



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

1 - 1ª Jornada - Sessão da tarde

21/12/2024 - 15:00

Prova 1 Femin., 50m Livres Infantil B FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac INF B	27.89	Carolina Miranda, FERNANDES	CGA	Espinho	13/05/2017

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts
1. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	35.20	276
2. Alicia Ferreira, OLIVEIRA	13	Ba-Leiria	35.28	274
3. Lara Sofia, MARCELINO	13	Vieirense	36.91	239
4. Maria Leal, ALVES	13	Alcobaca	36.99	238
5. Avron Dawn, SANTOS	13	Vieirense	37.45	229
6. Maria Joao, OLIVEIRA	13	Alcobaca	37.64	226
7. Emma Henriques, SOUTO	13	Óbidos	38.00	219
8. Ines Barreto, CALDEIREIRO	13	Vieirense	38.64	208
9. Sara Machado, JANUARIO	13	Alcobaca	38.83	205
10. Violeta Neves, SILVA	13	Nucleo de Pombal	39.75	191
11. Elisa Rodrigues, SIMOES	13	Benedita	41.22	172
12. Nuria Rocha, BOTAS	13	Vieirense	41.34	170
13. Constanca Teopisto, CARVALHO	13	Alcobaca	44.51	136
DNS Carminho Jose, LOPES	13	Benedita		DNS

Prova 1 Femin., 50m Livres Infantil A FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac INF A	27.43	Marta Lopes, BRITES	CNPDL	Ponta Delgada	12/07/2019

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts
1. Laura Krempel, VARELA	12	Pimpoes/Cimai	30.72	415
2. Emma, AVRAMESCU	12	Nautico Marinha Grande	31.88	372
3. Emiliania Arruda, SARAIVA	12	Vieirense	32.29	358
4. Mafalda Varela, BERNARDINO	12	Alcobaca	32.73	343
5. Ines Pinto, MARTINS	12	Pimpoes/Cimai	32.96	336
6. Luna Francisco, PEREIRA	12	Nucleo de Pombal	33.03	334
7. Benedita Nunes, FELIX	12	Pimpoes/Cimai	33.15	330
8. Julia Pinto, PINHEIRO	12	Pimpoes/Cimai	33.23	328
9. Maria Leonor, ASSUNCAO	12	Pimpoes/Cimai	33.34	325
10. Beatriz Julio, CORREIA	12	CNLeiria - VOID	33.73	314
11. Valeria, MORITS	12	Nautico Marinha Grande	34.57	291
12. Safira Pedro, FONSECA	12	Vieirense	35.04	280
13. Constanca Santos, COUTINHO	12	Naval da Nazaré	35.33	273
14. Rita Alexandra, JORDAO	12	Uniao Juncalense	35.95	259
15. Yaroslava, TABUNSCHYK	12	CNLeiria - VOID	36.05	257
16. Mariana Duarte, ANTUNES	12	Alcobaca	36.38	250
17. Maria Ines, GOMES	12	Nucleo de Pombal	36.56	246
18. Rita Francisco, SIMOES	12	Vieirense	36.72	243



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 1, Femin., 50m Livres, Infantil A FEM

Lugar	Ano		Tempo final	Pts
19.	12	Iara Maria, CAMACHO	36.85	240
20.	12	Daniela Carvalho, FERREIRA	37.14	235
21.	12	Maria Leonor, FERREIRA	37.83	222
22.	12	Jessica Garcia, FERREIRA	38.64	208

Prova 1 Femin., 50m Livres Juvenil B FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac JUV B	26.85	Ana Margarida, GUEDES	GCVR	Bragança	05/07/2015

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	
1.	11	Francisca Moreira, FELICIANO	29.69	460	
2.	11	Anastasiya, PRYMACHENKO	30.86	410	
3.	11	Beatriz Marques, GASPAS	31.11	400	
4.	11	Carlota Sa, SANTOS	31.54	384	
5.	11	Carolina Silva, CASTANHEIRA	31.89	371	
6.	11	Cristiana Henriques, ALMEIDA	32.53	350	
7.	11	Margarida Lopes, RODRIGUES	34.04	305	
	11	Isabela Lourenco, COSTA	34.04	305	
9.	11	Margarida Soares, MAIA	34.17	302	
10.	11	Maria Santos, FONSECA	34.45	294	
11.	11	Beatriz Morgado, SILVA	38.27	215	
DNS	11	Kelly Simao, COSTA			DNS
DNS	11	Mariana Sousa, MENDES			DNS

Prova 1 Femin., 50m Livres Juvenil A FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac JUV A	26.37	Carolina Miranda, FERNANDES	CGA	Albufeira	09/11/2019

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	
1.	10	Sofia Roma, BRIZIDA	30.50	424	
2.	10	Leonor Silva, MARTINS	30.67	417	
3.	10	Laura Samora, GONCALVES	31.70	378	
DSQ	10	Mariana Sousa, OLIVEIRA			DSQ
		<i>Falsa partida SW4.4.</i>			



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 1, Femin., 50m Livres

Prova 1 Femin., 50m Livres Junior FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac 18	26.05	Ana Margarida, GUEDES	GCVR	Felgueiras	22/12/2018
Rec Nac 17	25.42	Carolina Miranda, FERNANDES	CGA	Albufeira	14/11/2021
Rec Nac 16	26.07	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	18/07/2021

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts
1.	09	Alcobaça	29.54	467
2.	08	Alcobaça	30.10	442
3.	09	Naval de Peniche	30.27	434
4.	08	Alcobaça	30.81	412
5.	09	Naval de Peniche	30.91	408
6.	08	Vieirense	31.05	402
7.	07	Vieirense	31.62	381
8.	08	CNLeiria - VOID	32.05	366
9.	08	Nucleo de Pombal	33.05	333
10.	07	Naval da Nazaré	33.34	325

Prova 1 Femin., 50m Livres Senior FEM  
21/12/2024 - 15:00 Resultados

Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec Nac SEN	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	
1.	90	Alcobaça	29.40	474	
2.	01	Vieirense	30.55	422	
3.	06	Nucleo de Pombal	31.85	373	
EXH	09	Naval de Peniche	30.07	443	EXH
EXH	10	Óbidos	30.13	440	EXH
EXH	06	Vieirense	30.29	433	EXH
EXH	05	Benedita	30.67	417	EXH
EXH	07	Uniao Juncalense	32.24	359	EXH
EXH	08	Uniao Juncalense	33.37	324	EXH
EXH	12	Ba-Leiria	33.75	313	EXH
EXH	11	Ba-Leiria	34.16	302	EXH
EXH	08	Uniao Juncalense	34.36	297	EXH
EXH	11	Uniao Juncalense	35.20	276	EXH
EXH	12	Pimpoes/Cimai	35.84	261	EXH
EXH	11	Uniao Juncalense	36.00	258	EXH
EXH	11	Nucleo de Pombal	36.17	254	EXH
EXH	11	Pimpoes/Cimai	36.33	251	EXH
EXH	12	Pimpoes/Cimai	36.73	243	EXH
EXH	13	Pimpoes/Cimai	37.33	231	EXH
EXH	11	Naval de Peniche	37.47	229	EXH
EXH	11	Benedita	38.15	217	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 1, Femin., 50m Livres

Lugar	Ano	Tempo final	Pts
EXH Mariana Santos, VALENTIM	13 Pimpoes/Cimai	38.34	213 EXH
EXH Mafalda Amado, QUARESMA	13 Pimpoes/Cimai	38.42	212 EXH
EXH Ivanna Gomes, VINNIKOV	08 Uniao Juncalense	39.56	194 EXH
EXH Francisca Vieira, SILVA	13 Nucleo de Pombal	39.76	191 EXH
EXH Eva Vieira, SILVA	13 Nucleo de Pombal	42.59	156 EXH
EXH Luiza Fernandes, SILVA	13 Uniao Juncalense	43.20	149 EXH
EXH Leonor Ferreira, PAULINO	11 Uniao Juncalense	43.57	145 EXH
EXH Joana Andre, MAIA	13 Uniao Juncalense	49.12	101 EXH
EXH Maria Francisca, SANTOS	09 Uniao Juncalense	50.95	91 EXH

Prova 2  
21/12/2024 - 15:18

Masc., 200m Estilos

Infantil B MASC  
Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac INF B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02/06/2013

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS	12 Alcobaca	2:32.30	372
50m: 31.65 31.65	100m: 1:10.61 38.96	150m: 1:59.38 48.77	200m: 2:32.30 32.92
2. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	2:38.38	331
50m: 32.81 32.81	100m: 1:13.31 40.50	150m: 2:02.22 48.91	200m: 2:38.38 36.16
3. Tomas Vieira, FIGUEIREDO	12 Alcobaca	2:50.76	264
50m: 37.42 37.42	100m: 1:23.26 45.84	150m: 2:12.21 48.95	200m: 2:50.76 38.55
4. Martim Piedade, SANTOS	12 Pimpoes/Cimai	2:51.42	261
50m: 37.88 37.88	100m: 1:22.18 44.30	150m: 2:14.80 52.62	200m: 2:51.42 36.62
5. Roberto Bento, CANAS	12 Pimpoes/Cimai	3:02.48	216
50m: 43.37 43.37	100m: 1:28.58 45.21	150m: 2:20.31 51.73	200m: 3:02.48 42.17
6. Tomas Barata, ALVES	12 Nautico Marinha Grande	3:04.88	208
50m: 43.32 43.32	100m: 1:31.71 48.39	150m: 2:24.99 53.28	200m: 3:04.88 39.89
7. Gabriel Sousa, GOMES	12 Óbidos	3:08.18	197
50m: 40.95 40.95	100m: 1:29.87 48.92	150m: 2:25.30 55.43	200m: 3:08.18 42.88
8. Joao Maria, TEMPERO	12 Pimpoes/Cimai	3:13.73	181
50m: 44.43 44.43	100m: 1:33.16 48.73	150m: 2:32.65 59.49	200m: 3:13.73 41.08
9. Joao Pedro, BELO	12 Nautico Marinha Grande	3:18.51	168
50m: 43.70 43.70	100m: 1:31.57 47.87	150m: 2:33.11 1:01.54	200m: 3:18.51 45.40
10. Goncalo Nunes, MORAIS	12 Ba-Leiria	3:23.04	157
50m: 47.72 47.72	100m: 1:41.88 54.16	150m: 2:38.46 56.58	200m: 3:23.04 44.58
DSQ Egor, MIKHAILOV	12 Ba-Leiria		DSQ
<i>Aos 100 metros o atleta chegou na posição ventral.</i>			
DSQ Mihail, ONCIU	12 Ba-Leiria		DSQ
<i>Na viragem aos 75 metros, o atleta saiu na posição ventral. Na viragem aos 25 e aos 125 metros, o atleta não tocou com as duas mãos na parede.</i>			



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Alcobaça, 21 - 22/12/2024

Prova 2, Masc., 200m Estilos, Infantil B MASC

Lugar	Ano	Tempo final	Pts
DSQ Tiago Caixinha, SENICA	12 Ba-Leiria		DSQ
<i>O atleta efetuou mais do que uma braçada de crol, na viragem de costas aos 75 metros.</i>			
DSQ Eduardo Manuel, FERREIRA	12 Nucleo de Pombal		DSQ
DSQ Sebastian, PACHECO	12 Naval de Peniche		DSQ
<i>O atleta tocou com as mãos alternadas na viragem aos 125 metros.</i>			
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS

Prova 2 Masc., 200m Estilos Infantil A MASC Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac INF A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17/07/2004

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA	11 Ba-Leiria	2:34.19	359
50m: 33.37 33.37	100m: 1:14.64 41.27	150m: 1:57.11 42.47	200m: 2:34.19 37.08
2. Martim Duarte, ROQUE	11 CNLeiria - VOID	2:37.67	336
50m: 35.35 35.35	100m: 1:17.04 41.69	150m: 2:02.57 45.53	200m: 2:37.67 35.10
3. Martim Cruz, MOURA	11 CNLeiria - VOID	2:37.71	335
50m: 33.57 33.57	100m: 1:14.89 41.32	150m: 2:01.87 46.98	200m: 2:37.71 35.84
4. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	2:41.59	312
50m: 33.91 33.91	100m: 1:15.96 42.05	150m: 2:04.19 48.23	200m: 2:41.59 37.40
5. Vasco Sousa, LEMOS	11 Pimpoes/Cimai	2:43.66	300
50m: 36.30 36.30	100m: 1:16.93 40.63	150m: 2:06.27 49.34	200m: 2:43.66 37.39
6. Francisco Costa, VALENTIM	11 Óbidos	2:46.79	283
50m: 38.11 38.11	100m: 1:19.42 41.31	150m: 2:08.54 49.12	200m: 2:46.79 38.25
7. Dinis Morgado, FERREIRA	11 Ba-Leiria	2:55.22	244
50m: 37.65 37.65	100m: 1:23.40 45.75	150m: 2:15.73 52.33	200m: 2:55.22 39.49
8. Guilherme Melo, ELIAS	11 Naval da Nazaré	2:55.43	244
50m: 37.08 37.08	100m: 1:22.04 44.96	150m: 2:13.36 51.32	200m: 2:55.43 42.07
9. Martin, SHEVCHUK	11 CNLeiria - VOID	2:56.23	240
50m: 38.57 38.57	100m: 1:26.22 47.65	150m: 2:16.98 50.76	200m: 2:56.23 39.25
10. Rodrigo Nicolau, RITA	11 Vieiraense	3:02.63	216
50m: 39.16 39.16	100m: 1:27.74 48.58	150m: 2:23.96 56.22	200m: 3:02.63 38.67
11. Rodrigo Duarte, CARREIRA	11 Alcobaca	3:06.29	203
50m: 41.43 41.43	100m: 1:29.52 48.09	150m: 2:25.67 56.15	200m: 3:06.29 40.62
12. Rodrigo Freire, JOAQUIM	11 CNLeiria - VOID	3:12.13	185
50m: 43.95 43.95	100m: 1:34.99 51.04	150m: 2:32.10 57.11	200m: 3:12.13 40.03
13. Joao Rodrigo, BREDA	11 Nautico Marinha Grande	3:12.94	183
50m: 43.16 43.16	100m: 1:29.95 46.79	150m: 2:28.62 58.67	200m: 3:12.94 44.32
14. Joao Pedro, CRUZ	11 Naval de Peniche	3:13.16	182
50m: 44.07 44.07	100m: 1:32.55 48.48	150m: 2:31.31 58.76	200m: 3:13.16 41.85



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 2, Masc., 200m Estilos, Infantil A MASC

Lugar	Ano	Tempo final	Pts
DSQ Diogo Demirel, FERREIRA	11 Ba-Leiria		DSQ
<i>Aos 100 metros, na chegada, o atleta não concluiu o percurso na posição dorsal.</i>			
DSQ Diego Rodrigues, MENDES	11 Nautico Marinha Grande		DSQ
<i>Aos 75 metros o atleta efetuou mais do que uma braçada.</i>			
DNS Valentim Antonio, PEREIRA	11 CNLeiria - VOID		DNS

Prova 2 Masc., 200m Estilos Juvenil B MASC Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	10/05/2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM	10 CNLeiria - VOID	2:16.94	513
50m: 26.76 26.76	100m: 1:02.93 36.17	150m: 1:43.91 40.98	200m: 2:16.94 33.03
2. Antonio Antunes, JORGE	10 Alcobaca	2:18.13	499
50m: 30.29 30.29	100m: 1:07.45 37.16	150m: 1:47.22 39.77	200m: 2:18.13 30.91
3. David Xavier, ALMEIDA	10 Ba-Leiria	2:21.09	469
50m: 31.11 31.11	100m: 1:09.82 38.71	150m: 1:49.51 39.69	200m: 2:21.09 31.58
4. Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	2:23.89	442
50m: 30.25 30.25	100m: 1:06.64 36.39	150m: 1:50.83 44.19	200m: 2:23.89 33.06
5. Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande	2:24.44	437
50m: 30.27 30.27	100m: 1:08.54 38.27	150m: 1:52.06 43.52	200m: 2:24.44 32.38
6. Rodrigo Cardoso, TOMAS	10 Alcobaca	2:26.80	416
50m: 31.37 31.37	100m: 1:08.46 37.09	150m: 1:53.88 45.42	200m: 2:26.80 32.92
7. Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	2:28.99	398
50m: 32.43 32.43	100m: 1:11.87 39.44	150m: 1:54.31 42.44	200m: 2:28.99 34.68
8. Afonso Ferreira, REIS	10 Nautico Marinha Grande	2:31.49	378
50m: 32.79 32.79	100m: 1:11.36 38.57	150m: 1:55.46 44.10	200m: 2:31.49 36.03
9. Simao Sousa, JESUS	10 Nautico Marinha Grande	2:35.92	347
50m: 33.25 33.25	100m: 1:15.91 42.66	150m: 2:00.18 44.27	200m: 2:35.92 35.74
10. Lucas Costa, JESUS	10 Nautico Marinha Grande	2:39.13	326
50m: 34.31 34.31	100m: 1:14.30 39.99	150m: 2:02.82 48.52	200m: 2:39.13 36.31
11. Gabriel Krempel, VARELA	10 Pimpoes/Cimai	2:41.26	314
50m: 36.66 36.66	100m: 1:19.08 42.42	150m: 2:05.81 46.73	200m: 2:41.26 35.45
12. Santiago Neves, SILVA	10 Nucleo de Pombal	2:47.32	281
50m: 36.12 36.12	100m: 1:20.78 44.66	150m: 2:09.14 48.36	200m: 2:47.32 38.18
13. Francisco Antonio, SIMOES	10 Ba-Leiria	2:49.54	270
50m: 39.83 39.83	100m: 1:24.92 45.09	150m: 2:11.71 46.79	200m: 2:49.54 37.83
DSQ Tomas Marques, FRANCISCO	10 CNLeiria - VOID		DSQ
<i>Na viragem aos 100 metros, o atleta não tocou com as mãos na parede.</i>			



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 2, Masc., 200m Estilos

Prova 2 Masc., 200m Estilos Juvenil A MASC  
21/12/2024 - 15:18 Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	15/05/2004

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Martim Alexandre, MESQUITA 50m: 29.53 29.53	09 Nautico Marinha Grande 100m: 1:07.62 38.09 150m: 1:50.40 42.78	2:21.33	466 30.93
2. David Ferrador, PEREIRA 50m: 30.57 30.57	09 CNLeiria - VOID 100m: 1:07.76 37.19 150m: 1:52.10 44.34	2:25.38	428 33.28
3. Pedro Fonseca, OLIVEIRA 50m: 30.81 30.81	09 Nautico Marinha Grande 100m: 1:08.11 37.30 150m: 1:53.05 44.94	2:26.80	416 33.75
4. Santiago Jose, PACHECO 50m: 33.35 33.35	09 Alcobaca 100m: 1:12.83 39.48 150m: 1:58.15 45.32	2:31.56	378 33.41
5. Maksym, TYSHCHUK 50m: 34.49 34.49	09 Nautico Marinha Grande 100m: 1:14.41 39.92 150m: 2:00.71 46.30	2:37.65	336 36.94
6. Gabriel Santiago, FERREIRA 50m: 33.49 33.49	09 Uniao Juncalense 100m: 1:14.07 40.58 150m: 2:03.75 49.68	2:40.70	317 36.95
7. Vladyslav, BABUSHKIN 50m: 36.55 36.55	09 Nautico Marinha Grande 100m: 1:19.61 43.06 150m: 2:07.61 48.00	2:44.15	297 36.54
8. Francisco Lourenco, CUSTODIO 50m: 37.13 37.13	09 Naval da Nazaré 100m: 1:20.02 42.89 150m: 2:15.79 55.77	2:53.63	251 37.84
DNS Rodrigo Oliveira, SANTOS	09 Alcobaca		DNS

Prova 2 Masc., 200m Estilos Junior MASC  
21/12/2024 - 15:18 Resultados

Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	10/05/2015
Rec Nac 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	06/03/2005

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Tiago Santos, POMBO 50m: 29.25 29.25	08 Alcobaca 100m: 1:07.23 37.98 150m: 1:50.85 43.62	2:22.42	456 31.57
2. Diogo Coelho, JORDAO 50m: 31.46 31.46	08 Uniao Juncalense 100m: 1:10.33 38.87 150m: 1:52.08 41.75	2:26.27	421 34.19
3. Santiago Boica, SOUSA 50m: 32.32 32.32	08 Vieiraense 100m: 1:13.19 40.87 150m: 1:56.88 43.69	2:28.67	400 31.79
4. Diogo Barata, ALVES 50m: 33.01 33.01	08 Nautico Marinha Grande 100m: 1:15.73 42.72 150m: 2:02.57 46.84	2:39.10	327 36.53
5. Andre Filipe, FERNANDES 50m: 37.50 37.50	07 Alcobaca 100m: 1:25.82 48.32 150m: 2:26.78 1:00.96	3:06.20	204 39.42
EXH Samuel Jorge, BELO 50m: 30.65 30.65	98 Uniao Juncalense 100m: 1:08.37 37.72 150m: 1:52.03 43.66	2:25.64	426 33.61



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 2, Masc., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Andre Guilherme, CORDEIRO 50m: 34.88 34.88	09 Naval de Peniche 100m: 1:17.17 42.29 150m: 2:04.49 47.32	2:42.45	307
EXH Brock Ammon, MERRELL 50m: 35.91 35.91	10 Naval de Peniche 100m: 1:20.26 44.35 150m: 2:10.16 49.90	2:48.81	273
EXH Alexandre, AFONSO SANTOS 50m: 38.28 38.28	09 Uniao Juncalense 100m: 1:20.28 42.00 150m: 2:10.66 50.38	2:51.98	259
EXH Simao Pedro, MARQUES 50m: 37.48 37.48	11 Uniao Juncalense 100m: 1:23.75 46.27 150m: 2:14.78 51.03	2:55.95	241
EXH Tomas Alves, ROCHA 50m: 45.30 45.30	11 Pimpoes/Cimai 100m: 1:34.12 48.82 150m: 2:25.61 51.49	3:04.50	209
EXH Francisco Enes, ALVES 50m: 39.46 39.46	10 Ba-Leiria 100m: 1:31.87 52.41 150m: 2:24.72 52.85	3:09.15	194
EXH Tomas Ferreira, CARVALHO 50m: 42.81 42.81	11 Ba-Leiria 100m: 1:28.90 46.09 150m: 2:26.46 57.56	3:09.54	193
EXH Rafael Teixeira, MARTINS 50m: 43.35 43.35	11 Naval de Peniche 100m: 1:34.65 51.30 150m: 2:31.44 56.79	3:13.09	183
EXH Andrey, POGOMIY 50m: 39.69 39.69	11 Ba-Leiria 100m: 1:29.88 50.19 150m: 2:30.77 1:00.89	3:16.68	173
EXH Lourenco Luis, RIBEIRO 50m: 38.09 38.09	12 Pimpoes/Cimai 100m: 1:33.59 55.50 150m: 2:35.86 1:02.27	3:21.12	161
EXH Afonso Mourao, MIRANDA 50m: 44.62 44.62	12 Ba-Leiria 100m: 1:34.67 50.05 150m: 2:37.29 1:02.62	3:22.43	158
EXH Ruben Jose, FERREIRA 50m: 56.28 56.28	12 Ba-Leiria 100m: 1:52.91 56.63 150m: 2:57.15 1:04.24	3:42.91	118
EXH Duarte Mota, GASPAR 50m: 56.85 56.85	12 Ba-Leiria 100m: 1:54.38 57.53 150m: 2:53.81 59.43	3:45.47	114

Prova 3  
21/12/2024 - 15:58

Femin., 100m Bruços

Infantil B FEM  
Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac INF B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	19/03/1995

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Maria Leal, ALVES 50m: 47.36 47.36	13 Alcobaca 100m: 1:39.56 52.20	1:39.56	245
2. Maria Luisa, CASTILLO 50m: 48.73 48.73	13 Nautico Marinha Grande 100m: 1:43.15 54.42	1:43.15	220
3. Constanca Teopisto, CARVALHO 50m: 50.99 50.99	13 Alcobaca 100m: 1:46.06 55.07	1:46.06	203
4. Maria Joao, OLIVEIRA 50m: 51.32 51.32	13 Alcobaca 100m: 1:46.16 54.84	1:46.16	202



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços, Infantil B FEM

Lugar	Ano	Tempo final	Pts
5. Emma Henriques, SOUTO 50m: 50.54 50.54 100m: 1:46.22 55.68	13 Óbidos	1:46.22	202
6. Alicia Ferreira, OLIVEIRA 50m: 50.94 50.94 100m: 1:47.89 56.95	13 Ba-Leiria	1:47.89	193
7. Violeta Neves, SILVA 50m: 52.30 52.30 100m: 1:48.07 55.77	13 Nucleo de Pombal	1:48.07	192
8. Nuria Rocha, BOTAS 50m: 53.76 53.76 100m: 1:50.99 57.23	13 Vieiraense	1:50.99	177
9. Avron Dawn, SANTOS 50m: 54.64 54.64 100m: 1:53.02 58.38	13 Vieiraense	1:53.02	167
10. Sara Machado, JANUARIO 50m: 55.64 55.64 100m: 1:56.32 1:00.68	13 Alcobaca	1:56.32	154
11. Elisa Rodrigues, SIMOES 50m: 56.29 56.29 100m: 1:56.45 1:00.16	13 Benedita	1:56.45	153
12. Lara Sofia, MARCELINO 50m: 56.04 56.04 100m: 1:56.98 1:00.94	13 Vieiraense	1:56.98	151
13. Ines Barreto, CALDEIREIRO 50m: 54.32 54.32 100m: 1:58.93 1:04.61	13 Vieiraense	1:58.93	144
DNS Matilde Mamede, CECILIO	13 Naval de Peniche		DNS
DNS Carminho Jose, LOPES	13 Benedita		DNS

Prova 3 Femin., 100m Bruços Infantil A FEM  
21/12/2024 - 15:58 Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac INF A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	13/04/2013

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Emma, AVRAMESCU 50m: 40.13 40.13 100m: 1:25.53 45.40	12 Nautico Marinha Grande	1:25.53	387
2. Mafalda Varela, BERNARDINO 50m: 42.67 42.67 100m: 1:30.39 47.72	12 Alcobaca	1:30.39	328
3. Laura Krempel, VARELA 50m: 43.91 43.91 100m: 1:31.55 47.64	12 Pimpoes/Cimai	1:31.55	316
4. Julia Pinto, PINHEIRO 50m: 44.11 44.11 100m: 1:31.95 47.84	12 Pimpoes/Cimai	1:31.95	311
5. Beatriz Julio, CORREIA 50m: 46.13 46.13 100m: 1:35.25 49.12	12 CNLeiria - VOID	1:35.25	280
6. Benedita Nunes, FELIX 50m: 45.71 45.71 100m: 1:35.76 50.05	12 Pimpoes/Cimai	1:35.76	276
7. Emiliania Arruda, SARAIVA 50m: 45.71 45.71 100m: 1:35.94 50.23	12 Vieiraense	1:35.94	274



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços, Infantil A FEM

Lugar	Ano	Tempo final	Pts
8. Ines Pinto, MARTINS 50m: 46.38 46.38 100m: 1:36.71 50.33	12 Pimpoes/Cimai	1:36.71	268
9. Maria Leonor, ASSUNCAO 50m: 48.46 48.46 100m: 1:41.21 52.75	12 Pimpoes/Cimai	1:41.21	233
10. Maria Leonor, FERREIRA 50m: 48.69 48.69 100m: 1:41.92 53.23	12 Óbidos	1:41.92	229
11. Safira Pedro, FONSECA 50m: 48.38 48.38 100m: 1:42.69 54.31	12 Vieirense	1:42.69	223
12. Daniela Carvalho, FERREIRA 50m: 49.05 49.05 100m: 1:42.95 53.90	12 Nucleo de Pombal	1:42.95	222
13. Constanca Santos, COUTINHO 50m: 48.50 48.50 100m: 1:44.26 55.76	12 Naval da Nazaré	1:44.26	213
14. Rita Francisco, SIMOES 50m: 49.83 49.83 100m: 1:45.59 55.76	12 Vieirense	1:45.59	205
15. Valeria, MORITS 50m: 50.04 50.04 100m: 1:46.14 56.10	12 Nautico Marinha Grande	1:46.14	202
16. Yaroslava, TABUNSCHYK 50m: 50.50 50.50 100m: 1:46.39 55.89	12 CNLeiria - VOID	1:46.39	201
17. Mariana Duarte, ANTUNES 50m: 50.20 50.20 100m: 1:46.74 56.54	12 Alcobaca	1:46.74	199
18. Rita Alexandra, JORDAO 50m: 50.74 50.74 100m: 1:47.40 56.66	12 Uniao Juncalense	1:47.40	195
19. Maria Ines, GOMES 50m: 49.77 49.77 100m: 1:50.52 1:00.75	12 Nucleo de Pombal	1:50.52	179
20. Jessica Garcia, FERREIRA 50m: 54.59 54.59 100m: 1:52.44 57.85	12 Óbidos	1:52.44	170
21. Iara Maria, CAMACHO 50m: 55.48 55.48 100m: 1:53.24 57.76	12 Pimpoes/Cimai	1:53.24	167
DSQ Luna Francisco, PEREIRA <i>A atleta realizou pernadas verticais durante o percurso.</i>	12 Nucleo de Pombal		DSQ



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços

Prova 3 Femin., 100m Bruços Juvenil B FEM  
21/12/2024 - 15:58 Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac JUV B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts
1. Beatriz Marques, GASPAR	11	Nautico Marinha Grande	1:23.83	411
50m: 40.02 40.02	100m: 1:23.83 43.81			
2. Francisca Moreira, FELICIANO	11	Alcobaca	1:25.39	389
50m: 40.24 40.24	100m: 1:25.39 45.15			
3. Cristiana Henriques, ALMEIDA	11	Benedita	1:28.47	350
50m: 41.89 41.89	100m: 1:28.47 46.58			
4. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	1:30.22	330
50m: 42.64 42.64	100m: 1:30.22 47.58			
5. Maria Santos, FONSECA	11	CNLeiria - VOID	1:33.24	299
50m: 43.26 43.26	100m: 1:33.24 49.98			
6. Carlota Sa, SANTOS	11	Nucleo de Pombal	1:35.00	282
50m: 45.44 45.44	100m: 1:35.00 49.56			
7. Margarida Soares, MAIA	11	Nautico Marinha Grande	1:38.88	250
50m: 48.04 48.04	100m: 1:38.88 50.84			
8. Isabela Lourenco, COSTA	11	Benedita	1:40.05	242
50m: 48.04 48.04	100m: 1:40.05 52.01			
9. Carolina Silva, CASTANHEIRA	11	CNLeiria - VOID	1:40.12	241
50m: 47.53 47.53	100m: 1:40.12 52.59			
10. Margarida Lopes, RODRIGUES	11	Uniao Juncalense	1:47.13	197
50m: 51.59 51.59	100m: 1:47.13 55.54			
11. Beatriz Morgado, SILVA	11	Benedita	1:51.81	173
50m: 55.03 55.03	100m: 1:51.81 56.78			
DNS Kelly Simao, COSTA	11	Óbidos		DNS
DNS Mariana Sousa, MENDES	11	Alcobaca		DNS

Prova 3 Femin., 100m Bruços Juvenil A FEM  
21/12/2024 - 15:58 Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac JUV A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	13/03/2004

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts
1. Sofia Roma, BRIZIDA	10	CNLeiria - VOID	1:18.42	502
50m: 37.63 37.63	100m: 1:18.42 40.79			
2. Laura Samora, GONCALVES	10	CNLeiria - VOID	1:32.63	305
50m: 44.42 44.42	100m: 1:32.63 48.21			
3. Leonor Silva, MARTINS	10	Óbidos	1:36.83	267
50m: 45.73 45.73	100m: 1:36.83 51.10			



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços, Juvenil A FEM

Lugar	Ano	Tempo final	Pts
4. Mariana Sousa, OLIVEIRA	10 Alcobaca	1:44.05	215
50m: 49.48 49.48	100m: 1:44.05 54.57		

Prova 3 Femin., 100m Bruços Junior FEM  
21/12/2024 - 15:58 Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac 18	1:07.37	Raquel Gomes, PEREIRA	SAD	Porto	08/12/2017
Rec Nac 17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	09/12/2016
Rec Nac 16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	13/12/2009

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Constanca Baptista, TOMAS	09 Alcobaca	1:19.00	491
50m: 37.50 37.50	100m: 1:19.00 41.50		
2. Rita Rocha, SILVA	08 Alcobaca	1:21.96	440
50m: 38.71 38.71	100m: 1:21.96 43.25		
3. Diana Rita, FONSECA	08 Vieiraense	1:27.21	365
50m: 41.17 41.17	100m: 1:27.21 46.04		
4. Carolina Ferreira, FONSECA	07 Vieiraense	1:28.87	345
50m: 40.99 40.99	100m: 1:28.87 47.88		
5. Marta Cabete, GOMES	08 CNLeiria - VOID	1:32.90	302
50m: 44.10 44.10	100m: 1:32.90 48.80		
6. Anjali, RAICAR	09 Naval de Peniche	1:32.91	302
50m: 44.26 44.26	100m: 1:32.91 48.65		
7. Francisca Ramos, NUNES	09 Naval de Peniche	1:33.01	301
50m: 42.77 42.77	100m: 1:33.01 50.24		
8. Matilde Andre, LUIS	08 Alcobaca	1:33.57	296
50m: 45.56 45.56	100m: 1:33.57 48.01		
9. Matilde Monteiro, NEVES	08 Nucleo de Pombal	1:35.22	280
50m: 44.82 44.82	100m: 1:35.22 50.40		
10. Matilde Santos, COUTINHO	07 Naval da Nazaré	1:36.77	267
50m: 44.86 44.86	100m: 1:36.77 51.91		



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços

Prova 3 Femin., 100m Bruços Senior FEM  
21/12/2024 - 15:58 Resultados

Rec Nac Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec Nac SEN	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024

Pontos: AQUA 2024

Lugar			Ano		Tempo final	Pts	
1.	Ana Claudia, FERREIRA		90	Alcobaca	1:23.50	416	
	50m: 39.61 39.61	100m: 1:23.50 43.89					
2.	Bruna Andreia, SIMOES		01	Vieirense	1:25.48	388	
	50m: 39.76 39.76	100m: 1:25.48 45.72					
3.	Dalila Leal, BERNARDINO		06	Nucleo de Pombal	1:36.57	269	
	50m: 45.36 45.36	100m: 1:36.57 51.21					
EXH	Leonor Pereira, SILVA		10	Óbidos	1:27.09	367	EXH
	50m: 41.50 41.50	100m: 1:27.09 45.59					
EXH	Leonor Caetano, MOREIRA		06	Vieirense	1:27.31	364	EXH
	50m: 41.46 41.46	100m: 1:27.31 45.85					
EXH	Zofie, PACHECO		09	Naval de Peniche	1:30.01	332	EXH
	50m: 40.98 40.98	100m: 1:30.01 49.03					
EXH	Catarina Tarragoso, LOBO		07	Uniao Juncalense	1:32.02	311	EXH
	50m: 43.88 43.88	100m: 1:32.02 48.14					
EXH	Bruna Matos, FIALHO		08	Uniao Juncalense	1:34.93	283	EXH
	50m: 44.87 44.87	100m: 1:34.93 50.06					
EXH	Isabela Maria, CARREIRA		11	Uniao Juncalense	1:37.20	264	EXH
	50m: 44.84 44.84	100m: 1:37.20 52.36					
EXH	Barbara Serrano, LOMBA		12	Ba-Leiria	1:38.71	252	EXH
	50m: 46.27 46.27	100m: 1:38.71 52.44					
EXH	Guimar Dionisio, CARREIRA		12	Pimpoes/Cimai	1:40.97	235	EXH
	50m: 48.18 48.18	100m: 1:40.97 52.79					
EXH	Francisca Vieira, SILVA		13	Nucleo de Pombal	1:42.39	225	EXH
	50m: 49.25 49.25	100m: 1:42.39 53.14					
EXH	Mariana Santos, VALENTIM		13	Pimpoes/Cimai	1:44.99	209	EXH
	50m: 49.44 49.44	100m: 1:44.99 55.55					
EXH	Matilde Vitorino, FERREIRA		11	Naval de Peniche	1:45.36	207	EXH
	50m: 50.62 50.62	100m: 1:45.36 54.74					
EXH	Yara Silva, INES		11	Ba-Leiria	1:46.09	203	EXH
	50m: 50.98 50.98	100m: 1:46.09 55.11					
EXH	Erica Felix, RODRIGUES		11	Uniao Juncalense	1:47.36	195	EXH
	50m: 51.32 51.32	100m: 1:47.36 56.04					
EXH	Carlota Maria, CATARINO		11	Benedita	1:47.58	194	EXH
	50m: 49.75 49.75	100m: 1:47.58 57.83					
EXH	Diana Morais, CARLOS		11	Pimpoes/Cimai	1:47.73	193	EXH
	50m: 50.06 50.06	100m: 1:47.73 57.67					



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 3, Femin., 100m Bruços

Lugar	Ano	Tempo final	Pts	
EXH Eva Vieira, SILVA 50m: 51.71 51.71 100m: 1:49.29 57.58	13 Nucleo de Pombal	1:49.29	185	EXH
EXH Ana Sofia, SILVA 50m: 52.86 52.86 100m: 1:52.57 59.71	13 Naval de Peniche	1:52.57	170	EXH
EXH Catarina Franco, RODRIGUES 50m: 55.27 55.27 100m: 1:56.16 1:00.89	13 Naval de Peniche	1:56.16	154	EXH
EXH Eduarda Antunes, BUGALHAO 50m: 55.87 55.87 100m: 1:57.43 1:01.56	13 Ba-Leiria	1:57.43	149	EXH
EXH Laura Silva, MARTINS 50m: 56.54 56.54 100m: 1:57.44 1:00.90	13 Ba-Leiria	1:57.44	149	EXH
EXH Catarina Faustino, DIAS 50m: 1:00.68 1:00.68 100m: 2:08.76 1:08.08	13 Naval de Peniche	2:08.76	113	EXH
EXH Erica Maria, FORTUNATO 50m: 1:01.27 1:01.27 100m: 2:09.00 1:07.73	13 Ba-Leiria	2:09.00	112	EXH
EXH Luiza Fernandes, SILVA 50m: 59.18 59.18 100m: 2:10.59 1:11.41	13 Uniao Juncalense	2:10.59	108	EXH

Prova 4  
21/12/2024 - 16:20

Masc., 100m Mariposa

Infantil B MASC  
Resultados

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Rec Nac INF B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	01/04/2000

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 32.57 32.57 100m: 1:10.29 37.72	12 Alcobaca	1:10.29	314
2. Vasco Silvestre, ROCHA 50m: 32.34 32.34 100m: 1:10.73 38.39	12 Nautico Marinha Grande	1:10.73	308
3. Tomas Vieira, FIGUEIREDO 50m: 38.56 38.56 100m: 1:22.36 43.80	12 Alcobaca	1:22.36	195
4. Martim Piedade, SANTOS 50m: 38.01 38.01 100m: 1:23.21 45.20	12 Pimpoes/Cimai	1:23.21	189
5. Eduardo Manuel, FERREIRA 50m: 40.70 40.70 100m: 1:28.15 47.45	12 Nucleo de Pombal	1:28.15	159
6. Gabriel Sousa, GOMES 50m: 42.08 42.08 100m: 1:28.79 46.71	12 Óbidos	1:28.79	155
7. Tomas Barata, ALVES 50m: 42.76 42.76 100m: 1:31.79 49.03	12 Nautico Marinha Grande	1:31.79	141
8. Roberto Bento, CANAS 50m: 44.04 44.04 100m: 1:35.58 51.54	12 Pimpoes/Cimai	1:35.58	124
9. Joao Maria, TEMPERO 50m: 45.93 45.93 100m: 1:37.38 51.45	12 Pimpoes/Cimai	1:37.38	118



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 4, Masc., 100m Mariposa, Infantil B MASC

Lugar	Ano	Tempo final	Pts
10. Joao Pedro, BELO 50m: 46.02 46.02 100m: 1:39.49 53.47	12 Nautico Marinha Grande	1:39.49	110
11. Goncalo Nunes, MORAIS 50m: 48.67 48.67 100m: 1:49.45 1:00.78	12 Ba-Leiria	1:49.45	83
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS

Prova 4 Masc., 100m Mariposa Infantil A MASC Resultados  
21/12/2024 - 16:20

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Rec Nac INF A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	07/04/2001

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA 50m: 32.71 32.71 100m: 1:11.30 38.59	11 Ba-Leiria	1:11.30	300
2. Pedro Pereira, OLIVEIRA 50m: 33.40 33.40 100m: 1:12.53 39.13	11 Nautico Marinha Grande	1:12.53	285
3. Martim Cruz, MOURA 50m: 34.32 34.32 100m: 1:13.13 38.81	11 CNLeiria - VOID	1:13.13	278
4. Martim Duarte, ROQUE 50m: 36.07 36.07 100m: 1:17.39 41.32	11 CNLeiria - VOID	1:17.39	235
5. Vasco Sousa, LEMOS 50m: 38.18 38.18 100m: 1:21.34 43.16	11 Pimpoes/Cimai	1:21.34	202
6. Diego Rodrigues, MENDES 50m: 40.06 40.06 100m: 1:26.03 45.97	11 Nautico Marinha Grande	1:26.03	171
7. Francisco Costa, VALENTIM 50m: 39.85 39.85 100m: 1:27.10 47.25	11 Óbidos	1:27.10	165
8. Guilherme Melo, ELIAS 50m: 42.38 42.38 100m: 1:27.92 45.54	11 Naval da Nazaré	1:27.92	160
9. Dinis Morgado, FERREIRA 50m: 39.62 39.62 100m: 1:29.62 50.00	11 Ba-Leiria	1:29.62	151
10. Rodrigo Nicolau, RITA 50m: 39.66 39.66 100m: 1:30.95 51.29	11 Vieiraense	1:30.95	144
11. Rodrigo Freire, JOAQUIM 50m: 44.05 44.05 100m: 1:35.67 51.62	11 CNLeiria - VOID	1:35.67	124
12. Rodrigo Duarte, CARREIRA 50m: 45.60 45.60 100m: 1:37.06 51.46	11 Alcobaca	1:37.06	119
13. Joao Pedro, CRUZ 50m: 46.57 46.57 100m: 1:37.79 51.22	11 Naval de Peniche	1:37.79	116
14. Joao Rodrigo, BREDA 50m: 45.91 45.91 100m: 1:41.04 55.13	11 Nautico Marinha Grande	1:41.04	105
DNS Valentim Antonio, PEREIRA	11 CNLeiria - VOID		DNS
DNS Martin, SHEVCHUK	11 CNLeiria - VOID		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 4, Masc., 100m Mariposa

Prova 4 Masc., 100m Mariposa Juvenil B MASC  
21/12/2024 - 16:20 Resultados

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Rec Nac JUV B	56.68	Diogo Matos, RIBEIRO	CUC	Lousã	23/06/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM 50m: 28.93 28.93 100m: 1:00.61 31.68	10 CNLeiria - VOID	1:00.61	489
2. Rodrigo Cardoso, TOMAS 50m: 30.33 30.33 100m: 1:04.62 34.29	10 Alcobaca	1:04.62	404
3. Francisco Lourenco, PEDROSA 50m: 30.61 30.61 100m: 1:05.67 35.06	10 Nautico Marinha Grande	1:05.67	385
4. Antonio Antunes, JORGE 50m: 30.98 30.98 100m: 1:05.80 34.82	10 Alcobaca	1:05.80	382
5. David Xavier, ALMEIDA 50m: 31.41 31.41 100m: 1:06.01 34.60	10 Ba-Leiria	1:06.01	379
6. Tomas Manuel, PALMEIRO 50m: 30.52 30.52 100m: 1:06.44 35.92	10 Nautico Marinha Grande	1:06.44	371
7. Tomas Marques, FRANCISCO 50m: 31.19 31.19 100m: 1:06.82 35.63	10 CNLeiria - VOID	1:06.82	365
8. Guilherme Rodrigues, CABRAL 50m: 32.48 32.48 100m: 1:09.61 37.13	10 Pimpoes/Cimai	1:09.61	323
9. Simao Sousa, JESUS 50m: 32.82 32.82 100m: 1:11.76 38.94	10 Nautico Marinha Grande	1:11.76	295
10. Afonso Ferreira, REIS 50m: 33.56 33.56 100m: 1:12.98 39.42	10 Nautico Marinha Grande	1:12.98	280
11. Lucas Costa, JESUS 50m: 34.88 34.88 100m: 1:16.91 42.03	10 Nautico Marinha Grande	1:16.91	239
12. Gabriel Krempel, VARELA 50m: 37.14 37.14 100m: 1:18.16 41.02	10 Pimpoes/Cimai	1:18.16	228
13. Santiago Neves, SILVA 50m: 36.44 36.44 100m: 1:22.42 45.98	10 Nucleo de Pombal	1:22.42	194
14. Francisco Antonio, SIMOES 50m: 40.13 40.13 100m: 1:25.55 45.42	10 Ba-Leiria	1:25.55	174



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 4, Masc., 100m Mariposa

Prova 4 Masc., 100m Mariposa Juvenil A MASC  
21/12/2024 - 16:20 Resultados

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Rec Nac JUV A	55.48	Duarte Santos, FERREIRA	FCP	Porto	21/07/2024

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Martim Alexandre, MESQUITA 50m: 30.96 30.96 100m: 1:05.23 34.27	09 Nautico Marinha Grande	1:05.23	393
2. David Ferrador, PEREIRA 50m: 31.48 31.48 100m: 1:08.18 36.70	09 CNLeiria - VOID	1:08.18	344
3. Pedro Fonseca, OLIVEIRA 50m: 31.31 31.31 100m: 1:08.38 37.07	09 Nautico Marinha Grande	1:08.38	341
4. Gabriel Santiago, FERREIRA 50m: 34.81 34.81 100m: 1:14.75 39.94	09 Uniao Juncalense	1:14.75	261
5. Santiago Jose, PACHECO 50m: 34.33 34.33 100m: 1:17.75 43.42	09 Alcobaca	1:17.75	232
6. Maksym, TYSHCHUK 50m: 35.71 35.71 100m: 1:18.65 42.94	09 Nautico Marinha Grande	1:18.65	224
7. Francisco Lourenco, CUSTODIO 50m: 35.41 35.41 100m: 1:18.66 43.25	09 Naval da Nazaré	1:18.66	224
8. Vladyslav, BABUSHKIN 50m: 37.47 37.47 100m: 1:22.14 44.67	09 Nautico Marinha Grande	1:22.14	196
DNS Rodrigo Oliveira, SANTOS	09 Alcobaca		DNS

Prova 4 Masc., 100m Mariposa Junior MASC  
21/12/2024 - 16:20 Resultados

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Rec Nac 18	52.87	Diogo Matos, RIBEIRO	SLB	Leiria	27/11/2021
Rec Nac 17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	15/02/2004

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Tiago Santos, POMBO 50m: 29.19 29.19 100m: 1:02.05 32.86	08 Alcobaca	1:02.05	456
2. Diogo Coelho, JORDAO 50m: 31.74 31.74 100m: 1:08.47 36.73	08 Uniao Juncalense	1:08.47	339
3. Diogo Barata, ALVES 50m: 33.04 33.04 100m: 1:11.33 38.29	08 Nautico Marinha Grande	1:11.33	300
4. Santiago Boica, SOUSA 50m: 33.05 33.05 100m: 1:11.72 38.67	08 Veiense	1:11.72	295
DSQ Andre Filipe, FERNANDES <i>O atleta efetuou pernadas alternadas durante o percurso.</i>	07 Alcobaca		DSQ
EXH Pedro Blanc, CAPINHA 50m: 31.49 31.49 100m: 1:07.61 36.12	09 Óbidos	1:07.61	352



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 4, Masc., 100m Mariposa

Lugar	Ano	Tempo final	Pts	
EXH Afonso Nunes, MARCELINO 50m: 34.15 34.15 100m: 1:16.88 42.73	08 Nucleo de Pombal	1:16.88	240	EXH
EXH Brock Ammon, MERRELL 50m: 35.78 35.78 100m: 1:25.82 50.04	10 Naval de Peniche	1:25.82	172	EXH
EXH Tiago Daniel, POVOA 50m: 37.14 37.14 100m: 1:29.25 52.11	08 Uniao Juncalense	1:29.25	153	EXH
EXH Simao Pedro, MARQUES 50m: 39.33 39.33 100m: 1:29.62 50.29	11 Uniao Juncalense	1:29.62	151	EXH
EXH Sebastian, PACHECO 50m: 44.60 44.60 100m: 1:41.37 56.77	12 Naval de Peniche	1:41.37	104	EXH
EXH Gabriel Marques, CARREIRA 50m: 48.73 48.73 100m: 1:44.72 55.99	11 Uniao Juncalense	1:44.72	94	EXH
EXH Tiago Caixinha, SENICA 50m: 54.41 54.41 100m: 1:58.18 1:03.77	12 Ba-Leiria	1:58.18	66	EXH

Prova 5 Femin., 100m Livres Infantil B FEM Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac INF B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA 50m: 39.15 39.15 100m: 1:18.52 39.37	13 Ba-Leiria	1:18.52	262
2. Maria Luisa, CASTILLO 50m: 38.80 38.80 100m: 1:20.89 42.09	13 Nautico Marinha Grande	1:20.89	239
3. Emma Henriques, SOUTO 50m: 40.76 40.76 100m: 1:23.34 42.58	13 Óbidos	1:23.34	219
4. Lara Sofia, MARCELINO 50m: 40.71 40.71 100m: 1:24.01 43.30	13 Vieiraense	1:24.01	214
5. Maria Joao, OLIVEIRA 50m: 40.92 40.92 100m: 1:24.62 43.70	13 Alcobaca	1:24.62	209
6. Maria Leal, ALVES 50m: 41.23 41.23 100m: 1:26.76 45.53	13 Alcobaca	1:26.76	194
7. Avron Dawn, SANTOS 50m: 42.81 42.81 100m: 1:27.34 44.53	13 Vieiraense	1:27.34	190
8. Elisa Rodrigues, SIMOES 50m: 43.51 43.51 100m: 1:29.67 46.16	13 Benedita	1:29.67	175
9. Violeta Neves, SILVA 50m: 42.99 42.99 100m: 1:29.70 46.71	13 Nucleo de Pombal	1:29.70	175
10. Sara Machado, JANUARIO 50m: 42.38 42.38 100m: 1:32.11 49.73	13 Alcobaca	1:32.11	162



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 5, Femin., 100m Livres, Infantil B FEM

Lugar	Ano	Tempo final	Pts
11. Ines Barreto, CALDEIREIRO 50m: 44.14 44.14 100m: 1:34.68 50.54	13 Vieirense	1:34.68	149
12. Nuria Rocha, BOTAS 50m: 44.27 44.27 100m: 1:35.24 50.97	13 Vieirense	1:35.24	146
13. Constanca Teopisto, CARVALHO 50m: 49.53 49.53 100m: 1:41.11 51.58	13 Alcobaca	1:41.11	122
DNS Matilde Mamede, CECILIO	13 Naval de Peniche		DNS
DNS Carminho Jose, LOPES	13 Benedita		DNS

Prova 5 Femin., 100m Livres Infantil A FEM  
21/12/2024 - 16:37 Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac INF A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA 50m: 34.31 34.31 100m: 1:10.11 35.80	12 Pimpoes/Cimai	1:10.11	368
2. Mafalda Varela, BERNARDINO 50m: 34.23 34.23 100m: 1:11.16 36.93	12 Alcobaca	1:11.16	352
3. Emma, AVRAMESCU 50m: 34.75 34.75 100m: 1:11.54 36.79	12 Nautico Marinha Grande	1:11.54	346
4. Emiliania Arruda, SARAIVA 50m: 34.41 34.41 100m: 1:11.57 37.16	12 Vieirense	1:11.57	346
5. Ines Pinto, MARTINS 50m: 35.64 35.64 100m: 1:12.84 37.20	12 Pimpoes/Cimai	1:12.84	328
6. Luna Francisco, PEREIRA 50m: 35.13 35.13 100m: 1:13.22 38.09	12 Nucleo de Pombal	1:13.22	323
7. Maria Leonor, ASSUNCAO 50m: 36.06 36.06 100m: 1:14.04 37.98	12 Pimpoes/Cimai	1:14.04	312
8. Beatriz Julio, CORREIA 50m: 35.92 35.92 100m: 1:14.12 38.20	12 CNLeiria - VOID	1:14.12	311
9. Benedita Nunes, FELIX 50m: 35.74 35.74 100m: 1:14.17 38.43	12 Pimpoes/Cimai	1:14.17	310
10. Julia Pinto, PINHEIRO 50m: 36.44 36.44 100m: 1:14.57 38.13	12 Pimpoes/Cimai	1:14.57	305
11. Safira Pedro, FONSECA 50m: 37.67 37.67 100m: 1:17.61 39.94	12 Vieirense	1:17.61	271
12. Valeria, MORITS 50m: 38.08 38.08 100m: 1:18.76 40.68	12 Nautico Marinha Grande	1:18.76	259
13. Yaroslava, TABUNSCHYK 50m: 37.98 37.98 100m: 1:19.72 41.74	12 CNLeiria - VOID	1:19.72	250



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 5, Femin., 100m Livres, Infantil A FEM

Lugar	Ano	Tempo final	Pts
14. Daniela Carvalho, FERREIRA 50m: 39.48 39.48 100m: 1:21.82 42.34	12 Nucleo de Pombal	1:21.82	231
15. Iara Maria, CAMACHO 50m: 40.02 40.02 100m: 1:22.62 42.60	12 Pimpoes/Cimai	1:22.62	224
16. Rita Alexandra, JORDAO 50m: 39.98 39.98 100m: 1:23.18 43.20	12 Uniao Juncalense	1:23.18	220
17. Constanca Santos, COUTINHO 50m: 39.71 39.71 100m: 1:23.63 43.92	12 Naval da Nazaré	1:23.63	216
18. Maria Ines, GOMES 50m: 40.26 40.26 100m: 1:24.28 44.02	12 Nucleo de Pombal	1:24.28	211
19. Mariana Duarte, ANTUNES 50m: 39.78 39.78 100m: 1:25.32 45.54	12 Alcobaca	1:25.32	204
20. Rita Francisco, SIMOES 50m: 41.90 41.90 100m: 1:26.71 44.81	12 Vieirense	1:26.71	194
21. Jessica Garcia, FERREIRA 50m: 40.64 40.64 100m: 1:27.34 46.70	12 Óbidos	1:27.34	190
22. Maria Leonor, FERREIRA 50m: 42.61 42.61 100m: 1:28.81 46.20	12 Óbidos	1:28.81	181

Prova 5  
21/12/2024 - 16:37

Femin., 100m Livres

Juvenil B FEM  
Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac JUV B	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	10/06/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO 50m: 31.85 31.85 100m: 1:05.25 33.40	11 Alcobaca	1:05.25	456
2. Anastasiya, PRYMACHENKO 50m: 32.69 32.69 100m: 1:07.33 34.64	11 Nucleo de Pombal	1:07.33	415
3. Carlota Sa, SANTOS 50m: 33.29 33.29 100m: 1:08.29 35.00	11 Nucleo de Pombal	1:08.29	398
4. Carolina Silva, CASTANHEIRA 50m: 33.56 33.56 100m: 1:09.57 36.01	11 CNLeiria - VOID	1:09.57	376
5. Beatriz Marques, GASPAS 50m: 33.73 33.73 100m: 1:10.46 36.73	11 Nautico Marinha Grande	1:10.46	362
6. Cristiana Henriques, ALMEIDA 50m: 35.91 35.91 100m: 1:12.93 37.02	11 Benedita	1:12.93	327
7. Isabela Lourenco, COSTA 50m: 36.28 36.28 100m: 1:14.62 38.34	11 Benedita	1:14.62	305
8. Margarida Soares, MAIA 50m: 37.18 37.18 100m: 1:16.65 39.47	11 Nautico Marinha Grande	1:16.65	281



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 5, Femin., 100m Livres, Juvenil B FEM

Lugar	Ano	Tempo final	Pts
9. Margarida Lopes, RODRIGUES 50m: 36.56 36.56 100m: 1:17.76 41.20	11 Uniao Juncalense	1:17.76	269
10. Maria Santos, FONSECA 50m: 37.62 37.62 100m: 1:19.87 42.25	11 CNLeiria - VOID	1:19.87	249
11. Beatriz Morgado, SILVA 50m: 40.49 40.49 100m: 1:22.64 42.15	11 Benedita	1:22.64	224
DNS Kelly Simao, COSTA	11 Óbidos		DNS
DNS Mariana Sousa, MENDES	11 Alcobaca		DNS

Prova 5 Femin., 100m Livres Juvenil A FEM  
21/12/2024 - 16:37 Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac JUV A	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA 50m: 32.09 32.09 100m: 1:05.70 33.61	10 CNLeiria - VOID	1:05.70	447
2. Laura Samora, GONCALVES 50m: 33.54 33.54 100m: 1:08.72 35.18	10 CNLeiria - VOID	1:08.72	390
3. Leonor Silva, MARTINS 50m: 33.75 33.75 100m: 1:11.04 37.29	10 Óbidos	1:11.04	353
4. Mariana Sousa, OLIVEIRA 50m: 37.48 37.48 100m: 1:17.41 39.93	10 Alcobaca	1:17.41	273

Prova 5 Femin., 100m Livres Junior FEM  
21/12/2024 - 16:37 Resultados

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac 18	55.57	Mariana Pacheco, CUNHA	CNCE	Leiria	26/11/2021
Rec Nac 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	28/11/2021
Rec Nac 16	56.72	Ana Reis, SOUSA	CNLA	Porto	08/12/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Constanca Baptista, TOMAS 50m: 30.36 30.36 100m: 1:02.97 32.61	09 Alcobaca	1:02.97	508
2. Rita Rocha, SILVA 50m: 31.92 31.92 100m: 1:05.88 33.96	08 Alcobaca	1:05.88	443
3. Francisca Ramos, NUNES 50m: 32.37 32.37 100m: 1:07.13 34.76	09 Naval de Peniche	1:07.13	419
4. Matilde Andre, LUIS 50m: 32.78 32.78 100m: 1:07.89 35.11	08 Alcobaca	1:07.89	405
5. Diana Rita, FONSECA 50m: 33.30 33.30 100m: 1:09.35 36.05	08 Vieirense	1:09.35	380



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 5, Femin., 100m Livres, Junior FEM

Lugar	Ano	Tempo final	Pts
6. Anjali, RAICAR 50m: 32.65 32.65 100m: 1:10.23 37.58	09 Naval de Peniche	1:10.23	366
7. Carolina Ferreira, FONSECA 50m: 33.76 33.76 100m: 1:10.99 37.23	07 Vieirense	1:10.99	354
8. Marta Cabete, GOMES 50m: 33.74 33.74 100m: 1:11.51 37.77	08 CNLeiria - VOID	1:11.51	346
9. Matilde Monteiro, NEVES 50m: 35.64 35.64 100m: 1:13.64 38.00	08 Nucleo de Pombal	1:13.64	317
10. Matilde Santos, COUTINHO 50m: 35.93 35.93 100m: 1:17.24 41.31	07 Naval da Nazaré	1:17.24	275

Prova 5 Femin., 100m Livres Senior FEM Resultados  
21/12/2024 - 16:37

Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec Nac SEN	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	
1. Ana Claudia, FERREIRA 50m: 30.70 30.70 100m: 1:04.07 33.37	90 Alcobaca	1:04.07	482	
2. Bruna Andreia, SIMOES 50m: 32.24 32.24 100m: 1:08.62 36.38	01 Vieirense	1:08.62	392	
3. Dalila Leal, BERNARDINO 50m: 33.12 33.12 100m: 1:08.89 35.77	06 Nucleo de Pombal	1:08.89	388	
EXH Elisa Henriques, SOUTO 50m: 32.17 32.17 100m: 1:06.74 34.57	10 Óbidos	1:06.74	426	EXH
EXH Zofie, PACHECO 50m: 31.78 31.78 100m: 1:07.54 35.76	09 Naval de Peniche	1:07.54	411	EXH
EXH Beatriz Silva, CONCEICAO 50m: 32.36 32.36 100m: 1:08.24 35.88	05 Benedita	1:08.24	399	EXH
EXH Leonor Caetano, MOREIRA 50m: 32.38 32.38 100m: 1:09.17 36.79	06 Vieirense	1:09.17	383	EXH
EXH Leonor Pereira, SILVA 50m: 33.50 33.50 100m: 1:11.40 37.90	10 Óbidos	1:11.40	348	EXH
EXH Catarina Tarragoso, LOBO 50m: 34.59 34.59 100m: 1:12.93 38.34	07 Uniao Juncalense	1:12.93	327	EXH
EXH Constanca Carvalho, PIEDADE 50m: 35.80 35.80 100m: 1:13.73 37.93	08 Uniao Juncalense	1:13.73	316	EXH
EXH Barbara Serrano, LOMBA 50m: 36.56 36.56 100m: 1:14.48 37.92	12 Ba-Leiria	1:14.48	307	EXH
EXH Bruna Matos, FIALHO 50m: 36.63 36.63 100m: 1:17.07 40.44	08 Uniao Juncalense	1:17.07	277	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 5, Femin., 100m Livres

Lugar	Ano	Tempo final	Pts	
EXH Yara Silva, INES 50m: 37.67 37.67 100m: 1:18.02 40.35	11 Ba-Leiria	1:18.02	267	EXH
EXH Yara Nunes, MARCELINO 50m: 37.21 37.21 100m: 1:18.43 41.22	11 Nucleo de Pombal	1:18.43	263	EXH
EXH Isabela Maria, CARREIRA 50m: 37.73 37.73 100m: 1:19.03 41.30	11 Uniao Juncalense	1:19.03	257	EXH
EXH Erica Felix, RODRIGUES 50m: 38.45 38.45 100m: 1:19.86 41.41	11 Uniao Juncalense	1:19.86	249	EXH
EXH Matilde Vitorino, FERREIRA 50m: 39.19 39.19 100m: 1:21.25 42.06	11 Naval de Peniche	1:21.25	236	EXH
EXH Diana Morais, CARLOS 50m: 39.83 39.83 100m: 1:23.09 43.26	11 Pimpoes/Cimai	1:23.09	221	EXH
EXH Victoria Cerqueira, SOBREIRO 50m: 40.45 40.45 100m: 1:23.14 42.69	13 Pimpoes/Cimai	1:23.14	220	EXH
EXH Carlota Maria, CATARINO 50m: 40.90 40.90 100m: 1:25.58 44.68	11 Benedita	1:25.58	202	EXH
EXH Mafalda Amado, QUARESMA 50m: 42.70 42.70 100m: 1:26.26 43.56	13 Pimpoes/Cimai	1:26.26	197	EXH
EXH Ana Francisca, QUERIDO 50m: 41.01 41.01 100m: 1:27.13 46.12	12 Pimpoes/Cimai	1:27.13	191	EXH
EXH Ivanna Gomes, VINNIKOV 50m: 41.35 41.35 100m: 1:27.92 46.57	08 Uniao Juncalense	1:27.92	186	EXH
EXH Laura Silva, MARTINS 50m: 42.41 42.41 100m: 1:30.03 47.62	13 Ba-Leiria	1:30.03	173	EXH
EXH Francisca Vieira, SILVA 50m: 41.63 41.63 100m: 1:30.41 48.78	13 Nucleo de Pombal	1:30.41	171	EXH
EXH Catarina Franco, RODRIGUES 50m: 43.39 43.39 100m: 1:30.46 47.07	13 Naval de Peniche	1:30.46	171	EXH
EXH Erica Maria, FORTUNATO 50m: 45.66 45.66 100m: 1:33.51 47.85	13 Ba-Leiria	1:33.51	155	EXH
EXH Ana Sofia, SILVA 50m: 45.40 45.40 100m: 1:34.36 48.96	13 Naval de Peniche	1:34.36	151	EXH
EXH Eva Vieira, SILVA 50m: 47.07 47.07 100m: 1:38.55 51.48	13 Nucleo de Pombal	1:38.55	132	EXH
EXH Eduarda Antunes, BUGALHAO 50m: 48.93 48.93 100m: 1:43.55 54.62	13 Ba-Leiria	1:43.55	114	EXH
EXH Iris Lopes, FRANCO 50m: 43.72 43.72 100m: 1:44.11 1:00.39	13 Naval da Nazaré	1:44.11	112	EXH
EXH Catarina Faustino, DIAS 50m: 49.38 49.38 100m: 1:45.17 55.79	13 Naval de Peniche	1:45.17	109	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6 Masc., 100m Costas Infantil B MASC  
21/12/2024 - 17:01 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac INF B	1:04.13	Miguel Reis, OLIVEIRA	SCB	Braga	22/05/2022

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 33.78 33.78 100m: 1:09.02 35.24	12 Alcobaca	1:09.02	343
2. Vasco Silvestre, ROCHA 50m: 35.87 35.87 100m: 1:12.59 36.72	12 Nautico Marinha Grande	1:12.59	295
3. Martim Piedade, SANTOS 50m: 37.68 37.68 100m: 1:18.96 41.28	12 Pimpoes/Cimai	1:18.96	229
4. Roberto Bento, CANAS 50m: 41.64 41.64 100m: 1:23.38 41.74	12 Pimpoes/Cimai	1:23.38	194
5. Tomas Vieira, FIGUEIREDO 50m: 40.91 40.91 100m: 1:23.65 42.74	12 Alcobaca	1:23.65	192
6. Eduardo Manuel, FERREIRA 50m: 42.15 42.15 100m: 1:25.63 43.48	12 Nucleo de Pombal	1:25.63	179
7. Tomas Barata, ALVES 50m: 44.12 44.12 100m: 1:30.05 45.93	12 Nautico Marinha Grande	1:30.05	154
8. Gabriel Sousa, GOMES 50m: 46.21 46.21 100m: 1:31.56 45.35	12 Óbidos	1:31.56	147
9. Joao Maria, TEMPERO 50m: 46.30 46.30 100m: 1:31.88 45.58	12 Pimpoes/Cimai	1:31.88	145
10. Joao Pedro, BELO 50m: 46.17 46.17 100m: 1:33.67 47.50	12 Nautico Marinha Grande	1:33.67	137
11. Goncalo Nunes, MORAIS 50m: 48.94 48.94 100m: 1:37.10 48.16	12 Ba-Leiria	1:37.10	123
DSQ Duarte Mota, GASPAR <i>O atleta não tocou na parede na chegada.</i>	12 Ba-Leiria		DSQ
DSQ Egor, MIKHAILOV <i>O atleta perdeu a posição dorsal na chegada.</i>	12 Ba-Leiria		DSQ
DSQ Mihail, ONCIU <i>O atleta perdeu a posição dorsal, antes da chegada aos 100 metros</i>	12 Ba-Leiria		DSQ
DNS Rodrigo Jose, NEVES	12 Nucleo de Pombal		DNS
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6, Masc., 100m Costas

Prova 6 Masc., 100m Costas Infantil A MASC  
21/12/2024 - 17:01 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac INF A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10/06/2017

Pontos: AQUA 2024

Lugar				Ano		Tempo final	Pts
1.	Pedro Pereira, OLIVEIRA			11	Nautico Marinha Grande	1:10.87	317
	50m:	34.66	34.66	100m:	1:10.87 36.21		
2.	Martim Cruz, MOURA			11	CNLeiria - VOID	1:13.62	282
	50m:	36.10	36.10	100m:	1:13.62 37.52		
3.	Joao Santos, ALMEIDA			11	Ba-Leiria	1:15.74	259
	50m:	37.83	37.83	100m:	1:15.74 37.91		
4.	Vasco Sousa, LEMOS			11	Pimpoes/Cimai	1:17.23	245
	50m:	38.51	38.51	100m:	1:17.23 38.72		
5.	Francisco Costa, VALENTIM			11	Óbidos	1:18.00	237
	50m:	38.71	38.71	100m:	1:18.00 39.29		
6.	Martim Duarte, ROQUE			11	CNLeiria - VOID	1:18.80	230
	50m:	38.87	38.87	100m:	1:18.80 39.93		
7.	Guilherme Melo, ELIAS			11	Naval da Nazaré	1:20.82	213
	50m:	39.28	39.28	100m:	1:20.82 41.54		
8.	Diego Rodrigues, MENDES			11	Nautico Marinha Grande	1:24.17	189
	50m:	41.01	41.01	100m:	1:24.17 43.16		
9.	Dinis Morgado, FERREIRA			11	Ba-Leiria	1:24.18	189
	50m:	41.02	41.02	100m:	1:24.18 43.16		
10.	Joao Rodrigo, BREDAS			11	Nautico Marinha Grande	1:29.77	156
	50m:	43.93	43.93	100m:	1:29.77 45.84		
11.	Rodrigo Nicolau, RITA			11	Vieirense	1:30.45	152
	50m:	44.29	44.29	100m:	1:30.45 46.16		
12.	Joao Pedro, CRUZ			11	Naval de Peniche	1:31.75	146
	50m:	46.79	46.79	100m:	1:31.75 44.96		
13.	Rodrigo Duarte, CARREIRA			11	Alcobaca	1:33.03	140
	50m:	45.70	45.70	100m:	1:33.03 47.33		
14.	Rodrigo Freire, JOAQUIM			11	CNLeiria - VOID	1:39.38	115
	50m:	49.07	49.07	100m:	1:39.38 50.31		
DNS	Valentim Antonio, PEREIRA			11	CNLeiria - VOID		DNS
DNS	Martin, SHEVCHUK			11	CNLeiria - VOID		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6, Masc., 100m Costas

Prova 6 Masc., 100m Costas Juvenil B MASC  
21/12/2024 - 17:01 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac JUV B	57.20	Miguel Reis, OLIVEIRA	VSC	Felgueiras	20/07/2019

Pontos: AQUA 2024

Lugar			Ano		Tempo final	Pts
1.	Rodolfo Junior, ALECRIM		10	CNLeiria - VOID	1:03.94	431
	50m:	31.41 31.41	100m:	1:03.94 32.53		
2.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande	1:07.63	364
	50m:	32.78 32.78	100m:	1:07.63 34.85		
3.	David Xavier, ALMEIDA		10	Ba-Leiria	1:08.03	358
	50m:	33.79 33.79	100m:	1:08.03 34.24		
4.	Rodrigo Cardoso, TOMAS		10	Alcobaca	1:08.49	351
	50m:	34.10 34.10	100m:	1:08.49 34.39		
5.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande	1:09.72	333
	50m:	34.51 34.51	100m:	1:09.72 35.21		
6.	Antonio Antunes, JORGE		10	Alcobaca	1:10.04	328
	50m:	34.11 34.11	100m:	1:10.04 35.93		
7.	Tomas Marques, FRANCISCO		10	CNLeiria - VOID	1:11.13	313
	50m:	34.95 34.95	100m:	1:11.13 36.18		
8.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai	1:11.33	311
	50m:	35.05 35.05	100m:	1:11.33 36.28		
9.	Afonso Ferreira, REIS		10	Nautico Marinha Grande	1:11.90	303
	50m:	35.17 35.17	100m:	1:11.90 36.73		
10.	Lucas Costa, JESUS		10	Nautico Marinha Grande	1:12.99	290
	50m:	35.38 35.38	100m:	1:12.99 37.61		
11.	Simao Sousa, JESUS		10	Nautico Marinha Grande	1:15.33	264
	50m:	36.64 36.64	100m:	1:15.33 38.69		
12.	Gabriel Krempel, VARELA		10	Pimpoes/Cimai	1:18.04	237
	50m:	39.53 39.53	100m:	1:18.04 38.51		
13.	Santiago Neves, SILVA		10	Nucleo de Pombal	1:21.02	212
	50m:	39.54 39.54	100m:	1:21.02 41.48		
14.	Francisco Antonio, SIMOES		10	Ba-Leiria	1:21.17	211
	50m:	39.79 39.79	100m:	1:21.17 41.38		



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6, Masc., 100m Costas

Prova 6 Masc., 100m Costas Juvenil A MASC  
21/12/2024 - 17:01 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac JUV A	56.34	Goncalo Carlos, AZEVEDO	CNMAIA	Felgueiras	22/04/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. David Ferrador, PEREIRA 50m: 31.79 31.79 100m: 1:05.87 34.08	09 CNLeiria - VOID	1:05.87	394
2. Pedro Fonseca, OLIVEIRA 50m: 32.64 32.64 100m: 1:07.19 34.55	09 Nautico Marinha Grande	1:07.19	372
3. Martim Alexandre, MESQUITA 50m: 34.55 34.55 100m: 1:09.39 34.84	09 Nautico Marinha Grande	1:09.39	337
4. Maksym, TYSHCHUK 50m: 34.14 34.14 100m: 1:11.29 37.15	09 Nautico Marinha Grande	1:11.29	311
5. Santiago Jose, PACHECO 50m: 34.77 34.77 100m: 1:11.63 36.86	09 Alcobaca	1:11.63	307
6. Gabriel Santiago, FERREIRA 50m: 36.39 36.39 100m: 1:14.63 38.24	09 Uniao Juncalense	1:14.63	271
7. Francisco Lourenco, CUSTODIO 50m: 35.77 35.77 100m: 1:15.45 39.68	09 Naval da Nazaré	1:15.45	262
8. Vladyslav, BABUSHKIN 50m: 38.49 38.49 100m: 1:18.42 39.93	09 Nautico Marinha Grande	1:18.42	234
DNS Rodrigo Oliveira, SANTOS	09 Alcobaca		DNS

Prova 6 Masc., 100m Costas Junior MASC  
21/12/2024 - 17:01 Resultados

Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Rec Nac 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	05/12/2009
Rec Nac 17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	11/05/2014

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Tiago Santos, POMBO 50m: 33.88 33.88 100m: 1:08.86 34.98	08 Alcobaca	1:08.86	345
2. Diogo Coelho, JORDAO 50m: 33.93 33.93 100m: 1:09.18 35.25	08 Uniao Juncalense	1:09.18	340
3. Santiago Boica, SOUSA 50m: 36.17 36.17 100m: 1:14.31 38.14	08 Veiense	1:14.31	275
4. Diogo Barata, ALVES 50m: 37.89 37.89 100m: 1:18.24 40.35	08 Nautico Marinha Grande	1:18.24	235
5. Andre Filipe, FERNANDES 50m: 43.34 43.34 100m: 1:30.99 47.65	07 Alcobaca	1:30.99	149
EXH Pedro Blanc, CAPINHA 50m: 35.47 35.47 100m: 1:13.00 37.53	09 Óbidos	1:13.00	290



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6, Masc., 100m Costas

Lugar	Ano	Tempo final	Pts	
EXH Alexandre, AFONSO SANTOS 50m: 36.65 36.65 100m: 1:14.88 38.23	09 Uniao Juncalense	1:14.88	268	EXH
EXH Andre Guilherme, CORDEIRO 50m: 37.56 37.56 100m: 1:16.63 39.07	09 Naval de Peniche	1:16.63	250	EXH
EXH Brock Ammon, MERRELL 50m: 37.28 37.28 100m: 1:17.36 40.08	10 Naval de Peniche	1:17.36	243	EXH
EXH Sebastian, PACHECO 50m: 40.04 40.04 100m: 1:22.51 42.47	12 Naval de Peniche	1:22.51	200	EXH
EXH Simao Pedro, MARQUES 50m: 41.94 41.94 100m: 1:26.09 44.15	11 Uniao Juncalense	1:26.09	176	EXH
EXH Andrey, POGOMIY 50m: 41.21 41.21 100m: 1:26.61 45.40	11 Ba-Leiria	1:26.61	173	EXH
EXH Tomas Ferreira, CARVALHO 50m: 42.05 42.05 100m: 1:27.26 45.21	11 Ba-Leiria	1:27.26	169	EXH
EXH Tiago Daniel, POVOA 50m: 42.62 42.62 100m: 1:27.85 45.23	08 Uniao Juncalense	1:27.85	166	EXH
EXH Tomas Alves, ROCHA 50m: 46.92 46.92 100m: 1:30.31 43.39	11 Pimpoes/Cimai	1:30.31	153	EXH
EXH Bryan Carrilho, MATOS 50m: 43.70 43.70 100m: 1:31.28 47.58	11 Benedita	1:31.28	148	EXH
EXH Gabriel Marques, CARREIRA 50m: 45.10 45.10 100m: 1:31.31 46.21	11 Uniao Juncalense	1:31.31	148	EXH
EXH Rafael Teixeira, MARTINS 50m: 45.68 45.68 100m: 1:33.36 47.68	11 Naval de Peniche	1:33.36	138	EXH
EXH Francisco Enes, ALVES 50m: 46.05 46.05 100m: 1:33.62 47.57	10 Ba-Leiria	1:33.62	137	EXH
EXH Lourenco Luis, RIBEIRO 50m: 45.52 45.52 100m: 1:33.70 48.18	12 Pimpoes/Cimai	1:33.70	137	EXH
EXH Afonso Mourao, MIRANDA 50m: 45.93 45.93 100m: 1:35.20 49.27	12 Ba-Leiria	1:35.20	130	EXH
EXH Tiago Caixinha, SENICA 50m: 52.19 52.19 100m: 1:42.94 50.75	12 Ba-Leiria	1:42.94	103	EXH
EXH Diogo Demirel, FERREIRA 50m: 50.86 50.86 100m: 1:44.15 53.29	11 Ba-Leiria	1:44.15	99	EXH
EXH Rafael Costa, ANTUNES 50m: 51.16 51.16 100m: 1:45.76 54.60	10 Naval de Peniche	1:45.76	95	EXH
EXH Gabriel Cadete, RODRIGUES 50m: 52.11 52.11 100m: 1:46.78 54.67	11 Nucleo de Pombal	1:46.78	92	EXH
EXH Lucas Santos, SILVA 50m: 55.59 55.59 100m: 1:51.38 55.79	10 Uniao Juncalense	1:51.38	81	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 6, Masc., 100m Costas

Lugar	Ano	Tempo final	Pts	
EXH Kaua Schuquel, BOFF	10 Vieirense	2:49.97	22	EXH
50m: 1:23.54 1:23.54	100m: 2:49.97 1:26.43			

Prova 7  
21/12/2024 - 17:35

Femin., 400m Livres

Infantil B FEM  
Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac INF B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13/06/2009

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	
1. Alicia Ferreira, OLIVEIRA	13 Ba-Leiria	5:52.89	281	
50m: 39.88 39.88	150m: 2:11.43 46.23	250m: 3:39.96 44.26	350m: 5:07.41 42.26	
100m: 1:25.20 45.32	200m: 2:55.70 44.27	300m: 4:25.15 45.19	400m: 5:52.89 45.48	
2. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	5:53.46	280	
50m: 40.99 40.99	150m: 2:10.06 44.55	250m: 3:39.95 45.40	350m: 5:11.42 45.48	
100m: 1:25.51 44.52	200m: 2:54.55 44.49	300m: 4:25.94 45.99	400m: 5:53.46 42.04	
3. Maria Joao, OLIVEIRA	13 Alcobaca	5:57.42	271	
50m: 41.36 41.36	150m: 2:13.97 47.37	250m: 3:44.57 45.36	350m: 5:14.04 44.32	
100m: 1:26.60 45.24	200m: 2:59.21 45.24	300m: 4:29.72 45.15	400m: 5:57.42 43.38	
4. Lara Sofia, MARCELINO	13 Vieirense	6:06.50	251	
50m: 43.06 43.06	150m: 2:16.04 46.91	250m: 3:51.25 47.55	350m: 5:23.87 45.50	
100m: 1:29.13 46.07	200m: 3:03.70 47.66	300m: 4:38.37 47.12	400m: 6:06.50 42.63	
5. Emma Henriques, SOUTO	13 Óbidos	6:20.21	225	
50m: 43.81 43.81	150m: 2:20.37 48.94	250m: 3:58.62 48.50	350m: 5:35.39 48.15	
100m: 1:31.43 47.62	200m: 3:10.12 49.75	300m: 4:47.24 48.62	400m: 6:20.21 44.82	
6. Avron Dawn, SANTOS	13 Vieirense	6:31.84	205	
50m: 46.33 46.33	150m: 2:26.86 50.47	250m: 4:06.00 48.82	350m: 5:45.40 49.79	
100m: 1:36.39 50.06	200m: 3:17.18 50.32	300m: 4:55.61 49.61	400m: 6:31.84 46.44	
7. Violeta Neves, SILVA	13 Nucleo de Pombal	6:33.08	203	
50m: 44.49 44.49	150m: 2:24.26 50.17	250m: 4:05.37 50.47	350m: 5:46.84 50.71	
100m: 1:34.09 49.60	200m: 3:14.90 50.64	300m: 4:56.13 50.76	400m: 6:33.08 46.24	
8. Maria Leal, ALVES	13 Alcobaca	6:42.08	190	
50m: 45.17 45.17	150m: 2:27.74 51.30	250m: 4:11.07 51.42	350m: 5:53.80 53.13	
100m: 1:36.44 51.27	200m: 3:19.65 51.91	300m: 5:00.67 49.60	400m: 6:42.08 48.28	
9. Elisa Rodrigues, SIMOES	13 Benedita	6:53.11	175	
50m: 48.51 48.51	150m: 2:33.44 52.74	250m: 4:20.14 53.12	350m: 6:04.22 51.18	
100m: 1:40.70 52.19	200m: 3:27.02 53.58	300m: 5:13.04 52.90	400m: 6:53.11 48.89	
10. Nuria Rocha, BOTAS	13 Vieirense	7:03.64	162	
50m: 46.56 46.56	150m: 2:31.73 53.18	250m: 4:21.33 55.52	350m: 6:12.16 55.88	
100m: 1:38.55 51.99	200m: 3:25.81 54.08	300m: 5:16.28 54.95	400m: 7:03.64 51.48	
11. Ines Barreto, CALDEIREIRO	13 Vieirense	7:06.03	160	
50m: 47.46 47.46	150m: 2:39.03 56.44	250m: 4:28.64 54.69	350m: 6:18.16 54.20	
100m: 1:42.59 55.13	200m: 3:33.95 54.92	300m: 5:23.96 55.32	400m: 7:06.03 47.87	
12. Sara Machado, JANUARIO	13 Alcobaca	7:22.51	142	
50m: 48.03 48.03	150m: 2:37.27 55.60	250m: 4:30.31 57.30	350m: 6:27.69 59.59	
100m: 1:41.67 53.64	200m: 3:33.01 55.74	300m: 5:28.10 57.79	400m: 7:22.51 54.82	



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres, Infantil B FEM

Lugar	Ano	Tempo final	Pts
13. Constanca Teopisto, CARVALHO	13 Alcobaca	7:37.50	129
50m: 52.22 52.22	150m: 2:48.73 58.38	250m: 4:45.86 58.77	350m: 6:43.28 57.27
100m: 1:50.35 58.13	200m: 3:47.09 58.36	300m: 5:46.01 1:00.15	400m: 7:37.50 54.22
DNS Carminho Jose, LOPES	13 Benedita		DNS

Prova 7 Femin., 400m Livres Infantil A FEM Resultados  
21/12/2024 - 17:35

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac INF A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Emma, AVRAMESCU	12 Nautico Marinha Grande	5:15.77	393
50m: 35.83 35.83	150m: 1:57.20 40.79	250m: 3:18.80 40.51	350m: 4:38.56 39.37
100m: 1:16.41 40.58	200m: 2:38.29 41.09	300m: 3:59.19 40.39	400m: 5:15.77 37.21
2. Laura Krempel, VARELA	12 Pimpoes/Cimai	5:21.88	371
50m: 36.79 36.79	150m: 1:59.10 40.76	250m: 3:21.28 40.14	350m: 4:43.36 40.52
100m: 1:18.34 41.55	200m: 2:41.14 42.04	300m: 4:02.84 41.56	400m: 5:21.88 38.52
3. Mafalda Varela, BERNARDINO	12 Alcobaca	5:28.54	348
50m: 38.43 38.43	150m: 2:00.08 41.43	250m: 3:23.72 41.80	350m: 4:47.60 41.27
100m: 1:18.65 40.22	200m: 2:41.92 41.84	300m: 4:06.33 42.61	400m: 5:28.54 40.94
4. Ines Pinto, MARTINS	12 Pimpoes/Cimai	5:30.02	344
50m: 37.83 37.83	150m: 2:01.76 41.86	250m: 3:26.39 42.08	350m: 4:50.43 41.36
100m: 1:19.90 42.07	200m: 2:44.31 42.55	300m: 4:09.07 42.68	400m: 5:30.02 39.59
5. Luna Francisco, PEREIRA	12 Nucleo de Pombal	5:30.26	343
50m: 37.34 37.34	150m: 2:01.68 42.48	250m: 3:26.60 42.45	350m: 4:50.60 41.67
100m: 1:19.20 41.86	200m: 2:44.15 42.47	300m: 4:08.93 42.33	400m: 5:30.26 39.66
6. Julia Pinto, PINHEIRO	12 Pimpoes/Cimai	5:35.74	326
50m: 38.23 38.23	150m: 2:02.70 42.78	250m: 3:28.42 42.78	350m: 4:54.39 42.38
100m: 1:19.92 41.69	200m: 2:45.64 42.94	300m: 4:12.01 43.59	400m: 5:35.74 41.35
7. Emiliania Arruda, SARAIVA	12 Vieiraense	5:36.84	323
50m: 35.48 35.48	150m: 2:00.49 43.58	250m: 3:28.56 43.46	350m: 4:56.07 43.34
100m: 1:16.91 41.43	200m: 2:45.10 44.61	300m: 4:12.73 44.17	400m: 5:36.84 40.77
8. Safira Pedro, FONSECA	12 Vieiraense	5:39.91	315
50m: 38.74 38.74	150m: 2:06.50 44.59	250m: 3:32.63 42.25	350m: 4:59.49 43.43
100m: 1:21.91 43.17	200m: 2:50.38 43.88	300m: 4:16.06 43.43	400m: 5:39.91 40.42
9. Beatriz Julio, CORREIA	12 CNLeiria - VOID	5:42.37	308
50m: 38.94 38.94	150m: 2:06.18 44.55	250m: 3:33.42 43.57	350m: 5:00.89 43.66
100m: 1:21.63 42.69	200m: 2:49.85 43.67	300m: 4:17.23 43.81	400m: 5:42.37 41.48
10. Benedita Nunes, FELIX	12 Pimpoes/Cimai	5:43.70	304
50m: 38.40 38.40	150m: 2:05.76 43.96	250m: 3:35.59 44.79	350m: 5:04.21 43.68
100m: 1:21.80 43.40	200m: 2:50.80 45.04	300m: 4:20.53 44.94	400m: 5:43.70 39.49
11. Maria Leonor, ASSUNCAO	12 Pimpoes/Cimai	5:56.05	274
50m: 41.12 41.12	150m: 2:13.34 46.09	250m: 3:44.88 45.92	350m: 5:14.35 43.79
100m: 1:27.25 46.13	200m: 2:58.96 45.62	300m: 4:30.56 45.68	400m: 5:56.05 41.70



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres, Infantil A FEM

Lugar	Ano			Tempo final					Pts
12. Daniela Carvalho, FERREIRA	12	Nucleo de Pombal		6:02.19					260
50m: 41.71 41.71	150m: 2:12.77	46.36	250m: 3:45.40	46.37	350m: 5:18.43	46.87	400m: 6:02.19	43.76	
100m: 1:26.41 44.70	200m: 2:59.03	46.26	300m: 4:31.56	46.16					
13. Yaroslava, TABUNSCHYK	12	CNLeiria - VOID		6:03.75					257
50m: 40.79 40.79	150m: 2:11.97	44.98	250m: 3:43.48	46.33	350m: 5:16.58	45.85	400m: 6:03.75	47.17	
100m: 1:26.99 46.20	200m: 2:57.15	45.18	300m: 4:30.73	47.25					
14. Iara Maria, CAMACHO	12	Pimpoes/Cimai		6:04.07					256
50m: 41.64 41.64	150m: 2:14.88	47.48	250m: 3:48.78	46.72	350m: 5:21.90	46.50	400m: 6:04.07	42.17	
100m: 1:27.40 45.76	200m: 3:02.06	47.18	300m: 4:35.40	46.62					
15. Valeria, MORITS	12	Nautico Marinha Grande		6:09.41					245
50m: 39.42 39.42	150m: 2:12.71	47.14	250m: 3:47.33	47.19	350m: 5:22.87	48.97	400m: 6:09.41	46.54	
100m: 1:25.57 46.15	200m: 3:00.14	47.43	300m: 4:33.90	46.57					
16. Rita Alexandra, JORDAO	12	Uniao Juncalense		6:10.08					244
50m: 43.14 43.14	150m: 2:18.79	48.17	250m: 3:52.70	46.89	350m: 5:26.39	46.64	400m: 6:10.08	43.69	
100m: 1:30.62 47.48	200m: 3:05.81	47.02	300m: 4:39.75	47.05					
17. Maria Ines, GOMES	12	Nucleo de Pombal		6:13.91					236
50m: 41.47 41.47	150m: 2:14.08	46.93	250m: 3:49.68	48.06	350m: 5:26.25	48.09	400m: 6:13.91	47.66	
100m: 1:27.15 45.68	200m: 3:01.62	47.54	300m: 4:38.16	48.48					
18. Mariana Duarte, ANTUNES	12	Alcobaca		6:22.31					221
50m: 41.14 41.14	150m: 2:17.37	49.56	250m: 3:57.25	49.75	350m: 5:36.13	48.49	400m: 6:22.31	46.18	
100m: 1:27.81 46.67	200m: 3:07.50	50.13	300m: 4:47.64	50.39					
19. Rita Francisco, SIMOES	12	Vieirense		6:22.84					220
50m: 44.57 44.57	150m: 2:22.40	49.59	250m: 4:00.91	48.67	350m: 5:36.93	47.62	400m: 6:22.84	45.91	
100m: 1:32.81 48.24	200m: 3:12.24	49.84	300m: 4:49.31	48.40					
20. Maria Leonor, FERREIRA	12	Óbidos		6:32.79					204
50m: 44.33 44.33	150m: 2:26.57	50.87	250m: 4:07.74	50.90	350m: 5:47.48	49.90	400m: 6:32.79	45.31	
100m: 1:35.70 51.37	200m: 3:16.84	50.27	300m: 4:57.58	49.84					
21. Jessica Garcia, FERREIRA	12	Óbidos		6:33.17					203
50m: 44.36 44.36	150m: 2:27.64	52.03	250m: 4:07.95	50.35	350m: 5:47.05	49.39	400m: 6:33.17	46.12	
100m: 1:35.61 51.25	200m: 3:17.60	49.96	300m: 4:57.66	49.71					
22. Constanca Santos, COUTINHO	12	Naval da Nazaré		6:38.38					195
50m: 42.92 42.92	150m: 2:23.83	51.47	250m: 4:07.57	52.70	350m: 5:50.43	51.25	400m: 6:38.38	47.95	
100m: 1:32.36 49.44	200m: 3:14.87	51.04	300m: 4:59.18	51.61					



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres

Prova 7 Femin., 400m Livres Juvenil B FEM  
21/12/2024 - 17:35 Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac JUV B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts	
1.	Francisca Moreira, FELICIANO		11	Alcobaça				4:59.20	462	
	50m:	33.08 33.08	150m:	1:49.04 37.85	250m:	3:05.64 38.45	350m:	4:22.07 38.90		
	100m:	1:11.19 38.11	200m:	2:27.19 38.15	300m:	3:43.17 37.53	400m:	4:59.20 37.13		
2.	Anastasiya, PRYMACHENKO		11	Nucleo de Pombal				5:00.71	455	
	50m:	34.56 34.56	150m:	1:50.38 38.11	250m:	3:07.61 38.46	350m:	4:23.69 37.44		
	100m:	1:12.27 37.71	200m:	2:29.15 38.77	300m:	3:46.25 38.64	400m:	5:00.71 37.02		
3.	Carlota Sa, SANTOS		11	Nucleo de Pombal				5:02.60	446	
	50m:	34.36 34.36	150m:	1:48.99 37.94	250m:	3:06.60 38.98	350m:	4:24.26 38.35		
	100m:	1:11.05 36.69	200m:	2:27.62 38.63	300m:	3:45.91 39.31	400m:	5:02.60 38.34		
4.	Carolina Silva, CASTANHEIRA		11	CNLeiria - VOID				5:05.82	432	
	50m:	34.69 34.69	150m:	1:50.52 38.34	250m:	3:07.78 38.95	350m:	4:26.92 39.53		
	100m:	1:12.18 37.49	200m:	2:28.83 38.31	300m:	3:47.39 39.61	400m:	5:05.82 38.90		
5.	Cristiana Henriques, ALMEIDA		11	Benedita				5:23.18	366	
	50m:	36.22 36.22	150m:	1:55.88 40.83	250m:	3:18.11 40.61	350m:	4:42.81 42.54		
	100m:	1:15.05 38.83	200m:	2:37.50 41.62	300m:	4:00.27 42.16	400m:	5:23.18 40.37		
6.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande				5:24.02	363	
	50m:	36.18 36.18	150m:	1:59.89 42.35	250m:	3:23.76 41.70	350m:	4:46.27 40.64		
	100m:	1:17.54 41.36	200m:	2:42.06 42.17	300m:	4:05.63 41.87	400m:	5:24.02 37.75		
7.	Isabela Lourenco, COSTA		11	Benedita				5:26.01	357	
	50m:	36.92 36.92	150m:	1:59.09 41.62	250m:	3:22.35 41.63	350m:	4:45.84 42.11		
	100m:	1:17.47 40.55	200m:	2:40.72 41.63	300m:	4:03.73 41.38	400m:	5:26.01 40.17		
8.	Margarida Soares, MAIA		11	Nautico Marinha Grande				5:43.11	306	
	50m:	38.71 38.71	150m:	2:04.58 43.20	250m:	3:34.41 44.96	350m:	5:03.05 44.07		
	100m:	1:21.38 42.67	200m:	2:49.45 44.87	300m:	4:18.98 44.57	400m:	5:43.11 40.06		
9.	Maria Santos, FONSECA		11	CNLeiria - VOID				5:50.39	287	
	50m:	38.74 38.74	150m:	2:08.29 44.36	250m:	3:36.74 44.56	350m:	5:06.47 45.43		
	100m:	1:23.93 45.19	200m:	2:52.18 43.89	300m:	4:21.04 44.30	400m:	5:50.39 43.92		
10.	Margarida Lopes, RODRIGUES		11	Uniao Juncalense				5:58.15	269	
	50m:	38.50 38.50	150m:	2:07.62 45.04	250m:	3:38.21 46.16	350m:	5:12.59 47.48		
	100m:	1:22.58 44.08	200m:	2:52.05 44.43	300m:	4:25.11 46.90	400m:	5:58.15 45.56		
11.	Beatriz Morgado, SILVA		11	Benedita				6:14.74	235	
	50m:	45.61 45.61	150m:	2:20.15 47.40	250m:	3:54.86 47.53	350m:	5:28.93 46.61		
	100m:	1:32.75 47.14	200m:	3:07.33 47.18	300m:	4:42.32 47.46	400m:	6:14.74 45.81		
DNS	Kelly Simao, COSTA		11	Óbidos					DNS	
DNS	Mariana Sousa, MENDES		11	Alcobaça					DNS	



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres

Prova 7 Femin., 400m Livres Juvenil A FEM  
21/12/2024 - 17:35 Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac JUV A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts	
1.	Sofia Roma, BRIZIDA		10	CNLeiria - VOID						5:08.88	419	
	50m:	32.04	32.04	150m:	1:46.33	37.94	250m:	3:07.55	41.14	350m:	4:30.33	40.91
	100m:	1:08.39	36.35	200m:	2:26.41	40.08	300m:	3:49.42	41.87	400m:	5:08.88	38.55
2.	Laura Samora, GONCALVES		10	CNLeiria - VOID						5:19.68	378	
	50m:	33.36	33.36	150m:	1:57.71	48.84	250m:	3:21.13	41.53	350m:	4:42.84	40.74
	100m:	1:08.87	35.51	200m:	2:39.60	41.89	300m:	4:02.10	40.97	400m:	5:19.68	36.84
3.	Leonor Silva, MARTINS		10	Óbidos						5:42.02	309	
	50m:	37.34	37.34	150m:	2:02.78	43.27	250m:	3:30.32	43.77	350m:	4:59.62	44.54
	100m:	1:19.51	42.17	200m:	2:46.55	43.77	300m:	4:15.08	44.76	400m:	5:42.02	42.40
4.	Mariana Sousa, OLIVEIRA		10	Alcobaca						5:52.28	283	
	50m:	39.32	39.32	150m:	2:08.83	44.54	250m:	3:39.02	44.86	350m:	5:09.41	45.34
	100m:	1:24.29	44.97	200m:	2:54.16	45.33	300m:	4:24.07	45.05	400m:	5:52.28	42.87

Prova 7 Femin., 400m Livres Junior FEM  
21/12/2024 - 17:35 Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac 18	4:11.18	Francisca Soares, MARTINS	FOCA	Mealhada	14/11/2020
Rec Nac 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015
Rec Nac 16	4:13.53	Ana Reis, SOUSA	CNLA	Porto	09/12/2017

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts	
1.	Constanca Baptista, TOMAS		09	Alcobaca						4:38.60	572	
	50m:	31.54	31.54	150m:	1:41.99	35.66	250m:	2:53.33	35.69	350m:	4:04.43	35.09
	100m:	1:06.33	34.79	200m:	2:17.64	35.65	300m:	3:29.34	36.01	400m:	4:38.60	34.17
2.	Rita Rocha, SILVA		08	Alcobaca						4:54.71	483	
	50m:	33.11	33.11	150m:	1:46.99	37.23	250m:	3:02.35	37.61	350m:	4:17.96	38.11
	100m:	1:09.76	36.65	200m:	2:24.74	37.75	300m:	3:39.85	37.50	400m:	4:54.71	36.75
3.	Francisca Ramos, NUNES		09	Naval de Peniche						4:58.85	463	
	50m:	33.57	33.57	150m:	1:49.01	38.10	250m:	3:04.88	38.09	350m:	4:21.52	38.08
	100m:	1:10.91	37.34	200m:	2:26.79	37.78	300m:	3:43.44	38.56	400m:	4:58.85	37.33
4.	Matilde Andre, LUIS		08	Alcobaca						5:14.63	397	
	50m:	34.63	34.63	150m:	1:51.02	38.78	250m:	3:11.57	40.55	350m:	4:33.87	41.55
	100m:	1:12.24	37.61	200m:	2:31.02	40.00	300m:	3:52.32	40.75	400m:	5:14.63	40.76
5.	Diana Rita, FONSECA		08	Vieirense						5:22.04	370	
	50m:	35.73	35.73	150m:	1:57.18	41.33	250m:	3:20.14	41.40	350m:	4:42.41	40.21
	100m:	1:15.85	40.12	200m:	2:38.74	41.56	300m:	4:02.20	42.06	400m:	5:22.04	39.63
6.	Matilde Monteiro, NEVES		08	Nucleo de Pombal						5:28.37	349	
	50m:	36.74	36.74	150m:	1:59.15	41.53	250m:	3:22.82	41.82	350m:	4:47.10	42.33
	100m:	1:17.62	40.88	200m:	2:41.00	41.85	300m:	4:04.77	41.95	400m:	5:28.37	41.27



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres, Junior FEM

Lugar	Nome		Ano	Clube				Tempo final	Pts			
7.	Carolina Ferreira, FONSECA		07	Vieirense				5:34.78	329			
	50m:	38.65	38.65	150m:	2:02.68	42.23	250m:	3:27.90	42.46	350m:	4:52.90	42.81
	100m:	1:20.45	41.80	200m:	2:45.44	42.76	300m:	4:10.09	42.19	400m:	5:34.78	41.88
8.	Marta Cabete, GOMES		08	CNLeiria - VOID				5:42.73	307			
	50m:	39.34	39.34	150m:	2:05.09	43.17	250m:	3:32.82	43.78	350m:	4:59.85	43.80
	100m:	1:21.92	42.58	200m:	2:49.04	43.95	300m:	4:16.05	43.23	400m:	5:42.73	42.88
9.	Anjali, RAICAR		09	Naval de Peniche				5:45.39	300			
	50m:	36.01	36.01	150m:	2:00.15	42.98	250m:	3:28.85	44.48	350m:	5:00.50	46.22
	100m:	1:17.17	41.16	200m:	2:44.37	44.22	300m:	4:14.28	45.43	400m:	5:45.39	44.89
10.	Matilde Santos, COUTINHO		07	Naval da Nazaré				5:50.83	286			
	50m:	38.04	38.04	150m:	2:07.66	45.49	250m:	3:37.78	44.97	350m:	5:06.91	43.95
	100m:	1:22.17	44.13	200m:	2:52.81	45.15	300m:	4:22.96	45.18	400m:	5:50.83	43.92

Prova 7 Femin., 400m Livres Senior FEM  
21/12/2024 - 17:35 Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Rec Nac SEN	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023

Pontos: AQUA 2024

Lugar	Nome		Ano	Clube				Tempo final	Pts			
1.	Ana Claudia, FERREIRA		90	Alcobaca				4:54.38	485			
	50m:	33.05	33.05	150m:	1:45.88	36.71	250m:	3:00.47	37.43	350m:	4:16.61	38.21
	100m:	1:09.17	36.12	200m:	2:23.04	37.16	300m:	3:38.40	37.93	400m:	4:54.38	37.77
2.	Dalila Leal, BERNARDINO		06	Nucleo de Pombal				5:13.54	401			
	50m:	34.93	34.93	150m:	1:52.23	39.11	250m:	3:13.53	41.16	350m:	4:34.96	40.45
	100m:	1:13.12	38.19	200m:	2:32.37	40.14	300m:	3:54.51	40.98	400m:	5:13.54	38.58
3.	Bruna Andreia, SIMOES		01	Vieirense				5:18.76	382			
	50m:	34.29	34.29	150m:	1:54.01	40.71	250m:	3:16.86	41.38	350m:	4:39.79	41.42
	100m:	1:13.30	39.01	200m:	2:35.48	41.47	300m:	3:58.37	41.51	400m:	5:18.76	38.97
EXH	Zofie, PACHECO		09	Naval de Peniche				5:20.10	377	EXH		
	50m:	34.05	34.05	150m:	1:54.48	41.36	250m:	3:18.87	42.32	350m:	4:42.31	41.23
	100m:	1:13.12	39.07	200m:	2:36.55	42.07	300m:	4:01.08	42.21	400m:	5:20.10	37.79
EXH	Matilde Vitorino, FERREIRA		11	Naval de Peniche				6:00.02	265	EXH		
	50m:	40.86	40.86	150m:	2:12.83	46.15	250m:	3:45.32	46.16	350m:	5:17.09	45.88
	100m:	1:26.68	45.82	200m:	2:59.16	46.33	300m:	4:31.21	45.89	400m:	6:00.02	42.93
EXH	Barbara Serrano, LOMBA		12	Ba-Leiria				6:03.03	258	EXH		
	50m:	40.25	40.25	150m:	2:12.62	46.48	250m:	3:45.33	46.68	350m:	5:19.41	46.37
	100m:	1:26.14	45.89	200m:	2:58.65	46.03	300m:	4:33.04	47.71	400m:	6:03.03	43.62
EXH	Yara Silva, INES		11	Ba-Leiria				6:18.31	228	EXH		
	50m:	42.36	42.36	150m:	2:16.24	47.76	250m:	3:52.94	48.86	350m:	5:31.15	48.92
	100m:	1:28.48	46.12	200m:	3:04.08	47.84	300m:	4:42.23	49.29	400m:	6:18.31	47.16
EXH	Laura Silva, MARTINS		13	Ba-Leiria				6:37.73	196	EXH		
	50m:	44.94	44.94	150m:	2:28.97	51.96	250m:	4:14.19	52.60	350m:	5:51.83	47.08
	100m:	1:37.01	52.07	200m:	3:21.59	52.62	300m:	5:04.75	50.56	400m:	6:37.73	45.90



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 7, Femin., 400m Livres

Lugar	Ano	Tempo final	Pts
EXH Erica Maria, FORTUNATO	13 Ba-Leiria	7:13.43	151
50m: 49.66 49.66	150m: 2:39.57 55.56	250m: 4:32.01 56.52	350m: 6:22.54 55.32
100m: 1:44.01 54.35	200m: 3:35.49 55.92	300m: 5:27.22 55.21	400m: 7:13.43 50.89
EXH Eduarda Antunes, BUGALHAO	13 Ba-Leiria	7:45.97	122
50m: 53.30 53.30	150m: 2:51.69 1:00.05	250m: 4:52.18 1:00.13	350m: 6:50.89 59.05
100m: 1:51.64 58.34	200m: 3:52.05 1:00.36	300m: 5:51.84 59.66	400m: 7:45.97 55.08

2 - 2ª Jornada - Sessão da manhã

22/12/2024 - 9:00

Prova 8 Masc., 50m Livres Infantil B MASC Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac INF B	26.65	Gabriel Jose, LOPES	CDL	Lousã	19/06/2010

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS	12 Alcobaca	27.97	374
2. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	28.65	348
3. Martim Piedade, SANTOS	12 Pimpoes/Cimai	30.02	302
4. Tomas Vieira, FIGUEIREDO	12 Alcobaca	32.29	243
5. Roberto Bento, CANAS	12 Pimpoes/Cimai	34.69	196
6. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	34.81	194
7. Joao Maria, TEMPERO	12 Pimpoes/Cimai	35.23	187
8. Tomas Barata, ALVES	12 Nautico Marinha Grande	35.64	180
9. Goncalo Nunes, MORAIS	12 Ba-Leiria	37.50	155
10. Gabriel Sousa, GOMES	12 Óbidos	38.39	144
11. Joao Pedro, BELO	12 Nautico Marinha Grande	38.54	143
DNS Rodrigo Jose, NEVES	12 Nucleo de Pombal		DNS
DNS Valerii, STRIELKOV	12 Uniao Juncalense		DNS
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS

Prova 8 Masc., 50m Livres Infantil A MASC Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac INF A	25.17	Rodolfo Junior, ALECRIM	CNL-VOID	Óbidos	15/06/2024

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA	11 Ba-Leiria	27.80	381
2. Martim Cruz, MOURA	11 CNLeiria - VOID	29.01	335
3. Martim Duarte, ROQUE	11 CNLeiria - VOID	29.60	315
4. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	29.96	304
5. Vasco Sousa, LEMOS	11 Pimpoes/Cimai	30.45	290
6. Guilherme Melo, ELIAS	11 Naval da Nazaré	31.00	275
7. Francisco Costa, VALENTIM	11 Óbidos	31.42	264
8. Dinis Morgado, FERREIRA	11 Ba-Leiria	31.70	257



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 8, Masc., 50m Livres, Infantil A MASC

Lugar	Ano		Tempo final	Pts	
9.	11	Rodrigo Duarte, CARREIRA Alcobaca	33.04	227	
10.	11	Rodrigo Nicolau, RITA Vieirense	33.18	224	
11.	11	Diego Rodrigues, MENDES Nautico Marinha Grande	34.49	199	
12.	11	Rodrigo Freire, JOAQUIM CNLeiria - VOID	34.74	195	
13.	11	Joao Rodrigo, BREDA Nautico Marinha Grande	35.85	177	
14.	11	Joao Pedro, CRUZ Naval de Peniche	38.22	146	
DNS	11	Valentim Antonio, PEREIRA CNLeiria - VOID			DNS
DNS	11	Martin, SHEVCHUK CNLeiria - VOID			DNS
DNS	11	Artem, STRIELKOV Uniao Juncalense			DNS

Prova 8 Masc., 50m Livres Juvenil B MASC  
22/12/2024 - 9:00 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac JUV B	23.96	Diogo Gomes, SOUSA	CNCVG	Ponte de Sôr	13/12/2009

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	
1.	10	Rodolfo Junior, ALECRIM CNLeiria - VOID	24.11	584	
2.	10	David Xavier, ALMEIDA Ba-Leiria	26.69	430	
3.	10	Antonio Antunes, JORGE Alcobaca	26.75	428	
4.	10	Tomas Manuel, PALMEIRO Nautico Marinha Grande	27.81	380	
5.	10	Rodrigo Cardoso, TOMAS Alcobaca	27.85	379	
6.	10	Francisco Lourenco, PEDROSA Nautico Marinha Grande	27.93	376	
7.	10	Afonso Ferreira, REIS Nautico Marinha Grande	28.76	344	
8.	10	Guilherme Rodrigues, CABRAL Pimpoes/Cimai	28.81	342	
9.	10	Tomas Marques, FRANCISCO CNLeiria - VOID	29.25	327	
10.	10	Gabriel Krempel, VARELA Pimpoes/Cimai	29.88	307	
11.	10	Santiago Neves, SILVA Nucleo de Pombal	30.00	303	
12.	10	Lucas Costa, JESUS Nautico Marinha Grande	30.23	296	
13.	10	Simao Sousa, JESUS Nautico Marinha Grande	30.32	293	
14.	10	Francisco Antonio, SIMOES Ba-Leiria	31.83	254	
DSQ	10	Francisco Enes, ALVES Ba-Leiria <i>Falsa partida SW4.4</i>			DSQ

Prova 8 Masc., 50m Livres Juvenil A MASC  
22/12/2024 - 9:00 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac JUV A	23.83	Diogo Matos, RIBEIRO	CUC	Coimbra	02/02/2020

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	
1.	09	Martim Alexandre, MESQUITA Nautico Marinha Grande	26.23	454	
2.	09	David Ferrador, PEREIRA CNLeiria - VOID	26.92	419	
3.	09	Pedro Fonseca, OLIVEIRA Nautico Marinha Grande	27.25	404	
4.	09	Santiago Jose, PACHECO Alcobaca	28.54	352	
5.	09	Francisco Lourenco, CUSTODIO Naval da Nazaré	28.66	348	
6.	09	Maksym, TYSHCHUK Nautico Marinha Grande	28.74	345	



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 8, Masc., 50m Livres, Juvenil A MASC

Lugar	Ano		Tempo final	Pts		
7.		Gabriel Santiago, FERREIRA	09	Uniao Juncalense	29.22	328
8.		Vladyslav, BABUSHKIN	09	Nautico Marinha Grande	30.71	282
DNS		Rodrigo Oliveira, SANTOS	09	Alcobaca		DNS

Prova 8 Masc., 50m Livres Junior MASC  
22/12/2024 - 9:00 Resultados

Rec Nac Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec Nac 18	22.24	Miguel Duarte, NASCIMENTO	PORTIN	Porto	08/12/2012
Rec Nac 17	23.12	Tiago Andrade, MACHADO	SCA	Felgueiras	22/12/2018

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts			
1.		Tiago Santos, POMBO	08	Alcobaca	26.78	426	
2.		Santiago Boica, SOUSA	08	Vieirense	26.79	426	
3.		Diogo Coelho, JORDAO	08	Uniao Juncalense	27.53	392	
4.		Diogo Barata, ALVES	08	Nautico Marinha Grande	29.72	312	
5.		Andre Filipe, FERNANDES	07	Alcobaca	31.59	259	
EXH		Samuel Jorge, BELO	98	Uniao Juncalense	26.17	457	EXH
EXH		Alexandre Quiterio, ANASTACIO	01	Benedita	26.95	418	EXH
EXH		Rafael, SANTOS	06	Uniao Juncalense	27.26	404	EXH
EXH		Pedro Blanc, CAPINHA	09	Óbidos	28.52	353	EXH
EXH		Afonso Matos, CORREIA	09	Nucleo de Pombal	28.65	348	EXH
EXH		Andre Guilherme, CORDEIRO	09	Naval de Peniche	30.29	294	EXH
EXH		Alexandre, AFONSO SANTOS	09	Uniao Juncalense	30.56	287	EXH
EXH		Afonso Nunes, MARCELINO	08	Nucleo de Pombal	30.96	276	EXH
EXH		Tiago Daniel, POVOA	08	Uniao Juncalense	31.00	275	EXH
EXH		Rafael Teixeira, MARTINS	11	Naval de Peniche	33.72	213	EXH
EXH		Tomas Alves, ROCHA	11	Pimpoes/Cimai	33.77	212	EXH
EXH		Tomas Ferreira, CARVALHO	11	Ba-Leiria	33.88	210	EXH
EXH		Bryan Carrilho, MATOS	11	Benedita	34.27	203	EXH
EXH		Andrey, POGOMIY	11	Ba-Leiria	34.67	196	EXH
EXH		Lourenco Luis, RIBEIRO	12	Pimpoes/Cimai	35.15	188	EXH
EXH		Santiago Tomas, PAULO	12	Óbidos	35.51	182	EXH
EXH		Thomas Torres, O'BYRNE	11	Uniao Juncalense	36.76	164	EXH
EXH		Dinis Lourenco, COSTA	07	Benedita	37.56	154	EXH
EXH		Gabriel Marques, CARREIRA	11	Uniao Juncalense	38.00	149	EXH
EXH		Diogo Demirel, FERREIRA	11	Ba-Leiria	38.07	148	EXH
EXH		Egor, MIKHAILOV	12	Ba-Leiria	38.64	142	EXH
EXH		Ruben Jose, FERREIRA	12	Ba-Leiria	40.06	127	EXH
EXH		Mihail, ONCIU	12	Ba-Leiria	41.21	117	EXH
EXH		Rafael Costa, ANTUNES	10	Naval de Peniche	42.62	105	EXH
EXH		Gabriel Cadete, RODRIGUES	11	Nucleo de Pombal	44.14	95	EXH
EXH		Lucas Santos, SILVA	10	Uniao Juncalense	44.23	94	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 9 Femin., 200m Estilos Infantil B FEM  
22/12/2024 - 9:15 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Alicia Ferreira, OLIVEIRA		13	Ba-Leiria				3:07.90	272
	50m:	42.53 42.53	100m:	1:31.02	48.49	150m:	2:28.29	57.27	200m: 3:07.90 39.61
2.	Maria Leal, ALVES		13	Alcobaca				3:10.34	262
	50m:	43.56 43.56	100m:	1:32.32	48.76	150m:	2:26.87	54.55	200m: 3:10.34 43.47
3.	Maria Joao, OLIVEIRA		13	Alcobaca				3:10.39	262
	50m:	46.13 46.13	100m:	1:32.61	46.48	150m:	2:27.70	55.09	200m: 3:10.39 42.69
4.	Violeta Neves, SILVA		13	Nucleo de Pombal				3:17.33	235
	50m:	46.45 46.45	100m:	1:35.89	49.44	150m:	2:38.68	1:02.79	200m: 3:17.33 38.65
5.	Maria Luisa, CASTILLO		13	Nautico Marinha Grande				3:18.46	231
	50m:	47.67 47.67	100m:	1:38.78	51.11	150m:	2:34.98	56.20	200m: 3:18.46 43.48
6.	Emma Henriques, SOUTO		13	Óbidos				3:25.89	207
	50m:	48.53 48.53	100m:	1:36.53	48.00	150m:	2:37.78	1:01.25	200m: 3:25.89 48.11
7.	Lara Sofia, MARCELINO		13	Vieirense				3:26.22	206
	50m:	46.62 46.62	100m:	1:37.42	50.80	150m:	2:39.89	1:02.47	200m: 3:26.22 46.33
8.	Avron Dawn, SANTOS		13	Vieirense				3:31.75	190
	50m:	48.83 48.83	100m:	1:42.17	53.34	150m:	2:46.13	1:03.96	200m: 3:31.75 45.62
9.	Carminho Jose, LOPES		13	Benedita				3:37.42	176
	50m:	52.21 52.21	100m:	1:48.28	56.07	150m:	2:49.43	1:01.15	200m: 3:37.42 47.99
10.	Elisa Rodrigues, SIMOES		13	Benedita				3:39.26	171
	50m:	52.52 52.52	100m:	1:47.24	54.72	150m:	2:49.48	1:02.24	200m: 3:39.26 49.78
11.	Sara Machado, JANUARIO		13	Alcobaca				3:40.13	169
	50m:	49.53 49.53	100m:	1:42.79	53.26	150m:	2:47.70	1:04.91	200m: 3:40.13 52.43
12.	Nuria Rocha, BOTAS		13	Vieirense				3:41.94	165
	50m:	55.04 55.04	100m:	1:50.23	55.19	150m:	2:52.01	1:01.78	200m: 3:41.94 49.93
13.	Constanca Teopisto, CARVALHO		13	Alcobaca				3:44.77	159
	50m:	57.64 57.64	100m:	1:51.24	53.60	150m:	2:51.54	1:00.30	200m: 3:44.77 53.23
14.	Ines Barreto, CALDEIREIRO		13	Vieirense				3:49.42	149
	50m:	52.94 52.94	100m:	1:51.57	58.63	150m:	2:59.96	1:08.39	200m: 3:49.42 49.46
DNS	Matilde Mamede, CECILIO		13	Naval de Peniche					DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 9, Femin., 200m Estilos

Prova 9 Femin., 200m Estilos Infantil A FEM  
22/12/2024 - 9:15 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018

Pontos: AQUA 2024

Lugar	Ano			Tempo final				Pts
1. Emma, AVRAMESCU	12	Nautico	Marinha Grande	2:45.35	400			
50m: 35.21 35.21	100m: 1:19.99 44.78	150m: 2:07.31 47.32	200m: 2:45.35 38.04					
2. Laura Krempel, VARELA	12	Pimpoes/Cimai		2:49.97	368			
50m: 36.69 36.69	100m: 1:19.78 43.09	150m: 2:11.20 51.42	200m: 2:49.97 38.77					
3. Mafalda Varela, BERNARDINO	12	Alcobaça		2:55.80	333			
50m: 37.66 37.66	100m: 1:23.79 46.13	150m: 2:16.52 52.73	200m: 2:55.80 39.28					
4. Ines Pinto, MARTINS	12	Pimpoes/Cimai		2:57.11	325			
50m: 40.01 40.01	100m: 1:23.50 43.49	150m: 2:17.23 53.73	200m: 2:57.11 39.88					
5. Luna Francisco, PEREIRA	12	Nucleo de Pombal		2:58.59	317			
50m: 40.34 40.34	100m: 1:24.81 44.47	150m: 2:19.04 54.23	200m: 2:58.59 39.55					
6. Julia Pinto, PINHEIRO	12	Pimpoes/Cimai		2:59.66	312			
50m: 52.07 52.07	100m: 1:26.39 34.32	150m: 2:18.39 52.00	200m: 2:59.66 41.27					
7. Emiliania Arruda, SARAIVA	12	Vieirense		3:02.29	298			
50m: 37.72 37.72	100m: 1:26.92 49.20	150m: 2:22.04 55.12	200m: 3:02.29 40.25					
8. Beatriz Julio, CORREIA	12	CNLeiria - VOID		3:03.51	292			
50m: 41.46 41.46	100m: 1:27.03 45.57	150m: 2:20.74 53.71	200m: 3:03.51 42.77					
9. Benedita Nunes, FELIX	12	Pimpoes/Cimai		3:05.33	284			
50m: 41.35 41.35	100m: 1:31.21 49.86	150m: 2:25.77 54.56	200m: 3:05.33 39.56					
10. Maria Leonor, ASSUNCAO	12	Pimpoes/Cimai		3:05.66	282			
50m: 44.81 44.81	100m: 1:30.57 45.76	150m: 2:24.72 54.15	200m: 3:05.66 40.94					
11. Safira Pedro, FONSECA	12	Vieirense		3:10.44	262			
50m: 41.46 41.46	100m: 1:27.79 46.33	150m: 2:27.57 59.78	200m: 3:10.44 42.87					
12. Valeria, MORITS	12	Nautico Marinha Grande		3:11.99	255			
50m: 40.47 40.47	100m: 1:29.03 48.56	150m: 2:28.55 59.52	200m: 3:11.99 43.44					
13. Yaroslava, TABUNSCHYK	12	CNLeiria - VOID		3:14.43	246			
50m: 43.51 43.51	100m: 1:32.50 48.99	150m: 2:29.83 57.33	200m: 3:14.43 44.60					
14. Rita Alexandra, JORDAO	12	Uniao Juncalense		3:18.15	232			
50m: 47.06 47.06	100m: 1:38.24 51.18	150m: 2:34.80 56.56	200m: 3:18.15 43.35					
15. Iara Maria, CAMACHO	12	Pimpoes/Cimai		3:18.95	229			
50m: 43.35 43.35	100m: 1:35.64 52.29	150m: 2:35.48 59.84	200m: 3:18.95 43.47					
16. Daniela Carvalho, FERREIRA	12	Nucleo de Pombal		3:24.15	212			
50m: 48.10 48.10	100m: 1:31.55 43.45	150m: 2:38.65 1:07.10	200m: 3:24.15 45.50					
17. Maria Ines, GOMES	12	Nucleo de Pombal		3:24.62	211			
50m: 44.85 44.85	100m: 1:38.02 53.17	150m: 2:40.16 1:02.14	200m: 3:24.62 44.46					
18. Maria Leonor, FERREIRA	12	Óbidos		3:24.90	210			
50m: 49.30 49.30	100m: 1:42.13 52.83	150m: 2:37.80 55.67	200m: 3:24.90 47.10					



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 9, Femin., 200m Estilos, Infantil A FEM

Lugar	Ano	Tempo final	Pts
19. Constanca Santos, COUTINHO	12 Naval da Nazaré	3:25.19	209
50m: 46.43 46.43	100m: 1:38.05 51.62	150m: 2:38.91 1:00.86	200m: 3:25.19 46.28
20. Rita Francisco, SIMOES	12 Vieirense	3:26.71	204
50m: 45.67 45.67	100m: 1:41.38 55.71	150m: 2:39.11 57.73	200m: 3:26.71 47.60
21. Mariana Duarte, ANTUNES	12 Alcobaca	3:26.76	204
50m: 44.40 44.40	100m: 1:36.45 52.05	150m: 2:37.70 1:01.25	200m: 3:26.76 49.06
22. Jessica Garcia, FERREIRA	12 Óbidos	3:26.79	204
50m: 49.87 49.87	100m: 1:40.01 50.14	150m: 2:41.19 1:01.18	200m: 3:26.79 45.60
DNS Barbara Serrano, LOMBA	12 Ba-Leiria		DNS
DNS Carolina Matos, CORREIA	12 Nucleo de Pombal		DNS

Prova 9 Femin., 200m Estilos Juvenil B FEM Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO	11 Alcobaca	2:35.44	481
50m: 32.25 32.25	100m: 1:13.83 41.58	150m: 1:59.40 45.57	200m: 2:35.44 36.04
2. Carlota Sa, SANTOS	11 Nucleo de Pombal	2:45.18	401
50m: 36.21 36.21	100m: 1:17.77 41.56	150m: 2:08.10 50.33	200m: 2:45.18 37.08
3. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	2:46.57	391
50m: 35.03 35.03	100m: 1:17.94 42.91	150m: 2:07.83 49.89	200m: 2:46.57 38.74
4. Beatriz Marques, GASPAS	11 Nautico Marinha Grande	2:48.78	376
50m: 36.54 36.54	100m: 1:22.06 45.52	150m: 2:09.87 47.81	200m: 2:48.78 38.91
5. Cristiana Henriques, ALMEIDA	11 Benedita	2:51.45	359
50m: 38.15 38.15	100m: 1:22.92 44.77	150m: 2:12.50 49.58	200m: 2:51.45 38.95
6. Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	2:56.57	328
50m: 38.61 38.61	100m: 1:23.13 44.52	150m: 2:19.79 56.66	200m: 2:56.57 36.78
7. Isabela Lourenco, COSTA	11 Benedita	2:59.86	311
50m: 40.55 40.55	100m: 1:27.40 46.85	150m: 2:20.96 53.56	200m: 2:59.86 38.90
8. Maria Santos, FONSECA	11 CNLeiria - VOID	3:03.43	293
50m: 40.84 40.84	100m: 1:27.72 46.88	150m: 2:17.97 50.25	200m: 3:03.43 45.46
9. Margarida Soares, MAIA	11 Nautico Marinha Grande	3:04.88	286
50m: 43.72 43.72	100m: 1:32.88 49.16	150m: 2:24.95 52.07	200m: 3:04.88 39.93
10. Margarida Lopes, RODRIGUES	11 Uniao Juncalense	3:11.47	257
50m: 40.16 40.16	100m: 1:27.38 47.22	150m: 2:28.11 1:00.73	200m: 3:11.47 43.36
11. Beatriz Morgado, SILVA	11 Benedita	3:25.10	209
50m: 53.51 53.51	100m: 1:42.68 49.17	150m: 2:41.18 58.50	200m: 3:25.10 43.92
DNS Kelly Simao, COSTA	11 Óbidos		DNS
DNS Mariana Sousa, MENDES	11 Alcobaca		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 9, Femin., 200m Estilos

Prova 9 Femin., 200m Estilos Juvenil A FEM  
22/12/2024 - 9:15 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019

Pontos: AQUA 2024

Lugar	Ano			Tempo final			Pts
1. Sofia Roma, BRIZIDA	10	CNLeiria - VOID		2:39.79			443
50m: 34.89 34.89	100m: 1:15.79 40.90	150m: 2:00.92 45.13	200m: 2:39.79 38.87				
2. Laura Samora, GONCALVES	10	CNLeiria - VOID		2:49.92			368
50m: 36.86 36.86	100m: 1:19.90 43.04	150m: 2:12.12 52.22	200m: 2:49.92 37.80				
3. Leonor Silva, MARTINS	10	Óbidos		3:03.79			291
50m: 38.37 38.37	100m: 1:27.35 48.98	150m: 2:23.07 55.72	200m: 3:03.79 40.72				
4. Mariana Sousa, OLIVEIRA	10	Alcobaca		3:10.55			261
50m: 42.34 42.34	100m: 1:30.10 47.76	150m: 2:28.12 58.02	200m: 3:10.55 42.43				

Prova 9 Femin., 200m Estilos Junior FEM  
22/12/2024 - 9:15 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009

Pontos: AQUA 2024

Lugar	Ano			Tempo final			Pts
1. Constanca Baptista, TOMAS	09	Alcobaca		2:31.20			523
50m: 31.81 31.81	100m: 1:12.95 41.14	150m: 1:56.68 43.73	200m: 2:31.20 34.52				
2. Rita Rocha, SILVA	08	Alcobaca		2:34.63			489
50m: 32.97 32.97	100m: 1:13.14 40.17	150m: 1:58.03 44.89	200m: 2:34.63 36.60				
3. Matilde Andre, LUIS	08	Alcobaca		2:43.95			410
50m: 34.86 34.86	100m: 1:18.11 43.25	150m: 2:07.02 48.91	200m: 2:43.95 36.93				
4. Francisca Ramos, NUNES	09	Naval de Peniche		2:44.14			409
50m: 34.99 34.99	100m: 1:16.77 41.78	150m: 2:07.02 50.25	200m: 2:44.14 37.12				
5. Marta Cabete, GOMES	08	CNLeiria - VOID		2:54.16			342
50m: 36.34 36.34	100m: 1:21.91 45.57	150m: 2:13.30 51.39	200m: 2:54.16 40.86				
6. Matilde Monteiro, NEVES	08	Nucleo de Pombal		2:54.45			340
50m: 38.81 38.81	100m: 1:24.79 45.98	150m: 2:14.68 49.89	200m: 2:54.45 39.77				
7. Diana Rita, FONSECA	08	Vieirense		2:55.05			337
50m: 36.28 36.28	100m: 1:20.99 44.71	150m: 2:13.04 52.05	200m: 2:55.05 42.01				
8. Anjali, RAICAR	09	Naval de Peniche		2:58.60			317
50m: 37.73 37.73	100m: 1:26.03 48.30	150m: 2:17.39 51.36	200m: 2:58.60 41.21				
9. Matilde Santos, COUTINHO	07	Naval da Nazaré		3:03.60			292
50m: 38.50 38.50	100m: 1:26.35 47.85	150m: 2:20.04 53.69	200m: 3:03.60 43.56				
DNS Carolina Ferreira, FONSECA	07	Vieirense					DNS



Torneio Nadador Completo de Categorias  
Alcobaca, 21 - 22/12/2024

Prova 9, Femin., 200m Estilos

Prova 9 Femin., 200m Estilos Senior FEM  
22/12/2024 - 9:15 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac SEN	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024

Pontos: AQUA 2024

Lugar	Ano			Tempo final			Pts	
1. Ana Claudia, FERREIRA	90	Alcobaca		2:40.25	439			
50m: 32.51 32.51	100m: 1:16.66 44.15	150m: 2:03.81 47.15	200m: 2:40.25 36.44					
2. Bruna Andreia, SIMOES	01	Vieirense		2:43.37	415			
50m: 32.34 32.34	100m: 1:14.67 42.33	150m: 2:03.44 48.77	200m: 2:43.37 39.93					
3. Dalila Leal, BERNARDINO	06	Nucleo de Pombal		2:59.66	312			
50m: 37.82 37.82	100m: 1:25.72 47.90	150m: 2:18.77 53.05	200m: 2:59.66 40.89					
EXH Leonor Pereira, SILVA	10	Óbidos		2:50.22	366			EXH
50m: 36.91 36.91	100m: 1:24.13 47.22	150m: 2:11.59 47.46	200m: 2:50.22 38.63					
EXH Bianca Balbino, MENDES	10	Naval de Peniche		2:50.58	364			EXH
50m: 38.55 38.55	100m: 1:23.19 44.64	150m: 2:13.25 50.06	200m: 2:50.58 37.33					
EXH Barbara Balbino, MENDES	10	Naval de Peniche		2:56.16	331			EXH
50m: 37.38 37.38	100m: 1:22.86 45.48	150m: 2:16.77 53.91	200m: 2:56.16 39.39					
EXH Constanca Carvalho, PIEDADE	08	Uniao Juncalense		3:01.90	300			EXH
50m: 40.28 40.28	100m: 1:24.64 44.36	150m: 2:18.97 54.33	200m: 3:01.90 42.93					
EXH Catarina Tarragoso, LOBO	07	Uniao Juncalense		3:04.63	287			EXH
50m: 39.32 39.32	100m: 1:26.99 47.67	150m: 2:20.95 53.96	200m: 3:04.63 43.68					
EXH Erica Felix, RODRIGUES	11	Uniao Juncalense		3:15.49	242			EXH
50m: 41.38 41.38	100m: 1:31.06 49.68	150m: 2:29.99 58.93	200m: 3:15.49 45.50					
EXH Guiomar Dionisio, CARREIRA	12	Pimpoes/Cimai		3:17.65	234			EXH
50m: 44.45 44.45	100m: 1:35.39 50.94	150m: 2:31.31 55.92	200m: 3:17.65 46.34					
EXH Diana Morais, CARLOS	11	Pimpoes/Cimai		3:20.20	225			EXH
50m: 44.47 44.47	100m: 1:34.19 49.72	150m: 2:34.06 59.87	200m: 3:20.20 46.14					
EXH Yara Silva, INES	11	Ba-Leiria		3:26.07	206			EXH
50m: 47.25 47.25	100m: 1:40.35 53.10	150m: 2:39.75 59.40	200m: 3:26.07 46.32					
EXH Victoria Cerqueira, SOBREIRO	13	Pimpoes/Cimai		3:30.51	193			EXH
50m: 49.06 49.06	100m: 1:40.87 51.81	150m: 2:43.68 1:02.81	200m: 3:30.51 46.83					
EXH Mafalda Amado, QUARESMA	13	Pimpoes/Cimai		3:30.83	193			EXH
50m: 48.96 48.96	100m: 1:44.52 55.56	150m: 2:45.31 1:00.79	200m: 3:30.83 45.52					
EXH Laura Silva, MARTINS	13	Ba-Leiria		3:32.34	189			EXH
50m: 44.14 44.14	100m: 1:38.93 54.79	150m: 2:45.55 1:06.62	200m: 3:32.34 46.79					
EXH Catarina Franco, RODRIGUES	13	Naval de Peniche		3:38.08	174			EXH
50m: 49.55 49.55	100m: 1:47.00 57.45	150m: 2:49.42 1:02.42	200m: 3:38.08 48.66					
EXH Ana Sofia, SILVA	13	Naval de Peniche		3:42.63	163			EXH
50m: 54.43 54.43	100m: 1:49.58 55.15	150m: 2:52.91 1:03.33	200m: 3:42.63 49.72					
EXH Mariana Santos, VALENTIM	13	Pimpoes/Cimai		3:42.99	163			EXH
50m: 52.34 52.34	100m: 1:48.61 56.27	150m: 2:51.81 1:03.20	200m: 3:42.99 51.18					



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 9, Femin., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Eduarda Antunes, BUGALHAO	13 Ba-Leiria	3:51.20	146
50m: 52.18 52.18	100m: 1:51.77 59.59	150m: 2:54.98 1:03.21	200m: 3:51.20 56.22
EXH Erica Maria, FORTUNATO	13 Ba-Leiria	4:03.93	124
50m: 58.14 58.14	100m: 2:00.19 1:02.05	150m: 3:11.82 1:11.63	200m: 4:03.93 52.11

Prova 10  
22/12/2024 - 10:00

Masc., 100m Bruços

Infantil B MASC  
Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac INF B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15/05/2010

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS	12 Alcobaca	1:23.65	288
50m: 39.81 39.81	100m: 1:23.65 43.84		
2. Tomas Vieira, FIGUEIREDO	12 Alcobaca	1:30.94	224
50m: 43.22 43.22	100m: 1:30.94 47.72		
3. Martim Piedade, SANTOS	12 Pimpoes/Cimai	1:31.92	217
50m: 43.29 43.29	100m: 1:31.92 48.63		
4. Roberto Bento, CANAS	12 Pimpoes/Cimai	1:32.70	212
50m: 44.13 44.13	100m: 1:32.70 48.57		
5. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	1:36.03	190
50m: 45.59 45.59	100m: 1:36.03 50.44		
6. Tomas Barata, ALVES	12 Nautico Marinha Grande	1:40.53	166
50m: 48.91 48.91	100m: 1:40.53 51.62		
7. Goncalo Nunes, MORAIS	12 Ba-Leiria	1:47.54	135
50m: 52.30 52.30	100m: 1:47.54 55.24		
8. Joao Maria, TEMPERO	12 Pimpoes/Cimai	1:49.09	130
50m: 52.78 52.78	100m: 1:49.09 56.31		
9. Joao Pedro, BELO	12 Nautico Marinha Grande	1:54.82	111
50m: 55.39 55.39	100m: 1:54.82 59.43		
DSQ Gabriel Sousa, GOMES	12 Óbidos		DSQ
<i>O atleta realizou pernadas verticais durante o percurso.</i>			
DSQ Vasco Silvestre, ROCHA	12 Nautico Marinha Grande		DSQ
<i>O atleta efetuou mais do que uma pernada, no percurso subaquático, após a viragem aos 50 metros.</i>			
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 10, Masc., 100m Bruços

Prova 10  
22/12/2024 - 10:00

Masc., 100m Bruços

Infantil A MASC  
Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac INF A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12/03/2011

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts
1.	Joao Santos, ALMEIDA		11	Ba-Leiria		1:15.75	388
	50m:	34.57 34.57	100m:	1:15.75	41.18		
2.	Martim Cruz, MOURA		11	CNLeiria - VOID		1:21.10	316
	50m:	38.78 38.78	100m:	1:21.10	42.32		
3.	Martim Duarte, ROQUE		11	CNLeiria - VOID		1:24.75	277
	50m:	40.60 40.60	100m:	1:24.75	44.15		
4.	Francisco Costa, VALENTIM		11	Óbidos		1:28.61	242
	50m:	42.00 42.00	100m:	1:28.61	46.61		
5.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande		1:29.70	234
	50m:	42.31 42.31	100m:	1:29.70	47.39		
6.	Vasco Sousa, LEMOS		11	Pimpoes/Cimai		1:34.51	200
	50m:	45.33 45.33	100m:	1:34.51	49.18		
7.	Dinis Morgado, FERREIRA		11	Ba-Leiria		1:34.70	198
	50m:	44.54 44.54	100m:	1:34.70	50.16		
8.	Martin, SHEVCHUK		11	CNLeiria - VOID		1:35.93	191
	50m:	46.11 46.11	100m:	1:35.93	49.82		
9.	Guilherme Melo, ELIAS		11	Naval da Nazaré		1:37.85	180
	50m:	46.15 46.15	100m:	1:37.85	51.70		
10.	Rodrigo Duarte, CARREIRA		11	Alcobaca		1:43.86	150
	50m:	50.52 50.52	100m:	1:43.86	53.34		
11.	Rodrigo Nicolau, RITA		11	Vieirense		1:45.99	141
	50m:	49.95 49.95	100m:	1:45.99	56.04		
12.	Rodrigo Freire, JOAQUIM		11	CNLeiria - VOID		1:47.03	137
	50m:	50.24 50.24	100m:	1:47.03	56.79		
13.	Diego Rodrigues, MENDES		11	Nautico Marinha Grande		1:47.69	135
	50m:	49.89 49.89	100m:	1:47.69	57.80		
14.	Joao Rodrigo, BREDA		11	Nautico Marinha Grande		1:48.98	130
	50m:	50.74 50.74	100m:	1:48.98	58.24		
15.	Joao Pedro, CRUZ		11	Naval de Peniche		1:55.46	109
	50m:	55.58 55.58	100m:	1:55.46	59.88		
DNS	Valentim Antonio, PEREIRA		11	CNLeiria - VOID			DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 10, Masc., 100m Bruços

Prova 10

22/12/2024 - 10:00

Masc., 100m Bruços

Juvenil B MASC

Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac JUV B	1:04.20	Rafael Miguel, MIMOSO	SLB	Algés	16/06/2022

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM 50m: 32.55 32.55 100m: 1:09.24 36.69	10 CNLeiria - VOID	1:09.24	508
2. Antonio Antunes, JORGE 50m: 33.87 33.87 100m: 1:09.79 35.92	10 Alcobaca	1:09.79	496
3. David Xavier, ALMEIDA 50m: 33.52 33.52 100m: 1:09.83 36.31	10 Ba-Leiria	1:09.83	496
4. Afonso Ferreira, REIS 50m: 36.13 36.13 100m: 1:16.79 40.66	10 Nautico Marinha Grande	1:16.79	373
5. Guilherme Rodrigues, CABRAL 50m: 36.98 36.98 100m: 1:18.53 41.55	10 Pimpoes/Cimai	1:18.53	348
6. Tomas Manuel, PALMEIRO 50m: 37.92 37.92 100m: 1:19.16 41.24	10 Nautico Marinha Grande	1:19.16	340
7. Simao Sousa, JESUS 50m: 37.47 37.47 100m: 1:20.20 42.73	10 Nautico Marinha Grande	1:20.20	327
8. Francisco Lourenco, PEDROSA 50m: 39.22 39.22 100m: 1:21.72 42.50	10 Nautico Marinha Grande	1:21.72	309
9. Rodrigo Cardoso, TOMAS 50m: 39.46 39.46 100m: 1:23.10 43.64	10 Alcobaca	1:23.10	294
10. Francisco Antonio, SIMOES 50m: 40.32 40.32 100m: 1:23.29 42.97	10 Ba-Leiria	1:23.29	292
11. Lucas Costa, JESUS 50m: 39.50 39.50 100m: 1:24.26 44.76	10 Nautico Marinha Grande	1:24.26	282
12. Santiago Neves, SILVA 50m: 40.58 40.58 100m: 1:25.76 45.18	10 Nucleo de Pombal	1:25.76	267
13. Gabriel Krempel, VARELA 50m: 40.98 40.98 100m: 1:25.91 44.93	10 Pimpoes/Cimai	1:25.91	266
14. Tomas Marques, FRANCISCO 50m: 42.39 42.39 100m: 1:28.67 46.28	10 CNLeiria - VOID	1:28.67	242
DSQ Lucas Santos, SILVA <i>O atleta tocou com uma mão na parede, na viragem dos 50 metros.</i>	10 Uniao Juncalense		DSQ
DNS Francisco Enes, ALVES	10 Ba-Leiria		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 10, Masc., 100m Bruços

Prova 10 Masc., 100m Bruços Juvenil A MASC  
22/12/2024 - 10:00 Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac JUV A	1:03.25	Ricardo Samuel, PEREIRA	SLB	Algés	13/07/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Martim Alexandre, MESQUITA 50m: 36.80 36.80 100m: 1:16.71 39.91	09 Nautico Marinha Grande	1:16.71	374
2. David Ferrador, PEREIRA 50m: 37.45 37.45 100m: 1:19.69 42.24	09 CNLeiria - VOID	1:19.69	333
3. Pedro Fonseca, OLIVEIRA 50m: 37.86 37.86 100m: 1:20.75 42.89	09 Nautico Marinha Grande	1:20.75	320
4. Maksym, TYSHCHUK 50m: 37.99 37.99 100m: 1:21.96 43.97	09 Nautico Marinha Grande	1:21.96	306
5. Vladyslav, BABUSHKIN 50m: 40.33 40.33 100m: 1:23.72 43.39	09 Nautico Marinha Grande	1:23.72	287
6. Santiago Jose, PACHECO 50m: 39.59 39.59 100m: 1:24.45 44.86	09 Alcobaca	1:24.45	280
7. Gabriel Santiago, FERREIRA 50m: 42.37 42.37 100m: 1:29.63 47.26	09 Uniao Juncalense	1:29.63	234
8. Francisco Lourenco, CUSTODIO 50m: 44.35 44.35 100m: 1:35.13 50.78	09 Naval da Nazaré	1:35.13	196
DNS Rodrigo Oliveira, SANTOS	09 Alcobaca		DNS

Prova 10 Masc., 100m Bruços Junior MASC  
22/12/2024 - 10:00 Resultados

Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac 18	1:00.28	Rafael Miguel, MIMOSO	SLB	Tomar	13/12/2024
Rec Nac 17	1:01.63	Rafael Miguel, MIMOSO	SLB	Leiria	08/12/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Diogo Coelho, JORDAO 50m: 35.66 35.66 100m: 1:15.00 39.34	08 Uniao Juncalense	1:15.00	400
2. Santiago Boica, SOUSA 50m: 38.66 38.66 100m: 1:20.73 42.07	08 Vieirense	1:20.73	321
3. Tiago Santos, POMBO 50m: 39.30 39.30 100m: 1:21.37 42.07	08 Alcobaca	1:21.37	313
4. Diogo Barata, ALVES 50m: 38.94 38.94 100m: 1:23.02 44.08	08 Nautico Marinha Grande	1:23.02	295
5. Andre Filipe, FERNANDES 50m: 51.64 51.64 100m: 1:50.84 59.20	07 Alcobaca	1:50.84	124
EXH Alexandre Quiterio, ANASTACIO 50m: 33.45 33.45 100m: 1:10.08 36.63	01 Benedita	1:10.08	490



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 10, Masc., 100m Bruços

Lugar	Ano	Tempo final	Pts	
EXH Andre Guilherme, CORDEIRO 50m: 39.45 39.45 100m: 1:23.87 44.42	09 Naval de Peniche	1:23.87	286	EXH
EXH Afonso Matos, CORREIA 50m: 40.07 40.07 100m: 1:25.79 45.72	09 Nucleo de Pombal	1:25.79	267	EXH
EXH Tiago Daniel, POVOA 50m: 41.17 41.17 100m: 1:26.18 45.01	08 Uniao Juncalense	1:26.18	263	EXH
EXH Alexandre, AFONSO SANTOS 50m: 41.34 41.34 100m: 1:27.87 46.53	09 Uniao Juncalense	1:27.87	248	EXH
EXH Simao Pedro, MARQUES 50m: 43.92 43.92 100m: 1:34.38 50.46	11 Uniao Juncalense	1:34.38	200	EXH
EXH Tomas Alves, ROCHA 50m: 46.28 46.28 100m: 1:35.46 49.18	11 Pimpoes/Cimai	1:35.46	194	EXH
EXH Rafael Teixeira, MARTINS 50m: 49.27 49.27 100m: 1:43.28 54.01	11 Naval de Peniche	1:43.28	153	EXH
EXH Diogo Demirel, FERREIRA 50m: 49.37 49.37 100m: 1:46.05 56.68	11 Ba-Leiria	1:46.05	141	EXH
EXH Duarte Mota, GASPAR 50m: 52.77 52.77 100m: 1:49.32 56.55	12 Ba-Leiria	1:49.32	129	EXH
EXH Rafael Costa, ANTUNES 50m: 52.78 52.78 100m: 1:49.99 57.21	10 Naval de Peniche	1:49.99	126	EXH
EXH Ruben Jose, FERREIRA 50m: 52.57 52.57 100m: 1:52.23 59.66	12 Ba-Leiria	1:52.23	119	EXH
EXH Egor, MIKHAILOV 50m: 55.45 55.45 100m: 1:57.60 1:02.15	12 Ba-Leiria	1:57.60	103	EXH
EXH Gabriel Marques, CARREIRA 50m: 56.06 56.06 100m: 1:57.62 1:01.56	11 Uniao Juncalense	1:57.62	103	EXH
EXH Afonso Mourao, MIRANDA 50m: 55.04 55.04 100m: 1:58.39 1:03.35	12 Ba-Leiria	1:58.39	101	EXH
EXH Tiago Caixinha, SENICA 50m: 57.43 57.43 100m: 1:58.78 1:01.35	12 Ba-Leiria	1:58.78	100	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 11  
22/12/2024 - 10:22

Femin., 100m Mariposa

Infantil B FEM  
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac INF B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	06/05/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA 50m: 44.29 44.29 100m: 1:37.27 52.98	13 Ba-Leiria	1:37.27	171
2. Maria Leal, ALVES 50m: 46.47 46.47 100m: 1:42.23 55.76	13 Alcobaca	1:42.23	147
3. Lara Sofia, MARCELINO 50m: 49.30 49.30 100m: 1:44.36 55.06	13 Vieiraense	1:44.36	138
4. Violeta Neves, SILVA 50m: 48.99 48.99 100m: 1:46.10 57.11	13 Nucleo de Pombal	1:46.10	132
5. Maria Joao, OLIVEIRA 50m: 48.58 48.58 100m: 1:46.82 58.24	13 Alcobaca	1:46.82	129
6. Maria Luisa, CASTILLO 50m: 49.99 49.99 100m: 1:50.58 1:00.59	13 Nautico Marinha Grande	1:50.58	116
7. Sara Machado, JANUARIO 50m: 49.37 49.37 100m: 1:51.59 1:02.22	13 Alcobaca	1:51.59	113
8. Avron Dawn, SANTOS 50m: 53.44 53.44 100m: 1:52.76 59.32	13 Vieiraense	1:52.76	110
9. Emma Henriques, SOUTO 50m: 53.29 53.29 100m: 1:55.65 1:02.36	13 Óbidos	1:55.65	102
10. Carminho Jose, LOPES 50m: 51.87 51.87 100m: 2:00.65 1:08.78	13 Benedita	2:00.65	89
11. Nuria Rocha, BOTAS 50m: 57.16 57.16 100m: 2:02.24 1:05.08	13 Vieiraense	2:02.24	86
12. Elisa Rodrigues, SIMOES 50m: 55.05 55.05 100m: 2:03.04 1:07.99	13 Benedita	2:03.04	84
13. Constanca Teopisto, CARVALHO 50m: 58.58 58.58 100m: 2:07.53 1:08.95	13 Alcobaca	2:07.53	76
14. Ines Barreto, CALDEIREIRO 50m: 59.65 59.65 100m: 2:07.72 1:08.07	13 Vieiraense	2:07.72	75



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 11, Femin., 100m Mariposa

Prova 11

Femin., 100m Mariposa

Infantil A FEM

22/12/2024 - 10:22

Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac INF A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018

Pontos: AQUA 2024

Lugar				Ano			Tempo final	Pts
1.	Laura Krempel, VARELA			12	Pimpoes/Cimai		1:16.45	353
	50m:	36.72	36.72	100m:	1:16.45	39.73		
2.	Emma, AVRAMESCU			12	Nautico Marinha Grande		1:20.00	308
	50m:	37.17	37.17	100m:	1:20.00	42.83		
3.	Ines Pinto, MARTINS			12	Pimpoes/Cimai		1:23.17	274
	50m:	40.43	40.43	100m:	1:23.17	42.74		
4.	Emiliana Arruda, SARAIVA			12	Vieirense		1:23.57	270
	50m:	37.67	37.67	100m:	1:23.57	45.90		
5.	Julia Pinto, PINHEIRO			12	Pimpoes/Cimai		1:28.28	229
	50m:	41.87	41.87	100m:	1:28.28	46.41		
6.	Benedita Nunes, FELIX			12	Pimpoes/Cimai		1:29.71	218
	50m:	40.96	40.96	100m:	1:29.71	48.75		
7.	Valeria, MORITS			12	Nautico Marinha Grande		1:29.97	216
	50m:	40.69	40.69	100m:	1:29.97	49.28		
8.	Mafalda Varela, BERNARDINO			12	Alcobaca		1:32.80	197
	50m:	42.25	42.25	100m:	1:32.80	50.55		
9.	Luna Francisco, PEREIRA			12	Nucleo de Pombal		1:33.40	193
	50m:	43.69	43.69	100m:	1:33.40	49.71		
10.	Safira Pedro, FONSECA			12	Vieirense		1:33.70	191
	50m:	40.80	40.80	100m:	1:33.70	52.90		
11.	Iara Maria, CAMACHO			12	Pimpoes/Cimai		1:34.80	185
	50m:	44.09	44.09	100m:	1:34.80	50.71		
12.	Maria Ines, GOMES			12	Nucleo de Pombal		1:35.69	180
	50m:	43.92	43.92	100m:	1:35.69	51.77		
13.	Beatriz Julio, CORREIA			12	CNLeiria - VOID		1:39.11	162
	50m:	45.11	45.11	100m:	1:39.11	54.00		
14.	Yaroslava, TABUNSCHYK			12	CNLeiria - VOID		1:39.47	160
	50m:	44.59	44.59	100m:	1:39.47	54.88		
15.	Mariana Duarte, ANTUNES			12	Alcobaca		1:44.27	139
	50m:	47.38	47.38	100m:	1:44.27	56.89		
16.	Rita Francisco, SIMOES			12	Vieirense		1:45.62	134
	50m:	49.65	49.65	100m:	1:45.62	55.97		
17.	Maria Leonor, ASSUNCAO			12	Pimpoes/Cimai		1:46.48	130
	50m:	47.35	47.35	100m:	1:46.48	59.13		
18.	Daniela Carvalho, FERREIRA			12	Nucleo de Pombal		1:47.33	127
	50m:	48.83	48.83	100m:	1:47.33	58.50		



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 11, Femin., 100m Mariposa, Infantil A FEM

Lugar	Ano	Tempo final	Pts
19. Constanca Santos, COUTINHO 50m: 48.66 48.66 100m: 1:47.49 58.83	12 Naval da Nazaré	1:47.49	127
20. Rita Alexandra, JORDAO 50m: 47.16 47.16 100m: 1:48.60 1:01.44	12 Uniao Juncalense	1:48.60	123
21. Maria Leonor, FERREIRA 50m: 50.05 50.05 100m: 1:48.71 58.66	12 Óbidos	1:48.71	122
22. Jessica Garcia, FERREIRA 50m: 50.75 50.75 100m: 1:49.93 59.18	12 Óbidos	1:49.93	118
DNS Carolina Matos, CORREIA	12 Nucleo de Pombal		DNS

Prova 11  
22/12/2024 - 10:22

Femin., 100m Mariposa

Juvenil B FEM  
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac JUV B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO 50m: 33.95 33.95 100m: 1:11.66 37.71	11 Alcobaca	1:11.66	429
2. Carlota Sa, SANTOS 50m: 36.64 36.64 100m: 1:16.39 39.75	11 Nucleo de Pombal	1:16.39	354
3. Anastasiya, PRYMACHENKO 50m: 35.97 35.97 100m: 1:17.48 41.51	11 Nucleo de Pombal	1:17.48	339
4. Beatriz Marques, GASPAR 50m: 38.24 38.24 100m: 1:22.08 43.84	11 Nautico Marinha Grande	1:22.08	285
5. Cristiana Henriques, ALMEIDA 50m: 38.65 38.65 100m: 1:24.10 45.45	11 Benedita	1:24.10	265
6. Isabela Lourenco, COSTA 50m: 39.97 39.97 100m: 1:25.27 45.30	11 Benedita	1:25.27	254
7. Carolina Silva, CASTANHEIRA 50m: 40.61 40.61 100m: 1:28.92 48.31	11 CNLeiria - VOID	1:28.92	224
8. Margarida Lopes, RODRIGUES 50m: 41.74 41.74 100m: 1:30.86 49.12	11 Uniao Juncalense	1:30.86	210
9. Maria Santos, FONSECA 50m: 42.41 42.41 100m: 1:34.68 52.27	11 CNLeiria - VOID	1:34.68	186
10. Margarida Soares, MAIA 50m: 45.09 45.09 100m: 1:38.64 53.55	11 Nautico Marinha Grande	1:38.64	164
11. Beatriz Morgado, SILVA 50m: 54.99 54.99 100m: 1:52.85 57.86	11 Benedita	1:52.85	109
DNS Kelly Simao, COSTA	11 Óbidos		DNS
DNS Mariana Sousa, MENDES	11 Alcobaca		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 11, Femin., 100m Mariposa

Prova 11 Femin., 100m Mariposa Juvenil A FEM  
22/12/2024 - 10:22 Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac JUV A	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts
1.	Laura Samora, GONCALVES		10	CNLeiria - VOID		1:16.20	356
	50m:	35.70 35.70	100m:	1:16.20	40.50		
2.	Sofia Roma, BRIZIDA		10	CNLeiria - VOID		1:16.22	356
	50m:	35.89 35.89	100m:	1:16.22	40.33		
3.	Leonor Silva, MARTINS		10	Óbidos		1:27.64	234
	50m:	39.02 39.02	100m:	1:27.64	48.62		
4.	Mariana Sousa, OLIVEIRA		10	Alcobaca		1:39.57	159
	50m:	45.72 45.72	100m:	1:39.57	53.85		

Prova 11 Femin., 100m Mariposa Junior FEM  
22/12/2024 - 10:22 Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac 18	58.51	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Rec Nac 17	59.36	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec Nac 16	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	25/04/2021

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts
1.	Constanca Baptista, TOMAS		09	Alcobaca		1:09.19	476
	50m:	32.34 32.34	100m:	1:09.19	36.85		
2.	Rita Rocha, SILVA		08	Alcobaca		1:12.91	407
	50m:	34.51 34.51	100m:	1:12.91	38.40		
3.	Matilde Andre, LUIS		08	Alcobaca		1:14.51	381
	50m:	34.98 34.98	100m:	1:14.51	39.53		
4.	Francisca Ramos, NUNES		09	Naval de Peniche		1:17.11	344
	50m:	35.56 35.56	100m:	1:17.11	41.55		
5.	Marta Cabete, GOMES		08	CNLeiria - VOID		1:21.26	294
	50m:	37.78 37.78	100m:	1:21.26	43.48		
6.	Matilde Santos, COUTINHO		07	Naval da Nazaré		1:22.89	277
	50m:	37.86 37.86	100m:	1:22.89	45.03		
7.	Anjali, RAICAR		09	Naval de Peniche		1:23.94	266
	50m:	36.83 36.83	100m:	1:23.94	47.11		
8.	Diana Rita, FONSECA		08	Vieirense		1:24.64	260
	50m:	37.04 37.04	100m:	1:24.64	47.60		
9.	Matilde Monteiro, NEVES		08	Nucleo de Pombal		1:27.76	233
	50m:	40.08 40.08	100m:	1:27.76	47.68		
DNS	Constanca Carvalho, PIEDADE		08	Uniao Juncalense			DNS
DNS	Carolina Ferreira, FONSECA		07	Vieirense			DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 11, Femin., 100m Mariposa

Prova 11  
22/12/2024 - 10:22

Femin., 100m Mariposa

Senior FEM  
Resultados

Rec Nac Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec Nac SEN	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	
1. Ana Claudia, FERREIRA 50m: 32.07 32.07	90 Alcobaca 100m: 1:07.97 35.90	1:07.97	502	
2. Bruna Andreia, SIMOES 50m: 32.47 32.47	01 Vieirense 100m: 1:10.35 37.88	1:10.35	453	
3. Dalila Leal, BERNARDINO 50m: 37.57 37.57	06 Nucleo de Pombal 100m: 1:21.43 43.86	1:21.43	292	
EXH Barbara Balbino, MENDES 50m: 37.11 37.11	10 Naval de Peniche 100m: 1:20.51 43.40	1:20.51	302	EXH
EXH Bianca Balbino, MENDES 50m: 38.67 38.67	10 Naval de Peniche 100m: 1:24.63 45.96	1:24.63	260	EXH
EXH Leonor Pereira, SILVA 50m: 38.79 38.79	10 Óbidos 100m: 1:25.69 46.90	1:25.69	250	EXH
EXH Bruna Matos, FIALHO 50m: 40.32 40.32	08 Uniao Juncalense 100m: 1:29.06 48.74	1:29.06	223	EXH
EXH Catarina Tarragoso, LOBO 50m: 40.00 40.00	07 Uniao Juncalense 100m: 1:31.68 51.68	1:31.68	204	EXH
EXH Isabela Maria, CARREIRA 50m: 42.08 42.08	11 Uniao Juncalense 100m: 1:33.07 50.99	1:33.07	195	EXH
EXH Yara Nunes, MARCELINO 50m: 42.70 42.70	11 Nucleo de Pombal 100m: 1:36.40 53.70	1:36.40	176	EXH
EXH Erica Felix, RODRIGUES 50m: 43.53 43.53	11 Uniao Juncalense 100m: 1:36.59 53.06	1:36.59	175	EXH
EXH Laura Silva, MARTINS 50m: 46.52 46.52	13 Ba-Leiria 100m: 1:41.70 55.18	1:41.70	150	EXH
EXH Ana Francisca, QUERIDO 50m: 46.44 46.44	12 Pimpoes/Cimai 100m: 1:43.44 57.00	1:43.44	142	EXH
EXH Carlota Maria, CATARINO 50m: 46.50 46.50	11 Benedita 100m: 1:45.89 59.39	1:45.89	132	EXH
EXH Yara Silva, INES 50m: 48.17 48.17	11 Ba-Leiria 100m: 1:48.56 1:00.39	1:48.56	123	EXH
EXH Erica Maria, FORTUNATO 50m: 1:00.11 1:00.11	13 Ba-Leiria 100m: 2:07.63 1:07.52	2:07.63	75	EXH
EXH Eduarda Antunes, BUGALHAO 50m: 59.86 59.86	13 Ba-Leiria 100m: 2:12.38 1:12.52	2:12.38	68	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 12  
22/12/2024 - 10:47

Masc., 100m Livres

Infantil B MASC  
Resultados

Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	15/12/2024
Rec Nac INF B	56.82	Rodolfo Junior, ALECRIM	ADBA	Leiria	20/05/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 29.50 29.50 100m: 1:01.37 31.87	12 Alcobaca	1:01.37	390
2. Vasco Silvestre, ROCHA 50m: 30.15 30.15 100m: 1:01.70 31.55	12 Nautico Marinha Grande	1:01.70	383
3. Martim Piedade, SANTOS 50m: 31.44 31.44 100m: 1:07.08 35.64	12 Pimpoes/Cimai	1:07.08	298
4. Tomas Vieira, FIGUEIREDO 50m: 33.61 33.61 100m: 1:10.91 37.30	12 Alcobaca	1:10.91	252
5. Eduardo Manuel, FERREIRA 50m: 35.78 35.78 100m: 1:14.41 38.63	12 Nucleo de Pombal	1:14.41	218
6. Joao Maria, TEMPERO 50m: 38.44 38.44 100m: 1:17.01 38.57	12 Pimpoes/Cimai	1:17.01	197
7. Tomas Barata, ALVES 50m: 37.75 37.75 100m: 1:17.60 39.85	12 Nautico Marinha Grande	1:17.60	192
8. Roberto Bento, CANAS 50m: 38.52 38.52 100m: 1:18.54 40.02	12 Pimpoes/Cimai	1:18.54	186
9. Gabriel Sousa, GOMES 50m: 40.61 40.61 100m: 1:23.28 42.67	12 Óbidos	1:23.28	156
10. Joao Pedro, BELO 50m: 40.44 40.44 100m: 1:24.02 43.58	12 Nautico Marinha Grande	1:24.02	152
11. Goncalo Nunes, MORAIS 50m: 40.21 40.21 100m: 1:25.10 44.89	12 Ba-Leiria	1:25.10	146
DNS Rodrigo Jose, NEVES	12 Nucleo de Pombal		DNS
DNS Duarte Costa, MADEIRA	12 Alcobaca		DNS

Prova 12  
22/12/2024 - 10:47

Masc., 100m Livres

Infantil A MASC  
Resultados

Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	15/12/2024
Rec Nac INF A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	01/07/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Martim Duarte, ROQUE 50m: 30.39 30.39 100m: 1:02.37 31.98	11 CNLeiria - VOID	1:02.37	371
2. Joao Santos, ALMEIDA 50m: 29.38 29.38 100m: 1:02.38 33.00	11 Ba-Leiria	1:02.38	371
3. Martim Cruz, MOURA 50m: 30.07 30.07 100m: 1:03.38 33.31	11 CNLeiria - VOID	1:03.38	354
4. Pedro Pereira, OLIVEIRA 50m: 31.79 31.79 100m: 1:05.92 34.13	11 Nautico Marinha Grande	1:05.92	314



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 12, Masc., 100m Livres, Infantil A MASC

Lugar	Ano	Tempo final	Pts
5. Vasco Sousa, LEMOS 50m: 32.53 32.53 100m: 1:07.02 34.49	11 Pimpoes/Cimai	1:07.02	299
6. Francisco Costa, VALENTIM 50m: 33.27 33.27 100m: 1:08.30 35.03	11 Óbidos	1:08.30	282
7. Guilherme Melo, ELIAS 50m: 34.14 34.14 100m: 1:09.24 35.10	11 Naval da Nazaré	1:09.24	271
8. Dinis Morgado, FERREIRA 50m: 34.10 34.10 100m: 1:11.42 37.32	11 Ba-Leiria	1:11.42	247
9. Martin, SHEVCHUK 50m: 34.91 34.91 100m: 1:11.88 36.97	11 CNLeiria - VOID	1:11.88	242
10. Rodrigo Nicolau, RITA 50m: 35.47 35.47 100m: 1:14.06 38.59	11 Viegrense	1:14.06	221
11. Diego Rodrigues, MENDES 50m: 35.43 35.43 100m: 1:14.58 39.15	11 Nautico Marinha Grande	1:14.58	217
12. Rodrigo Freire, JOAQUIM 50m: 36.01 36.01 100m: 1:14.66 38.65	11 CNLeiria - VOID	1:14.66	216
13. Joao Rodrigo, BREDA 50m: 39.05 39.05 100m: 1:21.39 42.34	11 Nautico Marinha Grande	1:21.39	167
14. Joao Pedro, CRUZ 50m: 40.32 40.32 100m: 1:21.64 41.32	11 Naval de Peniche	1:21.64	165
DSQ Rodrigo Duarte, CARREIRA <i>Falsa partida SW4.4</i>	11 Alcobaca		DSQ
DNS Valentim Antonio, PEREIRA	11 CNLeiria - VOID		DNS

Prova 12

Masc., 100m Livres

Juvenil B MASC

22/12/2024 - 10:47

Resultados

Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	15/12/2024
Rec Nac JUV B	51.92	Rodolfo Junior, ALECRIM	CNL-VOID	Santo António dos Cavaleiros	29/11/2024

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rodolfo Junior, ALECRIM 50m: 25.85 25.85 100m: 54.03 28.18	10 CNLeiria - VOID	54.03	571
2. Antonio Antunes, JORGE 50m: 28.20 28.20 100m: 57.97 29.77	10 Alcobaca	57.97	462
3. David Xavier, ALMEIDA 50m: 28.61 28.61 100m: 58.64 30.03	10 Ba-Leiria	58.64	447
4. Rodrigo Cardoso, TOMAS 50m: 28.71 28.71 100m: 58.98 30.27	10 Alcobaca	58.98	439
5. Tomas Manuel, PALMEIRO 50m: 28.72 28.72 100m: 59.80 31.08	10 Nautico Marinha Grande	59.80	421
6. Francisco Lourenco, PEDROSA 50m: 28.97 28.97 100m: 59.86 30.89	10 Nautico Marinha Grande	59.86	420



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 12, Masc., 100m Livres, Juvenil B MASC

Lugar	Ano	Tempo final	Pts
7. Guilherme Rodrigues, CABRAL 50m: 30.35 30.35 100m: 1:02.29 31.94	10 Pimpoes/Cimai	1:02.29	373
8. Afonso Ferreira, REIS 50m: 30.43 30.43 100m: 1:03.41 32.98	10 Nautico Marinha Grande	1:03.41	353
9. Tomas Marques, FRANCISCO 50m: 30.54 30.54 100m: 1:03.59 33.05	10 CNLeiria - VOID	1:03.59	350
10. Lucas Costa, JESUS 50m: 31.21 31.21 100m: 1:05.29 34.08	10 Nautico Marinha Grande	1:05.29	323
11. Simao Sousa, JESUS 50m: 31.57 31.57 100m: 1:05.68 34.11	10 Nautico Marinha Grande	1:05.68	318
12. Santiago Neves, SILVA 50m: 31.88 31.88 100m: 1:06.41 34.53	10 Nucleo de Pombal	1:06.41	307
13. Gabriel Krempel, VARELA 50m: 32.85 32.85 100m: 1:07.83 34.98	10 Pimpoes/Cimai	1:07.83	288
14. Francisco Antonio, SIMOES 50m: 34.39 34.39 100m: 1:09.69 35.30	10 Ba-Leiria	1:09.69	266

Prova 12  
22/12/2024 - 10:47

Masc., 100m Livres

Juvenil A MASC  
Resultados

Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	15/12/2024
Rec Nac JUV A	50.82	Tiago Andre, VENANCIO	CNS	Braga	23/03/2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Martim Alexandre, MESQUITA 50m: 27.96 27.96 100m: 57.72 29.76	09 Nautico Marinha Grande	57.72	468
2. David Ferrador, PEREIRA 50m: 28.51 28.51 100m: 59.12 30.61	09 CNLeiria - VOID	59.12	436
3. Pedro Fonseca, OLIVEIRA 50m: 28.74 28.74 100m: 1:00.67 31.93	09 Nautico Marinha Grande	1:00.67	403
4. Santiago Jose, PACHECO 50m: 29.35 29.35 100m: 1:01.38 32.03	09 Alcobaca	1:01.38	389
5. Francisco Lourenco, CUSTODIO 50m: 30.30 30.30 100m: 1:02.42 32.12	09 Naval da Nazaré	1:02.42	370
6. Gabriel Santiago, FERREIRA 50m: 30.35 30.35 100m: 1:03.19 32.84	09 Uniao Juncalense	1:03.19	357
7. Maksym, TYSHCHUK 50m: 32.31 32.31 100m: 1:05.81 33.50	09 Nautico Marinha Grande	1:05.81	316
8. Vladyslav, BABUSHKIN 50m: 32.06 32.06 100m: 1:06.60 34.54	09 Nautico Marinha Grande	1:06.60	305
DNS Rodrigo Oliveira, SANTOS	09 Alcobaca		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 12, Masc., 100m Livres

Prova 12  
22/12/2024 - 10:47

Masc., 100m Livres

Junior MASC  
Resultados

Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	15/12/2024
Rec Nac 18	48.32	Diogo Matos, RIBEIRO	SLB	Leiria	26/11/2021
Rec Nac 17	49.56	Diogo Matos, RIBEIRO	CUC	Coimbra	22/12/2020

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts	
1.	Santiago Boica, SOUSA		08	Vieirense		57.87	465	
	50m:	27.46 27.46	100m:	57.87	30.41			
2.	Tiago Santos, POMBO		08	Alcobaca		58.38	453	
	50m:	28.43 28.43	100m:	58.38	29.95			
3.	Diogo Coelho, JORDAO		08	Uniao Juncalense		59.01	438	
	50m:	28.57 28.57	100m:	59.01	30.44			
4.	Diogo Barata, ALVES		08	Nautico Marinha Grande		1:05.64	318	
	50m:	31.80 31.80	100m:	1:05.64	33.84			
5.	Andre Filipe, FERNANDES		07	Alcobaca		1:10.57	256	
	50m:	33.75 33.75	100m:	1:10.57	36.82			
EXH	Rafael, SANTOS		06	Uniao Juncalense		59.73	423	EXH
	50m:	29.29 29.29	100m:	59.73	30.44			
EXH	Alexandre Quterio, ANASTACIO		01	Benedita		59.96	418	EXH
	50m:	28.69 28.69	100m:	59.96	31.27			
EXH	Pedro Blanc, CAPINHA		09	Óbidos		1:02.00	378	EXH
	50m:	29.81 29.81	100m:	1:02.00	32.19			
EXH	Afonso Matos, CORREIA		09	Nucleo de Pombal		1:04.50	335	EXH
	50m:	30.54 30.54	100m:	1:04.50	33.96			
EXH	Andre Guilherme, CORDEIRO		09	Naval de Peniche		1:06.38	308	EXH
	50m:	31.76 31.76	100m:	1:06.38	34.62			
EXH	Alexandre, AFONSO SANTOS		09	Uniao Juncalense		1:08.80	276	EXH
	50m:	33.74 33.74	100m:	1:08.80	35.06			
EXH	Afonso Nunes, MARCELINO		08	Nucleo de Pombal		1:08.97	274	EXH
	50m:	33.44 33.44	100m:	1:08.97	35.53			
EXH	Rafael Teixeira, MARTINS		11	Naval de Peniche		1:12.71	234	EXH
	50m:	35.22 35.22	100m:	1:12.71	37.49			
EXH	Tiago Daniel, POVOA		08	Uniao Juncalense		1:13.22	229	EXH
	50m:	34.17 34.17	100m:	1:13.22	39.05			
EXH	Tomas Ferreira, CARVALHO		11	Ba-Leiria		1:16.68	199	EXH
	50m:	37.31 37.31	100m:	1:16.68	39.37			
EXH	Tomas Alves, ROCHA		11	Pimpoes/Cimai		1:17.00	197	EXH
	50m:	38.78 38.78	100m:	1:17.00	38.22			
EXH	Simao Pedro, MARQUES		11	Uniao Juncalense		1:17.12	196	EXH
	50m:	37.08 37.08	100m:	1:17.12	40.04			



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 12, Masc., 100m Livres

Lugar	Ano	Tempo final	Pts	
EXH Andrey, POGOMIY 50m: 36.09 36.09 100m: 1:18.14 42.05	11 Ba-Leiria	1:18.14	188	EXH
EXH Bryan Carrilho, MATOS 50m: 37.44 37.44 100m: 1:21.81 44.37	11 Benedita	1:21.81	164	EXH
EXH Dinis Lourenco, COSTA 50m: 39.43 39.43 100m: 1:21.89 42.46	07 Benedita	1:21.89	164	EXH
EXH Afonso Mourao, MIRANDA 50m: 39.56 39.56 100m: 1:21.97 42.41	12 Ba-Leiria	1:21.97	163	EXH
EXH Santiago Tomas, PAULO 50m: 39.22 39.22 100m: 1:24.22 45.00	12 Óbidos	1:24.22	150	EXH
EXH Lourenco Luis, RIBEIRO 50m: 40.30 40.30 100m: 1:25.26 44.96	12 Pimpoes/Cimai	1:25.26	145	EXH
EXH Thomas Torres, O'BYRNE 50m: 38.44 38.44 100m: 1:27.16 48.72	11 Uniao Juncalense	1:27.16	136	EXH
EXH Diogo Demirel, FERREIRA 50m: 41.90 41.90 100m: 1:28.15 46.25	11 Ba-Leiria	1:28.15	131	EXH
EXH Egor, MIKHAILOV 50m: 42.51 42.51 100m: 1:28.28 45.77	12 Ba-Leiria	1:28.28	131	EXH
EXH Ruben Jose, FERREIRA 50m: 42.95 42.95 100m: 1:31.35 48.40	12 Ba-Leiria	1:31.35	118	EXH
EXH Mihail, ONCIU 50m: 44.69 44.69 100m: 1:32.88 48.19	12 Ba-Leiria	1:32.88	112	EXH
EXH Duarte Mota, GASPAR 50m: 46.91 46.91 100m: 1:35.87 48.96	12 Ba-Leiria	1:35.87	102	EXH
EXH Tiago Caixinha, SENICA 50m: 48.26 48.26 100m: 1:37.37 49.11	12 Ba-Leiria	1:37.37	97	EXH
EXH Rafael Costa, ANTUNES 50m: 47.36 47.36 100m: 1:38.59 51.23	10 Naval de Peniche	1:38.59	94	EXH
EXH Gabriel Cadete, RODRIGUES 50m: 47.61 47.61 100m: 1:38.85 51.24	11 Nucleo de Pombal	1:38.85	93	EXH
EXH Kaua Schuquel, BOFF 50m: 57.78 57.78 100m: 2:03.80 1:06.02	10 Vieirense	2:03.80	47	EXH



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13  
22/12/2024 - 11:07

Femin., 100m Costas

Infantil B FEM  
Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac INF B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	07/04/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Maria Leal, ALVES 50m: 41.02 41.02 100m: 1:25.54 44.52	13 Alcobaca	1:25.54	264
2. Emma Henriques, SOUTO 50m: 43.95 43.95 100m: 1:28.97 45.02	13 Óbidos	1:28.97	234
3. Maria Joao, OLIVEIRA 50m: 44.80 44.80 100m: 1:29.67 44.87	13 Alcobaca	1:29.67	229
4. Maria Luisa, CASTILLO 50m: 45.60 45.60 100m: 1:31.67 46.07	13 Nautico Marinha Grande	1:31.67	214
5. Alicia Ferreira, OLIVEIRA 50m: 45.92 45.92 100m: 1:33.09 47.17	13 Ba-Leiria	1:33.09	205
6. Violeta Neves, SILVA 50m: 48.30 48.30 100m: 1:36.28 47.98	13 Nucleo de Pombal	1:36.28	185
7. Avron Dawn, SANTOS 50m: 48.09 48.09 100m: 1:39.41 51.32	13 Viegrense	1:39.41	168
8. Carminho Jose, LOPES 50m: 49.39 49.39 100m: 1:39.92 50.53	13 Benedita	1:39.92	165
9. Lara Sofia, MARCELINO 50m: 50.52 50.52 100m: 1:40.20 49.68	13 Viegrense	1:40.20	164
10. Sara Machado, JANUARIO 50m: 49.93 49.93 100m: 1:42.70 52.77	13 Alcobaca	1:42.70	152
11. Nuria Rocha, BOTAS 50m: 51.11 51.11 100m: 1:42.81 51.70	13 Viegrense	1:42.81	152
12. Ines Barreto, CALDEIREIRO 50m: 51.04 51.04 100m: 1:43.35 52.31	13 Viegrense	1:43.35	149
13. Elisa Rodrigues, SIMOES 50m: 51.90 51.90 100m: 1:43.71 51.81	13 Benedita	1:43.71	148
14. Constanca Teopisto, CARVALHO 50m: 53.00 53.00 100m: 1:46.54 53.54	13 Alcobaca	1:46.54	136
DSQ Laura Silva, MARTINS <i>A atleta, na viragem aos 50 metros, após perder a posição dorsal, realizou mais do que uma braçada.</i>	13 Ba-Leiria		DSQ
DNS Matilde Mamede, CECILIO	13 Naval de Peniche		DNS



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13, Femin., 100m Costas

Prova 13  
22/12/2024 - 11:07

Femin., 100m Costas

Infantil A FEM  
Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac INF A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	18/03/2016

Pontos: AQUA 2024

Lugar				Ano		Tempo final	Pts
1.	Laura Krempel, VARELA			12	Pimpoes/Cimai	1:17.38	356
	50m: 38.59	38.59	100m: 1:17.38		38.79		
2.	Emma, AVRAMESCU			12	Nautico Marinha Grande	1:19.48	329
	50m: 38.92	38.92	100m: 1:19.48		40.56		
3.	Luna Francisco, PEREIRA			12	Nucleo de Pombal	1:20.81	313
	50m: 39.60	39.60	100m: 1:20.81		41.21		
4.	Mafalda Varela, BERNARDINO			12	Alcobaca	1:21.38	306
	50m: 40.49	40.49	100m: 1:21.38		40.89		
5.	Ines Pinto, MARTINS			12	Pimpoes/Cimai	1:22.17	298
	50m: 40.49	40.49	100m: 1:22.17		41.68		
6.	Beatriz Julio, CORREIA			12	CNLeiria - VOID	1:22.53	294
	50m: 40.34	40.34	100m: 1:22.53		42.19		
7.	Julia Pinto, PINHEIRO			12	Pimpoes/Cimai	1:23.51	283
	50m: 41.03	41.03	100m: 1:23.51		42.48		
8.	Safira Pedro, FONSECA			12	Vieirense	1:24.59	273
	50m: 41.57	41.57	100m: 1:24.59		43.02		
9.	Emiliana Arruda, SARAIVA			12	Vieirense	1:25.01	269
	50m: 42.20	42.20	100m: 1:25.01		42.81		
10.	Maria Leonor, ASSUNCAO			12	Pimpoes/Cimai	1:25.23	267
	50m: 42.33	42.33	100m: 1:25.23		42.90		
11.	Benedita Nunes, FELIX			12	Pimpoes/Cimai	1:30.51	223
	50m: 44.13	44.13	100m: 1:30.51		46.38		
12.	Constanca Santos, COUTINHO			12	Naval da Nazaré	1:32.56	208
	50m: 44.98	44.98	100m: 1:32.56		47.58		
13.	Rita Alexandra, JORDAO			12	Uniao Juncalense	1:33.74	200
	50m: 46.03	46.03	100m: 1:33.74		47.71		
14.	Iara Maria, CAMACHO			12	Pimpoes/Cimai	1:33.93	199
	50m: 47.38	47.38	100m: 1:33.93		46.55		
15.	Jessica Garcia, FERREIRA			12	Óbidos	1:33.95	199
	50m: 45.55	45.55	100m: 1:33.95		48.40		
16.	Daniela Carvalho, FERREIRA			12	Nucleo de Pombal	1:36.48	184
	50m: 47.01	47.01	100m: 1:36.48		49.47		
17.	Maria Ines, GOMES			12	Nucleo de Pombal	1:37.22	179
	50m: 48.13	48.13	100m: 1:37.22		49.09		
18.	Valeria, MORITS			12	Nautico Marinha Grande	1:37.29	179
	50m: 45.32	45.32	100m: 1:37.29		51.97		



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13, Femin., 100m Costas, Infantil A FEM

Lugar	Ano	Tempo final	Pts
19. Yaroslava, TABUNSCHYK 50m: 47.48 47.48 100m: 1:37.32 49.84	12 CNLeiria - VOID	1:37.32	179
20. Mariana Duarte, ANTUNES 50m: 48.35 48.35 100m: 1:38.64 50.29	12 Alcobaca	1:38.64	172
21. Rita Francisco, SIMOES 50m: 49.95 49.95 100m: 1:41.14 51.19	12 Vieiraense	1:41.14	159
22. Maria Leonor, FERREIRA 50m: 51.92 51.92 100m: 1:44.91 52.99	12 Óbidos	1:44.91	143
DSQ Ana Francisca, QUERIDO <i>Aos 50 metros, atleta após perder a posição dorsal, não realizou de imediato a viragem.</i>	12 Pimpoes/Cimai		DSQ
DNS Barbara Serrano, LOMBA	12 Ba-Leiria		DNS
DNS Carolina Matos, CORREIA	12 Nucleo de Pombal		DNS

Prova 13 Femin., 100m Costas Juvenil B FEM  
22/12/2024 - 11:07 Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac JUV B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	12/02/2011

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Carlota Sa, SANTOS 50m: 37.32 37.32 100m: 1:14.96 37.64	11 Nucleo de Pombal	1:14.96	392
2. Francisca Moreira, FELICIANO 50m: 36.64 36.64 100m: 1:15.21 38.57	11 Alcobaca	1:15.21	388
3. Carolina Silva, CASTANHEIRA 50m: 38.15 38.15 100m: 1:17.69 39.54	11 CNLeiria - VOID	1:17.69	352
4. Anastasiya, PRYMACHENKO 50m: 38.48 38.48 100m: 1:18.27 39.79	11 Nucleo de Pombal	1:18.27	344
5. Beatriz Marques, GASPAR 50m: 39.24 39.24 100m: 1:20.99 41.75	11 Nautico Marinha Grande	1:20.99	311
6. Cristiana Henriques, ALMEIDA 50m: 40.43 40.43 100m: 1:22.88 42.45	11 Benedita	1:22.88	290
7. Margarida Lopes, RODRIGUES 50m: 41.71 41.71 100m: 1:24.86 43.15	11 Uniao Juncalense	1:24.86	270
8. Isabela Lourenco, COSTA 50m: 43.05 43.05 100m: 1:27.43 44.38	11 Benedita	1:27.43	247
9. Maria Santos, FONSECA 50m: 43.05 43.05 100m: 1:28.32 45.27	11 CNLeiria - VOID	1:28.32	240
10. Margarida Soares, MAIA 50m: 45.04 45.04 100m: 1:31.55 46.51	11 Nautico Marinha Grande	1:31.55	215
11. Beatriz Morgado, SILVA 50m: 46.23 46.23 100m: 1:32.92 46.69	11 Benedita	1:32.92	206



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13, Femin., 100m Costas, Juvenil B FEM

Lugar	Ano	Tempo final	Pts
DSQ Leonor Ferreira, PAULINO	11 Uniao Juncalense		DSQ
<i>Aos 50 metros, atleta após perder a posição dorsal, realizou mais do que uma braçada.</i>			
DNS Kelly Simao, COSTA	11 Óbidos		DNS
DNS Mariana Sousa, MENDES	11 Alcobaca		DNS

Prova 13 Femin., 100m Costas Juvenil A FEM  
22/12/2024 - 11:07 Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac JUV A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	17/12/2011

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA	10 CNLeiria - VOID	1:15.26	387
50m: 36.95 36.95	100m: 1:15.26 38.31		
2. Laura Samora, GONCALVES	10 CNLeiria - VOID	1:16.72	366
50m: 37.65 37.65	100m: 1:16.72 39.07		
3. Mariana Sousa, OLIVEIRA	10 Alcobaca	1:24.55	273
50m: 40.91 40.91	100m: 1:24.55 43.64		
4. Leonor Silva, MARTINS	10 Óbidos	1:28.24	240
50m: 43.20 43.20	100m: 1:28.24 45.04		
DNS Elisa Henriques, SOUTO	10 Óbidos		DNS

Prova 13 Femin., 100m Costas Junior FEM  
22/12/2024 - 11:07 Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac 18	58.65	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	22/12/2019
Rec Nac 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	29/06/2019
Rec Nac 16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	08/12/2013

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	1:13.76	412
50m: 36.44 36.44	100m: 1:13.76 37.32		
2. Constanca Baptista, TOMAS	09 Alcobaca	1:15.88	378
50m: 36.25 36.25	100m: 1:15.88 39.63		
3. Francisca Ramos, NUNES	09 Naval de Peniche	1:15.92	377
50m: 36.91 36.91	100m: 1:15.92 39.01		
4. Matilde Andre, LUIS	08 Alcobaca	1:19.13	333
50m: 39.79 39.79	100m: 1:19.13 39.34		
5. Diana Rita, FONSECA	08 Vieiraense	1:20.96	311
50m: 39.46 39.46	100m: 1:20.96 41.50		
6. Marta Cabete, GOMES	08 CNLeiria - VOID	1:24.98	269
50m: 41.46 41.46	100m: 1:24.98 43.52		
7. Anjali, RAICAR	09 Naval de Peniche	1:25.47	264
50m: 41.02 41.02	100m: 1:25.47 44.45		



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13, Femin., 100m Costas, Junior FEM

Lugar	Ano	Tempo final	Pts
8. Matilde Santos, COUTINHO 50m: 40.95 40.95 100m: 1:26.25 45.30	07 Naval da Nazaré	1:26.25	257
DSQ Matilde Monteiro, NEVES <i>Aos 50 metros, a atleta após perder a posição dorsal, não realizou de imediato a viragem.</i>	08 Nucleo de Pombal		DSQ
DNS Carolina Ferreira, FONSECA	07 Vieiraense		DNS

Prova 13  
22/12/2024 - 11:07

Femin., 100m Costas

Senior FEM  
Resultados

Rec Nac Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec Nac SEN	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Bruna Andreia, SIMOES 50m: 35.87 35.87 100m: 1:14.92 39.05	01 Vieiraense	1:14.92	393
2. Ana Claudia, FERREIRA 50m: 39.19 39.19 100m: 1:20.69 41.50	90 Alcobaca	1:20.69	314
3. Dalila Leal, BERNARDINO 50m: 43.06 43.06 100m: 1:28.70 45.64	06 Nucleo de Pombal	1:28.70	236
EXH Constanca Carvalho, PIEDADE 50m: 39.47 39.47 100m: 1:19.58 40.11	08 Uniao Juncalense	1:19.58	328
EXH Barbara Balbino, MENDES 50m: 39.38 39.38 100m: 1:20.65 41.27	10 Naval de Peniche	1:20.65	315
EXH Bianca Balbino, MENDES 50m: 38.97 38.97 100m: 1:21.26 42.29	10 Naval de Peniche	1:21.26	308
EXH Isabela Maria, CARREIRA 50m: 43.65 43.65 100m: 1:29.13 45.48	11 Uniao Juncalense	1:29.13	233
EXH Bruna Matos, FIALHO 50m: 44.88 44.88 100m: 1:30.72 45.84	08 Uniao Juncalense	1:30.72	221
EXH Diana Morais, CARLOS 50m: 44.73 44.73 100m: 1:31.22 46.49	11 Pimpoes/Cimai	1:31.22	217
EXH Guiomar Dionisio, CARREIRA 50m: 43.73 43.73 100m: 1:32.75 49.02	12 Pimpoes/Cimai	1:32.75	207
EXH Erica Felix, RODRIGUES 50m: 45.68 45.68 100m: 1:33.16 47.48	11 Uniao Juncalense	1:33.16	204
EXH Carlota Maria, CATARINO 50m: 46.53 46.53 100m: 1:35.23 48.70	11 Benedita	1:35.23	191
EXH Mariana Santos, VALENTIM 50m: 47.18 47.18 100m: 1:37.57 50.39	13 Pimpoes/Cimai	1:37.57	178
EXH Victoria Cerqueira, SOBREIRO 50m: 47.29 47.29 100m: 1:37.58 50.29	13 Pimpoes/Cimai	1:37.58	177



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 13, Femin., 100m Costas

Lugar	Ano	Tempo final	Pts	
EXH Mafalda Amado, QUARESMA 50m: 50.89 50.89 100m: 1:41.69 50.80	13 Pimpoes/Cimai	1:41.69	157	EXH
EXH Ana Sofia, SILVA 50m: 51.35 51.35 100m: 1:43.47 52.12	13 Naval de Peniche	1:43.47	149	EXH
EXH Iris Santos, CANECO 50m: 49.88 49.88 100m: 1:45.72 55.84	09 Naval da Nazaré	1:45.72	139	EXH
EXH Catarina Franco, RODRIGUES 50m: 52.06 52.06 100m: 1:46.41 54.35	13 Naval de Peniche	1:46.41	137	EXH
EXH Francisca Vieira, SILVA 50m: 50.93 50.93 100m: 1:46.54 55.61	13 Nucleo de Pombal	1:46.54	136	EXH
EXH Luiza Fernandes, SILVA 50m: 54.69 54.69 100m: 1:50.82 56.13	13 Uniao Juncalense	1:50.82	121	EXH
EXH Catarina Faustino, DIAS 50m: 54.44 54.44 100m: 1:51.13 56.69	13 Naval de Peniche	1:51.13	120	EXH
EXH Erica Maria, FORTUNATO 50m: 55.15 55.15 100m: 1:52.03 56.88	13 Ba-Leiria	1:52.03	117	EXH
EXH Eva Vieira, SILVA 50m: 54.51 54.51 100m: 1:52.74 58.23	13 Nucleo de Pombal	1:52.74	115	EXH
EXH Eduarda Antunes, BUGALHAO 50m: 55.12 55.12 100m: 1:53.39 58.27	13 Ba-Leiria	1:53.39	113	EXH

Prova 14  
22/12/2024 - 11:43

Masc., 400m Livres

Infantil B MASC  
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS 50m: 29.48 29.48 100m: 1:03.92 34.44 150m: 1:41.58 37.66 200m: 2:19.85 38.27 250m: 2:57.44 37.59 300m: 3:34.70 37.26 350m: 4:11.14 36.44 400m: 4:46.02 34.88	12 Alcobaca	4:46.02	408
2. Vasco Silvestre, ROCHA 50m: 31.75 31.75 100m: 1:07.88 36.13 150m: 1:45.81 37.93 200m: 2:24.36 38.55 250m: 3:04.34 39.98 300m: 3:44.31 39.97 350m: 4:26.19 41.88 400m: 5:06.42 40.23	12 Nautico Marinha Grande	5:06.42	332
3. Tomas Vieira, FIGUEIREDO 50m: 35.96 35.96 100m: 1:16.80 40.84 150m: 1:58.91 42.11 200m: 2:41.11 42.20 250m: 3:23.86 42.75 300m: 4:05.85 41.99 350m: 4:49.60 43.75 400m: 5:29.31 39.71	12 Alcobaca	5:29.31	267
4. Eduardo Manuel, FERREIRA 50m: 37.74 37.74 100m: 1:21.61 43.87 150m: 2:05.28 43.67 200m: 2:48.87 43.59 250m: 3:32.84 43.97 300m: 4:16.12 43.28 350m: 4:58.65 42.53 400m: 5:38.90 40.25	12 Nucleo de Pombal	5:38.90	245
5. Martim Piedade, SANTOS 50m: 37.77 37.77 100m: 1:20.78 43.01 150m: 2:03.91 43.13 200m: 2:48.10 44.19 250m: 3:31.97 43.87 300m: 4:17.27 45.30 350m: 5:01.82 44.55 400m: 5:43.35 41.53	12 Pimpoes/Cimai	5:43.35	236



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 14, Masc., 400m Livres, Infantil B MASC

Lugar			Ano					Tempo final	Pts
6.	Tomas Barata, ALVES		12	Nautico Marinha Grande				5:50.25	222
	50m:	39.16 39.16	150m:	2:08.44 44.59	250m:	3:38.26 44.48	350m:	5:07.74 45.45	
	100m:	1:23.85 44.69	200m:	2:53.78 45.34	300m:	4:22.29 44.03	400m:	5:50.25 42.51	
7.	Joao Maria, TEMPERO		12	Pimpoes/Cimai				5:52.77	217
	50m:	41.94 41.94	150m:	2:11.52 45.10	250m:	3:42.46 45.11	350m:	5:11.31 43.72	
	100m:	1:26.42 44.48	200m:	2:57.35 45.83	300m:	4:27.59 45.13	400m:	5:52.77 41.46	
8.	Roberto Bento, CANAS		12	Pimpoes/Cimai				5:56.24	211
	50m:	39.90 39.90	150m:	2:11.75 46.41	250m:	3:44.41 46.17	350m:	5:15.68 46.01	
	100m:	1:25.34 45.44	200m:	2:58.24 46.49	300m:	4:29.67 45.26	400m:	5:56.24 40.56	
9.	Gabriel Sousa, GOMES		12	Óbidos				5:56.57	210
	50m:	41.61 41.61	150m:	2:13.23 45.91	250m:	3:43.86 45.72	350m:	5:14.09 45.03	
	100m:	1:27.32 45.71	200m:	2:58.14 44.91	300m:	4:29.06 45.20	400m:	5:56.57 42.48	
10.	Joao Pedro, BELO		12	Nautico Marinha Grande				6:02.02	201
	50m:	41.88 41.88	150m:	2:14.31 46.55	250m:	3:46.92 45.32	350m:	5:18.15 45.92	
	100m:	1:27.76 45.88	200m:	3:01.60 47.29	300m:	4:32.23 45.31	400m:	6:02.02 43.87	
11.	Goncalo Nunes, MORAIS		12	Ba-Leiria				6:40.37	148
	50m:	47.46 47.46	150m:	2:30.64 51.79	250m:	4:12.96 50.52	350m:	5:54.53 49.74	
	100m:	1:38.85 51.39	200m:	3:22.44 51.80	300m:	5:04.79 51.83	400m:	6:40.37 45.84	
DNS	Duarte Costa, MADEIRA		12	Alcobaca					DNS

Prova 14  
22/12/2024 - 11:43

Masc., 400m Livres

Infantil A MASC  
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Martim Duarte, ROQUE		11	CNLeiria - VOID				4:48.78	397
	50m:	31.76 31.76	150m:	1:44.89 36.64	250m:	2:58.78 37.01	350m:	4:12.94 36.82	
	100m:	1:08.25 36.49	200m:	2:21.77 36.88	300m:	3:36.12 37.34	400m:	4:48.78 35.84	
2.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande				4:58.75	358
	50m:	33.59 33.59	150m:	1:49.69 38.24	250m:	3:07.06 38.57	350m:	4:22.12 36.61	
	100m:	1:11.45 37.86	200m:	2:28.49 38.80	300m:	3:45.51 38.45	400m:	4:58.75 36.63	
3.	Martim Cruz, MOURA		11	CNLeiria - VOID				5:01.39	349
	50m:	32.82 32.82	150m:	1:47.21 37.64	250m:	3:04.67 39.02	350m:	4:23.81 39.66	
	100m:	1:09.57 36.75	200m:	2:25.65 38.44	300m:	3:44.15 39.48	400m:	5:01.39 37.58	
4.	Joao Santos, ALMEIDA		11	Ba-Leiria				5:05.86	334
	50m:	34.00 34.00	150m:	1:50.25 38.76	250m:	3:08.30 39.36	350m:	4:28.02 40.05	
	100m:	1:11.49 37.49	200m:	2:28.94 38.69	300m:	3:47.97 39.67	400m:	5:05.86 37.84	
5.	Francisco Costa, VALENTIM		11	Óbidos				5:11.69	315
	50m:	35.70 35.70	150m:	1:54.23 39.91	250m:	3:14.47 40.27	350m:	4:34.68 40.11	
	100m:	1:14.32 38.62	200m:	2:34.20 39.97	300m:	3:54.57 40.10	400m:	5:11.69 37.01	
6.	Vasco Sousa, LEMOS		11	Pimpoes/Cimai				5:11.71	315
	50m:	35.12 35.12	150m:	1:54.31 39.65	250m:	3:14.46 39.87	350m:	4:34.90 40.47	
	100m:	1:14.66 39.54	200m:	2:34.59 40.28	300m:	3:54.43 39.97	400m:	5:11.71 36.81	



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 14, Masc., 400m Livres, Infantil A MASC

Lugar	Ano		Tempo final				Pts
7. Rodrigo Nicolau, RITA	11	Vieirense	5:26.95				273
50m: 36.99 36.99	150m: 2:00.98 42.02	250m: 3:24.78 40.97	350m: 4:46.49 40.98	400m: 5:26.95 40.86			
100m: 1:18.96 41.97	200m: 2:43.81 42.83	300m: 4:05.51 40.73					
8. Guilherme Melo, ELIAS	11	Naval da Nazaré	5:33.97				256
50m: 37.97 37.97	150m: 2:01.73 43.04	250m: 3:29.78 43.15	350m: 4:54.21 41.03	400m: 5:33.97 39.76			
100m: 1:18.69 40.72	200m: 2:46.63 44.90	300m: 4:13.18 43.40					
9. Dinis Morgado, FERREIRA	11	Ba-Leiria	5:36.27				251
50m: 38.24 38.24	150m: 2:03.85 42.85	250m: 3:30.36 42.39	350m: 4:54.73 41.61	400m: 5:36.27 41.54			
100m: 1:21.00 42.76	200m: 2:47.97 44.12	300m: 4:13.12 42.76					
10. Diego Rodrigues, MENDES	11	Nautico Marinha Grande	5:39.34				244
50m: 38.66 38.66	150m: 2:05.71 43.67	250m: 3:31.79 43.31	350m: 4:58.98 43.22	400m: 5:39.34 40.36			
100m: 1:22.04 43.38	200m: 2:48.48 42.77	300m: 4:15.76 43.97					
11. Rodrigo Duarte, CARREIRA	11	Alcobaca	5:59.24				206
50m: 39.92 39.92	150m: 2:11.81 46.65	250m: 3:45.27 47.08	350m: 5:17.07 44.99	400m: 5:59.24 42.17			
100m: 1:25.16 45.24	200m: 2:58.19 46.38	300m: 4:32.08 46.81					
12. Joao Pedro, CRUZ	11	Naval de Peniche	5:59.95				205
50m: 41.70 41.70	150m: 2:14.10 46.23	250m: 3:47.34 45.94	350m: 5:17.81 45.06	400m: 5:59.95 42.14			
100m: 1:27.87 46.17	200m: 3:01.40 47.30	300m: 4:32.75 45.41					
13. Rodrigo Freire, JOAQUIM	11	CNLeiria - VOID	6:07.99				191
50m: 41.27 41.27	150m: 2:17.22 48.08	250m: 3:53.54 48.11	350m: 5:27.12 46.71	400m: 6:07.99 40.87			
100m: 1:29.14 47.87	200m: 3:05.43 48.21	300m: 4:40.41 46.87					
14. Joao Rodrigo, BREDA	11	Nautico Marinha Grande	6:10.84				187
50m: 40.80 40.80	150m: 2:14.73 46.87	250m: 3:49.93 47.90	350m: 5:25.55 47.84	400m: 6:10.84 45.29			
100m: 1:27.86 47.06	200m: 3:02.03 47.30	300m: 4:37.71 47.78					
DNS Valentim Antonio, PEREIRA	11	CNLeiria - VOID				DNS	
DNS Martin, SHEVCHUK	11	CNLeiria - VOID				DNS	

Prova 14  
22/12/2024 - 11:43

Masc., 400m Livres

Juvenil B MASC  
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: AQUA 2024

Lugar	Ano		Tempo final				Pts
1. Rodolfo Junior, ALECRIM	10	CNLeiria - VOID	4:21.97				531
50m: 29.17 29.17	150m: 1:34.31 33.20	250m: 2:41.04 33.09	350m: 3:48.80 33.77	400m: 4:21.97 33.17			
100m: 1:01.11 31.94	200m: 2:07.95 33.64	300m: 3:15.03 33.99					
2. Antonio Antunes, JORGE	10	Alcobaca	4:25.75				509
50m: 29.49 29.49	150m: 1:36.19 33.84	250m: 2:45.00 34.36	350m: 3:53.03 34.16	400m: 4:25.75 32.72			
100m: 1:02.35 32.86	200m: 2:10.64 34.45	300m: 3:18.87 33.87					
3. Rodrigo Cardoso, TOMAS	10	Alcobaca	4:28.86				491
50m: 29.84 29.84	150m: 1:38.46 34.67	250m: 2:48.47 34.71	350m: 3:57.40 34.30	400m: 4:28.86 31.46			
100m: 1:03.79 33.95	200m: 2:13.76 35.30	300m: 3:23.10 34.63					
4. Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande	4:31.60				477
50m: 30.48 30.48	150m: 1:40.00 35.00	250m: 2:49.20 34.64	350m: 3:58.33 34.32	400m: 4:31.60 33.27			
100m: 1:05.00 34.52	200m: 2:14.56 34.56	300m: 3:24.01 34.81					



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 14, Masc., 400m Livres, Juvenil B MASC

Lugar	Ano	Tempo final	Pts
5. Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	4:33.23	468
50m: 30.17 30.17	150m: 1:39.94 35.57	250m: 2:50.98 35.68	350m: 4:00.62 34.39
100m: 1:04.37 34.20	200m: 2:15.30 35.36	300m: 3:26.23 35.25	400m: 4:33.23 32.61
6. David Xavier, ALMEIDA	10 Ba-Leiria	4:40.01	435
50m: 31.70 31.70	150m: 1:44.03 36.67	250m: 2:55.97 35.24	350m: 4:07.38 34.81
100m: 1:07.36 35.66	200m: 2:20.73 36.70	300m: 3:32.57 36.60	400m: 4:40.01 32.63
7. Afonso Ferreira, REIS	10 Nautico Marinha Grande	4:47.15	403
50m: 32.75 32.75	150m: 1:44.86 36.66	250m: 2:56.93 35.48	350m: 4:10.82 36.86
100m: 1:08.20 35.45	200m: 2:21.45 36.59	300m: 3:33.96 37.03	400m: 4:47.15 36.33
8. Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	4:51.28	386
50m: 33.67 33.67	150m: 1:47.98 37.16	250m: 3:02.42 36.72	350m: 4:15.98 35.84
100m: 1:10.82 37.15	200m: 2:25.70 37.72	300m: 3:40.14 37.72	400m: 4:51.28 35.30
9. Lucas Costa, JESUS	10 Nautico Marinha Grande	4:59.11	357
50m: 32.78 32.78	150m: 1:49.20 38.60	250m: 3:06.17 38.45	350m: 4:23.03 38.08
100m: 1:10.60 37.82	200m: 2:27.72 38.52	300m: 3:44.95 38.78	400m: 4:59.11 36.08
10. Tomas Marques, FRANCISCO	10 CNLeiria - VOID	5:01.31	349
50m: 33.35 33.35	150m: 1:50.59 38.92	250m: 3:08.45 38.98	350m: 4:24.94 38.19
100m: 1:11.67 38.32	200m: 2:29.47 38.88	300m: 3:46.75 38.30	400m: 5:01.31 36.37
11. Simao Sousa, JESUS	10 Nautico Marinha Grande	5:07.44	329
50m: 33.68 33.68	150m: 1:50.04 38.85	250m: 3:09.91 40.18	350m: 4:29.78 40.11
100m: 1:11.19 37.51	200m: 2:29.73 39.69	300m: 3:49.67 39.76	400m: 5:07.44 37.66
12. Gabriel Krempel, VARELA	10 Pimpoes/Cimai	5:11.16	317
50m: 35.17 35.17	150m: 1:54.16 39.83	250m: 3:13.87 39.51	350m: 4:33.45 39.37
100m: 1:14.33 39.16	200m: 2:34.36 40.20	300m: 3:54.08 40.21	400m: 5:11.16 37.71
13. Francisco Antonio, SIMOES	10 Ba-Leiria	5:14.95	306
50m: 37.07 37.07	150m: 1:59.09 41.19	250m: 3:20.40 40.65	350m: 4:39.24 38.71
100m: 1:17.90 40.83	200m: 2:39.75 40.66	300m: 4:00.53 40.13	400m: 5:14.95 35.71
14. Santiago Neves, SILVA	10 Nucleo de Pombal	5:15.86	303
50m: 37.03 37.03	150m: 1:58.46 40.40	250m: 3:20.53 40.67	350m: 4:39.48 38.58
100m: 1:18.06 41.03	200m: 2:39.86 41.40	300m: 4:00.90 40.37	400m: 5:15.86 36.38
DNS Francisco Enes, ALVES	10 Ba-Leiria		DNS

Prova 14  
22/12/2024 - 11:43

Masc., 400m Livres

Juvenil A MASC

Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. David Ferrador, PEREIRA	09 CNLeiria - VOID	4:28.97	491
50m: 28.83 28.83	150m: 1:34.76 33.81	250m: 2:44.35 35.18	350m: 3:54.95 35.73
100m: 1:00.95 32.12	200m: 2:09.17 34.41	300m: 3:19.22 34.87	400m: 4:28.97 34.02
2. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	4:37.67	446
50m: 31.05 31.05	150m: 1:40.73 35.73	250m: 2:53.10 35.99	350m: 4:04.15 35.59
100m: 1:05.00 33.95	200m: 2:17.11 36.38	300m: 3:28.56 35.46	400m: 4:37.67 33.52



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 14, Masc., 400m Livres, Juvenil A MASC

Lugar	Ano		Tempo final						Pts
3. Santiago Jose, PACHECO	09	Alcobaca	4:39.95						435
50m: 30.06 30.06	150m: 1:41.15 36.22	250m: 2:53.86 36.14	350m: 4:05.61 35.62						
100m: 1:04.93 34.87	200m: 2:17.72 36.57	300m: 3:29.99 36.13	400m: 4:39.95 34.34						
4. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande	4:55.08						372
50m: 31.83 31.83	150m: 1:44.26 36.70	250m: 3:00.26 38.16	350m: 4:17.80 38.58						
100m: 1:07.56 35.73	200m: 2:22.10 37.84	300m: 3:39.22 38.96	400m: 4:55.08 37.28						
5. Francisco Lourenco, CUSTODIO	09	Naval da Nazaré	4:58.33						360
50m: 32.09 32.09	150m: 1:46.71 38.17	250m: 3:03.82 38.36	350m: 4:21.06 38.30						
100m: 1:08.54 36.45	200m: 2:25.46 38.75	300m: 3:42.76 38.94	400m: 4:58.33 37.27						
6. Gabriel Santiago, FERREIRA	09	Uniao Juncalense	4:59.03						357
50m: 33.72 33.72	150m: 1:47.69 36.94	250m: 3:03.80 38.36	350m: 4:20.85 38.62						
100m: 1:10.75 37.03	200m: 2:25.44 37.75	300m: 3:42.23 38.43	400m: 4:59.03 38.18						
7. Maksym, TYSHCHUK	09	Nautico Marinha Grande	5:03.16						343
50m: 34.74 34.74	150m: 1:52.32 39.14	250m: 3:07.53 37.21	350m: 4:25.19 38.66						
100m: 1:13.18 38.44	200m: 2:30.32 38.00	300m: 3:46.53 39.00	400m: 5:03.16 37.97						
8. Vladyslav, BABUSHKIN	09	Nautico Marinha Grande	5:04.57						338
50m: 34.16 34.16	150m: 1:51.65 39.11	250m: 3:10.29 39.19	350m: 4:27.49 38.50						
100m: 1:12.54 38.38	200m: 2:31.10 39.45	300m: 3:48.99 38.70	400m: 5:04.57 37.08						
DNS Rodrigo Oliveira, SANTOS	09	Alcobaca							DNS

Prova 14  
22/12/2024 - 11:43

Masc., 400m Livres

Junior MASC  
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024

Pontos: AQUA 2024

Lugar	Ano		Tempo final						Pts	
1. Tiago Santos, POMBO	08	Alcobaca	4:25.63						510	
50m: 29.25 29.25	150m: 1:36.78 34.47	250m: 2:45.45 33.89	350m: 3:53.84 33.95							
100m: 1:02.31 33.06	200m: 2:11.56 34.78	300m: 3:19.89 34.44	400m: 4:25.63 31.79							
2. Santiago Boica, SOUSA	08	Vieirense	4:25.96						508	
50m: 29.43 29.43	150m: 1:35.97 33.81	250m: 2:45.00 34.32	350m: 3:53.63 34.78							
100m: 1:02.16 32.73	200m: 2:10.68 34.71	300m: 3:18.85 33.85	400m: 4:25.96 32.33							
3. Diogo Coelho, JORDAO	08	Uniao Juncalense	4:47.93						400	
50m: 32.78 32.78	150m: 1:45.97 36.45	250m: 2:59.42 36.82	350m: 4:12.70 36.51							
100m: 1:09.52 36.74	200m: 2:22.60 36.63	300m: 3:36.19 36.77	400m: 4:47.93 35.23							
4. Diogo Barata, ALVES	08	Nautico Marinha Grande	5:02.37						345	
50m: 32.70 32.70	150m: 1:47.95 38.40	250m: 3:06.83 39.64	350m: 4:25.66 39.61							
100m: 1:09.55 36.85	200m: 2:27.19 39.24	300m: 3:46.05 39.22	400m: 5:02.37 36.71							
5. Andre Filipe, FERNANDES	07	Alcobaca	5:35.09						254	
50m: 37.85 37.85	150m: 2:01.71 41.84	250m: 3:27.20 43.11	350m: 4:54.24 43.76							
100m: 1:19.87 42.02	200m: 2:44.09 42.38	300m: 4:10.48 43.28	400m: 5:35.09 40.85							
EXH Afonso Matos, CORREIA	09	Nucleo de Pombal	5:01.45						349	EXH
50m: 33.47 33.47	150m: 1:51.08 39.08	250m: 3:09.94 39.09	350m: 4:25.01 36.94							
100m: 1:12.00 38.53	200m: 2:30.85 39.77	300m: 3:48.07 38.13	400m: 5:01.45 36.44							



Torneio Nadador Completo de Categorias  
Alcobaça, 21 - 22/12/2024

Prova 14, Masc., 400m Livres

Lugar			Ano			Tempo final				Pts		
EXH	Tomas Ferreira, CARVALHO		11	Ba-Leiria		6:04.45				197	EXH	
	50m:	38.69	38.69	150m:	2:11.27	46.76	250m:	3:45.85	47.67	350m:	5:21.52	47.44
	100m:	1:24.51	45.82	200m:	2:58.18	46.91	300m:	4:34.08	48.23	400m:	6:04.45	42.93
EXH	Andrey, POGOMIY		11	Ba-Leiria		6:10.89				187	EXH	
	50m:	39.62	39.62	150m:	2:14.97	47.99	250m:	3:51.28	48.22	350m:	5:27.51	47.76
	100m:	1:26.98	47.36	200m:	3:03.06	48.09	300m:	4:39.75	48.47	400m:	6:10.89	43.38
EXH	Mihail, ONCIU		12	Ba-Leiria		6:56.62				132	EXH	
	50m:	45.08	45.08	150m:	2:30.69	53.78	250m:	4:18.54	54.54	350m:	6:06.87	55.89
	100m:	1:36.91	51.83	200m:	3:24.00	53.31	300m:	5:10.98	52.44	400m:	6:56.62	49.75