



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

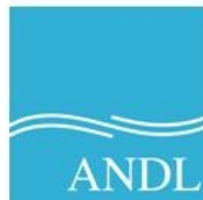
1 - 1ª Jornada - 1ª Sessão (manhã)

27/06/2026 - 9:00

Prova 1	Femin., 50m Livres				ABSOLUTOS
27/06/2026 - 9:00					Resultados
Rec Nac Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	2009
Rec Nac SEN	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	2009
Rec Nac 18	26.05	Ana Margarida, GUEDES	GCVR	Felqueiras	2018
Rec Nac 17	25.42	Carolina Miranda, FERNANDES	CGA	Albufeira	2021
Rec Nac JUV A	26.01	Eva Alexandra, COUTINHO	CMNPR	Vila Real	2025
Rec Nac JUV B	26.37	Carolina Miranda, FERNANDES	CGA	Albufeira	2019
Rec Nac INF A	26.85	Ana Margarida, GUEDES	GCVR	Bragança	2015
Rec Nac INF B	27.43	Marta Lopes, BRITES	CNPDL	Ponta Delgada	2019
Rec Dist SEN	26.44	Sara, CRUZ	ADBA		2025
Rec Dist 18	26.79	Sara, CRUZ	ADBA		2011
Rec Dist 17	27.33	Mariana, DIAS	ADBA		2008
Rec Dist JUV A	26.95	Sara, CRUZ	ADBA		2009
Rec Dist JUV B	27.60	Ariana, CARAPINHA	DNMG		2021
Rec Dist INF A	28.06	Vitoria, PEREIRA	ADBA		2022
Rec Dist INF B	28.67	Carlota, SANTOS	NDAP		2004
Rec Dist ABS	26.44	Sara, CRUZ	ADBA		2025

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts
1. Ines Mira, PINO	06	Pimpoes/Cimai	27.77	555
2. Leonor Vendima, COELHO	07	CNLeiria - VOID	28.18	531
3. Ana Claudia, FERREIRA	90	Alcobaca	29.14	480
4. Maria Carolina, ALVES	10	Ba Leiria / Sk Coffee	29.22	476
5. Elisa Henriques, SOUTO	10	Óbidos	29.66	456
6. Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	29.71	453
7. Zofie, PACHECO	09	Naval de Peniche	30.38	424
8. Isabela Maria, CARREIRA	11	Uniao Juncalense	31.98	363
9. Francisca Vieira, SILVA	13	Nucleo de Pombal	33.25	323
10. Avron Dawn, SANTOS	13	Vieirense	34.02	302
11. Matilde Santos, COUTINHO	07	Naval da Nazaré	34.57	288
EXH Mariana Santos, AFONSO	10	Naval de Peniche	29.54	461
EXH Beatriz Marques, GASPARG	11	Nautico Marinha Grande	29.90	445
EXH Mafalda Varela, BERNARDINO	12	Alcobaca	30.84	405
EXH Ines Pinto, MARTINS	12	Pimpoes/Cimai	31.00	399
EXH Renata Simoes, RATO	03	Ba Leiria / Sk Coffee	31.27	389
EXH Emma Henriques, SOUTO	13	Óbidos	31.79	370
EXH Margarida Soares, MAIA	11	Nautico Marinha Grande	32.03	362
EXH Julia Pinto, PINHEIRO	12	Pimpoes/Cimai	32.43	348
EXH Jessica Garcia, FERREIRA	12	Óbidos	33.80	308
EXH Matilde Mamede, CECILIO	13	Naval de Peniche	34.56	288
EXH Sara Machado, JANUARIO	13	Alcobaca	35.24	271



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Prova 1, Femin., 50m Livres

Lugar	Ano	Tempo final	Pts
EXH Eva Nunes, PEDROSA	09 Nucleo de Pombal	37.27	229
EXH Maria Leonor, OLIVEIRA	11 CNLeiria - VOID	37.92	218
EXH Joana Andre, MAIA	13 Uniao Juncalense	38.88	202
EXH Eva Vieira, SILVA	13 Nucleo de Pombal	39.39	194

Prova 2

Masc., 50m Livres

ABSOLUTOS

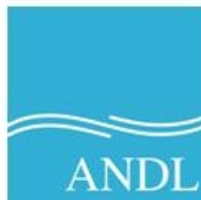
27/06/2026 - 9:06

Resultados

Rec Nac Open	21.15	Diogo Matos, RIBEIRO	SLB	Leiria	2025
Rec Nac SEN	21.15	Diogo Matos, RIBEIRO	SLB	Leiria	2025
Rec Nac 18	22.24	Miguel Duarte, NASCIMENTO	PORTIN	Porto	2012
Rec Nac 17	23.11	Henrique Martins, JOAQUIM	CNL	Leiria	2025
Rec Nac JUV A	23.06	Rodolfo Alecrim, ALECRIM	CNL	Tomar	2025
Rec Nac JUV B	23.37	Pedro Pereira, ALMEIDA	CE	Felgueiras	2026
Rec Nac INF A	25.17	Rodolfo Junior, ALECRIM	CNL-VOID	Óbidos	2024
Rec Nac INF B	26.65	Gabriel Jose, LOPES	CDL	Lousã	2010
Rec Dist SEN	22.45	Francisco, VIEIRA	CNL - VOID		2025
Rec Dist 18	23.75	Francisco, SANTOS	BSCN		2015
Rec Dist 17	23.11	Henrique, JOAQUIM	CNL - VOID		2025
Rec Dist JUV A	23.06	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist JUV B	23.41	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist INF A	25.17	Rodolfo, ALECRIM	CNL		2024
Rec Dist INF B	26.82	Vasco, ROCHA	DNMG		2025
Rec Dist ABS	22.45	Francisco, VIEIRA	CNL - VOID		2025

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Henrique Martins, JOAQUIM <i>Recorde Nacional</i>	09 CNLeiria - VOID	22.88	657
2. Miguel Vicente, SILVA	02 Nautico Marinha Grande	23.05	643
Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	23.05	643
4. Nuno Goncalo, SANTOS	96 Vieiraense	24.37	544
5. David Xavier, ALMEIDA	10 Ba Leiria / Sk Coffee	24.58	530
6. Brock Ammon, MERRELL	10 Naval de Peniche	25.79	459
7. Diogo Coelho, JORDAO	08 Alcobaca	26.04	446
8. Alexandre Afonso, SANTOS	09 Uniao Juncalense	27.09	396
9. Martim Piedade, SANTOS	12 Óbidos	27.58	375
10. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	28.08	355
11. Vladyslav, DVIRNYY	13 Nucleo de Pombal	30.17	286
DNS Tiago Amancio, LEAL	13 Naval de Peniche		
EXH Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	24.22	554
EXH Vidar Albert, JUNG	11 Nautico Marinha Grande	25.22	491
EXH Afonso Ferreira, REIS	10 Nautico Marinha Grande	26.05	445



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Prova 2, Masc., 50m Livres

Lugar	Ano	Tempo final	Pts
EXH Francisco Enes, ALVES	10 Ba Leiria / Sk Coffee	27.92	362
EXH Martin, SHEVCHUK	11 CNLeiria - VOID	28.73	332
EXH Miguel Nunes, DIAS	11 CNLeiria - VOID	28.89	326
EXH Marco Ferrador, PEREIRA	13 Nucleo de Pombal	31.86	243
EXH David Jorge, MACHADO	13 Vieiraense	33.13	216
EXH Rodrigo Jose, NEVES	12 Nucleo de Pombal	33.24	214
EXH Kaua Schuquel, BOFF	10 Vieiraense	50.00	63

Prova 3

Femin., 800m Livres

ABSOLUTOS

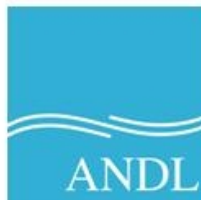
27/06/2026 - 9:12

Resultados

Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	2019
Rec Nac SEN	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	2019
Rec Nac 18	8:30.86	Tamila Hryhorivna, HOLUB	SCB	Moscovo (RUS)	2017
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac JUV A	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	2014
Rec Nac JUV B	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac INF A	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	1980
Rec Nac INF B	9:03.90	Alexandra Maria, SILVA	FCP	Porto	1980
Rec Dist SEN	9:06.42	Victoria, KAMINSKAYA	PIMP/ Cima		2015
Rec Dist 18	8:50.18	Filipa, RUIVO	ADBA		2014
Rec Dist 17	8:49.88	Inês, HENRIQUES	PIMP/ Cima		2017
Rec Dist JUV A	8:52.94	Filipa, RUIVO	DNMG		2012
Rec Dist JUV B	9:03.22	Filipa, RUIVO	DNMG		2011
Rec Dist INF A	9:11.83	Filipa, RUIVO	DNMG		2010
Rec Dist INF B	9:34.11	Filipa, RUIVO	DNMG		2009
Rec Dist ABS	8:49.88	Inês, HENRIQUES	PIMP/ Cima		2017

Pontos: AQUA 2025

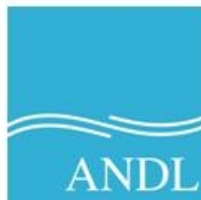
Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	9:20.40	618
50m: 30.91 30.91	250m: 2:50.17 35.16	450m: 5:11.00 34.66	650m: 7:34.00 35.78
100m: 1:05.11 34.20	300m: 3:25.57 35.40	500m: 5:46.39 35.39	700m: 8:10.11 36.11
150m: 1:39.62 34.51	350m: 4:01.20 35.63	550m: 6:22.14 35.75	750m: 8:45.87 35.76
200m: 2:15.01 35.39	400m: 4:36.34 35.14	600m: 6:58.22 36.08	800m: 9:20.40 34.53
2. Constanca Baptista, TOMAS	09 Alcobaca	9:32.25	580
50m: 31.00 31.00	250m: 2:52.78 35.98	450m: 5:18.06 36.70	650m: 7:44.91 36.69
100m: 1:05.62 34.62	300m: 3:28.84 36.06	500m: 5:54.70 36.64	700m: 8:21.29 36.38
150m: 1:41.04 35.42	350m: 4:04.99 36.15	550m: 6:31.43 36.73	750m: 8:57.20 35.91
200m: 2:16.80 35.76	400m: 4:41.36 36.37	600m: 7:08.22 36.79	800m: 9:32.25 35.05
3. Francisca Ramos, NUNES	09 Naval de Peniche	9:39.58	558
50m: 31.32 31.32	250m: 2:53.01 36.28	450m: 5:18.92 36.39	650m: 7:49.03 37.89
100m: 1:05.73 34.41	300m: 3:29.30 36.29	500m: 5:56.14 37.22	700m: 8:26.66 37.63
150m: 1:40.96 35.23	350m: 4:05.79 36.49	550m: 6:33.48 37.34	750m: 9:04.02 37.36
200m: 2:16.73 35.77	400m: 4:42.53 36.74	600m: 7:11.14 37.66	800m: 9:39.58 35.56



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Leiria, 27 - 28/6/2026

Prova 3, Femin., 800m Livres, ABSOLUTOS

Lugar			Ano				Tempo final		Pts			
4.	Maria Joao, VALA		11		Pimpoes/Cimai		9:51.26		526			
	50m:	33.43	33.43	250m:	3:01.10	36.72	450m:	5:28.88	37.11	650m:	7:59.00	37.72
	100m:	1:10.09	36.66	300m:	3:37.99	36.89	500m:	6:05.97	37.09	700m:	8:36.88	37.88
	150m:	1:47.37	37.28	350m:	4:14.51	36.52	550m:	6:43.44	37.47	750m:	9:14.36	37.48
	200m:	2:24.38	37.01	400m:	4:51.77	37.26	600m:	7:21.28	37.84	800m:	9:51.26	36.90
5.	Matilde Violante, VIANA		07		CNLeiria - VOID		10:00.96		501			
	50m:	32.11	32.11	250m:	2:58.86	38.08	450m:	5:31.42	38.13	650m:	8:05.92	38.95
	100m:	1:06.88	34.77	300m:	3:36.93	38.07	500m:	6:10.01	38.59	700m:	8:44.27	38.35
	150m:	1:43.30	36.42	350m:	4:15.01	38.08	550m:	6:48.46	38.45	750m:	9:22.92	38.65
	200m:	2:20.78	37.48	400m:	4:53.29	38.28	600m:	7:26.97	38.51	800m:	10:00.96	38.04
6.	Vida Sofia, VELEZ		10		Ba Leiria / Sk Coffee		10:02.89		496			
	50m:	33.96	33.96	250m:	3:01.80	36.68	450m:	5:35.54	39.02	650m:	8:10.64	38.18
	100m:	1:10.52	36.56	300m:	3:39.71	37.91	500m:	6:14.83	39.29	700m:	8:47.82	37.18
	150m:	1:48.07	37.55	350m:	4:17.78	38.07	550m:	6:53.51	38.68	750m:	9:25.92	38.10
	200m:	2:25.12	37.05	400m:	4:56.52	38.74	600m:	7:32.46	38.95	800m:	10:02.89	36.97
7.	Carlota Sa, SANTOS		11		Nucleo de Pombal		10:26.34		442			
	50m:	34.34	34.34	250m:	3:06.15	38.37	450m:	5:44.57	39.96	650m:	8:26.27	40.59
	100m:	1:11.36	37.02	300m:	3:45.22	39.07	500m:	6:24.97	40.40	700m:	9:06.72	40.45
	150m:	1:49.49	38.13	350m:	4:24.92	39.70	550m:	7:05.61	40.64	750m:	9:47.03	40.31
	200m:	2:27.78	38.29	400m:	5:04.61	39.69	600m:	7:45.68	40.07	800m:	10:26.34	39.31
8.	Emiliana Arruda, SARAIVA		12		Vieirense		10:47.44		400			
	50m:	34.35	34.35	250m:	3:11.67	39.41	450m:	5:57.26	41.53	650m:	8:46.30	41.64
	100m:	1:12.72	38.37	300m:	3:52.03	40.36	500m:	6:39.54	42.28	700m:	9:28.70	42.40
	150m:	1:52.30	39.58	350m:	4:33.85	41.82	550m:	7:21.90	42.36	750m:	10:10.13	41.43
	200m:	2:32.26	39.96	400m:	5:15.73	41.88	600m:	8:04.66	42.76	800m:	10:47.44	37.31
9.	Leonor Pereira, SILVA		10		Óbidos		10:53.05		390			
	50m:	33.83	33.83	250m:	3:13.02	41.12	450m:	6:03.15	41.84	650m:	8:52.31	41.65
	100m:	1:12.11	38.28	300m:	3:55.17	42.15	500m:	6:46.22	43.07	700m:	9:34.15	41.84
	150m:	1:51.83	39.72	350m:	4:38.04	42.87	550m:	7:28.47	42.25	750m:	10:15.49	41.34
	200m:	2:31.90	40.07	400m:	5:21.31	43.27	600m:	8:10.66	42.19	800m:	10:53.05	37.56
10.	Margarida Lopes, RODRIGUES		11		Uniao Juncalense		11:19.17		347			
	50m:	34.73	34.73	250m:	3:23.19	43.06	450m:	6:16.10	43.82	650m:	9:11.11	43.30
	100m:	1:14.72	39.99	300m:	4:06.90	43.71	500m:	6:59.74	43.64	700m:	9:54.65	43.54
	150m:	1:56.91	42.19	350m:	4:49.71	42.81	550m:	7:43.77	44.03	750m:	10:37.75	43.10
	200m:	2:40.13	43.22	400m:	5:32.28	42.57	600m:	8:27.81	44.04	800m:	11:19.17	41.42

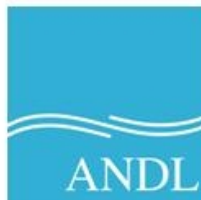


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 4	Masc., 1500m Livres				ABSOLUTOS
27/06/2026 - 9:36					Resultados
Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac 18	15:06.43	Rui Silva, PEREIRA	ADRCIMM	Leiria	2025
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	2009
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	2007
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	2023
Rec Nac INF A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	2014
Rec Nac INF B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	2013
Rec Dist SEN	16:07.71	Viktor, KOT	DNMG		2017
Rec Dist 18	15:11.25	Guilherme, PINA	BSCN		2015
Rec Dist 17	15:34.77	Guilherme, PINA	BSCN		2015
Rec Dist JUV A	16:01.00	Miguel, DIOGO	CNAL		2009
Rec Dist JUV B	16:17.27	André, RUIVO	DNMG		2004
Rec Dist INF A	16:13.14	André, RUIVO	DNMG		2014
Rec Dist INF B	17:11.29	André, RUIVO	DNMG		2013
Rec Dist ABS	15:11.25	Guilherme, PINA	BSCN		2015

Pontos: AQUA 2025

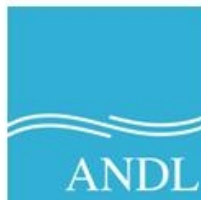
Lugar			Ano			Tempo final	Pts				
<b>1. Paulo, KOT</b>			<b>09</b>	<b>Nautico Marinha Grande</b>		<b>16:41.72</b>	<b>604</b>				
50m:	29.14	29.14	450m:	4:49.79	33.27	850m:	9:20.51	34.02	1250m:	13:53.81	33.53
100m:	1:00.99	31.85	500m:	5:23.12	33.33	900m:	9:54.75	34.24	1300m:	14:27.11	33.30
150m:	1:33.37	32.38	550m:	5:56.85	33.73	950m:	10:28.98	34.23	1350m:	15:01.18	34.07
200m:	2:05.67	32.30	600m:	6:30.86	34.01	1000m:	11:03.19	34.21	1400m:	15:35.31	34.13
250m:	2:38.27	32.60	650m:	7:04.75	33.89	1050m:	11:37.56	34.37	1450m:	16:09.03	33.72
300m:	3:11.04	32.77	700m:	7:38.46	33.71	1100m:	12:11.72	34.16	1500m:	16:41.72	32.69
350m:	3:43.62	32.58	750m:	8:12.54	34.08	1150m:	12:45.98	34.26			
400m:	4:16.52	32.90	800m:	8:46.49	33.95	1200m:	13:20.28	34.30			
<b>2. Rodrigo Cardoso, TOMAS</b>			<b>10</b>	<b>Alcobaca</b>		<b>17:02.86</b>	<b>567</b>				
50m:	28.38	28.38	450m:	4:54.25	34.76	850m:	9:33.57	34.86	1250m:	14:10.66	35.07
100m:	1:00.43	32.05	500m:	5:29.55	35.30	900m:	10:08.27	34.70	1300m:	14:45.55	34.89
150m:	1:33.53	33.10	550m:	6:04.15	34.60	950m:	10:42.89	34.62	1350m:	15:20.21	34.66
200m:	2:06.26	32.73	600m:	6:38.87	34.72	1000m:	11:17.55	34.66	1400m:	15:54.90	34.69
250m:	2:39.07	32.81	650m:	7:13.66	34.79	1050m:	11:51.88	34.33	1450m:	16:29.45	34.55
300m:	3:11.84	32.77	700m:	7:48.77	35.11	1100m:	12:26.19	34.31	1500m:	17:02.86	33.41
350m:	3:45.19	33.35	750m:	8:23.61	34.84	1150m:	13:00.98	34.79			
400m:	4:19.49	34.30	800m:	8:58.71	35.10	1200m:	13:35.59	34.61			
<b>3. Santiago Marques, GOMES</b>			<b>09</b>	<b>Ba Leiria / Sk Coffee</b>		<b>17:27.37</b>	<b>528</b>				
50m:	29.18	29.18	450m:	5:02.48	34.80	850m:	9:44.23	35.80	1250m:	14:31.05	35.88
100m:	1:01.56	32.38	500m:	5:37.47	34.99	900m:	10:20.07	35.84	1300m:	15:07.27	36.22
150m:	1:35.73	34.17	550m:	6:12.12	34.65	950m:	10:55.86	35.79	1350m:	15:42.26	34.99
200m:	2:09.83	34.10	600m:	6:47.17	35.05	1000m:	11:30.97	35.11	1400m:	16:17.77	35.51
250m:	2:43.88	34.05	650m:	7:22.47	35.30	1050m:	12:07.05	36.08	1450m:	16:53.22	35.45
300m:	3:18.27	34.39	700m:	7:57.84	35.37	1100m:	12:42.71	35.66	1500m:	17:27.37	34.15
350m:	3:53.20	34.93	750m:	8:32.87	35.03	1150m:	13:18.62	35.91			
400m:	4:27.68	34.48	800m:	9:08.43	35.56	1200m:	13:55.17	36.55			



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 4, Masc., 1500m Livres, ABSOLUTOS

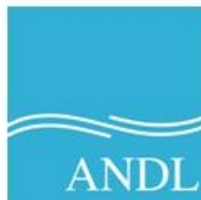
Lugar	Ano	Tempo final	Pts
4. Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	17:32.01	521
50m: 30.75 30.75	450m: 5:07.25 35.28	850m: 9:49.25 35.42	1250m: 14:34.14 35.66
100m: 1:03.82 33.07	500m: 5:42.71 35.46	900m: 10:25.07 35.82	1300m: 15:09.61 35.47
150m: 1:37.66 33.84	550m: 6:18.11 35.40	950m: 11:00.60 35.53	1350m: 15:45.27 35.66
200m: 2:12.15 34.49	600m: 6:53.06 34.95	1000m: 11:36.13 35.53	1400m: 16:21.13 35.86
250m: 2:46.78 34.63	650m: 7:28.08 35.02	1050m: 12:11.45 35.32	1450m: 16:56.59 35.46
300m: 3:21.47 34.69	700m: 8:03.05 34.97	1100m: 12:47.43 35.98	1500m: 17:32.01 35.42
350m: 3:56.72 35.25	750m: 8:38.37 35.32	1150m: 13:22.85 35.42	
400m: 4:31.97 35.25	800m: 9:13.83 35.46	1200m: 13:58.48 35.63	
5. Martim Duarte, ROQUE	11 CNLeiria - VOID	17:43.14	505
50m: 29.81 29.81	450m: 5:03.61 34.82	850m: 9:49.15 36.40	1250m: 14:35.28 36.35
100m: 1:02.43 32.62	500m: 5:38.53 34.92	900m: 10:25.07 35.92	1300m: 15:12.79 37.51
150m: 1:36.08 33.65	550m: 6:13.66 35.13	950m: 11:00.89 35.82	1350m: 15:50.83 38.04
200m: 2:10.37 34.29	600m: 6:49.45 35.79	1000m: 11:35.65 34.76	1400m: 16:28.58 37.75
250m: 2:44.99 34.62	650m: 7:25.54 36.09	1050m: 12:11.50 35.85	1450m: 17:06.51 37.93
300m: 3:19.27 34.28	700m: 8:01.29 35.75	1100m: 12:47.26 35.76	1500m: 17:43.14 36.63
350m: 3:53.90 34.63	750m: 8:36.98 35.69	1150m: 13:23.00 35.74	
400m: 4:28.79 34.89	800m: 9:12.75 35.77	1200m: 13:58.93 35.93	
6. Nuno Goncalo, SANTOS	96 Vieiraense	18:11.89	466
50m: 28.61 28.61	450m: 5:07.74 37.66	850m: 10:05.64 37.57	1250m: 15:07.30 37.81
100m: 1:00.41 31.80	500m: 5:45.15 37.41	900m: 10:43.58 37.94	1300m: 15:44.50 37.20
150m: 1:33.32 32.91	550m: 6:22.19 37.04	950m: 11:21.14 37.56	1350m: 16:22.02 37.52
200m: 2:06.55 33.23	600m: 6:59.15 36.96	1000m: 11:58.81 37.67	1400m: 16:59.98 37.96
250m: 2:41.32 34.77	650m: 7:36.61 37.46	1050m: 12:36.51 37.70	1450m: 17:36.43 36.45
300m: 3:17.16 35.84	700m: 8:13.81 37.20	1100m: 13:14.82 38.31	1500m: 18:11.89 35.46
350m: 3:53.83 36.67	750m: 8:50.88 37.07	1150m: 13:52.20 37.38	
400m: 4:30.08 36.25	800m: 9:28.07 37.19	1200m: 14:29.49 37.29	
7. David Ferrador, PEREIRA	09 Nucleo de Pombal	18:39.98	432
50m: 30.72 30.72	450m: 5:17.88 37.42	850m: 10:23.45 39.19	1250m: 15:33.04 38.47
100m: 1:04.55 33.83	500m: 5:55.29 37.41	900m: 11:02.66 39.21	1300m: 16:11.54 38.50
150m: 1:39.32 34.77	550m: 6:32.83 37.54	950m: 11:41.64 38.98	1350m: 16:49.57 38.03
200m: 2:14.58 35.26	600m: 7:10.56 37.73	1000m: 12:20.28 38.64	1400m: 17:28.04 38.47
250m: 2:50.45 35.87	650m: 7:48.31 37.75	1050m: 12:58.92 38.64	1450m: 18:04.97 36.93
300m: 3:26.62 36.17	700m: 8:26.90 38.59	1100m: 13:37.19 38.27	1500m: 18:39.98 35.01
350m: 4:03.53 36.91	750m: 9:05.38 38.48	1150m: 14:16.31 39.12	
400m: 4:40.46 36.93	800m: 9:44.26 38.88	1200m: 14:54.57 38.26	
8. Sebastian, PACHECO	12 Naval de Peniche	19:00.05	409
50m: 32.25 32.25	450m: 5:33.77 38.39	850m: 10:40.67 38.32	1250m: 15:49.85 38.73
100m: 1:08.56 36.31	500m: 6:12.15 38.38	900m: 11:18.91 38.24	1300m: 16:29.19 39.34
150m: 1:45.69 37.13	550m: 6:50.69 38.54	950m: 11:57.55 38.64	1350m: 17:08.62 39.43
200m: 2:22.94 37.25	600m: 7:29.22 38.53	1000m: 12:36.24 38.69	1400m: 17:46.15 37.53
250m: 3:00.83 37.89	650m: 8:07.63 38.41	1050m: 13:14.62 38.38	1450m: 18:24.03 37.88
300m: 3:38.91 38.08	700m: 8:45.92 38.29	1100m: 13:53.09 38.47	1500m: 19:00.05 36.02
350m: 4:17.26 38.35	750m: 9:24.02 38.10	1150m: 14:31.95 38.86	
400m: 4:55.38 38.12	800m: 10:02.35 38.33	1200m: 15:11.12 39.17	



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 4, Masc., 1500m Livres, ABSOLUTOS

Lugar			Ano				Tempo final	Pts
9.	Eduardo Martim, CARMO		11	Óbidos		21:37.05	278	
	50m:	34.38 34.38	450m:	6:09.29 43.97	850m:	12:05.71 46.07	1250m:	18:03.47 45.52
	100m:	1:12.49 38.11	500m:	6:53.30 44.01	900m:	12:50.09 44.38	1300m:	18:47.27 43.80
	150m:	1:52.64 40.15	550m:	7:37.60 44.30	950m:	13:34.63 44.54	1350m:	19:30.58 43.31
	200m:	2:33.54 40.90	600m:	8:21.56 43.96	1000m:	14:19.60 44.97	1400m:	20:14.21 43.63
	250m:	3:15.44 41.90	650m:	9:05.30 43.74	1050m:	15:02.52 42.92	1450m:	20:58.86 44.65
	300m:	3:57.88 42.44	700m:	9:51.51 46.21	1100m:	15:48.02 45.50	1500m:	21:37.05 38.19
	350m:	4:40.97 43.09	750m:	10:35.46 43.95	1150m:	16:32.98 44.96		
	400m:	5:25.32 44.35	800m:	11:19.64 44.18	1200m:	17:17.95 44.97		
10.	Joao Santos, DURAO		10	Uniao Juncalense		22:19.53	252	
	50m:	37.15 37.15	450m:	6:32.96 45.82	850m:	12:34.12 44.69	1250m:	18:35.54 44.95
	100m:	1:18.61 41.46	500m:	7:18.68 45.72	900m:	13:19.19 45.07	1300m:	19:20.42 44.88
	150m:	2:02.18 43.57	550m:	8:03.97 45.29	950m:	14:04.44 45.25	1350m:	20:05.24 44.82
	200m:	2:47.02 44.84	600m:	8:49.12 45.15	1000m:	14:49.90 45.46	1400m:	20:50.02 44.78
	250m:	3:31.43 44.41	650m:	9:34.41 45.29	1050m:	15:35.25 45.35	1450m:	21:34.96 44.94
	300m:	4:16.06 44.63	700m:	10:20.06 45.65	1100m:	16:20.51 45.26	1500m:	22:19.53 44.57
	350m:	5:01.39 45.33	750m:	11:04.42 44.36	1150m:	17:05.48 44.97		
	400m:	5:47.14 45.75	800m:	11:49.43 45.01	1200m:	17:50.59 45.11		

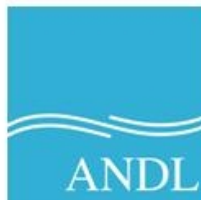


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Prova 5	Femin., 100m Costas				ABSOLUTOS
27/06/2026 - 10:21					Resultados
Rec Nac Open	57.79	Camila Rodrigues, REBELO	POR	Lublin (POL)	2025
Rec Nac SEN	57.79	Camila Rodrigues, REBELO	POR	Lublin (POL)	2025
Rec Nac 18	58.65	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	2019
Rec Nac 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	2019
Rec Nac JUV A	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	2013
Rec Nac JUV B	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	2011
Rec Nac INF A	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	2011
Rec Nac INF B	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	2016
Rec Dist SEN	1:04.72	Andreia, ANJOS	ADBA		2010
Rec Dist 18	1:03.11	Andreia, ANJOS	ADBA		2009
Rec Dist 17	1:04.60	Ariana, CARAPINHA	ADBA		2022
Rec Dist JUV A	1:04.17	Maria, AMADO	DNMG		2019
Rec Dist JUV B	1:04.55	Ariana, CARAPINHA	DNMG		2021
Rec Dist INF A	1:04.49	Maria, AMADO	SANDL		2018
Rec Dist INF B	1:07.26	Maria, AMADO	ADBA		2017
Rec Dist ABS	1:03.11	Andreia, ANJOS	ADBA		2009

Pontos: AQUA 2025

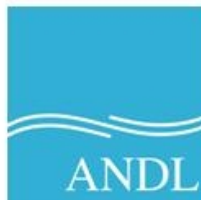
Lugar			Ano			Tempo final	Pts
1.	Joana Rosa, FERREIRA		05	CNLeiria - VOID		1:10.36	452
	50m: 33.70 33.70	100m: 1:10.36		36.66			
2.	Ines Apolinario, SOARES		03	Pimpoes/Cimai		1:11.43	432
	50m: 34.07 34.07	100m: 1:11.43		37.36			
3.	Ana Margarida, MARQUES		09	Ba Leiria / Sk Coffee		1:11.73	427
	50m: 34.46 34.46	100m: 1:11.73		37.27			
4.	Safira Pedro, FONSECA		12	Vieirense		1:12.91	406
	50m: 34.91 34.91	100m: 1:12.91		38.00			
5.	Rita Rocha, SILVA		08	Alcobaca		1:14.43	382
	50m: 35.65 35.65	100m: 1:14.43		38.78			
6.	Luna Francisco, PEREIRA		12	Nucleo de Pombal		1:14.70	378
	50m: 36.33 36.33	100m: 1:14.70		38.37			
7.	Constanca Santos, COUTINHO		12	Naval da Nazaré		1:16.64	350
	50m: 36.66 36.66	100m: 1:16.64		39.98			
8.	Matilde Pinto, ANTUNES		11	Naval de Peniche		1:16.79	348
	50m: 37.51 37.51	100m: 1:16.79		39.28			
9.	Maria Luisa, CASTILLO		13	Nautico Marinha Grande		1:19.81	310
	50m: 38.77 38.77	100m: 1:19.81		41.04			
10.	Sofia Guilherme, CABREIRA		13	Óbidos		1:23.74	268
	50m: 41.34 41.34	100m: 1:23.74		42.40			
11.	Maria Antonia, VAZAO		12	Uniao Juncalense		1:30.90	209
	50m: 44.37 44.37	100m: 1:30.90		46.53			
DNS	Maria Leal, ALVES		13	Alcobaca			



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Prova 5, Femin., 100m Costas, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
DNS Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID		
EXH Beatriz Julio, CORREIA	12 CNLeiria - VOID	1:14.81	376
50m: 36.11 36.11 100m: 1:14.81 38.70			
EXH Benedita Nunes, FELIX	12 Pimpoes/Cimai	1:17.74	335
50m: 37.45 37.45 100m: 1:17.74 40.29			
EXH Guiomar Dionisio, CARREIRA	12 Pimpoes/Cimai	1:20.25	305
50m: 38.78 38.78 100m: 1:20.25 41.47			
EXH Leonor Pinto, ROSARIO	13 Nautico Marinha Grande	1:23.16	274
50m: 40.07 40.07 100m: 1:23.16 43.09			
EXH Maria Joao, OLIVEIRA	13 Alcobaca	1:23.74	268
50m: 41.08 41.08 100m: 1:23.74 42.66			
EXH Carolina Matos, CORREIA	12 Nucleo de Pombal	1:25.01	256
50m: 41.41 41.41 100m: 1:25.01 43.60			
EXH Matilde Vitorino, FERREIRA	11 Naval de Peniche	1:25.57	251
50m: 42.37 42.37 100m: 1:25.57 43.20			
EXH Avron Dawn, SANTOS	13 Vieiraense	1:26.10	246
50m: 43.27 43.27 100m: 1:26.10 42.83			
EXH Kelly Simao, COSTA	11 Óbidos	1:27.00	239
50m: 42.35 42.35 100m: 1:27.00 44.65			
EXH Mariana Silva, CONCEICAO	11 Uniao Juncalense	1:27.97	231
50m: 42.95 42.95 100m: 1:27.97 45.02			
EXH Ana Sofia, SILVA	13 Naval de Peniche	1:29.58	219
50m: 43.69 43.69 100m: 1:29.58 45.89			
EXH Eva Vieira, SILVA	13 Nucleo de Pombal	1:32.88	196
50m: 46.14 46.14 100m: 1:32.88 46.74			
EXH Maria Leonor, FERREIRA	12 Óbidos	1:33.00	195
50m: 43.72 43.72 100m: 1:33.00 49.28			
EXH Maria Lopes, ESPERANCA	11 Uniao Juncalense	1:36.49	175
50m: 46.58 46.58 100m: 1:36.49 49.91			

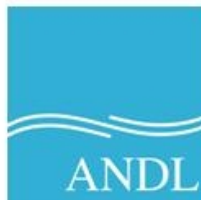


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 6	Masc., 100m Costas					ABSOLUTOS
27/06/2026 - 10:36						Resultados
Rec Nac Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022	
Rec Nac SEN	50.82	Gabriel Jose, LOPES	ALN	Leiria	2022	
Rec Nac 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	2009	
Rec Nac 17	53.79	Miguel Reis, OLIVEIRA	VSC	Quarteira	2025	
Rec Nac JUV A	55.99	Miguel Reis, OLIVEIRA	VSC	Albufeira	2024	
Rec Nac JUV B	55.91	Pedro Pereira, ALMEIDA	CE	Felgueiras	2026	
Rec Nac INF A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	2017	
Rec Nac INF B	1:04.13	Miguel Reis, OLIVEIRA	SCB	Braga	2022	
Rec Dist SEN	55.12	Viktor, KOT	DNMG		2018	
Rec Dist 18	55.84	Mikhael, ONUTSKY	PIMP		2026	
Rec Dist 17	56.60	Mikhael, ONUTSKYY	PIMP/ Cima		2024	
Rec Dist JUV A	57.04	Mikhael, ONUTSKYY	PIMP/ Cima		2024	
Rec Dist JUV B	59.19	Ricardo, SILVA	DNMG		2018	
Rec Dist INF A	59.50	Ricardo, SILVA	DNMG		2017	
Rec Dist INF B	1:04.99	António, JORGE	CNAL		2023	
Rec Dist ABS	55.12	Viktor, KOT	DNMG		2018	

Pontos: AQUA 2025

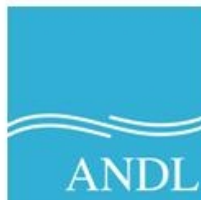
Lugar			Ano			Tempo final	Pts
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai		55.45	662
	<i>Recorde Distrital</i>						
	50m:	26.99 26.99	100m:	55.45	28.46		
2.	Francisco Ribeiro, VIEIRA		04	CNLeiria - VOID		56.62	621
	50m:	27.08 27.08	100m:	56.62	29.54		
3.	Leonardo Jose, CRUZ		07	Alcobaca		59.78	528
	50m:	28.75 28.75	100m:	59.78	31.03		
4.	Dinis Lamas, SANTOS		10	Ba Leiria / Sk Coffee		1:01.82	477
	50m:	29.35 29.35	100m:	1:01.82	32.47		
5.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande		1:02.52	461
	50m:	30.10 30.10	100m:	1:02.52	32.42		
6.	David Ferrador, PEREIRA		09	Nucleo de Pombal		1:08.00	359
	50m:	32.26 32.26	100m:	1:08.00	35.74		
7.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré		1:09.99	329
	50m:	33.01 33.01	100m:	1:09.99	36.98		
8.	Martim Mota, PATRICIO		13	Vieirense		1:13.05	289
	50m:	35.37 35.37	100m:	1:13.05	37.68		
9.	Bruno Garcia, MILITAO		11	Óbidos		1:13.67	282
	50m:	34.88 34.88	100m:	1:13.67	38.79		
10.	Tiago Daniel, POVOA		08	Uniao Juncalense		1:19.74	222
	50m:	37.98 37.98	100m:	1:19.74	41.76		
11.	Afonso Monteiro, GOMES		13	Naval de Peniche		1:23.11	196
	50m:	39.76 39.76	100m:	1:23.11	43.35		



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Prova 6, Masc., 100m Costas, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
DNS Gabriel Cadete, RODRIGUES	11 Nucleo de Pombal		
DNS Mykhailo, KOTENKO	13 Uniao Juncalense		
EXH Joao Daniel, SANTOS	12 Alcobaca	1:02.29	467
50m: 30.09 30.09	100m: 1:02.29 32.20		
EXH Lucas Costa, JESUS	10 Nautico Marinha Grande	1:04.91	412
50m: 30.95 30.95	100m: 1:04.91 33.96		
EXH Xinyang, CHENG	09 Nautico Marinha Grande	1:05.33	404
50m: 31.43 31.43	100m: 1:05.33 33.90		
EXH Dinis Morgado, FERREIRA	11 Ba Leiria / Sk Coffee	1:14.20	276
50m: 35.22 35.22	100m: 1:14.20 38.98		
EXH Duarte Costa, MADEIRA	12 Alcobaca	1:14.89	268
50m: 35.61 35.61	100m: 1:14.89 39.28		
EXH Rodrigo Jose, NEVES	12 Nucleo de Pombal	1:24.41	187
50m: 41.55 41.55	100m: 1:24.41 42.86		
EXH Miguel Sales, ERVILHA	12 CNLeiria - VOID	1:24.91	184
50m: 41.95 41.95	100m: 1:24.91 42.96		
EXH David Jorge, MACHADO	13 Vieiraense	1:27.45	168
50m: 41.68 41.68	100m: 1:27.45 45.77		
EXH Gabriel Bernardo, ALEXANDRE	13 Uniao Juncalense	1:40.65	110
50m: 48.04 48.04	100m: 1:40.65 52.61		

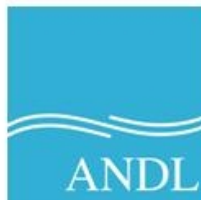


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Prova 7	Femin., 200m Mariposa				ABSOLUTOS
27/06/2026 - 10:48					Resultados
Rec Nac Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac SEN	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	2018
Rec Nac 18	2:11.46	Mariana Pacheco, CUNHA	CNCE	Leiria	2022
Rec Nac 17	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	2009
Rec Nac JUV A	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	1996
Rec Nac JUV B	2:17.51	Raquel Maria, FELGUEIRAS	SCB	Algés	1995
Rec Nac INF A	2:18.29	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac INF B	2:20.28	Carolina Miranda, FERNANDES	CGA	Condeixa	2018
Rec Dist SEN	2:12.25	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	2:15.41	Inês, HENRIQUES	PIMP/ Cima		2018
Rec Dist 17	2:10.12	Sara, CRUZ	ADBA		2009
Rec Dist JUV A	2:18.56	Inês, HENRIQUES	PIMP/ Cima		2015
Rec Dist JUV B	2:20.70	Giovanna, VARGAS	DNMG		2015
Rec Dist INF A	2:21.00	Giovanna, VARGAS	DNMG		2014
Rec Dist INF B	2:27.22	Giovanna, VARGAS	DNMG		2013
Rec Dist ABS	2:10.12	Sara, CRUZ	ADBA		2009

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Ana Claudia, FERREIRA	90	Alcobaca			2:26.41	541
	50m: 33.08 33.08	100m: 1:09.81	36.73	150m: 1:47.96	38.15	200m: 2:26.41	38.45
2.	Laura Samora, GONCALVES	10	CNLeiria - VOID			2:31.52	488
	50m: 33.13 33.13	100m: 1:11.32	38.19	150m: 1:51.28	39.96	200m: 2:31.52	40.24
3.	Leonor Mota, ALVES	11	Nautico Marinha Grande			2:32.89	475
	50m: 34.35 34.35	100m: 1:13.27	38.92	150m: 1:52.71	39.44	200m: 2:32.89	40.18
4.	Constanca Rolim, PEDRO	10	Ba Leiria / Sk Coffee			2:38.97	422
	50m: 34.83 34.83	100m: 1:14.71	39.88	150m: 1:56.40	41.69	200m: 2:38.97	42.57
5.	Laura Krempel, VARELA	12	Pimpoes/Cimai			2:46.21	369
	50m: 34.68 34.68	100m: 1:16.52	41.84	150m: 2:01.90	45.38	200m: 2:46.21	44.31
6.	Anastasiya, PRYMACHENKO	11	Nucleo de Pombal			2:55.81	312
	50m: 35.71 35.71	100m: 1:19.03	43.32	150m: 2:07.16	48.13	200m: 2:55.81	48.65
7.	Anjali, RAICAR	09	Naval de Peniche			3:09.80	248
	50m: 38.00 38.00	100m: 1:25.19	47.19	150m: 2:15.95	50.76	200m: 3:09.80	53.85
8.	Lara Sofia, MARCELINO	13	Vieirense			3:12.87	236
	50m: 40.58 40.58	100m: 1:30.31	49.73	150m: 2:22.51	52.20	200m: 3:12.87	50.36
9.	Erica Felix, RODRIGUES	11	Uniao Juncalense			3:21.13	208
	50m: 40.96 40.96	100m: 1:31.05	50.09	150m: 2:25.83	54.78	200m: 3:21.13	55.30
EXH	Marta Cabete, GOMES	08	CNLeiria - VOID			2:57.62	303
	50m: 34.75 34.75	100m: 1:15.86	41.11	150m: 2:03.81	47.95	200m: 2:57.62	53.81
EXH	Carminho Traquina, ANDRE	12	Alcobaca			3:02.39	279
	50m: 38.46 38.46	100m: 1:25.29	46.83	150m: 2:13.69	48.40	200m: 3:02.39	48.70



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 7, Femin., 200m Mariposa

Lugar	Ano	Tempo final	Pts
EXH Rita Alexandra, JORDAO	12 Uniao Juncalense	3:18.23	218
50m: 40.14 40.14	100m: 1:30.87 50.73	150m: 2:24.54 53.67	200m: 3:18.23 53.69

Prova 8

Masc., 200m Mariposa

ABSOLUTOS

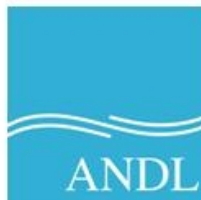
27/06/2026 - 10:59

Resultados

Rec Nac Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac SEN	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac 18	1:58.64	Diogo Filipe, CARVALHO	CGA	Tomar	2005
Rec Nac 17	1:59.93	Diogo Filipe, CARVALHO	CGA	Mealhada	2005
Rec Nac JUV A	2:03.38	Diogo Parrilha da, SILVA	CNAL	Alcobaça	2009
Rec Nac JUV B	2:06.17	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019
Rec Nac INF A	2:12.42	Tomas Miquel, FREITAS	CDN	Funchal	2004
Rec Nac INF B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazaré	2013
Rec Dist SEN	2:04.37	Miguel, DIOGO	CNAL		2012
Rec Dist 18	2:02.02	Miguel, DIOGO	CNAL		2011
Rec Dist 17	2:02.88	Miguel, DIOGO	CNAL		2009
Rec Dist JUV A	2:03.38	Diogo, SILVA	CNAL		2009
Rec Dist JUV B	2:09.05	Tomás, FERREIRA	ADBA		2023
Rec Dist INF A	2:15.46	André, RUIVO	DNMG		2014
Rec Dist INF B	2:19.18	André, RUIVO	DNMG		2013
Rec Dist ABS	2:02.02	Miguel, DIOGO	CNAL		2011

Pontos: AQUA 2025

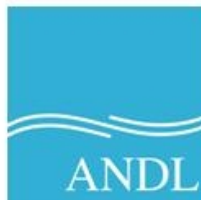
Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:04.84	626
50m: 27.48 27.48	100m: 58.48 31.00	150m: 1:30.89 32.41	200m: 2:04.84 33.95
2. Luca Valentino, TONA	06 Pimpoes/Cimai	2:05.11	622
50m: 28.13 28.13	100m: 59.32 31.19	150m: 1:31.82 32.50	200m: 2:05.11 33.29
3. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	2:09.65	559
50m: 28.30 28.30	100m: 1:00.16 31.86	150m: 1:33.89 33.73	200m: 2:09.65 35.76
4. Tiago Santos, POMBO	08 Alcobaca	2:15.19	493
50m: 29.93 29.93	100m: 1:04.81 34.88	150m: 1:40.01 35.20	200m: 2:15.19 35.18
5. Joao Moura, FRANCISCO	07 CNLeiria - VOID	2:15.28	492
50m: 28.78 28.78	100m: 1:01.96 33.18	150m: 1:37.42 35.46	200m: 2:15.28 37.86
6. Nuno Goncalo, SANTOS	96 Vieiraense	2:22.96	417
50m: 30.99 30.99	100m: 1:06.64 35.65	150m: 1:44.11 37.47	200m: 2:22.96 38.85
7. Gabriel Sousa, GOMES	12 Óbidos	2:47.05	261
50m: 36.94 36.94	100m: 1:19.26 42.32	150m: 2:03.15 43.89	200m: 2:47.05 43.90
8. Simao Pedro, MARQUES	11 Uniao Juncalense	2:50.41	246
50m: 32.56 32.56	100m: 1:11.72 39.16	150m: 1:59.51 47.79	200m: 2:50.41 50.90



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 8, Masc., 200m Mariposa, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
9. Joao Pedro, CRUZ	11	3:13.72	167
50m: 40.76 40.76 100m: 1:31.57 50.81 150m: 2:24.49 52.92 200m: 3:13.72 49.23			
DSQ Afonso Nunes, MARCELINO	08		
<i>o atleta não concluiu a distância da prova</i>			
DNS Alexandre Botas, RIBEIRO	13		
CNLeiria - VOID			
EXH Pedro Souza, SILVA	10	2:09.88	556
50m: 28.97 28.97 100m: 1:01.81 32.84 150m: 1:35.75 33.94 200m: 2:09.88 34.13			
EXH Joao Piteira, GAIOLAS	10	2:20.79	437
50m: 30.25 30.25 100m: 1:05.64 35.39 150m: 1:43.13 37.49 200m: 2:20.79 37.66			
EXH Tomas Marques, FRANCISCO	10	2:24.47	404
50m: 30.32 30.32 100m: 1:05.76 35.44 150m: 1:43.51 37.75 200m: 2:24.47 40.96			
EXH Francisco Lourenco, PEDROSA	10	2:25.18	398
50m: 32.16 32.16 100m: 1:08.76 36.60 150m: 1:47.23 38.47 200m: 2:25.18 37.95			
EXH Luis Pedro, VALERIO	09	2:25.29	397
50m: 32.30 32.30 100m: 1:09.11 36.81 150m: 1:46.43 37.32 200m: 2:25.29 38.86			
EXH Francisco Antonio, SIMOES	10	2:33.77	335
50m: 33.17 33.17 100m: 1:11.92 38.75 150m: 1:53.57 41.65 200m: 2:33.77 40.20			
EXH Tomas Vieira, FIGUEIREDO	12	2:52.65	237
50m: 35.93 35.93 100m: 1:18.50 42.57 150m: 2:04.86 46.36 200m: 2:52.65 47.79			

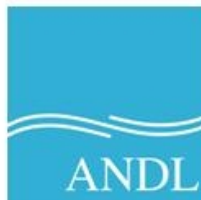


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 9	Femin., 4 x 100m Estilos				ABSOLUTOS
27/06/2026 - 11:20					Resultados
Rec Nac Open	4:05.43	Sporting Clube de Portugal	SCP	Quarteira	2025
Rec Nac JUN	4:17.80	tempo limite			1800
Rec Nac JUV A	4:27.13	Clube dos Galitos / Bresimar	CGA	Mealhada	2026
Rec Nac 15 - 16	4:27.13	Clube dos Galitos / Bresimar	CGA	Mealhada	2026
Rec Nac JUV B	4:29.46	Sporting Clube de Portugal	SCP	Algés	2019
Rec Nac INF A	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	2006
Rec Nac 13 - 14	4:33.40	tempo limite			1800
Rec Nac INF B	4:40.29	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu	2011
Rec Nac ABS	4:05.43	Sporting Clube de Portugal	FCP	Quarteira	2025
Rec Dist	4:19.92	ADBA	ADBA	St.º Ant.º Cavaleiros	2009

Pontos: AQUA 2025

Lugar					Tempo final	Pts	
1.	Alcobaca 1		Alcobaca		4:36.89	504	
	Francisca Moreira, FELICIANO	+0,69	34.84	1:11.50	Ana Claudia, FERREIRA	30.82	1:05.81
	Rita Rocha, SILVA		36.20	1:17.44	Constanca Baptista, TOMAS	30.21	1:02.14
2.	CNLeiria - VOID 1		CNLeiria - VOID		4:38.47	495	
	Joana Rosa, FERREIRA	+0,68	34.67	1:12.21	Laura Samora, GONCALVES	32.14	1:09.59
	Sofia Roma, BRIZIDA		36.55	1:17.24	Leonor Vendima, COELHO	28.57	59.43
3.	Pimpoes/Cimai 1		Pimpoes/Cimai		4:39.42	490	
	Maria Joao, VALA	+0,74	33.74	1:09.24	Ines Mira, PINO	30.84	1:05.80
	Camila Silva, CHAMUSCO		36.18	1:20.28	Debora Silva, INACIO	30.57	1:04.10
4.	Nautico Marinha Grande 1		Nautico Marinha Grande		4:43.08	472	
	Luana Ferreira, CRAVEIRO	09	34.99	1:13.07	Leonor Mota, ALVES	11 32.46	1:09.52
	Margarida Correia, MADEIRA	06	35.85	1:16.36	Bruna Silva, MOITEIRO	04 30.77	1:04.13
5.	Ba Leiria / Sk Coffee 1		Ba Leiria / Sk Coffee		4:53.25	424	
	Vida Sofia, VELEZ	+0,76	35.77	1:12.12	Ana Margarida, MARQUES	32.99	1:13.45
	Renata Simoes, RATO		38.42	1:23.19	Maria Carolina, ALVES	30.32	1:04.49
6.	Nucleo de Pombal 1		Nucleo de Pombal		5:04.94	377	
	Luna Francisco, PEREIRA	+0,68	36.15	1:14.22	Carlota Sa, SANTOS	33.82	1:14.52
	Francisca Vieira, SILVA		43.12	1:32.28	Anastasiya, PRYMACHENKO	30.75	1:03.92
7.	Óbidos 1		Óbidos		5:19.18	329	
	Elisa Henriques, SOUTO	+0,69	36.21	1:13.64	Leonor Pereira, SILVA	33.76	1:21.73
	Maria Leonor, FERREIRA		43.85	1:33.49	Emma Henriques, SOUTO	32.38	1:10.32
8.	Vieirense 1		Vieirense		5:25.00	311	
	Safira Pedro, FONSECA	+0,66	36.14	1:15.54	Lara Sofia, MARCELINO	39.39	1:26.81
	Emiliana Arruda, SARAIVA		40.71	1:28.60	Rita Francisco, SIMOES	33.95	1:14.05
9.	Uniao Juncalense 1		Uniao Juncalense		5:37.40	278	
	Margarida Lopes, RODRIGUES	+0,63	37.94	1:18.92	Erica Felix, RODRIGUES	39.10	1:25.66
	Isabela Maria, CARREIRA		41.19	1:29.01	Maria Lopes, ESPERANCA	39.39	1:23.81
DSQ	Naval de Peniche 1		Naval de Peniche				
	<i>Falsa Partida</i>						
	Mariana Santos, AFONSO, Rafaela Santos, AFONSO, Francisca Ramos, NUNES, Anjali, RAICAR						



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 9, Femin., 4 x 100m Estilos, ABSOLUTOS

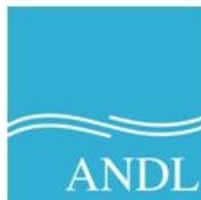
Lugar			Tempo final	Pts
DNS	Naval da Nazaré 1			
		Naval da Nazaré		

Prova 10 Masc., 4 x 100m Estilos ABSOLUTOS  
27/06/2026 - 11:34 Resultados

Rec Nac Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	2022
Rec Nac JUN	3:46.26	Sport Lisboa e Benfica	SLB	Leiria	2023
Rec Nac JUV A	3:59.39	Clube Futebol Os Belenenses	CFB	Algés	2019
Rec Nac JUV	3:59.39	Clube Futebol Os Belenenses	CFB	Algés	2019
Rec Nac JUV B	4:04.46	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Estarreja	2014
Rec Nac INF A	4:12.48	Sporting Clube de Portugal	SCP	Tomar	2016
Rec Nac 13 - 14	4:12.48	Sporting Clube de Portugal	SCP	Tomar	2016
Rec Nac INF B	4:35.54	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Porto	2013
Rec Nac ABS	3:33.03	Sporting Clube de Portugal	SCP	Leiria	2022
Rec Dist	3:45.83	CNL	CNL	Tomar	2025

Pontos: AQUA 2025

Lugar					Tempo final	Pts	
1.	CNLeiria - VOID 1		CNLeiria - VOID		3:51.77	629	
	Francisco Ribeiro, VIEIRA	+0,75	27.98	58.78	Henrique Martins, JOAQUIM	25.13	56.67
	Filipe Miguel, GOMES		29.55	1:03.90	Rodolfo Junior, ALECRIM	24.74	52.42
2.	Pimpoes/Cimai 1		Pimpoes/Cimai		3:54.41	608	
	Mikhael, ONUTSKYY	+0,57	27.51	55.92	Rodrigo Santos, COUTINHO	26.53	58.23
	Hugo Miguel, SANTOS		31.56	1:08.99	Santiago Agostinho, PARREIRA	24.28	51.27
3.	Ba Leiria / Sk Coffee 4		Ba Leiria / Sk Coffee		3:57.98	581	
	Tomas Pascoal, FERREIRA	+0,60	28.29	58.61	Santiago Marques, GOMES	27.17	1:01.08
	David Xavier, ALMEIDA		29.79	1:03.26	Dinis Lamas, SANTOS	25.99	55.03
4.	Nautico Marinha Grande 1		Nautico Marinha Grande		4:04.73	535	
	Tomas Manuel, PALMEIRO	10	30.22	1:03.00	David Ferreira, RELVAS	03 26.21	56.66
	Guilherme Meireles, MARRAZES	09	33.49	1:11.73	Miguel Vicente, SILVA	02 24.50	53.34
5.	Alcobaca 1		Alcobaca		4:09.27	506	
	Leonardo Jose, CRUZ	+0,61	29.46	1:00.18	Rodrigo Cardoso, TOMAS	28.82	1:01.35
	Antonio Antunes, JORGE		32.67	1:09.88	Diogo Coelho, JORDAO	26.83	57.86
6.	Nucleo de Pombal 1		Nucleo de Pombal		4:35.50	375	
	David Ferrador, PEREIRA	+0,48	31.84	1:07.89	Afonso Nunes, MARCELINO	31.88	1:08.69
	Santiago Neves, SILVA		36.10	1:19.92	Afonso Matos, CORREIA	27.03	59.00
7.	Vieirense 1		Vieirense		4:48.62	326	
	Martim Mota, PATRICIO	+0,69	37.09	1:15.88	Nuno Goncalo, SANTOS	27.86	1:00.41
	Santiago Boica, SOUSA		36.20	1:18.47	David Jorge, MACHADO	34.30	1:13.86
8.	Naval de Peniche 1		Naval de Peniche		4:56.78	300	
	Sebastian, PACHECO	+1,16	34.56	1:11.98	Afonso Monteiro, GOMES	37.77	1:29.95
	Francisco Costa, VALENTIM		35.60	1:16.80	Brock Ammon, MERRELL	26.52	58.05



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Prova 10, Masc., 4 x 100m Estilos, ABSOLUTOS

Lugar					Tempo final	Pts
9.	Uniao Juncalense 1		Uniao Juncalense		4:57.05	299
	Alexandre Afonso, SANTOS	+0,50	35.11	1:13.78	31.91	1:09.58
	Tiago Daniel, POVOA		36.16	1:19.70	34.81	1:13.99
10.	Óbidos 1		Óbidos		5:00.67	288
	Bruno Garcia, MILITAO	+0,59	36.04	1:14.96	35.24	1:15.87
	Martim Piedade, SANTOS		38.20	1:23.02	31.28	1:06.82

2 - 1ª Jornada - 2ª Sessão (Tarde)

27/06/2026 - 15:00

Prova 11  
27/06/2026 - 15:00

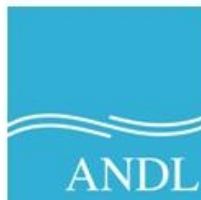
Femin., 200m Livres

ABSOLUTOS  
Resultados

Rec Nac Open	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	2025
Rec Nac SEN	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	2025
Rec Nac 18	1:59.25	Francisca Soares, MARTINS	FOCA	Felgueiras	2021
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	2018
Rec Nac JUV A	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	2019
Rec Nac JUV B	2:03.90	Maria Ferreira, MOURA	SCP	Algés	2019
Rec Nac INF A	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	2017
Rec Nac INF B	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Dist SEN	2:06.69	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	2:03.00	Inês, HENRIQUES	PIMP/ Cima		2017
Rec Dist 17	2:04.38	Inês, HENRIQUES	PIMP/ Cima		2017
Rec Dist JUV A	2:05.53	Inês, HENRIQUES	PIMP/ Cima		2015
Rec Dist JUV B	2:07.06	Filipa, RUIVO	DNMG		2011
Rec Dist INF A	2:10.36	Maria, AMADO	ADBA		2018
Rec Dist INF B	2:11.44	Maria, AMADO	ADBA		2017
Rec Dist ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima		2017

Pontos: AQUA 2025

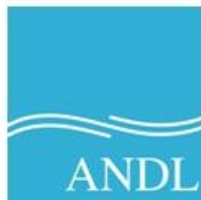
Lugar		Ano		Tempo final	Pts
1.	Leonor Vendima, COELHO	07	CNLeiria - VOID	2:10.99	597
	50m: 30.01 30.01		100m: 1:02.46 32.45	150m: 1:36.67 34.21	200m: 2:10.99 34.32
2.	Constanca Baptista, TOMAS	09	Alcobaca	2:12.03	583
	50m: 30.52 30.52		100m: 1:04.29 33.77	150m: 1:39.10 34.81	200m: 2:12.03 32.93
3.	Maria Joao, VALA	11	Pimpoes/Cimai	2:14.40	552
	50m: 31.22 31.22		100m: 1:05.29 34.07	150m: 1:40.15 34.86	200m: 2:14.40 34.25
4.	Maria Carolina, ALVES	10	Ba Leiria / Sk Coffee	2:17.42	517
	50m: 30.93 30.93		100m: 1:05.60 34.67	150m: 1:41.48 35.88	200m: 2:17.42 35.94
5.	Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	2:20.72	481
	50m: 32.26 32.26		100m: 1:07.81 35.55	150m: 1:44.19 36.38	200m: 2:20.72 36.53
6.	Mariana Santos, AFONSO	10	Naval de Peniche	2:24.04	449
	50m: 33.26 33.26		100m: 1:09.65 36.39	150m: 1:47.38 37.73	200m: 2:24.04 36.66



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 11, Femin., 200m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
7. Safira Pedro, FONSECA	12 Vieirense	2:27.30	419
50m: 32.89 32.89 100m: 1:10.04 37.15 150m: 1:48.66 38.62 200m: 2:27.30 38.64			
8. Francisca Vieira, SILVA	13 Nucleo de Pombal	2:35.48	357
50m: 35.38 35.38 100m: 1:15.61 40.23 150m: 1:56.99 41.38 200m: 2:35.48 38.49			
9. Kelly Simao, COSTA	11 Óbidos	2:44.50	301
50m: 35.48 35.48 100m: 1:15.56 40.08 150m: 1:59.80 44.24 200m: 2:44.50 44.70			
10. Maria Antonia, VAZAO	12 Uniao Juncalense	2:47.86	283
50m: 37.48 37.48 100m: 1:20.54 43.06 150m: 2:05.18 44.64 200m: 2:47.86 42.68			
DSQ Maria Ines, BARROS	10 Naval da Nazaré		
<i>Falsa Partida</i>			
EXH Mafalda Varela, BERNARDINO	12 Alcobaca	2:24.68	443
50m: 32.37 32.37 100m: 1:09.49 37.12 150m: 1:47.65 38.16 200m: 2:24.68 37.03			
EXH Laura Krempel, VARELA	12 Pimpoes/Cimai	2:28.07	413
50m: 33.35 33.35 100m: 1:11.74 38.39 150m: 1:50.61 38.87 200m: 2:28.07 37.46			
EXH Yaroslava, TABUNSCHYK	12 CNLeiria - VOID	2:31.76	384
50m: 33.72 33.72 100m: 1:11.74 38.02 150m: 1:51.47 39.73 200m: 2:31.76 40.29			
EXH Sara Nunes, HORTA	11 CNLeiria - VOID	2:34.58	363
50m: 35.81 35.81 100m: 1:15.52 39.71 150m: 1:56.16 40.64 200m: 2:34.58 38.42			
EXH Violeta Neves, SILVA	13 Nucleo de Pombal	2:46.93	288
50m: 38.73 38.73 100m: 1:21.91 43.18 150m: 2:05.20 43.29 200m: 2:46.93 41.73			
EXH Catarina Franco, RODRIGUES	13 Naval de Peniche	2:51.89	264
50m: 38.77 38.77 100m: 1:22.88 44.11 150m: 2:08.29 45.41 200m: 2:51.89 43.60			
EXH Eva Nunes, PEDROSA	09 Nucleo de Pombal	2:58.17	237
50m: 40.94 40.94 100m: 1:26.37 45.43 150m: 2:12.93 46.56 200m: 2:58.17 45.24			
EXH Maria Lopes, ESPERANCA	11 Uniao Juncalense	3:01.19	225
50m: 40.21 40.21 100m: 1:27.26 47.05 150m: 2:14.93 47.67 200m: 3:01.19 46.26			
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	3:13.44	185
50m: 43.46 43.46 100m: 1:33.74 50.28 150m: 2:24.84 51.10 200m: 3:13.44 48.60			

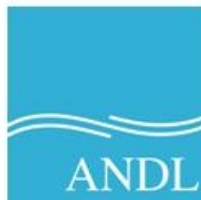


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 12	Masc., 200m Livres				ABSOLUTOS
27/06/2026 - 15:11					Resultados
Rec Nac Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Nac SEN	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Nac 18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	2004
Rec Nac 17	1:47.65	Diogo Matos, RIBEIRO	CUC	Felgueiras	2021
Rec Nac JUV A	1:49.83	Diogo Matos, RIBEIRO	CUC	Mealhada	2019
Rec Nac JUV B	1:53.76	Diogo Matos, RIBEIRO	CUC	Coimbra	2019
Rec Nac INF A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	2004
Rec Nac INF B	2:04.71	Joao Daniel, SANTOS	CNAL	Caldas da Rainha	2025
Rec Dist SEN	1:46.84	César, FARIA	ADBA		2009
Rec Dist 18	1:51.89	Miguel, DIOGO	CNAL		2011
Rec Dist 17	1:49.86	Santiago, PARREIRA	PIMP/ Cima		2025
Rec Dist JUV A	1:54.77	Rodrigo, REIS	ADBA		2019
Rec Dist JUV B	1:54.56	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist INF A	2:01.90	Ricardo, SILVA	DNMG		2017
Rec Dist INF B	2:04.71	João, SANTOS	CNAL		2025
Rec Dist ABS	1:46.84	César, FARIA	ADBA		2009

Pontos: AQUA 2025

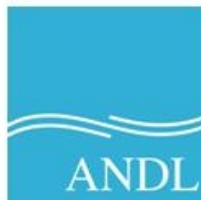
Lugar			Ano			Tempo final	Pts	
1.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai		1:48.89	742	
	<i>Recorde Distrital</i>							
	50m:	25.90 25.90	100m:	53.51 27.61	150m:	1:20.65 27.14	200m:	1:48.89 28.24
2.	Rodolfo Junior, ALECRIM		10	CNLeiria - VOID		1:55.40	623	
	50m:	26.04 26.04	100m:	54.59 28.55	150m:	1:24.43 29.84	200m:	1:55.40 30.97
3.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande		1:56.61	604	
	50m:	27.15 27.15	100m:	56.72 29.57	150m:	1:26.97 30.25	200m:	1:56.61 29.64
4.	Rodrigo Cardoso, TOMAS		10	Alcobaca		1:59.95	555	
	50m:	28.24 28.24	100m:	59.04 30.80	150m:	1:30.00 30.96	200m:	1:59.95 29.95
5.	Santiago Boica, SOUSA		08	Vieirense		2:02.79	517	
	50m:	27.79 27.79	100m:	59.36 31.57	150m:	1:31.54 32.18	200m:	2:02.79 31.25
6.	Luis Pedro, VALERIO		09	Ba Leiria / Sk Coffee		2:06.49	473	
	50m:	28.25 28.25	100m:	59.57 31.32	150m:	1:32.43 32.86	200m:	2:06.49 34.06
7.	Brock Ammon, MERRELL		10	Naval de Peniche		2:11.75	419	
	50m:	28.67 28.67	100m:	1:02.35 33.68	150m:	1:37.38 35.03	200m:	2:11.75 34.37
8.	Martim Piedade, SANTOS		12	Óbidos		2:17.47	369	
	50m:	30.94 30.94	100m:	1:06.18 35.24	150m:	1:43.36 37.18	200m:	2:17.47 34.11
9.	Eduardo Manuel, FERREIRA		12	Nucleo de Pombal		2:21.21	340	
	50m:	32.17 32.17	100m:	1:08.06 35.89	150m:	1:45.26 37.20	200m:	2:21.21 35.95
10.	Joao Santos, DURAO		10	Uniao Juncalense		2:44.46	215	
	50m:	37.57 37.57	100m:	1:19.61 42.04	150m:	2:03.28 43.67	200m:	2:44.46 41.18
DNS	Gabriel Cadete, RODRIGUES		11	Nucleo de Pombal				



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 12, Masc., 200m Livres

Lugar	Ano	Tempo final	Pts
EXH Guilherme Costa, REBELO	10	1:59.83	557
50m: 28.09 28.09 100m: 58.46 30.37 150m: 1:28.82 30.36 200m: 1:59.83 31.01			
EXH Tomas Manuel, PALMEIRO	10	2:04.87	492
50m: 28.56 28.56 100m: 1:00.48 31.92 150m: 1:33.19 32.71 200m: 2:04.87 31.68			
EXH Joao Daniel, SANTOS	12	2:07.10	467
50m: 28.38 28.38 100m: 1:00.52 32.14 150m: 1:33.95 33.43 200m: 2:07.10 33.15			
EXH Martim Alexandre, MESQUITA	09	2:07.65	460
50m: 28.29 28.29 100m: 1:01.02 32.73 150m: 1:35.02 34.00 200m: 2:07.65 32.63			
EXH Martin, SHEVCHUK	11	2:19.30	354
50m: 31.21 31.21 100m: 1:06.01 34.80 150m: 1:43.09 37.08 200m: 2:19.30 36.21			
EXH Vladyslav, DVIRNYY	13	2:25.54	311
50m: 32.98 32.98 100m: 1:11.74 38.76 150m: 1:50.31 38.57 200m: 2:25.54 35.23			
EXH Tiago Daniel, POVOA	08	2:35.56	254
50m: 32.54 32.54 100m: 1:12.28 39.74 150m: 1:54.31 42.03 200m: 2:35.56 41.25			

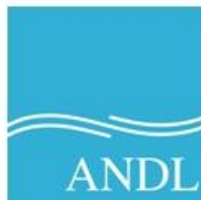


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 13	Femin., 400m Estilos				ABSOLUTOS
27/06/2026 - 15:25					Resultados
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac SEN	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac 18	4:41.02	Victoria, KAMINSKAYA	PIMP	Porto	2012
Rec Nac 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	2018
Rec Nac JUV A	4:50.85	Diana Margarida, DURAES	FOCA	Silves	2011
Rec Nac JUV B	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	2004
Rec Nac INF A	4:56.53	Mariana Pacheco, CUNHA	CFP	Porto	2018
Rec Nac INF B	5:03.94	Carolina Miranda, FERNANDES	CGA	Condeixa	2018
Rec Dist SEN	4:39.03	Victoria, KAMINSKAYA	PIMP/CIMAI		2014
Rec Dist 18	4:41.02	Victoria, KAMINSKAYA	PIMP/Cimai		2013
Rec Dist 17	4:48.80	Victoria, KAMINSKAYA	PIMP/Cimai		2011
Rec Dist JUV A	4:53.26	Victoria, KAMINSKAYA	PIMP/ Cima		2010
Rec Dist JUV B	4:58.17	Filipa, RUIVO	DNMG		2011
Rec Dist INF A	5:02.87	Filipa, RUIVO	DNMG		2010
Rec Dist INF B	5:05.68	Filipa, RUIVO	DNMG		2010
Rec Dist ABS	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		2014

Pontos: AQUA 2025

Lugar	Ano				Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande		5:06.05	581	
50m: 32.56 32.56	150m: 1:50.93 40.41	250m: 3:12.26 42.59	350m: 4:31.11 35.08			
100m: 1:10.52 37.96	200m: 2:29.67 38.74	300m: 3:56.03 43.77	400m: 5:06.05 34.94			
2. Francisca Moreira, FELICIANO	11	Alcobaca		5:13.31	542	
50m: 31.37 31.37	150m: 1:47.71 40.10	250m: 3:12.96 46.76	350m: 4:36.64 37.47			
100m: 1:07.61 36.24	200m: 2:26.20 38.49	300m: 3:59.17 46.21	400m: 5:13.31 36.67			
3. Francisca Ramos, NUNES	09	Naval de Peniche		5:22.07	499	
50m: 32.98 32.98	150m: 1:53.48 41.44	250m: 3:21.48 47.14	350m: 4:46.93 37.17			
100m: 1:12.04 39.06	200m: 2:34.34 40.86	300m: 4:09.76 48.28	400m: 5:22.07 35.14			
4. Joana Rosa, FERREIRA	05	CNLeiria - VOID		5:25.29	484	
50m: 33.02 33.02	150m: 1:56.24 43.24	250m: 3:25.09 45.87	350m: 4:49.28 37.15			
100m: 1:13.00 39.98	200m: 2:39.22 42.98	300m: 4:12.13 47.04	400m: 5:25.29 36.01			
5. Vida Sofia, VELEZ	10	Ba Leiria / Sk Coffee		5:30.77	460	
50m: 31.25 31.25	150m: 2:00.66 47.83	250m: 3:26.05 50.90	350m: 4:55.46 38.33			
100m: 1:12.83 41.58	200m: 2:35.15 34.49	300m: 4:17.13 51.08	400m: 5:30.77 35.31			
6. Ines Pinto, MARTINS	12	Pimpoes/Cimai		5:35.08	443	
50m: 35.88 35.88	150m: 1:59.76 43.10	250m: 3:29.98 47.90	350m: 4:57.75 38.67			
100m: 1:16.66 40.78	200m: 2:42.08 42.32	300m: 4:19.08 49.10	400m: 5:35.08 37.33			
7. Carlota Sa, SANTOS	11	Nucleo de Pombal		5:41.22	419	
50m: 34.84 34.84	150m: 1:59.43 43.49	250m: 3:31.87 50.19	350m: 5:03.33 40.26			
100m: 1:15.94 41.10	200m: 2:41.68 42.25	300m: 4:23.07 51.20	400m: 5:41.22 37.89			
8. Emiliana Arruda, SARAIVA	12	Vieirense		6:05.33	341	
50m: 39.39 39.39	150m: 2:15.00 48.52	250m: 3:56.72 53.31	350m: 5:28.01 38.05			
100m: 1:26.48 47.09	200m: 3:03.41 48.41	300m: 4:49.96 53.24	400m: 6:05.33 37.32			



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Prova 13, Femin., 400m Estilos, ABSOLUTOS

Lugar			Ano					Tempo final	Pts		
9.	Erica Felix, RODRIGUES		11	Uniao Juncalense				6:25.02	292		
	50m:	39.15 39.15	150m:	2:17.40	50.24	250m:	4:02.00	55.23	350m:	5:42.60	44.23
	100m:	1:27.16 48.01	200m:	3:06.77	49.37	300m:	4:58.37	56.37	400m:	6:25.02	42.42
EXH	Matilde Monteiro, NEVES		08	Nucleo de Pombal				6:17.01	311		
	50m:	38.92 38.92	150m:	2:15.08	48.97	250m:	3:54.37	52.12	350m:	5:33.27	45.19
	100m:	1:26.11 47.19	200m:	3:02.25	47.17	300m:	4:48.08	53.71	400m:	6:17.01	43.74

Prova 14

Masc., 400m Estilos

ABSOLUTOS

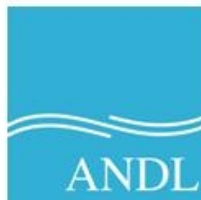
27/06/2026 - 15:46

Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac SEN	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac 18	4:11.20	Joao Alexandre, VITAL	SCP	Porto	2015
Rec Nac 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM	Porto	2014
Rec Nac JUV A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	2013
Rec Nac JUV B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	2003
Rec Nac INF A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	2004
Rec Nac INF B	4:49.65	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	2013
Rec Dist SEN	4:25.60	Leonardo, CRUZ	CNAL		2025
Rec Dist 18	4:30.20	Diogo, SILVA	CNAL		2010
Rec Dist 17	4:29.76	Leonardo, CRUZ	CNAL		2023
Rec Dist JUV A	4:34.60	Leonardo, CRUZ	CNAL		2023
Rec Dist JUV B	4:37.10	André, RUIVO	ADBA		2014
Rec Dist INF A	4:43.08	André, RUIVO	DNMG		2014
Rec Dist INF B	4:49.65	André, RUIVO	DNMG		2013
Rec Dist ABS	4:25.60	Leonardo, CRUZ	CNAL		2025

Pontos: AQUA 2025

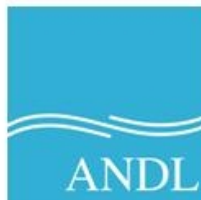
Lugar			Ano					Tempo final	Pts		
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai				4:31.06	650		
	50m:	28.48 28.48	150m:	1:35.04	34.08	250m:	2:50.53	40.27	350m:	4:01.03	31.33
	100m:	1:00.96 32.48	200m:	2:10.26	35.22	300m:	3:29.70	39.17	400m:	4:31.06	30.03
2.	David Ferreira, RELVAS		03	Nautico Marinha Grande				4:32.78	637		
	50m:	27.96 27.96	150m:	1:35.21	35.58	250m:	2:50.88	40.44	350m:	4:02.13	30.64
	100m:	59.63 31.67	200m:	2:10.44	35.23	300m:	3:31.49	40.61	400m:	4:32.78	30.65
3.	Antonio Antunes, JORGE		10	Alcobaca				4:50.02	530		
	50m:	30.13 30.13	150m:	1:43.50	39.58	250m:	3:02.79	45.94	350m:	4:17.44	34.08
	100m:	1:03.92 33.79	200m:	2:16.85	33.35	300m:	3:43.36	40.57	400m:	4:50.02	32.58
4.	Santiago Marques, GOMES		09	Ba Leiria / Sk Coffee				4:50.28	529		
	50m:	29.69 29.69	150m:	1:43.69	38.16	250m:	3:02.55	41.80	350m:	4:19.04	34.36
	100m:	1:05.53 35.84	200m:	2:20.75	37.06	300m:	3:44.68	42.13	400m:	4:50.28	31.24
5.	Martim Cruz, MOURA		11	CNLeiria - VOID				5:01.03	474		
	50m:	31.50 31.50	150m:	1:48.38	39.31	250m:	3:09.06	42.29	350m:	4:27.03	34.69
	100m:	1:09.07 37.57	200m:	2:26.77	38.39	300m:	3:52.34	43.28	400m:	5:01.03	34.00



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Prova 14, Masc., 400m Estilos, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
6. Rodrigo Nicolau, RITA	11 Vieirense	5:33.62	348
50m: 32.58 32.58	150m: 1:57.48 43.62	250m: 3:30.65 50.12	350m: 4:57.47 37.30
100m: 1:13.86 41.28	200m: 2:40.53 43.05	300m: 4:20.17 49.52	400m: 5:33.62 36.15
7. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	5:41.21	325
50m: 35.70 35.70	150m: 2:01.80 44.11	250m: 3:34.25 50.16	350m: 5:04.14 39.10
100m: 1:17.69 41.99	200m: 2:44.09 42.29	300m: 4:25.04 50.79	400m: 5:41.21 37.07
8. Sebastian, PACHECO	12 Naval de Peniche	5:44.29	317
50m: 36.61 36.61	150m: 2:05.29 41.77	250m: 3:39.84 53.36	350m: 5:09.75 36.79
100m: 1:23.52 46.91	200m: 2:46.48 41.19	300m: 4:32.96 53.12	400m: 5:44.29 34.54
9. Alexandre Afonso, SANTOS	09 Uniao Juncalense	5:54.96	289
50m: 34.22 34.22	150m: 2:03.45 44.73	250m: 3:37.60 50.64	350m: 5:13.23 43.93
100m: 1:18.72 44.50	200m: 2:46.96 43.51	300m: 4:29.30 51.70	400m: 5:54.96 41.73
10. Eduardo Martim, CARMO	11 Óbidos	6:14.07	247
50m: 36.56 36.56	150m: 2:08.48 46.66	250m: 3:52.70 57.78	350m: 5:32.31 42.21
100m: 1:21.82 45.26	200m: 2:54.92 46.44	300m: 4:50.10 57.40	400m: 6:14.07 41.76
EXH Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	4:59.31	482
50m: 31.61 31.61	150m: 1:48.24 39.87	250m: 3:08.16 40.70	350m: 4:25.37 34.85
100m: 1:08.37 36.76	200m: 2:27.46 39.22	300m: 3:50.52 42.36	400m: 4:59.31 33.94
EXH Francisco Antonio, SIMOES	10 Ba Leiria / Sk Coffee	5:16.34	408
50m: 34.34 34.34	150m: 1:57.18 42.36	250m: 3:20.14 41.88	350m: 4:41.50 37.85
100m: 1:14.82 40.48	200m: 2:38.26 41.08	300m: 4:03.65 43.51	400m: 5:16.34 34.84

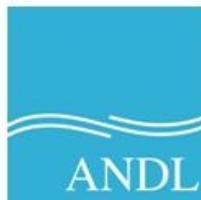


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 15	Femin., 200m Costas				ABSOLUTOS
27/06/2026 - 16:06					Resultados
Rec Nac Open	2:03.51	Camila Rodrigues, REBELO	POR	Lublin (POL)	2025
Rec Nac SEN	2:03.51	Camila Rodrigues, REBELO	POR	Lublin (POL)	2025
Rec Nac 18	2:09.87	Maria Gomes, NEVES	SCB	Felgueiras	2026
Rec Nac 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	2019
Rec Nac JUV A	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	2018
Rec Nac JUV B	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	2018
Rec Nac INF A	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	2008
Rec Nac INF B	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	2015
Rec Dist SEN	2:21.89	Victoria, KAMINSKAYA	PIMP/ Cima		2013
Rec Dist 18	2:18.33	Andreia, ANJOS	ADBA		2009
Rec Dist 17	2:17.91	Victoria, KAMINSKAYA	PIMP/ Cima		2011
Rec Dist JUV A	2:18.30	Maria, AMADO	DNMG		2019
Rec Dist JUV B	2:20.28	Maria, AMADO	ADBA		2018
Rec Dist INF A	2:20.56	Maria, AMADO	ADBA		2018
Rec Dist INF B	2:26.18	Maria, AMADO	ADBA		2017
Rec Dist ABS	2:17.91	Victoria, KAMINSKAYA	PIMP/ Cima		2011

Pontos: AQUA 2025

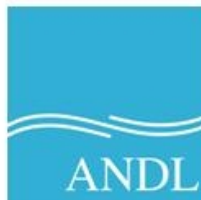
Lugar	Ano			Tempo final			Pts
1. Francisca Moreira, FELICIANO	11	Alcobaca		2:28.33		503	
50m: 34.92 34.92	100m: 1:12.64	37.72	150m: 1:50.82	38.18	200m: 2:28.33	37.51	
2. Carolina Silva, CASTANHEIRA	11	CNLeiria - VOID		2:29.91		488	
50m: 34.91 34.91	100m: 1:11.83	36.92	150m: 1:50.89	39.06	200m: 2:29.91	39.02	
3. Leonor Mota, ALVES	11	Nautico Marinha Grande		2:34.48		446	
50m: 36.79 36.79	100m: 1:15.86	39.07	150m: 1:55.62	39.76	200m: 2:34.48	38.86	
4. Luna Francisco, PEREIRA	12	Nucleo de Pombal		2:36.05		432	
50m: 36.54 36.54	100m: 1:15.77	39.23	150m: 1:55.94	40.17	200m: 2:36.05	40.11	
5. Elisa Henriques, SOUTO	10	Óbidos		2:38.65		411	
50m: 37.21 37.21	100m: 1:17.66	40.45	150m: 1:58.91	41.25	200m: 2:38.65	39.74	
6. Ana Margarida, MARQUES	09	Ba Leiria / Sk Coffee		2:39.31		406	
50m: 37.84 37.84	100m: 1:18.56	40.72	150m: 1:59.85	41.29	200m: 2:39.31	39.46	
7. Debora Silva, INACIO	10	Pimpoes/Cimai		2:42.10		386	
50m: 37.95 37.95	100m: 1:18.55	40.60	150m: 2:00.83	42.28	200m: 2:42.10	41.27	
8. Matilde Pinto, ANTUNES	11	Naval de Peniche		2:42.41		383	
50m: 38.76 38.76	100m: 1:19.65	40.89	150m: 2:01.53	41.88	200m: 2:42.41	40.88	
9. Safira Pedro, FONSECA	12	Vieirense		2:42.91		380	
50m: 38.73 38.73	100m: 1:21.18	42.45	150m: 2:02.33	41.15	200m: 2:42.91	40.58	
10. Rita Alexandra, JORDAO	12	Uniao Juncalense		3:03.85		264	
50m: 44.14 44.14	100m: 1:30.30	46.16	150m: 2:18.26	47.96	200m: 3:03.85	45.59	
11. Maria Ines, BARROS	10	Naval da Nazaré		3:44.68		145	
50m: 53.18 53.18	100m: 1:51.68	58.50	150m: 2:50.44	58.76	200m: 3:44.68	54.24	



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 15, Femin., 200m Costas, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
DSQ Carolina Matos, CORREIA <i>a atleta perdeu a posição dorsal na chegada</i>	12 Nucleo de Pombal		
DNS Maria Leal, ALVES	13 Alcobaca		
DNS Beatriz Julio, CORREIA	12 CNLeiria - VOID		
DNS Ariana Filipa, TEIXEIRA	13 Naval da Nazaré		
EXH Maria Joao, OLIVEIRA	13 Alcobaca	2:54.76	308
50m: 42.01 42.01 100m: 1:26.22 44.21 150m: 2:11.50 45.28 200m: 2:54.76 43.26			
EXH Jessica Garcia, FERREIRA	12 Óbidos	3:01.50	275
50m: 42.59 42.59 100m: 1:28.64 46.05 150m: 2:16.04 47.40 200m: 3:01.50 45.46			
EXH Matilde Mamede, CECILIO	13 Naval de Peniche	3:05.52	257
50m: 43.98 43.98 100m: 1:31.86 47.88 150m: 2:19.63 47.77 200m: 3:05.52 45.89			
EXH Ana Sofia, SILVA	13 Naval de Peniche	3:10.74	237
50m: 44.92 44.92 100m: 1:33.47 48.55 150m: 2:22.96 49.49 200m: 3:10.74 47.78			
EXH Joana Andre, MAIA	13 Uniao Juncalense	3:34.81	165
50m: 47.93 47.93 100m: 1:41.63 53.70 150m: 2:38.91 57.28 200m: 3:34.81 55.90			
EXH Joana Soares, SANTOS	10 Nucleo de Pombal	3:42.41	149
50m: 50.57 50.57 100m: 1:46.37 55.80 150m: 2:45.58 59.21 200m: 3:42.41 56.83			

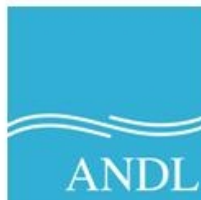


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 16	Masc., 200m Costas				ABSOLUTOS
27/06/2026 - 16:25					Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac SEN	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)	2018
Rec Nac 18	1:57.90	Tomas Maia, JANUARIO	SLB	Leiria	2023
Rec Nac 17	1:59.34	Adriano Miquel, NIZ	CFV	Alges	2003
Rec Nac JUV A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés	2011
Rec Nac JUV B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia	2013
Rec Nac INF A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	2012
Rec Nac INF B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	2013
Rec Dist SEN	1:59.47	Viktor, KOT	DNMG		2018
Rec Dist 18	2:03.78	Francisco, SANTOS	BSCN		2015
Rec Dist 17	2:03.13	Mikhael, ONUTSKYY	PIMP/ Cima		2024
Rec Dist JUV A	2:05.54	Leonardo, CRUZ	CNAL		2022
Rec Dist JUV B	2:07.85	Ricardo, SILVA	DNMG		2017
Rec Dist INF A	2:11.86	Ricardo, SILVA	DNMG		2017
Rec Dist INF B	2:15.27	André, RUIVO	DNMG		2013
Rec Dist ABS	1:59.47	Viktor, KOT	DNMG		2018

Pontos: AQUA 2025

Lugar	Ano			Tempo final			Pts
1. Leonardo Jose, CRUZ	07	Alcobaca	2:06.59	580			
50m: 29.79 29.79	100m: 1:01.40	31.61 150m: 1:33.86	32.46	200m: 2:06.59	32.73		
2. Gil Santos, LEMOS	06	Pimpoes/Cimai	2:08.27	558			
50m: 30.93 30.93	100m: 1:03.74	32.81 150m: 1:35.42	31.68	200m: 2:08.27	32.85		
3. Rodolfo Junior, ALECRIM	10	CNLeiria - VOID	2:08.82	551			
50m: 30.83 30.83	100m: 1:03.93	33.10 150m: 1:36.76	32.83	200m: 2:08.82	32.06		
4. Dinis Lamas, SANTOS	10	Ba Leiria / Sk Coffee	2:13.47	495			
50m: 31.12 31.12	100m: 1:04.75	33.63 150m: 1:39.58	34.83	200m: 2:13.47	33.89		
5. Pedro Pereira, OLIVEIRA	11	Nautico Marinha Grande	2:13.66	493			
50m: 30.51 30.51	100m: 1:04.59	34.08 150m: 1:39.74	35.15	200m: 2:13.66	33.92		
6. David Ferrador, PEREIRA	09	Nucleo de Pombal	2:24.93	387			
50m: 32.03 32.03	100m: 1:09.58	37.55 150m: 1:48.11	38.53	200m: 2:24.93	36.82		
7. Martim Mota, PATRICIO	13	Vieirense	2:44.11	266			
50m: 41.57 41.57	100m: 1:23.55	41.98 150m: 2:05.38	41.83	200m: 2:44.11	38.73		
8. Afonso Monteiro, GOMES	13	Naval de Peniche	2:59.59	203			
50m: 43.43 43.43	100m: 1:31.22	47.79 150m: 2:17.33	46.11	200m: 2:59.59	42.26		
DNS Bruno Filipe, TABORDA	95	CNLeiria - VOID					
DNS Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande					
EXH Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande	2:20.47	425			
50m: 34.40 34.40	100m: 1:10.25	35.85 150m: 1:46.03	35.78	200m: 2:20.47	34.44		
EXH Tomas Marques, FRANCISCO	10	CNLeiria - VOID	2:21.90	412			
50m: 33.09 33.09	100m: 1:09.46	36.37 150m: 1:46.10	36.64	200m: 2:21.90	35.80		



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Prova 16, Masc., 200m Costas

Lugar	Ano	Tempo final	Pts
EXH Duarte Costa, MADEIRA	12 Alcobaca	2:42.80	273
50m: 37.60 37.60	100m: 1:18.73 41.13	150m: 2:01.18 42.45	200m: 2:42.80 41.62
EXH Rodrigo Jose, NEVES	12 Nucleo de Pombal	3:04.56	187
50m: 42.52 42.52	100m: 1:30.51 47.99	150m: 2:18.84 48.33	200m: 3:04.56 45.72

Prova 17

Femin., 200m Bruços

ABSOLUTOS

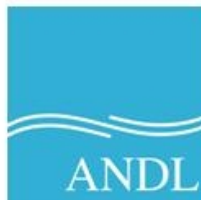
27/06/2026 - 16:35

Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec Nac 18	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	2017
Rec Nac 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac JUV A	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	2015
Rec Nac JUV B	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	2004
Rec Nac INF A	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	2003
Rec Nac INF B	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	2015
Rec Dist SEN	2:27.28	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	2:26.74	Victoria, KAMINSKAYA	FPN		2013
Rec Dist 17	2:26.77	Victoria, KAMINSKAYA	FPN		2012
Rec Dist JUV A	2:32.77	Victoria, KAMINSKAYA	PIMP/ Cima		2010
Rec Dist JUV B	2:39.22	Filipa, RUIVO	DNMG		2011
Rec Dist INF A	2:38.10	Inês, SILVA	CNAL		2014
Rec Dist INF B	2:42.50	Filipa, RUIVO	DNMG		2010
Rec Dist ABS	2:26.74	Victoria, KAMINSKAYA	FPN		2013

Pontos: AQUA 2025

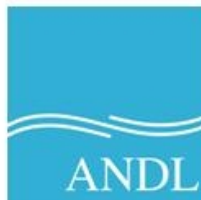
Lugar	Ano	Tempo final	Pts
1. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:43.17	535
50m: 37.31 37.31	100m: 1:18.61 41.30	150m: 2:00.70 42.09	200m: 2:43.17 42.47
2. Sofia Roma, BRIZIDA	10 CNLeiria - VOID	2:43.22	534
50m: 37.29 37.29	100m: 1:19.13 41.84	150m: 2:01.20 42.07	200m: 2:43.22 42.02
3. Rita Rocha, SILVA	08 Alcobaca	2:44.16	525
50m: 37.41 37.41	100m: 1:18.83 41.42	150m: 2:01.01 42.18	200m: 2:44.16 43.15
4. Rafaela Santos, AFONSO	10 Naval de Peniche	2:48.80	483
50m: 37.88 37.88	100m: 1:21.24 43.36	150m: 2:04.86 43.62	200m: 2:48.80 43.94
5. Renata Simoes, RATO	03 Ba Leiria / Sk Coffee	2:58.25	410
50m: 40.30 40.30	100m: 1:24.61 44.31	150m: 2:10.66 46.05	200m: 2:58.25 47.59
6. Julia Pinto, PINHEIRO	12 Pimpoes/Cimai	3:09.86	339
50m: 42.65 42.65	100m: 1:30.48 47.83	150m: 2:21.00 50.52	200m: 3:09.86 48.86
7. Violeta Neves, SILVA	13 Nucleo de Pombal	3:19.30	293
50m: 45.46 45.46	100m: 1:37.31 51.85	150m: 2:29.43 52.12	200m: 3:19.30 49.87



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Prova 17, Femin., 200m Bruços, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
8. Rita Francisco, SIMOES	12 Vieirense	3:25.62	267
50m: 45.50 45.50	100m: 1:37.03 51.53	150m: 2:31.21 54.18	200m: 3:25.62 54.41
9. Matilde Santos, COUTINHO	07 Naval da Nazaré	3:33.30	239
50m: 46.79 46.79	100m: 1:41.14 54.35	150m: 2:36.32 55.18	200m: 3:33.30 56.98
10. Mariana Silva, CONCEICAO	11 Uniao Juncalense	3:38.31	223
50m: 49.03 49.03	100m: 1:44.98 55.95	150m: 2:42.18 57.20	200m: 3:38.31 56.13
DSQ Leonor Pereira, SILVA	10 Óbidos		
<i>a atleta efetuou mais do que uma pernada vertical no percurso subaquático, após a viragem dos 50m, 100m, 125m e 150m</i>			
DNS Margarida Soares, MAIA	11 Nautico Marinha Grande		
EXH Maria Santos, FONSECA	11 CNLeiria - VOID	2:56.08	426
50m: 39.16 39.16	100m: 1:23.53 44.37	150m: 2:08.96 45.43	200m: 2:56.08 47.12
EXH Guiomar Dionisio, CARREIRA	12 Pimpoes/Cimai	3:06.33	359
50m: 42.72 42.72	100m: 1:29.75 47.03	150m: 2:17.48 47.73	200m: 3:06.33 48.85
EXH Maria Leonor, FERREIRA	12 Óbidos	3:14.24	317
50m: 44.93 44.93	100m: 1:33.92 48.99	150m: 2:24.76 50.84	200m: 3:14.24 49.48
EXH Sofia Guilherme, CABREIRA	13 Óbidos	3:15.04	313
50m: 45.68 45.68	100m: 1:35.67 49.99	150m: 2:26.57 50.90	200m: 3:15.04 48.47
EXH Matilde Vitorino, FERREIRA	11 Naval de Peniche	3:21.03	286
50m: 44.85 44.85	100m: 1:34.78 49.93	150m: 2:27.98 53.20	200m: 3:21.03 53.05
EXH Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:38.64	222
50m: 48.59 48.59	100m: 1:43.72 55.13	150m: 2:41.09 57.37	200m: 3:38.64 57.55
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	3:52.85	184
50m: 52.31 52.31	100m: 1:52.90 1:00.59	150m: 2:54.00 1:01.10	200m: 3:52.85 58.85

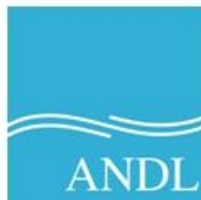


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Prova 18	Masc., 200m Bruços				ABSOLUTOS
27/06/2026 - 16:49					Resultados
Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac SEN	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac 18	2:08.01	Rafael Miguel, MIMOSO	SLB	Tomar	2024
Rec Nac 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	2023
Rec Nac JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	2022
Rec Nac JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	2022
Rec Nac INF A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	2018
Rec Nac INF B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	2003
Rec Dist SEN	2:18.13	Daniel, TSYKAL	CNAL		2024
Rec Dist 18	2:16.64	António, CARRIÇO	PIMP/ Cima		2015
Rec Dist 17	2:21.64	Pedro, DUARTE	DNMG		2017
Rec Dist JUV A	2:18.83	David, ALMEIDA	BA/ SK		2025
Rec Dist JUV B	2:21.16	David, ALMEIDA	ADBA		2025
Rec Dist INF A	2:32.07	Nuno, SILVA	ADBA		2018
Rec Dist INF B	2:37.84	António, JORGE	CNAL		2023
Rec Dist ABS	2:16.64	António, CARRIÇO	PIMP/ Cima		2015

Pontos: AQUA 2025

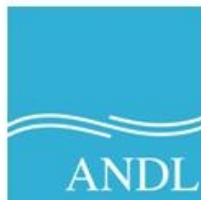
Lugar			Ano			Tempo final	Pts
1.	David Xavier, ALMEIDA	10	Ba Leiria / Sk Coffee	2:19.12	644		
	50m: 31.01 31.01	100m: 1:07.11	36.10 150m: 1:43.93	36.82	200m: 2:19.12	35.19	
2.	Filipe Miguel, GOMES	97	CNLeiria - VOID	2:26.34	553		
	50m: 32.12 32.12	100m: 1:08.98	36.86 150m: 1:46.99	38.01	200m: 2:26.34	39.35	
3.	Hugo Miguel, SANTOS	09	Pimpoes/Cimai	2:30.22	511		
	50m: 33.87 33.87	100m: 1:11.99	38.12 150m: 1:50.86	38.87	200m: 2:30.22	39.36	
4.	Antonio Antunes, JORGE	10	Alcobaca	2:33.86	476		
	50m: 34.27 34.27	100m: 1:13.23	38.96 150m: 1:53.27	40.04	200m: 2:33.86	40.59	
5.	Afonso Ferreira, REIS	10	Nautico Marinha Grande	2:35.35	462		
	50m: 34.92 34.92	100m: 1:14.44	39.52 150m: 1:54.74	40.30	200m: 2:35.35	40.61	
6.	Francisco Costa, VALENTIM	11	Naval de Peniche	2:50.24	351		
	50m: 37.90 37.90	100m: 1:20.89	42.99 150m: 2:05.82	44.93	200m: 2:50.24	44.42	
7.	Tiago Daniel, POVOA	08	Uniao Juncalense	2:57.83	308		
	50m: 38.73 38.73	100m: 1:24.49	45.76 150m: 2:11.68	47.19	200m: 2:57.83	46.15	
8.	Santiago Neves, SILVA	10	Nucleo de Pombal	2:59.46	300		
	50m: 38.53 38.53	100m: 1:24.13	45.60 150m: 2:12.40	48.27	200m: 2:59.46	47.06	
9.	Bruno Garcia, MILITAO	11	Óbidos	3:08.26	260		
	50m: 40.98 40.98	100m: 1:28.57	47.59 150m: 2:18.50	49.93	200m: 3:08.26	49.76	
10.	Martim Mota, PATRICIO	13	Vieirense	3:13.00	241		
	50m: 43.06 43.06	100m: 1:32.53	49.47 150m: 2:23.84	51.31	200m: 3:13.00	49.16	
DNS	Vidar Albert, JUNG	11	Nautico Marinha Grande				
DNS	Mykhailo, KOTENKO	13	Uniao Juncalense				



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Prova 18, Masc., 200m Bruços

Lugar	Ano	Tempo final	Pts
EXH Xinyang, CHENG	09	2:39.01	431
50m: 35.35 35.35 100m: 1:15.92 40.57 150m: 1:57.59 41.67 200m: 2:39.01 41.42			
EXH Francisco Enes, ALVES	10	2:57.37	310
50m: 37.72 37.72 100m: 1:22.51 44.79 150m: 2:09.69 47.18 200m: 2:57.37 47.68			
EXH Tomas Vieira, FIGUEIREDO	12	2:58.70	304
50m: 40.93 40.93 100m: 1:26.91 45.98 150m: 2:12.38 45.47 200m: 2:58.70 46.32			
EXH Dinis Morgado, FERREIRA	11	3:04.18	277
50m: 39.71 39.71 100m: 1:26.58 46.87 150m: 2:15.03 48.45 200m: 3:04.18 49.15			
EXH Ruben Jose, FERREIRA	12	3:24.87	201
50m: 44.52 44.52 100m: 1:38.36 53.84 150m: 2:34.14 55.78 200m: 3:24.87 50.73			
EXH Valentim Antonio, PEREIRA	11	3:25.24	200
50m: 45.40 45.40 100m: 1:38.16 52.76 150m: 2:32.41 54.25 200m: 3:25.24 52.83			
EXH Marco Ferrador, PEREIRA	13	3:29.33	189
50m: 46.03 46.03 100m: 1:40.19 54.16 150m: 2:36.58 56.39 200m: 3:29.33 52.75			
EXH Gabriel Bernardo, ALEXANDRE	13	3:44.60	153
50m: 49.52 49.52 100m: 1:47.26 57.74 150m: 2:47.10 59.84 200m: 3:44.60 57.50			

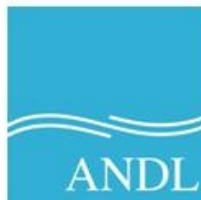


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 19	Femin., 100m Mariposa				ABSOLUTOS
27/06/2026 - 17:05					Resultados
Rec Nac Open	57.93	Mariana Pacheco, CUNHA	CE	Leiria	2025
Rec Nac SEN	57.93	Mariana Pacheco, CUNHA	CE	Leiria	2025
Rec Nac 18	58.51	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2022
Rec Nac 17	59.36	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2021
Rec Nac JUV A	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	2021
Rec Nac JUV B	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	2019
Rec Nac INF A	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac INF B	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Dist SEN	1:02.02	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	1:02.48	Giovanna, VARGAS	DNMG		2017
Rec Dist 17	59.65	Sara, CRUZ	ADBA		2009
Rec Dist JUV A	1:02.42	Sara, CRUZ	ADBA		2008
Rec Dist JUV B	1:03.60	Sara, CRUZ	INDLE		2008
Rec Dist INF A	1:06.98	Sara, CRUZ	ASAL		2007
Rec Dist INF B	1:07.64	Bruna, SIMÕES	IDV		2014
Rec Dist ABS	59.65	Sara, CRUZ	ADBA		2009

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Ines Mira, PINO	06 Pimpoes/Cimai	1:05.58	519
50m: 30.66 30.66	100m: 1:05.58 34.92		
2. Ana Claudia, FERREIRA	90 Alcobaca	1:05.94	510
50m: 31.14 31.14	100m: 1:05.94 34.80		
3. Laura Samora, GONCALVES	10 CNLeiria - VOID	1:09.15	442
50m: 32.18 32.18	100m: 1:09.15 36.97		
4. Beatriz Marques, GASPAR	11 Nautico Marinha Grande	1:12.64	382
50m: 33.62 33.62	100m: 1:12.64 39.02		
5. Carlota Sa, SANTOS	11 Nucleo de Pombal	1:13.70	365
50m: 34.64 34.64	100m: 1:13.70 39.06		
6. Constanca Rolim, PEDRO	10 Ba Leiria / Sk Coffee	1:14.57	353
50m: 34.48 34.48	100m: 1:14.57 40.09		
7. Erica Felix, RODRIGUES	11 Uniao Juncalense	1:24.55	242
50m: 38.56 38.56	100m: 1:24.55 45.99		
8. Lara Sofia, MARCELINO	13 Vieirense	1:24.96	238
50m: 39.06 39.06	100m: 1:24.96 45.90		
9. Emma Henriques, SOUTO	13 Óbidos	1:25.92	230
50m: 39.31 39.31	100m: 1:25.92 46.61		
DSQ Anjali, RAICAR	09 Naval de Peniche		
<i>a atleta efetuou pernada alternada durante o percurso</i>			
DNS Leonor Pinto, ROSARIO	13 Nautico Marinha Grande		
DNS Maria Ines, GOMES	12 Nucleo de Pombal		



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 19, Femin., 100m Mariposa

Lugar	Ano	Tempo final	Pts
EXH Marta Cabete, GOMES 50m: 33.29 33.29 100m: 1:12.80 39.51	08 CNLeiria - VOID	1:12.80	379
EXH Carminho Traquina, ANDRE 50m: 35.39 35.39 100m: 1:17.67 42.28	12 Alcobaca	1:17.67	312
EXH Matilde Monteiro, NEVES 50m: 40.18 40.18 100m: 1:28.03 47.85	08 Nucleo de Pombal	1:28.03	214
EXH Sara Machado, JANUARIO 50m: 42.87 42.87 100m: 1:36.17 53.30	13 Alcobaca	1:36.17	164
EXH Catarina Franco, RODRIGUES 50m: 43.10 43.10 100m: 1:36.77 53.67	13 Naval de Peniche	1:36.77	161

Prova 20

Masc., 100m Mariposa

ABSOLUTOS

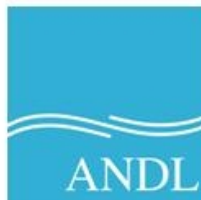
27/06/2026 - 17:11

Resultados

Rec Nac Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	2024
Rec Nac SEN	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	2024
Rec Nac 18	52.87	Diogo Matos, RIBEIRO	SLB	Leiria	2021
Rec Nac 17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	2004
Rec Nac JUV A	55.48	Duarte Santos, FERREIRA	FCP	Porto	2024
Rec Nac JUV B	56.65	Pedro Pereira, ALMEIDA	CE	Felgueiras	2026
Rec Nac INF A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	2001
Rec Nac INF B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	2000
Rec Dist SEN	53.15	Francisco, VIEIRA	CNL - VOID		2025
Rec Dist SEN	53.15	Francisco, VIEIRA	CNL - VOID		2025
Rec Dist 18	55.66	Afonso, ROQUE	CNL - VOID		2025
Rec Dist 17	55.83	Diogo, SILVA	CNAL		2009
Rec Dist JUV A	56.74	Rodrigo, REIS	ADBA		2019
Rec Dist JUV B	56.89	Tomás, FERREIRA	ADBA		2024
Rec Dist INF A	59.56	Fábio, SILVA	CNAL		2001
Rec Dist INF B	1:01.78	Fábio, SILVA	CNAL		2000

Pontos: AQUA 2025

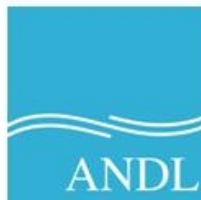
Lugar	Ano	Tempo final	Pts
1. Francisco Ribeiro, VIEIRA 50m: 25.13 25.13 100m: 55.07 29.94	04 CNLeiria - VOID	55.07	650
2. Tomas Pascoal, FERREIRA 50m: 26.51 26.51 100m: 56.42 29.91	09 Ba Leiria / Sk Coffee	56.42	604
3. Luca Valentino, TONA 50m: 27.19 27.19 100m: 57.67 30.48	06 Pimpoes/Cimai	57.67	566
4. Miguel Vicente, SILVA 50m: 26.82 26.82 100m: 57.74 30.92	02 Nautico Marinha Grande	57.74	564



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 20, Masc., 100m Mariposa, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
5. Tiago Santos, POMBO 50m: 28.38 28.38 100m: 1:00.72 32.34	08 Alcobaca	1:00.72	485
6. Afonso Matos, CORREIA 50m: 30.42 30.42 100m: 1:06.91 36.49	09 Nucleo de Pombal	1:06.91	362
7. Simao Pedro, MARQUES 50m: 31.26 31.26 100m: 1:08.40 37.14	11 Uniao Juncalense	1:08.40	339
8. Rodrigo Nicolau, RITA 50m: 31.89 31.89 100m: 1:11.08 39.19	11 Vieirense	1:11.08	302
9. Gabriel Sousa, GOMES 50m: 35.07 35.07 100m: 1:15.70 40.63	12 Óbidos	1:15.70	250
10. Joao Pedro, CRUZ 50m: 39.05 39.05 100m: 1:25.58 46.53	11 Naval de Peniche	1:25.58	173
DNS Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai		
DNS Afonso Monteiro, GOMES	13 Naval de Peniche		
EXH Martim Alexandre, MESQUITA 50m: 28.38 28.38 100m: 1:02.15 33.77	09 Nautico Marinha Grande	1:02.15	452
EXH Lucas Costa, JESUS 50m: 29.80 29.80 100m: 1:05.60 35.80	10 Nautico Marinha Grande	1:05.60	384
EXH Afonso Nunes, MARCELINO 50m: 31.26 31.26 100m: 1:07.37 36.11	08 Nucleo de Pombal	1:07.37	355
EXH Santiago Neves, SILVA 50m: 34.49 34.49 100m: 1:18.59 44.10	10 Nucleo de Pombal	1:18.59	223
EXH Tiago Alexandre, GOMES 50m: 43.14 43.14 100m: 1:33.87 50.73	11 CNLeiria - VOID	1:33.87	131

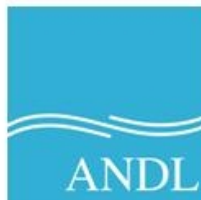


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 21	Femin., 4 x 100m Livres				ABSOLUTOS
27/06/2026 - 17:27					Resultados
Rec Nac Open	3:42.27	Sporting Clube de Portugal	SCP	Quarteira	2025
Rec Nac JUN	3:53.11	tempo limite			1800
Rec Nac JUV A	3:59.92	Condeixa Aqua Clube	CAQC	Estarreja	2025
Rec Nac 15 - 16	3:59.92	Condeixa Aqua Clube	CAQC	Estarreja	2025
Rec Nac JUV B	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	2019
Rec Nac INF A	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	2019
Rec Nac 13 - 14	4:05.21	tempo limite			1800
Rec Nac INF B	4:13.11	Clube dos Galitos / Bresimar	CGA	Felqueiras	2018
Rec Nac ABS	3:42.27	Sporting Clube de Portugal	SCP	Quarteira	2025
Rec Dist	3:53.11	ADBA	ADBA	Leiria	2009

Pontos: AQUA 2025

Lugar					Tempo final	Pts	
1. CNLeiria - VOID 1	CNLeiria - VOID				4:10.48	548	
Leonor Vendima, COELHO	07	28.86	1:00.60	Laura Samora, GONCALVES	10	30.12	1:03.99
Beatriz Julio, CORREIA	12	30.91	1:05.65	Joana Rosa, FERREIRA	05	28.95	1:00.24
2. Nautico Marinha Grande 1	Nautico Marinha Grande				4:12.43	535	
Luana Ferreira, CRAVEIRO	09	29.27	1:02.12	Bruna Silva, MOITEIRO	04	30.15	1:03.49
Leonor Mota, ALVES	11	29.95	1:03.38	Margarida Correia, MADEIRA	06	30.10	1:03.44
3. Pimpoes/Cimai 1	Pimpoes/Cimai				4:12.84	533	
Maria Joao, VALA	11	29.82	1:01.67	Benedita Nunes, FELIX	12	30.15	1:04.75
Ines Apolinario, SOARES	03	30.55	1:05.43	Ines Mira, PINO	06	29.18	1:00.99
4. Alcobaca 1	Alcobaca				4:15.95	513	
Ana Claudia, FERREIRA	90	30.69	1:03.45	Francisca Moreira, FELICIANO	11	30.03	1:03.80
Mafalda Varela, BERNARDINO	12	31.41	1:06.70	Constanca Baptista, TOMAS	09	29.58	1:02.00
5. Ba Leiria / Sk Coffee 2	Ba Leiria / Sk Coffee				4:20.55	487	
Maria Carolina, ALVES	10	30.81	1:04.01	Constanca Rolim, PEDRO	10	31.91	1:07.01
Ana Margarida, MARQUES	09	31.28	1:06.38	Vida Sofia, VELEZ	10	30.43	1:03.15
6. Naval de Peniche 1	Naval de Peniche				4:20.73	486	
Zofie, PACHECO	09	32.77	1:10.42	Mariana Santos, AFONSO	10	31.01	1:06.22
Rafaela Santos, AFONSO	10	30.10	1:03.97	Francisca Ramos, NUNES	09	28.65	1:00.12
7. Nucleo de Pombal 1	Nucleo de Pombal				4:31.63	429	
Luna Francisco, PEREIRA	12	32.31	1:07.70	Francisca Vieira, SILVA	13	35.15	1:13.53
Carlota Sa, SANTOS	11	32.11	1:07.05	Anastasiya, PRYMACHENKO	11	30.65	1:03.35
8. Vieiraense 1	Vieiraense				4:44.98	372	
Avron Dawn, SANTOS	13	36.40	1:17.58	Emiliana Arruda, SARAIVA	12	31.52	1:06.43
Safira Pedro, FONSECA	12	31.95	1:07.93	Lara Sofia, MARCELINO	13	34.30	1:13.04
9. Óbidos 1	Óbidos				4:45.94	368	
Elisa Henriques, SOUTO	10	32.13	1:06.03	Sofia Guilherme, CABREIRA	13	35.97	1:14.22
Jessica Garcia, FERREIRA	12	35.69	1:17.76	Leonor Pereira, SILVA	10	32.28	1:07.93
10. Uniao Juncalense 1	Uniao Juncalense				5:03.36	308	
Maria Lopes, ESPERANCA	11	38.09	1:22.03	Margarida Lopes, RODRIGUES	11	33.46	1:11.35
Erica Felix, RODRIGUES	11	34.48	1:12.79	Maria Antonia, VAZAO	12	35.96	1:17.19



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 21, Femin., 4 x 100m Livres, ABSOLUTOS

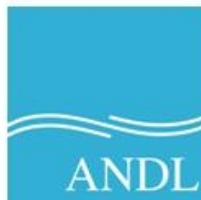
Lugar	Tempo final	Pts
DNS Naval da Nazaré 1		
		Naval da Nazaré

Prova 22 Masc., 4 x 100m Livres ABSOLUTOS  
27/06/2026 - 17:39 Resultados

Rec Nac Open	3:12.55	Sport Lisboa e Benfica	SLB	Tomar	2024
Rec Nac JUN	3:27.52	Sport Lisboa e Benfica	SLB	Leiria	2023
Rec Nac JUV A	3:34.94	Clube Naval do Funchal	CNF	Funchal	2014
Rec Nac JUV	3:34.94	Clube Naval do Funchal	CNF	Funchal	2014
Rec Nac JUV B	3:42.17	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Leiria	2019
Rec Nac INF A	3:48.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Cantanhede	2014
Rec Nac 13 - 14	3:48.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Cantanhede	2014
Rec Nac INF B	4:05.06	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Vila Praia Ancora	2013
Rec Nac ABS	3:12.55	Sport Lisboa e Benfica	SLB	Tomar	2024
Rec Dist	3:25.61	CNL	CNL	Tomar	2025

Pontos: AQUA 2025

Lugar	Tempo final	Pts
1. Pimpoes/Cimai 1	3:27.15	674
Santiago Agostinho, PARREIRA	09 23.82	50.20
Rodrigo Santos, COUTINHO	08 25.31	53.24
2. CNLeiria - VOID 1	3:30.04	646
Henrique Martins, JOAQUIM	09 24.49	51.31
Sebastian Fabricio, VILLACIS	01 25.17	54.87
3. Nautico Marinha Grande 1	3:37.82	580
Guilherme Meireles, MARRAZES	09 26.60	54.87
Paulo, KOT	09 26.02	54.36
4. Ba Leiria / Sk Coffee 5	3:38.63	573
David Xavier, ALMEIDA	10 25.86	54.27
Dinis Lamas, SANTOS	10 26.18	55.43
5. Alcobaca 1	3:44.87	527
Antonio Antunes, JORGE	10 27.04	56.89
Rodrigo Cardoso, TOMAS	10 27.14	55.98
6. Nucleo de Pombal 1	4:02.43	420
Afonso Matos, CORREIA	09 27.98	59.37
Afonso Nunes, MARCELINO	08 31.20	1:03.40
7. Naval de Peniche 1	4:17.75	350
Brock Ammon, MERRELL	10 27.83	59.00
Francisco Costa, VALENTIM	11 29.09	1:01.63
8. Veiense 1	4:19.39	343
Santiago Boica, SOUSA	08 26.90	56.26
Phelipe Mello, MARTINS	09 31.34	1:07.14



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 22, Masc., 4 x 100m Livres, ABSOLUTOS

Lugar					Tempo final	Pts	
9. Óbidos 1	Óbidos				4:24.22	324	
Martim Piedade, SANTOS	12	27.93	59.69	Bruno Garcia, MILITAO	11	30.21	1:05.52
Gabriel Sousa, GOMES	12	34.74	1:12.41	Eduardo Martim, CARMO	11	30.51	1:06.60
10. Uniao Juncalense 1	Uniao Juncalense				4:28.41	310	
Joao Santos, DURAO	10	36.25	1:15.61	Simao Pedro, MARQUES	11	30.96	1:05.75
Tiago Daniel, POVOA	08	29.94	1:06.91	Alexandre Afonso, SANTOS	09	28.59	1:00.14

3 - 2ª Jornada - Sessão única (manhã)

28/06/2026 - 9:00

Prova 23  
28/06/2026 - 9:00

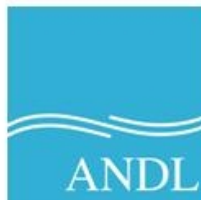
Femin., 400m Livres

ABSOLUTOS  
Resultados

Rec Nac Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac SEN	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	2023
Rec Nac 18	4:11.18	Francisca Soares, MARTINS	FOCA	Mealhada	2020
Rec Nac 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac JUV A	4:13.53	Ana Reis, SOUSA	CNLA	Porto	2017
Rec Nac JUV B	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac INF A	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	2004
Rec Nac INF B	4:25.30	Alexandra Maria, SILVA	FCP	Porto	1980
Rec Dist SEN	4:18.70	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	4:16.64	Filipa, RUIVO	ADBA		2014
Rec Dist 17	4:16.74	Inês, HENRIQUES	PIMP/ Cima		2017
Rec Dist JUV A	4:24.38	Inês, HENRIQUES	PIMP/ Cima		2015
Rec Dist JUV B	4:21.69	Filipa, RUIVO	DNMG		2011
Rec Dist INF A	4:31.03	Filipa, RUIVO	DNMG		2010
Rec Dist INF B	4:37.93	Filipa, RUIVO	SANDL		2010
Rec Dist ABS	4:16.64	Filipa, RUIVO	ADBA		2014

Pontos: AQUA 2025

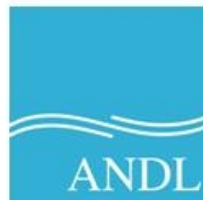
Lugar					Ano					Tempo final	Pts
1. Constanca Baptista, TOMAS					09	Alcobaca				4:32.31	604
50m:	30.88	30.88	150m:	1:39.84	34.63	250m:	2:49.56	34.87	350m:	3:59.40	34.82
100m:	1:05.21	34.33	200m:	2:14.69	34.85	300m:	3:24.58	35.02	400m:	4:32.31	32.91
2. Luana Ferreira, CRAVEIRO					09	Nautico Marinha Grande				4:33.85	594
50m:	30.82	30.82	150m:	1:41.32	35.67	250m:	2:50.64	34.55	350m:	4:00.22	34.03
100m:	1:05.65	34.83	200m:	2:16.09	34.77	300m:	3:26.19	35.55	400m:	4:33.85	33.63
3. Francisca Ramos, NUNES					09	Naval de Peniche				4:44.21	531
50m:	30.54	30.54	150m:	1:39.99	35.00	250m:	2:52.83	36.68	350m:	4:08.09	37.76
100m:	1:04.99	34.45	200m:	2:16.15	36.16	300m:	3:30.33	37.50	400m:	4:44.21	36.12
4. Vida Sofia, VELEZ					10	Ba Leiria / Sk Coffee				4:50.26	499
50m:	32.88	32.88	150m:	1:45.93	37.32	250m:	3:01.06	37.18	350m:	4:14.55	36.88
100m:	1:08.61	35.73	200m:	2:23.88	37.95	300m:	3:37.67	36.61	400m:	4:50.26	35.71



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 23, Femin., 400m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
5. Matilde Violante, VIANA	07 CNLeiria - VOID	4:53.03	485
50m: 31.86 31.86	150m: 1:43.72 36.50	250m: 2:59.28 37.89	350m: 4:15.52 38.23
100m: 1:07.22 35.36	200m: 2:21.39 37.67	300m: 3:37.29 38.01	400m: 4:53.03 37.51
6. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	4:53.88	480
50m: 31.57 31.57	150m: 1:44.58 37.52	250m: 3:00.13 37.37	350m: 4:16.72 38.43
100m: 1:07.06 35.49	200m: 2:22.76 38.18	300m: 3:38.29 38.16	400m: 4:53.88 37.16
7. Debora Silva, INACIO	10 Pimpoes/Cimai	5:02.92	439
50m: 33.78 33.78	150m: 1:49.45 38.71	250m: 3:07.20 39.14	350m: 4:25.68 39.02
100m: 1:10.74 36.96	200m: 2:28.06 38.61	300m: 3:46.66 39.46	400m: 5:02.92 37.24
8. Margarida Lopes, RODRIGUES	11 Uniao Juncalense	5:29.16	342
50m: 35.01 35.01	150m: 1:57.99 42.55	250m: 3:23.49 42.69	350m: 4:47.93 41.45
100m: 1:15.44 40.43	200m: 2:40.80 42.81	300m: 4:06.48 42.99	400m: 5:29.16 41.23
9. Lara Sofia, MARCELINO	13 Vieirense	5:39.24	312
50m: 36.54 36.54	150m: 2:02.35 43.41	250m: 3:30.16 43.72	350m: 4:57.76 43.75
100m: 1:18.94 42.40	200m: 2:46.44 44.09	300m: 4:14.01 43.85	400m: 5:39.24 41.48
10. Kelly Simao, COSTA	11 Óbidos	5:53.47	276
50m: 37.43 37.43	150m: 2:04.54 44.48	250m: 3:34.27 45.19	350m: 5:07.88 46.62
100m: 1:20.06 42.63	200m: 2:49.08 44.54	300m: 4:21.26 46.99	400m: 5:53.47 45.59
11. Maria Ines, BARROS	10 Naval da Nazaré	6:43.91	185
50m: 44.74 44.74	150m: 2:28.08 52.63	250m: 4:15.00 53.69	350m: 5:57.56 51.05
100m: 1:35.45 50.71	200m: 3:21.31 53.23	300m: 5:06.51 51.51	400m: 6:43.91 46.35
DNS Maria Ines, GOMES	12 Nucleo de Pombal		
EXH Sira Valentim, FALEIRO	10 Lagoa Academico Clube	4:49.16	504
50m: 32.11 32.11	150m: 1:43.33 36.08	250m: 2:58.05 37.85	350m: 4:12.60 36.96
100m: 1:07.25 35.14	200m: 2:20.20 36.87	300m: 3:35.64 37.59	400m: 4:49.16 36.56
EXH Constanca Rolim, PEDRO	10 Ba Leiria / Sk Coffee	5:05.94	426
50m: 33.20 33.20	150m: 1:49.68 39.04	250m: 3:08.45 39.37	350m: 4:27.51 39.17
100m: 1:10.64 37.44	200m: 2:29.08 39.40	300m: 3:48.34 39.89	400m: 5:05.94 38.43
EXH Benedita Nunes, FELIX	12 Pimpoes/Cimai	5:10.61	407
50m: 32.28 32.28	150m: 1:53.95 39.65	250m: 3:13.87 40.12	350m: 4:33.26 39.90
100m: 1:14.30 42.02	200m: 2:33.75 39.80	300m: 3:53.36 39.49	400m: 5:10.61 37.35
EXH Margarida Soares, MAIA	11 Nautico Marinha Grande	5:22.75	363
50m: 34.47 34.47	150m: 1:55.60 41.31	250m: 3:18.91 41.51	350m: 4:43.16 41.60
100m: 1:14.29 39.82	200m: 2:37.40 41.80	300m: 4:01.56 42.65	400m: 5:22.75 39.59
EXH Matilde Monteiro, NEVES	08 Nucleo de Pombal	5:34.11	327
50m: 37.69 37.69	150m: 2:01.90 42.95	250m: 3:27.81 42.71	350m: 4:52.50 42.25
100m: 1:18.95 41.26	200m: 2:45.10 43.20	300m: 4:10.25 42.44	400m: 5:34.11 41.61
EXH Mariana Silva, CONCEICAO	11 Uniao Juncalense	6:27.28	210
50m: 40.87 40.87	150m: 2:21.70 52.11	250m: 4:02.14 50.01	350m: 5:39.74 49.12
100m: 1:29.59 48.72	200m: 3:12.13 50.43	300m: 4:50.62 48.48	400m: 6:27.28 47.54

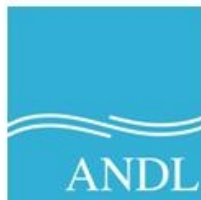


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 24	Masc., 400m Livres				ABSOLUTOS
28/06/2026 - 9:21					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	2004
Rec Nac 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	2024
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	2023
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	2023
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	2014
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	2003
Rec Dist SEN	3:50.00	César, FARIA	ADBA		2009
Rec Dist 18	3:52.28	Guilherme, PINA	BSCN		2015
Rec Dist 17	3:57.62	Miguel, DIOGO	CNAL		2009
Rec Dist JUV A	4:05.38	Tomás, OLIVEIRA	DNMG		2014
Rec Dist JUV B	4:05.75	Tomás, OLIVEIRA	DNMG		2014
Rec Dist INF A	4:12.35	André, RUIVO	DNMG		2014
Rec Dist INF B	4:26.50	André, RUIVO	DNMG		2013
Rec Dist ABS	3:50.00	César, FARIA	ADBA		2009

Pontos: AQUA 2025

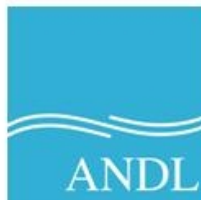
Lugar	Ano				Tempo final	Pts
1. Santiago Agostinho, PARREIRA	09	Pimpoes/Cimai			3:59.78	693
50m: 26.98 26.98	150m: 1:28.76	31.38	250m: 2:31.29	31.21	350m: 3:31.40	29.14
100m: 57.38 30.40	200m: 2:00.08	31.32	300m: 3:02.26	30.97	400m: 3:59.78	28.38
2. Paulo, KOT	09	Nautico Marinha Grande			4:10.57	607
50m: 27.43 27.43	150m: 1:29.17	31.42	250m: 2:33.14	31.84	350m: 3:38.45	32.59
100m: 57.75 30.32	200m: 2:01.30	32.13	300m: 3:05.86	32.72	400m: 4:10.57	32.12
3. Rodrigo Cardoso, TOMAS	10	Alcobaca			4:16.97	563
50m: 28.43 28.43	150m: 1:32.05	32.45	250m: 2:38.04	33.16	350m: 3:44.76	33.33
100m: 59.60 31.17	200m: 2:04.88	32.83	300m: 3:11.43	33.39	400m: 4:16.97	32.21
4. Martim Duarte, ROQUE	11	CNLeiria - VOID			4:23.04	525
50m: 29.05 29.05	150m: 1:33.88	33.13	250m: 2:41.97	34.39	350m: 3:50.60	34.07
100m: 1:00.75 31.70	200m: 2:07.58	33.70	300m: 3:16.53	34.56	400m: 4:23.04	32.44
5. Santiago Boica, SOUSA	08	Vieirense			4:23.72	521
50m: 29.17 29.17	150m: 1:35.05	33.53	250m: 2:43.24	33.93	350m: 3:51.25	33.95
100m: 1:01.52 32.35	200m: 2:09.31	34.26	300m: 3:17.30	34.06	400m: 4:23.72	32.47
6. Santiago Marques, GOMES	09	Ba Leiria / Sk Coffee			4:30.07	485
50m: 28.97 28.97	150m: 1:35.04	34.01	250m: 2:44.57	35.09	350m: 3:55.90	35.93
100m: 1:01.03 32.06	200m: 2:09.48	34.44	300m: 3:19.97	35.40	400m: 4:30.07	34.17
7. Afonso Matos, CORREIA	09	Nucleo de Pombal			4:44.06	417
50m: 30.17 30.17	150m: 1:42.17	36.19	250m: 2:55.15	36.34	350m: 4:08.07	35.77
100m: 1:05.98 35.81	200m: 2:18.81	36.64	300m: 3:32.30	37.15	400m: 4:44.06	35.99
8. Sebastian, PACHECO	12	Naval de Peniche			4:48.45	398
50m: 31.87 31.87	150m: 1:44.28	36.39	250m: 2:58.91	37.49	350m: 4:13.56	37.29
100m: 1:07.89 36.02	200m: 2:21.42	37.14	300m: 3:36.27	37.36	400m: 4:48.45	34.89



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Prova 24, Masc., 400m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
9. Eduardo Martim, CARMO	11 Óbidos	5:20.06	291
50m: 31.13 31.13	150m: 1:48.67 40.65	250m: 3:13.68 42.35	350m: 4:39.86 43.39
100m: 1:08.02 36.89	200m: 2:31.33 42.66	300m: 3:56.47 42.79	400m: 5:20.06 40.20
10. Joao Santos, DURAO	10 Uniao Juncalense	5:36.79	250
50m: 36.77 36.77	150m: 2:00.96 43.10	250m: 3:27.38 43.39	350m: 4:48.45 37.86
100m: 1:17.86 41.09	200m: 2:43.99 43.03	300m: 4:10.59 43.21	400m: 5:36.79 48.34
EXH Iago Valentim, FALEIRO	06 Lagoa Academico Clube	4:25.75	509
50m: 30.38 30.38	150m: 1:37.44 33.82	250m: 2:45.14 33.72	350m: 3:53.13 33.75
100m: 1:03.62 33.24	200m: 2:11.42 33.98	300m: 3:19.38 34.24	400m: 4:25.75 32.62
EXH Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	4:29.32	489
50m: 29.28 29.28	150m: 1:37.05 34.86	250m: 2:46.86 34.57	350m: 3:56.28 34.86
100m: 1:02.19 32.91	200m: 2:12.29 35.24	300m: 3:21.42 34.56	400m: 4:29.32 33.04
EXH Lucas Costa, JESUS	10 Nautico Marinha Grande	4:31.11	479
50m: 28.73 28.73	150m: 1:36.88 34.99	250m: 2:48.59 35.87	350m: 3:58.01 34.31
100m: 1:01.89 33.16	200m: 2:12.72 35.84	300m: 3:23.70 35.11	400m: 4:31.11 33.10
EXH Joao Daniel, SANTOS	12 Alcobaca	4:43.16	421
50m: 30.76 30.76	150m: 1:42.70 36.21	250m: 2:55.49 36.32	350m: 4:07.66 36.24
100m: 1:06.49 35.73	200m: 2:19.17 36.47	300m: 3:31.42 35.93	400m: 4:43.16 35.50

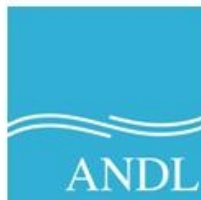


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 25	Femin., 100m Bruços				ABSOLUTOS
28/06/2026 - 9:39					Resultados
Rec Nac Open	1:06.41	Ana Pinho, RODRIGUES	SCB	Leiria (POL)	2025
Rec Nac SEN	1:06.41	Ana Pinho, RODRIGUES	SCB	Leiria (POL)	2025
Rec Nac 18	1:07.37	Raquel Gomes, PEREIRA	SAD	Porto	2017
Rec Nac 17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac JUV A	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	2009
Rec Nac JUV B	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	2004
Rec Nac INF A	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	2003
Rec Nac INF B	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	2013
Rec Dist SEN	1:09.83	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	1:09.70	Victoria, KAMINSKAYA	PIMP/ Cima		2012
Rec Dist 17	1:11.39	Victoria, KAMINSKAYA	FPN		2012
Rec Dist JUV A	1:12.26	Inês, SILVA	CNAL		2016
Rec Dist JUV B	1:13.62	Ana, COSTA	SANDL		2017
Rec Dist INF A	1:15.12	Inês, SILVA	CNAL		2014
Rec Dist INF B	1:15.72	Filipa, RUIVO	DNMG		2010
Rec Dist ABS	1:09.70	Victoria, KAMINSKAYA	PIMP/ Cima		2012

Pontos: AQUA 2025

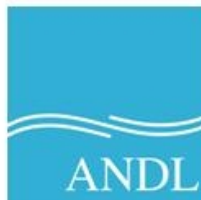
Lugar			Ano		Tempo final	Pts
1.	Margarida Correia, MADEIRA		06	Nautico Marinha Grande	1:16.26	546
	50m: 36.04 36.04	100m: 1:16.26		40.22		
2.	Sofia Roma, BRIZIDA		10	CNLeiria - VOID	1:16.53	541
	50m: 36.16 36.16	100m: 1:16.53		40.37		
3.	Rita Rocha, SILVA		08	Alcobaca	1:17.81	514
	50m: 36.87 36.87	100m: 1:17.81		40.94		
4.	Mariana Santos, AFONSO		10	Naval de Peniche	1:18.75	496
	50m: 36.40 36.40	100m: 1:18.75		42.35		
5.	Leonor Pereira, SILVA		10	Óbidos	1:21.14	453
	50m: 38.19 38.19	100m: 1:21.14		42.95		
6.	Renata Simoes, RATO		03	Ba Leiria / Sk Coffee	1:24.26	405
	50m: 39.41 39.41	100m: 1:24.26		44.85		
7.	Ines Apolinario, SOARES		03	Pimpoes/Cimai	1:24.68	399
	50m: 39.08 39.08	100m: 1:24.68		45.60		
8.	Isabela Maria, CARREIRA		11	Uniao Juncalense	1:31.11	320
	50m: 41.74 41.74	100m: 1:31.11		49.37		
9.	Francisca Vieira, SILVA		13	Nucleo de Pombal	1:32.18	309
	50m: 43.58 43.58	100m: 1:32.18		48.60		
10.	Rita Francisco, SIMOES		12	Vieirense	1:35.41	279
	50m: 45.21 45.21	100m: 1:35.41		50.20		
DNS	Maria Leal, ALVES		13	Alcobaca		
DNS	Matilde Santos, COUTINHO		07	Naval da Nazaré		



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Prova 25, Femin., 100m Bruços

Lugar	Ano	Tempo final	Pts
EXH Maria Santos, FONSECA 50m: 38.47 38.47 100m: 1:21.89	11	CNLeiria - VOID 43.42	1:21.89 441
EXH Beatriz Marques, GASPAR 50m: 38.53 38.53 100m: 1:22.63	11	Nautico Marinha Grande 44.10	1:22.63 429
EXH Matilde Vitorino, FERREIRA 50m: 44.26 44.26 100m: 1:33.72	11	Naval de Peniche 49.46	1:33.72 294
EXH Maria Leonor, FERREIRA 50m: 45.10 45.10 100m: 1:34.52	12	Óbidos 49.42	1:34.52 287
EXH Carolina Matos, CORREIA 50m: 47.72 47.72 100m: 1:40.62	12	Nucleo de Pombal 52.90	1:40.62 238
EXH Daniela Carvalho, FERREIRA 50m: 48.49 48.49 100m: 1:44.24	12	Nucleo de Pombal 55.75	1:44.24 214
EXH Kelly Cordeiro, MARQUES 50m: 49.85 49.85 100m: 1:46.77	13	CNLeiria - VOID 56.92	1:46.77 199
EXH Maria Antonia, VAZAO 50m: 50.02 50.02 100m: 1:46.93	12	Uniao Juncalense 56.91	1:46.93 198
EXH Ana Sofia, SILVA 50m: 50.53 50.53 100m: 1:47.16	13	Naval de Peniche 56.63	1:47.16 197
EXH Maria Lopes, ESPERANCA 50m: 52.02 52.02 100m: 1:49.93	11	Uniao Juncalense 57.91	1:49.93 182
EXH Sara Machado, JANUARIO 50m: 51.08 51.08 100m: 1:51.91	13	Alcobaca 1:00.83	1:51.91 173

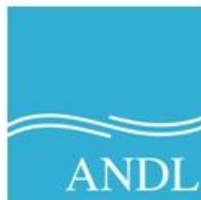


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 26	Masc., 100m Bruços				ABSOLUTOS
28/06/2026 - 9:47					Resultados
Rec Nac Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac SEN	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac 18	1:00.28	Rafael Miguel, MIMOSO	SLB	Tomar	2024
Rec Nac 17	1:01.63	Rafael Miguel, MIMOSO	SLB	Leiria	2023
Rec Nac JUV A	1:02.73	Rafael Miguel, MIMOSO	SLB	Algés	2023
Rec Nac JUV B	1:04.20	Rafael Miguel, MIMOSO	SLB	Algés	2022
Rec Nac INF A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	2011
Rec Nac INF B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	2010
Rec Dist SEN	1:02.83	Filipe, GOMES	CNL - VOID		2023
Rec Dist 18	1:03.51	António, CARRIÇO	PIMP/ Cima		2015
Rec Dist 17	1:05.22	Pedro, DUARTE	DNMG		2017
Rec Dist JUV A	1:03.67	David Xavier, ALMEIDA	ADBA	Quarteira	2025
Rec Dist JUV B	1:04.61	David, ALMEIDA	ADBA		2025
Rec Dist INF A	1:09.10	Diogo, SILVA	CNAL		2007
Rec Dist INF B	1:14.77	António, JORGE	CNAL		2023
Rec Dist ABS	1:02.83	Filipe, GOMES	CNL - VOID		2023

Pontos: AQUA 2025

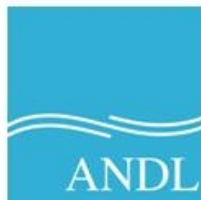
Lugar	Ano	Tempo final	Pts
1. David Xavier, ALMEIDA <i>Recorde Distrital, Rec. Distrital</i>	10 Ba Leiria / Sk Coffee	1:03.14	671
50m: 30.15 30.15 100m: 1:03.14 32.99			
2. Filipe Miguel, GOMES	97 CNLeiria - VOID	1:03.62	656
50m: 29.90 29.90 100m: 1:03.62 33.72			
3. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	1:08.18	533
50m: 32.49 32.49 100m: 1:08.18 35.69			
4. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	1:08.97	514
50m: 31.82 31.82 100m: 1:08.97 37.15			
5. Antonio Antunes, JORGE	10 Alcobaca	1:10.81	475
50m: 33.45 33.45 100m: 1:10.81 37.36			
6. Simao Pedro, MARQUES	11 Uniao Juncalense	1:13.31	428
50m: 33.77 33.77 100m: 1:13.31 39.54			
7. Phelipe Mello, MARTINS	09 Vieirense	1:16.17	382
50m: 34.52 34.52 100m: 1:16.17 41.65			
8. Francisco Costa, VALENTIM	11 Naval de Peniche	1:18.30	351
50m: 37.42 37.42 100m: 1:18.30 40.88			
9. Santiago Neves, SILVA	10 Nucleo de Pombal	1:22.93	296
50m: 38.22 38.22 100m: 1:22.93 44.71			
DSQ Bruno Garcia, MILITAO <i>Falsa Partida</i>	11 Óbidos		



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 26, Masc., 100m Bruços

Lugar	Ano	Tempo final	Pts
EXH Afonso Ferreira, REIS 50m: 33.32 33.32 100m: 1:11.98 38.66	10	Nautico Marinha Grande 1:11.98	452
EXH Xinyang, CHENG 50m: 34.71 34.71 100m: 1:13.79 39.08	09	Nautico Marinha Grande 1:13.79	420
EXH Martin, SHEVCHUK 50m: 37.18 37.18 100m: 1:19.09 41.91	11	CNLeiria - VOID 1:19.09	341
EXH Dinis Morgado, FERREIRA 50m: 38.01 38.01 100m: 1:21.92 43.91	11	Ba Leiria / Sk Coffee 1:21.92	307
EXH Duarte Costa, MADEIRA 50m: 40.01 40.01 100m: 1:25.25 45.24	12	Alcobaca 1:25.25	272
EXH Duarte Henriques, MONTEIRO 50m: 41.95 41.95 100m: 1:29.09 47.14	11	CNLeiria - VOID 1:29.09	238
EXH Marco Ferrador, PEREIRA 50m: 44.10 44.10 100m: 1:36.31 52.21	13	Nucleo de Pombal 1:36.31	189

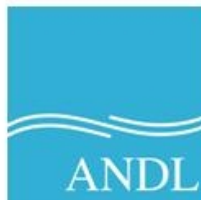


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 27	Femin., 100m Livres				ABSOLUTOS
28/06/2026 - 9:55					Resultados
Rec Nac Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac SEN	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	2019
Rec Nac 18	55.57	Mariana Pacheco, CUNHA	CNCE	Leiria	2021
Rec Nac 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	2021
Rec Nac JUV A	56.72	Ana Reis, SOUSA	CNLA	Porto	2017
Rec Nac JUV B	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	2019
Rec Nac INF A	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	2019
Rec Nac INF B	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Dist SEN	58.73	Sara, CRUZ	ADBA		2025
Rec Dist 18	57.32	Victoria, KAMISNKAYA	PIMP/ Cima		2012
Rec Dist 17	59.33	Mariana, DIAS	ADBA		2008
Rec Dist JUV A	59.13	Maria, AMADO	DNMG		2019
Rec Dist JUV B	59.41	Ariana, CARAPINHA	DNMG		2021
Rec Dist INF A	59.95	Inês, HENRIQUES	SANDL		2014
Rec Dist INF B	1:00.73	Ariana, CARAPINHA	DNMG		2019
Rec Dist ABS	57.32	Victoria, KAMINSKAYA	PIMP/ Cima		2012

Pontos: AQUA 2025

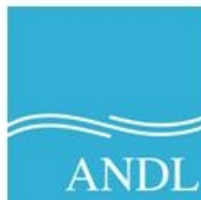
Lugar			Ano		Tempo final	Pts
1.	Leonor Vendima, COELHO		07	CNLeiria - VOID	1:00.55	571
	50m:	28.55 28.55	100m:	1:00.55 32.00		
2.	Ines Mira, PINO		06	Pimpoes/Cimai	1:01.11	555
	50m:	28.88 28.88	100m:	1:01.11 32.23		
3.	Maria Carolina, ALVES		10	Ba Leiria / Sk Coffee	1:02.57	517
	50m:	29.63 29.63	100m:	1:02.57 32.94		
4.	Anastasiya, PRYMACHENKO		11	Nucleo de Pombal	1:03.45	496
	50m:	30.23 30.23	100m:	1:03.45 33.22		
5.	Bruna Silva, MOITEIRO		04	Nautico Marinha Grande	1:04.65	469
	50m:	30.50 30.50	100m:	1:04.65 34.15		
6.	Elisa Henriques, SOUTO		10	Óbidos	1:05.25	456
	50m:	31.32 31.32	100m:	1:05.25 33.93		
7.	Anjali, RAICAR		09	Naval de Peniche	1:05.90	443
	50m:	31.12 31.12	100m:	1:05.90 34.78		
8.	Mafalda Varela, BERNARDINO		12	Alcobaca	1:06.27	435
	50m:	31.32 31.32	100m:	1:06.27 34.95		
9.	Emiliana Arruda, SARAIVA		12	Vieirense	1:07.01	421
	50m:	32.31 32.31	100m:	1:07.01 34.70		
10.	Constanca Santos, COUTINHO		12	Naval da Nazaré	1:08.80	389
	50m:	32.79 32.79	100m:	1:08.80 36.01		
11.	Margarida Lopes, RODRIGUES		11	Uniao Juncalense	1:09.89	371
	50m:	33.41 33.41	100m:	1:09.89 36.48		
DNS	Leonor Pinto, ROSARIO		13	Nautico Marinha Grande		



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 27, Femin., 100m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
DNS Eva Nunes, PEDROSA	09 Nucleo de Pombal		
DNS Joana Soares, SANTOS	10 Nucleo de Pombal		
EXH Sira Valentim, FALEIRO	10 Lagoa Academico Clube	1:02.74	513
50m: 29.93 29.93	100m: 1:02.74 32.81		
EXH Zofie, PACHECO	09 Naval de Peniche	1:06.47	432
50m: 30.82 30.82	100m: 1:06.47 35.65		
EXH Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	1:06.70	427
50m: 31.73 31.73	100m: 1:06.70 34.97		
EXH Laura Krempel, VARELA	12 Pimpoes/Cimai	1:07.84	406
50m: 31.50 31.50	100m: 1:07.84 36.34		
EXH Matilde Pinto, ANTUNES	11 Naval de Peniche	1:09.97	370
50m: 33.58 33.58	100m: 1:09.97 36.39		
EXH Emma Henriques, SOUTO	13 Óbidos	1:09.99	370
50m: 33.52 33.52	100m: 1:09.99 36.47		
EXH Carminho Traquina, ANDRE	12 Alcobaca	1:10.13	367
50m: 33.28 33.28	100m: 1:10.13 36.85		
EXH Ines Mestre, SANTOS	13 CNLeiria - VOID	1:10.92	355
50m: 33.16 33.16	100m: 1:10.92 37.76		
EXH Jessica Garcia, FERREIRA	12 Óbidos	1:14.53	306
50m: 34.87 34.87	100m: 1:14.53 39.66		
EXH Avron Dawn, SANTOS	13 Vieiraense	1:19.54	252
50m: 37.86 37.86	100m: 1:19.54 41.68		
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	1:25.84	200
50m: 40.86 40.86	100m: 1:25.84 44.98		
EXH Joana Andre, MAIA	13 Uniao Juncalense	1:27.05	192
50m: 40.10 40.10	100m: 1:27.05 46.95		



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 28	Masc., 100m Livres				ABSOLUTOS
28/06/2026 - 10:03					Resultados
Rec Nac Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	2024
Rec Nac SEN	46.55	Diogo Matos, RIBEIRO	SLB	Tomar	2024
Rec Nac 18	48.32	Diogo Matos, RIBEIRO	SLB	Leiria	2021
Rec Nac 17	49.56	Diogo Matos, RIBEIRO	CUC	Coimbra	2020
Rec Nac JUV A	50.55	Rodolfo Junior, ALECRIM	CNL	Tomar	2025
Rec Nac JUV B	51.45	Rodolfo Junior, ALECRIM	CNL-VOID	Leiria	2025
Rec Nac INF A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	2018
Rec Nac INF B	56.82	Rodolfo Junior, ALECRIM	ADBA	Leiria	2023
Rec Dist SEN	49.91	Francisco, VIEIRA	CNL - VOID		2025
Rec Dist 18	51.79	Afonso, ROQUE	CNL - VOID		2024
Rec Dist 17	50.02	Santiago, PARREIRA	PIMP/ Cima		2025
Rec Dist JUV A	50.55	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist JUV B	51.45	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist INF A	54.47	Rodolfo, ALECRIM	CNL		2024
Rec Dist INF B	56.82	Rodolfo, ALECRIM	ADBA		2023
Rec Dist ABS	49.91	Francisco, VIEIRA	CNL - VOID		2025

Pontos: AQUA 2025

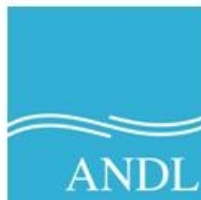
Lugar			Ano		Tempo final	Pts
1.	Francisco Ribeiro, VIEIRA		04	CNLeiria - VOID	50.67	693
	50m: 23.96 23.96	100m: 50.67		26.71		
2.	Miguel Vicente, SILVA		02	Nautico Marinha Grande	52.13	636
	50m: 24.39 24.39	100m: 52.13		27.74		
3.	Gil Santos, LEMOS		06	Pimpoes/Cimai	52.86	610
	50m: 25.76 25.76	100m: 52.86		27.10		
4.	Dinis Lamas, SANTOS		10	Ba Leiria / Sk Coffee	55.41	529
	50m: 26.25 26.25	100m: 55.41		29.16		
5.	Santiago Boica, SOUSA		08	Vieirense	56.72	494
	50m: 27.05 27.05	100m: 56.72		29.67		
6.	Tiago Santos, POMBO		08	Alcobaca	56.88	489
	50m: 27.05 27.05	100m: 56.88		29.83		
7.	Afonso Matos, CORREIA		09	Nucleo de Pombal	59.05	437
	50m: 28.16 28.16	100m: 59.05		30.89		
8.	Martim Piedade, SANTOS		12	Óbidos	1:00.33	410
	50m: 28.67 28.67	100m: 1:00.33		31.66		
9.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré	1:00.72	402
	50m: 29.02 29.02	100m: 1:00.72		31.70		
10.	Alexandre Afonso, SANTOS		09	Uniao Juncalense	1:01.56	386
	50m: 28.78 28.78	100m: 1:01.56		32.78		
11.	Afonso Monteiro, GOMES		13	Naval de Peniche	1:14.71	216
	50m: 34.61 34.61	100m: 1:14.71		40.10		
DNS	Pedro Souza, SILVA		10	Pimpoes/Cimai		



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 28, Masc., 100m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts
DNS Mykhailo, KOTENKO	13 Uniao Juncalense		
EXH Iago Valentim, FALEIRO	06 Lagoa Academico Clube	54.55	555
50m: 26.28 26.28	100m: 54.55 28.27		
EXH Vidar Albert, JUNG	11 Nautico Marinha Grande	55.22	535
50m: 26.59 26.59	100m: 55.22 28.63		
EXH Martim Cruz, MOURA	11 CNLeiria - VOID	56.62	496
50m: 26.96 26.96	100m: 56.62 29.66		
EXH Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	57.25	480
50m: 27.24 27.24	100m: 57.25 30.01		
EXH Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	59.22	434
50m: 28.25 28.25	100m: 59.22 30.97		
EXH Francisco Antonio, SIMOES	10 Ba Leiria / Sk Coffee	1:01.43	388
50m: 29.13 29.13	100m: 1:01.43 32.30		
EXH Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	1:04.22	340
50m: 30.25 30.25	100m: 1:04.22 33.97		
EXH Vladyslav, DVIRNYI	13 Nucleo de Pombal	1:04.53	335
50m: 31.06 31.06	100m: 1:04.53 33.47		
EXH Pedro Ferreira, FERNANDES	11 CNLeiria - VOID	1:10.39	258
50m: 32.47 32.47	100m: 1:10.39 37.92		
EXH Joao Pedro, CRUZ	11 Naval de Peniche	1:13.69	225
50m: 35.69 35.69	100m: 1:13.69 38.00		
EXH David Jorge, MACHADO	13 Vieiraense	1:15.22	211
50m: 35.65 35.65	100m: 1:15.22 39.57		
EXH Gabriel Bernardo, ALEXANDRE	13 Uniao Juncalense	1:24.14	151
50m: 38.25 38.25	100m: 1:24.14 45.89		

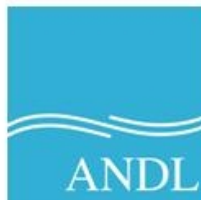


Taça ANDL "João da Silva Abreu" - CDClubes 2026  
Leiria, 27 - 28/6/2026

Prova 29	Femin., 200m Estilos				ABSOLUTOS
28/06/2026 - 10:11					Resultados
Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	2024
Rec Nac SEN	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	2024
Rec Nac 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2022
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	2021
Rec Nac JUV A	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	2009
Rec Nac JUV B	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Nac INF A	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac INF B	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Dist SEN	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima		2014
Rec Dist 18	2:14.28	Victoria, KAMINSKAYA	PIMP/ Cima		2012
Rec Dist 17	2:16.62	Victoria, KAMINSKAYA	FPN		2012
Rec Dist JUV A	2:19.78	Victoria, KAMINSKAYA	PIMP/ Cima		2010
Rec Dist JUV B	2:22.96	Victoria, KAMINSKAYA	PIMP/ Cima		2010
Rec Dist INF A	2:23.81	Inês, SILVA	SANDL		2014
Rec Dist INF B	2:25.94	Filipa, RUIVO	SANDL		2010
Rec Dist ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima		2014

Pontos: AQUA 2025

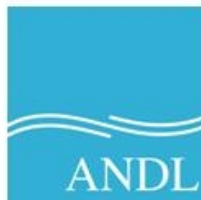
Lugar	Ano				Tempo final	Pts
1. Francisca Moreira, FELICIANO	11	Alcobaca		2:28.19	552	
50m: 31.32 31.32	100m: 1:08.96	37.64	150m: 1:52.87 43.91	200m: 2:28.19	35.32	
2. Joana Rosa, FERREIRA	05	CNLeiria - VOID		2:31.15	521	
50m: 31.62 31.62	100m: 1:11.75	40.13	150m: 1:56.11 44.36	200m: 2:31.15	35.04	
3. Maria Joao, VALA	11	Pimpoes/Cimai		2:31.61	516	
50m: 32.25 32.25	100m: 1:10.51	38.26	150m: 1:55.97 45.46	200m: 2:31.61	35.64	
4. Leonor Mota, ALVES	11	Nautico Marinha Grande		2:35.96	474	
50m: 33.05 33.05	100m: 1:12.82	39.77	150m: 1:59.11 46.29	200m: 2:35.96	36.85	
5. Rafaela Santos, AFONSO	10	Naval de Peniche		2:39.45	443	
50m: 34.47 34.47	100m: 1:16.46	41.99	150m: 2:02.63 46.17	200m: 2:39.45	36.82	
6. Ana Margarida, MARQUES	09	Ba Leiria / Sk Coffee		2:42.04	422	
50m: 33.25 33.25	100m: 1:15.53	42.28	150m: 2:04.35 48.82	200m: 2:42.04	37.69	
7. Luna Francisco, PEREIRA	12	Nucleo de Pombal		2:46.99	386	
50m: 35.76 35.76	100m: 1:17.39	41.63	150m: 2:07.47 50.08	200m: 2:46.99	39.52	
8. Constanca Santos, COUTINHO	12	Naval da Nazaré		2:51.09	359	
50m: 36.11 36.11	100m: 1:19.20	43.09	150m: 2:11.09 51.89	200m: 2:51.09	40.00	
9. Sofia Guilherme, CABREIRA	13	Óbidos		2:55.00	335	
50m: 39.62 39.62	100m: 1:24.51	44.89	150m: 2:14.71 50.20	200m: 2:55.00	40.29	
10. Rita Alexandra, JORDAO	12	Uniao Juncalense		3:05.00	284	
50m: 40.35 40.35	100m: 1:27.14	46.79	150m: 2:21.67 54.53	200m: 3:05.00	43.33	
11. Rita Francisco, SIMOES	12	Vieirense		3:11.36	256	
50m: 43.28 43.28	100m: 1:33.18	49.90	150m: 2:26.26 53.08	200m: 3:11.36	45.10	
DNS Maria Ines, GOMES	12	Nucleo de Pombal				



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 29, Femin., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Julia Pinto, PINHEIRO	12	2:45.65	395
50m: 36.39 36.39	100m: 1:20.13	43.74 150m: 2:07.89 47.76	200m: 2:45.65 37.76
EXH Maria Santos, FONSECA	11	2:46.75	388
50m: 37.59 37.59	100m: 1:22.31	44.72 150m: 2:07.67 45.36	200m: 2:46.75 39.08
EXH Guiomar Dionisio, CARREIRA	12	2:50.90	360
50m: 37.35 37.35	100m: 1:22.72	45.37 150m: 2:09.64 46.92	200m: 2:50.90 41.26
EXH Maria Joao, OLIVEIRA	13	2:59.29	312
50m: 40.03 40.03	100m: 1:25.35	45.32 150m: 2:19.64 54.29	200m: 2:59.29 39.65
EXH Violeta Neves, SILVA	13	3:02.76	294
50m: 40.57 40.57	100m: 1:28.47	47.90 150m: 2:21.36 52.89	200m: 3:02.76 41.40
EXH Matilde Mamede, CECILIO	13	3:06.27	278
50m: 43.21 43.21	100m: 1:31.66	48.45 150m: 2:24.09 52.43	200m: 3:06.27 42.18
EXH Catarina Franco, RODRIGUES	13	3:15.26	241
50m: 43.70 43.70	100m: 1:31.53	47.83 150m: 2:32.00 1:00.47	200m: 3:15.26 43.26



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 30	Masc., 200m Estilos				ABSOLUTOS
28/06/2026 - 10:23					Resultados
Rec Nac Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac SEN	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	2015
Rec Nac 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	2005
Rec Nac JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	2004
Rec Nac JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	2003
Rec Nac INF A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	2004
Rec Nac INF B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	2013
Rec Dist SEN	2:02.81	Leonardo, CRUZ	CNAL		2025
Rec Dist 18	2:04.99	Leonardo, CRUZ	CNAL		2025
Rec Dist 17	2:04.53	Leonardo, CRUZ	CNAL		2023
Rec Dist JUV A	2:07.91	Leonardo, CRUZ	CNAL		2023
Rec Dist JUV B	2:09.99	Rodolfo, ALECRIM	CNL - VOID		2025
Rec Dist INF A	2:16.10	André, RUIVO	DNMG		2013
Rec Dist INF B	2:17.96	André, RUIVO	DNMG		2013
Rec Dist ABS	2:02.81	Leonardo, CRUZ	CNAL		2025

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Leonardo Jose, CRUZ	07 Alcobaca	2:05.82	648
50m: 27.73 27.73	100m: 59.24 31.51	150m: 1:34.70 35.46	200m: 2:05.82 31.12
2. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	2:05.86	647
50m: 26.48 26.48	100m: 58.43 31.95	150m: 1:35.97 37.54	200m: 2:05.86 29.89
3. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:08.83	603
50m: 26.76 26.76	100m: 59.29 32.53	150m: 1:38.29 39.00	200m: 2:08.83 30.54
4. Rodolfo Junior, ALECRIM	10 CNLeiria - VOID	2:09.51	594
50m: 26.09 26.09	100m: 58.78 32.69	150m: 1:39.01 40.23	200m: 2:09.51 30.50
5. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	2:12.19	558
50m: 27.24 27.24	100m: 1:00.98 33.74	150m: 1:41.01 40.03	200m: 2:12.19 31.18
6. Francisco Costa, VALENTIM	11 Naval de Peniche	2:29.59	385
50m: 31.77 31.77	100m: 1:09.13 37.36	150m: 1:53.56 44.43	200m: 2:29.59 36.03
7. Rodrigo Nicolau, RITA	11 Vieiraense	2:35.23	345
50m: 32.07 32.07	100m: 1:12.87 40.80	150m: 2:00.40 47.53	200m: 2:35.23 34.83
8. Afonso Nunes, MARCELINO	08 Nucleo de Pombal	2:36.77	335
50m: 31.16 31.16	100m: 1:14.94 43.78	150m: 2:01.19 46.25	200m: 2:36.77 35.58
9. Gabriel Sousa, GOMES	12 Óbidos	2:46.68	278
50m: 35.46 35.46	100m: 1:19.10 43.64	150m: 2:08.04 48.94	200m: 2:46.68 38.64
DNS Gabriel Cadete, RODRIGUES	11 Nucleo de Pombal		
DNS Martim Mota, PATRICIO	13 Vieiraense		
EXH Iago Valentim, FALEIRO	06 Lagoa Academico Clube	2:20.02	470
50m: 28.36 28.36	100m: 1:05.45 37.09	150m: 1:47.03 41.58	200m: 2:20.02 32.99



Taça ANDL "João da Silva Abreu" - CDClubes 2026  
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Prova 30, Masc., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Joao Piteira, GAIOLAS 50m: 30.35 30.35 100m: 1:06.40 36.05 150m: 1:48.72 42.32 200m: 2:20.80 32.08	10 Nautico Marinha Grande	2:20.80	462
EXH Francisco Lourenco, PEDROSA 50m: 30.70 30.70 100m: 1:07.55 36.85 150m: 1:51.78 44.23 200m: 2:24.55 32.77	10 Nautico Marinha Grande	2:24.55	427
EXH Rodrigo Santos, COUTINHO 50m: 26.14 26.14 100m: 1:07.20 41.06 150m: 1:53.25 46.05 200m: 2:27.07 33.82	08 Pimpoes/Cimai	2:27.07	405
EXH Luis Pedro, VALERIO 50m: 29.80 29.80 100m: 1:06.45 36.65 150m: 1:53.99 47.54 200m: 2:27.42 33.43	09 Ba Leiria / Sk Coffee	2:27.42	402
EXH Francisco Enes, ALVES 50m: 32.60 32.60 100m: 1:14.43 41.83 150m: 2:00.21 45.78 200m: 2:38.74 38.53	10 Ba Leiria / Sk Coffee	2:38.74	322
EXH Tomas Vieira, FIGUEIREDO 50m: 35.06 35.06 100m: 1:16.52 41.46 150m: 2:02.40 45.88 200m: 2:39.18 36.78	12 Alcobaca	2:39.18	320

Prova 31  
28/06/2026 - 10:45

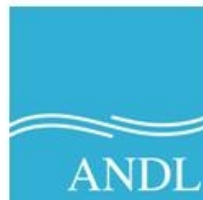
Femin., 4 x 200m Livres

ABSOLUTOS  
Resultados

Rec Nac Open	8:03.35	Sport Lisboa e Benfica	SLB	Felgueiras	2023
Rec Nac JUN	8:33.64	tempo limite			1800
Rec Nac JUV A	8:42.20	Condeixa Aqua Clube	CAQC	Estarreja	2025
Rec Nac 15 - 16	8:42.20	Condeixa Aqua Clube	CAQC	Estarreja	2025
Rec Nac JUV B	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nac JUV B	8:48.75	Clube dos Galitos / Bresimar	CGA	Mealhada	2025
Rec Nac INF A	8:52.76	Sport Alges e Dafundo	SAD	Algés	2011
Rec Nac 13 - 14	8:52.76	tempo limite			1800
Rec Nac INF B	9:05.75	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu	2011
Rec Nac ABS	8:03.62	Sporting Clube de Portugal	SCP	Quarteira	2025
Rec Dist	8:33.64	ADBA	ADBA	Leiria	2009

Pontos: AQUA 2025

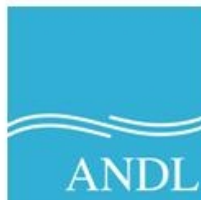
Lugar	Tempo final	Pts
1. Alcobaca 1 Alcobaca	9:02.43	571
Ana Claudia, FERREIRA	90 31.58 1:06.08 1:41.59 2:16.76 2:16.76	
Rita Rocha, SILVA	08 30.87 1:05.51 1:41.93 2:18.01 2:18.01	
Francisca Moreira, FELICIANO	11 29.88 1:04.03 1:39.83 2:15.77 2:15.77	
Constanca Baptista, TOMAS	09 30.13 1:03.43 1:37.83 2:11.89 2:11.89	
2. CNLeiria - VOID 1 CNLeiria - VOID	9:09.71	549
Leonor Vendima, COELHO	07 30.34 1:03.86 1:39.22 2:14.86 2:14.86	
Matilde Violante, VIANA	07 31.31 1:06.51 1:43.73 2:19.65 2:19.65	
Laura Samora, GONCALVES	10 30.99 1:06.27 1:43.32 2:19.83 2:19.83	
Joana Rosa, FERREIRA	05 29.47 1:04.23 1:39.52 2:15.37 2:15.37	



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Prova 31, Femin., 4 x 200m Livres, ABSOLUTOS

Lugar						Tempo final	Pts
3.	Nautico Marinha Grande 1		Nautico Marinha Grande			9:15.42	532
	Luana Ferreira, CRAVEIRO	09	30.23	1:04.46	1:40.81	2:15.66	2:15.66
	Bruna Silva, MOITEIRO	04	32.61	1:08.46	1:45.01	2:20.30	2:20.30
	Leonor Mota, ALVES	11	30.87	1:06.13	1:42.60	2:18.82	2:18.82
	Margarida Correia, MADEIRA	06	31.62	1:06.55	1:42.99	2:20.64	2:20.64
4.	Naval de Peniche 1		Naval de Peniche			9:23.44	509
	Francisca Ramos, NUNES	09	30.09	1:04.05	1:39.21	2:13.46	2:13.46
	Rafaela Santos, AFONSO	10	31.16	1:07.06	1:45.02	2:21.81	2:21.81
	Mariana Santos, AFONSO	10	31.39	1:07.84	1:45.72	2:22.69	2:22.69
	Anjali, RAICAR	09	31.81	1:08.59	1:47.69	2:25.48	2:25.48
5.	Pimpoes/Cimai 1		Pimpoes/Cimai			9:23.98	508
	Ines Mira, PINO	06	31.49	1:05.42	1:41.78	2:18.00	2:18.00
	Debora Silva, INACIO	10	32.16	1:08.64	1:47.83	2:24.79	2:24.79
	Maria Joao, VALA	11	31.01	1:05.20	1:40.72	2:15.01	2:15.01
	Ines Pinto, MARTINS	12	32.21	1:08.87	1:47.61	2:26.18	2:26.18
6.	Ba Leiria / Sk Coffee 3		Ba Leiria / Sk Coffee			9:36.43	476
	Constanca Rolim, PEDRO	10	33.05	1:09.13	1:47.45	2:25.24	2:25.24
	Maria Carolina, ALVES	10	30.56	1:05.79	1:43.08	2:21.00	2:21.00
	Ana Margarida, MARQUES	09	32.56	1:10.39	1:50.87	2:29.60	2:29.60
	Vida Sofia, VELEZ	10	31.26	1:06.51	1:43.62	2:20.59	2:20.59
7.	Vieirense 1		Vieirense			10:33.38	358
	Safira Pedro, FONSECA	12	34.94	1:14.57	1:53.15	2:31.23	2:31.23
	Emiliana Arruda, SARAIVA	12	33.07	1:12.01	1:52.69	2:31.07	2:31.07
	Lara Sofia, MARCELINO	13	36.32	1:18.54	2:01.96	2:43.17	2:43.17
	Avron Dawn, SANTOS	13	38.60	1:22.65	2:05.83	2:47.91	2:47.91
8.	Óbidos 1		Óbidos			10:39.30	349
	Leonor Pereira, SILVA	10	33.88	1:11.80	1:51.30	2:28.69	2:28.69
	Kelly Simao, COSTA	11	36.23	1:18.89	2:04.85	2:50.43	2:50.43
	Jessica Garcia, FERREIRA	12	39.06	1:24.65	2:08.80	2:50.71	2:50.71
	Elisa Henriques, SOUTO	10	33.51	1:11.65	1:51.84	2:29.47	2:29.47
9.	Uniao Juncalense 1		Uniao Juncalense			11:03.51	312
	Maria Antonia, VAZAO	12	38.82	1:22.98	2:09.12	2:52.90	2:52.90
	Margarida Lopes, RODRIGUES	11	35.32	1:16.69	1:59.40	2:40.64	2:40.64
	Erica Felix, RODRIGUES	11	34.71	1:14.25	1:54.34	2:33.53	2:33.53
	Mariana Silva, CONCEICAO	11	38.35	1:23.54	2:11.27	2:56.44	2:56.44

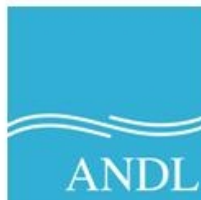


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Prova 32	Masc., 4 x 200m Livres				ABSOLUTOS
28/06/2026 - 11:08					Resultados
Rec Nac Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nac JUN	7:35.04	Sport Lisboa e Benfica	SLB	Leiria	2023
Rec Nac JUV A	7:49.50	Associacao Naval Amorense		Algés	2012
Rec Nac JUV B	7:49.50	Associacao Naval Amorense		Algés	2012
Rec Nac JUV B	8:01.08	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Caldas da Rainha	2019
Rec Nac INF A	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCAR	ADBA	Caldas da Rainha	2018
Rec Nac 13 - 14	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCAR	adba	Caldas da Rainha	2018
Rec Nac INF B	8:56.37	Ass. Desp. Bairro dos Anjos /BOMCAR	ADBA	Leiria	2017
Rec Nac ABS	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Dist	7:36.15	CNL	CNL	Tomar	2025

Pontos: AQUA 2025

Lugar						Tempo final	Pts
<b>1. Pimpoes/Cimai 1</b>	<b>Pimpoes/Cimai</b>					<b>7:40.97</b>	<b>655</b>
Pedro Souza, SILVA	10	27.48	56.78	1:27.72	1:58.93	1:58.93	
Santiago Agostinho, PARREIRA	09	25.30	53.30	1:21.20	1:51.08	1:51.08	
Mikhael, ONUTSKYY	08	25.84	55.18	1:25.19	1:54.98	1:54.98	
Gil Santos, LEMOS	06	27.43	57.33	1:25.96	1:55.98	1:55.98	
<b>2. CNLeiria - VOID 1</b>	<b>CNLeiria - VOID</b>					<b>7:48.45</b>	<b>624</b>
Henrique Martins, JOAQUIM	09	25.30	53.84	1:25.15	1:56.31	1:56.31	
Afonso Dinis, ROQUE	07	26.31	55.18	1:25.45	1:57.06	1:57.06	
Francisco Ribeiro, VIEIRA	04	24.91	54.30	1:25.23	1:56.68	1:56.68	
Rodolfo Junior, ALECRIM	10	20.56	56.80	1:27.74	1:58.40	1:58.40	
<b>3. Nautico Marinha Grande 1</b>	<b>Nautico Marinha Grande</b>					<b>7:51.24</b>	<b>613</b>
Guilherme Meireles, MARRAZES	09	27.04	56.73	1:27.30	1:57.32	1:57.32	
Paulo, KOT	09	26.40	56.25	1:27.66	1:58.89	1:58.89	
Miguel Vicente, SILVA	02	26.22	56.72	1:27.53	1:58.92	1:58.92	
David Ferreira, RELVAS	03	20.03	55.29	1:25.74	1:56.11	1:56.11	
<b>4. Ba Leiria / Sk Coffee 6</b>	<b>Ba Leiria / Sk Coffee</b>					<b>8:04.05</b>	<b>566</b>
David Xavier, ALMEIDA	10	26.92	56.94	1:28.43	1:58.31	1:58.31	
Tomas Pascoal, FERREIRA	09	26.44	56.23	1:26.69	1:57.14	1:57.14	
Dinis Lamas, SANTOS	10	27.31	58.07	1:30.34	2:03.19	2:03.19	
Santiago Marques, GOMES	09	27.11	58.20	1:31.60	2:05.41	2:05.41	
<b>5. Alcobaca 1</b>	<b>Alcobaca</b>					<b>8:08.71</b>	<b>550</b>
Rodrigo Cardoso, TOMAS	10	27.83	58.17	1:29.43	1:59.71	1:59.71	
Antonio Antunes, JORGE	10	27.49	59.34	1:32.48	2:06.12	2:06.12	
Tiago Santos, POMBO	08	28.25	59.77	1:32.38	2:04.19	2:04.19	
Leonardo Jose, CRUZ	07	26.04	55.61	1:26.86	1:58.69	1:58.69	
<b>6. Viegrense 1</b>	<b>Viegrense</b>					<b>9:37.39</b>	<b>333</b>
Martim Mota, PATRICIO	13	32.86	1:08.85	1:46.37	2:23.56	2:23.56	
David Jorge, MACHADO	13	38.10	1:22.11	2:06.78	2:49.58	2:49.58	
Santiago Boica, SOUSA	08	27.78	59.76	1:32.23	2:03.99	2:03.99	
Rodrigo Nicolau, RITA	11	30.60	1:05.99	1:43.88	2:20.26	2:20.26	



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Prova 32, Masc., 4 x 200m Livres, ABSOLUTOS

Lugar						Tempo final	Pts
7.	Óbidos 1		Óbidos			9:55.02	304
	Martim Piedade, SANTOS	12	29.40	1:03.76	1:42.81	2:20.97	2:20.97
	Gabriel Sousa, GOMES	12	34.87	1:15.08	1:55.56	2:35.15	2:35.15
	Bruno Garcia, MILITAO	11	30.91	1:08.99	1:49.89	2:29.55	2:29.55
	Eduardo Martim, CARMO	11	31.35	1:08.43	1:49.34	2:29.35	2:29.35
8.	Uniao Juncalense 1		Uniao Juncalense			9:57.56	301
	Alexandre Afonso, SANTOS	09	30.06	1:06.49	1:44.94	2:22.09	2:22.09
	Tiago Daniel, POVOA	08	33.78	1:14.16	1:56.18	2:34.19	2:34.19
	Joao Santos, DURAO	10	36.19	1:16.36	1:57.93	2:39.65	2:39.65
	Simao Pedro, MARQUES	11	32.09	1:08.24	1:45.54	2:21.63	2:21.63
9.	Naval de Peniche 1		Naval de Peniche			9:58.78	299
	Francisco Costa, VALENTIM	11	29.92	1:04.19	1:40.17	2:15.09	2:15.09
	Afonso Monteiro, GOMES	13	38.90	1:23.80	2:10.83	2:52.03	2:52.03
	Joao Pedro, CRUZ	11	35.59	1:15.99	1:56.94	2:35.44	2:35.44
	Sebastian, PACHECO	12	30.95	1:06.25	1:42.50	2:16.22	2:16.22