



**TORNEIO NADADOR
COMPLETO
CATEGORIAS**

4 e 5 de maio 2024



Piscina Municipal de Pombal





Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Estadística de inscrições

Todas as provas

Clube	Código	Região	Atletas			Individuais			Estafetas		
			Masc.	Femin.	Total	Masc.	Femin.	Total	Masc.	Femin.	Total
Ass. Desp. Bairro dos Anjos	ADBA	ANDL	-	1	1	-	7	7	-	-	-
Benedita Sport Club Nataçao	BSCN	ANDL	5	6	11	19	36	55	-	-	-
Clube de Natacao de Alcobaca	CNAL	ANDL	6	6	12	42	42	84	-	-	-
Clube Nautico de Leiria	CNL	ANDL	9	6	15	55	42	97	-	-	-
Clube Naval da Nazaré	CNNZ	ANDL	3	2	5	21	14	35	-	-	-
Clube Naval de Peniche	CNPE	ANDL	3	9	12	18	58	76	-	-	-
Nautico Marinha Grande	DNMG	ANDL	19	9	28	129	61	190	-	-	-
Industrial Desportivo Viegense	IDV	ANDL	9	8	17	45	52	97	-	-	-
Nucleo Desporto Amador de Pombal	NDAP	ANDL	4	11	15	28	77	105	-	-	-
Obidos Criativa, EEM	OC	ANDL	4	6	10	23	38	61	-	-	-
Pimpoes/Cimai	PIMP	ANDL	9	8	17	63	56	119	-	-	-
Uniao Juncalense	URDJ	ANDL	9	10	19	57	55	112	-	-	-
Numero total de 12 Clubes			80	82	162	500	538	1 038	-	-	-

PROVA Nº.14 – TORNEIO NADADOR COMPLETO CATEGORIAS

1. ORGANIZAÇÃO: ANDL

2. LOCAL: Piscinas Municipais de Pombal (8 pistas x 25m)

3. DATA: 4 e 5 de maio de 2023

4. HORÁRIO:

	Aquecimento	Início da prova
1ª Jornada	14h00	15h00
2ª Jornada	08h00	09h00

5. PROGRAMA:

1ª Jornada				2ª Jornada			
Sessão única				Sessão única			
1	50 L	Todos	F	8	50 L	Todos	M
2	200 E	Todos	M	9	200 E	Todos	F
3	100 B	Todos	F	10	100 B	Todos	M
4	100 M	Todos	M	11	100 M	Todos	F
5	100 L	Todos	F	12	100 L	Todos	M
6	100 C	Todos	M	13	100 C	Todos	F
7	400 L	Todos	F	14	400 L	Todos	M

6. CATEGORIAS/ ESCALÃO: Infantis, Juvenis, Juniores e Seniores.

7. LIMITAÇÕES / PARTICIPAÇÃO:

- Cada nadador para classificar no Torneio Nadador Completo, terá que participar em todas as provas do evento;
- Nadadores que participem apenas até 6 (seis) provas da competição, participam como extracompetição;
- Podem participar nadadores de Natação Adaptada desde que estejam inscritos no FPNSystem e devidamente classificados, de acordo com a Circular da FPN nº. 39/14.

8. INSCRIÇÕES:

- As inscrições deverão ser enviadas para inscricoes@andl.pt , até ao dia **24 de abril de 2024**;
- Pagamento: Conforme Tabela do ponto 3 das disposições gerais.

9. ORGANIZAÇÃO DAS SERIES: As series serão organizadas pelos tempos de inscrição em piscina de 25 ou 50 e ordenados pela conversão dos pontos FINA.

10.CLASSIFICAÇÃO: Por prova, género e categoria/ escalão etário.

11.PRÉMIOS: Serão dados troféus ao 1º,2º e 3º classificadas de cada categoria/ escalão etário (Infantis A, Infantis B, Juvenis A, Juvenis B, Juniores e Seniores) e género;

12.EQUIPAMENTOS DESPORTIVOS: Os nadadores da categoria infantil, não poderão usar fatos de competição.

13.CRONOMETRAGEM: Cronometragem eletrónica.



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

1 - 1ª Jornada - Sessão única (tarde)

04/05/2024 - 15:00

Prova 1

Femin., 50m Livres

ABSOLUTOS

04/05/2024 - 15:00

Startlist

Série 1 de 10

1							
2	Beatriz Morgado, SILVA	INF A	219914	BSCN	45.16	25m	_____
3	Jessica Garcia, FERREIRA	INF B	216997	OC	44.24	50m	_____
4	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	41.65	25m	_____
5	Maria Santos, SILVA	SEN	221839	URDJ	42.22	25m	_____
6	Carolina Matos, CORREIA	INF B	216976	NDAP	43.17	25m	_____
7	Maria Leonor, FERREIRA	INF B	219020	OC	46.92	25m	_____
8							

Série 2 de 10

1	Iara Maria, CAMACHO	INF B	217809	OC	42.76	EXH 50m	_____
2	Constanca Santos, COUTINHO	INF B	208523	CNNZ	40.16	25m	_____
3	Kelly Simao, COSTA	INF A	219017	OC	40.58	50m	_____
4	Yaroslava, TABUNSCHYK	INF B	214273	CNL	40.16	50m	_____
5	Yara Nunes, MARCELINO	INF A	143955	NDAP	39.33	25m	_____
6	Rita Francisco, SIMOES	INF B	212997	IDV	39.55	25m	_____
7	Maria Ines, GOMES	INF B	215676	NDAP	40.72	25m	_____
8	Rita Alexandra, JORDAO	INF B	210822	URDJ	41.49	25m	_____

Série 3 de 10

1	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	38.39	25m	_____
2	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	38.12	25m	_____
3	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	37.65	25m	_____
4	Safira Pedro, FONSECA	INF B	214768	IDV	37.08	25m	_____
5	Sara Cristina, ALMEIDA	JUN	219850	BSCN	37.27	EXH 25m	_____
6	Beatriz Julio, CORREIA	INF B	214808	CNL	37.68	25m	_____
7	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	38.31	25m	_____
8	Valeria, MORITS	INF B	214514	DNMG	38.47	EXH 25m	_____

Série 4 de 10

1	Luna Francisco, PEREIRA	INF B	215677	NDAP	36.75	25m	_____
2	Maria Santos, FONSECA	INF A	214271	CNL	36.51	25m	_____
3	Julia Pinto, PINHEIRO	INF B	212988	PIMP	36.13	25m	_____
4	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	34.67	25m	_____
5	Margarida Soares, MAIA	INF A	214515	DNMG	36.06	25m	_____
6	Ines Pinto, MARTINS	INF B	212985	PIMP	36.30	25m	_____
7	Leiriia Silviovna, TONKIKH	INF A	214274	CNL	36.54	25m	_____
8	Benedita Nunes, FELIX	INF B	215617	PIMP	36.97	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 1, Femin., 50m Livres

Série 5 de 10

1	Isabela Lourenco, COSTA	INF A	219180	BSCN	34.61	25m	_____
2	Luana Filipe, REIS	JUV B	207464	CNAL	34.30	25m	_____
3	Maria Joao, VALA	INF A	209706	PIMP	35.02	50m	_____
4	Rafaela Santos, AFONSO	JUV B	205573	CNPE	33.71	25m	_____
5	Isabela Maria, CARREIRA	INF A	205970	URDJ	33.79	25m	_____
6	Maria Leonor, ALMEIDA	INF A	219179	BSCN	34.21	25m	_____
7	Mariana Santos, AFONSO	JUV B	205572	CNPE	34.56	25m	_____
8	Emma, AVRAMESCU	INF B	219002	DNMG	34.62	25m	_____

Série 6 de 10

1	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	33.65	25m	_____
2	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	33.19	25m	_____
3	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	32.93	25m	_____
4	Francisca Moreira, FELICIANO	INF A	213295	CNAL	32.76	25m	_____
5	Emiliana Arruda, SARAIVA	INF B	213032	IDV	32.91	25m	_____
6	Bruna Matos, FIALHO	JUN	218391	URDJ	33.12	25m	_____
7	Matilde Santos, VIEIRA	JUV B	214518	DNMG	33.22	25m	_____
8	Mariana Sousa, MENDES	INF A	214897	CNAL	33.68	25m	_____

Série 7 de 10

1	Matilde Santos, COUTINHO	JUN	200461	CNNZ	32.65	25m	_____
2	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	32.59	25m	_____
3	Beatriz Marques, GASPAR	INF A	214523	DNMG	32.41	25m	_____
4	Leonor Mota, ALVES	INF A	213003	DNMG	31.40	25m	_____
5	Matilde Monteiro, NEVES	JUN	143864	NDAP	32.36	25m	_____
6	Matilde Filipa, AMADO	JUV B	216680	DNMG	32.56	25m	_____
7	Catarina Tagaroso, LOBO	JUN	208696	URDJ	32.64	25m	_____
8	Ana Luisa, RENDEIRO	SEN	200102	NDAP	32.76	25m	_____

Série 8 de 10

1	Dalila Leal, BERNARDINO	SEN	204859	NDAP	32.28	50m	_____
2	Mafalda Caetano, LOURENCO	SEN	144595	IDV	31.90	EXH 50m	_____
3	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	30.66	25m	_____
4	Laura Krempel, VARELA	INF B	210787	PIMP	31.62	50m	_____
5	Mariana Sousa, MARQUES	JUV A	207418	CNAL	30.64	25m	_____
6	Bianca Balbino, MENDES	JUV B	206074	CNPE	30.90	25m	_____
7	Mafalda Teles, SOUSA	INF A	209708	PIMP	31.06	25m	_____
8	Marta Cabete, GOMES	JUN	218819	CNL	32.37	50m	_____

Série 9 de 10

1	Bruna Andreia, SIMOES	SEN	121004	IDV	30.45	25m	_____
2	Carolina Ferreira, FONSECA	JUN	205308	IDV	31.27	50m	_____
3	Diana Rita, FONSECA	JUN	205309	IDV	29.80	25m	_____
4	Laura Helena, AMORIM	JUV B	208832	DNMG	30.69	50m	_____
5	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	30.73	50m	_____
6	Anjali, RAICAR	JUV A	206152	CNPE	30.86	50m	_____
7	Rita Rocha, SILVA	JUN	204600	CNAL	30.44	25m	_____
8	Leonor Pereira, SILVA	JUV B	210858	OC	31.52	50m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 1, Femin., 50m Livres

Série 10 de 10

1	Barbara Balbino, MENDES	JUV B	206073	CNPE	30.58	50m	_____
2	Debora Silva, INACIO	JUV B	209102	PIMP	30.40	50m	_____
3	Leonor Caetano, MOREIRA	SEN	144594	IDV	29.82	50m	_____
4	Francisca Ramos, NUNES	JUV A	204735	CNPE	29.31	50m	_____
5	Carlota Sa, SANTOS	INF A	211060	NDAP	28.67	25m	_____
6	Elisa Henriques, SOUTO	JUV B	219855	OC	30.20 EXH	50m	_____
7	Zofie, PACHECO	JUV A	204736	CNPE	30.49 EXH	50m	_____
8	Beatriz Silva, CONCEICAO	SEN	201978	BSCN	30.70 EXH	50m	_____

Prova 2

04/05/2024 - 15:15

Masc., 200m Estilos

ABSOLUTOS
Startlist

Série 1 de 9

1							_____
2							_____
3	Bruno Garcia, MILITAO	INF B	214530	OC	NT EXH		_____
4	Afonso Nunes, MARCELINO	JUV A	206321	NDAP	NT		_____
5	Joao Rodrigo, BREDA	INF B	219008	DNMG	NT EXH		_____
6	Nuno Goncalo, SANTOS	SEN	101865	IDV	NT EXH		_____
7							_____
8							_____

Série 2 de 9

1	Simao Pedro, MARQUES	INF B	219861	URDJ	NT		_____
2	Valentim Antonio, PEREIRA	INF B	218447	CNL	4:31.49	25m	_____
3	Joao Pedro, CRUZ	INF B	210841	CNPE	4:17.28	25m	_____
4	Diego Rodrigues, MENDES	INF B	214521	DNMG	3:26.31 EXH	25m	_____
5	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	3:43.80	25m	_____
6	Gabriel Marques, CARREIRA	INF B	215937	URDJ	4:25.42	25m	_____
7	Guilherme Melo, ELIAS	INF B	211029	CNNZ	NT		_____
8	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	NT		_____

Série 3 de 9

1	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	3:16.91	25m	_____
2	Francisco Costa, VALENTIM	INF B	214532	OC	3:09.24	50m	_____
3	Vasco Sousa, LEMOS	INF B	213005	PIMP	2:56.21	25m	_____
4	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	2:54.22	25m	_____
5	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	2:55.45	25m	_____
6	Tiago Daniel, POVOA	JUV A	208701	URDJ	2:58.89	25m	_____
7	Martin, SHEVCHUK	INF B	216012	CNL	3:06.96	25m	_____
8	Andre Filipe, FERNANDES	JUN	205664	CNAL	3:18.50	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 2, Masc., 200m Estilos

Série 4 de 9

1	Santiago Neves, SILVA	INF A	210868	NDAP	2:50.45	25m	_____
2	Martim Cruz, MOURA	INF B	211412	CNL	2:55.20	50m	_____
3	Martim Duarte, ROQUE	INF B	214272	CNL	2:46.15	25m	_____
4	Maksym, TYSHCHUK	JUV B	144533	DNMG	2:43.85	25m	_____
5	Vidar Albert, JUNG	INF B	218389	DNMG	2:44.66	25m	_____
6	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	2:47.82	25m	_____
7	Isaac Arruda, SARAIVA	JUV B	213031	IDV	2:55.64	50m	_____
8	Afonso Matos, CORREIA	JUV B	211460	NDAP	2:53.25	25m	_____

Série 5 de 9

1	Tomas Marques, FRANCISCO	INF A	210907	CNL	2:43.59	25m	_____
2	Santiago Jose, PACHECO	JUV B	210696	CNAL	2:42.35	25m	_____
3	Gabriel Krempel, VARELA	INF A	209094	PIMP	2:48.39	50m	_____
4	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	2:41.02	25m	_____
5	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	2:41.17	25m	_____
6	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	2:48.74	50m	_____
7	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	2:42.95	25m	_____
8	Diogo Barata, ALVES	JUV A	144186	DNMG	2:43.71	25m	_____

Série 6 de 9

1	Simao Almeida, CARNIDE	INF A	216925	IDV	2:40.14	25m	_____
2	Lucas Costa, JESUS	INF A	144315	DNMG	2:39.60	25m	_____
3	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	2:37.86	25m	_____
4	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	2:36.11	25m	_____
5	Lucas Ferreira, GASPARG	INF A	207550	IDV	2:37.34	25m	_____
6	Joao Piteira, GAIOLAS	INF A	144280	DNMG	2:39.58	25m	_____
7	Diogo Coelho, JORDAO	JUV A	208697	URDJ	2:39.61	25m	_____
8	Simao Sousa, JESUS	INF A	211369	DNMG	2:40.28	25m	_____

Série 7 de 9

1	Afonso Ferreira, REIS	INF A	210842	DNMG	2:35.40	25m	_____
2	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	2:41.13	50m	_____
3	David Ferrador, PEREIRA	JUV B	208135	NDAP	2:38.55	50m	_____
4	Rafael, SANTOS	JUN	210904	URDJ	2:31.82	25m	_____
5	Pedro Blanc, CAPINHA	JUV B	216996	OC	2:32.32	25m	_____
6	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	2:32.84	25m	_____
7	Edgar Francisco, SIMOES	JUN	144599	IDV	2:35.34	25m	_____
8	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	2:35.59	25m	_____

Série 8 de 9

1	Hugo Miguel, SANTOS	JUV B	210463	PIMP	2:30.05	25m	_____
2	Santiago Boica, SOUSA	JUV A	212709	IDV	2:28.73	25m	_____
3	Xinyang, CHENG	JUV B	207712	DNMG	2:33.96	50m	_____
4	Tiago Santos, POMBO	JUV A	206506	CNAL	2:24.55	25m	_____
5	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	2:24.65	25m	_____
6	Henrique Martins, JOAQUIM	JUV B	207318	CNL	2:34.19	50m	_____
7	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	2:35.41	50m	_____
8	Daniel Gomes, SANTOS	JUV A	205542	DNMG	2:30.80	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 2, Masc., 200m Estilos

Série 9 de 9

1	Antonio Antunes, JORGE	INF A	206495	CNAL	2:26.77	50m	_____
2	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	2:18.57	25m	_____
3	Rodolfo Junior, ALECRIM	INF A	206494	CNL	2:16.72	25m	_____
4	Mikhael, ONUTSKYY	JUV A	207253	PIMP	2:11.86	25m	_____
5	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	2:21.89	50m	_____
6	Luca Valentino, TONA	JUN	203165	PIMP	2:23.67	50m	_____
7	Paulo, KOT	JUV B	144468	DNMG	2:18.66	25m	_____
8	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	2:23.33	25m	_____

Prova 3

04/05/2024 - 15:51

Femin., 100m Bruços

ABSOLUTOS
Startlist

Série 1 de 10

1							
2	Dalila Leal, BERNARDINO	SEN	204859	NDAP	NT		_____
3	Anastasia, STURZA	JUV B	220923	URDJ	2:13.89 EXH	25m	_____
4	Yara Nunes, MARCELINO	INF A	143955	NDAP	1:59.12	25m	_____
5	Iara Maria, CAMACHO	INF B	217809	OC	2:10.23 EXH	25m	_____
6	Maria Santos, SILVA	SEN	221839	URDJ	NT		_____
7	Maria Antonia, VAZAO	INF B	221840	URDJ	NT EXH		_____
8							

Série 2 de 10

1	Maria Ines, GOMES	INF B	215676	NDAP	1:57.76	25m	_____
2	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	1:54.92	25m	_____
3	Matilde Pinto, ANTUNES	INF A	210840	CNPE	1:53.23 EXH	25m	_____
4	Constanca Santos, COUTINHO	INF B	208523	CNNZ	1:51.01	25m	_____
5	Carolina Matos, CORREIA	INF B	216976	NDAP	1:51.53	25m	_____
6	Yaroslava, TABUNSCHYK	INF B	214273	CNL	1:54.39	25m	_____
7	Beatriz Morgado, SILVA	INF A	219914	BSCN	1:56.30	25m	_____
8	Jessica Garcia, FERREIRA	INF B	216997	OC	1:58.45	25m	_____

Série 3 de 10

1	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	1:49.38	25m	_____
2	Maria Leonor, FERREIRA	INF B	219020	OC	1:48.53	50m	_____
3	Rita Alexandra, JORDAO	INF B	210822	URDJ	1:45.23	25m	_____
4	Isabela Lourenco, COSTA	INF A	219180	BSCN	1:44.46	25m	_____
5	Marta Cabete, GOMES	JUN	218819	CNL	1:45.14	25m	_____
6	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	1:45.51	25m	_____
7	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	1:46.36	25m	_____
8	Safira Pedro, FONSECA	INF B	214768	IDV	1:50.37	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 3, Femin., 100m Bruços

Série 4 de 10

1	Rita Francisco, SIMOES	INF B	212997	IDV	1:43.48	25m	_____
2	Ines Pinto, MARTINS	INF B	212985	PIMP	1:43.25	25m	_____
3	Maria Leonor, ALMEIDA	INF A	219179	BSCN	1:43.01	25m	_____
4	Kelly Simao, COSTA	INF A	219017	OC	1:45.60	50m	_____
5	Luna Francisco, PEREIRA	INF B	215677	NDAP	1:42.96	25m	_____
6	Matilde Filipa, AMADO	JUV B	216680	DNMG	1:43.08	25m	_____
7	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	1:43.32	25m	_____
8	Mariana Sousa, MENDES	INF A	214897	CNAL	1:44.21	25m	_____

Série 5 de 10

1	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	1:41.03	25m	_____
2	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	1:40.39	25m	_____
3	Beatriz Julio, CORREIA	INF B	214808	CNL	1:38.78	25m	_____
4	Benedita Nunes, FELIX	INF B	215617	PIMP	1:39.76	50m	_____
5	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	1:37.63	25m	_____
6	Julia Pinto, PINHEIRO	INF B	212988	PIMP	1:40.30	25m	_____
7	Margarida Soares, MAIA	INF A	214515	DNMG	1:40.89	25m	_____
8	Leiriia Silviovna, TONKIKH	INF A	214274	CNL	1:41.19	25m	_____

Série 6 de 10

1	Anjali, RAICAR	JUV A	206152	CNPE	1:36.70	25m	_____
2	Bruna Matos, FIALHO	JUN	218391	URDJ	1:35.84	25m	_____
3	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	1:35.09	25m	_____
4	Maria Santos, FONSECA	INF A	214271	CNL	1:34.53	25m	_____
5	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	1:34.74	25m	_____
6	Leonor Mota, ALVES	INF A	213003	DNMG	1:35.23	25m	_____
7	Maria Joao, VALA	INF A	209706	PIMP	1:35.89	25m	_____
8	Carlota Sa, SANTOS	INF A	211060	NDAP	1:37.00	25m	_____

Série 7 de 10

1	Laura Krempel, VARELA	INF B	210787	PIMP	1:34.12	25m	_____
2	Catarina Tagaroso, LOBO	JUN	208696	URDJ	1:32.77	25m	_____
3	Debora Silva, INACIO	JUV B	209102	PIMP	1:31.97	25m	_____
4	Matilde Monteiro, NEVES	JUN	143864	NDAP	1:31.78	25m	_____
5	Mariana Santos, AFONSO	JUV B	205572	CNPE	1:31.78	25m	_____
6	Isabela Maria, CARREIRA	INF A	205970	URDJ	1:32.22	25m	_____
7	Matilde Santos, COUTINHO	JUN	200461	CNNZ	1:33.16	25m	_____
8	Emiliana Arruda, SARAIVA	INF B	213032	IDV	1:34.53	25m	_____

Série 8 de 10

1	Barbara Balbino, MENDES	JUV B	206073	CNPE	1:31.36	25m	_____
2	Francisca Ramos, NUNES	JUV A	204735	CNPE	1:29.57	25m	_____
3	Mariana Sousa, MARQUES	JUV A	207418	CNAL	1:29.38	25m	_____
4	Ana Luisa, RENDEIRO	SEN	200102	NDAP	1:29.07	25m	_____
5	Francisca Moreira, FELICIANO	INF A	213295	CNAL	1:29.22	25m	_____
6	Bianca Balbino, MENDES	JUV B	206074	CNPE	1:29.56	25m	_____
7	Rafaela Santos, AFONSO	JUV B	205573	CNPE	1:30.09	25m	_____
8	Diana Rita, FONSECA	JUN	205309	IDV	1:31.72	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 3, Femin., 100m Bruços

Série 9 de 10

1	Emma, AVRAMESCU	INF B	219002	DNMG	1:28.69	25m	_____
2	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	1:27.19	25m	_____
3	Carolina Ferreira, FONSECA	JUN	205308	IDV	1:26.67	25m	_____
4	Leonor Caetano, MOREIRA	SEN	144594	IDV	1:26.49	25m	_____
5	Laura Helena, AMORIM	JUV B	208832	DNMG	1:26.54	25m	_____
6	Leonor Pereira, SILVA	JUV B	210858	OC	1:26.87	25m	_____
7	Matilde Santos, VIEIRA	JUV B	214518	DNMG	1:28.24	25m	_____
8	Mafalda Teles, SOUSA	INF A	209708	PIMP	1:28.70	25m	_____

Série 10 de 10

1	Luana Filipe, REIS	JUV B	207464	CNAL	1:26.28	25m	_____
2	Zofie, PACHECO	JUV A	204736	CNPE	1:24.94	EXH 25m	_____
3	Mafalda Caetano, LOURENCO	SEN	144595	IDV	1:23.35	EXH 25m	_____
4	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	1:19.53	50m	_____
5	Rita Rocha, SILVA	JUN	204600	CNAL	1:22.52	50m	_____
6	Beatriz Marques, GASPAR	INF A	214523	DNMG	1:24.88	25m	_____
7	Bruna Andreia, SIMOES	SEN	121004	IDV	1:25.39	25m	_____
8	Elisa Henriques, SOUTO	JUV B	219855	OC	1:26.47	EXH 25m	_____

Prova 4

Masc., 100m Mariposa

ABSOLUTOS

04/05/2024 - 16:16

Startlist

Série 1 de 8

1	Gabriel Marques, CARREIRA	INF B	215937	URDJ	NT	_____	
2	Simao Pedro, MARQUES	INF B	219861	URDJ	NT	_____	
3	Joao Pedro, CRUZ	INF B	210841	CNPE	2:16.72	25m	_____
4	Afonso Ferreira, REIS	INF A	210842	DNMG	1:53.34	25m	_____
5	Francisco Costa, VALENTIM	INF B	214532	OC	2:00.11	25m	_____
6	Valentim Antonio, PEREIRA	INF B	218447	CNL	NT	_____	
7	Afonso Nunes, MARCELINO	JUV A	206321	NDAP	NT	_____	
8	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	NT	_____	

Série 2 de 8

1	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	1:42.56	25m	_____
2	Afonso Matos, CORREIA	JUV B	211460	NDAP	1:40.90	25m	_____
3	Andre Filipe, FERNANDES	JUN	205664	CNAL	1:39.05	25m	_____
4	Tiago Daniel, POVOA	JUV A	208701	URDJ	1:33.68	25m	_____
5	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	1:38.31	25m	_____
6	Martin, SHEVCHUK	INF B	216012	CNL	1:39.52	25m	_____
7	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	1:41.09	25m	_____
8	Guilherme Melo, ELIAS	INF B	211029	CNNZ	1:46.62	25m	_____



Torneio Nadador Completo de Categorias
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Prova 4, Masc., 100m Mariposa

Série 3 de 8

1	Martim Duarte, ROQUE	INF B	214272	CNL	1:29.29	25m	_____
2	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	1:28.39	25m	_____
3	Santiago Neves, SILVA	INF A	210868	NDAP	1:24.65	25m	_____
4	Simao Almeida, CARNIDE	INF A	216925	IDV	1:23.88	25m	_____
5	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	1:24.34	25m	_____
6	Isaac Arruda, SARAIVA	JUV B	213031	IDV	1:26.85	25m	_____
7	Vasco Sousa, LEMOS	INF B	213005	PIMP	1:28.60	25m	_____
8	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	1:30.48	25m	_____

Série 4 de 8

1	Martim Cruz, MOURA	INF B	211412	CNL	1:23.42	50m	_____
2	Maksym, TYSHCHUK	JUV B	144533	DNMG	1:19.32	25m	_____
3	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	1:18.12	25m	_____
4	Vidar Albert, JUNG	INF B	218389	DNMG	1:18.03	25m	_____
5	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	1:18.08	25m	_____
6	Diogo Coelho, JORDAO	JUV A	208697	URDJ	1:18.70	25m	_____
7	Lucas Costa, JESUS	INF A	144315	DNMG	1:20.36	25m	_____
8	Santiago Jose, PACHECO	JUV B	210696	CNAL	1:23.81	25m	_____

Série 5 de 8

1	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	1:17.16	25m	_____
2	Santiago Boica, SOUSA	JUV A	212709	IDV	1:15.29	25m	_____
3	Gabriel Krempel, VARELA	INF A	209094	PIMP	1:14.38	25m	_____
4	Diogo Barata, ALVES	JUV A	144186	DNMG	1:13.71	25m	_____
5	Joao Piteira, GAIOLAS	INF A	144280	DNMG	1:14.32	25m	_____
6	Simao Sousa, JESUS	INF A	211369	DNMG	1:15.06	25m	_____
7	Lucas Ferreira, GASPAR	INF A	207550	IDV	1:15.85	25m	_____
8	David Ferrador, PEREIRA	JUV B	208135	NDAP	1:17.36	25m	_____

Série 6 de 8

1	Daniel Gomes, SANTOS	JUV A	205542	DNMG	1:13.00	25m	_____
2	Xinyang, CHENG	JUV B	207712	DNMG	1:11.44	25m	_____
3	Pedro Blanc, CAPINHA	JUV B	216996	OC	1:11.01	25m	_____
4	Rafael, SANTOS	JUN	210904	URDJ	1:10.34	25m	_____
5	Hugo Miguel, SANTOS	JUV B	210463	PIMP	1:10.39	25m	_____
6	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	1:11.10	25m	_____
7	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	1:12.10	25m	_____
8	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	1:13.22	25m	_____

Série 7 de 8

1	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	1:11.72	50m	_____
2	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	1:07.84	25m	_____
3	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	1:03.71	25m	_____
4	Edgar Francisco, SIMOES	JUN	144599	IDV	1:03.25	25m	_____
5	Rodolfo Junior, ALECRIM	INF A	206494	CNL	1:03.65	25m	_____
6	Antonio Antunes, JORGE	INF A	206495	CNAL	1:06.35	25m	_____
7	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	1:09.23	25m	_____
8	Tomas Marques, FRANCISCO	INF A	210907	CNL	1:12.38	50m	_____



Torneio Nadador Completo de Categorias
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Prova 4, Masc., 100m Mariposa

Série 8 de 8

1	Tiago Santos, POMBO	JUV A	206506	CNAL	1:04.14	50m	_____
2	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	1:03.43	50m	_____
3	Paulo, KOT	JUV B	144468	DNMG	1:02.16	50m	_____
4	Luca Valentino, TONA	JUN	203165	PIMP	58.07	50m	_____
5	Mikhael, ONUTSKYY	JUV A	207253	PIMP	1:01.46	50m	_____
6	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	1:02.93	50m	_____
7	Henrique Martins, JOAQUIM	JUV B	207318	CNL	1:01.66	25m	_____
8	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	1:04.68	50m	_____

Prova 5

04/05/2024 - 16:36

Femin., 100m Livres

ABSOLUTOS
Startlist

Série 1 de 10

1	Maria Leonor, FERREIRA	INF B	219020	OC	1:42.48	25m	_____
2	Beatriz Morgado, SILVA	INF A	219914	BSCN	1:34.17	25m	_____
3	Carolina Matos, CORREIA	INF B	216976	NDAP	1:28.55	25m	_____
4	Rita Alexandra, JORDAO	INF B	210822	URDJ	1:27.72	25m	_____
5	Maria Ines, GOMES	INF B	215676	NDAP	1:28.28	25m	_____
6	Jessica Garcia, FERREIRA	INF B	216997	OC	1:32.04	50m	_____
7	Maria Santos, SILVA	SEN	221839	URDJ	1:34.44	25m	_____
8	Eleonora Alves, ROSARIO	INF B	217948	URDJ	1:54.77 EXH	25m	_____

Série 2 de 10

1	Kelly Simao, COSTA	INF A	219017	OC	1:28.83	50m	_____
2	Constanca Santos, COUTINHO	INF B	208523	CNNZ	1:25.13	25m	_____
3	Yara Nunes, MARCELINO	INF A	143955	NDAP	1:24.58	25m	_____
4	Matilde Pinto, ANTUNES	INF A	210840	CNPE	1:24.44 EXH	25m	_____
5	Valeria, MORITS	INF B	214514	DNMG	1:24.48 EXH	25m	_____
6	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	1:24.79	25m	_____
7	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	1:26.29	25m	_____
8	Iara Maria, CAMACHO	INF B	217809	OC	1:30.19 EXH	50m	_____

Série 3 de 10

1	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	1:22.60	25m	_____
2	Sara Cristina, ALMEIDA	JUN	219850	BSCN	1:21.64 EXH	25m	_____
3	Margarida Soares, MAIA	INF A	214515	DNMG	1:20.80	25m	_____
4	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	1:20.57	25m	_____
5	Safira Pedro, FONSECA	INF B	214768	IDV	1:20.65	25m	_____
6	Isabela Lourenco, COSTA	INF A	219180	BSCN	1:21.34	25m	_____
7	Yaroslava, TABUNSCHYK	INF B	214273	CNL	1:24.26	50m	_____
8	Rita Francisco, SIMOES	INF B	212997	IDV	1:23.43	25m	_____



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Prova 5, Femin., 100m Livres

Série 4 de 10

1	Julia Pinto, PINHEIRO	INF B	212988	PIMP	1:18.38	25m	_____
2	Benedita Nunes, FELIX	INF B	215617	PIMP	1:17.46	25m	_____
3	Maria Santos, FONSECA	INF A	214271	CNL	1:17.14	25m	_____
4	Luna Francisco, PEREIRA	INF B	215677	NDAP	1:16.34	25m	_____
5	Ines Pinto, MARTINS	INF B	212985	PIMP	1:16.34	25m	_____
6	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	1:17.25	25m	_____
7	Emma, AVRAMESCU	INF B	219002	DNMG	1:18.36	25m	_____
8	Beatriz Julio, CORREIA	INF B	214808	CNL	1:19.11	25m	_____

Série 5 de 10

1	Leirria Silviovna, TONKIKH	INF A	214274	CNL	1:15.37	25m	_____
2	Mariana Santos, AFONSO	JUV B	205572	CNPE	1:13.33	25m	_____
3	Rafaela Santos, AFONSO	JUV B	205573	CNPE	1:13.01	25m	_____
4	Luana Filipe, REIS	JUV B	207464	CNAL	1:14.49	50m	_____
5	Catarina Tagarroso, LOBO	JUN	208696	URDJ	1:12.65	25m	_____
6	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	1:13.02	25m	_____
7	Bruna Matos, FIALHO	JUN	218391	URDJ	1:15.08	25m	_____
8	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	1:15.41	25m	_____

Série 6 de 10

1	Isabela Maria, CARREIRA	INF A	205970	URDJ	1:12.11	25m	_____
2	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	1:11.85	25m	_____
3	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	1:11.34	25m	_____
4	Maria Leonor, ALMEIDA	INF A	219179	BSCN	1:11.11	25m	_____
5	Beatriz Marques, GASPAR	INF A	214523	DNMG	1:11.12	25m	_____
6	Matilde Santos, COUTINHO	JUN	200461	CNNZ	1:11.84	25m	_____
7	Matilde Santos, VIEIRA	JUV B	214518	DNMG	1:11.90	25m	_____
8	Matilde Monteiro, NEVES	JUN	143864	NDAP	1:12.32	25m	_____

Série 7 de 10

1	Mariana Sousa, MENDES	INF A	214897	CNAL	1:10.77	25m	_____
2	Mafalda Caetano, LOURENCO	SEN	144595	IDV	1:10.66	EXH 25m	_____
3	Carlota Sa, SANTOS	INF A	211060	NDAP	1:09.90	25m	_____
4	Francisca Moreira, FELICIANO	INF A	213295	CNAL	1:08.69	25m	_____
5	Ana Luisa, RENDEIRO	SEN	200102	NDAP	1:11.36	50m	_____
6	Maria Joao, VALA	INF A	209706	PIMP	1:12.04	50m	_____
7	Laura Krempel, VARELA	INF B	210787	PIMP	1:12.74	50m	_____
8	Marta Cabete, GOMES	JUN	218819	CNL	1:12.86	50m	_____

Série 8 de 10

1	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	1:08.22	25m	_____
2	Mafalda Teles, SOUSA	INF A	209708	PIMP	1:07.50	25m	_____
3	Matilde Filipa, AMADO	JUV B	216680	DNMG	1:07.25	25m	_____
4	Beatriz Silva, CONCEICAO	SEN	201978	BSCN	1:06.81	EXH 25m	_____
5	Leonor Pereira, SILVA	JUV B	210858	OC	1:06.83	25m	_____
6	Emiliana Arruda, SARAIVA	INF B	213032	IDV	1:07.42	25m	_____
7	Bruna Andreia, SIMOES	SEN	121004	IDV	1:07.93	25m	_____
8	Elisa Henriques, SOUTO	JUV B	219855	OC	1:08.36	EXH 25m	_____



Torneio Nadador Completo de Categorias
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Prova 5, Femin., 100m Livres

Série 9 de 10

1	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	1:06.62	25m	_____
2	Rita Rocha, SILVA	JUN	204600	CNAL	1:06.30	25m	_____
3	Dalila Leal, BERNARDINO	SEN	204859	NDAP	1:08.01	50m	_____
4	Carolina Ferreira, FONSECA	JUN	205308	IDV	1:06.06	25m	_____
5	Mariana Sousa, MARQUES	JUV A	207418	CNAL	1:07.95	50m	_____
6	Diana Rita, FONSECA	JUN	205309	IDV	1:08.03	50m	_____
7	Leonor Mota, ALVES	INF A	213003	DNMG	1:06.39	25m	_____
8	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	1:06.67	25m	_____

Série 10 de 10

1	Bianca Balbino, MENDES	JUV B	206074	CNPE	1:05.85	25m	_____
2	Laura Helena, AMORIM	JUV B	208832	DNMG	1:07.42	50m	_____
3	Barbara Balbino, MENDES	JUV B	206073	CNPE	1:05.32	50m	_____
4	Leonor Caetano, MOREIRA	SEN	144594	IDV	1:04.18	50m	_____
5	Francisca Ramos, NUNES	JUV A	204735	CNPE	1:02.90	25m	_____
6	Debora Silva, INACIO	JUV B	209102	PIMP	1:06.69	50m	_____
7	Anjali, RAICAR	JUV A	206152	CNPE	1:07.60	50m	_____
8	Zofie, PACHECO	JUV A	204736	CNPE	1:05.91 EXH	25m	_____

Prova 6

Masc., 100m Costas

ABSOLUTOS

04/05/2024 - 16:58

Startlist

Série 1 de 10

1							
2							
3	Bryan Carrilho, MATOS	INF B	222379	BSCN		NT EXH	_____
4	Afonso Nunes, MARCELINO	JUV A	206321	NDAP		NT	_____
5	Rodrigo Freire, JOAQUIM	INF B	222231	CNL		NT EXH	_____
6							
7							
8							

Série 2 de 10

1							
2	Valentim Antonio, PEREIRA	INF B	218447	CNL	1:55.59	25m	_____
3	Simao Pedro, MARQUES	INF B	219861	URDJ	1:44.41	25m	_____
4	Dinis Lourenco, COSTA	JUN	220009	BSCN	1:39.93 EXH	25m	_____
5	Joao Pedro, CRUZ	INF B	210841	CNPE	1:40.23	25m	_____
6	Rafael Costa, ANTUNES	INF A	213926	CNPE	1:47.10 EXH	25m	_____
7	Simao Pedrosa, GOMES	INF B	221735	CNL	2:08.48 EXH	25m	_____
8							



Torneio Nadador Completo de Categorias
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Prova 6, Masc., 100m Costas

Série 3 de 10

1	Joao Rodrigo, BREDA	INF B	219008	DNMG	1:35.51	EXH	25m	_____
2	Bruno Garcia, MILITAO	INF B	214530	OC	1:32.91	EXH	25m	_____
3	Andre Filipe, FERNANDES	JUN	205664	CNAL	1:29.40		25m	_____
4	Bruno Belo, AGOSTINHO	SEN	129500	BSCN	1:28.73	EXH	25m	_____
5	Martin, SHEVCHUK	INF B	216012	CNL	1:29.01		25m	_____
6	Diego Rodrigues, MENDES	INF B	214521	DNMG	1:32.84	EXH	25m	_____
7	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	1:33.57		25m	_____
8	Gabriel Marques, CARREIRA	INF B	215937	URDJ	1:35.62		25m	_____

Série 4 de 10

1	Santiago Neves, SILVA	INF A	210868	NDAP	1:26.07		25m	_____
2	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	1:24.36		25m	_____
3	Guilherme Melo, ELIAS	INF B	211029	CNNZ	1:21.90		25m	_____
4	Gabriel Krempel, VARELA	INF A	209094	PIMP	1:21.56		25m	_____
5	Vasco Sousa, LEMOS	INF B	213005	PIMP	1:21.75		25m	_____
6	Isaac Arruda, SARAIVA	JUV B	213031	IDV	1:23.06		25m	_____
7	Tiago Daniel, POVOA	JUV A	208701	URDJ	1:25.52		25m	_____
8	Diogo Barata, ALVES	JUV A	144186	DNMG	1:26.73		25m	_____

Série 5 de 10

1	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	1:20.26		25m	_____
2	Simao Sousa, JESUS	INF A	211369	DNMG	1:19.60		25m	_____
3	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	1:19.18		25m	_____
4	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	1:18.62		25m	_____
5	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	1:19.14		25m	_____
6	Francisco Costa, VALENTIM	INF B	214532	OC	1:24.58		50m	_____
7	Maksym, TYSHCHUK	JUV B	144533	DNMG	1:19.93		25m	_____
8	Martim Duarte, ROQUE	INF B	214272	CNL	1:21.56		25m	_____

Série 6 de 10

1	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	1:17.66		25m	_____
2	Vidar Albert, JUNG	INF B	218389	DNMG	1:17.04		25m	_____
3	Afonso Ferreira, REIS	INF A	210842	DNMG	1:16.41		25m	_____
4	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	1:20.91		50m	_____
5	Martim Cruz, MOURA	INF B	211412	CNL	1:21.29		50m	_____
6	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	1:16.49		25m	_____
7	Joao Piteira, GAIOLAS	INF A	144280	DNMG	1:17.31		25m	_____
8	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	1:18.28		25m	_____

Série 7 de 10

1	Santiago Boica, SOUSA	JUV A	212709	IDV	1:14.74		25m	_____
2	Tomas Marques, FRANCISCO	INF A	210907	CNL	1:19.27		50m	_____
3	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	1:13.79		25m	_____
4	Pedro Blanc, CAPINHA	JUV B	216996	OC	1:13.13		25m	_____
5	Rafael, SANTOS	JUN	210904	URDJ	1:13.44		25m	_____
6	Simao Almeida, CARNIDE	INF A	216925	IDV	1:14.05		25m	_____
7	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	1:19.55		50m	_____
8	Afonso Matos, CORREIA	JUV B	211460	NDAP	1:15.43		25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 6, Masc., 100m Costas

Série 8 de 10

1	Tiago Santos, POMBO	JUV A	206506	CNAL	1:17.49	50m	_____
2	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	1:12.30	25m	_____
3	Daniel Gomes, SANTOS	JUV A	205542	DNMG	1:11.17	25m	_____
4	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	1:15.29	50m	_____
5	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	1:11.15	25m	_____
6	Lucas Costa, JESUS	INF A	144315	DNMG	1:11.99	25m	_____
7	Diogo Coelho, JORDAO	JUV A	208697	URDJ	1:12.33	25m	_____
8	Hugo Miguel, SANTOS	JUV B	210463	PIMP	1:12.72	25m	_____

Série 9 de 10

1	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	1:14.91	50m	_____
2	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	1:09.80	25m	_____
3	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	1:13.09	50m	_____
4	David Ferrador, PEREIRA	JUV B	208135	NDAP	1:12.62	50m	_____
5	Xinyang, CHENG	JUV B	207712	DNMG	1:13.08	50m	_____
6	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	1:09.45	25m	_____
7	Lucas Ferreira, GASPAR	INF A	207550	IDV	1:10.19	25m	_____
8	Edgar Francisco, SIMOES	JUN	144599	IDV	1:10.24	25m	_____

Série 10 de 10

1	Rodolfo Junior, ALECRIM	INF A	206494	CNL	1:04.96	25m	_____
2	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	1:06.79	50m	_____
3	Paulo, KOT	JUV B	144468	DNMG	1:06.31	50m	_____
4	Mikhael, ONUTSKYY	JUV A	207253	PIMP	1:00.21	50m	_____
5	Henrique Martins, JOAQUIM	JUV B	207318	CNL	1:05.28	50m	_____
6	Santiago Jose, PACHECO	JUV B	210696	CNAL	1:02.47	25m	_____
7	Antonio Antunes, JORGE	INF A	206495	CNAL	1:08.76	50m	_____
8	Luca Valentino, TONA	JUN	203165	PIMP	1:05.22	25m	_____

Prova 7

04/05/2024 - 17:28

Femin., 400m Livres

ABSOLUTOS
Startlist

Série 1 de 10

1							
2							
3	Sara Cristina, ALMEIDA	JUN	219850	BSCN	NT EXH		_____
4	Maria Santos, SILVA	SEN	221839	URDJ	NT		_____
5	Valeria, MORITS	INF B	214514	DNMG	NT EXH		_____
6							
7							
8							



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 7, Femin., 400m Livres

Série 2 de 10

1	Bruna Andreia, SIMOES	SEN	121004	IDV		NT	
2	Beatriz Morgado, SILVA	INF A	219914	BSCN		NT	
3	Jessica Garcia, FERREIRA	INF B	216997	OC	7:53.76	25m	
4	Rita Francisco, SIMOES	INF B	212997	IDV	6:47.73	25m	
5	Kelly Simao, COSTA	INF A	219017	OC	7:05.35	25m	
6	Constanca Santos, COUTINHO	INF B	208523	CNNZ		NT	
7	Maria Leonor, FERREIRA	INF B	219020	OC		NT	
8							

Série 3 de 10

1	Maria Ines, GOMES	INF B	215676	NDAP	6:29.73	25m	
2	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	6:24.48	25m	
3	Carolina Matos, CORREIA	INF B	216976	NDAP	6:20.90	25m	
4	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	6:15.49	25m	
5	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	6:17.51	25m	
6	Rita Alexandra, JORDAO	INF B	210822	URDJ	6:21.09	25m	
7	Safira Pedro, FONSECA	INF B	214768	IDV	6:28.70	25m	
8	Matilde Pinto, ANTUNES	INF A	210840	CNPE	6:38.20	EXH 25m	

Série 4 de 10

1	Isabela Lourenco, COSTA	INF A	219180	BSCN	6:11.62	25m	
2	Yaroslava, TABUNSKYK	INF B	214273	CNL	6:17.58	50m	
3	Bruna Matos, FIALHO	JUN	218391	URDJ	6:02.33	25m	
4	Benedita Nunes, FELIX	INF B	215617	PIMP	6:00.94	25m	
5	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	6:02.26	25m	
6	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	6:03.47	25m	
7	Yara Nunes, MARCELINO	INF A	143955	NDAP	6:10.91	25m	
8	Beatriz Julio, CORREIA	INF B	214808	CNL	6:14.65	25m	

Série 5 de 10

1	Marta Cabete, GOMES	JUN	218819	CNL	5:59.76	25m	
2	Luna Francisco, PEREIRA	INF B	215677	NDAP	5:48.14	25m	
3	Emma, AVRAMESCU	INF B	219002	DNMG	5:47.25	25m	
4	Isabela Maria, CARREIRA	INF A	205970	URDJ	5:49.62	50m	
5	Julia Pinto, PINHEIRO	INF B	212988	PIMP	5:43.87	25m	
6	Maria Santos, FONSECA	INF A	214271	CNL	5:47.64	25m	
7	Leiriia Silviovna, TONKIKH	INF A	214274	CNL	5:49.62	25m	
8	Margarida Soares, MAIA	INF A	214515	DNMG	5:59.93	25m	

Série 6 de 10

1	Ines Pinto, MARTINS	INF B	212985	PIMP	5:40.49	25m	
2	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	5:39.77	25m	
3	Catarina Tagaroso, LOBO	JUN	208696	URDJ	5:36.40	25m	
4	Maria Leonor, ALMEIDA	INF A	219179	BSCN	5:35.67	25m	
5	Mariana Santos, AFONSO	JUV B	205572	CNPE	5:35.67	25m	
6	Matilde Santos, COUTINHO	JUN	200461	CNNZ	5:39.56	25m	
7	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	5:40.40	25m	
8	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	5:41.37	25m	



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 7, Femin., 400m Livres

Série 7 de 10

1 Luana Filipe, REIS	JUV B	207464	CNAL	5:41.01	50m	_____
2 Beatriz Marques, GASPAR	INF A	214523	DNMG	5:31.11	25m	_____
3 Matilde Monteiro, NEVES	JUN	143864	NDAP	5:26.21	25m	_____
4 Mariana Sousa, MENDES	INF A	214897	CNAL	5:21.70	25m	_____
5 Carolina Silva, CASTANHEIRA	INF A	210906	CNL	5:23.57	25m	_____
6 Laura Krempel, VARELA	INF B	210787	PIMP	5:28.85	25m	_____
7 Anjali, RAICAR	JUV A	206152	CNPE	5:32.77	25m	_____
8 Rafaela Santos, AFONSO	JUV B	205573	CNPE	5:34.01	25m	_____

Série 8 de 10

1 Sofia Roma, BRIZIDA	JUV B	207308	ADBA	5:27.51	50m	_____
2 Matilde Santos, VIEIRA	JUV B	214518	DNMG	5:20.03	25m	_____
3 Francisca Moreira, FELICIANO	INF A	213295	CNAL	5:15.02	25m	_____
4 Mafalda Teles, SOUSA	INF A	209708	PIMP	5:13.36	25m	_____
5 Maria Joao, VALA	INF A	209706	PIMP	5:14.82	25m	_____
6 Diana Rita, FONSECA	JUN	205309	IDV	5:18.79	25m	_____
7 Matilde Filipa, AMADO	JUV B	216680	DNMG	5:20.30	25m	_____
8 Emiliana Arruda, SARAIVA	INF B	213032	IDV	5:20.49	25m	_____

Série 9 de 10

1 Leonor Mota, ALVES	INF A	213003	DNMG	5:13.33	25m	_____
2 Carlota Sa, SANTOS	INF A	211060	NDAP	5:17.21	50m	_____
3 Ana Luisa, RENDEIRO	SEN	200102	NDAP	5:12.73	50m	_____
4 Mariana Sousa, MARQUES	JUV A	207418	CNAL	5:01.85	25m	_____
5 Anastasiya, PRYMACHENKO	INF A	209931	NDAP	5:03.45	25m	_____
6 Carolina Ferreira, FONSECA	JUN	205308	IDV	5:09.38	25m	_____
7 Debora Silva, INACIO	JUV B	209102	PIMP	5:18.98	50m	_____
8 Leonor Pereira, SILVA	JUV B	210858	OC	5:13.33	25m	_____

Série 10 de 10

1 Rita Rocha, SILVA	JUN	204600	CNAL	5:00.08	25m	_____
2 Barbara Balbino, MENDES	JUV B	206073	CNPE	4:58.00	25m	_____
3 Bianca Balbino, MENDES	JUV B	206074	CNPE	4:51.88	25m	_____
4 Francisca Ramos, NUNES	JUV A	204735	CNPE	4:46.34	25m	_____
5 Madalena Gracio, PEDROSO	JUV B	144100	DNMG	4:51.08	25m	_____
6 Dalila Leal, BERNARDINO	SEN	204859	NDAP	5:00.25	50m	_____
7 Leonor Caetano, MOREIRA	SEN	144594	IDV	4:58.59	25m	_____
8 Laura Helena, AMORIM	JUV B	208832	DNMG	5:00.17	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

2 - 2ª Jornada - Sessão única (manhã)

05/05/2024 - 9:00

Prova 8

Masc., 50m Livres

ABSOLUTOS

05/05/2024 - 9:00

Startlist

Série 1 de 10

1	Lucas Santos, SILVA		INF A	222068	URDJ		NT	EXH		_____
2	Kaua Schuquel, BOFF	S110	INF A	222510	IDV		NT	EXH		_____
3	Alexandre Quiterio, ANASTACIO		SEN	200043	BSCN		NT	EXH		_____
4	Rafael Costa, ANTUNES		INF A	213926	CNPE	48.98	EXH		25m	_____
5	Simao Pedrosa, GOMES		INF B	221735	CNL	53.41	EXH		25m	_____
6	Bryan Carrilho, MATOS		INF B	222379	BSCN		NT	EXH		_____
7	Rodrigo Freire, JOAQUIM		INF B	222231	CNL		NT	EXH		_____
8										_____

Série 2 de 10

1	Joao Rodrigo, BREDÁ		INF B	219008	DNMG	42.06	EXH		25m	_____
2	Simao Pedro, MARQUES		INF B	219861	URDJ	41.22			25m	_____
3	Diogo Correia, SILVA		INF A	219015	OC	39.62	EXH		25m	_____
4	Diego Rodrigues, MENDES		INF B	214521	DNMG	38.93	EXH		25m	_____
5	Rodrigo Duarte, CARREIRA		INF B	214898	CNAL	39.24			25m	_____
6	Gabriel Marques, CARREIRA		INF B	215937	URDJ	40.74			25m	_____
7	Valentim Antonio, PEREIRA		INF B	218447	CNL	42.03			25m	_____
8	Joao Pedro, CRUZ		INF B	210841	CNPE	43.18			25m	_____

Série 3 de 10

1	Dinis Lourenco, COSTA		JUN	220009	BSCN	37.49	EXH		25m	_____
2	Bruno Garcia, MILITAO		INF B	214530	OC	35.30	EXH		25m	_____
3	Vasco Sousa, LEMOS		INF B	213005	PIMP	34.01			25m	_____
4	Martin, SHEVCHUK		INF B	216012	CNL	34.25			50m	_____
5	Afonso Nunes, MARCELINO		JUV A	206321	NDAP	33.07			25m	_____
6	Guilherme Melo, ELIAS		INF B	211029	CNNZ	35.01			25m	_____
7	Francisco Costa, VALENTIM		INF B	214532	OC	37.28			50m	_____
8	Rodrigo Nicolau, RITA		INF B	213035	IDV	38.32	EXH		25m	_____

Série 4 de 10

1	Pedro Pereira, OLIVEIRA		INF B	216993	DNMG	32.52			25m	_____
2	Santiago Neves, SILVA		INF A	210868	NDAP	32.26			25m	_____
3	Alexandre Afonso, SANTOS		JUV B	217009	URDJ	32.02			25m	_____
4	Martim Cruz, MOURA		INF B	211412	CNL	32.86			50m	_____
5	Joao Piteira, GAIOLAS		INF A	144280	DNMG	31.81			25m	_____
6	Tomas Marques, FRANCISCO		INF A	210907	CNL	32.25			25m	_____
7	Andre Guilherme, CORDEIRO		JUV B	205667	CNPE	32.52			25m	_____
8	Martim Duarte, ROQUE		INF B	214272	CNL	32.79			25m	_____



Torneio Nadador Completo de Categorias
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Prova 8, Masc., 50m Livres

Série 5 de 10

1	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	31.38	25m	_____
2	Tiago Daniel, POVOA	JUV A	208701	URDJ	31.20	25m	_____
3	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	30.82	25m	_____
4	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	30.78	25m	_____
5	Andre Filipe, FERNANDES	JUN	205664	CNAL	30.82	25m	_____
6	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	31.08	25m	_____
7	Afonso Matos, CORREIA	JUV B	211460	NDAP	31.28	25m	_____
8	Gabriel Krempel, VARELA	INF A	209094	PIMP	31.62	25m	_____

Série 6 de 10

1	Vidar Albert, JUNG	INF B	218389	DNMG	30.64	25m	_____
2	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	31.68	50m	_____
3	Lucas Ferreira, GASPAR	INF A	207550	IDV	29.77	25m	_____
4	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	29.65	25m	_____
5	Simao Almeida, CARNIDE	INF A	216925	IDV	29.66	25m	_____
6	Simao Sousa, JESUS	INF A	211369	DNMG	30.49	25m	_____
7	Lucas Costa, JESUS	INF A	144315	DNMG	30.62	25m	_____
8	Santiago Jose, PACHECO	JUV B	210696	CNAL	31.83	50m	_____

Série 7 de 10

1	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	29.38	25m	_____
2	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	29.20	25m	_____
3	Bruno Belo, AGOSTINHO	SEN	129500	BSCN	28.58 EXH	25m	_____
4	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	28.50	25m	_____
5	Tiago Santos, POMBO	JUV A	206506	CNAL	28.54	25m	_____
6	Afonso Ferreira, REIS	INF A	210842	DNMG	29.14	25m	_____
7	Pedro Blanc, CAPINHA	JUV B	216996	OC	30.32	50m	_____
8	Diogo Barata, ALVES	JUV A	144186	DNMG	29.59	25m	_____

Série 8 de 10

1	Antonio Antunes, JORGE	INF A	206495	CNAL	28.11	25m	_____
2	David Ferrador, PEREIRA	JUV B	208135	NDAP	29.07	50m	_____
3	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	27.83	25m	_____
4	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	27.73	25m	_____
5	Diogo Coelho, JORDAO	JUV A	208697	URDJ	28.80	50m	_____
6	Maksym, TYSHCHUK	JUV B	144533	DNMG	28.95	50m	_____
7	Isaac Arruda, SARAIVA	JUV B	213031	IDV	29.10	50m	_____
8	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	28.45	25m	_____

Série 9 de 10

1	Xinyang, CHENG	JUV B	207712	DNMG	28.10	50m	_____
2	Daniel Gomes, SANTOS	JUV A	205542	DNMG	27.89	50m	_____
3	Edgar Francisco, SIMOES	JUN	144599	IDV	26.73	25m	_____
4	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	26.22	25m	_____
5	Santiago Boica, SOUSA	JUV A	212709	IDV	27.26	50m	_____
6	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	26.79	25m	_____
7	Hugo Miguel, SANTOS	JUV B	210463	PIMP	27.93	50m	_____
8	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	28.25	50m	_____



Torneio Nadador Completo de Categorias
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Prova 8, Masc., 50m Livres

Série 10 de 10

1	Rafael, SANTOS	JUN	210904	URDJ	26.89	50m	_____
2	Luca Valentino, TONA	JUN	203165	PIMP	25.85	50m	_____
3	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	25.54	50m	_____
4	Henrique Martins, JOAQUIM	JUV B	207318	CNL	25.35	50m	_____
5	Mikhael, ONUTSKYY	JUV A	207253	PIMP	25.52	50m	_____
6	Rodolfo Junior, ALECRIM	INF A	206494	CNL	25.59	50m	_____
7	Francisco Xavier, RITA	JUN	205310	IDV	26.32	EXH 50m	_____
8	Paulo, KOT	JUV B	144468	DNMG	26.97	50m	_____

Prova 9

05/05/2024 - 9:10

Femin., 200m Estilos

ABSOLUTOS
Startlist

Série 1 de 10

1							
2	Eleonora Alves, ROSARIO	INF B	217948	URDJ	NT	EXH	_____
3	Iara Maria, CAMACHO	INF B	217809	OC	NT	EXH	_____
4	Beatriz Morgado, SILVA	INF A	219914	BSCN	NT		_____
5	Valeria, MORITS	INF B	214514	DNMG	NT	EXH	_____
6	Anastasia, STURZA	JUV B	220923	URDJ	NT	EXH	_____
7							
8							

Série 2 de 10

1	Constanca Santos, COUTINHO	INF B	208523	CNNZ	3:47.43	25m	_____
2	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	3:42.73	25m	_____
3	Maria Leonor, FERREIRA	INF B	219020	OC	3:45.03	50m	_____
4	Yaroslava, TABUNSCHYK	INF B	214273	CNL	3:35.33	25m	_____
5	Jessica Garcia, FERREIRA	INF B	216997	OC	3:43.11	50m	_____
6	Maria Ines, GOMES	INF B	215676	NDAP	3:37.69	25m	_____
7	Maria Santos, SILVA	SEN	221839	URDJ	3:46.96	25m	_____
8	Ana Luisa, RENDEIRO	SEN	200102	NDAP	NT		_____

Série 3 de 10

1	Carolina Matos, CORREIA	INF B	216976	NDAP	3:31.03	25m	_____
2	Yara Nunes, MARCELINO	INF A	143955	NDAP	3:25.05	25m	_____
3	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	3:23.68	25m	_____
4	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	3:17.33	25m	_____
5	Kelly Simao, COSTA	INF A	219017	OC	3:29.38	50m	_____
6	Rita Francisco, SIMOES	INF B	212997	IDV	3:24.14	25m	_____
7	Margarida Soares, MAIA	INF A	214515	DNMG	3:29.15	25m	_____
8	Rita Alexandra, JORDAO	INF B	210822	URDJ	3:31.15	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 9, Femin., 200m Estilos

Série 4 de 10

1	Isabela Lourenco, COSTA	INF A	219180	BSCN	3:15.68	25m	_____
2	Bruna Matos, FIALHO	JUN	218391	URDJ	3:10.27	25m	_____
3	Leiriã Silviovna, TONKIKH	INF A	214274	CNL	3:08.93	25m	_____
4	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	3:06.65	25m	_____
5	Matilde Filipa, AMADO	JUV B	216680	DNMG	3:07.93	25m	_____
6	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	3:15.62	50m	_____
7	Beatriz Julio, CORREIA	INF B	214808	CNL	3:11.91	25m	_____
8	Safira Pedro, FONSECA	INF B	214768	IDV	3:17.15	25m	_____

Série 5 de 10

1	Mariana Sousa, MENDES	INF A	214897	CNAL	3:05.06	25m	_____
2	Maria Santos, FONSECA	INF A	214271	CNL	3:04.38	25m	_____
3	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	3:03.19	25m	_____
4	Marta Cabete, GOMES	JUN	218819	CNL	3:02.10	25m	_____
5	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	3:02.32	25m	_____
6	Catarina Tagarroso, LOBO	JUN	208696	URDJ	3:03.33	25m	_____
7	Luna Francisco, PEREIRA	INF B	215677	NDAP	3:05.02	25m	_____
8	Benedita Nunes, FELIX	INF B	215617	PIMP	3:12.48	50m	_____

Série 6 de 10

1	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	3:01.53	25m	_____
2	Rafaela Santos, AFONSO	JUV B	205573	CNPE	3:00.77	25m	_____
3	Anjali, RAICAR	JUV A	206152	CNPE	2:59.88	25m	_____
4	Emma, AVRAMESCU	INF B	219002	DNMG	2:59.24	25m	_____
5	Emiliana Arruda, SARAIVA	INF B	213032	IDV	2:59.55	25m	_____
6	Julia Pinto, PINHEIRO	INF B	212988	PIMP	3:06.37	50m	_____
7	Ines Pinto, MARTINS	INF B	212985	PIMP	3:01.23	25m	_____
8	Mariana Santos, AFONSO	JUV B	205572	CNPE	3:01.69	25m	_____

Série 7 de 10

1	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	2:58.89	25m	_____
2	Matilde Monteiro, NEVES	JUN	143864	NDAP	2:56.39	25m	_____
3	Carolina Ferreira, FONSECA	JUN	205308	IDV	2:54.25	25m	_____
4	Zofie, PACHECO	JUV A	204736	CNPE	2:51.83	EXH 25m	_____
5	Diana Rita, FONSECA	JUN	205309	IDV	2:53.56	25m	_____
6	Maria Leonor, ALMEIDA	INF A	219179	BSCN	2:55.21	25m	_____
7	Matilde Santos, COUTINHO	JUN	200461	CNNZ	2:57.23	25m	_____
8	Isabela Maria, CARREIRA	INF A	205970	URDJ	2:59.17	25m	_____

Série 8 de 10

1	Maria Joao, VALA	INF A	209706	PIMP	2:50.13	25m	_____
2	Luana Filipe, REIS	JUV B	207464	CNAL	2:55.20	50m	_____
3	Beatriz Marques, GASPAR	INF A	214523	DNMG	2:48.65	25m	_____
4	Leonor Pereira, SILVA	JUV B	210858	OC	2:52.56	50m	_____
5	Mariana Sousa, MARQUES	JUV A	207418	CNAL	2:46.90	25m	_____
6	Elisa Henriques, SOUTO	JUV B	219855	OC	2:48.70	EXH 25m	_____
7	Carlota Sa, SANTOS	INF A	211060	NDAP	2:49.97	25m	_____
8	Laura Krempel, VARELA	INF B	210787	PIMP	2:51.05	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 9, Femin., 200m Estilos

Série 9 de 10

1	Debora Silva, INACIO	JUV B	209102	PIMP	2:51.41	50m	_____
2	Mafalda Teles, SOUSA	INF A	209708	PIMP	2:45.03	25m	_____
3	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	2:44.39	25m	_____
4	Francisca Moreira, FELICIANO	INF A	213295	CNAL	2:43.20	25m	_____
5	Barbara Balbino, MENDES	JUV B	206073	CNPE	2:43.44	25m	_____
6	Leonor Mota, ALVES	INF A	213003	DNMG	2:44.50	25m	_____
7	Bianca Balbino, MENDES	JUV B	206074	CNPE	2:45.14	25m	_____
8	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	2:46.59	25m	_____

Série 10 de 10

1	Matilde Santos, VIEIRA	JUV B	214518	DNMG	2:45.56	50m	_____
2	Bruna Andreia, SIMOES	SEN	121004	IDV	2:36.87	25m	_____
3	Francisca Ramos, NUNES	JUV A	204735	CNPE	2:39.96	50m	_____
4	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	2:39.44	50m	_____
5	Rita Rocha, SILVA	JUN	204600	CNAL	2:39.45	50m	_____
6	Leonor Caetano, MOREIRA	SEN	144594	IDV	2:36.65	25m	_____
7	Laura Helena, AMORIM	JUV B	208832	DNMG	2:44.55	50m	_____
8	Dalila Leal, BERNARDINO	SEN	204859	NDAP	2:42.69	25m	_____

Prova 10

05/05/2024 - 9:48

Masc., 100m Bruços

ABSOLUTOS
Startlist

Série 1 de 9

1	Afonso Nunes, MARCELINO	JUV A	206321	NDAP	NT		_____
2	Gabriel Marques, CARREIRA	INF B	215937	URDJ	2:11.94	25m	_____
3	Joao Pedro, CRUZ	INF B	210841	CNPE	1:58.71	25m	_____
4	Rodrigo Nicolau, RITA	INF B	213035	IDV	1:56.51	EXH 25m	_____
5	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	1:58.32	25m	_____
6	Valentim Antonio, PEREIRA	INF B	218447	CNL	2:09.87	25m	_____
7	Alexandre Quiterio, ANASTACIO	SEN	200043	BSCN	NT	EXH	_____
8							_____

Série 2 de 9

1	Simao Pedro, MARQUES	INF B	219861	URDJ	1:50.72	25m	_____
2	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	1:45.93	25m	_____
3	Vasco Sousa, LEMOS	INF B	213005	PIMP	1:41.16	25m	_____
4	Martin, SHEVCHUK	INF B	216012	CNL	1:40.20	25m	_____
5	Guilherme Melo, ELIAS	INF B	211029	CNNZ	1:40.97	25m	_____
6	Diogo Correia, SILVA	INF A	219015	OC	1:44.04	EXH 25m	_____
7	Andre Filipe, FERNANDES	JUN	205664	CNAL	1:49.84	25m	_____
8	Rafael Costa, ANTUNES	INF A	213926	CNPE	1:52.69	EXH 25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 10, Masc., 100m Bruços

Série 3 de 9

1	Francisco Costa, VALENTIM	INF B	214532	OC	1:38.77	25m	_____
2	Vidar Albert, JUNG	INF B	218389	DNMG	1:38.34	25m	_____
3	Tomas Marques, FRANCISCO	INF A	210907	CNL	1:34.50	25m	_____
4	Santiago Jose, PACHECO	JUV B	210696	CNAL	1:32.79	25m	_____
5	Joao Piteira, GAIOLAS	INF A	144280	DNMG	1:34.40	25m	_____
6	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	1:36.49	25m	_____
7	Afonso Matos, CORREIA	JUV B	211460	NDAP	1:38.65	25m	_____
8	Bruno Garcia, MILITAO	INF B	214530	OC	1:43.03	EXH 50m	_____

Série 4 de 9

1	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	1:32.19	25m	_____
2	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	1:34.13	50m	_____
3	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	1:30.05	25m	_____
4	Tiago Daniel, POVOA	JUV A	208701	URDJ	1:29.20	25m	_____
5	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	1:29.63	25m	_____
6	Gabriel Krempel, VARELA	INF A	209094	PIMP	1:30.14	25m	_____
7	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	1:32.17	25m	_____
8	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	1:32.41	25m	_____

Série 5 de 9

1	David Ferrador, PEREIRA	JUV B	208135	NDAP	1:28.99	25m	_____
2	Martim Cruz, MOURA	INF B	211412	CNL	1:27.38	25m	_____
3	Tiago Santos, POMBO	JUV A	206506	CNAL	1:26.94	25m	_____
4	Henrique Martins, JOAQUIM	JUV B	207318	CNL	1:26.56	25m	_____
5	Rafael, SANTOS	JUN	210904	URDJ	1:26.83	25m	_____
6	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	1:27.31	25m	_____
7	Isaac Arruda, SARAIVA	JUV B	213031	IDV	1:28.09	25m	_____
8	Martim Duarte, ROQUE	INF B	214272	CNL	1:28.99	25m	_____

Série 6 de 9

1	Edgar Francisco, SIMOES	JUN	144599	IDV	1:26.53	25m	_____
2	Simao Almeida, CARNIDE	INF A	216925	IDV	1:26.31	25m	_____
3	Lucas Ferreira, GASPAR	INF A	207550	IDV	1:25.32	25m	_____
4	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	1:24.25	25m	_____
5	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	1:24.63	25m	_____
6	Lucas Costa, JESUS	INF A	144315	DNMG	1:25.63	25m	_____
7	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	1:26.32	25m	_____
8	Santiago Neves, SILVA	INF A	210868	NDAP	1:26.53	25m	_____

Série 7 de 9

1	Pedro Blanc, CAPINHA	JUV B	216996	OC	1:23.11	25m	_____
2	Maksym, TYSHCHUK	JUV B	144533	DNMG	1:21.31	25m	_____
3	Diogo Barata, ALVES	JUV A	144186	DNMG	1:20.57	25m	_____
4	Santiago Boica, SOUSA	JUV A	212709	IDV	1:19.81	25m	_____
5	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	1:19.95	25m	_____
6	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	1:21.21	25m	_____
7	Simao Sousa, JESUS	INF A	211369	DNMG	1:21.44	25m	_____
8	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	1:24.17	25m	_____



Torneio Nadador Completo de Categorias
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Prova 10, Masc., 100m Bruços

Série 8 de 9

1	Paulo, KOT	JUV B	144468	DNMG	1:18.60	25m	_____
2	Diogo Coelho, JORDAO	JUV A	208697	URDJ	1:18.46	25m	_____
3	Bruno Belo, AGOSTINHO	SEN	129500	BSCN	1:16.60 EXH	25m	_____
4	Luca Valentino, TONA	JUN	203165	PIMP	1:15.80	25m	_____
5	Xinyang, CHENG	JUV B	207712	DNMG	1:15.86	25m	_____
6	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	1:20.35	50m	_____
7	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	1:18.46	25m	_____
8	Afonso Ferreira, REIS	INF A	210842	DNMG	1:18.62	25m	_____

Série 9 de 9

1	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	1:15.26	25m	_____
2	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	1:13.33	25m	_____
3	Hugo Miguel, SANTOS	JUV B	210463	PIMP	1:13.08	25m	_____
4	Mikhael, ONUTSKYY	JUV A	207253	PIMP	1:10.74	25m	_____
5	Antonio Antunes, JORGE	INF A	206495	CNAL	1:12.18	25m	_____
6	Rodolfo Junior, ALECRIM	INF A	206494	CNL	1:13.18	25m	_____
7	Francisco Xavier, RITA	JUN	205310	IDV	1:13.76 EXH	25m	_____
8	Daniel Gomes, SANTOS	JUV A	205542	DNMG	1:15.75	25m	_____

Prova 11
05/05/2024 - 10:08

Femin., 100m Mariposa

ABSOLUTOS
Startlist

Série 1 de 10

1							
2							
3	Valeria, MORITS	INF B	214514	DNMG	NT EXH		_____
4	Maria Leonor, FERREIRA	INF B	219020	OC	NT		_____
5	Sara Cristina, ALMEIDA	JUN	219850	BSCN	NT EXH		_____
6							
7							
8							

Série 2 de 10

1							
2	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	NT		_____
3	Beatriz Morgado, SILVA	INF A	219914	BSCN	NT		_____
4	Constanca Santos, COUTINHO	INF B	208523	CNNZ	2:44.19	25m	_____
5	Carolina Matos, CORREIA	INF B	216976	NDAP	NT		_____
6	Kelly Simao, COSTA	INF A	219017	OC	NT		_____
7	Maria Santos, SILVA	SEN	221839	URDJ	NT		_____
8							



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 11, Femin., 100m Mariposa

Série 3 de 10

1	Maria Ines, GOMES	INF B	215676	NDAP	2:11.10	25m	_____
2	Jessica Garcia, FERREIRA	INF B	216997	OC	2:03.10	50m	_____
3	Margarida Soares, MAIA	INF A	214515	DNMG	1:51.45	25m	_____
4	Luna Francisco, PEREIRA	INF B	215677	NDAP	1:46.81	25m	_____
5	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	1:48.06	25m	_____
6	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	2:00.15	25m	_____
7	Rita Alexandra, JORDAO	INF B	210822	URDJ	2:08.71	25m	_____
8	Emma, AVRAMESCU	INF B	219002	DNMG	2:15.93	25m	_____

Série 4 de 10

1	Yara Nunes, MARCELINO	INF A	143955	NDAP	1:43.77	25m	_____
2	Yaroslava, TABUNSCHYK	INF B	214273	CNL	1:41.37	25m	_____
3	Bruna Matos, FIALHO	JUN	218391	URDJ	1:41.02	25m	_____
4	Rita Francisco, SIMOES	INF B	212997	IDV	1:39.05	25m	_____
5	Isabela Lourenco, COSTA	INF A	219180	BSCN	1:40.41	25m	_____
6	Mariana Santos, AFONSO	JUV B	205572	CNPE	1:41.25	25m	_____
7	Rafaela Santos, AFONSO	JUV B	205573	CNPE	1:42.26	25m	_____
8	Benedita Nunes, FELIX	INF B	215617	PIMP	1:44.64	25m	_____

Série 5 de 10

1	Mariana Sousa, MENDES	INF A	214897	CNAL	1:36.89	25m	_____
2	Beatriz Julio, CORREIA	INF B	214808	CNL	1:36.15	25m	_____
3	Maria Santos, FONSECA	INF A	214271	CNL	1:33.69	25m	_____
4	Ana Luisa, RENDEIRO	SEN	200102	NDAP	1:33.27	25m	_____
5	Julia Pinto, PINHEIRO	INF B	212988	PIMP	1:33.36	25m	_____
6	Safira Pedro, FONSECA	INF B	214768	IDV	1:35.20	25m	_____
7	Matilde Filipa, AMADO	JUV B	216680	DNMG	1:36.80	25m	_____
8	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	1:37.69	25m	_____

Série 6 de 10

1	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	1:32.22	25m	_____
2	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	1:30.75	25m	_____
3	Catarina Tagaroso, LOBO	JUN	208696	URDJ	1:29.76	25m	_____
4	Luana Filipe, REIS	JUV B	207464	CNAL	1:28.66	25m	_____
5	Ines Pinto, MARTINS	INF B	212985	PIMP	1:29.25	25m	_____
6	Leiriia Silviovna, TONKIKH	INF A	214274	CNL	1:29.95	25m	_____
7	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	1:31.18	25m	_____
8	Isabela Maria, CARREIRA	INF A	205970	URDJ	1:32.74	25m	_____

Série 7 de 10

1	Diana Rita, FONSECA	JUN	205309	IDV	1:25.74	25m	_____
2	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	1:25.34	25m	_____
3	Bianca Balbino, MENDES	JUV B	206074	CNPE	1:24.52	25m	_____
4	Emiliana Arruda, SARAIVA	INF B	213032	IDV	1:23.91	25m	_____
5	Leonor Pereira, SILVA	JUV B	210858	OC	1:24.47	25m	_____
6	Carolina Ferreira, FONSECA	JUN	205308	IDV	1:24.61	25m	_____
7	Maria Joao, VALA	INF A	209706	PIMP	1:25.35	25m	_____
8	Matilde Monteiro, NEVES	JUN	143864	NDAP	1:26.50	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 11, Femin., 100m Mariposa

Série 8 de 10

1	Marta Cabete, GOMES	JUN	218819	CNL	1:25.45	50m	_____
2	Anjali, RAICAR	JUV A	206152	CNPE	1:22.35	25m	_____
3	Beatriz Marques, GASPAR	INF A	214523	DNMG	1:21.68	25m	_____
4	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	1:22.36	50m	_____
5	Matilde Santos, COUTINHO	JUN	200461	CNNZ	1:20.35	25m	_____
6	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	1:22.30	25m	_____
7	Carlota Sa, SANTOS	INF A	211060	NDAP	1:22.70	25m	_____
8	Debora Silva, INACIO	JUV B	209102	PIMP	1:23.58	25m	_____

Série 9 de 10

1	Barbara Balbino, MENDES	JUV B	206073	CNPE	1:19.55	25m	_____
2	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	1:19.43	25m	_____
3	Francisca Moreira, FELICIANO	INF A	213295	CNAL	1:16.92	25m	_____
4	Leonor Mota, ALVES	INF A	213003	DNMG	1:15.38	25m	_____
5	Maria Leonor, ALMEIDA	INF A	219179	BSCN	1:16.41	25m	_____
6	Laura Krempel, VARELA	INF B	210787	PIMP	1:18.40	25m	_____
7	Laura Helena, AMORIM	JUV B	208832	DNMG	1:19.46	25m	_____
8	Mafalda Teles, SOUSA	INF A	209708	PIMP	1:20.13	25m	_____

Série 10 de 10

1	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	1:13.80	25m	_____
2	Mariana Sousa, MARQUES	JUV A	207418	CNAL	1:12.14	25m	_____
3	Dalila Leal, BERNARDINO	SEN	204859	NDAP	1:13.26	50m	_____
4	Bruna Andreia, SIMOES	SEN	121004	IDV	1:07.41	25m	_____
5	Leonor Caetano, MOREIRA	SEN	144594	IDV	1:08.03	25m	_____
6	Matilde Santos, VIEIRA	JUV B	214518	DNMG	1:14.02	50m	_____
7	Rita Rocha, SILVA	JUN	204600	CNAL	1:12.67	25m	_____
8	Francisca Ramos, NUNES	JUV A	204735	CNPE	1:14.20	25m	_____

Prova 12
05/05/2024 - 10:30

Masc., 100m Livres

ABSOLUTOS
Startlist

Série 1 de 10

1							
2							
3	Alexandre Quiterio , ANASTACIO	SEN	200043	BSCN	NT EXH		_____
4	Simao Pedrosa, GOMES	INF B	221735	CNL	1:55.05 EXH	25m	_____
5	Bryan Carrilho, MATOS	INF B	222379	BSCN	NT EXH		_____
6	Rodrigo Freire, JOAQUIM	INF B	222231	CNL	NT EXH		_____
7							
8							



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 12, Masc., 100m Livres

Série 2 de 10

1	Valentim Antonio, PEREIRA	INF B	218447	CNL	1:34.43	25m	_____
2	Joao Rodrigo, BREDA	INF B	219008	DNMG	1:29.59 EXH	25m	_____
3	Joao Pedro, CRUZ	INF B	210841	CNPE	1:28.70	25m	_____
4	Dinis Lourenco, COSTA	JUN	220009	BSCN	1:25.16 EXH	25m	_____
5	Simao Pedro, MARQUES	INF B	219861	URDJ	1:27.18	25m	_____
6	Gabriel Marques, CARREIRA	INF B	215937	URDJ	1:29.04	25m	_____
7	Diogo Correia, SILVA	INF A	219015	OC	1:31.69 EXH	25m	_____
8	Rafael Costa, ANTUNES	INF A	213926	CNPE	1:46.87 EXH	25m	_____

Série 3 de 10

1	Rodrigo Nicolau, RITA	INF B	213035	IDV	1:21.17 EXH	25m	_____
2	Bruno Garcia, MILITAO	INF B	214530	OC	1:20.30 EXH	50m	_____
3	Martin, SHEVCHUK	INF B	216012	CNL	1:13.49	25m	_____
4	Afonso Nunes, MARCELINO	JUV A	206321	NDAP	1:12.87	25m	_____
5	Guilherme Melo, ELIAS	INF B	211029	CNNZ	1:13.18	25m	_____
6	Francisco Costa, VALENTIM	INF B	214532	OC	1:17.05	50m	_____
7	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	1:20.87	25m	_____
8	Diego Rodrigues, MENDES	INF B	214521	DNMG	1:24.04 EXH	25m	_____

Série 4 de 10

1	Tiago Daniel, POVOA	JUV A	208701	URDJ	1:12.24	25m	_____
2	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	1:09.21	25m	_____
3	Joao Piteira, GAIOLAS	INF A	144280	DNMG	1:08.30	25m	_____
4	Andre Filipe, FERNANDES	JUN	205664	CNAL	1:08.09	25m	_____
5	Simao Sousa, JESUS	INF A	211369	DNMG	1:08.14	25m	_____
6	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	1:08.83	25m	_____
7	Vasco Sousa, LEMOS	INF B	213005	PIMP	1:11.61	25m	_____
8	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	1:12.76	25m	_____

Série 5 de 10

1	Santiago Neves, SILVA	INF A	210868	NDAP	1:08.05	25m	_____
2	Martim Duarte, ROQUE	INF B	214272	CNL	1:07.61	25m	_____
3	Tomas Marques, FRANCISCO	INF A	210907	CNL	1:07.24	25m	_____
4	Vidar Albert, JUNG	INF B	218389	DNMG	1:06.21	25m	_____
5	Lucas Costa, JESUS	INF A	144315	DNMG	1:06.54	25m	_____
6	Gabriel Krempel, VARELA	INF A	209094	PIMP	1:10.40	50m	_____
7	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	1:08.05	25m	_____
8	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	1:08.08	25m	_____

Série 6 de 10

1	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	1:08.43	50m	_____
2	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	1:05.33	25m	_____
3	Afonso Matos, CORREIA	JUV B	211460	NDAP	1:04.98	25m	_____
4	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	1:04.19	25m	_____
5	Diogo Barata, ALVES	JUV A	144186	DNMG	1:04.64	25m	_____
6	Santiago Jose, PACHECO	JUV B	210696	CNAL	1:08.01	50m	_____
7	Martim Cruz, MOURA	INF B	211412	CNL	1:08.36	50m	_____
8	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	1:05.66	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 12, Masc., 100m Livres

Série 7 de 10

1	Afonso Ferreira, REIS	INF A	210842	DNMG	1:03.79	25m	_____
2	Isaac Arruda, SARAIVA	JUV B	213031	IDV	1:06.12	50m	_____
3	Simao Almeida, CARNIDE	INF A	216925	IDV	1:03.11	25m	_____
4	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	1:01.93	25m	_____
5	Lucas Ferreira, GASPARG	INF A	207550	IDV	1:02.43	25m	_____
6	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	1:06.14	50m	_____
7	Maksym, TYSHCHUK	JUV B	144533	DNMG	1:03.68	25m	_____
8	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	1:04.13	25m	_____

Série 8 de 10

1	David Ferrador, PEREIRA	JUV B	208135	NDAP	1:03.87	50m	_____
2	Pedro Blanc, CAPINHA	JUV B	216996	OC	1:03.36	50m	_____
3	Antonio Quitar, ANASTACIO	JUV A	205554	BSCN	1:00.59	25m	_____
4	Xinyang, CHENG	JUV B	207712	DNMG	1:02.31	50m	_____
5	Hugo Miguel, SANTOS	JUV B	210463	PIMP	1:00.52	25m	_____
6	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	1:00.60	25m	_____
7	Diogo Coelho, JORDAO	JUV A	208697	URDJ	1:03.74	50m	_____
8	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	1:01.65	25m	_____

Série 9 de 10

1	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	1:02.00	50m	_____
2	Tiago Santos, POMBO	JUV A	206506	CNAL	1:00.66	50m	_____
3	Edgar Francisco, SIMOES	JUN	144599	IDV	1:00.17	50m	_____
4	Paulo, KOT	JUV B	144468	DNMG	59.55	50m	_____
5	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	57.29	25m	_____
6	Rafael, SANTOS	JUN	210904	URDJ	1:00.41	50m	_____
7	Antonio Antunes, JORGE	INF A	206495	CNAL	58.57	25m	_____
8	Daniel Gomes, SANTOS	JUV A	205542	DNMG	1:02.17	50m	_____

Série 10 de 10

1	Santiago Boica, SOUSA	JUV A	212709	IDV	57.72	50m	_____
2	Francisco Xavier, RITA	JUN	205310	IDV	56.77 EXH	50m	_____
3	Mikhael, ONUTSKYY	JUV A	207253	PIMP	55.97	50m	_____
4	Henrique Martins, JOAQUIM	JUV B	207318	CNL	55.65	50m	_____
5	Luca Valentino, TONA	JUN	203165	PIMP	55.92	50m	_____
6	Rodolfo Junior, ALECRIM	INF A	206494	CNL	56.40	50m	_____
7	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	56.90	50m	_____
8	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	58.98	50m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 13
05/05/2024 - 10:50

Femin., 100m Costas

ABSOLUTOS
Startlist

Série 1 de 10

1							
2	Maria Antonia, VAZAO	INF B	221840	URDJ	1:54.56 EXH	25m	_____
3	Margarida Soares, MAIA	INF A	214515	DNMG	1:47.84	25m	_____
4	Iara Maria, CAMACHO	INF B	217809	OC	1:45.95 EXH	25m	_____
5	Maria Santos, SILVA	SEN	221839	URDJ	1:46.40	25m	_____
6	Maria Leonor, FERREIRA	INF B	219020	OC	1:49.84	25m	_____
7	Dalila Leal, BERNARDINO	SEN	204859	NDAP	NT		_____
8							

Série 2 de 10

1	Yaroslava, TABUNSCHYK	INF B	214273	CNL	1:42.30	25m	_____
2	Beatriz Morgado, SILVA	INF A	219914	BSCN	1:41.67	25m	_____
3	Rita Francisco, SIMOES	INF B	212997	IDV	1:40.28	25m	_____
4	Jessica Garcia, FERREIRA	INF B	216997	OC	1:36.28	25m	_____
5	Rita Alexandra, JORDAO	INF B	210822	URDJ	1:36.86	25m	_____
6	Daniela Carvalho, FERREIRA	INF B	143629	NDAP	1:41.46	25m	_____
7	Emma, AVRAMESCU	INF B	219002	DNMG	1:42.09	25m	_____
8	Maria Ines, GOMES	INF B	215676	NDAP	1:45.02	25m	_____

Série 3 de 10

1	Matilde Vitorino, FERREIRA	INF A	210838	CNPE	1:35.25	25m	_____
2	Maria Leonor, ASSUNCAO	INF B	215474	PIMP	1:34.20	25m	_____
3	Carolina Matos, CORREIA	INF B	216976	NDAP	1:32.86	25m	_____
4	Matilde Pinto, ANTUNES	INF A	210840	CNPE	1:31.34 EXH	25m	_____
5	Isabela Lourenco, COSTA	INF A	219180	BSCN	1:32.22	25m	_____
6	Kelly Simao, COSTA	INF A	219017	OC	1:33.61	25m	_____
7	Constanca Santos, COUTINHO	INF B	208523	CNNZ	1:34.27	25m	_____
8	Yara Nunes, MARCELINO	INF A	143955	NDAP	1:36.18	25m	_____

Série 4 de 10

1	Beatriz Marques, GASPAR	INF A	214523	DNMG	1:30.43	25m	_____
2	Beatriz Julio, CORREIA	INF B	214808	CNL	1:28.03	25m	_____
3	Sara Cristina, ALMEIDA	JUN	219850	BSCN	1:27.04 EXH	25m	_____
4	Cristiana Henriques, ALMEIDA	INF A	219181	BSCN	1:26.70	25m	_____
5	Mariana Sousa, MARQUES	JUV A	207418	CNAL	1:26.87	25m	_____
6	Maria Santos, FONSECA	INF A	214271	CNL	1:28.00	25m	_____
7	Mariana Sousa, OLIVEIRA	JUV B	143242	CNAL	1:28.46	25m	_____
8	Bruna Matos, FIALHO	JUN	218391	URDJ	1:31.12	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 13, Femin., 100m Costas

Série 5 de 10

1	Benedita Nunes, FELIX	INF B	215617	PIMP	1:26.50	25m	_____
2	Isabela Maria, CARREIRA	INF A	205970	URDJ	1:25.90	25m	_____
3	Rafaela Santos, AFONSO	JUV B	205573	CNPE	1:25.66	25m	_____
4	Marta Cabete, GOMES	JUN	218819	CNL	1:25.01	25m	_____
5	Matilde Monteiro, NEVES	JUN	143864	NDAP	1:25.19	25m	_____
6	Julia Pinto, PINHEIRO	INF B	212988	PIMP	1:29.88	50m	_____
7	Safira Pedro, FONSECA	INF B	214768	IDV	1:26.20	25m	_____
8	Leiriia Silviovna, TONKIKH	INF A	214274	CNL	1:26.65	25m	_____

Série 6 de 10

1	Ines Pinto, MARTINS	INF B	212985	PIMP	1:28.10	50m	_____
2	Margarida Lopes, RODRIGUES	INF A	211356	URDJ	1:23.81	25m	_____
3	Catarina Tagaroso, LOBO	JUN	208696	URDJ	1:23.46	25m	_____
4	Mariana Sousa, MENDES	INF A	214897	CNAL	1:23.18	25m	_____
5	Mariana Santos, AFONSO	JUV B	205572	CNPE	1:23.40	25m	_____
6	Ana Luisa, RENDEIRO	SEN	200102	NDAP	1:23.53	25m	_____
7	Carolina Ferreira, FONSECA	JUN	205308	IDV	1:23.89	25m	_____
8	Constanca Carvalho, PIEDADE	JUN	218562	URDJ	1:24.22	25m	_____

Série 7 de 10

1	Anjali, RAICAR	JUV A	206152	CNPE	1:22.79	25m	_____
2	Matilde Santos, COUTINHO	JUN	200461	CNNZ	1:22.09	25m	_____
3	Emiliana Arruda, SARAIVA	INF B	213032	IDV	1:21.55	25m	_____
4	Francisca Moreira, FELICIANO	INF A	213295	CNAL	1:20.87	25m	_____
5	Anastasiya, PRYMACHENKO	INF A	209931	NDAP	1:21.16	25m	_____
6	Zofie, PACHECO	JUV A	204736	CNPE	1:21.82	EXH 25m	_____
7	Luana Filipe, REIS	JUV B	207464	CNAL	1:22.66	25m	_____
8	Leonor Pereira, SILVA	JUV B	210858	OC	1:22.83	25m	_____

Série 8 de 10

1	Flavia Mendes, DOMINGUES	SEN	200094	NDAP	1:20.58	25m	_____
2	Laura Krempel, VARELA	INF B	210787	PIMP	1:20.45	25m	_____
3	Maria Joao, VALA	INF A	209706	PIMP	1:22.38	50m	_____
4	Carlota Sa, SANTOS	INF A	211060	NDAP	1:18.14	25m	_____
5	Beatriz Silva, CONCEICAO	SEN	201978	BSCN	1:18.54	EXH 25m	_____
6	Matilde Filipa, AMADO	JUV B	216680	DNMG	1:20.27	25m	_____
7	Matilde Santos, VIEIRA	JUV B	214518	DNMG	1:20.51	25m	_____
8	Luna Francisco, PEREIRA	INF B	215677	NDAP	1:20.66	25m	_____

Série 9 de 10

1	Carolina Silva, CASTANHEIRA	INF A	210906	CNL	1:18.07	25m	_____
2	Mafalda Teles, SOUSA	INF A	209708	PIMP	1:17.85	25m	_____
3	Debora Silva, INACIO	JUV B	209102	PIMP	1:17.17	25m	_____
4	Leonor Mota, ALVES	INF A	213003	DNMG	1:16.89	25m	_____
5	Maria Leonor, ALMEIDA	INF A	219179	BSCN	1:17.05	25m	_____
6	Laura Helena, AMORIM	JUV B	208832	DNMG	1:17.52	25m	_____
7	Sofia Roma, BRIZIDA	JUV B	207308	ADBA	1:18.05	25m	_____
8	Bianca Balbino, MENDES	JUV B	206074	CNPE	1:18.13	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 13, Femin., 100m Costas

Série 10 de 10

1	Elisa Henriques, SOUTO	JUV B	219855	OC	1:19.63	EXH	50m	_____
2	Leonor Caetano, MOREIRA	SEN	144594	IDV	1:18.58		50m	_____
3	Bruna Andreia, SIMOES	SEN	121004	IDV	1:12.23		25m	_____
4	Madalena Gracio, PEDROSO	JUV B	144100	DNMG	1:12.59		50m	_____
5	Francisca Ramos, NUNES	JUV A	204735	CNPE	1:11.49		25m	_____
6	Rita Rocha, SILVA	JUN	204600	CNAL	1:14.29		25m	_____
7	Barbara Balbino, MENDES	JUV B	206073	CNPE	1:15.75		25m	_____
8	Diana Rita, FONSECA	JUN	205309	IDV	1:19.73		50m	_____

Prova 14
05/05/2024 - 11:20

Masc., 400m Livres

ABSOLUTOS
Startlist

Série 1 de 9

1								_____
2	Joao Pedro, CRUZ	INF B	210841	CNPE		NT		_____
3	Guilherme Melo, ELIAS	INF B	211029	CNNZ		NT		_____
4	Simao Pedro, MARQUES	INF B	219861	URDJ	6:56.33		25m	_____
5	Valentim Antonio, PEREIRA	INF B	218447	CNL	7:09.19		25m	_____
6	Afonso Nunes, MARCELINO	JUV A	206321	NDAP		NT		_____
7								_____
8								_____

Série 2 de 9

1	Joao Rodrigo, BREDÁ	INF B	219008	DNMG	6:45.89	EXH	25m	_____
2	Diego Rodrigues, MENDES	INF B	214521	DNMG	6:22.43	EXH	25m	_____
3	Rodrigo Nicolau, RITA	INF B	213035	IDV	6:18.34	EXH	25m	_____
4	Tiago Daniel, POVOA	JUV A	208701	URDJ	5:50.15		25m	_____
5	Rodrigo Duarte, CARREIRA	INF B	214898	CNAL	6:13.84		25m	_____
6	Alexandre Afonso, SANTOS	JUV B	217009	URDJ	6:22.39		25m	_____
7	Bruno Garcia, MILITAO	INF B	214530	OC	6:25.49	EXH	25m	_____
8	Gabriel Marques, CARREIRA	INF B	215937	URDJ	6:46.97		25m	_____

Série 3 de 9

1	Vasco Sousa, LEMOS	INF B	213005	PIMP	5:46.37		25m	_____
2	Martin, SHEVCHUK	INF B	216012	CNL	5:42.33		50m	_____
3	Santiago Neves, SILVA	INF A	210868	NDAP	5:26.31		25m	_____
4	Martim Cruz, MOURA	INF B	211412	CNL	5:23.80		25m	_____
5	Andre Guilherme, CORDEIRO	JUV B	205667	CNPE	5:36.37		50m	_____
6	Simao Mortagua, TEIXEIRA	SEN	220922	PIMP	5:26.92		25m	_____
7	Andre Filipe, FERNANDES	JUN	205664	CNAL	5:31.07		25m	_____
8	Francisco Costa, VALENTIM	INF B	214532	OC	5:48.16		25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 14, Masc., 400m Livres

Série 4 de 9

1	Simao Sousa, JESUS	INF A	211369	DNMG	5:20.31	25m	_____
2	Rodrigo Oliveira, SANTOS	JUV B	207591	CNAL	5:28.80	50m	_____
3	Diogo Barata, ALVES	JUV A	144186	DNMG	5:15.39	25m	_____
4	Pedro Pereira, OLIVEIRA	INF B	216993	DNMG	5:13.52	25m	_____
5	Vladyslav, BABUSHKIN	JUV B	214516	DNMG	5:14.09	25m	_____
6	Gabriel Krempel, VARELA	INF A	209094	PIMP	5:16.13	25m	_____
7	Maksym, TYSHCHUK	JUV B	144533	DNMG	5:19.96	25m	_____
8	Gabriel Lourenco, CUSTODIO	JUN	129994	CNNZ	5:23.71	25m	_____

Série 5 de 9

1	Guilherme Rodrigues, CABRAL	INF A	209095	PIMP	5:20.51	50m	_____
2	Lucas Costa, JESUS	INF A	144315	DNMG	5:06.56	25m	_____
3	Pedro Blanc, CAPINHA	JUV B	216996	OC	5:12.78	50m	_____
4	Diogo Coelho, JORDAO	JUV A	208697	URDJ	4:59.89	25m	_____
5	Afonso Ferreira, REIS	INF A	210842	DNMG	5:01.20	25m	_____
6	Isaac Arruda, SARAIVA	JUV B	213031	IDV	5:04.30	25m	_____
7	Vidar Albert, JUNG	INF B	218389	DNMG	5:07.38	25m	_____
8	Tomas Marques, FRANCISCO	INF A	210907	CNL	5:21.37	50m	_____

Série 6 de 9

1	Pedro Fonseca, OLIVEIRA	JUV B	144474	DNMG	4:58.43	25m	_____
2	Afonso Matos, CORREIA	JUV B	211460	NDAP	4:57.19	25m	_____
3	Simao Almeida, CARNIDE	INF A	216925	IDV	4:54.78	25m	_____
4	Xinyang, CHENG	JUV B	207712	DNMG	5:00.84	50m	_____
5	Gabriel Santiago, FERREIRA	JUV B	208272	URDJ	4:50.65	25m	_____
6	Rafael, SANTOS	JUN	210904	URDJ	4:55.03	25m	_____
7	Joao Piteira, GAIOLAS	INF A	144280	DNMG	4:57.84	25m	_____
8	Martim Duarte, ROQUE	INF B	214272	CNL	4:58.77	25m	_____

Série 7 de 9

1	Tomas Manuel, PALMEIRO	INF A	210846	DNMG	4:49.19	25m	_____
2	Martim Alexandre, MESQUITA	JUV B	208834	DNMG	4:48.38	25m	_____
3	Rodrigo Cardoso, TOMAS	INF A	208273	URDJ	4:44.24	25m	_____
4	Francisco Lourenco, CUSTODIO	JUV B	209837	CNNZ	4:53.77	50m	_____
5	Santiago Jose, PACHECO	JUV B	210696	CNAL	4:54.17	50m	_____
6	Francisco Lourenco, PEDROSA	INF A	144218	DNMG	4:47.76	25m	_____
7	Hugo Miguel, SANTOS	JUV B	210463	PIMP	4:48.98	25m	_____
8	Lucas Ferreira, GASPAR	INF A	207550	IDV	4:49.58	25m	_____

Série 8 de 9

1	Daniel Gomes, SANTOS	JUV A	205542	DNMG	4:40.61	25m	_____
2	Antonio Quiterio, ANASTACIO	JUV A	205554	BSCN	4:37.13	25m	_____
3	Henrique Martins, JOAQUIM	JUV B	207318	CNL	4:30.23	25m	_____
4	Antonio Antunes, JORGE	INF A	206495	CNAL	4:34.85	50m	_____
5	Santiago Agostinho, PARREIRA	JUV B	209481	PIMP	4:35.08	50m	_____
6	Edgar Francisco, SIMOES	JUN	144599	IDV	4:36.99	25m	_____
7	David Ferrador, PEREIRA	JUV B	208135	NDAP	4:49.99	50m	_____
8	Rodrigo Santos, COUTINHO	JUV A	209098	PIMP	4:41.23	25m	_____



Torneio Nadador Completo de Categorias
Pombal, 4 - 5/5/2024

Prova 14, Masc., 400m Livres

S rie 9 de 9

1	Rodolfo Junior, ALECRIM	INF A	206494	CNL	4:23.09	25m	_____
2	Mikhael, ONUTSKYY	JUV A	207253	PIMP	4:21.32	25m	_____
3	Santiago Boica, SOUSA	JUV A	212709	IDV	4:19.20	25m	_____
4	Francisco Xavier, RITA	JUN	205310	IDV	4:20.65	EXH 50m	_____
5	Paulo, KOT	JUV B	144468	DNMG	4:22.25	50m	_____
6	Luca Valentino, TONA	JUN	203165	PIMP	4:28.80	50m	_____
7	Guilherme Meireles, MARRAZES	JUV B	152840	DNMG	4:22.99	25m	_____
8	Tiago Santos, POMBO	JUV A	206506	CNAL	4:34.12	50m	_____

12:15 Entrega de trof us Torneio Nadador Completo