



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

1 - 1ª Jornada - Torneio de Fundo (Sessão da Tarde)

18/05/2024 - 14:30

Prova 1 Masc., 400m Estilos Juvenil A
18/05/2024 - 14:30 Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai				4:44.99	559
	50m:	30.28 30.28	150m:	1:41.84	36.34	250m:	2:58.98 41.62	350m:	4:13.74 34.01
	100m:	1:05.50 35.22	200m:	2:17.36	35.52	300m:	3:39.73 40.75	400m:	4:44.99 31.25
2.	Tiago Santos, POMBO		08	Alcobaca				5:00.52	477
	50m:	31.27 31.27	150m:	1:46.65	40.59	250m:	3:11.06 45.62	350m:	4:28.98 32.33
	100m:	1:06.06 34.79	200m:	2:25.44	38.79	300m:	3:56.65 45.59	400m:	5:00.52 31.54
3.	Rodrigo Santos, COUTINHO		08	Pimpoes/Cimai				5:10.50	432
	50m:	30.98 30.98	150m:	1:47.56	39.64	250m:	3:13.41 46.56	350m:	4:36.48 35.97
	100m:	1:07.92 36.94	200m:	2:26.85	39.29	300m:	4:00.51 47.10	400m:	5:10.50 34.02
4.	Antonio Quiterio, ANASTACIO		08	Benedita				5:12.67	423
	50m:	34.02 34.02	150m:	1:56.33	42.23	250m:	3:20.79 43.67	350m:	4:39.11 34.62
	100m:	1:14.10 40.08	200m:	2:37.12	40.79	300m:	4:04.49 43.70	400m:	5:12.67 33.56
5.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				5:21.26	390
	50m:	32.46 32.46	150m:	1:53.18	42.32	250m:	3:19.85 45.36	350m:	4:45.63 37.85
	100m:	1:10.86 38.40	200m:	2:34.49	41.31	300m:	4:07.78 47.93	400m:	5:21.26 35.63
6.	Diogo Barata, ALVES		08	Nautico Marinha Grande				5:44.67	316
	50m:	35.61 35.61	150m:	2:05.09	46.31	250m:	3:37.16 47.50	350m:	5:04.83 39.40
	100m:	1:18.78 43.17	200m:	2:49.66	44.57	300m:	4:25.43 48.27	400m:	5:44.67 39.84
7.	Tiago Daniel, POVOA		08	Uniao Juncalense				6:27.72	222
	50m:	41.81 41.81	150m:	2:25.53	49.25	250m:	4:06.67 52.76	350m:	5:44.44 44.80
	100m:	1:36.28 54.47	200m:	3:13.91	48.38	300m:	4:59.64 52.97	400m:	6:27.72 43.28

Prova 1 Masc., 400m Estilos Juvenil B
18/05/2024 - 14:30 Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Paulo, KOT		09	Nautico Marinha Grande				4:49.88	531
	50m:	29.74 29.74	150m:	1:41.99	37.32	250m:	3:01.47 43.23	350m:	4:19.22 33.15
	100m:	1:04.67 34.93	200m:	2:18.24	36.25	300m:	3:46.07 44.60	400m:	4:49.88 30.66
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				4:52.09	519
	50m:	30.64 30.64	150m:	1:43.68	38.35	250m:	3:04.08 42.96	350m:	4:20.16 33.55
	100m:	1:05.33 34.69	200m:	2:21.12	37.44	300m:	3:46.61 42.53	400m:	4:52.09 31.93
3.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai				4:56.60	496
	50m:	30.23 30.23	150m:	1:44.16	38.34	250m:	3:06.67 44.68	350m:	4:24.81 32.24
	100m:	1:05.82 35.59	200m:	2:21.99	37.83	300m:	3:52.57 45.90	400m:	4:56.60 31.79
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande				5:10.43	432
	50m:	31.76 31.76	150m:	1:46.77	40.54	250m:	3:12.81 46.37	350m:	4:35.97 35.91
	100m:	1:06.23 34.47	200m:	2:26.44	39.67	300m:	4:00.06 47.25	400m:	5:10.43 34.46



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Caldas da Rainha, 18 - 19/5/2024

Prova 1, Masc., 400m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
5. Xinyang, CHENG	09 Nautico Marinha Grande	5:19.90	395
50m: 32.30 32.30	150m: 1:53.96 42.72	250m: 3:18.84 43.99	350m: 4:42.54 38.85
100m: 1:11.24 38.94	200m: 2:34.85 40.89	300m: 4:03.69 44.85	400m: 5:19.90 37.36
6. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	5:20.33	393
50m: 34.03 34.03	150m: 1:56.42 42.01	250m: 3:21.96 43.99	350m: 4:43.34 36.59
100m: 1:14.41 40.38	200m: 2:37.97 41.55	300m: 4:06.75 44.79	400m: 5:20.33 36.99
7. Pedro Blanc, CAPINHA	09 Óbidos	5:26.18	373
50m: 34.22 34.22	150m: 1:56.86 43.50	250m: 3:23.98 45.59	350m: 4:48.78 39.84
100m: 1:13.36 39.14	200m: 2:38.39 41.53	300m: 4:08.94 44.96	400m: 5:26.18 37.40
8. Santiago Jose, PACHECO	09 Alcobaca	5:36.74	339
50m: 37.23 37.23	150m: 2:07.06 41.86	250m: 3:36.51 49.22	350m: 5:01.75 37.11
100m: 1:25.20 47.97	200m: 2:47.29 40.23	300m: 4:24.64 48.13	400m: 5:36.74 34.99
9. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	5:40.30	328
50m: 35.07 35.07	150m: 2:02.56 44.92	250m: 3:35.47 49.15	350m: 5:03.94 37.00
100m: 1:17.64 42.57	200m: 2:46.32 43.76	300m: 4:26.94 51.47	400m: 5:40.30 36.36
10. Gabriel Santiago, FERREIRA	09 Uniao Juncalense	5:40.35	328
50m: 36.04 36.04	150m: 2:03.33 43.09	250m: 3:35.72 50.89	350m: 5:04.11 36.76
100m: 1:20.24 44.20	200m: 2:44.83 41.50	300m: 4:27.35 51.63	400m: 5:40.35 36.24
11. Rodrigo Oliveira, SANTOS	09 Alcobaca	5:43.56	319
50m: 38.96 38.96	150m: 2:10.88 43.16	250m: 3:39.22 47.06	350m: 5:05.07 38.79
100m: 1:27.72 48.76	200m: 2:52.16 41.28	300m: 4:26.28 47.06	400m: 5:43.56 38.49
12. Maksym, TYSHCHUK	09 Nautico Marinha Grande	5:45.24	314
50m: 36.58 36.58	150m: 2:04.74 44.05	250m: 3:36.53 49.02	350m: 5:07.87 41.79
100m: 1:20.69 44.11	200m: 2:47.51 42.77	300m: 4:26.08 49.55	400m: 5:45.24 37.37
13. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	5:49.73	302
50m: 38.92 38.92	150m: 2:12.68 45.66	250m: 3:44.41 47.44	350m: 5:12.31 39.68
100m: 1:27.02 48.10	200m: 2:56.97 44.29	300m: 4:32.63 48.22	400m: 5:49.73 37.42
14. Andre Guilherme, CORDEIRO	09 Naval de Peniche	5:49.92	302
50m: 38.43 38.43	150m: 2:07.25 43.92	250m: 3:40.72 49.90	350m: 5:11.91 40.54
100m: 1:23.33 44.90	200m: 2:50.82 43.57	300m: 4:31.37 50.65	400m: 5:49.92 38.01
15. Alexandre Afonso, SANTOS	09 Uniao Juncalense	6:33.24	212
50m: 45.62 45.62	150m: 2:26.74 45.83	250m: 4:08.87 57.10	350m: 5:49.60 44.85
100m: 1:40.91 55.29	200m: 3:11.77 45.03	300m: 5:04.75 55.88	400m: 6:33.24 43.64
DSQ Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande		
<i>O atleta efetuou duas pernadas verticais no percurso subaquático de braços.</i>			



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Prova 1, Masc., 400m Estilos

Prova 1 Masc., 400m Estilos Infantil A
18/05/2024 - 14:30 Resultados

Pontos: FINA 2023

Lugar	Nome		Ano	Local		Tempo final				Pts
1.	Antonio Antunes, JORGE		10	Alcobaca		4:56.31				497
	50m:	32.59 32.59	150m:	1:48.90 39.32	250m:	3:07.93 40.64	350m:	4:23.50 34.33	400m:	4:56.31 32.81
	100m:	1:09.58 36.99	200m:	2:27.29 38.39	300m:	3:49.17 41.24				
2.	Rodolfo Junior, ALECRIM		10	CNLeiria		5:10.64				431
	50m:	30.71 30.71	150m:	1:47.40 39.93	250m:	3:09.85 43.27	350m:	4:33.37 38.12	400m:	5:10.64 37.27
	100m:	1:07.47 36.76	200m:	2:26.58 39.18	300m:	3:55.25 45.40				
3.	Guilherme Costa, REBELO		10	Pimpoes/Cimai		5:20.67				392
	50m:	34.15 34.15	150m:	1:54.02 40.46	250m:	3:20.44 45.74	350m:	4:44.83 37.52	400m:	5:20.67 35.84
	100m:	1:13.56 39.41	200m:	2:34.70 40.68	300m:	4:07.31 46.87				
4.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai		5:27.24				369
	50m:	34.20 34.20	150m:	1:55.63 41.44	250m:	3:22.60 45.64	350m:	4:48.34 38.98	400m:	5:27.24 38.90
	100m:	1:14.19 39.99	200m:	2:36.96 41.33	300m:	4:09.36 46.76				
5.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande		5:29.44				362
	50m:	35.42 35.42	150m:	1:57.74 40.75	250m:	3:27.80 48.93	350m:	4:54.26 37.30	400m:	5:29.44 35.18
	100m:	1:16.99 41.57	200m:	2:38.87 41.13	300m:	4:16.96 49.16				
6.	David Xavier, ALMEIDA		10	Ba-Leiria		5:32.22				353
	50m:	34.99 34.99	150m:	2:03.91 46.35	250m:	3:31.15 44.13	350m:	4:54.94 38.10	400m:	5:32.22 37.28
	100m:	1:17.56 42.57	200m:	2:47.02 43.11	300m:	4:16.84 45.69				
7.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande		5:32.34				352
	50m:	36.50 36.50	150m:	2:02.68 44.65	250m:	3:33.18 48.25	350m:	4:58.23 36.58	400m:	5:32.34 34.11
	100m:	1:18.03 41.53	200m:	2:44.93 42.25	300m:	4:21.65 48.47				
8.	Afonso Ferreira, REIS		10	Nautico Marinha Grande		5:33.65				348
	50m:	35.43 35.43	150m:	2:01.56 42.76	250m:	3:28.49 46.13	350m:	4:55.67 40.61	400m:	5:33.65 37.98
	100m:	1:18.80 43.37	200m:	2:42.36 40.80	300m:	4:15.06 46.57				
9.	Gabriel Krempel, VARELA		10	Pimpoes/Cimai		5:41.13				326
	50m:	37.39 37.39	150m:	2:06.01 43.84	250m:	3:37.75 49.14	350m:	5:04.44 38.06	400m:	5:41.13 36.69
	100m:	1:22.17 44.78	200m:	2:48.61 42.60	300m:	4:26.38 48.63				
10.	Lucas Costa, JESUS		10	Nautico Marinha Grande		5:44.19				317
	50m:	35.64 35.64	150m:	2:04.82 43.52	250m:	3:37.20 50.17	350m:	5:06.32 39.01	400m:	5:44.19 37.87
	100m:	1:21.30 45.66	200m:	2:47.03 42.21	300m:	4:27.31 50.11				
11.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande		5:45.27				314
	50m:	38.18 38.18	150m:	2:06.39 43.19	250m:	3:39.45 50.07	350m:	5:08.49 38.71	400m:	5:45.27 36.78
	100m:	1:23.20 45.02	200m:	2:49.38 42.99	300m:	4:29.78 50.33				
12.	Pedro Souza, SILVA		10	Pimpoes/Cimai		5:45.48				313
	50m:	35.57 35.57	150m:	1:59.85 42.91	250m:	3:35.01 52.79	350m:	5:08.69 40.55	400m:	5:45.48 36.79
	100m:	1:16.94 41.37	200m:	2:42.22 42.37	300m:	4:28.14 53.13				
13.	Simao Sousa, JESUS		10	Nautico Marinha Grande		5:51.25				298
	50m:	35.30 35.30	150m:	2:05.55 48.28	250m:	3:39.80 47.69	350m:	5:10.98 41.06	400m:	5:51.25 40.27
	100m:	1:17.27 41.97	200m:	2:52.11 46.56	300m:	4:29.92 50.12				



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Prova 1, Masc., 400m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
14. Dinis Lamas, SANTOS	10 Ba-Leiria	5:51.77	297
50m: 38.11 38.11	150m: 2:09.76 43.87	250m: 3:44.52 52.20	350m: 5:15.46 39.23
100m: 1:25.89 47.78	200m: 2:52.32 42.56	300m: 4:36.23 51.71	400m: 5:51.77 36.31
DSQ Rodrigo Cardoso, TOMAS	10 Uniao Juncalense		
<i>O atleta efetuou duas pernadas verticais no percurso subaquático de braços.</i>			
DSQ Tomas Marques, FRANCISCO	10 CNLeiria		
<i>Falsa partida (SW 4.4)</i>			
DNS Francisco Antonio, SIMOES	10 Ba-Leiria		

Prova 1 Masc., 400m Estilos Infantil B
18/05/2024 - 14:30 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA	11 Ba-Leiria	5:47.00	309
50m: 37.55 37.55	150m: 2:10.43 48.32	250m: 3:42.17 46.50	350m: 5:10.96 39.56
100m: 1:22.11 44.56	200m: 2:55.67 45.24	300m: 4:31.40 49.23	400m: 5:47.00 36.04
2. Martim Cruz, MOURA	11 CNLeiria	5:47.84	307
50m: 38.95 38.95	150m: 2:07.44 44.88	250m: 3:40.19 49.33	350m: 5:09.21 39.50
100m: 1:22.56 43.61	200m: 2:50.86 43.42	300m: 4:29.71 49.52	400m: 5:47.84 38.63
3. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	5:49.29	303
50m: 39.39 39.39	150m: 2:09.41 45.17	250m: 3:41.41 49.48	350m: 5:12.51 41.47
100m: 1:24.24 44.85	200m: 2:51.93 42.52	300m: 4:31.04 49.63	400m: 5:49.29 36.78
4. Vidar Albert, JUNG	11 Nautico Marinha Grande	5:50.67	300
50m: 35.22 35.22	150m: 2:03.44 46.32	250m: 3:39.52 51.39	350m: 5:13.37 41.42
100m: 1:17.12 41.90	200m: 2:48.13 44.69	300m: 4:31.95 52.43	400m: 5:50.67 37.30
5. Martim Duarte, ROQUE	11 CNLeiria	5:52.25	296
50m: 39.94 39.94	150m: 2:14.08 46.59	250m: 3:49.25 50.24	350m: 5:17.81 38.10
100m: 1:27.49 47.55	200m: 2:59.01 44.93	300m: 4:39.71 50.46	400m: 5:52.25 34.44
6. Francisco Costa, VALENTIM	11 Óbidos	6:21.61	232
50m: 45.71 45.71	150m: 2:28.60 46.10	250m: 4:06.01 52.27	350m: 5:41.58 42.11
100m: 1:42.50 56.79	200m: 3:13.74 45.14	300m: 4:59.47 53.46	400m: 6:21.61 40.03
7. Martin, SHEVCHUK	11 CNLeiria	6:32.40	214
50m: 43.60 43.60	150m: 2:30.00 51.93	250m: 4:13.26 54.71	350m: 5:51.28 44.25
100m: 1:38.07 54.47	200m: 3:18.55 48.55	300m: 5:07.03 53.77	400m: 6:32.40 41.12
8. Bruno Garcia, MILITAO	11 Óbidos	6:57.30	178
50m: 49.03 49.03	150m: 2:42.26 52.23	250m: 4:28.60 57.16	350m: 6:12.42 47.39
100m: 1:50.03 1:01.00	200m: 3:31.44 49.18	300m: 5:25.03 56.43	400m: 6:57.30 44.88
9. Simao Pedro, MARQUES	11 Uniao Juncalense	7:09.54	163
50m: 50.74 50.74	150m: 2:43.74 51.87	250m: 4:32.47 59.03	350m: 6:22.26 48.59
100m: 1:51.87 1:01.13	200m: 3:33.44 49.70	300m: 5:33.67 1:01.20	400m: 7:09.54 47.28
DSQ Vasco Sousa, LEMOS	11 Pimpoes/Cimai		
<i>O atleta tocou na parede com as mãos alternadas nas viragens aos 50 e 100 metros.</i>			



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Prova 1, Masc., 400m Estilos, Infantil B

Lugar	Ano	Tempo final	Pts
DSQ Gabriel Marques, CARREIRA	11 Uniao Juncalense		
<i>O atleta não cumpriu a distância de 400 metros (nadou 50 metros no Estilo de Costas).</i>			
DNS Guilherme Melo, ELIAS	11 Naval da Nazaré		
DNS Rodrigo Duarte, CARREIRA	11 Alcobaca		

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Juvenil A
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	9:12.56	645
50m: 31.04 31.04	250m: 2:48.41 34.76	450m: 5:07.35 33.65	650m: 7:27.32 35.33
100m: 1:04.64 33.60	300m: 3:23.59 35.18	500m: 5:42.08 34.73	700m: 8:02.63 35.31
150m: 1:38.77 34.13	350m: 3:58.73 35.14	550m: 6:16.83 34.75	750m: 8:38.28 35.65
200m: 2:13.65 34.88	400m: 4:33.70 34.97	600m: 6:51.99 35.16	800m: 9:12.56 34.28
2. Constanca Baptista, TOMAS	09 Alcobaca	9:44.25	545
50m: 31.96 31.96	250m: 2:58.47 37.44	450m: 5:25.13 34.63	650m: 7:57.26 37.50
100m: 1:07.38 35.42	300m: 3:35.68 37.21	500m: 6:05.21 40.08	700m: 8:34.32 37.06
150m: 1:43.54 36.16	350m: 4:13.53 37.85	550m: 6:38.30 33.09	750m: 9:09.87 35.55
200m: 2:21.03 37.49	400m: 4:50.50 36.97	600m: 7:19.76 41.46	800m: 9:44.25 34.38
3. Clara Sobreiro, RODRIGUES	09 Pimpoes/Cimai	10:40.53	414
50m: 35.99 35.99	250m: 3:17.26 40.35	450m: 5:59.05 40.05	650m: 8:41.16 41.03
100m: 1:15.78 39.79	300m: 3:57.71 40.45	500m: 6:39.07 40.02	700m: 9:22.06 40.90
150m: 1:56.34 40.56	350m: 4:38.17 40.46	550m: 7:19.41 40.34	750m: 10:02.03 39.97
200m: 2:36.91 40.57	400m: 5:19.00 40.83	600m: 8:00.13 40.72	800m: 10:40.53 38.50
4. Mariana Sousa, MARQUES	09 Alcobaca	10:50.92	394
50m: 35.80 35.80	250m: 3:17.53 41.18	450m: 6:03.62 41.64	650m: 8:49.88 41.14
100m: 1:15.10 39.30	300m: 3:59.34 41.81	500m: 6:45.10 41.48	700m: 9:31.31 41.43
150m: 1:55.44 40.34	350m: 4:40.59 41.25	550m: 7:26.72 41.62	750m: 10:11.70 40.39
200m: 2:36.35 40.91	400m: 5:21.98 41.39	600m: 8:08.74 42.02	800m: 10:50.92 39.22
5. Anjali, RAICAR	09 Naval de Peniche	12:20.64	267
50m: 36.94 36.94	250m: 3:30.47 44.56	450m: 6:35.42 46.88	650m: 9:48.52 51.05
100m: 1:18.10 41.16	300m: 4:16.47 46.00	500m: 7:21.84 46.42	700m: 10:39.65 51.13
150m: 2:01.58 43.48	350m: 5:02.56 46.09	550m: 8:08.47 46.63	750m: 11:30.69 51.04
200m: 2:45.91 44.33	400m: 5:48.54 45.98	600m: 8:57.47 49.00	800m: 12:20.64 49.95
6. Zofie, PACHECO	09 Naval de Peniche	13:00.72	228
50m: 37.15 37.15	250m: 3:43.09 48.29	450m: 7:05.75 51.06	650m: 10:33.22 51.88
100m: 1:21.08 43.93	300m: 4:32.66 49.57	500m: 7:57.40 51.65	700m: 11:23.20 49.98
150m: 2:07.50 46.42	350m: 5:23.38 50.72	550m: 8:49.03 51.63	750m: 12:13.06 49.86
200m: 2:54.80 47.30	400m: 6:14.69 51.31	600m: 9:41.34 52.31	800m: 13:00.72 47.66



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres

Prova 2

Femin., 800m Livres

Juvenil B

18/05/2024 - 15:20

Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Matilde Santos, VIEIRA	10 Nautico Marinha Grande	9:56.38	513
50m: 33.35 33.35	250m: 3:04.80 38.07	450m: 5:36.61 37.54	650m: 8:06.83 37.26
100m: 1:10.34 36.99	300m: 3:42.89 38.09	500m: 6:14.34 37.73	700m: 8:44.31 37.48
150m: 1:48.49 38.15	350m: 4:20.72 37.83	550m: 6:51.73 37.39	750m: 9:21.25 36.94
200m: 2:26.73 38.24	400m: 4:59.07 38.35	600m: 7:29.57 37.84	800m: 9:56.38 35.13
2. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	9:57.97	508
50m: 33.90 33.90	250m: 3:04.02 37.86	450m: 5:34.77 37.49	650m: 8:05.95 37.88
100m: 1:10.70 36.80	300m: 3:41.77 37.75	500m: 6:12.28 37.51	700m: 8:43.92 37.97
150m: 1:48.50 37.80	350m: 4:19.50 37.73	550m: 6:50.00 37.72	750m: 9:21.63 37.71
200m: 2:26.16 37.66	400m: 4:57.28 37.78	600m: 7:28.07 38.07	800m: 9:57.97 36.34
3. Vida Sofia, VELEZ	10 Ba-Leiria	10:11.10	476
50m: 34.59 34.59	250m: 3:07.95 38.44	450m: 5:43.14 38.84	650m: 8:16.82 38.31
100m: 1:12.25 37.66	300m: 3:46.52 38.57	500m: 6:21.67 38.53	700m: 8:55.68 38.86
150m: 1:50.83 38.58	350m: 4:25.09 38.57	550m: 7:00.21 38.54	750m: 9:34.06 38.38
200m: 2:29.51 38.68	400m: 5:04.30 39.21	600m: 7:38.51 38.30	800m: 10:11.10 37.04
4. Diana Isabel, ALVES	10 Pimpoes/Cimai	10:13.39	471
50m: 35.30 35.30	250m: 3:07.75 38.64	450m: 5:43.62 39.12	650m: 8:18.96 38.97
100m: 1:12.52 37.22	300m: 3:46.66 38.91	500m: 6:22.37 38.75	700m: 8:57.58 38.62
150m: 1:50.52 38.00	350m: 4:25.39 38.73	550m: 7:01.23 38.86	750m: 9:36.39 38.81
200m: 2:29.11 38.59	400m: 5:04.50 39.11	600m: 7:39.99 38.76	800m: 10:13.39 37.00
5. Bianca Balbino, MENDES	10 Naval de Peniche	10:14.14	469
50m: 34.83 34.83	250m: 3:05.60 38.40	450m: 5:40.83 39.52	650m: 8:17.67 39.66
100m: 1:11.59 36.76	300m: 3:43.72 38.12	500m: 6:19.80 38.97	700m: 8:57.02 39.35
150m: 1:48.84 37.25	350m: 4:22.29 38.57	550m: 6:58.77 38.97	750m: 9:36.29 39.27
200m: 2:27.20 38.36	400m: 5:01.31 39.02	600m: 7:38.01 39.24	800m: 10:14.14 37.85
6. Barbara Balbino, MENDES	10 Naval de Peniche	10:22.80	450
50m: 35.75 35.75	250m: 3:09.83 38.98	450m: 5:47.14 39.51	650m: 8:25.89 39.92
100m: 1:13.42 37.67	300m: 3:48.96 39.13	500m: 6:26.81 39.67	700m: 9:05.14 39.25
150m: 1:52.06 38.64	350m: 4:28.21 39.25	550m: 7:06.08 39.27	750m: 9:43.87 38.73
200m: 2:30.85 38.79	400m: 5:07.63 39.42	600m: 7:45.97 39.89	800m: 10:22.80 38.93
7. Debora Silva, INACIO	10 Pimpoes/Cimai	10:37.68	419
50m: 36.32 36.32	250m: 3:17.95 39.76	450m: 5:58.85 39.66	650m: 8:37.58 39.36
100m: 1:16.46 40.14	300m: 3:57.96 40.01	500m: 6:39.61 40.76	700m: 9:18.09 40.51
150m: 1:57.55 41.09	350m: 4:38.32 40.36	550m: 7:19.42 39.81	750m: 9:59.58 41.49
200m: 2:38.19 40.64	400m: 5:19.19 40.87	600m: 7:58.22 38.80	800m: 10:37.68 38.10
8. Leonor Pereira, SILVA	10 Óbidos	10:41.49	412
50m: 36.42 36.42	250m: 3:18.15 39.55	450m: 5:59.88 40.50	650m: 8:45.02 41.69
100m: 1:16.34 39.92	300m: 3:58.25 40.10	500m: 6:40.38 40.50	700m: 9:25.72 40.70
150m: 1:57.59 41.25	350m: 4:38.73 40.48	550m: 7:21.92 41.54	750m: 10:06.26 40.54
200m: 2:38.60 41.01	400m: 5:19.38 40.65	600m: 8:03.33 41.41	800m: 10:41.49 35.23



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts
9.	Matilde Filipa, AMADO		10	Nautico Marinha Grande				10:54.94	387
	50m:	36.63 36.63	250m:	3:21.29	41.23	450m:	6:06.38 42.23	650m:	8:52.99 42.38
	100m:	1:17.09 40.46	300m:	4:01.59	40.30	500m:	6:47.26 40.88	700m:	9:34.98 41.99
	150m:	1:58.34 41.25	350m:	4:42.34	40.75	550m:	7:28.65 41.39	750m:	10:15.96 40.98
	200m:	2:40.06 41.72	400m:	5:24.15	41.81	600m:	8:10.61 41.96	800m:	10:54.94 38.98
10.	Laura Helena, AMORIM		10	Nautico Marinha Grande				11:00.66	377
	50m:	34.95 34.95	250m:	3:15.26	40.64	450m:	6:02.29 42.50	650m:	8:53.08 43.39
	100m:	1:13.41 38.46	300m:	3:56.56	41.30	500m:	6:44.39 42.10	700m:	9:35.30 42.22
	150m:	1:53.99 40.58	350m:	4:38.08	41.52	550m:	7:27.38 42.99	750m:	10:19.01 43.71
	200m:	2:34.62 40.63	400m:	5:19.79	41.71	600m:	8:09.69 42.31	800m:	11:00.66 41.65
11.	Rafaela Santos, AFONSO		10	Naval de Peniche				11:07.07	366
	50m:	35.71 35.71	250m:	3:20.31	42.17	450m:	6:11.01 43.48	650m:	9:02.45 42.90
	100m:	1:15.66 39.95	300m:	4:02.22	41.91	500m:	6:53.65 42.64	700m:	9:44.99 42.54
	150m:	1:56.64 40.98	350m:	4:44.63	42.41	550m:	7:36.38 42.73	750m:	10:26.57 41.58
	200m:	2:38.14 41.50	400m:	5:27.53	42.90	600m:	8:19.55 43.17	800m:	11:07.07 40.50
12.	Mariana Santos, AFONSO		10	Naval de Peniche				11:19.45	346
	50m:	36.08 36.08	250m:	3:25.26	43.01	450m:	6:19.57 43.65	650m:	9:13.05 43.01
	100m:	1:17.15 41.07	300m:	4:08.44	43.18	500m:	7:03.11 43.54	700m:	9:56.87 43.82
	150m:	1:59.47 42.32	350m:	4:52.09	43.65	550m:	7:46.33 43.22	750m:	10:39.21 42.34
	200m:	2:42.25 42.78	400m:	5:35.92	43.83	600m:	8:30.04 43.71	800m:	11:19.45 40.24
13.	Luana Filipe, REIS		10	Alcobaca				11:21.55	343
	50m:	38.30 38.30	250m:	3:29.42	43.42	450m:	6:24.75 43.67	650m:	9:16.68 42.56
	100m:	1:19.61 41.31	300m:	4:13.34	43.92	500m:	7:08.47 43.72	700m:	9:59.36 42.68
	150m:	2:03.09 43.48	350m:	4:57.75	44.41	550m:	7:51.26 42.79	750m:	10:41.76 42.40
	200m:	2:46.00 42.91	400m:	5:41.08	43.33	600m:	8:34.12 42.86	800m:	11:21.55 39.79
14.	Mariana Sousa, OLIVEIRA		10	Alcobaca				11:46.28	308
	50m:	39.57 39.57	250m:	3:37.59	44.34	450m:	6:37.56 45.17	650m:	9:36.90 45.07
	100m:	1:23.67 44.10	300m:	4:22.77	45.18	500m:	7:21.79 44.23	700m:	10:21.30 44.40
	150m:	2:08.25 44.58	350m:	5:08.10	45.33	550m:	8:06.51 44.72	750m:	11:06.60 45.30
	200m:	2:53.25 45.00	400m:	5:52.39	44.29	600m:	8:51.83 45.32	800m:	11:46.28 39.68
DNS	Elisa Henriques, SOUTO		10	Óbidos					

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Infantil A
Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Francisca Moreira, FELICIANO		11	Alcobaca				10:29.96	435
	50m:	34.25 34.25	250m:	3:10.59	39.83	450m:	5:51.23 40.26	650m:	8:32.66 40.06
	100m:	1:12.79 38.54	300m:	3:50.05	39.46	500m:	6:31.48 40.25	700m:	9:13.61 40.95
	150m:	1:52.04 39.25	350m:	4:30.76	40.71	550m:	7:12.40 40.92	750m:	9:53.62 40.01
	200m:	2:30.76 38.72	400m:	5:10.97	40.21	600m:	7:52.60 40.20	800m:	10:29.96 36.34
2.	Maria Joao, VALA		11	Pimpoes/Cimai				10:31.18	432
	50m:	36.14 36.14	250m:	3:15.05	39.26	450m:	5:53.95 40.47	650m:	8:33.84 39.45
	100m:	1:15.62 39.48	300m:	3:54.60	39.55	500m:	6:33.74 39.79	700m:	9:14.23 40.39
	150m:	1:55.46 39.84	350m:	4:34.16	39.56	550m:	7:14.51 40.77	750m:	9:53.61 39.38
	200m:	2:35.79 40.33	400m:	5:13.48	39.32	600m:	7:54.39 39.88	800m:	10:31.18 37.57



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
3.	Leonor Mota, ALVES		11	Nautico Marinha Grande				10:46.54	402
	50m:	35.80 35.80	250m:	3:19.71	41.24	450m:	6:04.00 40.73	650m:	8:48.86 41.04
	100m:	1:16.17 40.37	300m:	4:01.05	41.34	500m:	6:45.06 41.06	700m:	9:29.44 40.58
	150m:	1:57.29 41.12	350m:	4:41.97	40.92	550m:	7:26.47 41.41	750m:	10:09.80 40.36
	200m:	2:38.47 41.18	400m:	5:23.27	41.30	600m:	8:07.82 41.35	800m:	10:46.54 36.74
4.	Mafalda Teles, SOUSA		11	Pimpoes/Cimai				10:53.40	390
	50m:	36.92 36.92	250m:	3:20.91	41.20	450m:	6:06.86 41.32	650m:	8:52.00 40.93
	100m:	1:17.74 40.82	300m:	4:02.56	41.65	500m:	6:48.22 41.36	700m:	9:33.34 41.34
	150m:	1:58.63 40.89	350m:	4:43.87	41.31	550m:	7:29.97 41.75	750m:	10:13.94 40.60
	200m:	2:39.71 41.08	400m:	5:25.54	41.67	600m:	8:11.07 41.10	800m:	10:53.40 39.46
5.	Carolina Silva, CASTANHEIRA		11	CNLeiria				10:57.29	383
	50m:	36.55 36.55	250m:	3:21.18	41.05	450m:	6:07.79 41.23	650m:	8:54.78 41.10
	100m:	1:16.78 40.23	300m:	4:02.97	41.79	500m:	6:49.37 41.58	700m:	9:37.38 42.60
	150m:	1:58.80 42.02	350m:	4:44.70	41.73	550m:	7:31.34 41.97	750m:	10:19.15 41.77
	200m:	2:40.13 41.33	400m:	5:26.56	41.86	600m:	8:13.68 42.34	800m:	10:57.29 38.14
6.	Mariana Sousa, MENDES		11	Alcobaca				11:01.02	376
	50m:	35.45 35.45	250m:	3:18.82	41.45	450m:	6:05.55 41.44	650m:	8:55.87 42.45
	100m:	1:15.17 39.72	300m:	4:00.10	41.28	500m:	6:48.33 42.78	700m:	9:38.48 42.61
	150m:	1:56.09 40.92	350m:	4:42.32	42.22	550m:	7:31.07 42.74	750m:	10:21.03 42.55
	200m:	2:37.37 41.28	400m:	5:24.11	41.79	600m:	8:13.42 42.35	800m:	11:01.02 39.99
7.	Cristiana Henriques, ALMEIDA		11	Benedita				11:25.37	338
	50m:	39.58 39.58	250m:	3:31.72	43.30	450m:	6:26.39 43.25	650m:	9:20.00 43.40
	100m:	1:21.63 42.05	300m:	4:15.94	44.22	500m:	7:10.10 43.71	700m:	10:02.28 42.28
	150m:	1:59.33 37.70	350m:	4:59.78	43.84	550m:	7:53.62 43.52	750m:	10:45.29 43.01
	200m:	2:48.42 49.09	400m:	5:43.14	43.36	600m:	8:36.60 42.98	800m:	11:25.37 40.08
8.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande				11:29.12	332
	50m:	37.35 37.35	250m:	3:33.42	44.88	450m:	6:32.44 44.56	650m:	9:29.72 43.71
	100m:	1:20.35 43.00	300m:	4:18.23	44.81	500m:	7:17.04 44.60	700m:	10:11.86 42.14
	150m:	2:04.10 43.75	350m:	5:03.47	45.24	550m:	8:02.15 45.11	750m:	10:52.38 40.52
	200m:	2:48.54 44.44	400m:	5:47.88	44.41	600m:	8:46.01 43.86	800m:	11:29.12 36.74
9.	Maria Leonor, ALMEIDA		11	Benedita				11:30.89	329
	50m:	36.56 36.56	250m:	3:27.06	44.71	450m:	6:25.64 46.34	650m:	9:22.44 43.38
	100m:	1:17.25 40.69	300m:	4:10.76	43.70	500m:	7:09.41 43.77	700m:	10:06.32 43.88
	150m:	1:59.05 41.80	350m:	4:54.72	43.96	550m:	7:54.58 45.17	750m:	10:50.06 43.74
	200m:	2:42.35 43.30	400m:	5:39.30	44.58	600m:	8:39.06 44.48	800m:	11:30.89 40.83
10.	Maria Santos, FONSECA		11	CNLeiria				11:48.38	306
	50m:	39.10 39.10	250m:	3:39.20	45.58	450m:	6:42.18 45.95	650m:	9:42.12 43.53
	100m:	1:23.12 44.02	300m:	4:24.78	45.58	500m:	7:26.98 44.80	700m:	10:24.81 42.69
	150m:	2:08.22 45.10	350m:	5:10.53	45.75	550m:	8:13.04 46.06	750m:	11:07.96 43.15
	200m:	2:53.62 45.40	400m:	5:56.23	45.70	600m:	8:58.59 45.55	800m:	11:48.38 40.42
11.	Isabela Maria, CARREIRA		11	Uniao Juncalense				11:58.82	292
	50m:	39.37 39.37	250m:	3:40.87	46.54	450m:	6:40.87 45.13	650m:	9:42.44 45.73
	100m:	1:24.19 44.82	300m:	4:26.08	45.21	500m:	7:26.30 45.43	700m:	10:28.65 46.21
	150m:	2:09.44 45.25	350m:	5:11.12	45.04	550m:	8:11.44 45.14	750m:	11:15.46 46.81
	200m:	2:54.33 44.89	400m:	5:55.74	44.62	600m:	8:56.71 45.27	800m:	11:58.82 43.36



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
12.	Leiriia Silviovna, TONKIKH		11	CNLeiria				12:03.18	287
	50m:	40.10 40.10	250m:	3:41.12	45.70	450m:	6:44.97 45.35	650m:	9:50.07 46.50
	100m:	1:24.55 44.45	300m:	4:27.44	46.32	500m:	7:31.04 46.07	700m:	10:36.00 45.93
	150m:	2:10.15 45.60	350m:	5:13.71	46.27	550m:	8:17.27 46.23	750m:	11:20.14 44.14
	200m:	2:55.42 45.27	400m:	5:59.62	45.91	600m:	9:03.57 46.30	800m:	12:03.18 43.04
13.	Isabela Lourenco, COSTA		11	Benedita				12:11.42	278
	50m:	39.03 39.03	250m:	3:40.45	45.69	450m:	6:46.46 46.93	650m:	9:54.83 46.87
	100m:	1:23.11 44.08	300m:	4:26.28	45.83	500m:	7:33.69 47.23	700m:	10:41.34 46.51
	150m:	2:08.66 45.55	350m:	5:12.87	46.59	550m:	8:21.34 47.65	750m:	11:27.86 46.52
	200m:	2:54.76 46.10	400m:	5:59.53	46.66	600m:	9:07.96 46.62	800m:	12:11.42 43.56
14.	Matilde Vitorino, FERREIRA		11	Naval de Peniche				12:21.87	266
	50m:	39.18 39.18	250m:	3:44.83	47.24	450m:	6:54.24 47.29	650m:	10:02.97 47.57
	100m:	1:24.62 45.44	300m:	4:32.22	47.39	500m:	7:40.85 46.61	700m:	10:50.72 47.75
	150m:	2:11.67 47.05	350m:	5:19.25	47.03	550m:	8:28.26 47.41	750m:	11:37.54 46.82
	200m:	2:57.59 45.92	400m:	6:06.95	47.70	600m:	9:15.40 47.14	800m:	12:21.87 44.33
15.	Erica Felix, RODRIGUES		11	Uniao Juncalense				12:45.69	242
	50m:	41.51 41.51	250m:	3:53.17	49.28	450m:	7:10.11 48.38	650m:	10:22.30 48.16
	100m:	1:27.60 46.09	300m:	4:42.35	49.18	500m:	7:57.38 47.27	700m:	11:12.01 49.71
	150m:	2:15.47 47.87	350m:	5:32.11	49.76	550m:	8:46.35 48.97	750m:	12:00.10 48.09
	200m:	3:03.89 48.42	400m:	6:21.73	49.62	600m:	9:34.14 47.79	800m:	12:45.69 45.59
16.	Kelly Simao, COSTA		11	Óbidos				13:45.05	193
	50m:	44.82 44.82	250m:	4:11.65	53.10	450m:	7:46.42 53.44	650m:	11:15.75 52.64
	100m:	1:34.45 49.63	300m:	5:04.52	52.87	500m:	8:38.99 52.57	700m:	12:07.49 51.74
	150m:	2:25.96 51.51	350m:	5:57.92	53.40	550m:	9:30.98 51.99	750m:	12:58.39 50.90
	200m:	3:18.55 52.59	400m:	6:52.98	55.06	600m:	10:23.11 52.13	800m:	13:45.05 46.66
DNS	Matilde Pinto, ANTUNES		11	Naval de Peniche					

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Infantil B
Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Laura Krempel, VARELA		12	Pimpoes/Cimai				11:19.34	347
	50m:	37.10 37.10	250m:	3:28.07	43.07	450m:	6:20.42 42.77	650m:	9:14.37 43.14
	100m:	1:19.46 42.36	300m:	4:11.49	43.42	500m:	7:04.16 43.74	700m:	9:57.79 43.42
	150m:	2:02.58 43.12	350m:	4:54.14	42.65	550m:	7:46.90 42.74	750m:	10:39.05 41.26
	200m:	2:45.00 42.42	400m:	5:37.65	43.51	600m:	8:31.23 44.33	800m:	11:19.34 40.29
2.	Emma, AVRAMESCU		12	Nautico Marinha Grande				11:35.76	323
	50m:	39.41 39.41	250m:	3:36.86	43.42	450m:	6:33.72 44.49	650m:	9:30.04 43.90
	100m:	1:23.76 44.35	300m:	4:20.24	43.38	500m:	7:18.20 44.48	700m:	10:12.36 42.32
	150m:	2:09.28 45.52	350m:	5:04.66	44.42	550m:	8:02.66 44.46	750m:	10:55.52 43.16
	200m:	2:53.44 44.16	400m:	5:49.23	44.57	600m:	8:46.14 43.48	800m:	11:35.76 40.24
3.	Ines Pinto, MARTINS		12	Pimpoes/Cimai				11:49.43	304
	50m:	40.01 40.01	250m:	3:38.04	45.05	450m:	6:40.10 44.78	650m:	9:40.35 43.72
	100m:	1:23.63 43.62	300m:	4:23.48	45.44	500m:	7:25.05 44.95	700m:	10:25.84 45.49
	150m:	2:08.15 44.52	350m:	5:09.12	45.64	550m:	8:10.61 45.56	750m:	11:08.21 42.37
	200m:	2:52.99 44.84	400m:	5:55.32	46.20	600m:	8:56.63 46.02	800m:	11:49.43 41.22



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil B

Lugar			Ano				Tempo final				Pts
4.	Beatriz Julio, CORREIA		12 CNLeiria				12:01.75				289
	50m:	40.37 40.37	250m:	3:44.25 45.90	450m:	6:48.53 45.77	650m:	9:49.49 45.11	800m:	12:01.75 42.84	
	100m:	1:25.51 45.14	300m:	4:29.67 45.42	500m:	7:33.73 45.20	700m:	10:34.12 44.63			
	150m:	2:12.48 46.97	350m:	5:16.72 47.05	550m:	8:19.13 45.40	750m:	11:18.91 44.79			
	200m:	2:58.35 45.87	400m:	6:02.76 46.04	600m:	9:04.38 45.25					
5.	Mafalda Varela, BERNARDINO		12 Alcobaca				12:04.31				286
	50m:	43.65 43.65	250m:	3:51.90 46.41	450m:	6:56.30 45.35	650m:	9:54.36 42.38	800m:	12:04.31 41.78	
	100m:	1:31.26 47.61	300m:	4:37.83 45.93	500m:	7:41.22 44.92	700m:	10:38.30 43.94			
	150m:	2:18.22 46.96	350m:	5:24.01 46.18	550m:	8:26.63 45.41	750m:	11:22.53 44.23			
	200m:	3:05.49 47.27	400m:	6:10.95 46.94	600m:	9:11.98 45.35					
6.	Julia Pinto, PINHEIRO		12 Pimpoes/Cimai				12:20.97				267
	50m:	41.81 41.81	250m:	3:47.43 46.14	450m:	6:57.27 47.85	650m:	10:04.33 46.07	800m:	12:20.97 43.67	
	100m:	1:27.40 45.59	300m:	4:34.99 47.56	500m:	7:43.98 46.71	700m:	10:50.56 46.23			
	150m:	2:14.20 46.80	350m:	5:22.16 47.17	550m:	8:30.15 46.17	750m:	11:37.30 46.74			
	200m:	3:01.29 47.09	400m:	6:09.42 47.26	600m:	9:18.26 48.11					
7.	Benedita Nunes, FELIX		12 Pimpoes/Cimai				12:38.83				249
	50m:	41.23 41.23	250m:	3:52.15 48.31	450m:	7:05.77 48.21	650m:	10:19.43 49.39	800m:	12:38.83 41.83	
	100m:	1:27.58 46.35	300m:	4:40.63 48.48	500m:	7:52.89 47.12	700m:	11:08.23 48.80			
	150m:	2:15.32 47.74	350m:	5:29.32 48.69	550m:	8:40.97 48.08	750m:	11:57.00 48.77			
	200m:	3:03.84 48.52	400m:	6:17.56 48.24	600m:	9:30.04 49.07					
8.	Maria Leonor, ASSUNCAO		12 Pimpoes/Cimai				12:53.07				235
	50m:	41.49 41.49	250m:	3:56.86 49.32	450m:	7:17.30 49.65	650m:	10:32.97 48.72	800m:	12:53.07 43.12	
	100m:	1:29.49 48.00	300m:	4:47.58 50.72	500m:	8:06.07 48.77	700m:	11:21.83 48.86			
	150m:	2:18.45 48.96	350m:	5:37.38 49.80	550m:	8:55.04 48.97	750m:	12:09.95 48.12			
	200m:	3:07.54 49.09	400m:	6:27.65 50.27	600m:	9:44.25 49.21					
9.	Rita Alexandra, JORDAO		12 Uniao Juncalense				13:20.82				211
	50m:	44.40 44.40	250m:	4:05.74 51.01	450m:	7:29.15 50.59	650m:	10:52.97 50.27	800m:	13:20.82 47.00	
	100m:	1:33.69 49.29	300m:	4:56.69 50.95	500m:	8:21.24 52.09	700m:	11:43.14 50.17			
	150m:	2:23.82 50.13	350m:	5:47.57 50.88	550m:	9:11.14 49.90	750m:	12:33.82 50.68			
	200m:	3:14.73 50.91	400m:	6:38.56 50.99	600m:	10:02.70 51.56					
10.	Mariana Duarte, ANTUNES		12 Alcobaca				13:38.90				198
	50m:	43.74 43.74	250m:	4:09.18 52.13	450m:	7:39.65 52.15	650m:	11:09.77 52.24	800m:	13:38.90 47.18	
	100m:	1:34.16 50.42	300m:	5:01.42 52.24	500m:	8:31.98 52.33	700m:	12:01.59 51.82			
	150m:	2:25.85 51.69	350m:	5:53.08 51.66	550m:	9:24.92 52.94	750m:	12:51.72 50.13			
	200m:	3:17.05 51.20	400m:	6:47.50 54.42	600m:	10:17.53 52.61					
11.	Iara Maria, CAMACHO		12 Óbidos				14:05.41				180
	50m:	44.49 44.49	250m:	4:13.36 53.32	450m:	7:49.06 54.51	650m:	11:25.05 52.83	800m:	14:05.41 52.88	
	100m:	1:35.34 50.85	300m:	5:06.93 53.57	500m:	8:42.96 53.90	700m:	12:16.93 51.88			
	150m:	2:28.27 52.93	350m:	6:00.52 53.59	550m:	9:38.64 55.68	750m:	13:12.53 55.60			
	200m:	3:20.04 51.77	400m:	6:54.55 54.03	600m:	10:32.22 53.58					
12.	Jessica Garcia, FERREIRA		12 Óbidos				14:13.53				175
	50m:	46.82 46.82	250m:	4:24.47 54.52	450m:	7:56.56 53.05	650m:	11:32.47 54.57	800m:	14:13.53 51.88	
	100m:	1:41.09 54.27	300m:	5:18.50 54.03	500m:	8:50.59 54.03	700m:	12:27.16 54.69			
	150m:	2:34.89 53.80	350m:	6:11.29 52.79	550m:	9:45.14 54.55	750m:	13:21.65 54.49			
	200m:	3:29.95 55.06	400m:	7:03.51 52.22	600m:	10:37.90 52.76					



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil B

Lugar			Ano			Tempo final	Pts	
13.	Maria Leonor, FERREIRA		12	Óbidos		14:31.30	164	
	50m:	46.44 46.44	250m:	4:25.10 55.80	450m:	8:07.25 54.95	650m:	11:51.78 55.69
	100m:	1:40.14 53.70	300m:	5:21.03 55.93	500m:	9:03.71 56.46	700m:	12:47.12 55.34
	150m:	2:34.89 54.75	350m:	6:16.98 55.95	550m:	10:00.19 56.48	750m:	13:41.48 54.36
	200m:	3:29.30 54.41	400m:	7:12.30 55.32	600m:	10:56.09 55.90	800m:	14:31.30 49.82
DNS	Constanca Santos, COUTINHO		12	Naval da Nazaré				

2 - Torneio Técnicas Combinadas Cadetes (Sessão da Tarde)

18/05/2024 - 18:00

Prova 3
18/05/2024 - 18:00

Femin., 25m Bruços

Cadete B
Resultados

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Diana Junqueira, QUINTAS		15	Nucleo de Pombal		31.67	72
2.	Sofia Pereria, FERREIRA		15	CNLeiria		31.78	71
3.	Maria Constanca, FERNANDES		15	Nucleo de Pombal		32.97	63
4.	Anghelina, LAZYNIUK		15	Uniao Juncalense		33.94	58
5.	Julia Frazao, OLIVEIRA		15	Óbidos		42.11	30
6.	Carolina Simoes, DIAS		15	Óbidos		56.20	12

Prova 3
18/05/2024 - 18:00

Femin., 25m Bruços

Cadete C
Resultados

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Lea Ferrinho, GRACA		16	CNLeiria		37.69	42

Prova 4
18/05/2024 - 18:02

Masc., 25m Bruços

Cadete A
Resultados

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts
1.	Rodrigo Jose, NEVES		12	Nucleo de Pombal		35.06	35



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 4, Masc., 25m Bruços

Prova 4 Masc., 25m Bruços Cadete B
18/05/2024 - 18:02 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Alexandre Botas, RIBEIRO	13	CNLeiria	27.81	70
2. Andrii, VARHALIUK	14	Naval de Peniche	33.10	41
3. Francisco Soares, REIS	14	Óbidos	51.70	10

Prova 4 Masc., 25m Bruços Cadete C
18/05/2024 - 18:02 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Bohdan, LAZYNIUK	15	Uniao Juncalense	33.44	40
2. Diogo Matos, CORREIA	15	Nucleo de Pombal	34.19	37

Prova 5 Femin., 50m Bruços Cadete A
18/05/2024 - 18:04 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Leonor Pinto, ROSARIO	13	Nautico Marinha Grande	48.01	206
2. Sofia Guilherme, CABREIRA	13	Óbidos	50.59	176
3. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	53.22	151
4. Sofia Leitao, SANTOS	13	Óbidos	59.34	109
5. Iris Sousa, BOITA	13	Benedita	1:01.83	96
6. Maria Gois, VALENTE	13	Nucleo de Ansião	1:05.91	79
DNS Ana Mota, SILVA	13	Óbidos		
DNS Joana Pereira, ÂNGELO	13	Pimpoes/Cimai		

Prova 5 Femin., 50m Bruços Cadete B
18/05/2024 - 18:04 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Ariana Mendes, DIAS	14	Nautico Marinha Grande	51.21	170
2. Mariana Santiago, FERREIRA	14	Uniao Juncalense	53.45	149
3. Miriam Amancio, RICARDO	14	Óbidos	57.50	120
4. Carolina, MINEIRO SANTOS	15	CNLeiria	57.72	118
5. Gabriella Fernandes, CARDOSO	14	Nautico Marinha Grande	58.24	115
6. Margarida Germano, SILVA	14	Alcobaca	58.80	112
7. Bianca Nunes, CARMO	14	Pimpoes/Cimai	59.34	109
8. Anais Campanico, HENRIQUES	14	Uniao Juncalense	59.48	108
9. Sofia Pereira, SILVA	14	Óbidos	59.59	107



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 5, Femin., 50m Bruços, Cadete B

Lugar	Ano		Tempo final	Pts
10. Ana Luiza, PINTO	14	Uniao Juncalense	1:00.57	102
11. Carlota Dias, RODRIGUES	14	Alcobaca	1:00.75	101
12. Constanca Alves, FONSECA	14	Alcobaca	1:01.22	99
13. Leonor Silva, TEOTONIO	14	Óbidos	1:01.39	98
14. Ines Silva, MARCIANO	14	Pimpoes/Cimai	1:01.85	96
15. Luna Santos, PROSPERO	15	Nautico Marinha Grande	1:01.99	95
16. Matilde Antunes, CEREJEIRO	14	Nucleo de Ansião	1:03.81	87
17. Carolina Duraes, GRANJA	15	Nautico Marinha Grande	1:05.21	82
18. Matilde Santos, PEREIRA	14	Óbidos	1:05.51	81
19. Maria Freire, DIAS	14	Nucleo de Ansião	1:06.34	78
20. Anna, NOVODVORSKA	15	Alcobaca	1:07.45	74
21. Madalena Silva, PERALTA	14	Alcobaca	1:09.56	67
22. Patricia Cristina, MARIANO	14	Alcobaca	1:22.76	40
DSQ Leonor Lourenco, SUBTIL	15	Benedita		
<i>A atleta efetuou uma pernada de bruços, seguida de uma pernada de mariposa, no percurso subaquático.</i>				
DSQ Matilde Simoes, GASPAR	14	Nucleo de Ansião		
<i>A atleta efetuou duas pernadas verticais após a partida.</i>				
DSQ Sara Pereira, SILVA	14	Óbidos		
<i>A atleta tocou com uma mão na viragem aos 25 metros.</i>				
DSQ Maria Francisca, SILVEIRA	14	Pimpoes/Cimai		
<i>A atleta tocou com as mãos alternadas na parede, na viragem aos 25 metros.</i>				
DSQ Carolina Pereira, DURAO	14	Alcobaca		
<i>A atleta tocou com uma mão na parede, na viragem aos 25 metros.</i>				
DSQ Alice Areias, MARIA	14	Alcobaca		
<i>A atleta efetuou dupla pernada de mariposa no percurso subaquático.</i>				
DNS Matilde Lisboa, ALMEIDA	14	Óbidos		

Prova 5
18/05/2024 - 18:04

Femin., 50m Bruços

Cadete C
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Maria Francisca, LOPES	16	Nautico Marinha Grande	59.27	109



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 6
18/05/2024 - 18:17

Masc., 50m Bruços

Cadete A
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Tomas Barata, ALVES	12	Nautico Marinha Grande	47.43	145
2. Gabriel Carvalho, SIMOES	12	Naval de Peniche	1:05.23	55
DSQ Salvador Almeida, MARQUES	12	Pimpoes/Cimai		
<i>O atleta tocou com uma mão na chegada.</i>				
DSQ Afonso Leitao, ROSA	12	Pimpoes/Cimai		
<i>O atleta efetuou várias pernadas verticais durante o percurso.</i>				
DNS Santiago Tomas, PAULO	12	Óbidos		
DNS Valerii, STRIELKOV	12	Uniao Juncalense		

Prova 6
18/05/2024 - 18:17

Masc., 50m Bruços

Cadete B
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Timur, MOLDERF	13	Nautico Marinha Grande	47.28	146
2. Francisco Meca, SILVA	14	Nautico Marinha Grande	48.07	139
3. Vladimir, DERELO	13	Nautico Marinha Grande	49.56	127
4. Hao Yang, CHENG	14	Nautico Marinha Grande	50.02	124
5. Andre Miranda, PEREIRA	13	Nautico Marinha Grande	51.47	113
6. Goncalo Gregorio, FARIAS	13	Nautico Marinha Grande	53.33	102
7. Afonso Miranda, PEREIRA	13	Nautico Marinha Grande	53.67	100
8. Miguel, CAINAC	13	Benedita	54.47	96
9. Simao Marques, PESTANA	13	Alcobaca	54.57	95
10. Tomas Madeira, BARBOSA	13	Naval de Peniche	54.81	94
11. Romeu Moraes, SANTOS	14	Nautico Marinha Grande	55.39	91
12. Gil Marques, CARREIRA	14	Uniao Juncalense	56.17	87
13. Diego Simao, SILVA	14	Uniao Juncalense	56.28	87
14. Bernardo Mendonca, SOUSA	14	Nautico Marinha Grande	56.31	86
15. Xavier Leitao, SANTOS	14	Óbidos	57.12	83
16. Salvador Mendonca, SOUSA	14	Nautico Marinha Grande	57.19	83
17. Angelo Poudeian, SILVA	14	Nautico Marinha Grande	58.10	79
18. Romeu Filipe, SOUSA	14	Nautico Marinha Grande	58.12	79
19. Tomas Cardoso, VIEIRA	14	Uniao Juncalense	58.76	76
20. Leonardo Costa, ANTUNES	14	Naval de Peniche	59.18	74
21. Simao, VIEIRA	14	Alcobaca	59.48	73
22. Tomas Santos, MATIAS	14	Alcobaca	59.53	73
23. Gabriel Silva, RIBEIRO	13	Alcobaca	59.74	72
24. Vladyslav, STARYNSKY	14	Benedita	1:00.63	69
25. Daniel Teixeira, MARTINS	13	Naval de Peniche	1:00.67	69
26. Bruno Miguel, POMBO	14	Alcobaca	1:01.04	68
27. Ricardo Pereira, LOPES	13	Nautico Marinha Grande	1:01.24	67



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 6, Masc., 50m Bruços, Cadete B

Lugar	Ano		Tempo final	Pts
28. Martim Vicente, ALEXANDRE	13	Naval de Peniche	1:02.60	63
29. Afonso Santos, ABREU	13	Nucleo de Ansião	1:02.72	62
30. Daniel Agripino, CARTAXO	14	Óbidos	1:03.73	60
31. Joao Machado, AFONSO	13	Pimpoes/Cimai	1:03.99	59
32. Bernardo Silva, QUINZICO	14	Nautico Marinha Grande	1:04.97	56
33. Maksym, POHONYAYCHENKO	14	Nautico Marinha Grande	1:06.05	53
34. Manuel Alves, ROCHA	13	Pimpoes/Cimai	1:13.27	39
DSQ Duarte Antonio, CRUZ	13	Benedita		
<i>Falsa partida (SW 4.4)</i>				
DSQ Vicente Maria, DUARTE	13	Pimpoes/Cimai		
<i>O atleta passou a linha das ancas com os braços durante o percurso.</i>				
DSQ Martim Raminhos, SILVA	14	Pimpoes/Cimai		
<i>Várias pernadas verticais após a viragem aos 25 metros.</i>				
DNS Gabriel Alexandre, REMIGIO	13	Pimpoes/Cimai		
DNS Marco Ferrador, PEREIRA	13	Nucleo de Pombal		

Prova 6

Masc., 50m Bruços

Cadete C

18/05/2024 - 18:17

Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Joao Souza, SILVA	15	Pimpoes/Cimai	58.25	78
2. Rodrigo Vendima, COELHO	15	Uniao Juncalense	59.11	75
3. Rafael Pereira, OLIVEIRA	15	Nautico Marinha Grande	59.48	73
4. Dilan Ferreira, SANTOS	15	Benedita	1:02.71	62
5. Guilherme Maria, RATO	15	Nautico Marinha Grande	1:04.36	58
DSQ Andre Araujo, MARQUES	15	Óbidos		
<i>O atleta efetuou movimento alternado de pernas, após a viragem aos 25 metros.</i>				
DSQ Afonso Sequeira, CARNEIRO	16	Pimpoes/Cimai		
<i>O atleta efetuou duas pernadas verticais durante o percurso subaquático.</i>				
DNS Manuel Matias, VAZAO	16	Uniao Juncalense		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 7 Femin., 100m Bruços Cadete A
18/05/2024 - 18:35 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Leal, ALVES 50m: 51.40 51.40 100m: 1:47.47 56.07	13 Alcobaca	1:47.47	195
2. Violeta Neves, SILVA 50m: 51.02 51.02 100m: 1:49.37 58.35	13 Nucleo de Pombal	1:49.37	185
3. Constanca Teopisto, CARVALHO 50m: 51.34 51.34 100m: 1:49.81 58.47	13 Alcobaca	1:49.81	183
4. Carolina Coutinho, FREIRE 50m: 51.10 51.10 100m: 1:51.50 1:00.40	13 Nucleo de Ansião	1:51.50	174
5. Emma Henriques, SOUTO 50m: 54.34 54.34 100m: 1:53.04 58.70	13 Óbidos	1:53.04	167
6. Maria Joao, OLIVEIRA 50m: 54.90 54.90 100m: 1:54.28 59.38	13 Alcobaca	1:54.28	162
7. Mariana Santos, VALENTIM 50m: 53.58 53.58 100m: 1:56.12 1:02.54	13 Pimpoes/Cimai	1:56.12	154
8. Amelie Alves, CARVALHO 50m: 54.81 54.81 100m: 1:58.39 1:03.58	13 Benedita	1:58.39	146
9. Elisa Rodrigues, SIMOES 50m: 59.56 59.56 100m: 2:02.84 1:03.28	13 Benedita	2:02.84	130
10. Catarina Franco, RODRIGUES 50m: 56.84 56.84 100m: 2:04.06 1:07.22	13 Naval de Peniche	2:04.06	127
11. Mafalda Amado, QUARESMA 50m: 59.17 59.17 100m: 2:05.84 1:06.67	13 Pimpoes/Cimai	2:05.84	121
12. Sara Machado, JANUARIO 50m: 57.36 57.36 100m: 2:07.22 1:09.86	13 Alcobaca	2:07.22	117

Prova 8 Masc., 100m Bruços Cadete A
18/05/2024 - 18:42 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 39.90 39.90 100m: 1:27.22 47.32	12 Alcobaca	1:27.22	254
2. Vasco Silvestre, ROCHA 50m: 47.19 47.19 100m: 1:28.97 41.78	12 Nautico Marinha Grande	1:28.97	239
3. Roberto Bento, CANAS 50m: 45.31 45.31 100m: 1:36.51 51.20	12 Pimpoes/Cimai	1:36.51	187



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 8, Masc., 100m Bruços, Cadete A

Lugar	Ano	Tempo final	Pts
4. Tomas Vieira, FIGUEIREDO 50m: 46.84 46.84 100m: 1:38.62 51.78	12 Alcobaca	1:38.62	176
Eduardo Manuel, FERREIRA 50m: 46.40 46.40 100m: 1:38.62 52.22	12 Nucleo de Pombal	1:38.62	176
6. Tikhon, SKRIPLCIN 50m: 48.54 48.54 100m: 1:43.43 54.89	12 Pimpoes/Cimai	1:43.43	152
7. Sebastian, PACHECO 50m: 51.90 51.90 100m: 1:49.11 57.21	12 Naval de Peniche	1:49.11	130
8. Joao Maria, TEMPERO 50m: 52.78 52.78 100m: 1:50.18 57.40	12 Pimpoes/Cimai	1:50.18	126
9. Nicolas, NOVODVORSKY 50m: 52.15 52.15 100m: 1:50.28 58.13	12 Alcobaca	1:50.28	125
10. Gabriel Sousa, GOMES 50m: 53.19 53.19 100m: 1:51.23 58.04	12 Óbidos	1:51.23	122
11. Rodrigo Miguel, ADAO 50m: 54.83 54.83 100m: 1:58.11 1:03.28	12 Óbidos	1:58.11	102
12. Joao Pedro, BELO 50m: 55.68 55.68 100m: 1:58.78 1:03.10	12 Nautico Marinha Grande	1:58.78	100
13. Lourenco Luis, RIBEIRO 50m: 55.00 55.00 100m: 1:59.55 1:04.55	12 Pimpoes/Cimai	1:59.55	98
14. Rodrigo Gandara, MARTINS 50m: 57.98 57.98 100m: 2:05.18 1:07.20	12 Nautico Marinha Grande	2:05.18	86
DSQ Guilherme Lopes, SIMOES <i>O atleta efetuou movimento de pernas alternado, após o percurso subaquático da partida.</i>	12 Nucleo de Ansião		
DSQ Martim Piedade, SANTOS <i>O atleta tocou com uma mão na viragem aos 50 metros.</i>	12 Pimpoes/Cimai		
DSQ Luis Gustavo, PINTO <i>O atleta tocou com uma mão na viragem aos 50 metros.</i>	12 Uniao Juncalense		
DNS Andrii, KISLIAKOV	12 Naval de Peniche		
DNS Duarte Costa, MADEIRA	12 Alcobaca		
DNS Matias Santos, RIBEIRO	12 Uniao Juncalense		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 9, Femin., 50m Costas com copo

Prova 9
18/05/2024 - 18:50
Femin., 50m Costas com copo
Cadete B
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Francisca Santos, MARTINS	14	Nucleo de Pombal	1:23.55	
2. Diana Junqueira, QUINTAS	15	Nucleo de Pombal	2:08.59	

Prova 9
18/05/2024 - 18:50
Femin., 50m Costas com copo
Cadete C
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Lea Ferrinho, GRACA	16	CNLeiria	1:45.87	
DNS Maria Luisa, OLIVEIRA	16	CNLeiria		

Prova 10
18/05/2024 - 18:53
Masc., 50m Costas com copo
Cadete B
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Guilherme Carvalho, FERREIRA	14	Nucleo de Pombal	2:04.59	
DNS Ivan, BEREKETA	14	Nucleo de Pombal		

Prova 10
18/05/2024 - 18:53
Masc., 50m Costas com copo
Cadete C
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Miguel Parreira, OLIVEIRA	15	CNLeiria	1:51.56	
2. Diogo Matos, CORREIA	15	Nucleo de Pombal	1:54.94	
3. Mason Rafael, ANTUNES	15	CNLeiria	2:14.58	

Prova 11
18/05/2024 - 18:56
Femin., 100m Estilos
Cadete A
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Leonor Pinto, ROSARIO	13	Nautico Marinha Grande	1:36.99	197
50m: 47.57 47.57	100m: 1:36.99	49.42		
2. Maria Leal, ALVES	13	Alcobaca	1:38.05	191
50m: 45.41 45.41	100m: 1:38.05	52.64		
3. Maria Joao, OLIVEIRA	13	Alcobaca	1:41.66	171
50m: 48.25 48.25	100m: 1:41.66	53.41		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 11, Femin., 100m Estilos, Cadete A

Lugar	Ano	Tempo final	Pts
4. Maria Luisa, CASTILLO	13	1:43.19	164
50m: 49.26 49.26	100m: 1:43.19	53.93	
5. Matilde Mamede, CECILIO	13	1:47.69	144
50m: 49.30 49.30	100m: 1:47.69	58.39	
6. Catarina Franco, RODRIGUES	13	1:49.78	136
50m: 51.50 51.50	100m: 1:49.78	58.28	
7. Carolina Coutinho, FREIRE	13	1:50.62	133
50m: 54.87 54.87	100m: 1:50.62	55.75	
8. Constanca Teopisto, CARVALHO	13	1:51.39	130
50m: 54.96 54.96	100m: 1:51.39	56.43	
9. Karolina, MARCHENKO	13	1:51.81	129
50m: 49.56 49.56	100m: 1:51.81	1:02.25	
Sara Machado, JANUARIO	13	1:51.81	129
50m: 50.78 50.78	100m: 1:51.81	1:01.03	
11. Maria Gois, VALENTE	13	2:05.16	92
50m: 57.20 57.20	100m: 2:05.16	1:07.96	
DSQ Matilde Carvalho, MADRUGO	13		
<i>A atleta nadou com uma fita no pé.</i>			

Prova 11

18/05/2024 - 18:56

Femin., 100m Estilos

Cadete B
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriella Fernandes, CARDOSO	14	1:41.03	174
50m: 45.56 45.56	100m: 1:41.03	55.47	
2. Ariana Mendes, DIAS	14	1:41.25	173
50m: 47.15 47.15	100m: 1:41.25	54.10	
3. Carolina Pereira, DURAO	14	1:42.76	166
50m: 47.63 47.63	100m: 1:42.76	55.13	
4. Constanca Sequeira, CARNEIRO	14	1:46.78	148
50m: 49.00 49.00	100m: 1:46.78	57.78	
5. Margarida Germano, SILVA	14	1:47.84	143
50m: 50.62 50.62	100m: 1:47.84	57.22	
6. Luna Santos, PROSPERO	15	1:54.84	119
50m: 52.13 52.13	100m: 1:54.84	1:02.71	
7. Sofia Rosa, FERREIRA	15	1:55.18	118
50m: 52.18 52.18	100m: 1:55.18	1:03.00	
8. Eva Victoria, FERREIRA	14	1:55.38	117
50m: 56.03 56.03	100m: 1:55.38	59.35	



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 11, Femin., 100m Estilos, Cadete B

Lugar	Ano	Tempo final	Pts
9. Maria Constanca, BASILIO 50m: 54.75 54.75 100m: 1:55.93 1:01.18	14 Pimpoes/Cimai	1:55.93	115
10. Constanca Alves, FONSECA 50m: 59.53 59.53 100m: 1:59.86 1:00.33	14 Alcobaca	1:59.86	104
11. Anais Campanico, HENRIQUES 50m: 56.43 56.43 100m: 1:59.91 1:03.48	14 Uniao Juncalense	1:59.91	104
12. Carlota Dias, RODRIGUES 50m: 55.50 55.50 100m: 2:00.96 1:05.46	14 Alcobaca	2:00.96	101
13. Carolina, MINEIRO SANTOS 50m: 57.20 57.20 100m: 2:03.16 1:05.96	15 CNLeiria	2:03.16	96
14. Maria Freire, DIAS 50m: 56.57 56.57 100m: 2:03.84 1:07.27	14 Nucleo de Ansião	2:03.84	95
15. Madalena Silva, PERALTA 50m: 59.06 59.06 100m: 2:05.10 1:06.04	14 Alcobaca	2:05.10	92
16. Alice Areias, MARIA 50m: 1:04.37 1:04.37 100m: 2:14.79 1:10.42	14 Alcobaca	2:14.79	73
17. Matilde Antunes, CEREJEIRO 50m: 1:05.37 1:05.37 100m: 2:15.33 1:09.96	14 Nucleo de Ansião	2:15.33	72
DSQ Matilde Simoes, GASPAR <i>A atleta iniciou o percurso no estilo de crol, em vez de mariposa, nas primeiras duas braçadas.</i>	14 Nucleo de Ansião		
DSQ Miriam Amancio, RICARDO <i>A atleta perdeu a posição dorsal antes da viragem aos 50 metros.</i>	14 Óbidos		
DSQ Patricia Cristina, MARIANO <i>A atleta tocou com uma mão na parede na viragem aos 75 metros.</i>	14 Alcobaca		
DSQ Anna, NOVODVORSKA <i>A atleta efetuou uma braçada de bruços no percurso subaquático após a partida.</i>	15 Alcobaca		
DNS Beatriz Silva, SANTOS	14 Benedita		
DNS Yara Silva, SANTOS	14 Benedita		

Prova 11 Femin., 100m Estilos Cadete C
18/05/2024 - 18:56 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Francisca, LOPES 50m: 55.44 55.44 100m: 1:56.97 1:01.53	16 Nautico Marinha Grande	1:56.97	112



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 12
18/05/2024 - 19:10

Masc., 100m Estilos

Cadete A
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 32.56 32.56 100m: 1:12.87 40.31	12 Alcobaca	1:12.87	309
2. Vasco Silvestre, ROCHA 50m: 33.33 33.33 100m: 1:14.83 41.50	12 Nautico Marinha Grande	1:14.83	285
3. Tomas Vieira, FIGUEIREDO 50m: 42.36 42.36 100m: 1:29.96 47.60	12 Alcobaca	1:29.96	164
4. Tomas Barata, ALVES 50m: 43.38 43.38 100m: 1:31.88 48.50	12 Nautico Marinha Grande	1:31.88	154
5. Joao Pedro, BELO 50m: 46.03 46.03 100m: 1:38.60 52.57	12 Nautico Marinha Grande	1:38.60	124
6. Nicolas, NOVODVORSKY 50m: 46.68 46.68 100m: 1:38.78 52.10	12 Alcobaca	1:38.78	124
7. Rodrigo Gandara, MARTINS 50m: 56.20 56.20 100m: 1:59.60 1:03.40	12 Nautico Marinha Grande	1:59.60	69
DNS Duarte Costa, MADEIRA	12 Alcobaca		

Prova 12
18/05/2024 - 19:10

Masc., 100m Estilos

Cadete B
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Vladyslav, DVIRNYI 50m: 37.75 37.75 100m: 1:23.37 45.62	13 Nucleo de Pombal	1:23.37	206
2. Timur, MOLDERF 50m: 40.44 40.44 100m: 1:28.83 48.39	13 Nautico Marinha Grande	1:28.83	170
3. Francisco Meca, SILVA 50m: 43.82 43.82 100m: 1:32.75 48.93	14 Nautico Marinha Grande	1:32.75	149
4. Tiago Amancio, LEAL 50m: 43.21 43.21 100m: 1:33.17 49.96	13 Naval de Peniche	1:33.17	147
5. Vladimir, DERELO 50m: 43.80 43.80 100m: 1:36.17 52.37	13 Nautico Marinha Grande	1:36.17	134
6. Belchior Martins, BALTAZAR 50m: 45.69 45.69 100m: 1:37.22 51.53	13 Naval de Peniche	1:37.22	130
7. Hao Yang, CHENG 50m: 45.79 45.79 100m: 1:38.33 52.54	14 Nautico Marinha Grande	1:38.33	125
8. Goncalo Gregorio, FARIAS 50m: 46.87 46.87 100m: 1:41.35 54.48	13 Nautico Marinha Grande	1:41.35	114



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 12, Masc., 100m Estilos, Cadete B

Lugar	Ano	Tempo final	Pts
9. Simao Marques, PESTANA 50m: 46.72 46.72 100m: 1:42.97 56.25	13 Alcobaca	1:42.97	109
10. Xavier Leitao, SANTOS 50m: 47.55 47.55 100m: 1:43.40 55.85	14 Óbidos	1:43.40	108
11. Afonso Santos, ABREU 50m: 48.89 48.89 100m: 1:46.18 57.29	13 Nucleo de Ansião	1:46.18	99
12. Afonso Daniel, BRITO 50m: 50.76 50.76 100m: 1:46.44 55.68	14 Pimpoes/Cimai	1:46.44	99
13. Ricardo Pereira, LOPES 50m: 48.65 48.65 100m: 1:46.75 58.10	13 Nautico Marinha Grande	1:46.75	98
14. Bernardo Mendonca, SOUSA 50m: 51.22 51.22 100m: 1:46.90 55.68	14 Nautico Marinha Grande	1:46.90	97
15. Simao, VIEIRA 50m: 51.13 51.13 100m: 1:47.98 56.85	14 Alcobaca	1:47.98	95
16. Mateus Matos, MORADO 50m: 49.44 49.44 100m: 1:48.97 59.53	14 CNLeiria	1:48.97	92
17. Gabriel Silva, RIBEIRO 50m: 51.76 51.76 100m: 1:50.62 58.86	13 Alcobaca	1:50.62	88
18. Aleksandr Dmitrievich, DENISOV 50m: 52.31 52.31 100m: 1:51.21 58.90	13 CNLeiria	1:51.21	87
19. Afonso Miranda, PEREIRA 50m: 52.94 52.94 100m: 1:51.91 58.97	13 Nautico Marinha Grande	1:51.91	85
20. Salvador Mendonca, SOUSA 50m: 55.21 55.21 100m: 1:54.25 59.04	14 Nautico Marinha Grande	1:54.25	80
21. Tomas Cardoso, VIEIRA 50m: 52.73 52.73 100m: 1:54.51 1:01.78	14 Uniao Juncalense	1:54.51	79
22. Sanshu, TONKIKH 50m: 55.73 55.73 100m: 2:02.50 1:06.77	13 CNLeiria	2:02.50	65
23. Bruno Miguel, POMBO 50m: 58.92 58.92 100m: 2:04.78 1:05.86	14 Alcobaca	2:04.78	61
24. Maksym, POHONYAYCHENKO 50m: 57.91 57.91 100m: 2:07.23 1:09.32	14 Nautico Marinha Grande	2:07.23	58
DSQ Andre Miranda, PEREIRA <i>O atleta efetuou movimento de pernas alternado, no percurso subaquático após a partida.</i>	13 Nautico Marinha Grande		
DSQ Romeu Moraes, SANTOS <i>O atleta não terminou o percurso de costas na posição dorsal.</i>	14 Nautico Marinha Grande		
DSQ Matheus Silva, SANTOS <i>O atleta perdeu a posição dorsal, antes da viragem para Bruços.</i>	14 Pimpoes/Cimai		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 12, Masc., 100m Estilos, Cadete B

Lugar	Ano	Tempo final	Pts
DSQ Tomas Madeira, BARBOSA	13 Naval de Peniche		
<i>Após a viragem aos 25 metros, o atleta perdeu a posição dorsal.</i>			
DSQ Tomas Santos, MATIAS	14 Alcobaca		
<i>O atleta não tocou com as mãos em simultâneo na viragem aos 75 metros.</i>			
DNS Gabriel Garcia, FERNANDES	13 Naval de Peniche		
DNS Vasco Ramos, NUNES	13 Naval de Peniche		

Prova 12 Masc., 100m Estilos Cadete C
18/05/2024 - 19:10 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Rafael Pereira, OLIVEIRA	15 Nautico Marinha Grande	1:48.51	93
50m: 50.43 50.43 100m: 1:48.51 58.08			
2. Guilherme Maria, RATO	15 Nautico Marinha Grande	1:54.38	79
50m: 49.16 49.16 100m: 1:54.38 1:05.22			
DSQ Rodrigo Vendima, COELHO	15 Uniao Juncalense		
<i>O atleta iniciou o percurso de costas, na posição ventral.</i>			

Prova 13 Femin., 25m Livres Cadete B
18/05/2024 - 19:28 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Constanca, FERNANDES	15 Nucleo de Pombal	20.75	128
2. Carolina Duraes, GRANJA	15 Nautico Marinha Grande	24.65	76
3. Carolina Simoes, DIAS	15 Óbidos	29.89	42
4. Julia Frazao, OLIVEIRA	15 Óbidos	30.30	41
5. Camila Maria, CATARINO	15 Benedita	31.45	36

Prova 13 Femin., 25m Livres Cadete C
18/05/2024 - 19:28 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
DNS Maria Luisa, OLIVEIRA	16 CNLeiria		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 14, Masc., 25m Livres

Prova 14 Masc., 25m Livres Cadete B
18/05/2024 - 19:30 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Romeu Filipe, SOUSA	14	Nautico Marinha Grande	19.98	93
2. Daniel Teixeira, MARTINS	13	Naval de Peniche	20.20	90
3. Angelo Poudeian, SILVA	14	Nautico Marinha Grande	20.38	88
4. Bernardo Silva, QUINZICO	14	Nautico Marinha Grande	21.07	80
5. Guilherme Carvalho, FERREIRA	14	Nucleo de Pombal	23.75	55
6. Leonardo Costa, ANTUNES	14	Naval de Peniche	24.12	53
7. Francisco Soares, REIS	14	Óbidos	30.03	27
DNS Ivan, BEREKETA	14	Nucleo de Pombal		

Prova 15 Femin., 50m Livres Cadete A
18/05/2024 - 19:32 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Sofia Leitao, SANTOS	13	Óbidos	41.21	172
2. Sofia Guilherme, CABREIRA	13	Óbidos	43.12	150
3. Luiza Fernandes, SILVA	13	Uniao Juncalense	48.22	107
4. Joana Andre, MAIA	13	Uniao Juncalense	48.43	106
DSQ Matilde Carvalho, MADRUGO	13	Pimpoes/Cimai		
<i>A atleta nadou com uma fita no pé.</i>				
DNS Ana Mota, SILVA	13	Óbidos		
DNS Joana Pereira, ÂNGELO	13	Pimpoes/Cimai		

Prova 15 Femin., 50m Livres Cadete B
18/05/2024 - 19:32 Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Francisca Santos, MARTINS	14	Nucleo de Pombal	42.90	152
2. Leonor Silva, TEOTONIO	14	Óbidos	48.14	108
3. Maria Constanca, BASILIO	14	Pimpoes/Cimai	48.69	104
4. Bianca Nunes, CARMO	14	Pimpoes/Cimai	49.22	101
5. Sofia Pereira, SILVA	14	Óbidos	49.99	96
6. Matilde Santos, PEREIRA	14	Óbidos	50.19	95
7. Sofia Rosa, FERREIRA	15	Naval de Peniche	50.50	93
8. Sara Pereira, SILVA	14	Óbidos	53.15	80
9. Maria Francisca, SILVEIRA	14	Pimpoes/Cimai	55.15	71
10. Ines Silva, MARCIANO	14	Pimpoes/Cimai	55.81	69
11. Sofia Pereria, FERREIRA	15	CNLeiria	56.44	67



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 15, Femin., 50m Livres, Cadete B

Lugar	Ano	Tempo final	Pts
12. Lara Luis, PIRES	15 Benedita	1:19.06	24
DNS Matilde Lisboa, ALMEIDA	14 Óbidos		

Prova 16 Masc., 50m Livres Cadete A
18/05/2024 - 19:38 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Gabriel Carvalho, SIMOES	12 Naval de Peniche	51.22	60
2. Rodrigo Jose, NEVES	12 Nucleo de Pombal	52.18	57
3. Afonso Leitao, ROSA	12 Pimpoes/Cimai	58.45	41
DSQ Salvador Almeida, MARQUES	12 Pimpoes/Cimai		
<i>Falsa partida (SW 4.4)</i>			

Prova 16 Masc., 50m Livres Cadete B
18/05/2024 - 19:38 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Daniel Agripino, CARTAXO	14 Óbidos	48.02	73
2. Martim Vicente, ALEXANDRE	13 Naval de Peniche	48.84	70
3. Vicente Maria, DUARTE	13 Pimpoes/Cimai	51.35	60
4. Martim Raminhos, SILVA	14 Pimpoes/Cimai	57.40	43
DSQ Joao Machado, AFONSO	13 Pimpoes/Cimai		
<i>Falsa partida (SW 4.4)</i>			
DSQ Manuel Alves, ROCHA	13 Pimpoes/Cimai		
<i>Na viragem aos 25 metros, o atleta não tocou na parede.</i>			
DSQ Vasco Ramos, NUNES	13 Naval de Peniche		
<i>Falsa partida (SW 4.4)</i>			
DSQ Andrii, VARHALIUK	14 Naval de Peniche		
<i>Falsa partida (SW 4.4)</i>			
DNS Gabriel Alexandre, REMIGIO	13 Pimpoes/Cimai		
DNS Marco Ferrador, PEREIRA	13 Nucleo de Pombal		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 16, Masc., 50m Livres

Prova 16 Masc., 50m Livres Cadete C
18/05/2024 - 19:38 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Andre Araujo, MARQUES	15 Óbidos	50.42	63
2. Miguel Parreira, OLIVEIRA	15 CNLeiria	53.04	54
3. Pietro Jader, CARRILHO	16 Benedita	1:01.79	34
4. Afonso Sequeira, CARNEIRO	16 Pimpoes/Cimai	1:03.37	32
DSQ Mason Rafael, ANTUNES	15 CNLeiria		

O atleta não tocou na parede na viragem aos 25 metros.

Prova 17 Femin., 100m Livres Cadete A
18/05/2024 - 19:44 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Karolina, MARCHENKO	13 Pimpoes/Cimai	1:40.44	125
50m: 47.72 47.72	100m: 1:40.44	52.72	
2. Matilde Mamede, CECILIO	13 Naval de Peniche	1:44.52	111
50m: 48.14 48.14	100m: 1:44.52	56.38	
3. Mariana Santos, VALENTIM	13 Pimpoes/Cimai	1:44.69	110
50m: 47.30 47.30	100m: 1:44.69	57.39	
4. Iris Sousa, BOITA	13 Benedita	1:46.63	104
50m: 50.42 50.42	100m: 1:46.63	56.21	

Prova 17 Femin., 100m Livres Cadete B
18/05/2024 - 19:44 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Mariana Santiago, FERREIRA	14 Uniao Juncalense	1:34.93	148
50m: 44.93 44.93	100m: 1:34.93	50.00	
2. Ana Luiza, PINTO	14 Uniao Juncalense	1:39.17	130
50m: 45.03 45.03	100m: 1:39.17	54.14	
3. Constanca Sequeira, CARNEIRO	14 Pimpoes/Cimai	1:41.91	119
50m: 47.76 47.76	100m: 1:41.91	54.15	
4. Eva Victoria, FERREIRA	14 Pimpoes/Cimai	1:47.41	102
50m: 51.26 51.26	100m: 1:47.41	56.15	
5. Leonor Lourenco, SUBTIL	15 Benedita	1:58.50	76
50m: 53.81 53.81	100m: 1:58.50	1:04.69	
DNS Beatriz Silva, SANTOS	14 Benedita		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 17, Femin., 100m Livres, Cadete B

Lugar	Ano	Tempo final	Pts
DNS Yara Silva, SANTOS	14 Benedita		

Prova 18 Masc., 100m Livres Cadete A
18/05/2024 - 19:50 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Lourenco Luis, RIBEIRO 50m: 40.38 40.38 100m: 1:31.13	12 Pimpoes/Cimai	1:31.13	119
DNS Santiago Tomas, PAULO	12 Óbidos		
DNS Andrii, KISLIAKOV	12 Naval de Peniche		

Prova 18 Masc., 100m Livres Cadete B
18/05/2024 - 19:50 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Vladyslav, DVIRNYY 50m: 37.28 37.28 100m: 1:15.74	13 Nucleo de Pombal	1:15.74	207
2. Tiago Amancio, LEAL 50m: 43.11 43.11 100m: 1:27.72	13 Naval de Peniche	1:27.72	133
3. Matheus Silva, SANTOS 50m: 43.12 43.12 100m: 1:28.92	14 Pimpoes/Cimai	1:28.92	128
4. Miguel, CAINAC 50m: 40.54 40.54 100m: 1:29.40	13 Benedita	1:29.40	126
5. Belchior Martins, BALTAZAR 50m: 44.66 44.66 100m: 1:31.62	13 Naval de Peniche	1:31.62	117
6. Afonso Daniel, BRITO 50m: 43.92 43.92 100m: 1:32.57	14 Pimpoes/Cimai	1:32.57	113
7. Mateus Matos, MORADO 50m: 45.56 45.56 100m: 1:34.03	14 CNLeiria	1:34.03	108
8. Aleksandr Dmitrievich, DENISOV 50m: 45.39 45.39 100m: 1:42.46	13 CNLeiria	1:42.46	83
9. Alexandre Botas, RIBEIRO 50m: 49.38 49.38 100m: 1:45.66	13 CNLeiria	1:45.66	76
10. Sanshu, TONKIKH 50m: 47.18 47.18 100m: 1:49.02 1:01.84	13 CNLeiria	1:49.02	69
11. Vladyslav, STARYNSKYY 50m: 48.96 48.96 100m: 1:49.14 1:00.18	14 Benedita	1:49.14	69



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 18, Masc., 100m Livres, Cadete B

Lugar	Ano	Tempo final	Pts
12. Duarte Antonio, CRUZ 50m: 52.41 52.41 100m: 1:51.88 59.47	13 Benedita	1:51.88	64
13. Gil Marques, CARREIRA 50m: 54.37 54.37 100m: 1:58.80 1:04.43	14 Uniao Juncalense	1:58.80	53
DSQ Diego Simao, SILVA <i>Falsa partida (SW 4.4)</i>	14 Uniao Juncalense		
DNS Gabriel Garcia, FERNANDES	13 Naval de Peniche		

Prova 18 Masc., 100m Livres Cadete C
18/05/2024 - 19:50 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joao Souza, SILVA 50m: 49.44 49.44 100m: 1:40.55 51.11	15 Pimpoes/Cimai	1:40.55	88
2. Dilan Ferreira, SANTOS 50m: 58.44 58.44 100m: 2:10.41 1:11.97	15 Benedita	2:10.41	40

Prova 19 Femin., 200m Estilos Cadete A
18/05/2024 - 19:58 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Emma Henriques, SOUTO 50m: 49.53 49.53 100m: 1:40.68 51.15 150m: 2:44.06 1:03.38 200m: 3:34.04 49.98	13 Óbidos	3:34.04	184
2. Violeta Neves, SILVA 50m: 52.34 52.34 100m: 1:47.49 55.15 150m: 2:48.59 1:01.10 200m: 3:37.57 48.98	13 Nucleo de Pombal	3:37.57	175
3. Elisa Rodrigues, SIMOES 50m: 58.06 58.06 100m: 1:58.03 59.97 150m: 3:04.96 1:06.93 200m: 3:55.89 50.93	13 Benedita	3:55.89	137
4. Mafalda Amado, QUARESMA 50m: 57.42 57.42 100m: 2:00.03 1:02.61 150m: 3:07.06 1:07.03 200m: 3:58.10 51.04	13 Pimpoes/Cimai	3:58.10	134
5. Amelie Alves, CARVALHO 50m: 1:11.48 1:11.48 100m: 2:20.68 1:09.20 150m: 3:23.28 1:02.60 200m: 4:31.59 1:08.31	13 Benedita	4:31.59	90



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 20 Masc., 200m Estilos Cadete A
18/05/2024 - 20:04 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Martim Piedade, SANTOS 50m: 39.19 39.19	12 Pimpoes/Cimai	3:05.56	206
2. Eduardo Manuel, FERREIRA 50m: 41.41 41.41	12 Nucleo de Pombal	3:12.84	183
3. Roberto Bento, CANAS 50m: 44.91 44.91	12 Pimpoes/Cimai	3:18.32	168
4. Sebastian, PACHECO 50m: 50.85 50.85	12 Naval de Peniche	3:24.13	154
5. Gabriel Sousa, GOMES 50m: 46.76 46.76	12 Óbidos	3:25.07	152
6. Guilherme Lopes, SIMOES 50m: 47.60 47.60	12 Nucleo de Ansião	3:27.35	147
7. Joao Maria, TEMPERO 50m: 47.48 47.48	12 Pimpoes/Cimai	3:27.98	146
8. Luis Gustavo, PINTO 50m: 1:00.89 1:00.89	12 Uniao Juncalense	4:09.42	84
DSQ Rodrigo Miguel, ADAO	12 Óbidos		
<i>O atleta efetuou movimento de pernas alternado, durante o percurso de mariposa.</i>			
DSQ Tikhon, SKRIPLCIN	12 Pimpoes/Cimai		
<i>O atleta não tocou com as duas mão na viragem aos 150 metros.</i>			
DNS Matias Santos, RIBEIRO	12 Uniao Juncalense		

Prova 21 Misto, 4 x 50m Costas Cadetes (A+B+C)
18/05/2024 - 20:12 Resultados

Pontos: FINA 2023

Lugar	Tempo final	Pts
1. NDAP CAD Francisca Santos, MARTINS Eduardo Manuel, FERREIRA	Nucleo de Pombal 51.98 Violeta Neves, SILVA 44.75 Vladislav, DVIRNYY	3:05.96 13 49.83 13 39.40
2. OC CAD Emma Henriques, SOUTO Sofia Guilherme, CABREIRA	Óbidos 43.57 Rodrigo Miguel, ADAO 48.54 Gabriel Sousa, GOMES	3:08.51 12 51.17 12 45.23
3. URDJ CAD Luis Gustavo, PINTO Ana Luiza, PINTO	Uniao Juncalense 51.13 Rodrigo Vendima, COELHO 51.03 Mariana Santiago, FERREIRA	3:24.13 15 53.40 14 48.57



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 21, Misto, 4 x 50m Costas, Cadetes (A+B+C)

Lugar				Tempo final	Pts
4.	OC CAD		Óbidos	3:24.62	
	Xavier Leitao, SANTOS	14	48.09 Sofia Leitao, SANTOS	13	49.04
	Leonor Silva, TEOTONIO	14	55.28 Daniel Agripino, CARTAXO	14	52.21
5.	CNPE CAD		Naval de Peniche	3:28.29	
	Catarina Franco, RODRIGUES	13	54.65 Matilde Mamede, CECILIO	13	52.92
	Gabriel Carvalhal, SIMOES	12	59.16 Sebastian, PACHECO	12	41.56
6.	URDJ CAD		Uniao Juncalense	3:49.71	
	Tomas Cardoso, VIEIRA	14	51.66 Luiza Fernandes, SILVA	13	1:01.93
	Anais Campanico, HENRIQUES	14	1:00.75 Gil Marques, CARREIRA	14	55.37
EXH	CNPE EXTRA		Naval de Peniche	3:19.47	
	Sofia Rosa, FERREIRA	15	53.40 Belchior Martins, BALTAZAR	13	46.28
	Tomas Madeira, BARBOSA	13	55.47 Tiago Amancio, LEAL	13	44.32
EXH	OC CAD		Óbidos	3:47.66	
	Sara Pereira, SILVA	14	57.23 Andre Araujo, MARQUES	15	52.90
	Matilde Santos, PEREIRA	14	1:00.90 Sofia Pereira, SILVA	14	56.63
EXH	CNPE EXTRA		Naval de Peniche	4:01.18	
	Daniel Teixeira, MARTINS	13	59.69 Leonardo Costa, ANTUNES	14	1:05.22
	Andrii, VARHALIUK	14	58.34 Martim Vicente, ALEXANDRE	13	57.93



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

3 - 2ª Jornada - Torneio de Fundo (Sessão da Manhã)

19/05/2024 - 9:00

Prova 22 Femin., 400m Estilos Juvenil A
19/05/2024 - 9:00 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	5:15.22	554
50m: 34.84 34.84	150m: 1:55.12 40.30	250m: 3:19.29 43.50	350m: 4:40.09 35.76
100m: 1:14.82 39.98	200m: 2:35.79 40.67	300m: 4:04.33 45.04	400m: 5:15.22 35.13
2. Constanca Baptista, TOMAS	09 Alcobaca	5:20.03	529
50m: 33.16 33.16	150m: 1:54.18 43.13	250m: 3:22.47 46.26	350m: 4:45.37 35.51
100m: 1:11.05 37.89	200m: 2:36.21 42.03	300m: 4:09.86 47.39	400m: 5:20.03 34.66
3. Clara Sobreiro, RODRIGUES	09 Pimpoes/Cimai	5:46.77	416
50m: 37.64 37.64	150m: 2:05.04 44.29	250m: 3:37.94 49.87	350m: 5:08.89 40.25
100m: 1:20.75 43.11	200m: 2:48.07 43.03	300m: 4:28.64 50.70	400m: 5:46.77 37.88
4. Mariana Sousa, MARQUES	09 Alcobaca	5:57.60	379
50m: 36.19 36.19	150m: 2:06.34 49.22	250m: 3:44.10 50.42	350m: 5:17.71 41.12
100m: 1:17.12 40.93	200m: 2:53.68 47.34	300m: 4:36.59 52.49	400m: 5:57.60 39.89
5. Anjali, RAICAR	09 Naval de Peniche	6:32.37	287
50m: 39.40 39.40	150m: 2:20.25 51.29	250m: 4:05.05 54.77	350m: 5:49.30 47.39
100m: 1:28.96 49.56	200m: 3:10.28 50.03	300m: 5:01.91 56.86	400m: 6:32.37 43.07
DNS Zofie, PACHECO	09 Naval de Peniche		

Prova 22 Femin., 400m Estilos Juvenil B
19/05/2024 - 9:00 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	5:42.01	433
50m: 36.11 36.11	150m: 2:00.78 42.51	250m: 3:32.07 50.66	350m: 5:05.54 40.40
100m: 1:18.27 42.16	200m: 2:41.41 40.63	300m: 4:25.14 53.07	400m: 5:42.01 36.47
2. Matilde Santos, VIEIRA	10 Nautico Marinha Grande	5:43.03	430
50m: 35.42 35.42	150m: 2:03.35 46.07	250m: 3:38.45 50.64	350m: 5:06.44 37.89
100m: 1:17.28 41.86	200m: 2:47.81 44.46	300m: 4:28.55 50.10	400m: 5:43.03 36.59
3. Vida Sofia, VELEZ	10 Ba-Leiria	5:48.96	408
50m: 40.74 40.74	150m: 2:12.55 44.05	250m: 3:42.46 49.47	350m: 5:11.26 39.86
100m: 1:28.50 47.76	200m: 2:52.99 40.44	300m: 4:31.40 48.94	400m: 5:48.96 37.70
4. Barbara Balbino, MENDES	10 Naval de Peniche	5:49.17	407
50m: 36.31 36.31	150m: 2:03.98 45.37	250m: 3:40.56 52.06	350m: 5:12.13 38.06
100m: 1:18.61 42.30	200m: 2:48.50 44.52	300m: 4:34.07 53.51	400m: 5:49.17 37.04
5. Diana Isabel, ALVES	10 Pimpoes/Cimai	5:50.13	404
50m: 38.29 38.29	150m: 2:06.60 44.17	250m: 3:41.61 51.93	350m: 5:12.67 39.18
100m: 1:22.43 44.14	200m: 2:49.68 43.08	300m: 4:33.49 51.88	400m: 5:50.13 37.46



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 22, Femin., 400m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
6. Bianca Balbino, MENDES	10	5:57.22	380
50m: 39.46 39.46	150m: 2:10.24 44.45	250m: 3:45.71 49.52	350m: 5:18.07 39.98
100m: 1:25.79 46.33	200m: 2:56.19 45.95	300m: 4:38.09 52.38	400m: 5:57.22 39.15
7. Leonor Pereira, SILVA	10	5:59.10	374
50m: 37.54 37.54	150m: 2:14.15 48.41	250m: 3:46.90 50.58	350m: 5:20.95 43.11
100m: 1:25.74 48.20	200m: 2:56.32 42.17	300m: 4:37.84 50.94	400m: 5:59.10 38.15
8. Laura Helena, AMORIM	10	6:02.27	365
50m: 38.85 38.85	150m: 2:12.43 46.31	250m: 3:48.10 50.20	350m: 5:21.73 42.02
100m: 1:26.12 47.27	200m: 2:57.90 45.47	300m: 4:39.71 51.61	400m: 6:02.27 40.54
9. Luana Filipe, REIS	10	6:08.92	345
50m: 40.42 40.42	150m: 2:15.11 46.22	250m: 3:49.26 49.51	350m: 5:25.80 44.70
100m: 1:28.89 48.47	200m: 2:59.75 44.64	300m: 4:41.10 51.84	400m: 6:08.92 43.12
10. Matilde Filipa, AMADO	10	6:15.12	328
50m: 41.44 41.44	150m: 2:18.99 47.65	250m: 4:01.37 54.11	350m: 5:37.14 41.92
100m: 1:31.34 49.90	200m: 3:07.26 48.27	300m: 4:55.22 53.85	400m: 6:15.12 37.98
11. Debora Silva, INACIO	10	6:15.33	328
50m: 40.88 40.88	150m: 2:16.88 46.53	250m: 3:57.68 54.75	350m: 5:35.68 41.60
100m: 1:30.35 49.47	200m: 3:02.93 46.05	300m: 4:54.08 56.40	400m: 6:15.33 39.65
12. Rafaela Santos, AFONSO	10	6:21.38	312
50m: 40.74 40.74	150m: 2:21.90 49.80	250m: 4:03.72 52.70	350m: 5:40.62 43.11
100m: 1:32.10 51.36	200m: 3:11.02 49.12	300m: 4:57.51 53.79	400m: 6:21.38 40.76
13. Mariana Santos, AFONSO	10	6:27.91	297
50m: 42.42 42.42	150m: 2:25.16 48.11	250m: 4:06.14 53.72	350m: 5:45.87 44.66
100m: 1:37.05 54.63	200m: 3:12.42 47.26	300m: 5:01.21 55.07	400m: 6:27.91 42.04
14. Mariana Sousa, OLIVEIRA	10	6:40.27	270
50m: 44.60 44.60	150m: 2:27.66 49.08	250m: 4:14.58 59.60	350m: 6:00.10 45.43
100m: 1:38.58 53.98	200m: 3:14.98 47.32	300m: 5:14.67 1:00.09	400m: 6:40.27 40.17
DNS Elisa Henriques, SOUTO	10		

Prova 22

19/05/2024 - 9:00

Femin., 400m Estilos

Infantil A
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO	11	5:42.43	432
50m: 35.33 35.33	150m: 2:02.29 45.32	250m: 3:34.82 49.14	350m: 5:04.99 40.65
100m: 1:16.97 41.64	200m: 2:45.68 43.39	300m: 4:24.34 49.52	400m: 5:42.43 37.44
2. Maria Joao, VALA	11	5:48.40	410
50m: 38.78 38.78	150m: 2:07.73 43.68	250m: 3:40.84 50.84	350m: 5:11.16 40.10
100m: 1:24.05 45.27	200m: 2:50.00 42.27	300m: 4:31.06 50.22	400m: 5:48.40 37.24
3. Leonor Mota, ALVES	11	5:54.84	388
50m: 37.25 37.25	150m: 2:06.62 46.19	250m: 3:42.71 51.40	350m: 5:16.17 40.48
100m: 1:20.43 43.18	200m: 2:51.31 44.69	300m: 4:35.69 52.98	400m: 5:54.84 38.67



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 22, Femin., 400m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
4. Beatriz Marques, GASPAR	11	Nautico Marinha Grande	6:00.33 371
50m: 37.63 37.63	150m: 2:11.41 48.33	250m: 3:48.24 48.69	350m: 5:20.46 42.38
100m: 1:23.08 45.45	200m: 2:59.55 48.14	300m: 4:38.08 49.84	400m: 6:00.33 39.87
5. Mafalda Teles, SOUSA	11	Pimpoes/Cimai	6:04.03 359
50m: 41.16 41.16	150m: 2:17.36 44.10	250m: 3:52.69 50.78	350m: 5:24.67 40.55
100m: 1:33.26 52.10	200m: 3:01.91 44.55	300m: 4:44.12 51.43	400m: 6:04.03 39.36
6. Cristiana Henriques, ALMEIDA	11	Benedita	6:08.81 346
50m: 40.53 40.53	150m: 2:14.25 46.57	250m: 3:52.35 52.10	350m: 5:27.12 42.33
100m: 1:27.68 47.15	200m: 3:00.25 46.00	300m: 4:44.79 52.44	400m: 6:08.81 41.69
7. Maria Leonor, ALMEIDA	11	Benedita	6:11.84 337
50m: 39.48 39.48	150m: 2:10.91 46.98	250m: 3:53.14 57.22	350m: 5:32.29 42.61
100m: 1:23.93 44.45	200m: 2:55.92 45.01	300m: 4:49.68 56.54	400m: 6:11.84 39.55
8. Carolina Silva, CASTANHEIRA	11	CNLeiria	6:15.78 327
50m: 40.68 40.68	150m: 2:16.85 47.28	250m: 3:58.23 56.87	350m: 5:36.67 42.15
100m: 1:29.57 48.89	200m: 3:01.36 44.51	300m: 4:54.52 56.29	400m: 6:15.78 39.11
9. Mariana Sousa, MENDES	11	Alcobaca	6:26.82 299
50m: 45.45 45.45	150m: 2:26.74 45.30	250m: 4:08.63 56.70	350m: 5:46.99 41.89
100m: 1:41.44 55.99	200m: 3:11.93 45.19	300m: 5:05.10 56.47	400m: 6:26.82 39.83
10. Maria Santos, FONSECA	11	CNLeiria	6:30.17 292
50m: 45.83 45.83	150m: 2:29.34 49.37	250m: 4:08.84 51.14	350m: 5:47.38 45.76
100m: 1:39.97 54.14	200m: 3:17.70 48.36	300m: 5:01.62 52.78	400m: 6:30.17 42.79
11. Isabela Lourenco, COSTA	11	Benedita	6:30.66 291
50m: 42.74 42.74	150m: 2:22.26 49.36	250m: 4:06.38 55.81	350m: 5:48.07 44.23
100m: 1:32.90 50.16	200m: 3:10.57 48.31	300m: 5:03.84 57.46	400m: 6:30.66 42.59
12. Isabela Maria, CARREIRA	11	Uniao Juncalense	6:38.25 274
50m: 43.76 43.76	150m: 2:30.96 51.91	250m: 4:15.73 53.81	350m: 5:55.45 43.97
100m: 1:39.05 55.29	200m: 3:21.92 50.96	300m: 5:11.48 55.75	400m: 6:38.25 42.80
13. Leiriia Silviovna, TONKIKH	11	CNLeiria	6:55.33 242
50m: 47.64 47.64	150m: 2:39.65 52.15	250m: 4:26.79 57.55	350m: 6:11.50 46.01
100m: 1:47.50 59.86	200m: 3:29.24 49.59	300m: 5:25.49 58.70	400m: 6:55.33 43.83
14. Erica Felix, RODRIGUES	11	Uniao Juncalense	7:07.61 222
50m: 42.96 42.96	150m: 2:31.92 55.40	250m: 4:26.52 1:00.79	350m: 6:19.49 49.64
100m: 1:36.52 53.56	200m: 3:25.73 53.81	300m: 5:29.85 1:03.33	400m: 7:07.61 48.12
15. Kelly Simao, COSTA	11	Óbidos	7:09.91 218
50m: 49.35 49.35	150m: 2:40.39 51.54	250m: 4:32.83 59.30	350m: 6:20.98 49.73
100m: 1:48.85 59.50	200m: 3:33.53 53.14	300m: 5:31.25 58.42	400m: 7:09.91 48.93



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 22, Femin., 400m Estilos

Prova 22
19/05/2024 - 9:00

Femin., 400m Estilos

Infantil B
Resultados

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Laura Krempel, VARELA		12	Pimpoes/Cimai						6:07.96	348
	50m:	38.32 38.32	150m:	2:11.51	47.17	250m:	3:50.97	54.03	350m:	5:28.29	42.79
	100m:	1:24.34 46.02	200m:	2:56.94	45.43	300m:	4:45.50	54.53	400m:	6:07.96	39.67
2.	Ines Pinto, MARTINS		12	Pimpoes/Cimai						6:25.55	302
	50m:	43.86 43.86	150m:	2:20.82	47.64	250m:	4:01.79	54.22	350m:	5:42.47	44.66
	100m:	1:33.18 49.32	200m:	3:07.57	46.75	300m:	4:57.81	56.02	400m:	6:25.55	43.08
3.	Julia Pinto, PINHEIRO		12	Pimpoes/Cimai						6:35.67	280
	50m:	45.53 45.53	150m:	2:27.79	48.82	250m:	4:11.73	55.99	350m:	5:53.84	46.06
	100m:	1:38.97 53.44	200m:	3:15.74	47.95	300m:	5:07.78	56.05	400m:	6:35.67	41.83
4.	Mafalda Varela, BERNARDINO		12	Alcobaca						6:42.14	266
	50m:	46.30 46.30	150m:	2:32.30	50.68	250m:	4:18.92	56.96	350m:	5:59.42	44.34
	100m:	1:41.62 55.32	200m:	3:21.96	49.66	300m:	5:15.08	56.16	400m:	6:42.14	42.72
5.	Beatriz Julio, CORREIA		12	CNLeiria						6:48.58	254
	50m:	48.49 48.49	150m:	2:38.46	49.89	250m:	4:24.22	57.29	350m:	6:05.99	45.93
	100m:	1:48.57 1:00.08	200m:	3:26.93	48.47	300m:	5:20.06	55.84	400m:	6:48.58	42.59
6.	Benedita Nunes, FELIX		12	Pimpoes/Cimai						6:48.95	253
	50m:	46.42 46.42	150m:	2:36.07	54.54	250m:	4:23.05	55.70	350m:	6:07.20	45.19
	100m:	1:41.53 55.11	200m:	3:27.35	51.28	300m:	5:22.01	58.96	400m:	6:48.95	41.75
7.	Maria Leonor, ASSUNCAO		12	Pimpoes/Cimai						7:12.76	214
	50m:	52.59 52.59	150m:	2:51.43	53.34	250m:	4:43.68	1:00.07	350m:	6:31.16	46.06
	100m:	1:58.09 1:05.50	200m:	3:43.61	52.18	300m:	5:45.10	1:01.42	400m:	7:12.76	41.60
8.	Rita Alexandra, JORDAO		12	Uniao Juncalense						7:22.33	200
	50m:	51.71 51.71	150m:	2:53.87	54.43	250m:	4:45.23	59.21	350m:	6:35.02	49.94
	100m:	1:59.44 1:07.73	200m:	3:46.02	52.15	300m:	5:45.08	59.85	400m:	7:22.33	47.31
9.	Jessica Garcia, FERREIRA		12	Óbidos						7:44.01	173
	50m:	53.97 53.97	150m:	2:54.80	55.77	250m:	4:53.19	1:05.47	350m:	6:51.98	54.47
	100m:	1:59.03 1:05.06	200m:	3:47.72	52.92	300m:	5:57.51	1:04.32	400m:	7:44.01	52.03
10.	Iara Maria, CAMACHO		12	Óbidos						8:12.86	145
	50m:	51.61 51.61	150m:	2:58.81	1:00.98	250m:	5:10.33	1:08.73	350m:	7:16.34	56.66
	100m:	1:57.83 1:06.22	200m:	4:01.60	1:02.79	300m:	6:19.68	1:09.35	400m:	8:12.86	56.52
DSQ	Emma, AVRAMESCU		12	Nautico Marinha Grande							
	<i>Na viragem dos 200 metros, a atleta não terminou o percurso de costas na posição dorsal.</i>										
DSQ	Mariana Duarte, ANTUNES		12	Alcobaca							
	<i>Falsa partida (SW 4.4)</i>										
DNS	Constanca Santos, COUTINHO		12	Naval da Nazaré							
DNS	Maria Leonor, FERREIRA		12	Óbidos							



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23

Masc., 1500m Livres

Juvenil A
Resultados

19/05/2024 - 9:52

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai				17:29.61	525			
	50m:	30.48	30.48	450m:	5:09.35	34.83	850m:	9:49.73	35.39	1250m:	14:32.11	35.16
	100m:	1:04.29	33.81	500m:	5:44.82	35.47	900m:	10:24.74	35.01	1300m:	15:07.65	35.54
	150m:	1:38.73	34.44	550m:	6:19.88	35.06	950m:	10:59.76	35.02	1350m:	15:43.73	36.08
	200m:	2:13.72	34.99	600m:	6:54.97	35.09	1000m:	11:35.11	35.35	1400m:	16:19.57	35.84
	250m:	2:49.32	35.60	650m:	7:29.59	34.62	1050m:	12:11.01	35.90	1450m:	16:55.46	35.89
	300m:	3:24.45	35.13	700m:	8:04.23	34.64	1100m:	12:46.19	35.18	1500m:	17:29.61	34.15
	350m:	3:59.18	34.73	750m:	8:39.20	34.97	1150m:	13:21.38	35.19			
	400m:	4:34.52	35.34	800m:	9:14.34	35.14	1200m:	13:56.95	35.57			
2.	Tiago Santos, POMBO		08	Alcobaca				17:32.12	521			
	50m:	30.18	30.18	450m:	5:10.98	35.69	850m:	9:53.85	34.67	1250m:	14:36.58	35.94
	100m:	1:03.71	33.53	500m:	5:46.76	35.78	900m:	10:28.48	34.63	1300m:	15:12.32	35.74
	150m:	1:38.79	35.08	550m:	6:22.74	35.98	950m:	11:03.30	34.82	1350m:	15:48.50	36.18
	200m:	2:13.54	34.75	600m:	6:58.40	35.66	1000m:	11:38.67	35.37	1400m:	16:25.36	36.86
	250m:	2:49.15	35.61	650m:	7:33.03	34.63	1050m:	12:13.86	35.19	1450m:	17:01.62	36.26
	300m:	3:24.97	35.82	700m:	8:08.19	35.16	1100m:	12:48.78	34.92	1500m:	17:32.12	30.50
	350m:	4:00.41	35.44	750m:	8:43.58	35.39	1150m:	13:24.52	35.74			
	400m:	4:35.29	34.88	800m:	9:19.18	35.60	1200m:	14:00.64	36.12			
3.	Rodrigo Santos, COUTINHO		08	Pimpoes/Cimai				18:20.81	455			
	50m:	31.43	31.43	450m:	5:25.26	37.33	850m:	10:24.21	37.52	1250m:	15:19.82	36.84
	100m:	1:06.45	35.02	500m:	6:02.26	37.00	900m:	11:01.61	37.40	1300m:	15:56.75	36.93
	150m:	1:42.79	36.34	550m:	6:39.82	37.56	950m:	11:38.29	36.68	1350m:	16:33.14	36.39
	200m:	2:19.53	36.74	600m:	7:17.07	37.25	1000m:	12:15.27	36.98	1400m:	17:09.51	36.37
	250m:	2:56.16	36.63	650m:	7:54.49	37.42	1050m:	12:51.96	36.69	1450m:	17:46.55	37.04
	300m:	3:33.60	37.44	700m:	8:31.74	37.25	1100m:	13:28.75	36.79	1500m:	18:20.81	34.26
	350m:	4:11.01	37.41	750m:	9:09.17	37.43	1150m:	14:06.23	37.48			
	400m:	4:47.93	36.92	800m:	9:46.69	37.52	1200m:	14:42.98	36.75			
4.	Antonio Quiterio, ANASTACIO		08	Benedita				18:31.36	442			
	50m:	31.93	31.93	450m:	5:22.04	37.62	850m:	10:26.07	37.82	1250m:	15:29.38	37.58
	100m:	1:06.88	34.95	500m:	6:00.28	38.24	900m:	11:04.44	38.37	1300m:	16:06.37	36.99
	150m:	1:42.27	35.39	550m:	6:38.32	38.04	950m:	11:42.32	37.88	1350m:	16:43.51	37.14
	200m:	2:18.13	35.86	600m:	7:16.41	38.09	1000m:	12:20.32	38.00	1400m:	17:19.86	36.35
	250m:	2:54.12	35.99	650m:	7:54.02	37.61	1050m:	12:58.15	37.83	1450m:	17:55.66	35.80
	300m:	3:30.35	36.23	700m:	8:31.97	37.95	1100m:	13:36.01	37.86	1500m:	18:31.36	35.70
	350m:	4:07.11	36.76	750m:	9:10.22	38.25	1150m:	14:13.95	37.94			
	400m:	4:44.42	37.31	800m:	9:48.25	38.03	1200m:	14:51.80	37.85			
5.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				18:33.72	439			
	50m:	31.66	31.66	450m:	5:29.44	37.24	850m:	10:30.51	37.49	1250m:	15:30.60	37.10
	100m:	1:07.07	35.41	500m:	6:07.31	37.87	900m:	11:08.23	37.72	1300m:	16:08.02	37.42
	150m:	1:44.17	37.10	550m:	6:44.96	37.65	950m:	11:45.63	37.40	1350m:	16:44.71	36.69
	200m:	2:21.42	37.25	600m:	7:22.88	37.92	1000m:	12:23.34	37.71	1400m:	17:22.02	37.31
	250m:	2:59.14	37.72	650m:	8:00.52	37.64	1050m:	13:00.71	37.37	1450m:	17:58.07	36.05
	300m:	3:36.85	37.71	700m:	8:38.22	37.70	1100m:	13:38.08	37.37	1500m:	18:33.72	35.65
	350m:	4:14.28	37.43	750m:	9:15.81	37.59	1150m:	14:15.91	37.83			
	400m:	4:52.20	37.92	800m:	9:53.02	37.21	1200m:	14:53.50	37.59			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil A

Lugar			Ano					Tempo final	Pts			
6.	Diogo Barata, ALVES		08	Nautico Marinha Grande				19:59.87	351			
	50m:	33.77	33.77	450m:	5:58.10	41.76	850m:	11:22.08	40.27	1250m:	16:42.40	39.47
	100m:	1:12.24	38.47	500m:	6:38.49	40.39	900m:	12:02.71	40.63	1300m:	17:22.44	40.04
	150m:	1:51.93	39.69	550m:	7:19.74	41.25	950m:	12:42.87	40.16	1350m:	18:02.25	39.81
	200m:	2:32.24	40.31	600m:	8:00.65	40.91	1000m:	13:23.04	40.17	1400m:	18:42.27	40.02
	250m:	3:12.85	40.61	650m:	8:41.15	40.50	1050m:	14:02.93	39.89	1450m:	19:22.41	40.14
	300m:	3:54.50	41.65	700m:	9:21.67	40.52	1100m:	14:42.97	40.04	1500m:	19:59.87	37.46
	350m:	4:35.05	40.55	750m:	10:02.30	40.63	1150m:	15:22.67	39.70			
	400m:	5:16.34	41.29	800m:	10:41.81	39.51	1200m:	16:02.93	40.26			
7.	Tiago Daniel, POVOA		08	Uniao Juncalense				23:03.49	229			
	50m:	39.75	39.75	450m:	6:55.07	46.81	850m:	13:11.20	47.76	1250m:	19:19.38	45.38
	100m:	1:26.01	46.26	500m:	7:41.73	46.66	900m:	13:57.65	46.45	1300m:	20:05.89	46.51
	150m:	2:12.66	46.65	550m:	8:28.47	46.74	950m:	14:43.67	46.02	1350m:	20:51.73	45.84
	200m:	2:59.18	46.52	600m:	9:16.31	47.84	1000m:	15:31.31	47.64	1400m:	21:36.79	45.06
	250m:	3:46.61	47.43	650m:	10:03.03	46.72	1050m:	16:15.26	43.95	1450m:	22:23.70	46.91
	300m:	4:33.13	46.52	700m:	10:49.54	46.51	1100m:	17:01.91	46.65	1500m:	23:03.49	39.79
	350m:	5:20.60	47.47	750m:	11:37.87	48.33	1150m:	17:48.45	46.54			
	400m:	6:08.26	47.66	800m:	12:23.44	45.57	1200m:	18:34.00	45.55			

Prova 23 Masc., 1500m Livres Juvenil B Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Paulo, KOT		09	Nautico Marinha Grande				16:33.19	619			
	50m:	29.59	29.59	450m:	4:53.10	33.59	850m:	9:19.05	32.91	1250m:	13:47.32	33.47
	100m:	1:01.43	31.84	500m:	5:26.47	33.37	900m:	9:52.44	33.39	1300m:	14:20.96	33.64
	150m:	1:34.07	32.64	550m:	6:00.12	33.65	950m:	10:26.17	33.73	1350m:	14:54.61	33.65
	200m:	2:06.63	32.56	600m:	6:33.43	33.31	1000m:	10:59.97	33.80	1400m:	15:28.33	33.72
	250m:	2:39.35	32.72	650m:	7:06.47	33.04	1050m:	11:33.38	33.41	1450m:	16:02.09	33.76
	300m:	3:12.83	33.48	700m:	7:39.72	33.25	1100m:	12:06.74	33.36	1500m:	16:33.19	31.10
	350m:	3:46.18	33.35	750m:	8:13.01	33.29	1150m:	12:40.08	33.34			
	400m:	4:19.51	33.33	800m:	8:46.14	33.13	1200m:	13:13.85	33.77			
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				17:15.16	547			
	50m:	30.19	30.19	450m:	5:07.66	34.91	850m:	9:46.48	34.50	1250m:	14:24.01	34.59
	100m:	1:02.91	32.72	500m:	5:42.47	34.81	900m:	10:21.52	35.04	1300m:	14:58.88	34.87
	150m:	1:37.13	34.22	550m:	6:17.42	34.95	950m:	10:56.81	35.29	1350m:	15:33.45	34.57
	200m:	2:11.90	34.77	600m:	6:52.02	34.60	1000m:	11:31.45	34.64	1400m:	16:08.35	34.90
	250m:	2:47.35	35.45	650m:	7:26.90	34.88	1050m:	12:06.23	34.78	1450m:	16:42.77	34.42
	300m:	3:22.51	35.16	700m:	8:02.15	35.25	1100m:	12:40.42	34.19	1500m:	17:15.16	32.39
	350m:	3:57.74	35.23	750m:	8:37.04	34.89	1150m:	13:14.85	34.43			
	400m:	4:32.75	35.01	800m:	9:11.98	34.94	1200m:	13:49.42	34.57			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano							Tempo final	Pts	
3.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai						17:48.74	497	
	50m:	29.50	29.50	450m:	5:07.37	35.19	850m:	9:53.18	34.64	1250m:	14:43.40	37.15
	100m:	1:02.68	33.18	500m:	5:42.95	35.58	900m:	10:29.27	36.09	1300m:	15:21.05	37.65
	150m:	1:37.32	34.64	550m:	6:18.64	35.69	950m:	11:04.34	35.07	1350m:	15:58.21	37.16
	200m:	2:11.56	34.24	600m:	6:54.69	36.05	1000m:	11:40.43	36.09	1400m:	16:35.23	37.02
	250m:	2:45.99	34.43	650m:	7:29.73	35.04	1050m:	12:15.47	35.04	1450m:	17:12.55	37.32
	300m:	3:21.33	35.34	700m:	8:06.81	37.08	1100m:	12:53.37	37.90	1500m:	17:48.74	36.19
	350m:	3:56.95	35.62	750m:	8:42.04	35.23	1150m:	13:29.46	36.09			
	400m:	4:32.18	35.23	800m:	9:18.54	36.50	1200m:	14:06.25	36.79			
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande						18:18.38	458	
	50m:	31.89	31.89	450m:	5:22.80	36.83	850m:	10:18.83	37.30	1250m:	15:17.20	36.63
	100m:	1:06.66	34.77	500m:	6:00.05	37.25	900m:	10:56.35	37.52	1300m:	15:54.24	37.04
	150m:	1:42.54	35.88	550m:	6:36.96	36.91	950m:	11:33.56	37.21	1350m:	16:31.02	36.78
	200m:	2:18.87	36.33	600m:	7:13.68	36.72	1000m:	12:11.02	37.46	1400m:	17:08.11	37.09
	250m:	2:55.80	36.93	650m:	7:50.73	37.05	1050m:	12:47.76	36.74	1450m:	17:43.47	35.36
	300m:	3:32.53	36.73	700m:	8:27.58	36.85	1100m:	13:25.10	37.34	1500m:	18:18.38	34.91
	350m:	4:09.22	36.69	750m:	9:04.49	36.91	1150m:	14:02.85	37.75			
	400m:	4:45.97	36.75	800m:	9:41.53	37.04	1200m:	14:40.57	37.72			
5.	Santiago Jose, PACHECO		09	Alcobaca						18:48.17	423	
	50m:	31.40	31.40	450m:	5:34.77	38.47	850m:	10:39.32	38.30	1250m:	15:41.55	37.98
	100m:	1:07.79	36.39	500m:	6:13.02	38.25	900m:	11:16.97	37.65	1300m:	16:20.15	38.60
	150m:	1:45.18	37.39	550m:	6:50.95	37.93	950m:	11:54.84	37.87	1350m:	16:58.22	38.07
	200m:	2:23.42	38.24	600m:	7:29.09	38.14	1000m:	12:32.66	37.82	1400m:	17:35.51	37.29
	250m:	3:01.47	38.05	650m:	8:07.07	37.98	1050m:	13:10.40	37.74	1450m:	18:12.87	37.36
	300m:	3:39.39	37.92	700m:	8:45.24	38.17	1100m:	13:48.32	37.92	1500m:	18:48.17	35.30
	350m:	4:18.04	38.65	750m:	9:23.47	38.23	1150m:	14:25.95	37.63			
	400m:	4:56.30	38.26	800m:	10:01.02	37.55	1200m:	15:03.57	37.62			
6.	Xinyang, CHENG		09	Nautico Marinha Grande						19:08.41	401	
	50m:	33.65	33.65	450m:	5:35.39	37.94	850m:	10:43.69	39.31	1250m:	15:55.04	38.78
	100m:	1:10.30	36.65	500m:	6:13.46	38.07	900m:	11:21.88	38.19	1300m:	16:34.25	39.21
	150m:	1:47.52	37.22	550m:	6:52.20	38.74	950m:	12:00.25	38.37	1350m:	17:13.92	39.67
	200m:	2:24.99	37.47	600m:	7:30.34	38.14	1000m:	12:39.81	39.56	1400m:	17:52.85	38.93
	250m:	3:02.54	37.55	650m:	8:08.26	37.92	1050m:	13:18.51	38.70	1450m:	18:31.44	38.59
	300m:	3:40.05	37.51	700m:	8:46.40	38.14	1100m:	13:58.54	40.03	1500m:	19:08.41	36.97
	350m:	4:17.99	37.94	750m:	9:25.58	39.18	1150m:	14:36.88	38.34			
	400m:	4:57.45	39.46	800m:	10:04.38	38.80	1200m:	15:16.26	39.38			
7.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense						19:17.00	392	
	50m:	32.50	32.50	450m:	5:39.00	39.29	850m:	10:50.39	39.71	1250m:	16:01.70	39.87
	100m:	1:09.21	36.71	500m:	6:17.99	38.99	900m:	11:29.40	39.01	1300m:	16:41.51	39.81
	150m:	1:47.20	37.99	550m:	6:57.02	39.03	950m:	12:07.93	38.53	1350m:	17:21.23	39.72
	200m:	2:25.82	38.62	600m:	7:35.50	38.48	1000m:	12:46.58	38.65	1400m:	17:59.96	38.73
	250m:	3:04.25	38.43	650m:	8:13.99	38.49	1050m:	13:25.12	38.54	1450m:	18:39.16	39.20
	300m:	3:42.47	38.22	700m:	8:53.01	39.02	1100m:	14:03.61	38.49	1500m:	19:17.00	37.84
	350m:	4:21.26	38.79	750m:	9:32.33	39.32	1150m:	14:42.92	39.31			
	400m:	4:59.71	38.45	800m:	10:10.68	38.35	1200m:	15:21.83	38.91			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts
8.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai				19:21.18	387
	50m:	32.79 32.79	450m:	5:36.63 38.89	850m:	10:51.20 39.00	1250m:	16:04.56 39.65	
	100m:	1:09.00 36.21	500m:	6:15.62 38.99	900m:	11:30.11 38.91	1300m:	16:44.56 40.00	
	150m:	1:46.54 37.54	550m:	6:55.48 39.86	950m:	12:08.93 38.82	1350m:	17:24.45 39.89	
	200m:	2:24.50 37.96	600m:	7:34.76 39.28	1000m:	12:47.99 39.06	1400m:	18:04.51 40.06	
	250m:	3:02.55 38.05	650m:	8:14.32 39.56	1050m:	13:26.72 38.73	1450m:	18:43.92 39.41	
	300m:	3:40.05 37.50	700m:	8:53.59 39.27	1100m:	14:06.01 39.29	1500m:	19:21.18 37.26	
	350m:	4:18.29 38.24	750m:	9:32.82 39.23	1150m:	14:45.37 39.36			
	400m:	4:57.74 39.45	800m:	10:12.20 39.38	1200m:	15:24.91 39.54			
9.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré				19:22.07	387
	50m:	33.38 33.38	450m:	5:45.47 39.42	850m:	10:55.46 39.00	1250m:	16:07.49 39.46	
	100m:	1:11.73 38.35	500m:	6:24.15 38.68	900m:	11:34.49 39.03	1300m:	16:46.85 39.36	
	150m:	1:51.14 39.41	550m:	7:03.28 39.13	950m:	12:12.78 38.29	1350m:	17:26.18 39.33	
	200m:	2:30.50 39.36	600m:	7:41.77 38.49	1000m:	12:51.78 39.00	1400m:	18:05.45 39.27	
	250m:	3:09.70 39.20	650m:	8:20.43 38.66	1050m:	13:30.16 38.38	1450m:	18:44.23 38.78	
	300m:	3:48.65 38.95	700m:	8:59.69 39.26	1100m:	14:09.43 39.27	1500m:	19:22.07 37.84	
	350m:	4:27.27 38.62	750m:	9:38.12 38.43	1150m:	14:48.66 39.23			
	400m:	5:06.05 38.78	800m:	10:16.46 38.34	1200m:	15:28.03 39.37			
10.	Andre Guilherme, CORDEIRO		09	Naval de Peniche				19:33.67	375
	50m:	35.82 35.82	450m:	5:48.71 39.41	850m:	11:03.46 38.95	1250m:	16:16.64 39.52	
	100m:	1:14.21 38.39	500m:	6:28.07 39.36	900m:	11:41.90 38.44	1300m:	16:56.59 39.95	
	150m:	1:53.42 39.21	550m:	7:07.12 39.05	950m:	12:20.27 38.37	1350m:	17:36.46 39.87	
	200m:	2:32.45 39.03	600m:	7:46.79 39.67	1000m:	12:59.75 39.48	1400m:	18:16.33 39.87	
	250m:	3:11.96 39.51	650m:	8:26.22 39.43	1050m:	13:38.94 39.19	1450m:	18:55.79 39.46	
	300m:	3:51.52 39.56	700m:	9:05.68 39.46	1100m:	14:18.13 39.19	1500m:	19:33.67 37.88	
	350m:	4:29.95 38.43	750m:	9:45.52 39.84	1150m:	14:57.76 39.63			
	400m:	5:09.30 39.35	800m:	10:24.51 38.99	1200m:	15:37.12 39.36			
11.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande				19:37.68	371
	50m:	34.16 34.16	450m:	5:46.08 39.63	850m:	11:02.52 39.56	1250m:	16:22.55 40.22	
	100m:	1:12.35 38.19	500m:	6:24.81 38.73	900m:	11:41.74 39.22	1300m:	17:02.80 40.25	
	150m:	1:51.22 38.87	550m:	7:03.98 39.17	950m:	12:21.17 39.43	1350m:	17:43.43 40.63	
	200m:	2:29.97 38.75	600m:	7:43.54 39.56	1000m:	13:00.94 39.77	1400m:	18:22.69 39.26	
	250m:	3:08.51 38.54	650m:	8:23.63 40.09	1050m:	13:40.95 40.01	1450m:	19:02.34 39.65	
	300m:	3:47.67 39.16	700m:	9:03.20 39.57	1100m:	14:20.82 39.87	1500m:	19:37.68 35.34	
	350m:	4:26.89 39.22	750m:	9:43.03 39.83	1150m:	15:01.23 40.41			
	400m:	5:06.45 39.56	800m:	10:22.96 39.93	1200m:	15:42.33 41.10			
12.	Rodrigo Oliveira, SANTOS		09	Alcobaca				19:44.87	365
	50m:	34.94 34.94	450m:	6:02.20 40.19	850m:	11:18.43 39.18	1250m:	16:32.49 39.08	
	100m:	1:14.73 39.79	500m:	6:41.59 39.39	900m:	11:57.79 39.36	1300m:	17:11.48 38.99	
	150m:	1:55.73 41.00	550m:	7:21.23 39.64	950m:	12:36.81 39.02	1350m:	17:50.60 39.12	
	200m:	2:35.64 39.91	600m:	8:00.85 39.62	1000m:	13:15.84 39.03	1400m:	18:30.26 39.66	
	250m:	3:16.69 41.05	650m:	8:40.37 39.52	1050m:	13:54.92 39.08	1450m:	19:08.53 38.27	
	300m:	3:58.33 41.64	700m:	9:19.62 39.25	1100m:	14:34.13 39.21	1500m:	19:44.87 36.34	
	350m:	4:40.44 42.11	750m:	9:59.46 39.84	1150m:	15:13.45 39.32			
	400m:	5:22.01 41.57	800m:	10:39.25 39.79	1200m:	15:53.41 39.96			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts		
13.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				19:50.97	359		
	50m:	36.35 36.35	450m:	5:58.37	40.23	850m:	11:18.76	39.55	1250m:	16:37.87	39.73
	100m:	1:16.42 40.07	500m:	6:38.83	40.46	900m:	11:59.55	40.79	1300m:	17:17.23	39.36
	150m:	1:56.56 40.14	550m:	7:19.18	40.35	950m:	12:39.03	39.48	1350m:	17:56.52	39.29
	200m:	2:36.14 39.58	600m:	7:58.88	39.70	1000m:	13:18.73	39.70	1400m:	18:36.01	39.49
	250m:	3:16.60 40.46	650m:	8:38.96	40.08	1050m:	13:58.53	39.80	1450m:	19:15.10	39.09
	300m:	3:56.97 40.37	700m:	9:19.23	40.27	1100m:	14:38.41	39.88	1500m:	19:50.97	35.87
	350m:	4:37.87 40.90	750m:	9:59.26	40.03	1150m:	15:18.50	40.09			
	400m:	5:18.14 40.27	800m:	10:39.21	39.95	1200m:	15:58.14	39.64			
14.	Pedro Blanc, CAPINHA		09	Óbidos				20:29.65	326		
	50m:	34.59 34.59	450m:	5:57.21	41.31	850m:	11:26.52	41.97	1250m:	17:05.48	42.37
	100m:	1:12.81 38.22	500m:	6:38.56	41.35	900m:	12:08.16	41.64	1300m:	17:47.30	41.82
	150m:	1:52.52 39.71	550m:	7:18.87	40.31	950m:	12:50.20	42.04	1350m:	18:30.44	43.14
	200m:	2:32.01 39.49	600m:	7:59.67	40.80	1000m:	13:32.57	42.37	1400m:	19:12.11	41.67
	250m:	3:12.40 40.39	650m:	8:40.55	40.88	1050m:	14:14.55	41.98	1450m:	19:53.12	41.01
	300m:	3:53.42 41.02	700m:	9:21.95	41.40	1100m:	14:57.21	42.66	1500m:	20:29.65	36.53
	350m:	4:34.31 40.89	750m:	10:03.65	41.70	1150m:	15:40.01	42.80			
	400m:	5:15.90 41.59	800m:	10:44.55	40.90	1200m:	16:23.11	43.10			
15.	Maksym, TYSHCHUK		09	Nautico Marinha Grande				20:30.03	326		
	50m:	34.87 34.87	450m:	5:57.96	41.04	850m:	11:29.33	42.77	1250m:	17:09.49	42.15
	100m:	1:14.05 39.18	500m:	6:39.30	41.34	900m:	12:10.79	41.46	1300m:	17:51.32	41.83
	150m:	1:53.92 39.87	550m:	7:20.44	41.14	950m:	12:53.11	42.32	1350m:	18:33.75	42.43
	200m:	2:33.78 39.86	600m:	8:02.38	41.94	1000m:	13:36.01	42.90	1400m:	19:15.17	41.42
	250m:	3:14.35 40.57	650m:	8:43.53	41.15	1050m:	14:18.46	42.45	1450m:	19:54.27	39.10
	300m:	3:54.44 40.09	700m:	9:24.61	41.08	1100m:	15:01.31	42.85	1500m:	20:30.03	35.76
	350m:	4:35.56 41.12	750m:	10:06.02	41.41	1150m:	15:44.13	42.82			
	400m:	5:16.92 41.36	800m:	10:46.56	40.54	1200m:	16:27.34	43.21			
16.	Alexandre Afonso, SANTOS		09	Uniao Juncalense				23:26.82	218		
	50m:	40.08 40.08	450m:	6:55.76	46.76	850m:	13:11.20	47.35	1250m:	19:27.63	47.81
	100m:	1:26.19 46.11	500m:	7:42.30	46.54	900m:	13:57.86	46.66	1300m:	20:15.46	47.83
	150m:	2:12.98 46.79	550m:	8:28.74	46.44	950m:	14:44.31	46.45	1350m:	21:03.30	47.84
	200m:	2:59.62 46.64	600m:	9:15.95	47.21	1000m:	15:31.37	47.06	1400m:	21:51.56	48.26
	250m:	3:47.06 47.44	650m:	10:03.04	47.09	1050m:	16:17.21	45.84	1450m:	22:40.12	48.56
	300m:	4:34.36 47.30	700m:	10:49.52	46.48	1100m:	17:04.66	47.45	1500m:	23:26.82	46.70
	350m:	5:21.33 46.97	750m:	11:37.19	47.67	1150m:	17:51.93	47.27			
	400m:	6:09.00 47.67	800m:	12:23.85	46.66	1200m:	18:39.82	47.89			

Prova 23
19/05/2024 - 9:52

Masc., 1500m Livres

Infantil A
Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
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Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano			Tempo final	Pts	
1.	Antonio Antunes, JORGE		10	Alcobaca		17:52.02	493	
	50m:	31.80 31.80	450m:	5:17.47 36.60	850m:	10:07.44 36.57	1250m:	14:57.68 35.59
	100m:	1:05.95 34.15	500m:	5:53.47 36.00	900m:	10:44.36 36.92	1300m:	15:34.28 36.60
	150m:	1:41.20 35.25	550m:	6:29.95 36.48	950m:	11:20.34 35.98	1350m:	16:09.36 35.08
	200m:	2:17.00 35.80	600m:	7:06.22 36.27	1000m:	11:56.95 36.61	1400m:	16:44.67 35.31
	250m:	2:53.08 36.08	650m:	7:42.44 36.22	1050m:	12:33.87 36.92	1450m:	17:17.59 32.92
	300m:	3:28.87 35.79	700m:	8:18.83 36.39	1100m:	13:09.56 35.69	1500m:	17:52.02 34.43
	350m:	4:04.90 36.03	750m:	8:55.20 36.37	1150m:	13:45.38 35.82		
	400m:	4:40.87 35.97	800m:	9:30.87 35.67	1200m:	14:22.09 36.71		
2.	Rodolfo Junior, ALECRIM		10	CNLeiria		18:39.03	433	
	50m:	30.54 30.54	450m:	5:16.86 36.94	850m:	10:19.93 37.28	1250m:	15:30.49 38.14
	100m:	1:04.49 33.95	500m:	5:54.42 37.56	900m:	10:58.87 38.94	1300m:	16:08.86 38.37
	150m:	1:39.43 34.94	550m:	6:32.39 37.97	950m:	11:37.80 38.93	1350m:	16:47.29 38.43
	200m:	2:14.91 35.48	600m:	7:10.44 38.05	1000m:	12:16.56 38.76	1400m:	17:25.86 38.57
	250m:	2:50.67 35.76	650m:	7:48.33 37.89	1050m:	12:55.68 39.12	1450m:	18:03.84 37.98
	300m:	3:26.88 36.21	700m:	8:26.62 38.29	1100m:	13:35.39 39.71	1500m:	18:39.03 35.19
	350m:	4:03.32 36.44	750m:	9:05.21 38.59	1150m:	14:14.46 39.07		
	400m:	4:39.92 36.60	800m:	9:42.65 37.44	1200m:	14:52.35 37.89		
3.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande		18:51.74	419	
	50m:	32.22 32.22	450m:	5:35.23 38.12	850m:	10:39.24 38.00	1250m:	15:42.92 38.31
	100m:	1:08.90 36.68	500m:	6:13.00 37.77	900m:	11:17.33 38.09	1300m:	16:20.84 37.92
	150m:	1:47.03 38.13	550m:	6:51.32 38.32	950m:	11:55.00 37.67	1350m:	16:59.25 38.41
	200m:	2:24.66 37.63	600m:	7:29.20 37.88	1000m:	12:32.61 37.61	1400m:	17:37.58 38.33
	250m:	3:03.12 38.46	650m:	8:07.28 38.08	1050m:	13:10.53 37.92	1450m:	18:15.29 37.71
	300m:	3:41.36 38.24	700m:	8:45.55 38.27	1100m:	13:48.16 37.63	1500m:	18:51.74 36.45
	350m:	4:19.26 37.90	750m:	9:23.57 38.02	1150m:	14:26.56 38.40		
	400m:	4:57.11 37.85	800m:	10:01.24 37.67	1200m:	15:04.61 38.05		
4.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande		18:59.69	410	
	50m:	33.82 33.82	450m:	5:36.24 38.22	850m:	10:41.11 37.96	1250m:	15:49.36 39.61
	100m:	1:11.43 37.61	500m:	6:14.37 38.13	900m:	11:19.08 37.97	1300m:	16:27.68 38.32
	150m:	1:49.38 37.95	550m:	6:52.13 37.76	950m:	11:57.55 38.47	1350m:	17:06.12 38.44
	200m:	2:27.03 37.65	600m:	7:30.32 38.19	1000m:	12:35.82 38.27	1400m:	17:44.54 38.42
	250m:	3:05.01 37.98	650m:	8:08.60 38.28	1050m:	13:13.96 38.14	1450m:	18:22.57 38.03
	300m:	3:42.92 37.91	700m:	8:47.23 38.63	1100m:	13:52.65 38.69	1500m:	18:59.69 37.12
	350m:	4:20.77 37.85	750m:	9:25.48 38.25	1150m:	14:31.27 38.62		
	400m:	4:58.02 37.25	800m:	10:03.15 37.67	1200m:	15:09.75 38.48		
5.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense		19:15.83	393	
	50m:	34.73 34.73	450m:	5:47.31 38.73	850m:	10:58.53 38.99	1250m:	16:08.75 38.71
	100m:	1:13.17 38.44	500m:	6:26.03 38.72	900m:	11:37.21 38.68	1300m:	16:47.48 38.73
	150m:	1:52.40 39.23	550m:	7:05.08 39.05	950m:	12:15.95 38.74	1350m:	17:26.13 38.65
	200m:	2:31.39 38.99	600m:	7:43.93 38.85	1000m:	12:54.63 38.68	1400m:	18:04.12 37.99
	250m:	3:10.65 39.26	650m:	8:23.16 39.23	1050m:	13:33.35 38.72	1450m:	18:41.78 37.66
	300m:	3:50.21 39.56	700m:	9:01.43 38.27	1100m:	14:12.31 38.96	1500m:	19:15.83 34.05
	350m:	4:29.43 39.22	750m:	9:40.47 39.04	1150m:	14:51.34 39.03		
	400m:	5:08.58 39.15	800m:	10:19.54 39.07	1200m:	15:30.04 38.70		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
6.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande				19:23.29	385
	50m:	34.15 34.15	450m:	5:47.46 39.49	850m:	10:59.24 38.90	1250m:	16:10.35 38.60	
	100m:	1:12.24 38.09	500m:	6:26.42 38.96	900m:	11:38.17 38.93	1300m:	16:49.69 39.34	
	150m:	1:51.62 39.38	550m:	7:05.43 39.01	950m:	12:17.26 39.09	1350m:	17:27.56 37.87	
	200m:	2:30.87 39.25	600m:	7:44.24 38.81	1000m:	12:56.21 38.95	1400m:	18:06.89 39.33	
	250m:	3:09.88 39.01	650m:	8:23.54 39.30	1050m:	13:35.28 39.07	1450m:	18:45.68 38.79	
	300m:	3:49.45 39.57	700m:	9:02.26 38.72	1100m:	14:14.03 38.75	1500m:	19:23.29 37.61	
	350m:	4:28.82 39.37	750m:	9:41.14 38.88	1150m:	14:53.02 38.99			
	400m:	5:07.97 39.15	800m:	10:20.34 39.20	1200m:	15:31.75 38.73			
7.	Afonso Ferreira, REIS		10	Nautico Marinha Grande				19:27.76	381
	50m:	34.56 34.56	450m:	5:51.92 39.91	850m:	11:04.26 38.87	1250m:	16:15.19 39.62	
	100m:	1:13.44 38.88	500m:	6:31.79 39.87	900m:	11:42.97 38.71	1300m:	16:54.94 39.75	
	150m:	1:53.11 39.67	550m:	7:10.95 39.16	950m:	12:22.94 39.97	1350m:	17:34.10 39.16	
	200m:	2:33.27 40.16	600m:	7:49.15 38.20	1000m:	13:02.36 39.42	1400m:	18:13.33 39.23	
	250m:	3:14.10 40.83	650m:	8:28.78 39.63	1050m:	13:40.02 37.66	1450m:	18:53.49 40.16	
	300m:	3:53.68 39.58	700m:	9:08.09 39.31	1100m:	14:18.47 38.45	1500m:	19:27.76 34.27	
	350m:	4:33.40 39.72	750m:	9:47.89 39.80	1150m:	14:57.27 38.80			
	400m:	5:12.01 38.61	800m:	10:25.39 37.50	1200m:	15:35.57 38.30			
8.	David Xavier, ALMEIDA		10	Ba-Leiria				19:51.40	359
	50m:	35.45 35.45	450m:	5:53.25 39.60	850m:	11:17.76 40.90	1250m:	16:37.83 40.20	
	100m:	1:13.96 38.51	500m:	6:33.93 40.68	900m:	11:57.96 40.20	1300m:	17:18.33 40.50	
	150m:	1:53.54 39.58	550m:	7:15.29 41.36	950m:	12:37.48 39.52	1350m:	17:57.39 39.06	
	200m:	2:32.95 39.41	600m:	7:56.15 40.86	1000m:	13:17.33 39.85	1400m:	18:37.29 39.90	
	250m:	3:12.98 40.03	650m:	8:36.17 40.02	1050m:	13:57.47 40.14	1450m:	19:15.88 38.59	
	300m:	3:52.84 39.86	700m:	9:15.95 39.78	1100m:	14:38.32 40.85	1500m:	19:51.40 35.52	
	350m:	4:33.08 40.24	750m:	9:56.75 40.80	1150m:	15:18.27 39.95			
	400m:	5:13.65 40.57	800m:	10:36.86 40.11	1200m:	15:57.63 39.36			
9.	Lucas Costa, JESUS		10	Nautico Marinha Grande				19:52.27	358
	50m:	34.77 34.77	450m:	5:54.87 39.78	850m:	11:13.96 40.29	1250m:	16:33.96 39.69	
	100m:	1:13.69 38.92	500m:	6:35.06 40.19	900m:	11:53.70 39.74	1300m:	17:14.66 40.70	
	150m:	1:54.08 40.39	550m:	7:14.61 39.55	950m:	12:33.93 40.23	1350m:	17:54.90 40.24	
	200m:	2:34.64 40.56	600m:	7:54.31 39.70	1000m:	13:14.14 40.21	1400m:	18:34.89 39.99	
	250m:	3:15.31 40.67	650m:	8:33.94 39.63	1050m:	13:54.09 39.95	1450m:	19:14.67 39.78	
	300m:	3:55.44 40.13	700m:	9:13.84 39.90	1100m:	14:34.39 40.30	1500m:	19:52.27 37.60	
	350m:	4:35.34 39.90	750m:	9:53.81 39.97	1150m:	15:14.42 40.03			
	400m:	5:15.09 39.75	800m:	10:33.67 39.86	1200m:	15:54.27 39.85			
10.	Guilherme Costa, REBELO		10	Pimpoes/Cimai				19:56.72	354
	50m:	33.91 33.91	450m:	5:48.17 39.09	850m:	11:07.40 41.04	1250m:	16:35.56 41.72	
	100m:	1:12.16 38.25	500m:	6:27.65 39.48	900m:	11:46.96 39.56	1300m:	17:16.75 41.19	
	150m:	1:51.07 38.91	550m:	7:07.15 39.50	950m:	12:28.24 41.28	1350m:	17:57.89 41.14	
	200m:	2:30.25 39.18	600m:	7:46.29 39.14	1000m:	13:08.92 40.68	1400m:	18:38.80 40.91	
	250m:	3:10.06 39.81	650m:	8:26.15 39.86	1050m:	13:49.68 40.76	1450m:	19:18.61 39.81	
	300m:	3:49.44 39.38	700m:	9:06.92 40.77	1100m:	14:30.74 41.06	1500m:	19:56.72 38.11	
	350m:	4:29.31 39.87	750m:	9:46.31 39.39	1150m:	15:12.49 41.75			
	400m:	5:09.08 39.77	800m:	10:26.36 40.05	1200m:	15:53.84 41.35			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts		
11.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai				19:58.00	353		
	50m:	34.44 34.44	450m:	5:53.69	40.21	850m:	11:16.76	39.94	1250m:	16:39.77	40.41
	100m:	1:13.17 38.73	500m:	6:34.00	40.31	900m:	11:57.06	40.30	1300m:	17:20.53	40.76
	150m:	1:51.87 38.70	550m:	7:14.17	40.17	950m:	12:37.17	40.11	1350m:	18:00.68	40.15
	200m:	2:31.63 39.76	600m:	7:54.54	40.37	1000m:	13:17.97	40.80	1400m:	18:41.03	40.35
	250m:	3:11.52 39.89	650m:	8:34.94	40.40	1050m:	13:58.70	40.73	1450m:	19:19.76	38.73
	300m:	3:52.24 40.72	700m:	9:15.46	40.52	1100m:	14:38.79	40.09	1500m:	19:58.00	38.24
	350m:	4:32.94 40.70	750m:	9:56.29	40.83	1150m:	15:19.58	40.79			
	400m:	5:13.48 40.54	800m:	10:36.82	40.53	1200m:	15:59.36	39.78			
12.	Dinis Lamas, SANTOS		10	Ba-Leiria				20:09.93	342		
	50m:	35.52 35.52	450m:	5:57.56	40.73	850m:	11:21.57	39.83	1250m:	16:48.58	41.89
	100m:	1:15.14 39.62	500m:	6:38.31	40.75	900m:	12:01.46	39.89	1300m:	17:30.13	41.55
	150m:	1:54.88 39.74	550m:	7:18.76	40.45	950m:	12:42.47	41.01	1350m:	18:10.80	40.67
	200m:	2:35.04 40.16	600m:	7:59.32	40.56	1000m:	13:23.25	40.78	1400m:	18:51.84	41.04
	250m:	3:15.26 40.22	650m:	8:40.00	40.68	1050m:	14:04.19	40.94	1450m:	19:32.62	40.78
	300m:	3:55.74 40.48	700m:	9:20.72	40.72	1100m:	14:45.04	40.85	1500m:	20:09.93	37.31
	350m:	4:36.35 40.61	750m:	10:01.45	40.73	1150m:	15:25.29	40.25			
	400m:	5:16.83 40.48	800m:	10:41.74	40.29	1200m:	16:06.69	41.40			
13.	Pedro Souza, SILVA		10	Pimpoes/Cimai				20:16.14	337		
	50m:	35.61 35.61	450m:	5:58.85	41.01	850m:	11:25.79	40.62	1250m:	16:54.45	40.85
	100m:	1:15.47 39.86	500m:	6:39.36	40.51	900m:	12:07.01	41.22	1300m:	17:35.50	41.05
	150m:	1:55.86 40.39	550m:	7:20.34	40.98	950m:	12:48.25	41.24	1350m:	18:16.68	41.18
	200m:	2:36.42 40.56	600m:	8:01.06	40.72	1000m:	13:29.26	41.01	1400m:	18:57.43	40.75
	250m:	3:16.62 40.20	650m:	8:42.05	40.99	1050m:	14:10.67	41.41	1450m:	19:37.63	40.20
	300m:	3:55.92 39.30	700m:	9:23.16	41.11	1100m:	14:51.73	41.06	1500m:	20:16.14	38.51
	350m:	4:37.00 41.08	750m:	10:04.25	41.09	1150m:	15:32.59	40.86			
	400m:	5:17.84 40.84	800m:	10:45.17	40.92	1200m:	16:13.60	41.01			
14.	Gabriel Krempel, VARELA		10	Pimpoes/Cimai				20:34.26	323		
	50m:	35.32 35.32	450m:	6:01.99	41.84	850m:	11:36.48	41.37	1250m:	17:12.66	41.83
	100m:	1:14.48 39.16	500m:	6:43.20	41.21	900m:	12:19.00	42.52	1300m:	17:54.60	41.94
	150m:	1:54.69 40.21	550m:	7:25.15	41.95	950m:	12:59.22	40.22	1350m:	18:35.59	40.99
	200m:	2:35.19 40.50	600m:	8:06.84	41.69	1000m:	13:42.41	43.19	1400m:	19:16.28	40.69
	250m:	3:15.61 40.42	650m:	8:48.16	41.32	1050m:	14:24.92	42.51	1450m:	19:56.42	40.14
	300m:	3:56.85 41.24	700m:	9:30.02	41.86	1100m:	15:07.33	42.41	1500m:	20:34.26	37.84
	350m:	4:38.38 41.53	750m:	10:12.36	42.34	1150m:	15:48.86	41.53			
	400m:	5:20.15 41.77	800m:	10:55.11	42.75	1200m:	16:30.83	41.97			
15.	Tomas Marques, FRANCISCO		10	CNLeiria				20:42.51	316		
	50m:	36.09 36.09	450m:	6:05.25	41.31	850m:	11:39.52	41.44	1250m:	17:17.50	41.20
	100m:	1:17.14 41.05	500m:	6:46.94	41.69	900m:	12:21.05	41.53	1300m:	17:58.47	40.97
	150m:	1:58.02 40.88	550m:	7:27.84	40.90	950m:	13:03.92	42.87	1350m:	18:43.75	45.28
	200m:	2:39.61 41.59	600m:	8:09.75	41.91	1000m:	13:45.60	41.68	1400m:	19:25.81	42.06
	250m:	3:20.52 40.91	650m:	8:51.94	42.19	1050m:	14:28.38	42.78	1450m:	20:04.27	38.46
	300m:	4:01.48 40.96	700m:	9:32.74	40.80	1100m:	15:10.17	41.79	1500m:	20:42.51	38.24
	350m:	4:42.06 40.58	750m:	10:15.02	42.28	1150m:	15:53.45	43.28			
	400m:	5:23.94 41.88	800m:	10:58.08	43.06	1200m:	16:36.30	42.85			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts			
16.	Simao Sousa, JESUS		10	Nautico Marinha Grande				21:15.38	292			
	50m:	37.40	37.40	450m:	6:14.12	42.54	850m:	11:58.90	43.27	1250m:	17:44.64	42.85
	100m:	1:18.22	40.82	500m:	6:57.00	42.88	900m:	12:42.19	43.29	1300m:	18:27.85	43.21
	150m:	2:00.15	41.93	550m:	7:40.06	43.06	950m:	13:24.84	42.65	1350m:	19:11.57	43.72
	200m:	2:41.97	41.82	600m:	8:22.99	42.93	1000m:	14:07.80	42.96	1400m:	19:54.76	43.19
	250m:	3:23.99	42.02	650m:	9:05.98	42.99	1050m:	14:51.46	43.66	1450m:	20:36.89	42.13
	300m:	4:06.57	42.58	700m:	9:49.49	43.51	1100m:	15:34.82	43.36	1500m:	21:15.38	38.49
	350m:	4:49.26	42.69	750m:	10:32.69	43.20	1150m:	16:18.70	43.88			
	400m:	5:31.58	42.32	800m:	11:15.63	42.94	1200m:	17:01.79	43.09			

DNS Francisco Antonio, SIMOES 10 Ba-Leiria

Prova 23 Masc., 1500m Livres Infantil B Resultados

19/05/2024 - 9:52

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Martim Duarte, ROQUE		11	CNLeiria				20:02.65	349			
	50m:	35.36	35.36	450m:	5:56.27	40.30	850m:	11:20.81	40.47	1250m:	16:44.39	40.65
	100m:	1:15.11	39.75	500m:	6:36.84	40.57	900m:	12:01.06	40.25	1300m:	17:25.25	40.86
	150m:	1:55.45	40.34	550m:	7:17.62	40.78	950m:	12:41.54	40.48	1350m:	18:06.17	40.92
	200m:	2:35.44	39.99	600m:	7:57.84	40.22	1000m:	13:22.22	40.68	1400m:	18:46.20	40.03
	250m:	3:16.02	40.58	650m:	8:37.76	39.92	1050m:	14:02.43	40.21	1450m:	19:25.64	39.44
	300m:	3:55.64	39.62	700m:	9:18.45	40.69	1100m:	14:42.91	40.48	1500m:	20:02.65	37.01
	350m:	4:35.97	40.33	750m:	9:59.44	40.99	1150m:	15:23.34	40.43			
	400m:	5:15.97	40.00	800m:	10:40.34	40.90	1200m:	16:03.74	40.40			
2.	Vidar Albert, JUNG		11	Nautico Marinha Grande				20:10.28	342			
	50m:	35.20	35.20	450m:	6:03.24	41.12	850m:	11:32.22	41.08	1250m:	16:55.91	39.81
	100m:	1:15.14	39.94	500m:	6:44.92	41.68	900m:	12:13.50	41.28	1300m:	17:35.83	39.92
	150m:	1:56.20	41.06	550m:	7:25.51	40.59	950m:	12:54.21	40.71	1350m:	18:15.99	40.16
	200m:	2:36.65	40.45	600m:	8:06.38	40.87	1000m:	13:35.03	40.82	1400m:	18:55.24	39.25
	250m:	3:18.04	41.39	650m:	8:47.76	41.38	1050m:	14:16.59	41.56	1450m:	19:34.30	39.06
	300m:	3:59.91	41.87	700m:	9:29.12	41.36	1100m:	14:55.62	39.03	1500m:	20:10.28	35.98
	350m:	4:41.35	41.44	750m:	10:10.18	41.06	1150m:	15:35.68	40.06			
	400m:	5:22.12	40.77	800m:	10:51.14	40.96	1200m:	16:16.10	40.42			
3.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande				20:24.68	330			
	50m:	36.49	36.49	450m:	6:07.83	41.73	850m:	11:37.25	41.47	1250m:	17:04.46	40.79
	100m:	1:16.96	40.47	500m:	6:49.42	41.59	900m:	12:18.18	40.93	1300m:	17:45.80	41.34
	150m:	1:58.55	41.59	550m:	7:30.92	41.50	950m:	12:59.28	41.10	1350m:	18:26.60	40.80
	200m:	2:40.53	41.98	600m:	8:11.81	40.89	1000m:	13:40.63	41.35	1400m:	19:07.72	41.12
	250m:	3:22.00	41.47	650m:	8:53.09	41.28	1050m:	14:20.99	40.36	1450m:	19:48.22	40.50
	300m:	4:03.77	41.77	700m:	9:34.40	41.31	1100m:	15:01.97	40.98	1500m:	20:24.68	36.46
	350m:	4:45.06	41.29	750m:	10:15.31	40.91	1150m:	15:42.74	40.77			
	400m:	5:26.10	41.04	800m:	10:55.78	40.47	1200m:	16:23.67	40.93			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil B

Lugar			Ano				Tempo final	Pts
4. Martim Cruz, MOURA			11		CNLeiria		21:22.77	287
50m:	39.42	39.42	450m:	6:23.76	43.49	850m:	12:06.09	42.62
100m:	1:22.39	42.97	500m:	7:06.98	43.22	900m:	12:48.62	42.53
150m:	2:05.71	43.32	550m:	7:49.67	42.69	950m:	13:31.25	42.63
200m:	2:48.42	42.71	600m:	8:32.90	43.23	1000m:	14:14.32	43.07
250m:	3:30.93	42.51	650m:	9:15.85	42.95	1050m:	14:57.81	43.49
300m:	4:13.94	43.01	700m:	9:58.09	42.24	1100m:	15:40.53	42.72
350m:	4:57.05	43.11	750m:	10:41.03	42.94	1150m:	16:23.38	42.85
400m:	5:40.27	43.22	800m:	11:23.47	42.44	1200m:	17:06.32	42.94
5. Martin, SHEVCHUK			11		CNLeiria		21:55.68	266
50m:	38.00	38.00	450m:	6:27.48	44.93	850m:	12:21.99	43.83
100m:	1:20.30	42.30	500m:	7:12.42	44.94	900m:	13:05.27	43.28
150m:	2:03.53	43.23	550m:	7:56.15	43.73	950m:	13:50.43	45.16
200m:	2:47.05	43.52	600m:	8:39.98	43.83	1000m:	14:35.13	44.70
250m:	3:31.03	43.98	650m:	9:24.54	44.56	1050m:	15:20.66	45.53
300m:	4:15.54	44.51	700m:	10:08.47	43.93	1100m:	16:05.20	44.54
350m:	4:58.45	42.91	750m:	10:52.58	44.11	1150m:	16:49.40	44.20
400m:	5:42.55	44.10	800m:	11:38.16	45.58	1200m:	17:34.33	44.93
6. Francisco Costa, VALENTIM			11		Óbidos		22:14.82	255
50m:	39.99	39.99	450m:	6:38.46	45.20	850m:	12:36.32	45.32
100m:	1:24.75	44.76	500m:	7:22.52	44.06	900m:	13:20.60	44.28
150m:	2:09.96	45.21	550m:	8:07.66	45.14	950m:	14:05.30	44.70
200m:	2:54.29	44.33	600m:	8:52.58	44.92	1000m:	14:49.97	44.67
250m:	3:39.37	45.08	650m:	9:37.09	44.51	1050m:	15:35.48	45.51
300m:	4:23.39	44.02	700m:	10:21.62	44.53	1100m:	16:20.73	45.25
350m:	5:08.06	44.67	750m:	11:06.34	44.72	1150m:	17:05.75	45.02
400m:	5:53.26	45.20	800m:	11:51.00	44.66	1200m:	17:50.12	44.37
7. Vasco Sousa, LEMOS			11		Pimpoes/Cimai		22:50.14	236
50m:	39.17	39.17	450m:	6:49.02	48.03	850m:	12:58.17	46.47
100m:	1:22.95	43.78	500m:	7:32.49	43.47	900m:	13:44.06	45.89
150m:	2:08.23	45.28	550m:	8:18.96	46.47	950m:	14:30.35	46.29
200m:	2:54.23	46.00	600m:	9:06.41	47.45	1000m:	15:17.20	46.85
250m:	3:40.21	45.98	650m:	9:52.83	46.42	1050m:	16:03.36	46.16
300m:	4:27.70	47.49	700m:	10:40.31	47.48	1100m:	16:49.79	46.43
350m:	5:14.18	46.48	750m:	11:24.70	44.39	1150m:	17:36.61	46.82
400m:	6:00.99	46.81	800m:	12:11.70	47.00	1200m:	18:23.84	47.23
8. Bruno Garcia, MILITAO			11		Óbidos		24:24.83	193
50m:	41.48	41.48	450m:	7:11.65	49.23	850m:	13:49.24	50.44
100m:	1:28.43	46.95	500m:	8:00.82	49.17	900m:	14:40.45	51.21
150m:	2:16.49	48.06	550m:	8:49.19	48.37	950m:	15:29.50	49.05
200m:	3:04.76	48.27	600m:	9:37.92	48.73	1000m:	16:18.06	48.56
250m:	3:54.38	49.62	650m:	10:27.64	49.72	1050m:	17:06.50	48.44
300m:	4:43.58	49.20	700m:	11:17.94	50.30	1100m:	17:55.68	49.18
350m:	5:33.96	50.38	750m:	12:08.64	50.70	1150m:	18:46.87	51.19
400m:	6:22.42	48.46	800m:	12:58.80	50.16	1200m:	19:36.28	49.41



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil B

Lugar			Ano					Tempo final	Pts
9.	Simao Pedro, MARQUES		11	Uniao Juncalense				25:39.39	166
	50m:	43.90 43.90	450m:	7:43.95 52.80	850m:	14:41.55 52.98	1250m:	21:30.86 50.99	
	100m:	1:34.38 50.48	500m:	8:36.78 52.83	900m:	15:31.74 50.19	1300m:	22:22.03 51.17	
	150m:	2:26.39 52.01	550m:	9:28.20 51.42	950m:	16:24.12 52.38	1350m:	23:11.70 49.67	
	200m:	3:18.87 52.48	600m:	10:19.33 51.13	1000m:	17:16.87 52.75	1400m:	24:02.93 51.23	
	250m:	4:11.67 52.80	650m:	11:12.60 53.27	1050m:	18:07.39 50.52	1450m:	24:52.94 50.01	
	300m:	5:04.91 53.24	700m:	12:04.28 51.68	1100m:	18:58.19 50.80	1500m:	25:39.39 46.45	
	350m:	5:58.41 53.50	750m:	12:56.27 51.99	1150m:	19:48.69 50.50			
	400m:	6:51.15 52.74	800m:	13:48.57 52.30	1200m:	20:39.87 51.18			
10.	Gabriel Marques, CARREIRA		11	Uniao Juncalense				27:12.22	139
	50m:	44.33 44.33	450m:	7:50.63 53.97	850m:	15:09.84 56.06	1250m:	22:37.59 55.37	
	100m:	1:35.78 51.45	500m:	8:45.53 54.90	900m:	16:04.53 54.69	1300m:	23:33.00 55.41	
	150m:	2:28.89 53.11	550m:	9:39.78 54.25	950m:	17:01.69 57.16	1350m:	24:29.56 56.56	
	200m:	3:21.22 52.33	600m:	10:34.29 54.51	1000m:	17:58.19 56.50	1400m:	25:24.74 55.18	
	250m:	4:14.49 53.27	650m:	11:29.03 54.74	1050m:	18:54.46 56.27	1450m:	26:19.01 54.27	
	300m:	5:08.10 53.61	700m:	12:23.08 54.05	1100m:	19:50.22 55.76	1500m:	27:12.22 53.21	
	350m:	6:01.29 53.19	750m:	13:18.41 55.33	1150m:	20:46.64 56.42			
	400m:	6:56.66 55.37	800m:	14:13.78 55.37	1200m:	21:42.22 55.58			
DNS	Guilherme Melo, ELIAS		11	Naval da Nazaré					
DNS	Rodrigo Duarte, CARREIRA		11	Alcobaca					
DNS	Joao Santos, ALMEIDA		11	Ba-Leiria					