:01.88	42.99	250m: 3:27.12	41.68	350m: 4:53.40	42.95
	100m: 1:18.89 41.64	200m: 2:45.44	43.56	300m: 4:10.45	43.33	400m: 5:35.67	42.27
5.	Margarida Lopes, RODRIGUES	11	Uniao Juncalense			5:40.40	313
	50m: 36.66 36.66	150m: 2:02.30	43.65	250m: 3:31.13	44.17	350m: 4:59.04	43.81
	100m: 1:18.65 41.99	200m: 2:46.96	44.66	300m: 4:15.23	44.10	400m: 5:40.40	41.36
6.	Maria Santos, FONSECA	11	CNLeiria			5:48.38	292
	50m: 37.90 37.90	150m: 2:06.72	45.42	250m: 3:34.40	44.26	350m: 5:02.20	43.53
	100m: 1:21.30 43.40	200m: 2:50.14	43.42	300m: 4:18.67	44.27	400m: 5:48.38	46.18
7.	Leiriia Silviovna, TONKIKH	11	CNLeiria			5:57.57	270
	50m: 40.54 40.54	150m: 2:09.69	44.96	250m: 3:41.22	45.94	350m: 5:11.85	45.17
	100m: 1:24.73 44.19	200m: 2:55.28	45.59	300m: 4:26.68	45.46	400m: 5:57.57	45.72
8.	Erica Felix, RODRIGUES	11	Uniao Juncalense			6:05.03	254
	50m: 41.26 41.26	150m: 2:14.23	47.10	250m: 3:47.89	47.21	350m: 5:21.72	47.06
	100m: 1:27.13 45.87	200m: 3:00.68	46.45	300m: 4:34.66	46.77	400m: 6:05.03	43.31
9.	Margarida Soares, MAIA	11	Nautico Marinha Grande			6:05.83	252
	50m: 41.13 41.13	150m: 2:13.11	46.01	250m: 3:46.67	46.49	350m: 5:20.54	46.71
	100m: 1:27.10 45.97	200m: 3:00.18	47.07	300m: 4:33.83	47.16	400m: 6:05.83	45.29
10.	Yara Nunes, MARCELINO	11	Nucleo de Pombal			6:10.91	242
	50m: 40.29 40.29	150m: 2:14.87	48.13	250m: 3:51.52	48.50	350m: 5:28.07	48.51
	100m: 1:26.74 46.45	200m: 3:03.02	48.15	300m: 4:39.56	48.04	400m: 6:10.91	42.84
11.	Isabela Lourenco, COSTA	11	Benedita			6:11.62	241
	50m: 40.96 40.96	150m: 2:16.98	48.33	250m: 3:52.79	47.81	350m: 5:28.99	48.44
	100m: 1:28.65 47.69	200m: 3:04.98	48.00	300m: 4:40.55	47.76	400m: 6:11.62	42.63
12.	Matilde Vitorino, FERREIRA	11	Naval de Peniche			6:17.51	230
	50m: 41.48 41.48	150m: 2:17.66	48.45	250m: 3:55.46	48.78	350m: 5:32.23	46.66
	100m: 1:29.21 47.73	200m: 3:06.68	49.02	300m: 4:45.57	50.11	400m: 6:17.51	45.28
DNS	Matilde Pinto, ANTUNES	11	Naval de Peniche				

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 22, Femin., 400m Livres

Prova 22
02/03/2024 - 18:00

Femin., 400m Livres

Infantil B
Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac INF B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	2009

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Emiliana Arruda, SARAIVA		12	Vieirense						5:36.89	323
	50m:	37.03 37.03	150m:	2:05.44	44.75	250m:	3:34.67	44.58	350m:	5:00.84	42.59
	100m:	1:20.69 43.66	200m:	2:50.09	44.65	300m:	4:18.25	43.58	400m:	5:36.89	36.05
2.	Emma , AVRAMESCU		12	Nautico Marinha Grande						5:55.73	274
	50m:	39.83 39.83	150m:	2:10.35	45.05	250m:	3:40.02	43.87	350m:	5:11.09	45.80
	100m:	1:25.30 45.47	200m:	2:56.15	45.80	300m:	4:25.29	45.27	400m:	5:55.73	44.64
3.	Luna Francisco, PEREIRA		12	Nucleo de Pombal						5:57.09	271
	50m:	40.12 40.12	150m:	2:10.01	45.23	250m:	3:40.87	45.22	350m:	5:11.52	45.02
	100m:	1:24.78 44.66	200m:	2:55.65	45.64	300m:	4:26.50	45.63	400m:	5:57.09	45.57
4.	Beatriz Julio, CORREIA		12	CNLeiria						6:14.65	235
	50m:	43.36 43.36	150m:	2:21.16	49.16	250m:	3:57.35	47.75	350m:	5:32.48	46.10
	100m:	1:32.00 48.64	200m:	3:09.60	48.44	300m:	4:46.38	49.03	400m:	6:14.65	42.17
5.	Daniela Carvalho, FERREIRA		12	Nucleo de Pombal						6:15.49	233
	50m:	42.31 42.31	150m:	2:17.28	48.11	250m:	3:54.30	48.24	350m:	5:31.22	48.43
	100m:	1:29.17 46.86	200m:	3:06.06	48.78	300m:	4:42.79	48.49	400m:	6:15.49	44.27
6.	Carolina Matos, CORREIA		12	Nucleo de Pombal						6:20.90	223
	50m:	43.17 43.17	150m:	2:20.92	49.39	250m:	4:00.14	49.59	350m:	5:35.75	47.61
	100m:	1:31.53 48.36	200m:	3:10.55	49.63	300m:	4:48.14	48.00	400m:	6:20.90	45.15
7.	Rita Alexandra, JORDAO		12	Uniao Juncalense						6:21.09	223
	50m:	42.40 42.40	150m:	2:20.10	49.11	250m:	3:58.12	49.13	350m:	5:35.92	48.95
	100m:	1:30.99 48.59	200m:	3:08.99	48.89	300m:	4:46.97	48.85	400m:	6:21.09	45.17
8.	Yaroslava, TABUNSCHYK		12	CNLeiria						6:22.31	221
	50m:	43.42 43.42	150m:	2:21.50	48.43	250m:	3:58.71	48.42	350m:	5:35.37	48.37
	100m:	1:33.07 49.65	200m:	3:10.29	48.79	300m:	4:47.00	48.29	400m:	6:22.31	46.94
9.	Mariana Duarte, ANTUNES		12	Alcobaça						6:25.76	215
	50m:	42.76 42.76	150m:	2:21.10	48.99	250m:	4:00.50	49.32	350m:	5:37.83	49.09
	100m:	1:32.11 49.35	200m:	3:11.18	50.08	300m:	4:48.74	48.24	400m:	6:25.76	47.93
10.	Maria Ines, GOMES		12	Nucleo de Pombal						6:29.73	209
	50m:	42.42 42.42	150m:	2:21.41	49.56	250m:	4:01.66	50.61	350m:	5:42.38	50.02
	100m:	1:31.85 49.43	200m:	3:11.05	49.64	300m:	4:52.36	50.70	400m:	6:29.73	47.35
DNS	Mafalda Varela, BERNARDINO		12	Alcobaça							

Prova 23
02/03/2024 - 18:55

Masc., 4 x 100m Estilos

Absolutos (Jun+Sen)
Resultados

Rec Nac Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	2022
Rec Nac SEN	3:33.03	Sporting Clube de Portugal	SCP	Leiria	2022
Rec Nac JUN	3:46.26	Sport Lisboa e Benfica	SLB	Leiria	2023

Pontos: FINA 2023

Lugar									Tempo final	Pts
1.	CNL ABS		CNLeiria						4:21.76	439
	Francisco Marques, SIMOES	+0,60	29.38	1:00.64	Joao Moura, FRANCISCO	29.33	1:03.76			
	Filipe Miguel, GOMES		34.87	1:14.44	Afonso Dinis, ROQUE	29.49	1:02.92			
2.	CNL ABS		CNLeiria						4:26.75	415
	Bruno Filipe, TABORDA	95	31.33	1:06.52	Joao Miquel, SANTOS	81	29.15	1:01.78		
	Miguel Duarte, HENRIQUES	88	36.22	1:17.59	Bruno Pinto, DOMINGUES	00	29.24	1:00.86		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 24 Femin., 4 x 100m Estilos Absolutos (JUN+SEN)
02/03/2024 - 19:00 Resultados

Rec Nac Open	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009
Rec Nac SEN	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009
Rec Nac JUN	4:15.24	Sport Alges e Dafundo	SAD	Felgueiras	2018

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL ABS	CNLeiria				5:05.60	395
					35.65	1:16.69
					32.27	1:08.12

Prova 24 Femin., 4 x 100m Estilos Juvenis Femininos (A+B)
02/03/2024 - 19:00 Resultados

Rec Nac Open	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009
Rec Nac JUV A	4:29.46	Sporting Clube de Portugal	SCP	Algés	2019
Rec Nac JUV	4:29.46	Sporting Clube de Portugal	SCP	Algés	2019
Rec Nac JUV B	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	2006

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNPE JUV	Naval de Peniche				5:15.08	361
					34.14	1:16.23
					32.82	1:08.81

3 - 2ª Jornada - 1ª sessão (manhã) 03/03/2024 - 9:00

Prova 25 Misto, 4 x 100m Livres Absolutos Mistos (JUN + SEN)
03/03/2024 - 9:00 Resultados

Rec Nac Open	???				
Rec Nac SEN	???				
Rec Nac JUN	???				
Rec Nac JUV A	???				
Rec Nac JUV	???				

Pontos: FINA 2023

Lugar					Tempo final	Pts
1. CNL ABS	CNLeiria				4:02.45	513
					07 31.03	1:05.62
					07 31.02	1:05.16
2. URDJ ABS	Uniao Juncalense				4:41.75	327
					07 34.52	1:15.98
					08 34.47	1:12.16

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 25, Misto, 4 x 100m Livres

Prova 25 Misto, 4 x 100m Livres Juvenis Mistos (A+B)
03/03/2024 - 9:00 Resultados

Rec Nac Open ???
Rec Nac JUN ???
Rec Nac JUV A ???
Rec Nac JUV ???
Rec Nac JUV B ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	SIRP JUV			Pimpoes/Cimai	4:10.09	468
	<i>Recorde Distrital Juvenil A Misto.</i>					
	Tomas Bento, ANFILOQUIO	09	29.50	1:02.50	Diana Isabel, ALVES	10 32.66 1:07.06
	Santiago Agostinho, PARREIRA	09	25.71	54.77	Debora Silva, INACIO	10 30.67 1:05.76

Prova 25 Misto, 4 x 100m Livres Infantil A Misto
03/03/2024 - 9:00 Resultados

Rec Nac Open ???
Rec Nac JUV ???
Rec Nac JUV B ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???
Rec Nac INF B ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
DSQ	SIP INF A			Pimpoes/Cimai		
	<i>Falsa rendição do 4º atleta.</i>					
	Guilherme Costa, REBELO	10	28.85	1:01.24	Mafalda Teles, SOUSA	11 32.47 1:07.82
	Maria Joao, VALA	11	34.22	1:12.16	Pedro Souza, SILVA	10

Prova 25 Misto, 4 x 100m Livres Infantil B Misto
03/03/2024 - 9:00 Resultados

Rec Nac Open ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???
Rec Nac INF B ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	SIRP INF B			Pimpoes/Cimai	5:14.67	234
	Vasco Sousa, LEMOS	11	34.66	1:13.95	Julia Pinto, PINHEIRO	12 37.31 1:18.25
	Tomas Alves, ROCHA	11	43.54	1:27.75	Laura Krempel, VARELA	12 34.92 1:14.72
2.	OC INF B			Óbidos	5:58.72	158
	Francisco Costa, VALENTIM	11	36.83	1:17.25	Maria Leonor, FERREIRA	12 46.52 1:42.42
	Jessica Garcia, FERREIRA	12	46.70	1:40.32	Bruno Garcia, MILITAO	11 36.85 1:18.73
EXH	OC EXTRA			Óbidos	5:22.01	219
	Leonor Pereira, SILVA	10	32.19	1:07.98	Elisa Henriques, SOUTO	10 38.21 1:20.11
	Rayan Gava, ALVES	95	34.90	1:13.78	Eduardo Martim, CARMO	11 45.54 1:40.14

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 26 Femin., 200m Livres Absolutos (JUN+SEN)
03/03/2024 - 9:08 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac SEN	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	2019

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Ana Francisca, SILVA	06	Alcobaca	2:16.98				522
50m: 31.56 31.56	100m: 1:05.70	34.14	150m: 1:41.32	35.62	200m: 2:16.98	35.66	
2. Matilde Violante, VIANA	07	CNLeiria	2:19.56				493
50m: 32.12 32.12	100m: 1:07.25	35.13	150m: 1:43.55	36.30	200m: 2:19.56	36.01	
3. Rita Rocha, SILVA	08	Alcobaca	2:21.46				474
50m: 33.00 33.00	100m: 1:09.07	36.07	150m: 1:45.34	36.27	200m: 2:21.46	36.12	
4. Leonor Vendima, COELHO	07	CNLeiria	2:21.89				469
50m: 31.87 31.87	100m: 1:07.50	35.63	150m: 1:44.95	37.45	200m: 2:21.89	36.94	
5. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	2:26.30				428
50m: 32.41 32.41	100m: 1:08.59	36.18	150m: 1:47.44	38.85	200m: 2:26.30	38.86	
6. Carolina Ferreira, FONSECA	07	Vieirense	2:27.48				418
50m: 33.30 33.30	100m: 1:10.45	37.15	150m: 1:48.01	37.56	200m: 2:27.48	39.47	
7. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	2:41.16				320
50m: 37.36 37.36	100m: 1:18.30	40.94	150m: 2:00.55	42.25	200m: 2:41.16	40.61	
8. Catarina Tagarroso, LOBO	07	Uniao Juncalense	2:44.06				303
50m: 36.01 36.01	100m: 1:17.29	41.28	150m: 2:01.12	43.83	200m: 2:44.06	42.94	
9. Bruna Matos, FIALHO	08	Uniao Juncalense	2:48.92				278
50m: 37.70 37.70	100m: 1:21.33	43.63	150m: 2:05.84	44.51	200m: 2:48.92	43.08	
10. Sara Cristina, ALMEIDA	08	Benedita	2:52.70				260
50m: 40.05 40.05	100m: 1:23.98	43.93	150m: 2:08.85	44.87	200m: 2:52.70	43.85	

Prova 26 Femin., 200m Livres Juvenis Femininos (A+B)
03/03/2024 - 9:08 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	2019
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	2017

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:12.09				582
50m: 30.43 30.43	100m: 1:03.65	33.22	150m: 1:37.88	34.23	200m: 2:12.09	34.21	
2. Francisca Ramos, NUNES	09	Naval de Peniche	2:19.66				492
50m: 32.02 32.02	100m: 1:07.37	35.35	150m: 1:44.20	36.83	200m: 2:19.66	35.46	
3. Barbara Balbino, MENDES	10	Naval de Peniche	2:20.26				486
50m: 32.56 32.56	100m: 1:07.66	35.10	150m: 1:44.15	36.49	200m: 2:20.26	36.11	
4. Bianca Balbino, MENDES	10	Naval de Peniche	2:21.74				471
50m: 32.37 32.37	100m: 1:08.12	35.75	150m: 1:46.10	37.98	200m: 2:21.74	35.64	
5. Maria Carolina, ALVES	10	Ba-Leiria	2:24.52				444
50m: 33.15 33.15	100m: 1:09.33	36.18	150m: 1:46.33	37.00	200m: 2:24.52	38.19	
6. Matilde Filipa, AMADO	10	Nautico Marinha Grande	2:28.36				411
50m: 34.14 34.14	100m: 1:12.25	38.11	150m: 1:51.45	39.20	200m: 2:28.36	36.91	
7. Anjali, RAICAR	09	Naval de Peniche	2:33.36				372
50m: 33.55 33.55	100m: 1:11.48	37.93	150m: 1:52.28	40.80	200m: 2:33.36	41.08	
8. Leonor Pereira, SILVA	10	Óbidos	2:33.77				369
50m: 34.11 34.11	100m: 1:13.13	39.02	150m: 1:55.64	42.51	200m: 2:33.77	38.13	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 26, Femin., 200m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
9. Laura Samora, GONCALVES 50m: 35.65 35.65	10 Ba-Leiria	2:35.95	353
100m: 1:15.67 40.02 150m: 1:57.55 41.88	200m: 2:35.95	38.40	
10. Rafaela Santos, AFONSO 50m: 35.43 35.43	10 Naval de Peniche	2:36.40	350
100m: 1:15.62 40.19 150m: 1:57.44 41.82	200m: 2:36.40	38.96	
11. Constanca Rolim, PEDRO 50m: 37.12 37.12	10 Ba-Leiria	2:36.72	348
100m: 1:17.44 40.32 150m: 1:58.72 41.28	200m: 2:36.72	38.00	
12. Mariana Santos, AFONSO 50m: 35.69 35.69	10 Naval de Peniche	2:39.67	329
100m: 1:17.12 41.43 150m: 1:59.27 42.15	200m: 2:39.67	40.40	
13. Zofie, PACHECO 50m: 33.82 33.82	09 Naval de Peniche	2:41.30	319
100m: 1:14.29 40.47 150m: 1:58.48 44.19	200m: 2:41.30	42.82	

Prova 26

03/03/2024 - 9:08

Femin., 200m Livres

Infantil A

Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Anastasiya, PRYMACHENKO 50m: 33.39 33.39	11 Nucleo de Pombal	2:25.42	436
100m: 1:10.49 37.10 150m: 1:48.76 38.27	200m: 2:25.42	36.66	
2. Leonor Mota, ALVES 50m: 35.38 35.38	11 Nautico Marinha Grande	2:30.72	392
100m: 1:13.21 37.83 150m: 1:52.45 39.24	200m: 2:30.72	38.27	
3. Carlota Sa, SANTOS 50m: 34.88 34.88	11 Nucleo de Pombal	2:31.63	385
100m: 1:12.64 37.76 150m: 1:52.82 40.18	200m: 2:31.63	38.81	
4. Mariana Sousa, MENDES 50m: 34.94 34.94	11 Alcobaca	2:35.30	358
100m: 1:15.15 40.21 150m: 1:56.19 41.04	200m: 2:35.30	39.11	
5. Beatriz Marques, GASPAR 50m: 35.74 35.74	11 Nautico Marinha Grande	2:35.75	355
100m: 1:17.44 41.70 150m: 1:58.58 41.14	200m: 2:35.75	37.17	
6. Maria Leonor, ALMEIDA 50m: 36.25 36.25	11 Benedita	2:37.83	341
100m: 1:16.59 40.34 150m: 1:57.63 41.04	200m: 2:37.83	40.20	
7. Isabela Maria, CARREIRA 50m: 36.48 36.48	11 Uniao Juncalense	2:41.31	319
100m: 1:18.00 41.52 150m: 2:00.30 42.30	200m: 2:41.31	41.01	
8. Maria Santos, FONSECA 50m: 37.71 37.71	11 CNLeiria	2:43.46	307
100m: 1:19.46 41.75 150m: 2:01.14 41.68	200m: 2:43.46	42.32	
9. Leiriiia Silviiovna, TONKIKH 50m: 38.88 38.88	11 CNLeiria	2:47.63	284
100m: 1:21.29 42.41 150m: 2:05.02 43.73	200m: 2:47.63	42.61	
10. Margarida Soares, MAIA 50m: 39.07 39.07	11 Nautico Marinha Grande	2:53.37	257
100m: 1:24.12 45.05 150m: 2:11.01 46.89	200m: 2:53.37	42.36	
11. Cristiana Henriques, ALMEIDA 50m: 38.76 38.76	11 Benedita	2:53.44	257
100m: 1:22.98 44.22 150m: 2:08.91 45.93	200m: 2:53.44	44.53	
12. Isabela Lourenco, COSTA 50m: 41.74 41.74	11 Benedita	2:57.57	239
100m: 1:27.84 46.10 150m: 2:14.01 46.17	200m: 2:57.57	43.56	
13. Yara Nunes, MARCELINO 50m: 40.05 40.05	11 Nucleo de Pombal	3:00.31	228
100m: 1:26.36 46.31 150m: 2:14.73 48.37	200m: 3:00.31	45.58	
14. Matilde Vitorino, FERREIRA 50m: 40.02 40.02	11 Naval de Peniche	3:02.23	221
100m: 1:27.54 47.52 150m: 2:16.48 48.94	200m: 3:02.23	45.75	
15. Kelly Simao, COSTA 50m: 42.18 42.18	11 Óbidos	3:09.14	198
100m: 1:29.71 47.53 150m: 2:20.23 50.52	200m: 3:09.14	48.91	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 26, Femin., 200m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
16.	Yara Silva, INES		11	Ba-Leiria				3:25.23	155
	50m:	45.09 45.09	100m:	1:36.93 51.84	150m:	2:31.84 54.91	200m:	3:25.23	53.39
17.	Beatriz Morgado, SILVA		11	Benedita				3:31.52	141
	50m:	49.64 49.64	100m:	1:44.83 55.19	150m:	2:41.08 56.25	200m:	3:31.52	50.44

Prova 26 Femin., 200m Livres Infantil B
03/03/2024 - 9:08 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Emma , AVRAMESCU		12	Nautico Marinha Grande				2:51.15	267
	50m:	38.52 38.52	100m:	1:24.52 46.00	150m:	2:09.48 44.96	200m:	2:51.15	41.67
2.	Safira Pedro, FONSECA		12	Vieirense				2:54.07	254
	50m:	40.04 40.04	100m:	1:25.85 45.81	150m:	2:11.92 46.07	200m:	2:54.07	42.15
3.	Carminho Traquina, ANDRE		12	Alcobaca				2:56.51	244
	50m:	40.93 40.93	100m:	1:27.53 46.60	150m:	2:13.49 45.96	200m:	2:56.51	43.02
4.	Yaroslava, TABUNSCHYK		12	CNLeiria				2:58.55	235
	50m:	41.70 41.70	100m:	1:28.51 46.81	150m:	2:14.19 45.68	200m:	2:58.55	44.36
5.	Valeria, MORITS		12	Nautico Marinha Grande				3:03.87	215
	50m:	38.47 38.47	100m:	1:24.63 46.16	150m:	2:15.31 50.68	200m:	3:03.87	48.56
6.	Maria Ines, GOMES		12	Nucleo de Pombal				3:05.30	210
	50m:	41.16 41.16	100m:	1:30.36 49.20	150m:	2:19.88 49.52	200m:	3:05.30	45.42
7.	Daniela Carvalho, FERREIRA		12	Nucleo de Pombal				3:05.54	210
	50m:	41.97 41.97	100m:	1:29.96 47.99	150m:	2:20.01 50.05	200m:	3:05.54	45.53
8.	Carolina Matos, CORREIA		12	Nucleo de Pombal				3:07.42	203
	50m:	43.43 43.43	100m:	1:33.24 49.81	150m:	2:22.32 49.08	200m:	3:07.42	45.10
9.	Barbara Serrano, LOMBA		12	Ba-Leiria				3:16.59	176
	50m:	42.56 42.56	100m:	1:32.56 50.00	150m:	2:25.28 52.72	200m:	3:16.59	51.31
10.	Constanca Santos, COUTINHO		12	Naval da Nazaré				3:19.20	169
	50m:	43.40 43.40	100m:	1:34.07 50.67	150m:	2:27.11 53.04	200m:	3:19.20	52.09
11.	Iara Maria, CAMACHO		12	Óbidos				3:21.73	163
	50m:	44.63 44.63	100m:	1:35.84 51.21	150m:	2:30.66 54.82	200m:	3:21.73	51.07
12.	Jessica Garcia, FERREIRA		12	Óbidos				3:25.48	154
	50m:	44.94 44.94	100m:	1:39.05 54.11	150m:	2:33.89 54.84	200m:	3:25.48	51.59
13.	Maria Leonor, FERREIRA		12	Óbidos				3:32.76	139
	50m:	46.92 46.92	100m:	1:42.48 55.56	150m:	2:39.50 57.02	200m:	3:32.76	53.26

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 27 Masc., 400m Livres Absolutos (Jun+Sen)
03/03/2024 - 10:12 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	2007

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. David Ferreira, RELVAS	03	Nautico Marinha Grande	4:08.93	619	
50m: 27.60 27.60	150m: 1:29.51 31.64	250m: 2:32.88 31.64	350m: 3:37.36 32.25		
100m: 57.87 30.27	200m: 2:01.24 31.73	300m: 3:05.11 32.23	400m: 4:08.93 31.57		
2. Francisco Marques, SIMOES	07	CNLeiria	4:11.99	597	
50m: 27.77 27.77	150m: 1:30.98 31.91	250m: 2:36.47 32.71	350m: 3:40.72 31.72		
100m: 59.07 31.30	200m: 2:03.76 32.78	300m: 3:09.00 32.53	400m: 4:11.99 31.27		
3. Francisco Xavier, RITA	07	Vieirense	4:14.77	578	
50m: 28.76 28.76	150m: 1:32.48 32.33	250m: 2:38.34 32.97	350m: 3:44.04 32.52		
100m: 1:00.15 31.39	200m: 2:05.37 32.89	300m: 3:11.52 33.18	400m: 4:14.77 30.73		
4. Afonso Dinis, ROQUE	07	CNLeiria	4:17.70	558	
50m: 28.05 28.05	150m: 1:30.50 31.60	250m: 2:35.40 32.67	350m: 3:43.73 34.56		
100m: 58.90 30.85	200m: 2:02.73 32.23	300m: 3:09.17 33.77	400m: 4:17.70 33.97		
5. Luca Valentino, TONA	06	Pimpoes/Cimai	4:19.72	545	
50m: 28.62 28.62	150m: 1:31.87 32.07	250m: 2:37.83 33.15	350m: 3:46.11 34.15		
100m: 59.80 31.18	200m: 2:04.68 32.81	300m: 3:11.96 34.13	400m: 4:19.72 33.61		
6. Edgar Francisco, SIMOES	06	Vieirense	4:40.13	434	
50m: 30.94 30.94	150m: 1:40.54 35.32	250m: 2:52.81 36.35	350m: 4:04.95 35.86		
100m: 1:05.22 34.28	200m: 2:16.46 35.92	300m: 3:29.09 36.28	400m: 4:40.13 35.18		
DNS Andre Filipe, FERNANDES	07	Alcobaca			

Prova 27 Masc., 400m Livres Juvenis Masculinos (A+B)
03/03/2024 - 10:12 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	2023
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	2023

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria	4:10.86	605	
50m: 29.11 29.11	150m: 1:32.32 32.05	250m: 2:36.95 32.06	350m: 3:41.07 32.10		
100m: 1:00.27 31.16	200m: 2:04.89 32.57	300m: 3:08.97 32.02	400m: 4:10.86 29.79		
2. Paulo, KOT	09	Nautico Marinha Grande	4:14.87	577	
50m: 28.86 28.86	150m: 1:32.20 32.07	250m: 2:37.51 32.80	350m: 3:42.69 32.41		
100m: 1:00.13 31.27	200m: 2:04.71 32.51	300m: 3:10.28 32.77	400m: 4:14.87 32.18		
3. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	4:22.99	525	
50m: 29.24 29.24	150m: 1:35.80 33.72	250m: 2:43.66 34.21	350m: 3:51.50 33.89		
100m: 1:02.08 32.84	200m: 2:09.45 33.65	300m: 3:17.61 33.95	400m: 4:22.99 31.49		
4. Tome Nunes, TOME	08	CNLeiria	4:24.87	514	
50m: 29.17 29.17	150m: 1:36.02 33.94	250m: 2:43.65 33.95	350m: 3:52.09 33.97		
100m: 1:02.08 32.91	200m: 2:09.70 33.68	300m: 3:18.12 34.47	400m: 4:24.87 32.78		
5. Santiago Boica, SOUSA	08	Vieirense	4:26.64	504	
50m: 29.96 29.96	150m: 1:37.62 34.55	250m: 2:46.19 33.90	350m: 3:54.41 34.25		
100m: 1:03.07 33.11	200m: 2:12.29 34.67	300m: 3:20.16 33.97	400m: 4:26.64 32.23		
6. Tiago Santos, POMBO	08	Alcobaca	4:27.71	498	
50m: 29.64 29.64	150m: 1:35.97 33.90	250m: 2:45.66 34.76	350m: 3:54.66 34.37		
100m: 1:02.07 32.43	200m: 2:10.90 34.93	300m: 3:20.29 34.63	400m: 4:27.71 33.05		
7. Daniel Gomes, SANTOS	08	Nautico Marinha Grande	4:49.38	394	
50m: 31.49 31.49	150m: 1:44.56 37.44	250m: 2:58.70 36.97	350m: 4:13.23 36.73		
100m: 1:07.12 35.63	200m: 2:21.73 37.17	300m: 3:36.50 37.80	400m: 4:49.38 36.15		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Juvenis Masculinos (A+B)

Lugar			Ano						Tempo final	Pts
8.	David Ferrador, PEREIRA		09	Nucleo de Pombal					4:52.78	380
	50m: 31.29	31.29	150m: 1:44.64	37.58	250m: 3:00.91	37.93	350m: 4:17.15	37.62		
	100m: 1:07.06	35.77	200m: 2:22.98	38.34	300m: 3:39.53	38.62	400m: 4:52.78	35.63		
9.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense					4:53.74	377
	50m: 32.52	32.52	150m: 1:45.35	37.28	250m: 3:01.35	38.08	350m: 4:17.53	37.85		
	100m: 1:08.07	35.55	200m: 2:23.27	37.92	300m: 3:39.68	38.33	400m: 4:53.74	36.21		
10.	Santiago Jose, PACHECO		09	Alcobaca					4:54.84	373
	50m: 31.65	31.65	150m: 1:45.65	37.94	250m: 3:02.47	38.51	350m: 4:18.80	38.22		
	100m: 1:07.71	36.06	200m: 2:23.96	38.31	300m: 3:40.58	38.11	400m: 4:54.84	36.04		
11.	Afonso Matos, CORREIA		09	Nucleo de Pombal					4:57.19	364
	50m: 33.06	33.06	150m: 1:49.05	38.34	250m: 3:05.36	38.00	350m: 4:20.79	37.54		
	100m: 1:10.71	37.65	200m: 2:27.36	38.31	300m: 3:43.25	37.89	400m: 4:57.19	36.40		
12.	Luis Pedro, VALERIO		09	Ba-Leiria					5:02.90	344
	50m: 33.44	33.44	150m: 1:50.22	38.92	250m: 3:07.58	38.16	350m: 4:25.05	39.02		
	100m: 1:11.30	37.86	200m: 2:29.42	39.20	300m: 3:46.03	38.45	400m: 5:02.90	37.85		
13.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande					5:14.09	308
	50m: 34.16	34.16	150m: 1:53.45	40.48	250m: 3:14.15	40.49	350m: 4:34.90	40.83		
	100m: 1:12.97	38.81	200m: 2:33.66	40.21	300m: 3:54.07	39.92	400m: 5:14.09	39.19		
14.	Tiago Daniel, POVOA		08	Uniao Juncalense					5:50.15	222
	50m: 35.64	35.64	150m: 2:04.22	44.81	250m: 3:36.27	46.64	350m: 5:08.70	45.91		
	100m: 1:19.41	43.77	200m: 2:49.63	45.41	300m: 4:22.79	46.52	400m: 5:50.15	41.45		

Prova 27
03/03/2024 - 10:12

Masc., 400m Livres

Infantil A
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	2014

Pontos: FINA 2023

Lugar			Ano						Tempo final	Pts
1.	Antonio Antunes, JORGE		10	Alcobaca					4:31.64	477
	50m: 29.72	29.72	150m: 1:36.76	34.19	250m: 2:46.33	34.93	350m: 3:56.88	35.35		
	100m: 1:02.57	32.85	200m: 2:11.40	34.64	300m: 3:21.53	35.20	400m: 4:31.64	34.76		
2.	Rodolfo Junior, ALECRIM		10	CNLeiria					4:33.69	466
	50m: 29.75	29.75	150m: 1:37.02	34.32	250m: 2:46.38	34.96	350m: 3:58.18	36.22		
	100m: 1:02.70	32.95	200m: 2:11.42	34.40	300m: 3:21.96	35.58	400m: 4:33.69	35.51		
3.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande					4:47.76	401
	50m: 32.44	32.44	150m: 1:45.61	36.93	250m: 3:00.07	37.39	350m: 4:13.89	36.79		
	100m: 1:08.68	36.24	200m: 2:22.68	37.07	300m: 3:37.10	37.03	400m: 4:47.76	33.87		
4.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense					4:48.92	396
	50m: 33.06	33.06	150m: 1:46.54	37.26	250m: 3:01.19	37.43	350m: 4:14.87	36.55		
	100m: 1:09.28	36.22	200m: 2:23.76	37.22	300m: 3:38.32	37.13	400m: 4:48.92	34.05		
5.	Lucas Ferreira, GASPAR		10	Vieirense					4:49.58	393
	50m: 31.72	31.72	150m: 1:44.45	37.03	250m: 2:59.35	37.37	350m: 4:14.37	37.38		
	100m: 1:07.42	35.70	200m: 2:21.98	37.53	300m: 3:36.99	37.64	400m: 4:49.58	35.21		
6.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande					4:57.84	361
	50m: 33.25	33.25	150m: 1:47.94	38.26	250m: 3:05.24	38.60	350m: 4:21.47	37.94		
	100m: 1:09.68	36.43	200m: 2:26.64	38.70	300m: 3:43.53	38.29	400m: 4:57.84	36.37		
7.	Simao Almeida, CARNIDE		10	Vieirense					4:59.88	354
	50m: 32.78	32.78	150m: 1:46.72	37.93	250m: 3:03.65	38.75	350m: 4:21.72	38.85		
	100m: 1:08.79	36.01	200m: 2:24.90	38.18	300m: 3:42.87	39.22	400m: 4:59.88	38.16		
8.	David Xavier, ALMEIDA		10	Ba-Leiria					5:01.31	349
	50m: 33.30	33.30	150m: 1:50.07	38.82	250m: 3:07.54	38.90	350m: 4:25.25	38.50		
	100m: 1:11.25	37.95	200m: 2:28.64	38.57	300m: 3:46.75	39.21	400m: 5:01.31	36.06		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
9. Dinis Lamas, SANTOS	10 Ba-Leiria	5:15.84	303
50m: 36.20 36.20	150m: 1:53.17 39.11	250m: 3:13.84 40.89	350m: 4:37.61 41.47
100m: 1:14.06 37.86	200m: 2:32.95 39.78	300m: 3:56.14 42.30	400m: 5:15.84 38.23
10. Santiago Neves, SILVA	10 Nucleo de Pombal	5:26.32	275
50m: 35.98 35.98	150m: 1:57.74 40.62	250m: 3:21.81 42.08	350m: 4:45.69 40.32
100m: 1:17.12 41.14	200m: 2:39.73 41.99	300m: 4:05.37 43.56	400m: 5:26.32 40.63
11. Francisco Antonio, SIMOES	10 Ba-Leiria	5:47.24	228
50m: 38.71 38.71	150m: 2:06.15 44.23	250m: 3:33.57 43.92	350m: 4:57.13 39.72
100m: 1:21.92 43.21	200m: 2:49.65 43.50	300m: 4:17.41 43.84	400m: 5:47.24 50.11
12. Diogo Correia, SILVA	10 Óbidos	6:46.31	142
50m: 41.97 41.97	150m: 2:23.86 52.17	250m: 4:09.68 53.89	350m: 5:55.14 52.86
100m: 1:31.69 49.72	200m: 3:15.79 51.93	300m: 5:02.28 52.60	400m: 6:46.31 51.17
DSQ Tomas Marques, FRANCISCO	10 CNLeiria		
<i>O atleta não terminou a prova.</i>			

Prova 27 Masc., 400m Livres Infantil B
03/03/2024 - 10:12 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	2003

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Vidar Albert, JUNG	11 Nautico Marinha Grande	5:07.38	329
50m: 33.15 33.15	150m: 1:50.04 39.24	250m: 3:08.94 39.94	350m: 4:29.83 40.84
100m: 1:10.80 37.65	200m: 2:29.00 38.96	300m: 3:48.99 40.05	400m: 5:07.38 37.55
2. Martim Duarte, ROQUE	11 CNLeiria	5:08.47	325
50m: 35.18 35.18	150m: 1:55.24 40.49	250m: 3:14.15 38.43	350m: 4:32.20 39.15
100m: 1:14.75 39.57	200m: 2:35.72 40.48	300m: 3:53.05 38.90	400m: 5:08.47 36.27
3. Joao Santos, ALMEIDA	11 Ba-Leiria	5:10.55	319
50m: 33.98 33.98	150m: 1:51.92 39.10	250m: 3:11.73 40.54	350m: 4:33.12 40.78
100m: 1:12.82 38.84	200m: 2:31.19 39.27	300m: 3:52.34 40.61	400m: 5:10.55 37.43
4. Martim Cruz, MOURA	11 CNLeiria	5:23.80	281
50m: 35.22 35.22	150m: 1:55.59 40.76	250m: 3:18.86 41.77	350m: 4:43.22 42.11
100m: 1:14.83 39.61	200m: 2:37.09 41.50	300m: 4:01.11 42.25	400m: 5:23.80 40.58
5. Martin, SHEVCHUK	11 CNLeiria	5:39.79	243
50m: 37.02 37.02	150m: 2:03.70 44.06	250m: 3:31.23 43.94	350m: 4:59.33 44.39
100m: 1:19.64 42.62	200m: 2:47.29 43.59	300m: 4:14.94 43.71	400m: 5:39.79 40.46
6. Francisco Costa, VALENTIM	11 Óbidos	5:48.16	226
50m: 39.91 39.91	150m: 2:08.41 44.70	250m: 3:38.33 44.51	350m: 5:08.42 45.20
100m: 1:23.71 43.80	200m: 2:53.82 45.41	300m: 4:23.22 44.89	400m: 5:48.16 39.74
7. Rodrigo Duarte, CARREIRA	11 Alcobaca	6:13.84	183
50m: 43.03 43.03	150m: 2:18.63 47.54	250m: 3:53.54 47.54	350m: 5:27.89 47.30
100m: 1:31.09 48.06	200m: 3:06.00 47.37	300m: 4:40.59 47.05	400m: 6:13.84 45.95
8. Diego Rodrigues, MENDES	11 Nautico Marinha Grande	6:22.43	170
50m: 44.77 44.77	150m: 2:24.24 49.42	250m: 4:01.05 48.39	350m: 5:37.00 47.85
100m: 1:34.82 50.05	200m: 3:12.66 48.42	300m: 4:49.15 48.10	400m: 6:22.43 45.43
9. Bruno Garcia, MILITAO	11 Óbidos	6:25.49	166
50m: 39.96 39.96	150m: 2:18.17 49.50	250m: 3:58.78 50.21	350m: 5:39.64 49.71
100m: 1:28.67 48.71	200m: 3:08.57 50.40	300m: 4:49.93 51.15	400m: 6:25.49 45.85
10. Joao Rodrigo, BREDA	11 Nautico Marinha Grande	6:45.89	142
50m: 43.53 43.53	150m: 2:26.44 52.96	250m: 4:11.54 53.85	350m: 5:56.49 52.59
100m: 1:33.48 49.95	200m: 3:17.69 51.25	300m: 5:03.90 52.36	400m: 6:45.89 49.40

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
11. Gabriel Marques, CARREIRA	11 Uniao Juncalense	6:46.97	141
50m: 45.17 45.17	150m: 2:30.73 52.93	250m: 4:18.92 53.49	350m: 6:01.05 51.23
100m: 1:37.80 52.63	200m: 3:25.43 54.70	300m: 5:09.82 50.90	400m: 6:46.97 45.92
12. Simão Pedro, MARQUES	11 Uniao Juncalense	6:56.33	132
50m: 46.05 46.05	150m: 2:32.76 54.28	250m: 4:19.98 53.86	350m: 6:07.46 53.96
100m: 1:38.48 52.43	200m: 3:26.12 53.36	300m: 5:13.50 53.52	400m: 6:56.33 48.87
13. Valentim Antonio, PEREIRA	11 CNLeiria	7:09.19	120
50m: 46.57 46.57	150m: 2:35.20 55.06	250m: 4:24.99 54.37	350m: 6:14.72 53.84
100m: 1:40.14 53.57	200m: 3:30.62 55.42	300m: 5:20.88 55.89	400m: 7:09.19 54.47
14. Tiago Rafael, PINTO	11 Alcobaca	7:30.06	104
50m: 46.48 46.48	150m: 2:39.49 57.98	250m: 4:36.42 59.02	350m: 6:33.22 57.92
100m: 1:41.51 55.03	200m: 3:37.40 57.91	300m: 5:35.30 58.88	400m: 7:30.06 56.84

Prova 28 Femin., 50m Mariposa Absolutos (JUN+SEN) Resultados

Rec Nac	Tempo	Nome	Clube	Lugar	Ano
Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	2023
Rec Nac SEN	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	2023
Rec Nac 17	26.74	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2021
Rec Nac 16	27.31	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Ines Mira, PINO	06 Pimpoes/Cimai	29.86	544
2. Bruna Andreia, SIMOES	01 Vieiraense	30.35	518
3. Joana Rosa, FERREIRA	05 CNLeiria	30.58	506
4. Ana Claudia, FERREIRA	90 Alcobaca	31.19	477
5. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	33.51	385
6. Diana Rita, FONSECA	08 Vieiraense	34.17	363
7. Beatriz Silva, CONCEICAO	05 Benedita	35.01	337
8. Lara Roque, COTRIM	03 Pimpoes/Cimai	35.18	332
9. Matilde Santos, COUTINHO	07 Naval da Nazaré	36.03	309
10. Sara Cristina, ALMEIDA	08 Benedita	39.31	238
DSQ Leonor Vendima, COELHO	07 CNLeiria		
<i>Falsa partida (SW4.4)</i>			
DSQ Marta Cabete, GOMES	08 CNLeiria		
<i>Falsa partida (SW 4.4)</i>			
DNS Matilde Andre, LUIS	08 Alcobaca		

Prova 28 Femin., 50m Mariposa Juvenis Femininos (A+B) Resultados

Rec Nac	Tempo	Nome	Clube	Lugar	Ano
Rec Nac Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	2023
Rec Nac JUV A	27.86	tempo limite,			
Rec Nac JUV B	29.15	Leonor Carnide, SILVA	GCVR	Felgueiras	2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	32.59	418
2. Ana Margarida, MARQUES	09 Ba-Leiria	32.77	411
3. Mariana Sousa, MARQUES	09 Alcobaca	33.04	401
4. Matilde Santos, VIEIRA	10 Nautico Marinha Grande	33.69	378
5. Debora Silva, INACIO	10 Pimpoes/Cimai	34.73	345
6. Anjali, RAICAR	09 Naval de Peniche	34.78	344
7. Maria Carolina, ALVES	10 Ba-Leiria	35.00	337

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 28, Femin., 50m Mariposa, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
8. Laura Samora, GONCALVES	10 Ba-Leiria	36.10	308
9. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	36.60	295
10. Constanca Rolim, PEDRO	10 Ba-Leiria	36.82	290
DNS Beatriz Belo, CLARA	09 CNLeiria		

Prova 29 Masc., 50m Mariposa Absolutos (Jun+Sen)
03/03/2024 - 11:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	2022
Rec Nac SEN	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	2022
Rec Nac 18	23.82	Diogo Matos, RIBEIRO	SLB	Leiria	2021
Rec Nac 17	24.49	Diogo Matos, RIBEIRO	CUC	Coimbra	2020

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	25.98	586
2. Joao Moura, FRANCISCO	07 CNLeiria	26.36	561
3. Afonso Dinis, ROQUE	07 CNLeiria	26.98	523
4. Gil Santos, LEMOS	06 Pimpoes/Cimai	27.05	519
5. Goncalo Pereira, COLACO	07 CNLeiria	27.09	517
6. Joao Miguel, SANTOS	81 CNLeiria	27.14	514
7. Sebastian Fabricio, VILLACIS	01 CNLeiria	27.21	510
8. Gabriel Zimas, JACINTO	06 CNLeiria	28.61	439
9. Jose Januario, MARQUES	07 Pimpoes/Cimai	28.87	427
10. David Parreiras, PEREIRA	06 CNLeiria	29.14	415
11. Edgar Francisco, SIMOES	06 Vieirense	29.25	411
12. Rafael, SANTOS	06 Uniao Juncalense	29.52	399
13. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	30.46	364
14. Dinis Amado, FERREIRA	06 CNLeiria	31.06	343
15. Rayan Gava, ALVES	95 Óbidos	36.47	212
16. Joel Heber, SANTOS	06 Ba-Leiria	38.53	179

Prova 29 Masc., 50m Mariposa Juvenis Masculinos (A+B)
03/03/2024 - 11:00 Resultados

Rec Nac Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	2022
Rec Nac JUV A	25.49	Rodrigo Ferreira, PEREIRA	GDNFAMA	Felgueiras	2022
Rec Nac JUV B	26.10	Rodrigo Ferreira, PEREIRA	GDNFAMA	Felgueiras	2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	26.78	535
2. Henrique Martins, JOAQUIM	09 CNLeiria	27.14	514
3. Gabriel Mota, PATRICIO	08 Vieirense	27.73	482
4. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	28.53	443
5. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	28.58	440
6. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	29.85	386
7. Santiago Marques, GOMES	09 Ba-Leiria	30.16	375
8. Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande	31.37	333
9. Diogo Barata, ALVES	08 Nautico Marinha Grande	32.49	300
10. Gabriel Santiago, FERREIRA	09 Uniao Juncalense	33.60	271
11. Maksym, TYSHCHUK	09 Nautico Marinha Grande	34.16	258
12. Tiago Mota, ESTEVES	08 Pimpoes/Cimai	40.59	153
13. Alexandre Afonso, SANTOS	09 Uniao Juncalense	43.08	128

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 30 Femin., 200m Bruços Absolutos (JUN+SEN)
03/03/2024 - 11:05 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	2015

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	2:39.52	600			
50m: 37.25 37.25	100m: 1:18.40	41.15	150m: 1:59.44	41.04	200m: 2:39.52	40.08	
2. Joana Rosa, FERREIRA	05	CNLeiria	2:39.80	597			
50m: 36.58 36.58	100m: 1:17.40	40.82	150m: 1:58.44	41.04	200m: 2:39.80	41.36	
3. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai	3:02.93	398			
50m: 42.11 42.11	100m: 1:29.08	46.97	150m: 2:16.72	47.64	200m: 3:02.93	46.21	
4. Mafalda Caetano, LOURENCO	06	Vieirense	3:13.58	335			
50m: 43.68 43.68	100m: 1:33.77	50.09	150m: 2:23.08	49.31	200m: 3:13.58	50.50	
5. Matilde Santos, COUTINHO	07	Naval da Nazaré	3:25.84	279			
50m: 45.01 45.01	100m: 1:37.46	52.45	150m: 2:31.62	54.16	200m: 3:25.84	54.22	
6. Bruna Matos, FIALHO	08	Uniao Juncalense	3:36.07	241			
50m: 45.52 45.52	100m: 1:40.82	55.30	150m: 2:38.37	57.55	200m: 3:36.07	57.70	

Prova 30 Femin., 200m Bruços Juvenis Femininos (A+B)
03/03/2024 - 11:05 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac JUV A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	2004
Rec Nac JUV B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	2003

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Sofia Roma, BRIZIDA	10	Ba-Leiria	2:46.28	530			
50m: 37.63 37.63	100m: 1:20.43	42.80	150m: 2:02.96	42.53	200m: 2:46.28	43.32	
2. Constanca Baptista, TOMAS	09	Alcobaça	2:54.73	456			
50m: 39.61 39.61	100m: 1:24.83	45.22	150m: 2:10.37	45.54	200m: 2:54.73	44.36	
3. Maria Teresa, OLIVEIRA	09	Ba-Leiria	2:57.28	437			
50m: 39.31 39.31	100m: 1:23.86	44.55	150m: 2:10.44	46.58	200m: 2:57.28	46.84	
4. Luana Filipe, REIS	10	Alcobaça	3:02.59	400			
50m: 42.30 42.30	100m: 1:29.57	47.27	150m: 2:16.04	46.47	200m: 3:02.59	46.55	
5. Vida Sofia, VELEZ	10	Ba-Leiria	3:02.94	398			
50m: 41.47 41.47	100m: 1:27.71	46.24	150m: 2:15.34	47.63	200m: 3:02.94	47.60	
6. Maria Margarida, OLIVEIRA	09	Ba-Leiria	3:06.47	375			
50m: 42.70 42.70	100m: 1:30.26	47.56	150m: 2:18.61	48.35	200m: 3:06.47	47.86	
7. Leonor Pereira, SILVA	10	Óbidos	3:12.29	342			
50m: 42.14 42.14	100m: 1:30.70	48.56	150m: 2:22.03	51.33	200m: 3:12.29	50.26	
8. Laura Helena, AMORIM	10	Nautico Marinha Grande	3:12.68	340			
50m: 44.19 44.19	100m: 1:34.02	49.83	150m: 2:24.32	50.30	200m: 3:12.68	48.36	
9. Mariana Santos, AFONSO	10	Naval de Peniche	3:20.15	303			
50m: 44.82 44.82	100m: 1:36.46	51.64	150m: 2:29.54	53.08	200m: 3:20.15	50.61	
10. Ana Margarida, MARQUES	09	Ba-Leiria	3:21.36	298			
50m: 43.40 43.40	100m: 1:35.18	51.78	150m: 2:27.12	51.94	200m: 3:21.36	54.24	
11. Zofie, PACHECO	09	Naval de Peniche	3:26.11	278			
50m: 44.17 44.17	100m: 1:38.42	54.25	150m: 2:33.23	54.81	200m: 3:26.11	52.88	
12. Rafaela Santos, AFONSO	10	Naval de Peniche	3:26.21	277			
50m: 45.48 45.48	100m: 1:39.18	53.70	150m: 2:33.46	54.28	200m: 3:26.21	52.75	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 30, Femin., 200m Bruços

Prova 30
03/03/2024 - 11:05

Femin., 200m Bruços

Infantil A
Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac INF A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	2015

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Francisca Moreira, FELICIANO		11	Alcobaca						3:08.55	363
	50m: 43.94 43.94	100m: 1:32.12		48.18	150m: 2:20.67	48.55	200m: 3:08.55			47.88	
2.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande						3:08.67	362
	50m: 42.42 42.42	100m: 1:30.43		48.01	150m: 2:21.10	50.67	200m: 3:08.67			47.57	
3.	Carlota Sa, SANTOS		11	Nucleo de Pombal						3:20.12	304
	50m: 45.45 45.45	100m: 1:37.00		51.55	150m: 2:28.30	51.30	200m: 3:20.12			51.82	
4.	Cristiana Henriques, ALMEIDA		11	Benedita						3:31.23	258
	50m: 48.03 48.03	100m: 1:41.42		53.39	150m: 2:36.66	55.24	200m: 3:31.23			54.57	
5.	Margarida Soares, MAIA		11	Nautico Marinha Grande						3:35.99	241
	50m: 49.87 49.87	100m: 1:44.93		55.06	150m: 2:42.03	57.10	200m: 3:35.99			53.96	
6.	Leiriia Silviovna, TONKIKH		11	CNLeiria						3:37.30	237
	50m: 49.66 49.66	100m: 1:46.36		56.70	150m: 2:42.70	56.34	200m: 3:37.30			54.60	
7.	Carolina Silva, CASTANHEIRA		11	CNLeiria						3:37.60	236
	50m: 48.05 48.05	100m: 1:43.53		55.48	150m: 2:40.29	56.76	200m: 3:37.60			57.31	
8.	Kelly Simao, COSTA		11	Óbidos						3:38.60	233
	50m: 50.65 50.65	100m: 1:46.84		56.19	150m: 2:44.07	57.23	200m: 3:38.60			54.53	
9.	Matilde Vitorino, FERREIRA		11	Naval de Peniche						3:44.91	214
	50m: 51.14 51.14	100m: 1:48.63		57.49	150m: 2:40.10	51.47	200m: 3:44.91			1:04.81	
DSQ	Isabela Maria, CARREIRA		11	Uniao Juncalense							
	<i>A atleta efetuou duas pernadas de mariposa, no percurso subaquático dos 125 para os 150 metros.</i>										

Prova 30
03/03/2024 - 11:05

Femin., 200m Bruços

Infantil B
Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac INF B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	2014

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Emma , AVRAMESCU		12	Nautico Marinha Grande						3:16.76	319
	50m: 43.70 43.70	100m: 1:35.70		52.00	150m: 2:27.36	51.66	200m: 3:16.76			49.40	
2.	Beatriz Julio, CORREIA		12	CNLeiria						3:25.04	282
	50m: 47.60 47.60	100m: 1:41.12		53.52	150m: 2:33.37	52.25	200m: 3:25.04			51.67	
3.	Ines Pinto, MARTINS		12	Pimpoes/Cimai						3:33.90	249
	50m: 51.25 51.25	100m: 1:45.32		54.07	150m: 2:40.10	54.78	200m: 3:33.90			53.80	
4.	Julia Pinto, PINHEIRO		12	Pimpoes/Cimai						3:35.51	243
	50m: 51.98 51.98	100m: 1:47.46		55.48	150m: 2:41.54	54.08	200m: 3:35.51			53.97	
5.	Daniela Carvalho, FERREIRA		12	Nucleo de Pombal						3:39.46	230
	50m: 49.89 49.89	100m: 1:46.36		56.47	150m: 2:43.91	57.55	200m: 3:39.46			55.55	
6.	Luna Francisco, PEREIRA		12	Nucleo de Pombal						3:39.86	229
	50m: 49.11 49.11	100m: 1:46.15		57.04	150m: 2:43.80	57.65	200m: 3:39.86			56.06	
7.	Maria Leonor, ASSUNCAO		12	Pimpoes/Cimai						3:40.71	226
	50m: 51.48 51.48	100m: 1:47.62		56.14	150m: 2:45.43	57.81	200m: 3:40.71			55.28	
8.	Rita Francisco, SIMOES		12	Vieirense						3:43.08	219
	50m: 50.86 50.86	100m: 1:47.15		56.29	150m: 2:45.52	58.37	200m: 3:43.08			57.56	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 30, Femin., 200m Bruços, Infantil B

Lugar	Ano	Tempo final	Pts
9. Maria Leonor, FERREIRA 50m: 53.30 53.30 100m: 1:51.41 58.11 150m: 2:50.27 58.86 200m: 3:45.77 55.50	12 Óbidos	3:45.77	211
10. Yaroslava, TABUNSCHYK 50m: 54.86 54.86 100m: 1:54.39 59.53 150m: 2:56.88 1:02.49 200m: 4:00.45 1:03.57	12 CNLeiria	4:00.45	175
11. Jessica Garcia, FERREIRA 50m: 56.39 56.39 100m: 1:58.45 1:02.06 150m: 3:00.73 1:02.28 200m: 4:00.97 1:00.24	12 Óbidos	4:00.97	174
12. Valeria, MORITS 50m: 52.89 52.89 100m: 1:58.60 1:05.71 150m: 3:07.92 1:09.32 200m: 4:16.50 1:08.58	12 Nautico Marinha Grande	4:16.50	144
13. Iara Maria, CAMACHO 50m: 1:03.31 1:03.31 100m: 2:16.00 1:12.69 150m: 3:29.98 1:13.98 200m: 4:43.35 1:13.37	12 Óbidos	4:43.35	107
DNS Mafalda Varela, BERNARDINO	12 Alcobaca		

Prova 31 Masc., 200m Bruços Absolutos (Jun+Sen)
03/03/2024 - 11:30 Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac SEN	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac 18	2:12.17	Pedro Goncalves, BONNIZ	SLB	Leiria	2023
Rec Nac 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisco Marques, SIMOES 50m: 32.46 32.46 100m: 1:09.16 36.70 150m: 1:48.07 38.91 200m: 2:26.57 38.50	07 CNLeiria	2:26.57	550
DSQ Filipe Miguel, GOMES <i>O atleta efetuou movimentos de pernas verticais durante o percurso.</i>	97 CNLeiria		
DSQ Bernardo Nunes, DOMINGUEZ <i>O atleta tocou com uma mão na viragem aos 75 metros.</i>	07 Ba-Leiria		

Prova 31 Masc., 200m Bruços Juvenis Masculinos (A+B)
03/03/2024 - 11:30 Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	2022
Rec Nac JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Hugo Miguel, SANTOS 50m: 35.92 35.92 100m: 1:16.50 40.58 150m: 1:57.61 41.11 200m: 2:38.36 40.75	09 Pimpoes/Cimai	2:38.36	436
2. Santiago Marques, GOMES 50m: 37.00 37.00 100m: 1:19.49 42.49 150m: 2:02.54 43.05 200m: 2:44.00 41.46	09 Ba-Leiria	2:44.00	393
3. Xinyang, CHENG 50m: 36.84 36.84 100m: 1:18.65 41.81 150m: 2:02.24 43.59 200m: 2:45.75 43.51	09 Nautico Marinha Grande	2:45.75	380
4. Rodrigo Oliveira, SANTOS 50m: 38.68 38.68 100m: 1:23.10 44.42 150m: 2:08.82 45.72 200m: 2:53.98 45.16	09 Alcobaca	2:53.98	329
5. Maksym, TYSHCHUK 50m: 40.31 40.31 100m: 1:27.01 46.70 150m: 2:11.37 44.36 200m: 2:54.72 43.35	09 Nautico Marinha Grande	2:54.72	325
6. Diogo Coelho, JORDAO 50m: 38.59 38.59 100m: 1:21.87 43.28 150m: 2:08.78 46.91 200m: 2:57.20 48.42	08 Uniao Juncalense	2:57.20	311
7. Vladyslav, BABUSHKIN 50m: 41.06 41.06 100m: 1:28.33 47.27 150m: 2:16.33 48.00 200m: 3:03.38 47.05	09 Nautico Marinha Grande	3:03.38	281

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 31, Masc., 200m Bruços, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
8. Isaac Arruda, SARAIVA 50m: 43.09 43.09 100m: 1:34.06 50.97 150m: 2:26.97 52.91 200m: 3:17.36 50.39	09 Vieirense	3:17.36	225
9. Tiago Daniel, POVOA 50m: 43.99 43.99 100m: 1:36.56 52.57 150m: 2:27.42 50.86 200m: 3:17.84 50.42	08 Uniao Juncalense	3:17.84	224
DSQ Daniel Gomes, SANTOS <i>O atleta efetuou movimento de pernas verticais durante o percurso.</i>	08 Nautico Marinha Grande		
DSQ Rodrigo Santos, COUTINHO <i>O atleta efetuou mais do que uma pernada de golfinho após o percurso subaquático após os 50 e 75 metros.</i>	08 Pimpoes/Cimai		
DSQ Santiago Boica, SOUSA <i>O atleta efetuou pernadas verticais no percurso subaquático na viragem dos 150 metros.</i>	08 Vieirense		

Prova 31 Masc., 200m Bruços Infantil A
03/03/2024 - 11:30 Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac INF A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Antonio Antunes, JORGE 50m: 36.41 36.41 100m: 1:16.30 39.89 150m: 1:56.78 40.48 200m: 2:37.08 40.30	10 Alcobaca	2:37.08	447
2. Rodolfo Junior, ALECRIM 50m: 36.54 36.54 100m: 1:19.85 43.31 150m: 2:04.36 44.51 200m: 2:47.01 42.65	10 CNLeiria	2:47.01	372
3. David Xavier, ALMEIDA 50m: 39.09 39.09 100m: 1:22.09 43.00 150m: 2:05.93 43.84 200m: 2:47.22 41.29	10 Ba-Leiria	2:47.22	371
4. Afonso Ferreira, REIS 50m: 38.07 38.07 100m: 1:22.13 44.06 150m: 2:07.53 45.40 200m: 2:51.79 44.26	10 Nautico Marinha Grande	2:51.79	342
5. Simao Sousa, JESUS 50m: 39.64 39.64 100m: 1:26.52 46.88 150m: 2:15.60 49.08 200m: 3:03.50 47.90	10 Nautico Marinha Grande	3:03.50	280
6. Santiago Neves, SILVA 50m: 41.35 41.35 100m: 1:30.31 48.96 150m: 2:18.20 47.89 200m: 3:05.59 47.39	10 Nucleo de Pombal	3:05.59	271
7. Gabriel Krempel, VARELA 50m: 45.32 45.32 100m: 1:35.47 50.15 150m: 2:25.85 50.38 200m: 3:13.05 47.20	10 Pimpoes/Cimai	3:13.05	241
8. Pedro Souza, SILVA 50m: 44.89 44.89 100m: 1:34.58 49.69 150m: 2:25.56 50.98 200m: 3:17.47 51.91	10 Pimpoes/Cimai	3:17.47	225
9. Rafael Costa, ANTUNES 50m: 53.60 53.60 100m: 1:54.79 1:01.19 150m: 2:56.56 1:01.77 200m: 3:56.17 59.61	10 Naval de Peniche	3:56.17	131

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 31, Masc., 200m Bruços

Prova 31
03/03/2024 - 11:30

Masc., 200m Bruços

Infantil B
Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac INF B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	2003

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Joao Santos, ALMEIDA		11	Ba-Leiria				2:55.45	321
	50m:	38.42 38.42	100m:	1:22.62	44.20	150m:	2:08.54 45.92	200m:	2:55.45 46.91
2.	Martim Duarte, ROQUE		11	CNLeiria				3:13.94	237
	50m:	45.27 45.27	100m:	1:35.58	50.31	150m:	2:25.49 49.91	200m:	3:13.94 48.45
3.	Vasco Sousa, LEMOS		11	Pimpoes/Cimai				3:33.50	178
	50m:	49.13 49.13	100m:	1:43.65	54.52	150m:	2:39.55 55.90	200m:	3:33.50 53.95
4.	Martin, SHEVCHUK		11	CNLeiria				3:35.86	172
	50m:	49.24 49.24	100m:	1:44.68	55.44	150m:	2:41.03 56.35	200m:	3:35.86 54.83
5.	Guilherme Melo, ELIAS		11	Naval da Nazaré				3:35.88	172
	50m:	50.73 50.73	100m:	1:45.89	55.16	150m:	2:42.33 56.44	200m:	3:35.88 53.55
6.	Diogo Demirel, FERREIRA		11	Ba-Leiria				4:10.60	110
	50m:	53.53 53.53	100m:	1:55.62	1:02.09	150m:	3:02.56 1:06.94	200m:	4:10.60 1:08.04

Prova 32
03/03/2024 - 12:09

Femin., 200m Costas

Absolutos (JUN+SEN)
Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac SEN	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	2019
Rec Nac 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	2018

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Matilde Violante, VIANA		07	CNLeiria				2:34.70	454
	50m:	35.86 35.86	100m:	1:14.57	38.71	150m:	1:54.99 40.42	200m:	2:34.70 39.71
2.	Bruna Andreia, SIMOES		01	Vieirense				2:38.15	425
	50m:	36.90 36.90	100m:	1:16.87	39.97	150m:	1:57.82 40.95	200m:	2:38.15 40.33
3.	Beatriz Luz, MARTINS		06	Pimpoes/Cimai				2:41.96	396
	50m:	37.87 37.87	100m:	1:18.99	41.12	150m:	2:01.28 42.29	200m:	2:41.96 40.68
4.	Constanca Carvalho, PIEDADE		08	Uniao Juncalense				2:51.16	335
	50m:	40.88 40.88	100m:	1:24.22	43.34	150m:	2:08.33 44.11	200m:	2:51.16 42.83
5.	Catarina Tagaroso, LOBO		07	Uniao Juncalense				3:01.23	282
	50m:	41.57 41.57	100m:	1:27.65	46.08	150m:	2:14.76 47.11	200m:	3:01.23 46.47
6.	Matilde Santos, COUTINHO		07	Naval da Nazaré				3:04.76	266
	50m:	41.18 41.18	100m:	1:28.07	46.89	150m:	2:16.55 48.48	200m:	3:04.76 48.21
7.	Sara Cristina, ALMEIDA		08	Benedita				3:08.56	250
	50m:	46.39 46.39	100m:	1:34.73	48.34	150m:	2:23.44 48.71	200m:	3:08.56 45.12

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 32, Femin., 200m Costas

Prova 32
03/03/2024 - 12:09

Femin., 200m Costas

Juvenis Femininos (A+B)
Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	2018
Rec Nac JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	2008

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Madalena Gracio, PEDROSO	10	Nautico Marinha Grande	2:33.92	461				
	50m: 36.14 36.14	100m: 1:15.12	38.98	150m: 1:54.89	39.77	200m: 2:33.92	39.03		
2.	Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:34.35	457				
	50m: 35.82 35.82	100m: 1:15.31	39.49	150m: 1:55.69	40.38	200m: 2:34.35	38.66		
3.	Sofia Roma, BRIZIDA	10	Ba-Leiria	2:39.89	411				
	50m: 37.41 37.41	100m: 1:18.23	40.82	150m: 2:00.01	41.78	200m: 2:39.89	39.88		
4.	Vida Sofia, VELEZ	10	Ba-Leiria	2:44.34	379				
	50m: 38.76 38.76	100m: 1:21.63	42.87	150m: 2:04.76	43.13	200m: 2:44.34	39.58		
5.	Ana Margarida, MARQUES	09	Ba-Leiria	2:45.11	373				
	50m: 37.81 37.81	100m: 1:19.70	41.89	150m: 2:02.61	42.91	200m: 2:45.11	42.50		
6.	Elisa Henriques, SOUTO	10	Óbidos	2:48.63	350				
	50m: 38.88 38.88	100m: 1:22.07	43.19	150m: 2:06.32	44.25	200m: 2:48.63	42.31		
7.	Leonor Valerio, ADRIANO	09	Alcobaca	2:53.04	324				
	50m: 39.83 39.83	100m: 1:23.39	43.56	150m: 2:08.30	44.91	200m: 2:53.04	44.74		
8.	Mariana Sousa, OLIVEIRA	10	Alcobaca	3:04.37	268				
	50m: 42.84 42.84	100m: 1:30.44	47.60	150m: 2:18.69	48.25	200m: 3:04.37	45.68		
DNS	Beatriz Belo, CLARA	09	CNLeiria						

Prova 32
03/03/2024 - 12:09

Femin., 200m Costas

Infantil A
Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac INF A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	2015

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Carolina Silva, CASTANHEIRA	11	CNLeiria	2:45.29	372				
	50m: 39.60 39.60	100m: 1:21.88	42.28	150m: 2:04.27	42.39	200m: 2:45.29	41.02		
2.	Leonor Mota, ALVES	11	Nautico Marinha Grande	2:46.80	362				
	50m: 39.49 39.49	100m: 1:22.02	42.53	150m: 2:05.32	43.30	200m: 2:46.80	41.48		
3.	Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	2:47.91	355				
	50m: 39.74 39.74	100m: 1:22.36	42.62	150m: 2:06.28	43.92	200m: 2:47.91	41.63		
4.	Maria Leonor, ALMEIDA	11	Benedita	2:49.06	348				
	50m: 40.42 40.42	100m: 1:23.43	43.01	150m: 2:06.58	43.15	200m: 2:49.06	42.48		
5.	Margarida Lopes, RODRIGUES	11	Uniao Juncalense	3:00.48	286				
	50m: 42.03 42.03	100m: 1:28.80	46.77	150m: 2:16.24	47.44	200m: 3:00.48	44.24		
6.	Mariana Sousa, MENDES	11	Alcobaca	3:03.77	271				
	50m: 43.82 43.82	100m: 1:29.95	46.13	150m: 2:17.59	47.64	200m: 3:03.77	46.18		
7.	Maria Santos, FONSECA	11	CNLeiria	3:06.15	260				
	50m: 43.93 43.93	100m: 1:31.86	47.93	150m: 2:21.11	49.25	200m: 3:06.15	45.04		
8.	Isabela Lourenco, COSTA	11	Benedita	3:13.96	230				
	50m: 46.52 46.52	100m: 1:36.73	50.21	150m: 2:26.63	49.90	200m: 3:13.96	47.33		
9.	Matilde Pinto, ANTUNES	11	Naval de Peniche	3:14.27	229				
	50m: 44.92 44.92	100m: 1:34.77	49.85	150m: 2:25.13	50.36	200m: 3:14.27	49.14		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 32, Femin., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
10. Erica Felix, RODRIGUES 50m: 46.90 46.90 100m: 1:38.00 51.10 150m: 2:29.23 51.23 200m: 3:17.85 48.62	11 Uniao Juncalense	3:17.85	217
11. Yara Nunes, MARCELINO 50m: 46.41 46.41 100m: 1:37.92 51.51 150m: 2:30.41 52.49 200m: 3:19.10 48.69	11 Nucleo de Pombal	3:19.10	213
12. Yara Silva, INES 50m: 49.28 49.28 100m: 1:44.11 54.83 150m: 2:41.10 56.99 200m: 3:36.19 55.09	11 Ba-Leiria	3:36.19	166

Prova 32 Femin., 200m Costas Infantil B
03/03/2024 - 12:09 Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac INF B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA 50m: 39.68 39.68 100m: 1:23.61 43.93 150m: 2:09.10 45.49 200m: 2:52.40 43.30	12 Pimpoes/Cimai	2:52.40	328
2. Emiliana Arruda, SARAIVA 50m: 41.12 41.12 100m: 1:25.53 44.41 150m: 2:11.47 45.94 200m: 2:54.32 42.85	12 Vieiraense	2:54.32	317
3. Luna Francisco, PEREIRA 50m: 40.88 40.88 100m: 1:25.87 44.99 150m: 2:11.78 45.91 200m: 2:55.09 43.31	12 Nucleo de Pombal	2:55.09	313
4. Safira Pedro, FONSECA 50m: 43.87 43.87 100m: 1:32.92 49.05 150m: 2:22.76 49.84 200m: 3:09.86 47.10	12 Vieiraense	3:09.86	245
5. Beatriz Julio, CORREIA 50m: 45.85 45.85 100m: 1:36.08 50.23 150m: 2:24.94 48.86 200m: 3:11.65 46.71	12 CNLeiria	3:11.65	239
6. Carolina Matos, CORREIA 50m: 48.10 48.10 100m: 1:39.05 50.95 150m: 2:31.27 52.22 200m: 3:19.51 48.24	12 Nucleo de Pombal	3:19.51	211
7. Rita Alexandra, JORDAO 50m: 47.54 47.54 100m: 1:39.51 51.97 150m: 2:30.88 51.37 200m: 3:19.80 48.92	12 Uniao Juncalense	3:19.80	210
8. Mariana Duarte, ANTUNES 50m: 47.59 47.59 100m: 1:39.10 51.51 150m: 2:31.61 52.51 200m: 3:21.48 49.87	12 Alcobaca	3:21.48	205
9. Constanca Santos, COUTINHO 50m: 46.82 46.82 100m: 1:40.40 53.58 150m: 2:35.09 54.69 200m: 3:27.70 52.61	12 Naval da Nazaré	3:27.70	187
DSQ Maria Ines, GOMES <i>A atleta não efetuou o movimento contínuo na viragem dos 50 metros.</i>	12 Nucleo de Pombal		
DNS Benedita Nunes, FELIX	12 Pimpoes/Cimai		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 33	Masc., 200m Costas					Absolutos (Jun+Sen)
03/03/2024 - 12:32						Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)		2018
Rec Nac SEN	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)		2018
Rec Nac 18	1:57.90	Tomas Maia, JANUARIO	SLB	Leiria		2023
Rec Nac 17	1:59.34	Adriano Miguel, NIZ	CFV	Alges		2003

Pontos: FINA 2023

Lugar	Ano						Tempo final	Pts
1. Bruno Filipe, TABORDA	95	CNLeiria					2:18.14	447
50m: 31.78 31.78	100m: 1:06.78	35.00	150m: 1:42.40	35.62	200m: 2:18.14	35.74		
2. Bernardo Nunes, DOMINGUEZ	07	Ba-Leiria					2:30.58	345
50m: 35.20 35.20	100m: 1:13.07	37.87	150m: 1:52.07	39.00	200m: 2:30.58	38.51		
DNS Cristiano Nogueira, FERREIRA	06	Nucleo de Pombal						

Prova 33	Masc., 200m Costas					Juvenis Masculinos (A+B)
03/03/2024 - 12:32						Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)		2018
Rec Nac JUV A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés		2011
Rec Nac JUV B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia		2013

Pontos: FINA 2023

Lugar	Ano						Tempo final	Pts
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria					2:14.79	481
50m: 31.24 31.24	100m: 1:05.24	34.00	150m: 1:40.43	35.19	200m: 2:14.79	34.36		
2. Paulo, KOT	09	Nautico Marinha Grande					2:17.03	458
50m: 31.59 31.59	100m: 1:05.99	34.40	150m: 1:41.74	35.75	200m: 2:17.03	35.29		
3. Martim Alexandre, MESQUITA	09	Nautico Marinha Grande					2:27.29	368
50m: 35.55 35.55	100m: 1:13.05	37.50	150m: 1:51.84	38.79	200m: 2:27.29	35.45		
4. Tomas Bento, ANFILOQUIO	09	Pimpoes/Cimai					2:28.67	358
50m: 34.95 34.95	100m: 1:12.13	37.18	150m: 1:50.41	38.28	200m: 2:28.67	38.26		
5. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande					2:34.91	317
50m: 35.35 35.35	100m: 1:14.40	39.05	150m: 1:55.60	41.20	200m: 2:34.91	39.31		
6. David Ferrador, PEREIRA	09	Nucleo de Pombal					2:35.62	312
50m: 34.82 34.82	100m: 1:15.04	40.22	150m: 1:56.87	41.83	200m: 2:35.62	38.75		
7. Hugo Miguel, SANTOS	09	Pimpoes/Cimai					2:36.21	309
50m: 37.54 37.54	100m: 1:16.88	39.34	150m: 1:57.02	40.14	200m: 2:36.21	39.19		
8. Luis Pedro, VALERIO	09	Ba-Leiria					2:39.95	288
50m: 37.11 37.11	100m: 1:18.13	41.02	150m: 1:59.66	41.53	200m: 2:39.95	40.29		
9. Diogo Coelho, JORDAO	08	Uniao Juncalense					2:40.89	282
50m: 36.82 36.82	100m: 1:18.22	41.40	150m: 2:00.80	42.58	200m: 2:40.89	40.09		
10. Afonso Matos, CORREIA	09	Nucleo de Pombal					2:43.82	268
50m: 39.02 39.02	100m: 1:20.67	41.65	150m: 2:03.33	42.66	200m: 2:43.82	40.49		
11. Gabriel Santiago, FERREIRA	09	Uniao Juncalense					2:45.42	260
50m: 38.45 38.45	100m: 1:20.43	41.98	150m: 2:03.49	43.06	200m: 2:45.42	41.93		
12. Andre Guilherme, CORDEIRO	09	Naval de Peniche					2:50.48	237
50m: 40.88 40.88	100m: 1:24.13	43.25	150m: 2:07.83	43.70	200m: 2:50.48	42.65		
13. Alexandre Afonso, SANTOS	09	Uniao Juncalense					2:55.84	216
50m: 40.48 40.48	100m: 1:24.87	44.39	150m: 2:10.81	45.94	200m: 2:55.84	45.03		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 33, Masc., 200m Costas

Prova 33 Masc., 200m Costas Infantil A
03/03/2024 - 12:32 Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac INF A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	2012

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Rodolfo Junior, ALECRIM		10	CNLeiria				2:23.34	400
	50m: 33.53 33.53	100m: 1:10.77		37.24	150m: 1:47.88	37.11	200m: 2:23.34	35.46	
2.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande				2:31.97	335
	50m: 35.77 35.77	100m: 1:15.03		39.26	150m: 1:54.55	39.52	200m: 2:31.97	37.42	
3.	Lucas Ferreira, GASPAR		10	Vieirense				2:33.51	325
	50m: 36.25 36.25	100m: 1:15.07		38.82	150m: 1:54.98	39.91	200m: 2:33.51	38.53	
4.	Lucas Costa, JESUS		10	Nautico Marinha Grande				2:33.90	323
	50m: 36.11 36.11	100m: 1:15.42		39.31	150m: 1:55.67	40.25	200m: 2:33.90	38.23	
5.	Dinis Lamas, SANTOS		10	Ba-Leiria				2:40.53	284
	50m: 38.88 38.88	100m: 1:19.73		40.85	150m: 2:00.94	41.21	200m: 2:40.53	39.59	
6.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande				2:44.71	263
	50m: 39.91 39.91	100m: 1:21.74		41.83	150m: 2:03.75	42.01	200m: 2:44.71	40.96	
7.	Francisco Antonio, SIMOES		10	Ba-Leiria				3:01.13	198
	50m: 43.19 43.19	100m: 1:29.67		46.48	150m: 2:16.62	46.95	200m: 3:01.13	44.51	
8.	Diogo Correia, SILVA		10	Óbidos				3:43.98	104
	50m: 51.06 51.06	100m: 1:51.83	1:00.77	150m: 2:50.26	58.43	200m: 3:43.98	53.72		
DNS	Tomas Marques, FRANCISCO		10	CNLeiria					

Prova 33 Masc., 200m Costas Infantil B
03/03/2024 - 12:32 Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac INF B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	2013

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande				2:49.21	243
	50m: 40.80 40.80	100m: 1:25.07		44.27	150m: 2:09.11	44.04	200m: 2:49.21	40.10	
2.	Martim Cruz, MOURA		11	CNLeiria				2:53.44	225
	50m: 42.02 42.02	100m: 1:26.68		44.66	150m: 2:11.08	44.40	200m: 2:53.44	42.36	
3.	Francisco Costa, VALENTIM		11	Óbidos				2:58.74	206
	50m: 43.12 43.12	100m: 1:29.48		46.36	150m: 2:16.47	46.99	200m: 2:58.74	42.27	
4.	Guilherme Melo, ELIAS		11	Naval da Nazaré				3:00.89	199
	50m: 44.33 44.33	100m: 1:30.73		46.40	150m: 2:17.97	47.24	200m: 3:00.89	42.92	
5.	Martin, SHEVCHUK		11	CNLeiria				3:06.23	182
	50m: 43.97 43.97	100m: 1:32.20		48.23	150m: 2:20.21	48.01	200m: 3:06.23	46.02	
6.	Diego Rodrigues, MENDES		11	Nautico Marinha Grande				3:14.68	159
	50m: 45.79 45.79	100m: 1:35.90		50.11	150m: 2:26.17	50.27	200m: 3:14.68	48.51	
7.	Joao Rodrigo, BREDA		11	Nautico Marinha Grande				3:17.55	152
	50m: 46.13 46.13	100m: 1:36.89		50.76	150m: 2:28.22	51.33	200m: 3:17.55	49.33	
8.	Dinis Morgado, FERREIRA		11	Ba-Leiria				3:19.89	147
	50m: 47.09 47.09	100m: 1:38.88		51.79	150m: 2:31.76	52.88	200m: 3:19.89	48.13	
9.	Tiago Rafael, PINTO		11	Alcobaca				3:24.30	138
	50m: 48.98 48.98	100m: 1:41.54		52.56	150m: 2:33.86	52.32	200m: 3:24.30	50.44	
10.	Joao Pedro, CRUZ		11	Naval de Peniche				3:26.85	133
	50m: 50.55 50.55	100m: 1:43.35		52.80	150m: 2:36.53	53.18	200m: 3:26.85	50.32	

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 33, Masc., 200m Costas, Infantil B

Lugar	Ano	Tempo final	Pts
11. Gabriel Marques, CARREIRA 50m: 47.95 47.95 100m: 1:41.95 54.00 150m: 2:36.27 54.32 200m: 3:27.91 51.64	11 Uniao Juncalense	3:27.91	131
12. Simão Pedro, MARQUES 50m: 50.00 50.00 100m: 1:44.99 54.99 150m: 2:42.04 57.05 200m: 3:34.61 52.57	11 Uniao Juncalense	3:34.61	119
13. Eduardo Martim, CARMO 50m: 50.40 50.40 100m: 1:50.81 1:00.41 150m: 2:49.54 58.73 200m: 3:45.61 56.07	11 Óbidos	3:45.61	102
DNS Bruno Garcia, MILITAO <i>O atleta puxou a corda 3 vezes, entre os 150 e os 175 metros.</i>	11 Óbidos		

Prova 34 Femin., 100m Estilos Absolutos (JUN+SEN)
03/03/2024 - 12:54 Resultados

Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	2022
Rec Nac SEN	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	2022
Rec Nac 17	1:02.10	Carolina Miranda, FERNANDES	CGA	Leiria	2021
Rec Nac 16	1:03.25	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2019

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA 50m: 32.42 32.42 100m: 1:08.70 36.28	05 CNLeiria	1:08.70	556
2. Ines Mira, PINO 50m: 31.94 31.94 100m: 1:09.67 37.73	06 Pimpoes/Cimai	1:09.67	533
3. Carolina Lourenco, MATOS 50m: 34.40 34.40 100m: 1:11.68 37.28	98 Benedita	1:11.68	489
4. Margarida Correia, MADEIRA 50m: 35.57 35.57 100m: 1:11.92 36.35	06 Nautico Marinha Grande	1:11.92	485
5. Carolina Ferreira, FONSECA 50m: 35.94 35.94 100m: 1:17.57 41.63	07 Vieiraense	1:17.57	386
6. Diana Rita, FONSECA 50m: 35.16 35.16 100m: 1:18.03 42.87	08 Vieiraense	1:18.03	379
7. Camila Silva, CHAMUSCO 50m: 38.76 38.76 100m: 1:20.59 41.83	08 Pimpoes/Cimai	1:20.59	344
8. Matilde Monteiro, NEVES 50m: 38.31 38.31 100m: 1:21.36 43.05	08 Nucleo de Pombal	1:21.36	335
9. Marta Cabete, GOMES 50m: 36.98 36.98 100m: 1:21.84 44.86	08 CNLeiria	1:21.84	329
10. Ana Luisa, RENDEIRO 50m: 39.38 39.38 100m: 1:24.80 45.42	06 Nucleo de Pombal	1:24.80	295
11. Flavia Mendes, DOMINGUES 50m: 39.84 39.84 100m: 1:27.57 47.73	06 Nucleo de Pombal	1:27.57	268
12. Bruna Matos, FIALHO 50m: 41.46 41.46 100m: 1:27.60 46.14	08 Uniao Juncalense	1:27.60	268

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 34, Femin., 100m Estilos

Prova 34
03/03/2024 - 12:54

Femin., 100m Estilos

Juvenis Femininos (A+B)
Resultados

Rec Nac Open	1:01.48	Mariana Pacheco, CUNHA	CNCE	Leiria	2022
Rec Nac JUV A	1:05.68	,			
Rec Nac JUV B	1:07.26	,			

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Laura Helena, AMORIM 50m: 35.61 35.61 100m: 1:14.78 39.17	10 Nautico Marinha Grande	1:14.78	431
2. Matilde Santos, VIEIRA 50m: 35.93 35.93 100m: 1:16.25 40.32	10 Nautico Marinha Grande	1:16.25	407
3. Maria Teresa, OLIVEIRA 50m: 37.06 37.06 100m: 1:16.64 39.58	09 Ba-Leiria	1:16.64	400
4. Diana Isabel, ALVES 50m: 35.16 35.16 100m: 1:16.69 41.53	10 Pimpoes/Cimai	1:16.69	400
5. Debora Silva, INACIO 50m: 34.42 34.42 100m: 1:17.12 42.70	10 Pimpoes/Cimai	1:17.12	393
6. Maria Margarida, OLIVEIRA 50m: 37.18 37.18 100m: 1:19.82 42.64	09 Ba-Leiria	1:19.82	354
7. Laura Margarida, ASCENSO 50m: 38.43 38.43 100m: 1:21.99 43.56	10 Nautico Marinha Grande	1:21.99	327
8. Constanca Rolim, PEDRO 50m: 40.34 40.34 100m: 1:25.30 44.96	10 Ba-Leiria	1:25.30	290
DSQ Matilde Filipa, AMADO <i>Falsa partida (SW 4.4)</i>	10 Nautico Marinha Grande		

Prova 35
03/03/2024 - 13:00

Masc., 100m Estilos

Absolutos (Jun+Sen)
Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	2019
Rec Nac SEN	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	2019
Rec Nac 18	56.40	Joao Peres, COSTA	CNPV	Leiria	2021
Rec Nac 17	57.40	Diogo Filipe, CARVALHO	CGA	Aveiro	2005

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS 50m: 27.75 27.75 100m: 1:00.34 32.59	03 Nautico Marinha Grande	1:00.34	544
2. Francisco Marques, SIMOES 50m: 27.89 27.89 100m: 1:00.37 32.48	07 CNLeiria	1:00.37	543
3. Goncalo Pereira, COLACO 50m: 27.98 27.98 100m: 1:00.45 32.47	07 CNLeiria	1:00.45	541
4. Joao Miguel, SANTOS 50m: 28.82 28.82 100m: 1:02.13 33.31	81 CNLeiria	1:02.13	499
5. Miguel Vicente, SILVA 50m: 28.21 28.21 100m: 1:02.46 34.25	02 Nautico Marinha Grande	1:02.46	491
6. Francisco Xavier, RITA 50m: 29.09 29.09 100m: 1:03.24 34.15	07 Vieirense	1:03.24	473
7. Gil Santos, LEMOS 50m: 29.59 29.59 100m: 1:04.02 34.43	06 Pimpoes/Cimai	1:04.02	456
8. Lucas Filipe, MOREIRA 50m: 30.05 30.05 100m: 1:04.16 34.11	05 CNLeiria	1:04.16	453

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 35, Masc., 100m Estilos, Absolutos (Jun+Sen)

Lugar	Ano	Tempo final	Pts
9. Luca Valentino, TONA 50m: 29.04 29.04 100m: 1:04.25 35.21	06 Pimpoes/Cimai	1:04.25	451
10. Joao Moura, FRANCISCO 50m: 28.57 28.57 100m: 1:04.49 35.92	07 CNLeiria	1:04.49	446
11. Sebastian Fabricio, VILLACIS 50m: 29.50 29.50 100m: 1:05.02 35.52	01 CNLeiria	1:05.02	435
12. Jose Januario, MARQUES 50m: 30.89 30.89 100m: 1:07.41 36.52	07 Pimpoes/Cimai	1:07.41	390
13. Bernardo Nunes, DOMINGUEZ 50m: 31.89 31.89 100m: 1:07.66 35.77	07 Ba-Leiria	1:07.66	386
14. David Parreiras, PEREIRA 50m: 30.89 30.89 100m: 1:08.64 37.75	06 CNLeiria	1:08.64	370
15. Gabriel Zimas, JACINTO 50m: 31.00 31.00 100m: 1:09.33 38.33	06 CNLeiria	1:09.33	359
16. Rafael, SANTOS 50m: 32.80 32.80 100m: 1:11.09 38.29	06 Uniao Juncalense	1:11.09	333
17. Dinis Amado, FERREIRA 50m: 35.11 35.11 100m: 1:13.24 38.13	06 CNLeiria	1:13.24	304
18. Simao Mortagua, TEIXEIRA 50m: 34.00 34.00 100m: 1:16.02 42.02	05 Pimpoes/Cimai	1:16.02	272
19. Joel Heber, SANTOS 50m: 37.11 37.11 100m: 1:22.28 45.17	06 Ba-Leiria	1:22.28	214
20. Filipe Miguel, GOMES 50m: 45.48 45.48 100m: 1:33.77 48.29	97 CNLeiria	1:33.77	145

Prova 35
03/03/2024 - 13:00

Masc., 100m Estilos

Juvenis Masculinos (A+B)
Resultados

Rec Nac Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	2019
Rec Nac JUV A	59.16	Goncalo Carlos, AZEVEDO	CNMAIA	Felqueiras	2023
Rec Nac JUV B	59.82	Diogo Damasceno, REIS	SCP	Sines	2023

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY 50m: 28.16 28.16 100m: 1:01.31 33.15	08 Pimpoes/Cimai	1:01.31	519
2. Tomas Pascoal, FERREIRA 50m: 28.52 28.52 100m: 1:02.13 33.61	09 Ba-Leiria	1:02.13	499
3. Gabriel Mota, PATRICIO 50m: 29.22 29.22 100m: 1:04.46 35.24	08 Vieiraense	1:04.46	446
4. Henrique Martins, JOAQUIM 50m: 28.95 28.95 100m: 1:04.68 35.73	09 CNLeiria	1:04.68	442
5. Guilherme Meireles, MARRAZES 50m: 30.55 30.55 100m: 1:06.23 35.68	09 Nautico Marinha Grande	1:06.23	411
6. Xinyang, CHENG 50m: 33.05 33.05 100m: 1:10.44 37.39	09 Nautico Marinha Grande	1:10.44	342
7. Diogo Barata, ALVES 50m: 35.03 35.03 100m: 1:13.06 38.03	08 Nautico Marinha Grande	1:13.06	306
8. Tiago Daniel, POVOA 50m: 37.34 37.34 100m: 1:22.18 44.84	08 Uniao Juncalense	1:22.18	215

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 35, Masc., 100m Estilos, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
DSQ Afonso Nunes, MARCELINO	08 Nucleo de Pombal		

O atleta perdeu a posição dorsal, antes da viragem dos 50 metros.

Prova 36 Femin., 4 x 100m Livres Juvenis Femininos (A+B)
03/03/2024 - 13:13 Resultados

Rec Nac Open	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	2010
Rec Nac JUV A	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	2019
Rec Nac JUV	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	2019
Rec Nac JUV B	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	2019

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. CNPE JUV	4:21.00	487
Francisca Ramos, NUNES	09 30.31 1:03.72	Anjali, RAICAR
Bianca Balbino, MENDES	10 31.48 1:05.79	Barbara Balbino, MENDES

Prova 37 Masc., 4 x 100m Livres Absolutos (Jun+Sen)
03/03/2024 - 13:18 Resultados

Rec Nac Open	3:12.81	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac SEN	3:12.81	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac JUN	3:27.52	Sport Lisboa e Benfica	SLB	Leiria	2023

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. CNL ABS	4:01.45	433
Gabriel Zimas, JACINTO	06 28.35 59.84	Dinis Amado, FERREIRA
David Parreiras, PEREIRA	06 28.08 58.73	Lucas Filipe, MOREIRA

4 - 2ª Jornada - 2ª sessão (tarde) 03/03/2024 - 15:45

Prova 38 Masc., 4 x 50m Estilos Absolutos (Jun+Sen)
03/03/2024 - 15:45 Resultados

Rec Nac Open	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac SEN	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac JUN	1:43.58	Sport Lisboa e Benfica	SLB	Leiria	2023

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. CNL ABS	2:05.49	365
Bruno Filipe, TABORDA	95 +0,75 31.32	Sebastian Fabricio, VILLACIS
Goncalo Pereira, COLACO	07 34.59	Filipe Miguel, GOMES

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 38, Masc., 4 x 50m Estilos

Prova 38 Masc., 4 x 50m Estilos Infantil A
03/03/2024 - 15:45 Resultados

Rec Nac Open	1:36.67	Sport Lisboa e Benfica	SLB	Leiria	2022
Rec Nac INF A	1:56.84	POR			
Rec Nac 13 - 14	1:56.84	POR			

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	DNMG INF A			Nautico Marinha Grande	2:08.53	340
	Tomas Manuel, PALMEIRO	10	+1,29	32.18 Simao Sousa, JESUS	10	32.43
	Afonso Ferreira, REIS	10		35.36 Francisco Lourenco, PEDROSA	10	28.56
2.	SIRP INF A			Pimpoes/Cimai	2:10.48	325
	Pedro Souza, SILVA	10	+0,66	34.04 Guilherme Costa, REBELO	10	29.28
	Guilherme Rodrigues, CABRAL	10		37.12 Gabriel Krempel, VARELA	10	30.04

Prova 39 Femin., 4 x 50m Estilos Infantil B
03/03/2024 - 15:48 Resultados

Rec Nac Open	1:53.11	Sport Alges e Dafundo	SAD	Felgueiras	2019
Rec Nac 12 - 13	2:12.78	POR			
Rec Nac INF B	2:23.73	POR			

Pontos: FINA 2023

Lugar					Tempo final	Pts
DNS	SIRP INF B			Pimpoes/Cimai		
EXH	OC INF EXTRA			Óbidos	3:13.21	148
	Kelly Simao, COSTA	11	+1,06	43.74 Jessica Garcia, FERREIRA	12	54.07
	Maria Leonor, FERREIRA	12		51.13 Iara Maria, CAMACHO	12	44.27

Prova 40 Masc., 800m Livres Absolutos (Jun+Sen)
03/03/2024 - 16:05 Resultados

Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	2019
Rec Nac SEN	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	2019
Rec Nac 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	2015
Rec Nac 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	2009

Pontos: FINA 2023

Lugar		Ano			Tempo final	Pts
1.	Francisco Xavier, RITA	07	Vieirense		8:47.58	593
	50m: 30.02 30.02	250m: 2:42.52 33.75	450m: 4:57.45 33.34	650m: 7:12.04 33.11		
	100m: 1:02.35 32.33	300m: 3:16.39 33.87	500m: 5:31.35 33.90	700m: 7:44.77 32.73		
	150m: 1:35.35 33.00	350m: 3:50.15 33.76	550m: 6:05.52 34.17	750m: 8:16.58 31.81		
	200m: 2:08.77 33.42	400m: 4:24.11 33.96	600m: 6:38.93 33.41	800m: 8:47.58 31.00		
2.	Gil Santos, LEMOS	06	Pimpoes/Cimai		8:54.86	569
	50m: 29.98 29.98	250m: 2:42.35 33.43	450m: 4:57.10 33.57	650m: 7:14.09 35.10		
	100m: 1:02.54 32.56	300m: 3:15.80 33.45	500m: 5:30.76 33.66	700m: 7:49.05 34.96		
	150m: 1:35.67 33.13	350m: 3:49.69 33.89	550m: 6:04.69 33.93	750m: 8:22.62 33.57		
	200m: 2:08.92 33.25	400m: 4:23.53 33.84	600m: 6:38.99 34.30	800m: 8:54.86 32.24		
3.	Afonso Dinis, ROQUE	07	CNLeiria		8:54.97	569
	50m: 29.98 29.98	250m: 2:43.17 33.85	450m: 4:59.16 33.86	650m: 7:15.67 34.00		
	100m: 1:02.45 32.47	300m: 3:16.64 33.47	500m: 5:33.43 34.27	700m: 7:49.41 33.74		
	150m: 1:35.72 33.27	350m: 3:50.75 34.11	550m: 6:07.76 34.33	750m: 8:23.55 34.14		
	200m: 2:09.32 33.60	400m: 4:25.30 34.55	600m: 6:41.67 33.91	800m: 8:54.97 31.42		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 40, Masc., 800m Livres, Absolutos (Jun+Sen)

Lugar			Ano							Tempo final	Pts	
4.	Luca Valentino, TONA		06	Pimpoes/Cimai						8:55.68	567	
	50m:	30.05	30.05	250m:	2:43.21	33.52	450m:	4:59.86	34.33	650m:	7:17.75	34.53
	100m:	1:02.78	32.73	300m:	3:17.27	34.06	500m:	5:34.43	34.57	700m:	7:51.94	34.19
	150m:	1:35.97	33.19	350m:	3:51.47	34.20	550m:	6:08.90	34.47	750m:	8:25.81	33.87
	200m:	2:09.69	33.72	400m:	4:25.53	34.06	600m:	6:43.22	34.32	800m:	8:55.68	29.87
5.	Jose Januario, MARQUES		07	Pimpoes/Cimai						9:38.29	450	
	50m:	31.96	31.96	250m:	2:55.89	36.13	450m:	5:22.57	37.00	650m:	7:50.98	37.11
	100m:	1:07.18	35.22	300m:	3:32.52	36.63	500m:	5:59.50	36.93	700m:	8:28.01	37.03
	150m:	1:43.27	36.09	350m:	4:09.07	36.55	550m:	6:36.50	37.00	750m:	9:03.86	35.85
	200m:	2:19.76	36.49	400m:	4:45.57	36.50	600m:	7:13.87	37.37	800m:	9:38.29	34.43
6.	David Parreiras, PEREIRA		06	CNLeiria						10:24.58	357	
	50m:	30.73	30.73	250m:	3:03.18	39.46	450m:	5:41.71	39.96	650m:	8:26.14	41.37
	100m:	1:06.92	36.19	300m:	3:42.71	39.53	500m:	6:22.50	40.79	700m:	9:06.73	40.59
	150m:	1:45.31	38.39	350m:	4:21.98	39.27	550m:	7:03.69	41.19	750m:	9:47.32	40.59
	200m:	2:23.72	38.41	400m:	5:01.75	39.77	600m:	7:44.77	41.08	800m:	10:24.58	37.26

Prova 40 Masc., 800m Livres Juvenis Masculinos (A+B)
03/03/2024 - 16:05 Resultados

Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	2019
Rec Nac JUV A	8:09.43	Rui Filipe, COSTA	VSC	Senhora da Hora	2007
Rec Nac JUV B	8:25.99	Rui Silva, PEREIRA	POR	Tomar	2023

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts	
1.	Paulo, KOT		09	Nautico Marinha Grande						8:39.75	620	
	50m:	29.62	29.62	250m:	2:38.86	32.35	450m:	4:51.06	33.23	650m:	7:02.65	32.80
	100m:	1:01.38	31.76	300m:	3:12.17	33.31	500m:	5:23.82	32.76	700m:	7:35.82	33.17
	150m:	1:33.56	32.18	350m:	3:45.18	33.01	550m:	5:56.84	33.02	750m:	8:08.63	32.81
	200m:	2:06.51	32.95	400m:	4:17.83	32.65	600m:	6:29.85	33.01	800m:	8:39.75	31.12
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande						8:53.66	573	
	50m:	29.79	29.79	250m:	2:45.11	34.13	450m:	5:00.78	33.66	650m:	7:15.66	33.87
	100m:	1:03.37	33.58	300m:	3:18.90	33.79	500m:	5:34.17	33.39	700m:	7:49.44	33.78
	150m:	1:36.96	33.59	350m:	3:53.14	34.24	550m:	6:08.07	33.90	750m:	8:22.74	33.30
	200m:	2:10.98	34.02	400m:	4:27.12	33.98	600m:	6:41.79	33.72	800m:	8:53.66	30.92
3.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai						8:54.74	570	
	50m:	30.41	30.41	250m:	2:44.93	33.89	450m:	5:00.41	32.82	650m:	7:17.65	34.29
	100m:	1:03.71	33.30	300m:	3:18.96	34.03	500m:	5:34.45	34.04	700m:	7:51.51	33.86
	150m:	1:37.02	33.31	350m:	3:53.27	34.31	550m:	6:09.17	34.72	750m:	8:23.83	32.32
	200m:	2:11.04	34.02	400m:	4:27.59	34.32	600m:	6:43.36	34.19	800m:	8:54.74	30.91
4.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai						9:05.04	538	
	50m:	29.61	29.61	250m:	2:45.52	34.39	450m:	5:04.50	34.73	650m:	7:23.79	34.91
	100m:	1:02.74	33.13	300m:	3:20.14	34.62	500m:	5:39.18	34.68	700m:	7:58.80	35.01
	150m:	1:36.77	34.03	350m:	3:55.11	34.97	550m:	6:14.15	34.97	750m:	8:32.83	34.03
	200m:	2:11.13	34.36	400m:	4:29.77	34.66	600m:	6:48.88	34.73	800m:	9:05.04	32.21
5.	Santiago Boica, SOUSA		08	Vieirense						9:15.35	509	
	50m:	30.20	30.20	250m:	2:47.10	34.09	450m:	5:09.96	35.54	650m:	7:32.16	35.11
	100m:	1:03.98	33.78	300m:	3:23.16	36.06	500m:	5:45.19	35.23	700m:	8:08.03	35.87
	150m:	1:38.60	34.62	350m:	3:58.14	34.98	550m:	6:20.92	35.73	750m:	8:43.29	35.26
	200m:	2:13.01	34.41	400m:	4:34.42	36.28	600m:	6:57.05	36.13	800m:	9:15.35	32.06
6.	Rodrigo Santos, COUTINHO		08	Pimpoes/Cimai						9:38.27	450	
	50m:	32.76	32.76	250m:	2:59.94	37.07	450m:	5:27.46	36.62	650m:	7:53.46	36.62
	100m:	1:09.14	36.38	300m:	3:36.84	36.90	500m:	6:04.41	36.95	700m:	8:29.71	36.25
	150m:	1:45.64	36.50	350m:	4:13.64	36.80	550m:	6:40.65	36.24	750m:	9:05.48	35.77
	200m:	2:22.87	37.23	400m:	4:50.84	37.20	600m:	7:16.84	36.19	800m:	9:38.27	32.79
7.	Santiago Jose, PACHECO		09	Alcobaca						9:45.01	435	
	50m:	31.86	31.86	250m:	2:59.77	37.25	450m:	5:28.57	37.32	650m:	7:57.99	37.32
	100m:	1:08.48	36.62	300m:	3:37.30	37.53	500m:	6:05.45	36.88	700m:	8:34.82	36.83
	150m:	1:45.52	37.04	350m:	4:14.47	37.17	550m:	6:43.22	37.77	750m:	9:10.64	35.82
	200m:	2:22.52	37.00	400m:	4:51.25	36.78	600m:	7:20.67	37.45	800m:	9:45.01	34.37

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 40, Masc., 800m Livres, Juvenis Masculinos (A+B)

Lugar			Ano					Tempo final	Pts		
8.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				9:46.88	431		
	50m:	32.04 32.04	250m:	2:58.55	37.21	450m:	5:28.54	36.93	650m:	7:57.54	37.22
	100m:	1:07.62 35.58	300m:	3:36.33	37.78	500m:	6:05.90	37.36	700m:	8:34.72	37.18
	150m:	1:44.36 36.74	350m:	4:13.93	37.60	550m:	6:42.81	36.91	750m:	9:11.79	37.07
	200m:	2:21.34 36.98	400m:	4:51.61	37.68	600m:	7:20.32	37.51	800m:	9:46.88	35.09
9.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai				9:47.93	429		
	50m:	32.71 32.71	250m:	2:57.40	36.88	450m:	5:26.02	37.04	650m:	7:55.83	37.40
	100m:	1:07.68 34.97	300m:	3:34.39	36.99	500m:	6:03.51	37.49	700m:	8:33.39	37.56
	150m:	1:44.07 36.39	350m:	4:11.64	37.25	550m:	6:40.88	37.37	750m:	9:11.32	37.93
	200m:	2:20.52 36.45	400m:	4:48.98	37.34	600m:	7:18.43	37.55	800m:	9:47.93	36.61
10.	Xinyang, CHENG		09	Nautico Marinha Grande				9:53.06	417		
	50m:	32.29 32.29	250m:	2:59.41	36.97	450m:	5:29.34	37.84	650m:	8:00.51	37.69
	100m:	1:08.24 35.95	300m:	3:36.83	37.42	500m:	6:07.20	37.86	700m:	8:38.04	37.53
	150m:	1:45.17 36.93	350m:	4:14.27	37.44	550m:	6:44.98	37.78	750m:	9:15.39	37.35
	200m:	2:22.44 37.27	400m:	4:51.50	37.23	600m:	7:22.82	37.84	800m:	9:53.06	37.67
11.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande				10:07.14	389		
	50m:	31.71 31.71	250m:	3:01.96	39.12	450m:	5:37.74	39.31	650m:	8:13.65	38.71
	100m:	1:07.87 36.16	300m:	3:41.03	39.07	500m:	6:16.81	39.07	700m:	8:52.18	38.53
	150m:	1:44.79 36.92	350m:	4:19.57	38.54	550m:	6:55.36	38.55	750m:	9:30.11	37.93
	200m:	2:22.84 38.05	400m:	4:58.43	38.86	600m:	7:34.94	39.58	800m:	10:07.14	37.03
12.	Tomas Bento, ANFILOQUIO		09	Pimpoes/Cimai				10:12.91	378		
	50m:	33.62 33.62	250m:	3:06.27	38.90	450m:	5:41.37	38.57	650m:	8:16.95	38.70
	100m:	1:10.19 36.57	300m:	3:44.64	38.37	500m:	6:20.57	39.20	700m:	8:56.52	39.57
	150m:	1:48.55 38.36	350m:	4:23.75	39.11	550m:	6:59.04	38.47	750m:	9:35.16	38.64
	200m:	2:27.37 38.82	400m:	5:02.80	39.05	600m:	7:38.25	39.21	800m:	10:12.91	37.75
13.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense				10:13.21	378		
	50m:	34.01 34.01	250m:	3:05.72	38.42	450m:	5:39.84	38.58	650m:	8:17.28	39.29
	100m:	1:10.48 36.47	300m:	3:44.18	38.46	500m:	6:19.18	39.34	700m:	8:56.34	39.06
	150m:	1:48.68 38.20	350m:	4:22.74	38.56	550m:	6:58.60	39.42	750m:	9:35.37	39.03
	200m:	2:27.30 38.62	400m:	5:01.26	38.52	600m:	7:37.99	39.39	800m:	10:13.21	37.84
14.	Alexandre Afonso, SANTOS		09	Uniao Juncalense				12:53.47	188		
	50m:	41.68 41.68	250m:	3:54.46	48.52	450m:	7:11.54	49.15	650m:	10:29.60	47.96
	100m:	1:28.92 47.24	300m:	4:44.51	50.05	500m:	8:01.22	49.68	700m:	11:17.89	48.29
	150m:	2:16.99 48.07	350m:	5:33.06	48.55	550m:	8:51.67	50.45	750m:	12:06.65	48.76
	200m:	3:05.94 48.95	400m:	6:22.39	49.33	600m:	9:41.64	49.97	800m:	12:53.47	46.82
DNS	Tome Nunes, TOME		08	CNLeiria							

Prova 41

03/03/2024 - 16:38

Femin., 1500m Livres

Absolutos (JUN+SEN)

Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	2019
Rec Nac SEN	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	2019
Rec Nac 17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac 16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	2014

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Margarida Correia, MADEIRA		06	Nautico Marinha Grande				17:59.90	594		
	50m:	33.50 33.50	450m:	5:19.78	35.98	850m:	10:10.38	35.94	1250m:	15:01.19	36.67
	100m:	1:08.76 35.26	500m:	5:56.16	36.38	900m:	10:46.87	36.49	1300m:	15:37.62	36.43
	150m:	1:44.56 35.80	550m:	6:32.55	36.39	950m:	11:23.17	36.30	1350m:	16:13.10	35.48
	200m:	2:20.41 35.85	600m:	7:09.19	36.64	1000m:	11:59.27	36.10	1400m:	16:49.79	36.69
	250m:	2:56.52 36.11	650m:	7:45.54	36.35	1050m:	12:35.19	35.92	1450m:	17:25.93	36.14
	300m:	3:32.86 36.34	700m:	8:21.77	36.23	1100m:	13:11.76	36.57	1500m:	17:59.90	33.97
	350m:	4:07.62 34.76	750m:	8:57.90	36.13	1150m:	13:47.63	35.87			
	400m:	4:43.80 36.18	800m:	9:34.44	36.54	1200m:	14:24.52	36.89			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 41, Femin., 1500m Livres, Absolutos (JUN+SEN)

Lugar			Ano					Tempo final	Pts			
2.	Matilde Violante, VIANA		07	CNLeiria				18:23.14	558			
	50m:	32.97	32.97	450m:	5:21.93	36.93	850m:	10:17.01	37.02	1250m:	15:18.65	38.14
	100m:	1:08.05	35.08	500m:	5:58.47	36.54	900m:	10:54.24	37.23	1300m:	15:56.94	38.29
	150m:	1:43.74	35.69	550m:	6:35.62	37.15	950m:	11:32.08	37.84	1350m:	16:34.29	37.35
	200m:	2:19.91	36.17	600m:	7:12.36	36.74	1000m:	12:09.52	37.44	1400m:	17:11.30	37.01
	250m:	2:56.21	36.30	650m:	7:49.13	36.77	1050m:	12:46.87	37.35	1450m:	17:48.26	36.96
	300m:	3:32.59	36.38	700m:	8:26.23	37.10	1100m:	13:24.53	37.66	1500m:	18:23.14	34.88
	350m:	4:08.65	36.06	750m:	9:03.23	37.00	1150m:	14:02.51	37.98			
	400m:	4:45.00	36.35	800m:	9:39.99	36.76	1200m:	14:40.51	38.00			
3.	Leonor Caetano, MOREIRA		06	Vieirense				20:02.48	430			
	50m:	35.97	35.97	450m:	6:02.24	39.95	850m:	11:23.13	40.37	1250m:	16:42.74	39.86
	100m:	1:16.16	40.19	500m:	6:42.53	40.29	900m:	12:03.17	40.04	1300m:	17:23.48	40.74
	150m:	1:56.96	40.80	550m:	7:22.21	39.68	950m:	12:43.57	40.40	1350m:	18:03.56	40.08
	200m:	2:38.14	41.18	600m:	8:02.51	40.30	1000m:	13:23.66	40.09	1400m:	18:43.92	40.36
	250m:	3:19.62	41.48	650m:	8:42.55	40.04	1050m:	14:03.01	39.35	1450m:	19:23.78	39.86
	300m:	4:00.36	40.74	700m:	9:22.10	39.55	1100m:	14:43.38	40.37	1500m:	20:02.48	38.70
	350m:	4:41.35	40.99	750m:	10:02.43	40.33	1150m:	15:23.14	39.76			
	400m:	5:22.29	40.94	800m:	10:42.76	40.33	1200m:	16:02.88	39.74			
4.	Catarina Tagaroso, LOBO		07	Uniao Juncalense				22:01.60	324			
	50m:	35.92	35.92	450m:	6:27.54	44.13	850m:	12:23.99	44.27	1250m:	18:22.09	45.26
	100m:	1:17.47	41.55	500m:	7:12.44	44.90	900m:	13:08.45	44.46	1300m:	19:06.50	44.41
	150m:	2:01.52	44.05	550m:	7:56.48	44.04	950m:	13:53.36	44.91	1350m:	19:51.28	44.78
	200m:	2:45.86	44.34	600m:	8:40.94	44.46	1000m:	14:37.77	44.41	1400m:	20:35.29	44.01
	250m:	3:30.21	44.35	650m:	9:25.41	44.47	1050m:	15:22.85	45.08	1450m:	21:20.00	44.71
	300m:	4:14.38	44.17	700m:	10:10.22	44.81	1100m:	16:07.37	44.52	1500m:	22:01.60	41.60
	350m:	4:58.92	44.54	750m:	10:55.05	44.83	1150m:	16:51.63	44.26			
	400m:	5:43.41	44.49	800m:	11:39.72	44.67	1200m:	17:36.83	45.20			

Prova 41 Femin., 1500m Livres Juvenis Femininos (A+B)
03/03/2024 - 16:38 Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	2019
Rec Nac JUV A	16:54.39	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	2014
Rec Nac JUV B	17:17.43	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	2013

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Constanca Baptista, TOMAS		09	Alcobaca				18:22.72	558			
	50m:	33.24	33.24	450m:	5:25.22	36.47	850m:	10:25.42	38.20	1250m:	15:24.51	36.82
	100m:	1:09.33	36.09	500m:	6:02.34	37.12	900m:	11:02.48	37.06	1300m:	16:01.07	36.56
	150m:	1:45.80	36.47	550m:	6:39.23	36.89	950m:	11:39.70	37.22	1350m:	16:37.68	36.61
	200m:	2:22.33	36.53	600m:	7:16.94	37.71	1000m:	12:17.52	37.82	1400m:	17:13.79	36.11
	250m:	2:59.07	36.74	650m:	7:54.27	37.33	1050m:	12:55.32	37.80	1450m:	17:49.51	35.72
	300m:	3:35.63	36.56	700m:	8:31.69	37.42	1100m:	13:32.88	37.56	1500m:	18:22.72	33.21
	350m:	4:11.93	36.30	750m:	9:09.81	38.12	1150m:	14:09.85	36.97			
	400m:	4:48.75	36.82	800m:	9:47.22	37.41	1200m:	14:47.69	37.84			
2.	Francisca Ramos, NUNES		09	Naval de Peniche				18:48.93	520			
	50m:	34.87	34.87	450m:	5:36.34	37.82	850m:	10:38.76	38.10	1250m:	15:44.77	38.02
	100m:	1:12.24	37.37	500m:	6:13.68	37.34	900m:	11:17.13	38.37	1300m:	16:22.88	38.11
	150m:	1:49.71	37.47	550m:	6:51.10	37.42	950m:	11:55.24	38.11	1350m:	17:00.46	37.58
	200m:	2:27.35	37.64	600m:	7:28.91	37.81	1000m:	12:33.67	38.43	1400m:	17:37.64	37.18
	250m:	3:05.42	38.07	650m:	8:06.74	37.83	1050m:	13:12.00	38.33	1450m:	18:14.59	36.95
	300m:	3:43.06	37.64	700m:	8:44.28	37.54	1100m:	13:50.48	38.48	1500m:	18:48.93	34.34
	350m:	4:20.65	37.59	750m:	9:22.60	38.32	1150m:	14:28.42	37.94			
	400m:	4:58.52	37.87	800m:	10:00.66	38.06	1200m:	15:06.75	38.33			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 41, Femin., 1500m Livres, Juvenis Femininos (A+B)

Lugar			Ano			Tempo final	Pts	
3.	Diana Isabel, ALVES		10	Pimpoes/Cimai		19:16.52	484	
	50m:	35.13 35.13	450m:	5:45.74 38.88	850m:	10:56.86 38.98	1250m:	16:06.76 38.15
	100m:	1:13.50 38.37	500m:	6:24.81 39.07	900m:	11:35.43 38.57	1300m:	16:44.85 38.09
	150m:	1:52.37 38.87	550m:	7:03.27 38.46	950m:	12:14.18 38.75	1350m:	17:23.17 38.32
	200m:	2:31.23 38.86	600m:	7:42.43 39.16	1000m:	12:53.34 39.16	1400m:	18:02.09 38.92
	250m:	3:10.33 39.10	650m:	8:21.38 38.95	1050m:	13:31.92 38.58	1450m:	18:40.35 38.26
	300m:	3:49.04 38.71	700m:	9:00.39 39.01	1100m:	14:10.92 39.00	1500m:	19:16.52 36.17
	350m:	4:27.92 38.88	750m:	9:39.06 38.67	1150m:	14:49.55 38.63		
	400m:	5:06.86 38.94	800m:	10:17.88 38.82	1200m:	15:28.61 39.06		
4.	Bianca Balbino, MENDES		10	Naval de Peniche		19:23.04	476	
	50m:	35.41 35.41	450m:	5:45.76 38.91	850m:	10:56.88 38.69	1250m:	16:08.75 39.52
	100m:	1:14.10 38.69	500m:	6:25.34 39.58	900m:	11:35.37 38.49	1300m:	16:47.49 38.74
	150m:	1:52.71 38.61	550m:	7:03.95 38.61	950m:	12:14.22 38.85	1350m:	17:26.92 39.43
	200m:	2:31.43 38.72	600m:	7:42.45 38.50	1000m:	12:53.21 38.99	1400m:	18:06.43 39.51
	250m:	3:10.30 38.87	650m:	8:21.65 39.20	1050m:	13:32.30 39.09	1450m:	18:45.31 38.88
	300m:	3:49.18 38.88	700m:	9:00.57 38.92	1100m:	14:11.13 38.83	1500m:	19:23.04 37.73
	350m:	4:27.96 38.78	750m:	9:39.43 38.86	1150m:	14:49.91 38.78		
	400m:	5:06.85 38.89	800m:	10:18.19 38.76	1200m:	15:29.23 39.32		
5.	Vida Sofia, VELEZ		10	Ba-Leiria		19:42.29	453	
	50m:	35.06 35.06	450m:	5:47.66 39.63	850m:	11:02.86 37.94	1250m:	16:25.85 40.87
	100m:	1:14.40 39.34	500m:	6:26.89 39.23	900m:	11:41.43 38.57	1300m:	17:06.23 40.38
	150m:	1:53.39 38.99	550m:	7:06.57 39.68	950m:	12:21.46 40.03	1350m:	17:45.05 38.82
	200m:	2:33.23 39.84	600m:	7:46.36 39.79	1000m:	13:01.42 39.96	1400m:	18:24.34 39.29
	250m:	3:11.97 38.74	650m:	8:25.45 39.09	1050m:	13:42.20 40.78	1450m:	19:03.74 39.40
	300m:	3:50.51 38.54	700m:	9:05.25 39.80	1100m:	14:22.10 39.90	1500m:	19:42.29 38.55
	350m:	4:29.43 38.92	750m:	9:44.56 39.31	1150m:	15:03.69 41.59		
	400m:	5:08.03 38.60	800m:	10:24.92 40.36	1200m:	15:44.98 41.29		

Prova 42

03/03/2024 - 17:20

Masc., 100m Costas

Absolutos (Jun+Sen)

Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac SEN	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	2009
Rec Nac 17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	2014

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Goncalo Pereira, COLACO		07	CNLeiria		1:00.70	504
	50m:	30.03 30.03	100m:	1:00.70 30.67			
2.	Francisco Marques, SIMOES		07	CNLeiria		1:00.87	500
	50m:	29.91 29.91	100m:	1:00.87 30.96			
3.	Bruno Filipe, TABORDA		95	CNLeiria		1:01.97	474
	50m:	30.15 30.15	100m:	1:01.97 31.82			
4.	Joao Moura, FRANCISCO		07	CNLeiria		1:06.18	389
	50m:	32.18 32.18	100m:	1:06.18 34.00			
5.	Rafael, SANTOS		06	Uniao Juncalense		1:13.65	282
	50m:	36.16 36.16	100m:	1:13.65 37.49			
6.	Simao Mortagua, TEIXEIRA		05	Pimpoes/Cimai		1:18.28	235
	50m:	37.56 37.56	100m:	1:18.28 40.72			
7.	Joel Heber, SANTOS		06	Ba-Leiria		1:24.03	190
	50m:	40.67 40.67	100m:	1:24.03 43.36			
8.	Dinis Lourenco, COSTA		07	Benedita		1:39.93	113
	50m:	47.96 47.96	100m:	1:39.93 51.97			
DNS	Cristiano Nogueira, FERREIRA		06	Nucleo de Pombal			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 42, Masc., 100m Costas

Prova 42
03/03/2024 - 17:20

Masc., 100m Costas

Juvenis Masculinos (A+B)
Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac JUV A	56.34	Goncalo Carlos, AZEVEDO	CNMAIA	Felgueiras	2023
Rec Nac JUV B	57.36	Gustavo Carvalho, SILVA	ADA	Praia da Vitória	2019

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Tomas Pascoal, FERREIRA		09	Ba-Leiria		1:02.57	460
	50m: 30.69 30.69	100m: 1:02.57		31.88			
2.	Henrique Martins, JOAQUIM		09	CNLeiria		1:04.02	430
	50m: 30.95 30.95	100m: 1:04.02		33.07			
3.	Gabriel Mota, PATRICIO		08	Vieirense		1:05.96	393
	50m: 31.58 31.58	100m: 1:05.96		34.38			
4.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande		1:10.62	320
	50m: 34.15 34.15	100m: 1:10.62		36.47			
5.	David Ferrador, PEREIRA		09	Nucleo de Pombal		1:11.73	305
	50m: 34.36 34.36	100m: 1:11.73		37.37			
6.	Luis Pedro, VALERIO		09	Ba-Leiria		1:12.10	301
	50m: 34.65 34.65	100m: 1:12.10		37.45			
7.	Diogo Coelho, JORDAO		08	Uniao Juncalense		1:12.81	292
	50m: 35.09 35.09	100m: 1:12.81		37.72			
8.	Afonso Matos, CORREIA		09	Nucleo de Pombal		1:15.43	263
	50m: 36.76 36.76	100m: 1:15.43		38.67			
9.	Andre Guilherme, CORDEIRO		09	Naval de Peniche		1:17.66	241
	50m: 37.91 37.91	100m: 1:17.66		39.75			
10.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande		1:18.62	232
	50m: 38.37 38.37	100m: 1:18.62		40.25			
11.	Tiago Daniel, POVOA		08	Uniao Juncalense		1:25.52	180
	50m: 41.92 41.92	100m: 1:25.52		43.60			

Prova 42
03/03/2024 - 17:20

Masc., 100m Costas

Infantil A
Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac INF A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	2017

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande		1:09.45	337
	50m: 33.98 33.98	100m: 1:09.45		35.47			
2.	Lucas Ferreira, GASPAR		10	Vieirense		1:10.19	326
	50m: 34.42 34.42	100m: 1:10.19		35.77			
3.	Lucas Costa, JESUS		10	Nautico Marinha Grande		1:11.99	302
	50m: 35.12 35.12	100m: 1:11.99		36.87			
4.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande		1:13.05	289
	50m: 36.23 36.23	100m: 1:13.05		36.82			
5.	Dinis Lamas, SANTOS		10	Ba-Leiria		1:13.60	283
	50m: 35.96 35.96	100m: 1:13.60		37.64			
6.	Simao Almeida, CARNIDE		10	Vieirense		1:14.05	278
	50m: 35.73 35.73	100m: 1:14.05		38.32			
7.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense		1:16.72	249
	50m: 38.18 38.18	100m: 1:16.72		38.54			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 42, Masc., 100m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
8. Joao Piteira, GAIOLAS 50m: 39.19 39.19 100m: 1:19.51 40.32	10 Nautico Marinha Grande	1:19.51	224
9. Gabriel Krempel, VARELA 50m: 40.70 40.70 100m: 1:21.56 40.86	10 Pimpoes/Cimai	1:21.56	208
10. Diogo Correia, SILVA 50m: 49.72 49.72 100m: 1:44.18 54.46	10 Óbidos	1:44.18	99
11. Rafael Costa, ANTUNES 50m: 53.55 53.55 100m: 1:47.10 53.55	10 Naval de Peniche	1:47.10	91
DNS Tomas Marques, FRANCISCO	10 CNLeiria		

Prova 42 Masc., 100m Costas Infantil B
03/03/2024 - 17:20 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac INF B	1:04.13	Miguel Reis, OLIVEIRA	SCB	Braga	2022

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA 50m: 37.48 37.48 100m: 1:16.65 39.17	11 Ba-Leiria	1:16.65	250
2. Vidar Albert, JUNG 50m: 38.14 38.14 100m: 1:18.14 40.00	11 Nautico Marinha Grande	1:18.14	236
3. Martim Cruz, MOURA 50m: 38.40 38.40 100m: 1:18.64 40.24	11 CNLeiria	1:18.64	232
4. Pedro Pereira, OLIVEIRA 50m: 39.40 39.40 100m: 1:19.55 40.15	11 Nautico Marinha Grande	1:19.55	224
5. Martim Duarte, ROQUE 50m: 41.08 41.08 100m: 1:21.56 40.48	11 CNLeiria	1:21.56	208
6. Guilherme Melo, ELIAS 50m: 40.08 40.08 100m: 1:21.90 41.82	11 Naval da Nazaré	1:21.90	205
7. Francisco Costa, VALENTIM 50m: 43.48 43.48 100m: 1:27.54 44.06	11 Óbidos	1:27.54	168
8. Diego Rodrigues, MENDES 50m: 45.06 45.06 100m: 1:32.84 47.78	11 Nautico Marinha Grande	1:32.84	141
9. Rodrigo Duarte, CARREIRA 50m: 47.53 47.53 100m: 1:33.57 46.04	11 Alcobaca	1:33.57	137
10. Bruno Garcia, MILITAO 50m: 47.19 47.19 100m: 1:33.62 46.43	11 Óbidos	1:33.62	137
11. Rodrigo Nicolau, RITA 50m: 46.93 46.93 100m: 1:34.56 47.63	11 Vieiraense	1:34.56	133
12. Joao Rodrigo, BREDA 50m: 46.73 46.73 100m: 1:35.51 48.78	11 Nautico Marinha Grande	1:35.51	129
13. Gabriel Marques, CARREIRA 50m: 47.50 47.50 100m: 1:35.62 48.12	11 Uniao Juncalense	1:35.62	129
14. Tiago Rafael, PINTO 50m: 48.58 48.58 100m: 1:36.87 48.29	11 Alcobaca	1:36.87	124
15. Joao Pedro, CRUZ 50m: 50.74 50.74 100m: 1:40.23 49.49	11 Naval de Peniche	1:40.23	112
16. Diogo Demirel, FERREIRA 50m: 51.13 51.13 100m: 1:45.41 54.28	11 Ba-Leiria	1:45.41	96

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 42, Masc., 100m Costas, Infantil B

Lugar	Ano	Tempo final	Pts
17. Eduardo Martim, CARMO 50m: 50.43 50.43 100m: 1:45.66 55.23	11 Óbidos	1:45.66	95
18. Valentim Antonio, PEREIRA 50m: 55.22 55.22 100m: 1:55.59 1:00.37	11 CNLeiria	1:55.59	73
19. Simao Pedrosa, GOMES 50m: 1:02.28 1:02.28 100m: 2:08.48 1:06.20	11 CNLeiria	2:08.48	53

Prova 43

Femin., 100m Costas

Absolutos (JUN+SEN)

03/03/2024 - 17:41

Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac SEN	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	2019
Rec Nac 16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Ana Francisca, SILVA 50m: 33.44 33.44 100m: 1:08.26 34.82	06 Alcobaca	1:08.26	519
2. Bruna Andreia, SIMOES 50m: 34.51 34.51 100m: 1:12.23 37.72	01 Vieiraense	1:12.23	438
3. Matilde Violante, VIANA 50m: 37.30 37.30 100m: 1:16.91 39.61	07 CNLeiria	1:16.91	363
4. Beatriz Silva, CONCEICAO 50m: 38.11 38.11 100m: 1:18.54 40.43	05 Benedita	1:18.54	341
5. Flavia Mendes, DOMINGUES 50m: 39.60 39.60 100m: 1:20.97 41.37	06 Nucleo de Pombal	1:20.97	311
6. Matilde Santos, COUTINHO 50m: 39.44 39.44 100m: 1:23.91 44.47	07 Naval da Nazaré	1:23.91	279
7. Ana Luisa, RENDEIRO 50m: 41.65 41.65 100m: 1:26.89 45.24	06 Nucleo de Pombal	1:26.89	252
8. Sara Cristina, ALMEIDA 50m: 43.60 43.60 100m: 1:27.57 43.97	08 Benedita	1:27.57	246

Prova 43

Femin., 100m Costas

Juvenis Femininos (A+B)

03/03/2024 - 17:41

Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac JUV A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	2011
Rec Nac JUV B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	2011

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO 50m: 34.75 34.75 100m: 1:11.33 36.58	10 Nautico Marinha Grande	1:11.33	455
2. Luana Ferreira, CRAVEIRO 50m: 34.88 34.88 100m: 1:12.05 37.17	09 Nautico Marinha Grande	1:12.05	442
3. Ana Margarida, MARQUES 50m: 36.99 36.99 100m: 1:16.15 39.16	09 Ba-Leiria	1:16.15	374
4. Barbara Balbino, MENDES 50m: 37.05 37.05 100m: 1:16.59 39.54	10 Naval de Peniche	1:16.59	368
5. Maria Carolina, ALVES 50m: 37.03 37.03 100m: 1:17.23 40.20	10 Ba-Leiria	1:17.23	359

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 43, Femin., 100m Costas, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
6. Laura Helena, AMORIM 50m: 37.99 37.99 100m: 1:18.18 40.19	10 Nautico Marinha Grande	1:18.18	346
7. Matilde Filipa, AMADO 50m: 39.69 39.69 100m: 1:20.27 40.58	10 Nautico Marinha Grande	1:20.27	319
8. Matilde Santos, VIEIRA 50m: 40.23 40.23 100m: 1:20.51 40.28	10 Nautico Marinha Grande	1:20.51	316
9. Laura Samora, GONCALVES 50m: 39.33 39.33 100m: 1:20.74 41.41	10 Ba-Leiria	1:20.74	314
10. Maria Margarida, OLIVEIRA 50m: 39.71 39.71 100m: 1:21.43 41.72	09 Ba-Leiria	1:21.43	306
11. Leonor Valerio, ADRIANO 50m: 39.69 39.69 100m: 1:21.51 41.82	09 Alcobaca	1:21.51	305
12. Laura Margarida, ASCENSO 50m: 39.55 39.55 100m: 1:22.35 42.80	10 Nautico Marinha Grande	1:22.35	296
13. Maria Teresa, OLIVEIRA 50m: 39.96 39.96 100m: 1:22.87 42.91	09 Ba-Leiria	1:22.87	290
14. Rafaela Santos, AFONSO 50m: 40.76 40.76 100m: 1:26.08 45.32	10 Naval de Peniche	1:26.08	259
15. Mariana Santos, AFONSO 50m: 42.53 42.53 100m: 1:28.10 45.57	10 Naval de Peniche	1:28.10	241
16. Mariana Sousa, OLIVEIRA 50m: 43.06 43.06 100m: 1:28.46 45.40	10 Alcobaca	1:28.46	238
DNS Beatriz Belo, CLARA	09 CNLeiria		

Prova 43 Femin., 100m Costas Infantil A
03/03/2024 - 17:41 Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac INF A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	2016

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Leonor Mota, ALVES 50m: 37.89 37.89 100m: 1:17.35 39.46	11 Nautico Marinha Grande	1:17.35	357
2. Carolina Silva, CASTANHEIRA 50m: 38.54 38.54 100m: 1:19.12 40.58	11 CNLeiria	1:19.12	333
3. Maria Leonor, ALMEIDA 50m: 39.13 39.13 100m: 1:19.43 40.30	11 Benedita	1:19.43	330
4. Margarida Lopes, RODRIGUES 50m: 41.33 41.33 100m: 1:23.81 42.48	11 Uniao Juncalense	1:23.81	280
5. Isabela Maria, CARREIRA 50m: 42.69 42.69 100m: 1:27.40 44.71	11 Uniao Juncalense	1:27.40	247
6. Cristiana Henriques, ALMEIDA 50m: 43.09 43.09 100m: 1:27.66 44.57	11 Benedita	1:27.66	245
7. Matilde Pinto, ANTUNES 50m: 44.24 44.24 100m: 1:31.34 47.10	11 Naval de Peniche	1:31.34	217
8. Erica Felix, RODRIGUES 50m: 45.76 45.76 100m: 1:32.89 47.13	11 Uniao Juncalense	1:32.89	206
9. Kelly Simao, COSTA 50m: 45.81 45.81 100m: 1:34.78 48.97	11 Óbidos	1:34.78	194

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 43, Femin., 100m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
10. Matilde Vitorino, FERREIRA 50m: 45.96 45.96 100m: 1:35.25 49.29	11 Naval de Peniche	1:35.25	191
11. Beatriz Morgado, SILVA 50m: 50.27 50.27 100m: 1:41.67 51.40	11 Benedita	1:41.67	157
12. Yara Silva, INES 50m: 50.55 50.55 100m: 1:42.85 52.30	11 Ba-Leiria	1:42.85	152

Prova 43 Femin., 100m Costas Infantil B
03/03/2024 - 17:41 Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	2023
Rec Nac INF B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Safira Pedro, FONSECA 50m: 42.22 42.22 100m: 1:26.20 43.98	12 Vieirense	1:26.20	258
2. Carminho Traquina, ANDRE 50m: 42.35 42.35 100m: 1:27.05 44.70	12 Alcobaca	1:27.05	250
3. Constanca Santos, COUTINHO 50m: 44.48 44.48 100m: 1:34.37 49.89	12 Naval da Nazaré	1:34.37	196
4. Barbara Serrano, LOMBA 50m: 48.51 48.51 100m: 1:41.41 52.90	12 Ba-Leiria	1:41.41	158
5. Jessica Garcia, FERREIRA 50m: 50.40 50.40 100m: 1:42.02 51.62	12 Óbidos	1:42.02	155
6. Iara Maria, CAMACHO 50m: 52.11 52.11 100m: 1:47.85 55.74	12 Óbidos	1:47.85	131
7. Maria Leonor, FERREIRA 50m: 55.69 55.69 100m: 1:54.21 58.52	12 Óbidos	1:54.21	111
8. Maria Antonia, VAZAO 50m: 56.63 56.63 100m: 1:54.56 57.93	12 Uniao Juncalense	1:54.56	109

Prova 44 Masc., 50m Livres Absolutos (Jun+Sen)
03/03/2024 - 18:19 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	2022
Rec Nac SEN	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	2022
Rec Nac 18	22.24	Miguel Duarte, NASCIMENTO	PORTIN	Porto	2012
Rec Nac 17	23.12	Tiago Andrade, MACHADO	SCA	Felgueiras	2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	23.78	609
2. Afonso Dinis, ROQUE	07 CNLeiria	24.62	549
3. Gil Santos, LEMOS	06 Pimpoes/Cimai	24.72	542
4. Sebastian Fabricio, VILLACIS	01 CNLeiria	25.00	524
5. Micael Dmitrievich, DENISOV	06 CNLeiria	25.14	515
6. Joao Miguel, SANTOS	81 CNLeiria	25.31	505
7. Luca Valentino, TONA	06 Pimpoes/Cimai	25.65	485
8. Joao Moura, FRANCISCO	07 CNLeiria	25.83	475
9. Rafael, SANTOS	06 Uniao Juncalense	26.57	436
10. David Parreiras, PEREIRA	06 CNLeiria	26.96	418
11. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	26.97	417

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 44, Masc., 50m Livres, Absolutos (Jun+Sen)

Lugar	Ano	Tempo final	Pts
12. Edgar Francisco, SIMOES	06 Vieirense	27.47	395
13. Gabriel Zimas, JACINTO	06 CNLeiria	27.52	393
14. Simao Mortagua, TEIXEIRA	05 Pimpoes/Cimai	27.73	384
15. Bruno Belo, AGOSTINHO	05 Benedita	28.79	343
16. Dinis Amado, FERREIRA	06 CNLeiria	30.00	303
17. Joao Pedro, MENDES	95 CNLeiria	31.24	268
18. Joel Heber, SANTOS	06 Ba-Leiria	32.66	235
19. Dinis Lourenco, COSTA	07 Benedita	38.45	144
DSQ Rayan Gava, ALVES	95 Óbidos		
<i>Falsa partida (SW 4.4)</i>			
DNS Andre Filipe, FERNANDES	07 Alcobaca		
DNS Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal		

Prova 44 Masc., 50m Livres Juvenis Masculinos (A+B)
03/03/2024 - 18:19 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	2022
Rec Nac JUV A	23.83	Diogo Matos, RIBEIRO	CUC	Coimbra	2020
Rec Nac JUV B	23.96	Diogo Gomes, SOUSA	CNCVG	Ponte de Sôr	2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM	09 CNLeiria	25.23	510
2. Gabriel Mota, PATRICIO	08 Vieirense	25.31	505
3. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	26.38	446
4. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	27.32	401
5. Santiago Marques, GOMES	09 Ba-Leiria	27.55	391
6. Tomas Bento, ANFILOQUIO	09 Pimpoes/Cimai	27.96	374
7. Maksym, TYSHCHUK	09 Nautico Marinha Grande	28.57	351
8. Isaac Arruda, SARAIVA	09 Vieirense	28.87	340
9. Luis Pedro, VALERIO	09 Ba-Leiria	29.31	325
10. David Ferrador, PEREIRA	09 Nucleo de Pombal	29.42	321
11. Diogo Barata, ALVES	08 Nautico Marinha Grande	30.45	290
12. Alexandre Afonso, SANTOS	09 Uniao Juncalense	32.02	249
13. Andre Guilherme, CORDEIRO	09 Naval de Peniche	32.52	238
14. Afonso Nunes, MARCELINO	08 Nucleo de Pombal	33.07	226
15. Tiago Mota, ESTEVES	08 Pimpoes/Cimai	33.35	220
DSQ Afonso Matos, CORREIA	09 Nucleo de Pombal		
<i>Falsa partida (SW 4.4)</i>			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 45 Femin., 50m Livres Absolutos (JUN+SEN)
03/03/2024 - 18:25 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	2009
Rec Nac SEN	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	2009
Rec Nac 17	25.42	Carolina Miranda, FERNANDES	CGA	Albufeira	2021
Rec Nac 16	26.07	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	2021

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA	05 CNLeiria	27.92	553
2. Ines Mira, PINO	06 Pimpoes/Cimai	27.98	550
3. Carolina Lourenco, MATOS	98 Benedita	28.70	509
4. Leonor Vendima, COELHO	07 CNLeiria	28.95	496
5. Leonor Caetano, MOREIRA	06 Vieirense	29.45	472
6. Maria Francisca, FROIS	06 CNLeiria	29.63	463
7. Ana Claudia, FERREIRA	90 Alcobaca	29.71	459
8. Lara Roque, COTRIM	03 Pimpoes/Cimai	30.09	442
9. Beatriz Silva, CONCEICAO	05 Benedita	30.39	429
10. Diana Rita, FONSECA	08 Vieirense	30.63	419
11. Mafalda Caetano, LOURENCO	06 Vieirense	31.29	393
12. Matilde Monteiro, NEVES	08 Nucleo de Pombal	32.36	355
13. Marta Cabete, GOMES	08 CNLeiria	32.49	351
14. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	33.37	324
15. Bruna Matos, FIALHO	08 Uniao Juncalense	33.86	310
16. Sara Cristina, ALMEIDA	08 Benedita	37.27	232
DSQ Constanca Carvalho, PIEDADE <i>Falsa partida (SW 4.4)</i>	08 Uniao Juncalense		
DNS Matilde Andre, LUIS	08 Alcobaca		

Prova 45 Femin., 50m Livres Juvénis Femininos (A+B)
03/03/2024 - 18:25 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	2009
Rec Nac JUV A	26.37	Carolina Miranda, FERNANDES	CGA	Albufeira	2019
Rec Nac JUV B	26.85	Ana Margarida, GUEDES	GCVR	Bragança	2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	29.67	461
2. Barbara Balbino, MENDES	10 Naval de Peniche	29.95	448
3. Elisa Henriques, SOUTO	10 Óbidos	29.97	447
4. Maria Carolina, ALVES	10 Ba-Leiria	30.05	444
5. Debora Silva, INACIO	10 Pimpoes/Cimai	30.07	443
6. Sofia Roma, BRIZIDA	10 Ba-Leiria	30.10	442
7. Zofie, PACHECO	09 Naval de Peniche	30.57	422
8. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	30.66	418
9. Mariana Sousa, MARQUES	09 Alcobaca	30.80	412
10. Anjali, RAICAR	09 Naval de Peniche	31.05	402
11. Bianca Balbino, MENDES	10 Naval de Peniche	31.36	390
12. Laura Margarida, ASCENSO	10 Nautico Marinha Grande	31.85	373
13. Ana Margarida, MARQUES	09 Ba-Leiria	32.50	351
14. Matilde Filipa, AMADO	10 Nautico Marinha Grande	32.56	349
15. Laura Samora, GONCALVES	10 Ba-Leiria	32.85	340
DNS Beatriz Belo, CLARA	09 CNLeiria		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 46 Masc., 100m Bruços Absolutos (Jun+Sen)
03/03/2024 - 18:32 Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac SEN	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac 18	1:01.25	Pedro Miguel, AGOSTINHO	SCP	S. António Cavaleiros	2009
Rec Nac 17	1:01.63	Rafael Miguel, MIMOSO	SLB	Leiria	2023

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Filipe Miguel, GOMES	97	CNLeiria	1:05.61	598
50m: 31.51 31.51	100m: 1:05.61	34.10		
2. Francisco Marques, SIMOES	07	CNLeiria	1:07.67	545
50m: 31.78 31.78	100m: 1:07.67	35.89		
3. Lucas Filipe, MOREIRA	05	CNLeiria	1:08.06	535
50m: 32.43 32.43	100m: 1:08.06	35.63		
4. Joao Miguel, SANTOS	81	CNLeiria	1:09.22	509
50m: 33.28 33.28	100m: 1:09.22	35.94		
5. Goncalo Pereira, COLACO	07	CNLeiria	1:09.79	496
50m: 33.21 33.21	100m: 1:09.79	36.58		
6. David Ferreira, RELVAS	03	Nautico Marinha Grande	1:10.44	483
50m: 33.35 33.35	100m: 1:10.44	37.09		
7. Bernardo Nunes, DOMINGUEZ	07	Ba-Leiria	1:12.31	446
50m: 34.25 34.25	100m: 1:12.31	38.06		
8. Bruno Belo, AGOSTINHO	05	Benedita	1:18.13	354
50m: 36.82 36.82	100m: 1:18.13	41.31		
9. Dinis Amado, FERREIRA	06	CNLeiria	1:18.45	349
50m: 37.59 37.59	100m: 1:18.45	40.86		
10. Rayan Gava, ALVES	95	Óbidos	1:34.13	202
50m: 44.30 44.30	100m: 1:34.13	49.83		
DNS Miguel Duarte, HENRIQUES	88	CNLeiria		

Prova 46 Masc., 100m Bruços Juvenis Masculinos (A+B)
03/03/2024 - 18:32 Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac JUV A	1:03.25	Ricardo Samuel, PEREIRA	SLB	Algés	2019
Rec Nac JUV B	1:04.20	Rafael Miguel, MIMOSO	SLB	Algés	2022

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Mikhael, ONUTSKYY	08	Pimpoes/Cimai	1:10.74	477
50m: 33.30 33.30	100m: 1:10.74	37.44		
2. Tomas Pascoal, FERREIRA	09	Ba-Leiria	1:12.98	434
50m: 35.37 35.37	100m: 1:12.98	37.61		
3. Santiago Marques, GOMES	09	Ba-Leiria	1:14.59	407
50m: 35.77 35.77	100m: 1:14.59	38.82		
4. Daniel Gomes, SANTOS	08	Nautico Marinha Grande	1:17.08	368
50m: 35.45 35.45	100m: 1:17.08	41.63		
5. Xinyang, CHENG	09	Nautico Marinha Grande	1:17.35	365
50m: 36.23 36.23	100m: 1:17.35	41.12		
6. Diogo Coelho, JORDAO	08	Uniao Juncalense	1:18.86	344
50m: 36.87 36.87	100m: 1:18.86	41.99		
7. Rodrigo Oliveira, SANTOS	09	Alcobaca	1:19.05	341
50m: 37.22 37.22	100m: 1:19.05	41.83		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 46, Masc., 100m Bruços, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
8. Diogo Barata, ALVES 50m: 37.82 37.82 100m: 1:20.57 42.75	08 Nautico Marinha Grande	1:20.57	322
9. Maksym, TYSHCHUK 50m: 38.51 38.51 100m: 1:21.31 42.80	09 Nautico Marinha Grande	1:21.31	314
10. Santiago Boica, SOUSA 50m: 39.33 39.33 100m: 1:22.11 42.78	08 Vieirense	1:22.11	305
11. Vladyslav, BABUSHKIN 50m: 40.27 40.27 100m: 1:25.63 45.36	09 Nautico Marinha Grande	1:25.63	269
DSQ Isaac Arruda, SARAIVA <i>Falsa partida (SW 4.4)</i>	09 Vieirense		

Prova 46 Masc., 100m Bruços Infantil A
03/03/2024 - 18:32 Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac INF A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	2011

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Antonio Antunes, JORGE 50m: 34.67 34.67 100m: 1:12.64 37.97	10 Alcobaca	1:12.64	440
2. David Xavier, ALMEIDA 50m: 37.19 37.19 100m: 1:17.33 40.14	10 Ba-Leiria	1:17.33	365
3. Simao Sousa, JESUS 50m: 38.58 38.58 100m: 1:22.13 43.55	10 Nautico Marinha Grande	1:22.13	304
4. Lucas Costa, JESUS 50m: 40.64 40.64 100m: 1:25.63 44.99	10 Nautico Marinha Grande	1:25.63	269
5. Simao Almeida, CARNIDE 50m: 40.91 40.91 100m: 1:26.34 45.43	10 Vieirense	1:26.34	262
6. Pedro Souza, SILVA 50m: 43.51 43.51 100m: 1:30.87 47.36	10 Pimpoes/Cimai	1:30.87	225
7. Dinis Lamas, SANTOS 50m: 43.47 43.47 100m: 1:31.46 47.99	10 Ba-Leiria	1:31.46	220
8. Diogo Correia, SILVA 50m: 51.42 51.42 100m: 1:48.50 57.08	10 Óbidos	1:48.50	132
9. Rafael Costa, ANTUNES 50m: 54.46 54.46 100m: 1:52.83 58.37	10 Naval de Peniche	1:52.83	117
DSQ Afonso Ferreira, REIS <i>Na viragem aos 50 metros, no percurso subaquático, o atleta efetuou mais do que uma pernada vertical.</i>	10 Nautico Marinha Grande		
DSQ Francisco Antonio, SIMOES <i>O atleta efetuou duas pernadas verticais, após a viragem dos 25 metros.</i>	10 Ba-Leiria		
DNS Tomas Marques, FRANCISCO	10 CNLeiria		

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 46, Masc., 100m Bruços

Prova 46
03/03/2024 - 18:32

Masc., 100m Bruços

Infantil B
Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac INF B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	2010

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Martim Cruz, MOURA 50m: 41.25 41.25 100m: 1:27.38 46.13	11 CNLeiria	1:27.38	253
2. Martim Duarte, ROQUE 50m: 43.43 43.43 100m: 1:29.40 45.97	11 CNLeiria	1:29.40	236
3. Francisco Costa, VALENTIM 50m: 47.51 47.51 100m: 1:38.77 51.26	11 Óbidos	1:38.77	175
4. Martin, SHEVCHUK 50m: 47.87 47.87 100m: 1:40.20 52.33	11 CNLeiria	1:40.20	167
5. Vasco Sousa, LEMOS 50m: 48.34 48.34 100m: 1:41.16 52.82	11 Pimpoes/Cimai	1:41.16	163
6. Tomas Alves, ROCHA 50m: 49.78 49.78 100m: 1:41.98 52.20	11 Pimpoes/Cimai	1:41.98	159
7. Bruno Garcia, MILITAO 50m: 50.05 50.05 100m: 1:44.18 54.13	11 Óbidos	1:44.18	149
8. Simão Pedro, MARQUES 50m: 50.84 50.84 100m: 1:50.72 59.88	11 Uniao Juncalense	1:50.72	124
9. Eduardo Martim, CARMO 50m: 55.68 55.68 100m: 1:55.87 1:00.19	11 Óbidos	1:55.87	108
10. Diogo Demirel, FERREIRA 50m: 55.21 55.21 100m: 1:56.47 1:01.26	11 Ba-Leiria	1:56.47	106
11. Joao Pedro, CRUZ 50m: 56.80 56.80 100m: 1:58.71 1:01.91	11 Naval de Peniche	1:58.71	100
12. Valentim Antonio, PEREIRA 50m: 59.94 59.94 100m: 2:09.87 1:09.93	11 CNLeiria	2:09.87	77
DSQ Joao Rodrigo, BREDA <i>O atleta após a partida, retirou os cotovelos para fora água, na 1ª braçada.</i>	11 Nautico Marinha Grande		

Prova 47
03/03/2024 - 18:44

Femin., 100m Bruços

Absolutos (JUN+SEN)
Resultados

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	2021
Rec Nac SEN	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	2021
Rec Nac 17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac 16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	2009

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA 50m: 36.07 36.07 100m: 1:15.90 39.83	05 CNLeiria	1:15.90	554
2. Margarida Correia, MADEIRA 50m: 36.64 36.64 100m: 1:16.08 39.44	06 Nautico Marinha Grande	1:16.08	550
3. Carolina Lourenco, MATOS 50m: 37.31 37.31 100m: 1:18.61 41.30	98 Benedita	1:18.61	499
4. Rita Rocha, SILVA 50m: 38.57 38.57 100m: 1:21.06 42.49	08 Alcobaca	1:21.06	455

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 47, Femin., 100m Bruços, Absolutos (JUN+SEN)

Lugar	Ano	Tempo final	Pts
5. Ines Mira, PINO 50m: 38.97 38.97 100m: 1:22.84	06 Pimpoes/Cimai	1:22.84	426
6. Camila Silva, CHAMUSCO 50m: 39.37 39.37 100m: 1:23.96	08 Pimpoes/Cimai	1:23.96	409
7. Bruna Andreia, SIMOES 50m: 40.17 40.17 100m: 1:25.39	01 Vieirense	1:25.39	389
8. Mafalda Caetano, LOURENCO 50m: 40.88 40.88 100m: 1:26.31	06 Vieirense	1:26.31	377
9. Beatriz Luz, MARTINS 50m: 41.43 41.43 100m: 1:28.14	06 Pimpoes/Cimai	1:28.14	354
10. Beatriz Silva, CONCEICAO 50m: 41.58 41.58 100m: 1:29.00	05 Benedita	1:29.00	343
11. Matilde Santos, COUTINHO 50m: 43.96 43.96 100m: 1:34.62	07 Naval da Nazaré	1:34.62	286
12. Catarina Tagarroso, LOBO 50m: 43.79 43.79 100m: 1:36.03	07 Uniao Juncalense	1:36.03	273

Prova 47 Femin., 100m Bruços Juvenis Femininos (A+B)
03/03/2024 - 18:44 Resultados

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	2021
Rec Nac JUV A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	2004
Rec Nac JUV B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	2003

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA 50m: 37.54 37.54 100m: 1:18.33	10 Ba-Leiria	1:18.33	504
2. Maria Teresa, OLIVEIRA 50m: 37.57 37.57 100m: 1:20.78	09 Ba-Leiria	1:20.78	460
3. Luana Ferreira, CRAVEIRO 50m: 38.53 38.53 100m: 1:21.92	09 Nautico Marinha Grande	1:21.92	441
4. Maria Margarida, OLIVEIRA 50m: 39.05 39.05 100m: 1:23.04	09 Ba-Leiria	1:23.04	423
5. Elisa Henriques, SOUTO 50m: 41.55 41.55 100m: 1:26.47	10 Óbidos	1:26.47	375
6. Luana Filipe, REIS 50m: 41.22 41.22 100m: 1:26.73	10 Alcobaca	1:26.73	371
7. Leonor Pereira, SILVA 50m: 41.48 41.48 100m: 1:29.08	10 Óbidos	1:29.08	343
8. Matilde Santos, VIEIRA 50m: 42.31 42.31 100m: 1:29.14	10 Nautico Marinha Grande	1:29.14	342
9. Laura Helena, AMORIM 50m: 42.50 42.50 100m: 1:30.14	10 Nautico Marinha Grande	1:30.14	331
10. Vida Sofia, VELEZ 50m: 42.64 42.64 100m: 1:30.27	10 Ba-Leiria	1:30.27	329
11. Zofie, PACHECO 50m: 41.37 41.37 100m: 1:30.35	09 Naval de Peniche	1:30.35	328
12. Mariana Santos, AFONSO 50m: 43.36 43.36 100m: 1:32.60	10 Naval de Peniche	1:32.60	305

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 47, Femin., 100m Bruços, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
13. Constanca Rolim, PEDRO 50m: 43.80 43.80 100m: 1:33.65 49.85	10 Ba-Leiria	1:33.65	295
14. Rafaela Santos, AFONSO 50m: 43.26 43.26 100m: 1:33.94 50.68	10 Naval de Peniche	1:33.94	292

Prova 47 Femin., 100m Bruços Infantil A
03/03/2024 - 18:44 Resultados

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	2021
Rec Nac INF A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Beatriz Marques, GASPAR 50m: 40.48 40.48 100m: 1:25.58 45.10	11 Nautico Marinha Grande	1:25.58	386
2. Mafalda Teles, SOUSA 50m: 42.00 42.00 100m: 1:28.70 46.70	11 Pimpoes/Cimai	1:28.70	347
3. Francisca Moreira, FELICIANO 50m: 42.47 42.47 100m: 1:29.22 46.75	11 Alcobaca	1:29.22	341
4. Isabela Maria, CARREIRA 50m: 43.06 43.06 100m: 1:32.58 49.52	11 Uniao Juncalense	1:32.58	305
5. Maria Santos, FONSECA 50m: 44.33 44.33 100m: 1:35.28 50.95	11 CNLeiria	1:35.28	280
6. Maria Joao, VALA 50m: 46.12 46.12 100m: 1:35.89 49.77	11 Pimpoes/Cimai	1:35.89	275
7. Margarida Soares, MAIA 50m: 49.21 49.21 100m: 1:40.89 51.68	11 Nautico Marinha Grande	1:40.89	236
8. Cristiana Henriques, ALMEIDA 50m: 48.42 48.42 100m: 1:41.03 52.61	11 Benedita	1:41.03	235
9. Leiriiia Silviovna, TONKIKH 50m: 48.94 48.94 100m: 1:41.70 52.76	11 CNLeiria	1:41.70	230
10. Kelly Simao, COSTA 50m: 50.59 50.59 100m: 1:43.78 53.19	11 Óbidos	1:43.78	216
11. Isabela Lourenco, COSTA 50m: 49.82 49.82 100m: 1:44.46 54.64	11 Benedita	1:44.46	212
12. Matilde Vitorino, FERREIRA 50m: 50.52 50.52 100m: 1:46.48 55.96	11 Naval de Peniche	1:46.48	200
13. Beatriz Morgado, SILVA 50m: 57.06 57.06 100m: 1:56.30 59.24	11 Benedita	1:56.30	154
14. Yara Silva, INES 50m: 56.44 56.44 100m: 1:56.56 1:00.12	11 Ba-Leiria	1:56.56	153
DSQ Carolina Silva, CASTANHEIRA	11 CNLeiria		

Após o percurso subaquático da partida, a atleta não rompeu a superfície da água, após a 2ª braçada.

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 47, Femin., 100m Bruços

Prova 47
03/03/2024 - 18:44

Femin., 100m Bruços

Infantil B
Resultados

Rec Nac Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	2021
Rec Nac INF B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	1995

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Emma , AVRAMESCU		12	Nautico Marinha Grande		1:29.75	335
	50m: 42.64	42.64	100m: 1:29.75	47.11			
2.	Beatriz Julio, CORREIA		12	CNLeiria		1:38.78	251
	50m: 47.53	47.53	100m: 1:38.78	51.25			
3.	Emiliana Arruda, SARAIVA		12	Vieirense		1:39.40	246
	50m: 45.81	45.81	100m: 1:39.40	53.59			
4.	Julia Pinto, PINHEIRO		12	Pimpoes/Cimai		1:40.30	240
	50m: 48.29	48.29	100m: 1:40.30	52.01			
5.	Ines Pinto, MARTINS		12	Pimpoes/Cimai		1:43.25	220
	50m: 50.05	50.05	100m: 1:43.25	53.20			
6.	Maria Leonor, ASSUNCAO		12	Pimpoes/Cimai		1:43.32	219
	50m: 49.81	49.81	100m: 1:43.32	53.51			
7.	Rita Francisco, SIMOES		12	Vieirense		1:43.48	218
	50m: 49.21	49.21	100m: 1:43.48	54.27			
8.	Rita Alexandra, JORDAO		12	Uniao Juncalense		1:47.17	197
	50m: 50.88	50.88	100m: 1:47.17	56.29			
9.	Maria Leonor, FERREIRA		12	Óbidos		1:48.39	190
	50m: 51.70	51.70	100m: 1:48.39	56.69			
10.	Constanca Santos, COUTINHO		12	Naval da Nazaré		1:51.01	177
	50m: 52.50	52.50	100m: 1:51.01	58.51			
11.	Yaroslava, TABUNSCHYK		12	CNLeiria		1:55.17	158
	50m: 54.08	54.08	100m: 1:55.17	1:01.09			
12.	Jessica Garcia, FERREIRA		12	Óbidos		1:59.38	142
	50m: 57.39	57.39	100m: 1:59.38	1:01.99			
13.	Valeria, MORITS		12	Nautico Marinha Grande		1:59.52	142
	50m: 54.54	54.54	100m: 1:59.52	1:04.98			
14.	Iara Maria, CAMACHO		12	Óbidos		2:15.14	98
	50m: 1:03.68	1:03.68	100m: 2:15.14	1:11.46			
DSQ	Barbara Serrano, LOMBA		12	Ba-Leiria			
	<i>A atleta efetuou mais do que uma pernada vertical, após as viragens dos 25 e 75 metros.</i>						
DNS	Mafalda Varela, BERNARDINO		12	Alcobaca			

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 48 Masc., 400m Estilos Absolutos (Jun+Sen)
03/03/2024 - 19:02 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac SEN	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac 18	4:11.20	Joao Alexandre, VITAL	SCP	Porto	2015
Rec Nac 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM	Porto	2014

Pontos: FINA 2023

Lugar	Ano		Tempo final						Pts		
1. David Ferreira, RELVAS	03		Nautico Marinha Grande						4:36.16	614	
50m:	29.22	29.22	150m:	1:37.37	35.87	250m:	2:52.03	39.13	350m:	4:04.71	32.60
100m:	1:01.50	32.28	200m:	2:12.90	35.53	300m:	3:32.11	40.08	400m:	4:36.16	31.45
2. Francisco Marques, SIMOES	07		CNLeiria						4:44.09	564	
50m:	29.13	29.13	150m:	1:40.23	37.00	250m:	2:57.34	41.77	350m:	4:11.47	33.68
100m:	1:03.23	34.10	200m:	2:15.57	35.34	300m:	3:37.79	40.45	400m:	4:44.09	32.62
3. Bruno Filipe, TABORDA	95		CNLeiria						5:10.78	431	
50m:	31.58	31.58	150m:	1:50.44	42.14	250m:	3:14.02	43.40	350m:	4:36.36	37.08
100m:	1:08.30	36.72	200m:	2:30.62	40.18	300m:	3:59.28	45.26	400m:	5:10.78	34.42

Prova 48 Masc., 400m Estilos Juvenis Masculinos (A+B)
03/03/2024 - 19:02 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac JUV A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	2013
Rec Nac JUV B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	2003

Pontos: FINA 2023

Lugar	Ano		Tempo final						Pts		
1. Paulo, KOT	09		Nautico Marinha Grande						4:48.12	541	
50m:	30.07	30.07	150m:	1:41.82	37.39	250m:	3:00.87	42.40	350m:	4:17.10	33.22
100m:	1:04.43	34.36	200m:	2:18.47	36.65	300m:	3:43.88	43.01	400m:	4:48.12	31.02
2. Guilherme Meireles, MARRAZES	09		Nautico Marinha Grande						4:57.24	492	
50m:	31.10	31.10	150m:	1:45.95	39.53	250m:	3:07.79	43.40	350m:	4:24.76	34.15
100m:	1:06.42	35.32	200m:	2:24.39	38.44	300m:	3:50.61	42.82	400m:	4:57.24	32.48
3. Martim Alexandre, MESQUITA	09		Nautico Marinha Grande						5:09.95	434	
50m:	31.43	31.43	150m:	1:50.18	42.61	250m:	3:17.48	46.16	350m:	4:38.68	34.05
100m:	1:07.57	36.14	200m:	2:31.32	41.14	300m:	4:04.63	47.15	400m:	5:09.95	31.27
4. Tiago Daniel, POVOA	08		Uniao Juncalense						6:19.82	236	
50m:	39.87	39.87	150m:	2:21.59	47.91	250m:	4:00.55	52.56	350m:	5:38.81	43.91
100m:	1:33.68	53.81	200m:	3:07.99	46.40	300m:	4:54.90	54.35	400m:	6:19.82	41.01

DSQ Tiago Santos, POMBO 08 Alcobaca
O atleta efetuou movimentos verticais de pernas durante o percurso de braços.

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 49 Misto, 4 x 100m Estilos Absolutos Mistos (JUN + SEN)
03/03/2024 - 19:10 Resultados

Rec Nac Open ???
Rec Nac SEN ???
Rec Nac JUN ???
Rec Nac JUV A ???
Rec Nac JUV ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	CNL ABS			CNLeiria	4:29.78	476
	Matilde Violante, VIANA	+0,77	36.53	1:15.93 Sebastian Fabricio, VILLACIS	29.47	1:01.03
	Lucas Filipe, MOREIRA		32.67	1:09.02 Leonor Vendima, COELHO	30.31	1:03.80

Prova 49 Misto, 4 x 100m Estilos Juvenis Mistos (A+B)
03/03/2024 - 19:10 Resultados

Rec Nac Open ???
Rec Nac JUN ???
Rec Nac JUV A ???
Rec Nac JUV ???
Rec Nac JUV B ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	SIRP JUV			Pimpoes/Cimai	4:33.29	458
	<i>Recorde Distrital Juvenil B misto.</i>					
	Diana Isabel, ALVES	10	36.07	1:12.39 Santiago Agostinho, PARREIRA	09 29.16	1:03.52
	Hugo Miguel, SANTOS	09	33.33	1:11.52 Debora Silva, INACIO	10 30.57	1:05.86

Prova 49 Misto, 4 x 100m Estilos Infantil A Misto
03/03/2024 - 19:10 Resultados

Rec Nac Open ???
Rec Nac JUV ???
Rec Nac JUV B ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???
Rec Nac INF B ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	SIRP INF A			Pimpoes/Cimai	5:00.09	346
	Maria Joao, VALA	+0,74	39.90	1:20.78 Guilherme Costa, REBELO	31.71	1:07.95
	Guilherme Rodrigues, CABRAL		38.31	1:21.70 Mafalda Teles, SOUSA	34.12	1:09.66

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 49, Misto, 4 x 100m Estilos

Prova 49 Misto, 4 x 100m Estilos Infantil B Misto
03/03/2024 - 19:10 Resultados

Rec Nac Open ???
Rec Nac INF A ???
Rec Nac 12 - 14 ???
Rec Nac INF B ???

Pontos: FINA 2023

Lugar					Tempo final	Pts
1.	SIRP INF B			Pimpoes/Cimai	5:48.63	220
	Vasco Sousa, LEMOS	+0,77	40.83	1:24.29	Laura Krempel, VARELA	37.98 1:25.45
	Tomas Alves, ROCHA		49.15	1:43.71	Ines Pinto, MARTINS	35.14 1:15.18

Prova 50 Femin., 200m Livres Prova para tentativa de TAC ZONAL
03/03/2024 Resultados

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
EXH	Mariana Sousa, MENDES	11	Alcobaca		2:32.72	376
	<i>Tac Zonal</i>					
	50m:	33.68	33.68	100m:	1:12.43	38.75
				150m:	1:53.03	40.60
				200m:	2:32.72	39.69

Prova 51 Masc., 200m Estilos Prova para tentativa de TAC ZONAL
03/03/2024 Resultados

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
EXH	Vasco Sousa, LEMOS	11	Pimpoes/Cimai		2:56.21	240
	<i>Tac Zonal</i>					
	50m:	38.43	38.43	100m:	1:21.53	43.10
				150m:	2:15.42	53.89
				200m:	2:56.21	40.79

Prova 52 Femin., 200m Estilos Prova para tentativa de TAC ZONAL
03/03/2024 Resultados

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
EXH	Maria Leonor, ASSUNCAO	12	Pimpoes/Cimai		3:18.84	230
	50m:	46.69	46.69	100m:	1:35.57	48.88
				150m:	2:34.32	58.75
				200m:	3:18.84	44.52

Prova 53 Femin., 100m Livres Prova para tentativa de TAC ZONAL
03/03/2024 Resultados

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
1.	Isabela Maria, CARREIRA	11	Uniao Juncalense		1:12.26	336
	50m:	34.15	34.15	100m:	1:12.26	38.11
EXH	Rita Francisco, SIMOES	12	Vieirense		1:23.43	218
	50m:	39.55	39.55	100m:	1:23.43	43.88

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 54
03/03/2024

Masc., 200m Livres

Prova para tentativa de TAC ZONAL
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Rodrigo Cardoso, TOMAS <i>Tac Zonal</i>	10 Uniao Juncalense	2:17.13	380
50m: 31.91 31.91	100m: 1:07.86 35.95	150m: 1:43.98 36.12	200m: 2:17.13 33.15