

Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

1 - 1ª Jornada - Sessão da tarde

10/10/2026 - 15:30

Prova 1 Femin., 100m Mariposa Infantil B
10/10/2026 - 15:30 Resultados

Recorde Distrital INF B	1:07.64	Bruna, SIMÕES	IDV		30/03/2014
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA		06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE	Leiria	16/12/2025
Recordes Nacionais 25m INF B	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018

Pontos: AQUA 2026

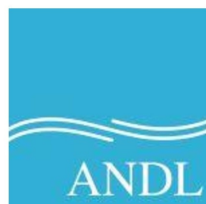
Lugar	Ano	Tempo final	Pts
1. Leonor Silva, TEOTONIO	14 Óbidos Criativa	1:34.53	173
50m: 43.25 43.25 100m: 1:34.53 51.28			
2. Mariana Santiago, FERREIRA	14 Uniao Juncalense	1:40.75	143
50m: 40.72 40.72 100m: 1:40.75 1:00.03			
3. Eva Victoria, FERREIRA	14 Pimpões	1:41.65	139
50m: 47.30 47.30 100m: 1:41.65 54.35			
4. Sara Pereira, SILVA	14 Óbidos Criativa	1:41.84	138
50m: 48.26 48.26 100m: 1:41.84 53.58			
DNS Maria Leonor, PAULINO	14 Nucleo de Pombal		
DNS Diana Monteiro, FONSECA	14 Ba Leiria / Sk Coffee		

Prova 1 Femin., 100m Mariposa Infantil A
10/10/2026 - 15:30 Resultados

Recorde Distrital INF A	1:06.98	Sara, CRUZ	ASAL		25/02/2007
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA		06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE	Leiria	16/12/2025
Recordes Nacionais 25m INF A	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA	13 Ba Leiria / Sk Coffee	1:22.12	264
50m: 37.00 37.00 100m: 1:22.12 45.12			
2. Carminho Jose, LOPES	13 Benedita	1:23.41	252
50m: 37.62 37.62 100m: 1:23.41 45.79			
3. Lara Sofia, MARCELINO	13 Vieiraense	1:26.76	224
50m: 39.44 39.44 100m: 1:26.76 47.32			
4. Violeta Neves, SILVA	13 Nucleo de Pombal	1:29.19	206
50m: 41.84 41.84 100m: 1:29.19 47.35			
5. Erica Maria, FORTUNATO	13 Ba Leiria / Sk Coffee	1:40.48	144
50m: 46.56 46.56 100m: 1:40.48 53.92			
6. Eduarda Antunes, BUGALHAO	13 Ba Leiria / Sk Coffee	1:43.00	134
50m: 47.78 47.78 100m: 1:43.00 55.22			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 1, Femin., 100m Mariposa

Prova 1	Femin., 100m Mariposa				Juvenil B
10/10/2026 - 15:30					Resultados
Recorde Distrital JUV B	1:03.60	Sara, CRUZ	INDLE		06/07/2008
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA		06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE	Leiria	16/12/2025
Recordes Nacionais 25m JUV B	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019

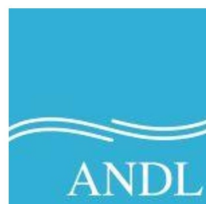
Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Constanca Santos, COUTINHO	12	Naval da Nazaré			1:19.69	289
50m: 35.59 35.59	100m: 1:19.69	44.10				
2. Emiliana Arruda, SARAIVA	12	Vieirense			1:21.94	266
50m: 38.00 38.00	100m: 1:21.94	43.94				
3. Maria Ines, GOMES	12	Nucleo de Pombal			1:26.35	227
50m: 39.20 39.20	100m: 1:26.35	47.15				
4. Rita Francisco, SIMOES	12	Vieirense			1:28.09	214
50m: 37.67 37.67	100m: 1:28.09	50.42				
5. Yaroslava, TABUNSKHYK	12	CNLeiria - VOID			1:29.41	204
50m: 39.09 39.09	100m: 1:29.41	50.32				

Prova 1	Femin., 100m Mariposa				Juvenil A
10/10/2026 - 15:30					Resultados
Recorde Distrital JUV A	1:02.42	Sara, CRUZ	ADBA		14/12/2008
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA		06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE	Leiria	16/12/2025
Recordes Nacionais 25m JUV A	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	25/04/2021

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Carlota Sa, SANTOS	11	Nucleo de Pombal			1:13.69	365
50m: 34.19 34.19	100m: 1:13.69	39.50				
2. Isabela Lourenco, COSTA	11	Benedita			1:15.65	338
50m: 36.00 36.00	100m: 1:15.65	39.65				
3. Beatriz Marques, GASPAR	11	Nautico Marinha Grande			1:17.79	311
50m: 35.94 35.94	100m: 1:17.79	41.85				
4. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal			1:18.12	307
50m: 35.17 35.17	100m: 1:18.12	42.95				
5. Margarida Lopes, RODRIGUES	11	Uniao Juncalense			1:23.08	255
50m: 38.18 38.18	100m: 1:23.08	44.90				
6. Carlota Maria, CATARINO	11	Benedita			1:28.66	210
50m: 39.54 39.54	100m: 1:28.66	49.12				
7. Margarida Soares, MAIA	11	Nautico Marinha Grande			1:34.00	176
50m: 42.40 42.40	100m: 1:34.00	51.60				
DNS Leonor Mota, ALVES	11	Nautico Marinha Grande				



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 1, Femin., 100m Mariposa

Prova 1
10/10/2026 - 15:30

Femin., 100m Mariposa

Junior Resultados

Recorde Distrital 18	1:02.48	Giovanna, VARGAS	DNMG	09/12/2017
Recorde Distrital 17	59.65	Sara, CRUZ	ADBA	06/12/2009
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA	06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE Leiria	16/12/2025
Recordes Nacionais 25m 18	58.51	Mariana Pacheco, CUNHA	CNCE Felgueiras	07/05/2022
Recordes Nacionais 25m 17	59.36	Mariana Pacheco, CUNHA	CNCE Felgueiras	10/04/2021

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Laura Samora, GONCALVES	10 CNLeiria - VOID	1:10.51	417
50m: 32.67 32.67 100m: 1:10.51 37.84			
2. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	1:11.75	396
50m: 35.54 35.54 100m: 1:11.75 36.21			
3. Teresa Maria, LOPES	09 Benedita	1:12.92	377
50m: 33.53 33.53 100m: 1:12.92 39.39			
4. Vida Sofia, VELEZ	10 Ba Leiria / Sk Coffee	1:13.21	373
50m: 34.31 34.31 100m: 1:13.21 38.90			
5. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	1:14.87	348
50m: 33.98 33.98 100m: 1:14.87 40.89			
6. Constanca Rolim, PEDRO	10 Ba Leiria / Sk Coffee	1:16.91	321
50m: 34.87 34.87 100m: 1:16.91 42.04			
7. Maria Carolina, ALVES	10 Ba Leiria / Sk Coffee	1:19.63	290
50m: 35.16 35.16 100m: 1:19.63 44.47			
8. Leonor Pereira, SILVA	10 Óbidos Criativa	1:21.48	270
50m: 36.30 36.30 100m: 1:21.48 45.18			

Prova 1
10/10/2026 - 15:30

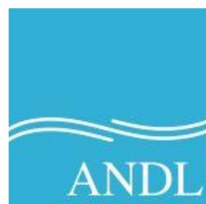
Femin., 100m Mariposa

Senior Resultados

Recorde Distrital SEN	1:02.02	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recorde Distrital ABS	59.65	Sara, CRUZ	ADBA	06/12/2009
Recordes Nacionais 25m Open	57.93	Mariana Pacheco, CUNHA	CE Leiria	16/12/2025
Recordes Nacionais 25m SEN	57.93	Mariana Pacheco, CUNHA	CE Leiria	16/12/2025

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Adriana Giles, LOPEZ	04 Rio Maior	1:03.91	561
50m: 29.41 29.41 100m: 1:03.91 34.50			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 2	Masc., 200m Bruços				Infantil B
10/10/2026 - 15:40					Resultados
Recorde Distrital INF B	2:37.84	António, JORGE	CNAL		24/03/2023
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima		08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Recordes Nacionais 25m INF B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13/07/2003

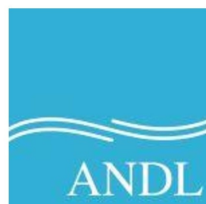
Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Francisco Meca, SILVA	14	Nautico Marinha Grande			3:19.15	216
50m: 45.43 45.43 100m: 1:36.90	51.47	150m: 2:28.58	51.68	200m: 3:19.15	50.57	
2. Romeu Filipe, SOUSA	14	Nautico Marinha Grande			3:20.31	212
50m: 43.85 43.85 100m: 1:34.15	50.30	150m: 2:27.21	53.06	200m: 3:20.31	53.10	
3. Hao Yang, CHENG	14	Nautico Marinha Grande			3:23.94	201
50m: 45.22 45.22 100m: 1:37.47	52.25	150m: 2:30.90	53.43	200m: 3:23.94	53.04	
4. Vladyslav, STARYNSKY	14	Benedita			3:34.30	173
50m: 42.24 42.24 100m: 1:41.85	59.61	150m: 2:38.93	57.08	200m: 3:34.30	55.37	
5. Afonso Miguel, SANTOS	14	Nautico Marinha Grande			3:46.38	147
50m: 50.16 50.16 100m: 1:48.73	58.57	150m: 2:48.59	59.86	200m: 3:46.38	57.79	
6. Simao Oliveira, FERNANDES	14	Vieirense			3:49.33	141
50m: 50.19 50.19 100m: 1:47.62	57.43	150m: 2:47.69	1:00.07	200m: 3:49.33	1:01.64	
7. Rodrigo Cruz, ALVES	14	Nautico Marinha Grande			3:51.96	136
50m: 51.61 51.61 100m: 1:52.77	1:01.16	150m: 2:54.37	1:01.60	200m: 3:51.96	57.59	
8. Angelo Poudeian, SILVA	14	Nautico Marinha Grande			4:00.19	123
50m: 53.19 53.19 100m: 1:57.31	1:04.12	150m: 3:00.59	1:03.28	200m: 4:00.19	59.60	
9. Afonso Pereira, MARRAZES	14	Nautico Marinha Grande			4:12.81	105
50m: 54.31 54.31 100m: 1:59.38	1:05.07	150m: 3:06.35	1:06.97	200m: 4:12.81	1:06.46	
DSQ Abdullo, TUYCHIEV	14	Ba Leiria / Sk Coffee				
<i>Após a partida, o atleta efetuou braçadas alternadas.</i>						
DSQ Santiago Magalhaes, SILVA	14	Benedita				
<i>O atleta na viragem aos 150m e na chegada realizou toque alternado na parede.</i>						
DNS Eduardo, TATARU	14	Ba Leiria / Sk Coffee				

Prova 2	Masc., 200m Bruços				Infantil A
10/10/2026 - 15:40					Resultados
Recorde Distrital INF A	2:32.07	Nuno, SILVA	ADBA		08/07/2018
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima		08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Recordes Nacionais 25m INF A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01/08/2018

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Vladimir, DERELO	13	Nautico Marinha Grande			3:10.37	247
50m: 43.54 43.54 100m: 1:32.54	49.00	150m: 2:22.64	50.10	200m: 3:10.37	47.73	
2. Miguel, CAINAC	13	Benedita			3:11.34	243
50m: 41.94 41.94 100m: 1:31.38	49.44	150m: 2:21.34	49.96	200m: 3:11.34	50.00	
3. Estevao Esperanco, MOTA	13	Ba Leiria / Sk Coffee			3:15.33	229
50m: 45.29 45.29 100m: 1:34.68	49.39	150m: 2:25.50	50.82	200m: 3:15.33	49.83	
4. Goncalo Gregorio, FARIAS	13	Nautico Marinha Grande			3:18.81	217
50m: 45.10 45.10 100m: 1:35.77	50.67	150m: 2:27.87	52.10	200m: 3:18.81	50.94	



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 2, Masc., 200m Bruços, Infantil A

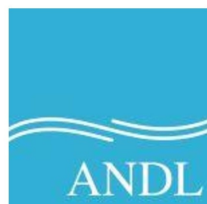
Lugar	Ano	Tempo final	Pts
5. Ricardo Pereira, LOPES	13 Nautico Marinha Grande	3:19.06	216
50m: 45.18 45.18 100m: 1:36.56 51.38 150m: 2:28.34 51.78 200m: 3:19.06 50.72			
6. Marco Ferrador, PEREIRA	13 Nucleo de Pombal	3:23.71	201
50m: 43.18 43.18 100m: 1:35.31 52.13 150m: 2:30.81 55.50 200m: 3:23.71 52.90			
7. Duarte Antonio, CRUZ	13 Benedita	3:32.16	178
50m: 48.41 48.41 100m: 1:41.91 53.50 150m: 2:36.76 54.85 200m: 3:32.16 55.40			
8. David Jorge, MACHADO	13 Vieiraense	3:42.10	155
50m: 49.27 49.27 100m: 1:46.17 56.90 150m: 2:45.52 59.35 200m: 3:42.10 56.58			
DSQ Gustavo Andre, BATISTA	13 Ba Leiria / Sk Coffee		
<i>Nas viragens dos 100m ,150m e na chegada, o atleta tocou na parede apenas com uma mão.</i>			
DSQ Timur, MOLDERF	13 Nautico Marinha Grande		
<i>O atleta não efetuou o ciclo completo de braçada seguida de pernada de bruços.</i>			
DNS Pedro Martim, CRESPO	13 Ba Leiria / Sk Coffee		
DNS Ivan, VESNYANKA	13 Ba Leiria / Sk Coffee		

Prova 2 Masc., 200m Bruços Juvenil B
10/10/2026 - 15:40 Resultados

Recorde Distrital JUV B	2:21.16	David, ALMEIDA	ADBA	06/07/2025
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima	08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR Chartres (FRA)	25/11/2012
Recordes Nacionais 25m JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB Felgueiras	08/05/2022

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Joao Daniel, SANTOS	12 Alcobaca	2:47.16	365
50m: 36.16 36.16 100m: 1:19.06 42.90 150m: 2:03.41 44.35 200m: 2:47.16 43.75			
2. Goncalo Nunes, MORAIS	12 Ba Leiria / Sk Coffee	2:49.12	352
50m: 39.60 39.60 100m: 1:22.13 42.53 150m: 2:05.74 43.61 200m: 2:49.12 43.38			
3. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	2:55.38	316
50m: 39.05 39.05 100m: 1:23.77 44.72 150m: 2:09.65 45.88 200m: 2:55.38 45.73			
4. Duarte Costa, MADEIRA	12 Alcobaca	2:57.44	305
50m: 39.47 39.47 100m: 1:24.76 45.29 150m: 2:11.26 46.50 200m: 2:57.44 46.18			
5. Tomas Barata, ALVES	12 Nautico Marinha Grande	2:59.73	294
50m: 40.88 40.88 100m: 1:26.84 45.96 150m: 2:13.41 46.57 200m: 2:59.73 46.32			
6. Tomas Vieira, FIGUEIREDO	12 Alcobaca	3:02.59	280
50m: 40.68 40.68 100m: 1:25.48 44.80 150m: 2:13.24 47.76 200m: 3:02.59 49.35			
7. Gabriel Sousa, GOMES	12 Óbidos Criativa	3:13.96	233
50m: 44.69 44.69 100m: 1:34.39 49.70 150m: 2:24.84 50.45 200m: 3:13.96 49.12			
8. Joao Pedro, BELO	12 Nautico Marinha Grande	3:20.00	213
50m: 45.78 45.78 100m: 1:36.64 50.86 150m: 2:28.56 51.92 200m: 3:20.00 51.44			
9. Ruben Jose, FERREIRA	12 CNLeiria - VOID	3:22.35	206
50m: 45.31 45.31 100m: 1:36.81 51.50 150m: 2:31.01 54.20 200m: 3:22.35 51.34			
10. Duarte Mota, GASPAR	12 Ba Leiria / Sk Coffee	3:23.03	204
50m: 46.99 46.99 100m: 1:39.92 52.93 150m: 2:32.59 52.67 200m: 3:23.03 50.44			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 2, Masc., 200m Bruços

Prova 2 Masc., 200m Bruços Juvenil A
10/10/2026 - 15:40 Resultados

Recorde Distrital JUV A	2:18.83	David, ALMEIDA	BA/ SK	07/12/2025
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima	08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR Chartres (FRA)	25/11/2012
Recordes Nacionais 25m JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB Albufeira	12/11/2022

Pontos: AQUA 2026

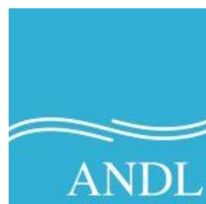
Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA	11 Ba Leiria / Sk Coffee	2:34.17	465
50m: 34.34 34.34 100m: 1:13.33 38.99 150m: 1:53.18 39.85 200m: 2:34.17 40.99			
2. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	2:40.78	410
50m: 35.64 35.64 100m: 1:16.67 41.03 150m: 1:58.59 41.92 200m: 2:40.78 42.19			
3. Vidar Albert, JUNG	11 Nautico Marinha Grande	2:40.92	409
50m: 35.31 35.31 100m: 1:16.38 41.07 150m: 1:59.13 42.75 200m: 2:40.92 41.79			
4. Simao Pedro, MARQUES	11 Uniao Juncalense	2:48.24	358
50m: 36.81 36.81 100m: 1:19.02 42.21 150m: 2:02.84 43.82 200m: 2:48.24 45.40			
5. Vasco Sousa, LEMOS	11 Pimpões	2:53.93	324
50m: 39.37 39.37 100m: 1:23.07 43.70 150m: 2:07.93 44.86 200m: 2:53.93 46.00			
6. Francisco Costa, VALENTIM	11 Naval de Peniche	2:56.07	312
50m: 38.46 38.46 100m: 1:22.74 44.28 150m: 2:08.57 45.83 200m: 2:56.07 47.50			
7. Asabdek, TUYCHIEV	11 Ba Leiria / Sk Coffee	3:10.65	246
50m: 43.08 43.08 100m: 1:30.44 47.36 150m: 2:20.47 50.03 200m: 3:10.65 50.18			
8. Valentim Antonio, PEREIRA	11 CNLeiria - VOID	3:17.12	222
50m: 43.68 43.68 100m: 1:34.15 50.47 150m: 2:25.32 51.17 200m: 3:17.12 51.80			
9. Eduardo Martim, CARMO	11 Óbidos Criativa	3:18.56	218
50m: 42.31 42.31 100m: 1:32.21 49.90 150m: 2:25.86 53.65 200m: 3:18.56 52.70			
10. Gabriel Marques, CARREIRA	11 Uniao Juncalense	3:52.06	136
50m: 51.20 51.20 100m: 1:51.06 59.86 150m: 2:51.35 1:00.29 200m: 3:52.06 1:00.71			

Prova 2 Masc., 200m Bruços Junior
10/10/2026 - 15:40 Resultados

Recorde Distrital 18	2:16.64	António, CARRIÇO	PIMP/ Cima	08/11/2015
Recorde Distrital 17	2:21.64	Pedro, DUARTE	DNMG	09/12/2017
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima	08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR Chartres (FRA)	25/11/2012
Recordes Nacionais 25m 18	2:08.01	Rafael Miguel, MIMOSO	SLB Tomar	14/12/2024
Recordes Nacionais 25m 17	2:11.78	Rafael Miguel, MIMOSO	SLB Leiria	09/12/2023

Pontos: AQUA 2026

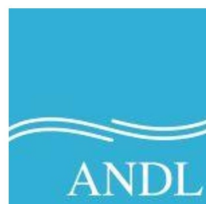
Lugar	Ano	Tempo final	Pts
1. Antonio Antunes, JORGE	10 Alcobaca	2:26.60	541
50m: 34.34 34.34 100m: 1:12.07 37.73 150m: 1:49.58 37.51 200m: 2:26.60 37.02			
2. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	2:32.13	484
50m: 35.40 35.40 100m: 1:14.88 39.48 150m: 1:53.93 39.05 200m: 2:32.13 38.20			
3. Santiago Marques, GOMES	09 Ba Leiria / Sk Coffee	2:33.31	473
50m: 34.13 34.13 100m: 1:13.09 38.96 150m: 1:53.13 40.04 200m: 2:33.31 40.18			
4. Afonso Ferreira, REIS	10 Nautico Marinha Grande	2:33.44	472
50m: 35.26 35.26 100m: 1:14.69 39.43 150m: 1:54.02 39.33 200m: 2:33.44 39.42			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 2, Masc., 200m Bruços, Junior

Lugar	Ano	Tempo final	Pts
5. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	2:34.36 464
50m: 34.71 34.71 100m: 1:14.10 39.39 150m: 1:54.53 40.43 200m: 2:34.36 39.83			
6. Santiago Agostinho, PARREIRA	09	Pimpões	2:34.49 463
50m: 35.59 35.59 100m: 1:14.99 39.40 150m: 1:54.09 39.10 200m: 2:34.49 40.40			
7. Francisco Antonio, SIMOES	10	Ba Leiria / Sk Coffee	2:36.20 448
50m: 34.74 34.74 100m: 1:13.94 39.20 150m: 1:53.94 40.00 200m: 2:36.20 42.26			
8. Guilherme Rodrigues, CABRAL	10	Pimpões	2:36.27 447
50m: 35.18 35.18 100m: 1:14.62 39.44 150m: 1:54.56 39.94 200m: 2:36.27 41.71			
9. Xinyang, CHENG	09	Nautico Marinha Grande	2:38.38 429
50m: 35.35 35.35 100m: 1:15.31 39.96 150m: 1:56.60 41.29 200m: 2:38.38 41.78			
10. Martim Alexandre, MESQUITA	09	Nautico Marinha Grande	2:42.56 397
50m: 36.51 36.51 100m: 1:17.84 41.33 150m: 2:00.18 42.34 200m: 2:42.56 42.38			
11. Joao Piteira, GAIOLAS	10	Nautico Marinha Grande	2:42.95 394
50m: 36.49 36.49 100m: 1:17.60 41.11 150m: 1:59.85 42.25 200m: 2:42.95 43.10			
12. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande	2:43.84 388
50m: 37.23 37.23 100m: 1:18.51 41.28 150m: 2:01.41 42.90 200m: 2:43.84 42.43			
13. Paulo, KOT	09	Nautico Marinha Grande	2:45.30 378
50m: 37.84 37.84 100m: 1:19.52 41.68 150m: 2:01.59 42.07 200m: 2:45.30 43.71			
14. Dinis Lamas, SANTOS	10	Ba Leiria / Sk Coffee	2:45.54 376
50m: 37.15 37.15 100m: 1:18.93 41.78 150m: 2:01.59 42.66 200m: 2:45.54 43.95			
15. Rodrigo Cardoso, TOMAS	10	Alcobaca	2:45.68 375
50m: 37.36 37.36 100m: 1:19.93 42.57 150m: 2:02.61 42.68 200m: 2:45.68 43.07			
16. Lucas Costa, JESUS	10	Nautico Marinha Grande	2:49.50 350
50m: 38.68 38.68 100m: 1:22.14 43.46 150m: 2:06.18 44.04 200m: 2:49.50 43.32			
17. Luis Pedro, VALERIO	09	Ba Leiria / Sk Coffee	2:52.12 334
50m: 39.27 39.27 100m: 1:23.67 44.40 150m: 2:07.88 44.21 200m: 2:52.12 44.24			
18. Vladyslav, BABUSHKIN	09	Nautico Marinha Grande	2:54.81 319
50m: 38.43 38.43 100m: 1:22.92 44.49 150m: 2:09.16 46.24 200m: 2:54.81 45.65			
19. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande	2:55.40 316
50m: 38.94 38.94 100m: 1:22.58 43.64 150m: 2:08.44 45.86 200m: 2:55.40 46.96			
20. Santiago Neves, SILVA	10	Nucleo de Pombal	3:03.67 275
50m: 38.99 38.99 100m: 1:24.71 45.72 150m: 2:13.09 48.38 200m: 3:03.67 50.58			
21. Alexandre Afonso, SANTOS	09	Uniao Juncalense	3:05.41 267
50m: 41.59 41.59 100m: 1:29.34 47.75 150m: 2:17.87 48.53 200m: 3:05.41 47.54			
22. Francisco Lourenco, CUSTODIO	09	Naval da Nazaré	3:19.08 216
50m: 46.10 46.10 100m: 1:32.40 46.30 150m: 2:29.19 56.79 200m: 3:19.08 49.89			
DSQ João Santos, DURAO	10	Uniao Juncalense	
Na viragem aos 175m, o atleta não tocou na parede com as duas mãos em simultâneo.			
DSQ Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande	
Durante o percurso subaquático após a viragem aos 100m e aos 150m, o atleta realizou pernada alternada.			
DNS Brock Ammon, MERRELL	10	Naval de Peniche	



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 2, Masc., 200m Bruços

Prova 2	Masc., 200m Bruços				Senior
10/10/2026 - 15:40					Resultados
Recorde Distrital SEN	2:18.13	Daniel, TSYKAL	CNAL		29/11/2024
Recorde Distrital ABS	2:16.64	António, CARRIÇO	PIMP/ Cima		08/11/2015
Recordes Nacionais 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Recordes Nacionais 25m SEN	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Leonardo Jose, CRUZ	07	Alcobaca			2:27.45	532
50m: 33.60 33.60 100m: 1:11.27		37.67 150m: 1:49.25	37.98	200m: 2:27.45		38.20
2. David Ferreira, RELVAS	03	Nautico Marinha Grande			2:31.25	493
50m: 34.15 34.15 100m: 1:12.37		38.22 150m: 1:51.30	38.93	200m: 2:31.25		39.95
3. Lucas Benjamim, SILVA	08	Ba Leiria / Sk Coffee			2:40.53	412
50m: 34.89 34.89 100m: 1:15.84		40.95 150m: 1:58.17	42.33	200m: 2:40.53		42.36
4. Yusuf Marwan, ABDULLAH	08	Rio Maior			2:41.44	405
50m: 34.36 34.36 100m: 1:14.46		40.10 150m: 1:58.17	43.71	200m: 2:41.44		43.27

Prova 3
10/10/2026 - 16:25

Femin., 100m Costas

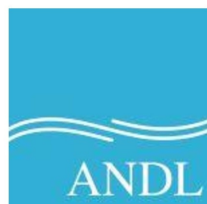
Infantil B

Resultados

Recorde Distrital INF B	1:07.26	Maria, AMADO	ADBA		07/04/2017
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA		19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR	Lublin (POL)	04/12/2025
Recordes Nacionais 25m INF B	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	18/03/2016

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Matilde Pereira, SILVA	14	Benedita			1:26.16	246
50m: 42.31 42.31 100m: 1:26.16		43.85				
2. Carolina Pereira, DURAO	14	Alcobaca			1:26.53	243
50m: 40.98 40.98 100m: 1:26.53		45.55				
3. Constanca Sequeira, CARNEIRO	14	Pimpões			1:27.22	237
50m: 41.44 41.44 100m: 1:27.22		45.78				
4. Matilde Santos, PEREIRA	14	Pimpões			1:28.57	226
50m: 43.10 43.10 100m: 1:28.57		45.47				
5. Miriam Amancio, RICARDO	14	Óbidos Criativa			1:28.59	226
50m: 42.55 42.55 100m: 1:28.59		46.04				
6. Constanca Alves, FONSECA	14	Alcobaca			1:29.62	219
50m: 43.27 43.27 100m: 1:29.62		46.35				
7. Nadine Sofia, CESARIO	14	Benedita			1:30.55	212
50m: 43.47 43.47 100m: 1:30.55		47.08				
8. Ines Silva, MARCIANO	14	Pimpões			1:30.92	209
50m: 43.91 43.91 100m: 1:30.92		47.01				
9. Ines Ferreira, CAPELA	14	Vieirense			1:32.37	200
50m: 44.65 44.65 100m: 1:32.37		47.72				
10. Mariana Neves, CARVALHO	14	Naval da Nazaré			1:33.40	193
50m: 44.00 44.00 100m: 1:33.40		49.40				
11. Maria Mar, LUIS	14	Óbidos Criativa			1:35.50	180
50m: 45.86 45.86 100m: 1:35.50		49.64				



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 3, Femin., 100m Costas, Infantil B

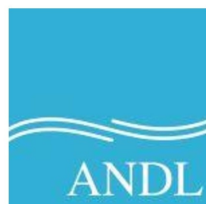
Lugar	Ano	Tempo final	Pts
12. Anais Campanico, HENRIQUES	14 CNLeiria - VOID	1:40.17	156
50m: 47.34 47.34 100m: 1:40.17 52.83			
13. Sofia Pereira, SILVA	14 Óbidos Criativa	1:40.21	156
50m: 48.68 48.68 100m: 1:40.21 51.53			
14. Maria Constanca, BASILIO	14 Pimpões	1:43.23	143
50m: 49.14 49.14 100m: 1:43.23 54.09			
15. Iris Barata, GAMITO	14 Ba Leiria / Sk Coffee	1:47.06	128
50m: 48.10 48.10 100m: 1:47.06 58.96			
16. Patricia Cristina, MARIANO	14 Alcobaca	1:49.09	121
50m: 53.21 53.21 100m: 1:49.09 55.88			
17. Sofia Marcalo, NETO	14 Naval de Peniche	1:53.10	108
50m: 55.45 55.45 100m: 1:53.10 57.65			

Prova 3 Femin., 100m Costas Infantil A
10/10/2026 - 16:25 Resultados

Recorde Distrital INF A	1:04.49	Maria, AMADO	SANDL	27/01/2018
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA	19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR Lublin (POL)	04/12/2025
Recordes Nacionais 25m INF A	1:02.96	Ines Camacho, FERNANDES	SCP Alapraia	12/02/2011

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	1:19.84	309
50m: 38.99 38.99 100m: 1:19.84 40.85			
2. Maria Leal, ALVES	13 Alcobaca	1:20.09	306
50m: 38.57 38.57 100m: 1:20.09 41.52			
3. Mariana Santos, VALENTIM	13 Pimpões	1:20.55	301
50m: 38.94 38.94 100m: 1:20.55 41.61			
4. Emma Henriques, SOUTO	13 Óbidos Criativa	1:20.59	301
50m: 39.13 39.13 100m: 1:20.59 41.46			
5. Elisa Rodrigues, SIMOES	13 Benedita	1:22.14	284
50m: 40.54 40.54 100m: 1:22.14 41.60			
6. Maria Joao, OLIVEIRA	13 Alcobaca	1:23.16	274
50m: 40.56 40.56 100m: 1:23.16 42.60			
7. Avron Dawn, SANTOS	13 Nautico Marinha Grande	1:24.03	265
50m: 41.34 41.34 100m: 1:24.03 42.69			
8. Francisca Vieira, SILVA	13 Nucleo de Pombal	1:24.74	259
50m: 41.96 41.96 100m: 1:24.74 42.78			
9. Matilde Mamede, CECILIO	13 Naval de Peniche	1:25.68	250
50m: 41.46 41.46 100m: 1:25.68 44.22			
10. Nuria Rocha, BOTAS	13 Vieiraense	1:28.03	231
50m: 43.52 43.52 100m: 1:28.03 44.51			
11. Ana Sofia, SILVA	13 Naval de Peniche	1:28.45	227
50m: 42.91 42.91 100m: 1:28.45 45.54			
12. Sara Machado, JANUARIO	13 Alcobaca	1:31.69	204
50m: 44.12 44.12 100m: 1:31.69 47.57			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 3, Femin., 100m Costas, Infantil A

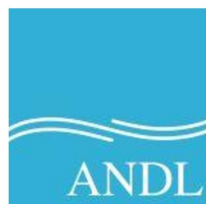
Lugar	Ano	Tempo final	Pts
13. Catarina Faustino, DIAS	13 Naval de Peniche	1:32.21	201
50m: 45.34 45.34 100m: 1:32.21 46.87			
14. Eva Vieira, SILVA	13 Nucleo de Pombal	1:33.91	190
50m: 46.63 46.63 100m: 1:33.91 47.28			
15. Constanca Teopisto, CARVALHO	13 Alcobaca	1:37.39	170
50m: 47.53 47.53 100m: 1:37.39 49.86			

Prova 3 Femin., 100m Costas Juvenil B
10/10/2026 - 16:25 Resultados

Recorde Distrital JUV B	1:04.55	Ariana, CARAPINHA	DNMG	23/05/2021
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA	19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR Lublin (POL)	04/12/2025
Recordes Nacionais 25m JUV B	1:01.43	Ines Camacho, FERNANDES	SCP Mealhada	17/12/2011

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Luna Francisco, PEREIRA	12 Nucleo de Pombal	1:14.35	383
50m: 36.25 36.25 100m: 1:14.35 38.10			
2. Beatriz Julio, CORREIA	12 CNLeiria - VOID	1:17.05	344
50m: 36.45 36.45 100m: 1:17.05 40.60			
3. Constanca Santos, COUTINHO	12 Naval da Nazaré	1:17.73	335
50m: 37.66 37.66 100m: 1:17.73 40.07			
4. Barbara Serrano, LOMBA	12 Ba Leiria / Sk Coffee	1:19.85	309
50m: 39.31 39.31 100m: 1:19.85 40.54			
5. Mafalda Varela, BERNARDINO	12 Alcobaca	1:20.08	306
50m: 39.06 39.06 100m: 1:20.08 41.02			
6. Iara Maria, CAMACHO	12 Pimpões	1:24.32	262
50m: 41.20 41.20 100m: 1:24.32 43.12			
7. Rita Alexandra, JORDAO	12 Alcobaca	1:25.36	253
50m: 41.68 41.68 100m: 1:25.36 43.68			
8. Carolina Matos, CORREIA	12 Nucleo de Pombal	1:26.50	243
50m: 42.30 42.30 100m: 1:26.50 44.20			
9. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	1:28.38	228
50m: 42.48 42.48 100m: 1:28.38 45.90			
10. Maria Joao, ALBUQUERQUE	12 Pimpões	1:28.87	224
50m: 43.99 43.99 100m: 1:28.87 44.88			
11. Julia Lewin, MOREIRA	12 Naval de Peniche	1:32.13	201
50m: 43.79 43.79 100m: 1:32.13 48.34			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 3, Femin., 100m Costas

Prova 3 Femin., 100m Costas Juvenil A
10/10/2026 - 16:25 Resultados

Recorde Distrital JUV A	1:04.17	Maria, AMADO	DNMG		22/12/2019
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA		19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR	Lublin (POL)	04/12/2025
Recordes Nacionais 25m JUV A	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	08/12/2013

Pontos: AQUA 2026

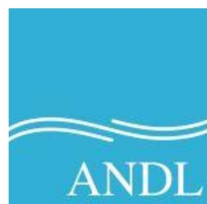
Lugar	Ano	Tempo final	Pts
1. Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	1:13.53	396
50m: 35.96 35.96 100m: 1:13.53	37.57		
2. Carlota Sa, SANTOS	11 Nucleo de Pombal	1:15.19	370
50m: 36.72 36.72 100m: 1:15.19	38.47		
3. Francisca Moreira, FELICIANO	11 Alcobaca	1:15.56	365
50m: 36.73 36.73 100m: 1:15.56	38.83		
4. Matilde Pinto, ANTUNES	11 Naval de Peniche	1:16.37	353
50m: 36.67 36.67 100m: 1:16.37	39.70		
5. Cristiana Henriques, ALMEIDA	11 Benedita	1:16.80	348
50m: 36.83 36.83 100m: 1:16.80	39.97		
6. Erica Felix, RODRIGUES	11 Uniao Juncalense	1:26.14	246
50m: 42.61 42.61 100m: 1:26.14	43.53		
7. Mariana Silva, CONCEICAO	11 Uniao Juncalense	1:26.57	242
50m: 41.81 41.81 100m: 1:26.57	44.76		
8. Beatriz Morgado, SILVA	11 Benedita	1:26.58	242
50m: 42.47 42.47 100m: 1:26.58	44.11		
9. Matilde Vitorino, FERREIRA	11 Naval de Peniche	1:26.65	242
50m: 42.55 42.55 100m: 1:26.65	44.10		
10. Sara Nunes, HORTA	11 CNLeiria - VOID	1:28.16	230
50m: 42.03 42.03 100m: 1:28.16	46.13		
11. Kelly Simao, COSTA	11 Óbidos Criativa	1:28.35	228
50m: 43.20 43.20 100m: 1:28.35	45.15		

Prova 3 Femin., 100m Costas Junior
10/10/2026 - 16:25 Resultados

Recorde Distrital 18	1:03.11	Andreia, ANJOS	ADBA		19/12/2009
Recorde Distrital 17	1:04.60	Ariana, CARAPINHA	ADBA		11/12/2022
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA		19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR	Lublin (POL)	04/12/2025
Recordes Nacionais 25m 18	58.65	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	22/12/2019
Recordes Nacionais 25m 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	29/06/2019

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	1:10.62	447
50m: 35.34 35.34 100m: 1:10.62	35.28		
2. Ana Margarida, MARQUES	09 Ba Leiria / Sk Coffee	1:12.29	417
50m: 35.21 35.21 100m: 1:12.29	37.08		
3. Constanca Baptista, TOMAS	09 Alcobaca	1:14.47	381
50m: 36.02 36.02 100m: 1:14.47	38.45		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 3, Femin., 100m Costas, Junior

Lugar	Ano	Tempo final	Pts
4. Sofia Roma, BRIZIDA	10 CNLeiria - VOID	1:14.64	379
50m: 36.36 36.36 100m: 1:14.64	38.28		
5. Elisa Henriques, SOUTO	10 Óbidos Criativa	1:15.78	362
50m: 36.45 36.45 100m: 1:15.78	39.33		
6. Mariana Santos, AFONSO	10 Naval de Peniche	1:16.81	347
50m: 37.38 37.38 100m: 1:16.81	39.43		
7. Anjali, RAICAR	09 Naval de Peniche	1:24.37	262
50m: 40.07 40.07 100m: 1:24.37	44.30		
DSQ Eva Nunes, PEDROSA	09 Nucleo de Pombal		
Na viragem aos 50m, a atleta não tocou na parede, com nenhuma parte do corpo.			

Prova 3 Femin., 100m Costas Senior Resultados

10/10/2026 - 16:25				
Recorde Distrital SEN	1:04.72	Andreia, ANJOS	ADBA	04/12/2010
Recorde Distrital ABS	1:03.11	Andreia, ANJOS	ADBA	19/12/2009
Recordes Nacionais 25m Open	57.79	Camila Rodrigues, REBELO	POR Lublin (POL)	04/12/2025
Recordes Nacionais 25m SEN	57.79	Camila Rodrigues, REBELO	POR Lublin (POL)	04/12/2025

Pontos: AQUA 2026

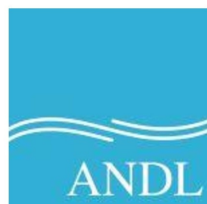
Lugar	Ano	Tempo final	Pts
1. Carolina Lourenco, MATOS	98 Benedita	1:14.42	382
50m: 36.07 36.07 100m: 1:14.42	38.35		
2. Beatriz Silva, CONCEICAO	05 Uniao Juncalense	1:20.78	299
50m: 38.98 38.98 100m: 1:20.78	41.80		
3. Ana Claudia, FERREIRA	90 Alcobaca	1:23.98	266
50m: 40.56 40.56 100m: 1:23.98	43.42		
DNS Matilde Monteiro, NEVES	08 Nucleo de Pombal		

Prova 4 Masc., 200m Livres Infantil B Resultados

10/10/2026 - 16:52				
Recorde Distrital INF B	2:04.71	João, SANTOS	CNAL	28/06/2025
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018
Recordes Nacionais 25m INF B	2:04.71	Joao Daniel, SANTOS	CNAL Caldas da Rainha	28/06/2025

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Francisco Meca, SILVA	14 Nautico Marinha Grande	2:27.90	296
50m: 34.83 34.83 100m: 1:13.31	38.48 150m: 1:51.56 38.25	200m: 2:27.90	36.34
2. Romeu Filipe, SOUSA	14 Nautico Marinha Grande	2:40.36	232
50m: 35.78 35.78 100m: 1:17.22	41.44 150m: 2:00.40 43.18	200m: 2:40.36	39.96
3. Hao Yang, CHENG	14 Nautico Marinha Grande	2:43.07	221
50m: 37.10 37.10 100m: 1:19.32	42.22 150m: 2:02.53 43.21	200m: 2:43.07	40.54
4. Mateus Matos, MORADO	14 CNLeiria - VOID	2:44.38	215
50m: 36.13 36.13 100m: 1:18.98	42.85 150m: 2:02.03 43.05	200m: 2:44.38	42.35
5. Vladyslav, STARYNSKY	14 Benedita	2:49.44	197
50m: 36.62 36.62 100m: 1:19.93	43.31 200m: 2:49.44	1:29.51	



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 4, Masc., 200m Livres, Infantil B

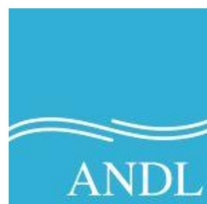
Lugar	Ano	Tempo final	Pts
6. Salvador Santos, VAZ	14	Vieirense	2:49.57 196
50m: 37.82 37.82 100m: 1:22.80 44.98 150m: 2:07.06 44.26 200m: 2:49.57 42.51			
7. Demian, DUDINOV	14	Naval de Peniche	2:52.01 188
50m: 38.90 38.90 100m: 1:23.15 44.25 150m: 2:09.19 46.04 200m: 2:52.01 42.82			
8. Rodrigo Cruz, ALVES	14	Nautico Marinha Grande	2:57.51 171
50m: 41.06 41.06 100m: 1:27.13 46.07 150m: 2:15.06 47.93 200m: 2:57.51 42.45			
9. Diego Ferreira, CRISOSTOMO	14	Benedita	3:03.22 155
50m: 41.37 41.37 100m: 1:28.29 46.92 150m: 2:17.00 48.71 200m: 3:03.22 46.22			
10. Angelo Poudeian, SILVA	14	Nautico Marinha Grande	3:07.77 144
50m: 41.49 41.49 100m: 1:32.50 51.01 150m: 2:22.75 50.25 200m: 3:07.77 45.02			
11. Afonso Pereira, MARRAZES	14	Nautico Marinha Grande	3:12.31 134
50m: 40.61 40.61 100m: 1:30.18 49.57 150m: 2:18.03 47.85 200m: 3:12.31 54.28			
12. Simao Oliveira, FERNANDES	14	Vieirense	3:15.97 127
50m: 40.70 40.70 100m: 1:31.70 51.00 150m: 2:25.75 54.05 200m: 3:15.97 50.22			
13. Duarte Figueiredo, GRACIO	14	Vieirense	3:21.73 116
50m: 44.91 44.91 100m: 1:37.73 52.82 150m: 2:30.44 52.71 200m: 3:21.73 51.29			
14. Filipe Melo, FERREIRA	14	CNLeiria - VOID	3:22.72 115
50m: 44.93 44.93 100m: 1:38.72 53.79 150m: 2:33.15 54.43 200m: 3:22.72 49.57			
15. Danilo Henrique, PEREIRA	14	Nautico Marinha Grande	3:36.79 94
50m: 39.05 39.05 100m: 1:31.53 52.48 150m: 2:34.78 1:03.25 200m: 3:36.79 1:02.01			
DSQ Santiago Magalhaes, SILVA	14	Benedita	
<i>Falsa Partida.</i>			
DSQ Carlos Manuel, PEREIRA	14	CNLeiria - VOID	4:12.57
<i>Falsa partida</i>			
50m: 49.67 49.67 100m: 1:56.80 1:07.13 150m: 3:04.80 1:08.00 200m: 4:12.57 1:07.77			

Prova 4 Masc., 200m Livres Infantil A
10/10/2026 - 16:52 Resultados

Recorde Distrital INF A	2:01.90	Ricardo, SILVA	DNMG	08/04/2017
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	14/12/2018
Recordes Nacionais 25m INF A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	10/06/2004

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vladyslav, DVIRNYI	13	Nucleo de Pombal	2:21.40 339
50m: 32.55 32.55 100m: 1:10.41 37.86 150m: 1:47.71 37.30 200m: 2:21.40 33.69			
2. Marco Ferrador, PEREIRA	13	Nucleo de Pombal	2:33.38 265
50m: 34.81 34.81 100m: 1:13.60 38.79 150m: 1:54.27 40.67 200m: 2:33.38 39.11			
3. Afonso Monteiro, GOMES	13	Naval de Peniche	2:35.40 255
50m: 35.22 35.22 100m: 1:16.15 40.93 150m: 1:56.97 40.82 200m: 2:35.40 38.43			
4. Vladimir, DERELO	13	Nautico Marinha Grande	2:36.06 252
50m: 36.80 36.80 100m: 1:15.41 38.61 150m: 1:53.66 38.25 200m: 2:36.06 42.40			
5. Goncalo Gregorio, FARIAS	13	Nautico Marinha Grande	2:36.47 250
50m: 35.08 35.08 100m: 1:14.62 39.54 150m: 1:56.25 41.63 200m: 2:36.47 40.22			
6. Tiago Amancio, LEAL	13	Naval de Peniche	2:41.17 229
50m: 35.78 35.78 100m: 1:16.20 40.42 150m: 1:59.28 43.08 200m: 2:41.17 41.89			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 4, Masc., 200m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
7. Alexandre Botas, RIBEIRO	13 CNLeiria - VOID	2:47.96	202
50m: 38.01 38.01 100m: 1:21.72 43.71 150m: 2:05.87 44.15 200m: 2:47.96 42.09			
8. Oleksandr, KHALETSKYI	13 Uniao Juncalense	3:10.55	138
50m: 39.90 39.90 100m: 1:29.62 49.72 150m: 2:22.40 52.78 200m: 3:10.55 48.15			

Prova 4 Masc., 200m Livres Juvenil B
10/10/2026 - 16:52 Resultados

Recorde Distrital JUV B	1:54.56	Rodolfo, ALECRIM	CNL - VOID	15/03/2025
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018
Recordes Nacionais 25m JUV B	1:53.76	Diogo Matos, RIBEIRO	CUC Coimbra	16/06/2019

Pontos: AQUA 2026

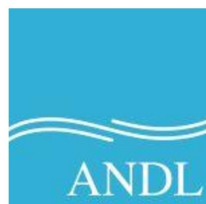
Lugar	Ano	Tempo final	Pts
1. Sebastian, PACHECO	12 Naval de Peniche	2:16.97	373
50m: 30.58 30.58 100m: 1:05.25 34.67 150m: 1:41.12 35.87 200m: 2:16.97 35.85			
2. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	2:22.86	328
50m: 31.47 31.47 100m: 1:08.22 36.75 150m: 1:46.50 38.28 200m: 2:22.86 36.36			
3. Afonso Mourao, MIRANDA	12 Ba Leiria / Sk Coffee	2:40.30	232
50m: 35.97 35.97 100m: 1:18.22 42.25 150m: 2:00.72 42.50 200m: 2:40.30 39.58			
4. Duarte Mota, GASPAR	12 Ba Leiria / Sk Coffee	2:40.69	231
50m: 36.94 36.94 100m: 1:18.72 41.78 150m: 2:00.15 41.43 200m: 2:40.69 40.54			

Prova 4 Masc., 200m Livres Juvenil A
10/10/2026 - 16:52 Resultados

Recorde Distrital JUV A	1:54.77	Rodrigo, REIS	ADBA	07/11/2019
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018
Recordes Nacionais 25m JUV A	1:49.83	Diogo Matos, RIBEIRO	CUC Mealhada	07/12/2019

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Rodrigo Nicolau, RITA	11 Vieiraense	2:11.70	419
50m: 29.16 29.16 100m: 1:02.73 33.57 150m: 1:37.36 34.63 200m: 2:11.70 34.34			
2. Francisco Costa, VALENTIM	11 Naval de Peniche	2:19.84	350
50m: 30.73 30.73 100m: 1:06.33 35.60 150m: 1:43.57 37.24 200m: 2:19.84 36.27			
3. Diego Rodrigues, MENDES	11 Ba Leiria / Sk Coffee	2:21.16	340
50m: 32.48 32.48 100m: 1:08.41 35.93 150m: 1:45.34 36.93 200m: 2:21.16 35.82			
4. Dinis Morgado, FERREIRA	11 Ba Leiria / Sk Coffee	2:23.47	324
50m: 30.40 30.40 100m: 1:06.30 35.90 150m: 1:45.44 39.14 200m: 2:23.47 38.03			
5. Tomas Ferreira, CARVALHO	11 Ba Leiria / Sk Coffee	2:23.70	323
50m: 32.49 32.49 100m: 1:08.31 35.82 150m: 1:45.70 37.39 200m: 2:23.70 38.00			
6. Joao Pedro, CRUZ	11 Naval de Peniche	2:38.63	240
50m: 36.06 36.06 100m: 1:17.63 41.57 150m: 1:58.88 41.25 200m: 2:38.63 39.75			
7. Gabriel Marques, CARREIRA	11 Uniao Juncalense	2:50.16	194
50m: 36.69 36.69 100m: 1:20.14 43.45 150m: 2:06.02 45.88 200m: 2:50.16 44.14			
8. Joao Sousa, SANTOS	11 Nucleo de Pombal	2:51.81	189
50m: 36.61 36.61 100m: 1:20.11 43.50 150m: 2:07.21 47.10 200m: 2:51.81 44.60			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 4, Masc., 200m Livres, Juvenil A

Lugar	Ano	Tempo final	Pts
9. Gabriel Cadete, RODRIGUES	11 Nucleo de Pombal	2:55.12	178
50m: 38.97 38.97 100m: 1:24.18 45.21 150m: 2:11.07 46.89 200m: 2:55.12 44.05			
DNS Filipe Ferreira, VALENTE	11 CNLeiria - VOID		

Prova 4 Masc., 200m Livres Junior Resultados

Recorde Distrital 18	1:51.89	Miguel, DIOGO	CNAL	18/06/2011
Recorde Distrital 17	1:48.89	Santiago, PARREIRA	PIMP/ Cima	27/06/2026
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018
Recordes Nacionais 25m 18	1:47.73	Tiago Andre, VENANCIO	POR Viena (AUT)	12/12/2004
Recordes Nacionais 25m 17	1:47.65	Diogo Matos, RIBEIRO	CUC Felgueiras	11/04/2021

Pontos: AQUA 2026

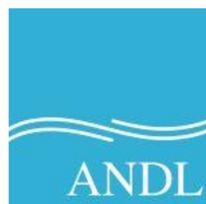
Lugar	Ano	Tempo final	Pts
1. Dinis Lamas, SANTOS	10 Ba Leiria / Sk Coffee	2:04.19	500
50m: 28.47 28.47 100m: 1:00.22 31.75 150m: 1:32.37 32.15 200m: 2:04.19 31.82			
2. Hugo Miguel, SANTOS	09 Pimpões	2:06.06	478
50m: 29.56 29.56 100m: 1:01.60 32.04 150m: 1:33.67 32.07 200m: 2:06.06 32.39			
3. David Ferrador, PEREIRA	09 Nucleo de Pombal	2:10.53	431
50m: 28.75 28.75 100m: 1:01.82 33.07 150m: 1:36.18 34.36 200m: 2:10.53 34.35			
4. Afonso Matos, CORREIA	09 Nucleo de Pombal	2:16.06	380
50m: 30.19 30.19 100m: 1:05.27 35.08 150m: 1:41.50 36.23 200m: 2:16.06 34.56			
5. Francisco Enes, ALVES	10 Ba Leiria / Sk Coffee	2:21.34	339
50m: 31.13 31.13 100m: 1:07.63 36.50 150m: 1:45.44 37.81 200m: 2:21.34 35.90			
6. Santiago Neves, SILVA	10 Nucleo de Pombal	2:32.03	272
50m: 32.96 32.96 100m: 1:12.97 40.01 150m: 1:54.05 41.08 200m: 2:32.03 37.98			
7. João Santos, DURAO	10 Uniao Juncalense	2:42.91	221
50m: 36.76 36.76 100m: 1:17.45 40.69 150m: 2:00.54 43.09 200m: 2:42.91 42.37			
DNS Brock Ammon, MERRELL	10 Naval de Peniche		

Prova 4 Masc., 200m Livres Senior Resultados

Recorde Distrital SEN	1:46.84	César, FARIA	ADBA	19/12/2009
Recorde Distrital ABS	1:46.84	César, FARIA	ADBA	19/12/2009
Recordes Nacionais 25m Open	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018
Recordes Nacionais 25m SEN	1:43.16	Miguel Duarte, NASCIMENTO	POR Hangzhou (CHN)	14/12/2018

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	1:57.39	592
50m: 26.25 26.25 100m: 55.96 29.71 150m: 1:26.00 30.04 200m: 1:57.39 31.39			
2. Gil Santos, LEMOS	06 Pimpões	2:01.37	536
50m: 28.10 28.10 100m: 58.15 30.05 150m: 1:28.34 30.19 200m: 2:01.37 33.03			
3. Rodrigo Santos, COUTINHO	08 Pimpões	2:01.59	533
50m: 28.75 28.75 100m: 1:00.69 31.94 150m: 1:31.68 30.99 200m: 2:01.59 29.91			
4. Sebastian Fabricio, VILLACIS	01 CNLeiria - VOID	2:09.01	446
50m: 29.87 29.87 100m: 1:01.95 32.08 150m: 1:34.43 32.48 200m: 2:09.01 34.58			
5. Amilcar Filipe, PIRES	84 CNLeiria - VOID	3:53.30	75
50m: 49.34 49.34 100m: 1:42.94 53.60 150m: 2:44.59 1:01.65 200m: 3:53.30 1:08.71			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 5 Femin., 200m Estilos Infantil B
10/10/2026 - 17:17 Resultados

Recorde Distrital INF B	2:25.94	Filipa, RUIVO	SANDL	10/04/2010
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN Tomar	14/12/2024
Recordes Nacionais 25m INF B	2:21.36	Carolina Miranda, FERNANDES	CGA Felgueiras	10/03/2018

Pontos: AQUA 2026

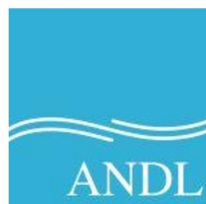
Lugar	Ano	Tempo final	Pts
1. Matilde Pereira, SILVA	14 Benedita	3:13.76	247
50m: 45.72 45.72 100m: 1:35.79	50.07 150m: 2:32.34	56.55 200m: 3:13.76	41.42
2. Carolina Pereira, DURAO	14 Alcobaca	3:13.81	247
50m: 40.03 40.03 100m: 1:29.60	49.57 150m: 2:29.37	59.77 200m: 3:13.81	44.44
3. Constanca Alves, FONSECA	14 Alcobaca	3:15.96	239
50m: 42.46 42.46 100m: 1:35.28	52.82 150m: 2:33.36	58.08 200m: 3:15.96	42.60
4. Mariana Neves, CARVALHO	14 Naval da Nazaré	3:19.30	227
50m: 40.16 40.16 100m: 1:32.80	52.64 150m: 2:32.87	1:00.07 200m: 3:19.30	46.43
5. Nadine Sofia, CESARIO	14 Benedita	3:25.77	206
50m: 47.38 47.38 100m: 1:36.59	49.21 150m: 2:42.82	1:06.23 200m: 3:25.77	42.95
6. Ester Nunes, DIAS	14 CNLeiria - VOID	3:29.19	196
50m: 45.58 45.58 100m: 1:36.83	51.25 150m: 2:42.22	1:05.39 200m: 3:29.19	46.97
7. Patricia Cristina, MARIANO	14 Alcobaca	4:03.41	124
50m: 52.22 52.22 100m: 1:53.76	1:01.54 150m: 3:09.29	1:15.53 200m: 4:03.41	54.12
DNS Iris Barata, GAMITO	14 Ba Leiria / Sk Coffee		
DNS Diana Monteiro, FONSECA	14 Ba Leiria / Sk Coffee		

Prova 5 Femin., 200m Estilos Infantil A
10/10/2026 - 17:17 Resultados

Recorde Distrital INF A	2:23.81	Inês, SILVA	SANDL	12/04/2014
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN Tomar	14/12/2024
Recordes Nacionais 25m INF A	2:19.79	Mariana Pacheco, CUNHA	CFP Felgueiras	14/04/2018

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA	13 Ba Leiria / Sk Coffee	2:56.16	329
50m: 35.65 35.65 100m: 1:20.26	44.61 150m: 2:14.01	53.75 200m: 2:56.16	42.15
2. Francisca Vieira, SILVA	13 Nucleo de Pombal	2:57.45	322
50m: 48.25 48.25 100m: 1:27.17	38.92 150m: 2:17.85	50.68 200m: 2:57.45	39.60
3. Carminho Jose, LOPES	13 Benedita	2:57.56	321
50m: 38.95 38.95 100m: 1:26.79	47.84 150m: 2:17.35	50.56 200m: 2:57.56	40.21
4. Elisa Rodrigues, SIMOES	13 Benedita	2:57.72	320
50m: 39.18 39.18 100m: 1:23.75	44.57 150m: 2:17.25	53.50 200m: 2:57.72	40.47
5. Maria Joao, OLIVEIRA	13 Alcobaca	2:59.29	312
50m: 41.04 41.04 100m: 1:26.40	45.36 150m: 2:20.04	53.64 200m: 2:59.29	39.25
6. Lara Sofia, MARCELINO	13 Vieiraense	3:00.21	307
50m: 40.64 40.64 100m: 1:26.43	45.79 150m: 2:19.68	53.25 200m: 3:00.21	40.53
7. Maria Leal, ALVES	13 Alcobaca	3:00.90	303
50m: 38.53 38.53 100m: 1:24.84	46.31 150m: 2:18.34	53.50 200m: 3:00.90	42.56
8. Ines Mestre, SANTOS	13 CNLeiria - VOID	3:03.11	293
50m: 38.78 38.78 100m: 1:28.11	49.33 150m: 2:24.53	56.42 200m: 3:03.11	38.58



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 5, Femin., 200m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
9. Violeta Neves, SILVA	13 Nucleo de Pombal	3:05.35	282
50m: 40.70 40.70 100m: 1:30.52 49.82 150m: 2:23.20 52.68 200m: 3:05.35 42.15			
10. Eduarda Antunes, BUGALHAO	13 Ba Leiria / Sk Coffee	3:17.71	232
50m: 46.21 46.21 100m: 1:35.24 49.03 150m: 2:33.16 57.92 200m: 3:17.71 44.55			
11. Catarina Franco, RODRIGUES	13 Naval de Peniche	3:18.55	229
50m: 42.94 42.94 100m: 1:30.47 47.53 150m: 2:28.97 58.50 200m: 3:18.55 49.58			
12. Erica Maria, FORTUNATO	13 Ba Leiria / Sk Coffee	3:22.22	217
50m: 48.39 48.39 100m: 1:38.12 49.73 150m: 2:38.64 1:00.52 200m: 3:22.22 43.58			
13. Sara Machado, JANUARIO	13 Alcobaca	3:22.55	216
50m: 45.48 45.48 100m: 1:36.90 51.42 150m: 2:37.98 1:01.08 200m: 3:22.55 44.57			
14. Constanca Teopisto, CARVALHO	13 Alcobaca	3:31.63	189
50m: 51.80 51.80 100m: 1:45.38 53.58 150m: 2:44.34 58.96 200m: 3:31.63 47.29			

Prova 5 Femin., 200m Estilos Juvenil B
10/10/2026 - 17:17 Resultados

Recorde Distrital JUV B	2:22.96	Victoria, KAMINSKAYA	PIMP/ Cima	01/05/2010
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN Tomar	14/12/2024
Recordes Nacionais 25m JUV B	2:18.13	Mariana Pacheco, CUNHA	CFP Felgueiras	27/04/2019

Pontos: AQUA 2026

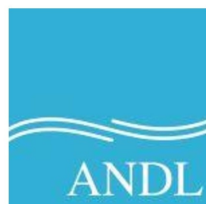
Lugar	Ano	Tempo final	Pts
1. Emiliania Arruda, SARAIVA	12 Vieiraense	2:49.13	371
50m: 35.34 35.34 100m: 1:19.95 44.61 150m: 2:11.15 51.20 200m: 2:49.13 37.98			
2. Maria Ines, GOMES	12 Nucleo de Pombal	3:06.37	277
50m: 40.58 40.58 100m: 1:30.37 49.79 200m: 3:06.37 1:36.00			
3. Carolina Matos, CORREIA	12 Nucleo de Pombal	3:11.70	255
50m: 44.70 44.70 100m: 1:31.06 46.36 150m: 2:28.74 57.68 200m: 3:11.70 42.96			
4. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:14.74	243
50m: 43.92 43.92 100m: 1:33.46 49.54 150m: 2:30.57 57.11 200m: 3:14.74 44.17			

Prova 5 Femin., 200m Estilos Juvenil A
10/10/2026 - 17:17 Resultados

Recorde Distrital JUV A	2:19.78	Victoria, KAMINSKAYA	PIMP/ Cima	04/12/2010
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN Tomar	14/12/2024
Recordes Nacionais 25m JUV A	2:14.94	Maria Carolina, ROSA	SCP S. António Cavaleiros	19/12/2009

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Cristiana Henriques, ALMEIDA	11 Benedita	2:42.03	422
50m: 35.18 35.18 100m: 1:17.29 42.11 150m: 2:04.31 47.02 200m: 2:42.03 37.72			
2. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	2:46.11	392
50m: 34.31 34.31 100m: 1:17.71 43.40 150m: 2:07.39 49.68 200m: 2:46.11 38.72			
3. Isabela Lourenco, COSTA	11 Benedita	2:48.50	376
50m: 35.46 35.46 100m: 1:20.06 44.60 150m: 2:10.68 50.62 200m: 2:48.50 37.82			
4. Maria Santos, FONSECA	11 CNLeiria - VOID	2:51.25	358
50m: 38.00 38.00 100m: 1:23.65 45.65 150m: 2:10.93 47.28 200m: 2:51.25 40.32			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 5, Femin., 200m Estilos, Juvenil A

Lugar	Ano	Tempo final	Pts
5. Beatriz Morgado, SILVA	11 Benedita	3:05.12	283
50m: 44.40 44.40 100m: 1:30.22 45.82 150m: 2:24.33 54.11 200m: 3:05.12 40.79			

Prova 5 Femin., 200m Estilos Junior
10/10/2026 - 17:17 Resultados

Recorde Distrital 18	2:14.28	Victoria, KAMINSKAYA	PIMP/ Cima	08/12/2012
Recorde Distrital 17	2:16.62	Victoria, KAMINSKAYA	FPN	29/01/2012
Recorde Distrital ABS	2:12.75	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN Tomar	14/12/2024
Recordes Nacionais 25m 18	2:13.83	Mariana Pacheco, CUNHA	CNCE Felgueiras	07/05/2022
Recordes Nacionais 25m 17	2:15.10	Mariana Pacheco, CUNHA	CNCE Felgueiras	10/04/2021

Pontos: AQUA 2026

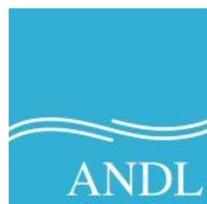
Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	2:32.42	508
50m: 31.81 31.81 100m: 1:11.31 39.50 150m: 1:56.81 45.50 200m: 2:32.42 35.61			
2. Laura Samora, GONCALVES	10 CNLeiria - VOID	2:39.84	440
50m: 34.88 34.88 100m: 1:15.59 40.71 150m: 2:03.73 48.14 200m: 2:39.84 36.11			
3. Teresa Maria, LOPES	09 Benedita	2:39.96	439
50m: 33.21 33.21 100m: 1:14.78 41.57 150m: 2:02.43 47.65 200m: 2:39.96 37.53			
4. Zofie, PACHECO	09 Naval de Peniche	2:45.65	395
50m: 35.97 35.97 100m: 1:19.83 43.86 150m: 2:07.47 47.64 200m: 2:45.65 38.18			

Prova 6 Masc., 400m Livres Infantil B
10/10/2026 - 17:37 Resultados

Recorde Distrital INF B	4:26.50	André, RUIVO	DNMG	02/03/2013
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB Santarém	04/04/2003

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Tomas Santos, MATIAS	14 Alcobaca	5:51.39	220
50m: 38.71 38.71 150m: 2:10.99 41.82 250m: 3:42.39 45.43 350m: 5:10.96 45.15			
100m: 1:29.17 50.46 200m: 2:56.96 45.97 300m: 4:25.81 43.42 400m: 5:51.39 40.43			
2. Matheus Silva, SANTOS	14 Pimpões	5:55.18	213
50m: 38.08 38.08 150m: 2:07.65 45.05 250m: 3:39.09 45.59 350m: 5:11.40 45.76			
100m: 1:22.60 44.52 200m: 2:53.50 45.85 300m: 4:25.64 46.55 400m: 5:55.18 43.78			
3. Afonso Daniel, BRITO	14 Pimpões	6:08.95	190
50m: 41.41 41.41 150m: 2:13.53 46.08 250m: 3:44.12 42.67 350m: 5:23.66 46.82			
100m: 1:27.45 46.04 200m: 3:01.45 47.92 300m: 4:36.84 52.72 400m: 6:08.95 45.29			
4. Tymofii Chikov, PORADYUK	14 Alcobaca	6:12.75	184
50m: 40.29 40.29 150m: 2:14.54 47.07 250m: 3:50.87 47.62 350m: 5:26.33 46.33			
100m: 1:27.47 47.18 200m: 3:03.25 48.71 300m: 4:40.00 49.13 400m: 6:12.75 46.42			
5. Simao, VIEIRA	14 Alcobaca	6:33.80	156
50m: 42.59 42.59 150m: 2:24.03 50.58 250m: 4:06.31 50.83 350m: 5:48.06 50.58			
100m: 1:33.45 50.86 200m: 3:15.48 51.45 300m: 4:57.48 51.17 400m: 6:33.80 45.74			
6. Martim Raminhos, SILVA	14 Pimpões	6:34.50	155
50m: 43.97 43.97 150m: 2:26.90 51.50 250m: 4:10.36 51.61 350m: 5:50.11 48.83			
100m: 1:35.40 51.43 200m: 3:18.75 51.85 300m: 5:01.28 50.92 400m: 6:34.50 44.39			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 6, Masc., 400m Livres, Infantil B

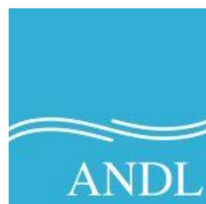
Lugar	Ano	Tempo final	Pts
7. Bruno Miguel, POMBO	14 Alcobaca	7:08.43	121
50m: 48.50 48.50 150m: 2:38.15 55.44 250m: 4:28.18 55.84 350m: 6:18.50 55.86			
100m: 1:42.71 54.21 200m: 3:32.34 54.19 300m: 5:22.64 54.46 400m: 7:08.43 49.93			
8. Abdullo, TUYCHIEV	14 Ba Leiria / Sk Coffee	7:15.91	115
50m: 45.88 45.88 150m: 2:40.63 57.50 250m: 4:32.45 57.57 350m: 6:29.95 1:03.32			
100m: 1:43.13 57.25 200m: 3:34.88 54.25 300m: 5:26.63 54.18 400m: 7:15.91 45.96			
DNS Eduardo, TATARU	14 Ba Leiria / Sk Coffee		

Prova 6 Masc., 400m Livres Infantil A
10/10/2026 - 17:37 Resultados

Recorde Distrital INF A	4:12.35	André, RUIVO	DNMG	29/03/2014
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m INF A	4:12.35	Andre Vilas, RUIVO	DNMG Campo Maior	29/03/2014

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Martim Mota, PATRICIO	13 Vieiraense	5:01.04	350
50m: 33.93 33.93 150m: 1:51.33 38.81 250m: 3:10.56 39.52 350m: 4:27.53 38.85			
100m: 1:12.52 38.59 200m: 2:31.04 39.71 300m: 3:48.68 38.12 400m: 5:01.04 33.51			
2. Vladyslav, DVIRNYI	13 Nucleo de Pombal	5:01.08	350
50m: 33.49 33.49 150m: 1:51.17 39.43 250m: 3:09.52 38.67 350m: 4:26.95 37.85			
100m: 1:11.74 38.25 200m: 2:30.85 39.68 300m: 3:49.10 39.58 400m: 5:01.08 34.13			
3. Miguel, CAINAC	13 Benedita	5:07.81	327
50m: 34.24 34.24 150m: 1:53.46 39.89 250m: 3:13.40 40.00 350m: 4:30.57 37.93			
100m: 1:13.57 39.33 200m: 2:33.40 39.94 300m: 3:52.64 39.24 400m: 5:07.81 37.24			
4. Ricardo Pereira, LOPES	13 Nautico Marinha Grande	5:12.22	314
50m: 35.21 35.21 150m: 1:54.23 39.90 250m: 3:14.32 40.49 350m: 4:34.46 40.18			
100m: 1:14.33 39.12 200m: 2:33.83 39.60 300m: 3:54.28 39.96 400m: 5:12.22 37.76			
5. Timur, MOLDERF	13 Nautico Marinha Grande	5:19.51	293
50m: 35.42 35.42 150m: 1:54.80 40.25 250m: 3:18.49 42.19 350m: 4:41.66 41.66			
100m: 1:14.55 39.13 200m: 2:36.30 41.50 300m: 4:00.00 41.51 400m: 5:19.51 37.85			
6. Estevao Esperanco, MOTA	13 Ba Leiria / Sk Coffee	5:30.93	263
50m: 34.46 34.46 150m: 1:55.93 41.50 250m: 3:21.55 42.84 350m: 4:48.10 42.72			
100m: 1:14.43 39.97 200m: 2:38.71 42.78 300m: 4:05.38 43.83 400m: 5:30.93 42.83			
7. Duarte Antonio, CRUZ	13 Benedita	5:39.10	245
50m: 36.77 36.77 150m: 2:01.03 43.04 250m: 3:28.57 44.05 350m: 4:57.25 44.73			
100m: 1:17.99 41.22 200m: 2:44.52 43.49 300m: 4:12.52 43.95 400m: 5:39.10 41.85			
8. David Jorge, MACHADO	13 Vieiraense	5:44.09	234
50m: 39.21 39.21 150m: 2:05.16 43.92 250m: 3:36.24 44.03 350m: 5:03.24 43.20			
100m: 1:21.24 42.03 200m: 2:52.21 47.05 300m: 4:20.04 43.80 400m: 5:44.09 40.85			
9. Gabriel Silva, RIBEIRO	13 Alcobaca	5:48.89	225
50m: 37.46 37.46 150m: 2:04.77 44.57 250m: 3:36.00 45.44 350m: 5:05.94 44.83			
100m: 1:20.20 42.74 200m: 2:50.56 45.79 300m: 4:21.11 45.11 400m: 5:48.89 42.95			
10. Tiago Jeronimo, ROLINHO	13 Pimpões	6:26.19	166
50m: 43.48 43.48 150m: 2:20.91 48.82 250m: 4:01.16 50.18 350m: 5:39.16 49.00			
100m: 1:32.09 48.61 200m: 3:10.98 50.07 300m: 4:50.16 49.00 400m: 6:26.19 47.03			
11. Gustavo Andre, BATISTA	13 Ba Leiria / Sk Coffee	6:45.23	143
50m: 43.43 43.43 150m: 2:23.61 51.44 250m: 4:08.95 53.15 350m: 5:54.29 52.28			
100m: 1:32.17 48.74 200m: 3:15.80 52.19 300m: 5:02.01 53.06 400m: 6:45.23 50.94			
DNS Pedro Martim, CRESPO	13 Ba Leiria / Sk Coffee		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 6, Masc., 400m Livres, Infantil A

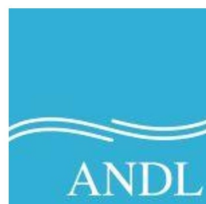
Lugar	Ano	Tempo final	Pts
DNS Ivan, VESNYANKA	13 Ba Leiria / Sk Coffee		

Prova 6 Masc., 400m Livres Juvenil B
10/10/2026 - 17:37 Resultados

Recorde Distrital JUV B	4:05.75	Tomás, OLIVEIRA	DNMG	25/05/2014
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m JUV B	4:01.42	Rui Silva, PEREIRA	POR Tomar	15/01/2023

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	4:34.03	464
50m: 30.56 30.56 150m: 1:39.18 34.90 250m: 2:49.53 35.49 350m: 4:00.28 35.44			
100m: 1:04.28 33.72 200m: 2:14.04 34.86 300m: 3:24.84 35.31 400m: 4:34.03 33.75			
2. Joao Daniel, SANTOS	12 Alcobaca	4:40.31	434
50m: 28.41 28.41 150m: 1:39.94 36.99 250m: 2:53.03 36.54 350m: 4:06.06 36.28			
100m: 1:02.95 34.54 200m: 2:16.49 36.55 300m: 3:29.78 36.75 400m: 4:40.31 34.25			
3. Sebastian, PACHECO	12 Naval de Peniche	4:52.79	380
50m: 32.11 32.11 150m: 1:45.34 37.31 250m: 3:01.73 38.39 350m: 4:19.06 38.72			
100m: 1:08.03 35.92 200m: 2:23.34 38.00 300m: 3:40.34 38.61 400m: 4:52.79 33.73			
4. Tomas Barata, ALVES	12 Nautico Marinha Grande	4:55.28	371
50m: 32.93 32.93 150m: 1:46.50 37.22 250m: 3:02.53 38.07 350m: 4:18.46 37.68			
100m: 1:09.28 36.35 200m: 2:24.46 37.96 300m: 3:40.78 38.25 400m: 4:55.28 36.82			
5. Goncalo Nunes, MORAIS	12 Ba Leiria / Sk Coffee	4:58.44	359
50m: 33.79 33.79 150m: 1:48.97 38.33 250m: 3:05.65 38.47 350m: 4:22.37 37.91			
100m: 1:10.64 36.85 200m: 2:27.18 38.21 300m: 3:44.46 38.81 400m: 4:58.44 36.07			
6. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	5:01.39	349
50m: 34.28 34.28 150m: 1:50.28 38.10 250m: 3:07.53 39.00 350m: 4:26.28 39.00			
100m: 1:12.18 37.90 200m: 2:28.53 38.25 300m: 3:47.28 39.75 400m: 5:01.39 35.11			
7. Tomas Vieira, FIGUEIREDO	12 Alcobaca	5:03.22	342
50m: 35.75 35.75 150m: 1:47.97 37.78 250m: 3:05.83 39.25 350m: 4:25.22 39.67			
100m: 1:10.19 34.44 200m: 2:26.58 38.61 300m: 3:45.55 39.72 400m: 5:03.22 38.00			
8. Joao Pedro, BELO	12 Nautico Marinha Grande	5:13.02	311
50m: 34.94 34.94 150m: 1:54.37 40.53 250m: 3:14.87 40.53 350m: 4:34.19 39.50			
100m: 1:13.84 38.90 200m: 2:34.34 39.97 300m: 3:54.69 39.82 400m: 5:13.02 38.83			
9. Duarte Costa, MADEIRA	12 Alcobaca	5:15.25	305
50m: 33.82 33.82 150m: 1:52.65 39.93 250m: 3:14.65 41.18 350m: 4:36.86 40.96			
100m: 1:12.72 38.90 200m: 2:33.47 40.82 300m: 3:55.90 41.25 400m: 5:15.25 38.39			
10. Gabriel Sousa, GOMES	12 Óbidos Criativa	5:15.99	303
50m: 36.75 36.75 150m: 1:57.19 40.57 250m: 3:17.48 40.62 350m: 4:38.04 39.76			
100m: 1:16.62 39.87 200m: 2:36.86 39.67 300m: 3:58.28 40.80 400m: 5:15.99 37.95			
11. Joao Maria, TEMPERO	12 Pimpões	5:23.34	282
50m: 36.71 36.71 150m: 1:59.14 41.57 250m: 3:23.09 41.50 350m: 4:44.42 40.11			
100m: 1:17.57 40.86 200m: 2:41.59 42.45 300m: 4:04.31 41.22 400m: 5:23.34 38.92			
12. Ruben Jose, FERREIRA	12 CNLeiria - VOID	5:25.57	277
50m: 37.07 37.07 150m: 1:55.71 38.79 250m: 3:21.14 41.50 350m: 4:46.74 42.67			
100m: 1:16.92 39.85 200m: 2:39.64 43.93 300m: 4:04.07 42.93 400m: 5:25.57 38.83			
13. Miguel Sales, ERVILHA	12 CNLeiria - VOID	5:29.61	267
50m: 36.47 36.47 150m: 2:00.36 42.25 250m: 3:25.03 42.17 350m: 4:50.61 40.96			
100m: 1:18.11 41.64 200m: 2:42.86 42.50 300m: 4:09.65 44.62 400m: 5:29.61 39.00			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

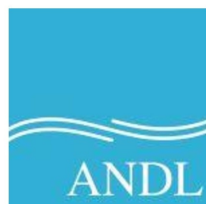
Prova 6, Masc., 400m Livres

Prova 6 Masc., 400m Livres Juvenil A
10/10/2026 - 17:37 Resultados

Recorde Distrital JUV A	4:05.38	Tomás, OLIVEIRA	DNMG	13/12/2014
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMMSines	17/12/2023

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vidar Albert, JUNG	11 Nautico Marinha Grande	4:14.87	577
50m: 28.38 28.38 150m: 1:33.09 32.90 250m: 2:39.24 33.01 350m: 3:44.41 31.60			
100m: 1:00.19 31.81 200m: 2:06.23 33.14 300m: 3:12.81 33.57 400m: 4:14.87 30.46			
2. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	4:23.66	521
50m: 29.05 29.05 150m: 1:34.66 33.40 250m: 2:43.37 34.64 350m: 3:51.16 33.86			
100m: 1:01.26 32.21 200m: 2:08.73 34.07 300m: 3:17.30 33.93 400m: 4:23.66 32.50			
3. Martim Duarte, ROQUE	11 CNLeiria - VOID	4:23.93	520
50m: 29.28 29.28 150m: 1:35.40 33.54 250m: 2:42.78 33.28 350m: 3:50.57 33.60			
100m: 1:01.86 32.58 200m: 2:09.50 34.10 300m: 3:16.97 34.19 400m: 4:23.93 33.36			
4. Martim Cruz, MOURA	11 CNLeiria - VOID	4:43.56	419
50m: 31.92 31.92 150m: 1:42.95 35.57 250m: 2:55.10 35.75 350m: 4:08.20 36.82			
100m: 1:07.38 35.46 200m: 2:19.35 36.40 300m: 3:31.38 36.28 400m: 4:43.56 35.36			
5. Tomas Alves, ROCHA	11 Pimpões	5:06.90	330
50m: 34.28 34.28 150m: 1:52.97 39.29 250m: 3:11.18 38.46 350m: 4:29.75 39.53			
100m: 1:13.68 39.40 200m: 2:32.72 39.75 300m: 3:50.22 39.04 400m: 5:06.90 37.15			
6. Miguel Nunes, DIAS	11 CNLeiria - VOID	5:08.65	325
50m: 34.22 34.22 150m: 1:52.40 40.18 250m: 3:12.25 39.92 350m: 4:32.42 40.63			
100m: 1:12.22 38.00 200m: 2:32.33 39.93 300m: 3:51.79 39.54 400m: 5:08.65 36.23			
7. Diego Rodrigues, MENDES	11 Ba Leiria / Sk Coffee	5:09.56	322
50m: 35.25 35.25 150m: 1:53.86 39.75 250m: 3:13.28 37.00 350m: 4:32.64 39.83			
100m: 1:14.11 38.86 200m: 2:36.28 42.42 300m: 3:52.81 39.53 400m: 5:09.56 36.92			
8. Simao Pedro, MARQUES	11 Uniao Juncalense	5:15.31	305
50m: 33.96 33.96 150m: 1:53.07 39.83 250m: 3:13.81 40.74 350m: 4:35.14 40.07			
100m: 1:13.24 39.28 200m: 2:33.07 40.00 300m: 3:55.07 41.26 400m: 5:15.31 40.17			
9. Eduardo Martim, CARMO	11 Óbidos Criativa	5:16.28	302
50m: 33.83 33.83 150m: 1:50.94 39.89 250m: 3:13.30 41.65 350m: 4:37.56 42.31			
100m: 1:11.05 37.22 200m: 2:31.65 40.71 300m: 3:55.25 41.95 400m: 5:16.28 38.72			
10. Duarte Henriques, MONTEIRO	11 CNLeiria - VOID	5:23.36	282
50m: 34.43 34.43 150m: 1:55.03 40.85 250m: 3:16.40 41.43 350m: 4:48.47 49.61			
100m: 1:14.18 39.75 200m: 2:34.97 39.94 300m: 3:58.86 42.46 400m: 5:23.36 34.89			
11. Valentim Antonio, PEREIRA	11 CNLeiria - VOID	5:26.30	275
50m: 36.59 36.59 150m: 1:59.05 41.89 250m: 3:23.23 42.27 350m: 4:47.97 42.10			
100m: 1:17.16 40.57 200m: 2:40.96 41.91 300m: 4:05.87 42.64 400m: 5:26.30 38.33			
12. Pedro Ferreira, FERNANDES	11 CNLeiria - VOID	5:27.12	273
50m: 35.75 35.75 150m: 1:59.22 42.35 250m: 3:24.50 41.95 350m: 4:48.62 41.25			
100m: 1:16.87 41.12 200m: 2:42.55 43.33 300m: 4:07.37 42.87 400m: 5:27.12 38.50			
13. Tiago Alexandre, GOMES	11 CNLeiria - VOID	5:29.62	266
50m: 36.68 36.68 150m: 2:02.23 43.28 250m: 3:26.43 42.11 350m: 4:50.59 41.86			
100m: 1:18.95 42.27 200m: 2:44.32 42.09 300m: 4:08.73 42.30 400m: 5:29.62 39.03			
14. Asabdek, TUYCHIEV	11 Ba Leiria / Sk Coffee	5:42.28	238
50m: 36.31 36.31 150m: 1:59.20 42.11 250m: 3:25.96 43.90 350m: 4:57.63 46.27			
100m: 1:17.09 40.78 200m: 2:42.06 42.86 300m: 4:11.36 45.40 400m: 5:42.28 44.65			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

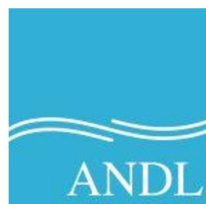
Prova 6, Masc., 400m Livres

Prova 6 Masc., 400m Livres Junior
10/10/2026 - 17:37 Resultados

Recorde Distrital 18	3:52.28	Guilherme, PINA	BSCN	12/12/2015
Recorde Distrital 17	3:57.62	Miguel, DIOGO	CNAL	12/12/2009
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m 18	3:50.52	Adriano Miguel, NIZ	CFV Fafe	26/06/2004
Recordes Nacionais 25m 17	3:52.60	Rui Silva, PEREIRA	ADRCIMMTomar	14/12/2024

Pontos: AQUA 2026

Lugar	Ano			Tempo final			Pts
1. Paulo, KOT	09	Nautico Marinha Grande	4:08.39	623			
50m: 28.96 28.96	150m: 1:30.14 31.08	250m: 2:34.28 32.24	350m: 3:38.28 31.42				
100m: 59.06 30.10	200m: 2:02.04 31.90	300m: 3:06.86 32.58	400m: 4:08.39 30.11				
2. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	4:14.87	577			
50m: 29.73 29.73	150m: 1:34.55 32.54	250m: 2:40.53 32.85	350m: 3:44.07 31.44				
100m: 1:02.01 32.28	200m: 2:07.68 33.13	300m: 3:12.63 32.10	400m: 4:14.87 30.80				
3. Afonso Ferreira, REIS	10	Nautico Marinha Grande	4:19.53	546			
50m: 28.89 28.89	150m: 1:33.11 32.61	250m: 2:39.14 33.36	350m: 3:46.31 33.50				
100m: 1:00.50 31.61	200m: 2:05.78 32.67	300m: 3:12.81 33.67	400m: 4:19.53 33.22				
4. Tomas Pascoal, FERREIRA	09	Ba Leiria / Sk Coffee	4:20.06	543			
50m: 29.75 29.75	150m: 1:34.71 32.65	250m: 2:41.18 33.32	350m: 3:46.89 33.18				
100m: 1:02.06 32.31	200m: 2:07.86 33.15	300m: 3:13.71 32.53	400m: 4:20.06 33.17				
5. Rodrigo Cardoso, TOMAS	10	Alcobaca	4:22.37	529			
50m: 29.01 29.01	150m: 1:34.80 33.09	250m: 2:41.65 34.51	350m: 3:50.18 34.41				
100m: 1:01.71 32.70	200m: 2:07.14 32.34	300m: 3:15.77 34.12	400m: 4:22.37 32.19				
6. Antonio Antunes, JORGE	10	Alcobaca	4:26.87	503			
50m: 28.85 28.85	150m: 1:35.03 33.33	250m: 2:43.03 34.11	350m: 3:50.17 32.79				
100m: 1:01.70 32.85	200m: 2:08.92 33.89	300m: 3:17.38 34.35	400m: 4:26.87 36.70				
7. Santiago Marques, GOMES	09	Ba Leiria / Sk Coffee	4:28.41	494			
50m: 28.89 28.89	150m: 1:35.06 33.75	250m: 2:44.19 39.75	350m: 3:54.96 40.23				
100m: 1:01.31 32.42	200m: 2:04.44 29.38	300m: 3:14.73 30.54	400m: 4:28.41 33.45				
8. Joao Piteira, GAIOLAS	10	Nautico Marinha Grande	4:29.37	489			
50m: 29.44 29.44	150m: 1:35.16 33.57	250m: 2:44.44 34.82	350m: 3:55.12 35.57				
100m: 1:01.59 32.15	200m: 2:09.62 34.46	300m: 3:19.55 35.11	400m: 4:29.37 34.25				
9. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande	4:32.62	471			
50m: 29.50 29.50	150m: 1:36.15 33.85	250m: 2:46.05 35.15	350m: 3:57.44 36.00				
100m: 1:02.30 32.80	200m: 2:10.90 34.75	300m: 3:21.44 35.39	400m: 4:32.62 35.18				
10. David Ferrador, PEREIRA	09	Nucleo de Pombal	4:36.92	450			
50m: 30.83 30.83	150m: 1:40.25 35.13	250m: 2:50.62 35.13	350m: 4:02.81 35.97				
100m: 1:05.12 34.29	200m: 2:15.49 35.24	300m: 3:26.84 36.22	400m: 4:36.92 34.11				
11. Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande	4:36.95	450			
50m: 31.48 31.48	150m: 1:41.45 35.39	250m: 2:52.73 35.60	350m: 4:03.38 35.22				
100m: 1:06.06 34.58	200m: 2:17.13 35.68	300m: 3:28.16 35.43	400m: 4:36.95 33.57				
12. Lucas Costa, JESUS	10	Nautico Marinha Grande	4:38.28	443			
50m: 30.53 30.53	150m: 1:39.78 35.07	250m: 2:50.53 35.22	350m: 4:02.61 36.36				
100m: 1:04.71 34.18	200m: 2:15.31 35.53	300m: 3:26.25 35.72	400m: 4:38.28 35.67				
13. Xinyang, CHENG	09	Nautico Marinha Grande	4:39.32	438			
50m: 30.34 30.34	150m: 1:38.38 34.75	250m: 2:49.48 35.82	350m: 4:02.63 36.75				
100m: 1:03.63 33.29	200m: 2:13.66 35.28	300m: 3:25.88 36.40	400m: 4:39.32 36.69				
14. Francisco Antonio, SIMOES	10	Ba Leiria / Sk Coffee	4:39.66	437			
50m: 32.59 32.59	150m: 1:43.55 35.86	250m: 2:56.22 36.38	350m: 4:06.59 34.90				
100m: 1:07.69 35.10	200m: 2:19.84 36.29	300m: 3:31.69 35.47	400m: 4:39.66 33.07				



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 6, Masc., 400m Livres, Junior

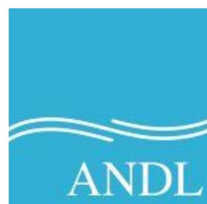
Lugar	Ano							Tempo final	Pts
15. Martim Alexandre, MESQUITA	09	Nautico Marinha Grande						4:47.56	402
50m: 28.76 28.76	150m: 1:37.18	35.97	250m: 2:48.84	35.91	350m: 4:02.45	37.75			
100m: 1:01.21 32.45	200m: 2:12.93	35.75	300m: 3:24.70	35.86	400m: 4:47.56	45.11			
16. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande						4:49.71	393
50m: 31.42 31.42	150m: 1:41.64	35.75	250m: 2:56.14	37.33	350m: 4:12.57	38.33			
100m: 1:05.89 34.47	200m: 2:18.81	37.17	300m: 3:34.24	38.10	400m: 4:49.71	37.14			
17. Afonso Matos, CORREIA	09	Nucleo de Pombal						4:52.49	382
50m: 31.89 31.89	150m: 1:47.71	42.43	250m: 3:02.74	36.67	350m: 4:17.57	37.73			
100m: 1:05.28 33.39	200m: 2:26.07	38.36	300m: 3:39.84	37.10	400m: 4:52.49	34.92			
18. Vladyslav, BABUSHKIN	09	Nautico Marinha Grande						4:58.53	359
50m: 31.48 31.48	150m: 1:45.46	37.50	250m: 3:04.98	40.80	350m: 4:20.53	38.97			
100m: 1:07.96 36.48	200m: 2:24.18	38.72	300m: 3:41.56	36.58	400m: 4:58.53	38.00			
19. Alexandre Afonso, SANTOS	09	Uniao Juncalense						5:17.20	299
50m: 34.56 34.56	150m: 1:54.41	40.43	250m: 3:16.63	41.57	350m: 4:40.16	41.46			
100m: 1:13.98 39.42	200m: 2:35.06	40.65	300m: 3:58.70	42.07	400m: 5:17.20	37.04			

Prova 6 Masc., 400m Livres Senior
10/10/2026 - 17:37 Resultados

Recorde Distrital SEN	3:50.00	César, FARIA	ADBA	10/12/2009
Recorde Distrital ABS	3:50.00	César, FARIA	ADBA	10/12/2009
Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m SEN	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021

Pontos: AQUA 2026

Lugar	Ano							Tempo final	Pts			
1.	David Ferreira, RELVAS			03	Nautico Marinha Grande			4:09.31	617			
	50m:	27.50	27.50	150m:	1:28.71	31.28	250m:	2:31.71	31.65	350m:	3:37.18	32.82
	100m:	57.43	29.93	200m:	2:00.06	31.35	300m:	3:04.36	32.65	400m:	4:09.31	32.13
2.	Leonardo Jose, CRUZ			07	Alcobaca			4:17.92	557			
	50m:	28.39	28.39	150m:	1:34.45	32.61	250m:	2:40.09	32.78	350m:	3:45.92	32.85
	100m:	1:01.84	33.45	200m:	2:07.31	32.86	300m:	3:13.07	32.98	400m:	4:17.92	32.00
3.	Rodrigo Santos, COUTINHO			08	Pimpões			4:31.51	477			
	50m:	30.12	30.12	150m:	1:39.44	34.75	250m:	2:48.73	34.71	350m:	3:58.34	34.68
	100m:	1:04.69	34.57	200m:	2:14.02	34.58	300m:	3:23.66	34.93	400m:	4:31.51	33.17
4.	Joao Moura, FRANCISCO			07	CNLeiria - VOID			4:39.53	437			
	50m:	29.56	29.56	150m:	1:38.81	35.78	250m:	2:50.81	35.85	350m:	4:03.43	36.37
	100m:	1:03.03	33.47	200m:	2:14.96	36.15	300m:	3:27.06	36.25	400m:	4:39.53	36.10



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 7	Femin., 100m Estilos				Infantil B
10/10/2026 - 18:23					Resultados
Recorde Distrital INF B	1:12.91	Maria, AMADO	ADBA		21/01/2017
Recorde Distrital ABS	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima		21/12/2014
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CNCE	Felgueiras	13/04/2025
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CE	Leiria	15/12/2025
Recordes Nacionais 25m INF B	1:09.62	,			01/01/1800

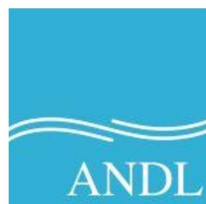
Pontos: AQUA 2026

Lugar	Ano		Tempo final	Pts
1. Mariana Santiago, FERREIRA	14	Uniao Juncalense	1:25.79	265
50m: 40.72 40.72 100m: 1:25.79		45.07		
2. Miriam Amancio, RICARDO	14	Óbidos Criativa	1:26.33	260
50m: 40.17 40.17 100m: 1:26.33		46.16		
3. Leonor Silva, TEOTONIO	14	Óbidos Criativa	1:32.23	213
50m: 44.39 44.39 100m: 1:32.23		47.84		
4. Maria Mar, LUIS	14	Óbidos Criativa	1:34.50	198
50m: 44.70 44.70 100m: 1:34.50		49.80		
5. Sara Pereira, SILVA	14	Óbidos Criativa	1:38.75	173
50m: 47.21 47.21 100m: 1:38.75		51.54		
6. Anais Campanico, HENRIQUES	14	CNLeiria - VOID	1:41.55	159
50m: 47.33 47.33 100m: 1:41.55		54.22		
7. Sofia Pereira, SILVA	14	Óbidos Criativa	1:45.13	144
50m: 50.49 50.49 100m: 1:45.13		54.64		
DNS Maria Leonor, PAULINO	14	Nucleo de Pombal		

Prova 7	Femin., 100m Estilos				Infantil A
10/10/2026 - 18:23					Resultados
Recorde Distrital INF A	1:09.80	Carlota, LAGOA	ADBA		23/06/2019
Recorde Distrital ABS	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima		21/12/2014
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CNCE	Felgueiras	13/04/2025
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CE	Leiria	15/12/2025
Recordes Nacionais 25m INF A	1:06.81	Carolina Ratola, TAVEIRA	CGA	Porto	21/07/2024

Pontos: AQUA 2026

Lugar	Ano		Tempo final	Pts
1. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	1:19.89	328
50m: 37.81 37.81 100m: 1:19.89		42.08		
2. Emma Henriques, SOUTO	13	Óbidos Criativa	1:23.87	283
50m: 39.63 39.63 100m: 1:23.87		44.24		
3. Matilde Mamede, CECILIO	13	Naval de Peniche	1:24.86	273
50m: 39.87 39.87 100m: 1:24.86		44.99		
4. Mariana Santos, VALENTIM	13	Pimpões	1:26.25	260
50m: 38.85 38.85 100m: 1:26.25		47.40		
5. Avron Dawn, SANTOS	13	Nautico Marinha Grande	1:28.18	244
50m: 37.80 37.80 100m: 1:28.18		50.38		
6. Ana Sofia, SILVA	13	Naval de Peniche	1:30.26	227
50m: 42.56 42.56 100m: 1:30.26		47.70		
7. Catarina Franco, RODRIGUES	13	Naval de Peniche	1:31.84	216
50m: 42.44 42.44 100m: 1:31.84		49.40		
8. Eva Vieira, SILVA	13	Nucleo de Pombal	1:34.56	197
50m: 45.51 45.51 100m: 1:34.56		49.05		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 7, Femin., 100m Estilos, Infantil A

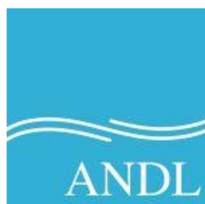
Lugar	Ano	Tempo final	Pts
9. Catarina Faustino, DIAS	13 Naval de Peniche	1:38.08	177
50m: 44.15 44.15 100m: 1:38.08 53.93			

Prova 7 Femin., 100m Estilos Juvenil B
10/10/2026 - 18:23 Resultados

Recorde Distrital JUV B	1:07.56	Ariana, CARAPINHA	DNMG	17/10/2020
Recorde Distrital ABS	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CNCE Felqueiras	13/04/2025
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CE Leiria	15/12/2025
Recordes Nacionais 25m JUV B	1:05.68	,		01/01/1800

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Benedita Nunes, FELIX	12 Pimpões	1:13.34	424
50m: 33.02 33.02 100m: 1:13.34 40.32			
2. Laura Krempel, VARELA	12 Pimpões	1:13.69	418
50m: 33.34 33.34 100m: 1:13.69 40.35			
3. Ines Pinto, MARTINS	12 Pimpões	1:16.42	375
50m: 35.42 35.42 100m: 1:16.42 41.00			
4. Julia Pinto, PINHEIRO	12 Pimpões	1:16.45	374
50m: 35.31 35.31 100m: 1:16.45 41.14			
5. Luna Francisco, PEREIRA	12 Nucleo de Pombal	1:17.13	364
50m: 35.16 35.16 100m: 1:17.13 41.97			
6. Barbara Serrano, LOMBA	12 Ba Leiria / Sk Coffee	1:21.44	309
50m: 37.55 37.55 100m: 1:21.44 43.89			
7. Maria Leonor, ASSUNCAO	12 Pimpões	1:21.45	309
50m: 37.40 37.40 100m: 1:21.45 44.05			
8. Iara Maria, CAMACHO	12 Pimpões	1:25.34	269
50m: 38.44 38.44 100m: 1:25.34 46.90			
9. Yaroslava, TABUNSCHYK	12 CNLeiria - VOID	1:26.16	261
50m: 40.68 40.68 100m: 1:26.16 45.48			
10. Maria Joao, ALBUQUERQUE	12 Pimpões	1:28.97	237
50m: 41.19 41.19 100m: 1:28.97 47.78			
11. Julia Lewin, MOREIRA	12 Naval de Peniche	1:32.66	210
50m: 42.22 42.22 100m: 1:32.66 50.44			

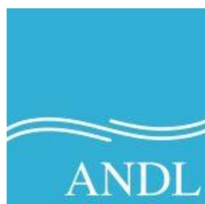


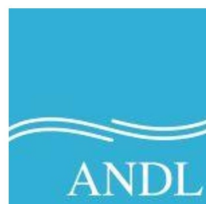
Prova 7, Femin., 100m Estilos

Recorde Distrital JUV A	1:06.17	Victoria, KAMINSKAYA	PIMP/ Cima	21/11/2010
Recorde Distrital ABS	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CNCE Felqueiras	13/04/2025
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CE Leiria	15/12/2025
Recordes Nacionais 25m JUV A	1:03.25	Mariana Pacheco, CUNHA	CNCE Felqueiras	22/12/2019

Pontos: AOUA 2026

Lugar	Ano					Tempo final	Pts
1.	Maria Joao, VALA	11	Pimpões	1:09.17	505		
	50m: 32.35 32.35 100m: 1:09.17	36.82					
2.	Beatriz Marques, GASPAR	11	Nautico Marinha Grande	1:16.44	374		
	50m: 36.47 36.47 100m: 1:16.44	39.97					
3.	Matilde Pinto, ANTUNES	11	Naval de Peniche	1:20.44	321		
	50m: 36.87 36.87 100m: 1:20.44	43.57					
4.	Carolina Silva, CASTANHEIRA	11	CNLeiria - VOID	1:21.11	313		
	50m: 34.93 34.93 100m: 1:21.11	46.18					
5.	Margarida Lopes, RODRIGUES	11	Uniao Juncalense	1:22.44	298		
	50m: 36.96 36.96 100m: 1:22.44	45.48					
6.	Isabela Maria, CARREIRA	11	Uniao Juncalense	1:22.58	297		
	50m: 38.71 38.71 100m: 1:22.58	43.87					
7.	Margarida Soares, MAIA	11	Nautico Marinha Grande	1:23.72	285		
	50m: 40.34 40.34 100m: 1:23.72	43.38					
8.	Sara Nunes, HORTA	11	CNLeiria - VOID	1:23.87	283		
	50m: 34.37 34.37 100m: 1:23.87	49.50					
9.	Erica Felix, RODRIGUES	11	Uniao Juncalense	1:24.12	281		
	50m: 38.67 38.67 100m: 1:24.12	45.45					
10.	Carlota Maria, CATARINO	11	Benedita	1:25.86	264		
	50m: 38.95 38.95 100m: 1:25.86	46.91					
11.	Matilde Vitorino, FERREIRA	11	Naval de Peniche	1:26.53	258		
	50m: 41.56 41.56 100m: 1:26.53	44.97					
12.	Kelly Simao, COSTA	11	Óbidos Criativa	1:26.92	254		
	50m: 41.10 41.10 100m: 1:26.92	45.82					
13.	Mariana Silva, CONCEICAO	11	Uniao Juncalense	1:27.36	251		
	50m: 39.28 39.28 100m: 1:27.36	48.08					
DNS	Leonor Mota, ALVES	11	Nautico Marinha Grande				





Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 7, Femin., 100m Estilos

Prova 7 Femin., 100m Estilos Senior
10/10/2026 - 18:23 Resultados

Recorde Distrital SEN	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recorde Distrital ABS	1:02.09	Victoria, KAMINSKAYA	PIMP/ Cima	21/12/2014
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CNCE Felgueiras	13/04/2025
Recordes Nacionais 25m Open	1:00.19	Mariana Pacheco, CUNHA	CE Leiria	15/12/2025
Recordes Nacionais 25m SEN	1:00.19	Mariana Pacheco, CUNHA	CNCE Felgueiras	13/04/2025
Recordes Nacionais 25m SEN	1:00.19	Mariana Pacheco, CUNHA	CE Leiria	15/12/2025

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Adriana Giles, LOPEZ	04 Rio Maior	1:09.29	503
50m: 30.97 30.97 100m: 1:09.29 38.32			
2. Ines Mira, PINO	06 Pimpões	1:11.26	462
50m: 32.34 32.34 100m: 1:11.26 38.92			
3. Beatriz Silva, CONCEICAO	05 Uniao Juncalense	1:19.81	329
50m: 36.55 36.55 100m: 1:19.81 43.26			
DNS Matilde Monteiro, NEVES	08 Nucleo de Pombal		

Prova 8 Masc., 4 x 200m Livres Infantil B
10/10/2026 - 18:47 Resultados

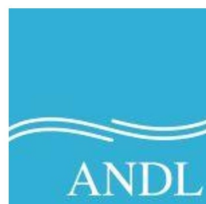
Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. DNMG INF B	Nautico Marinha Grande	10:55.64 227
Hao Yang, CHENG	14 38.21 1:21.71 2:07.21 2:50.09 2:50.09	
Romeu Filipe, SOUSA	14 38.22 1:20.33 2:03.72 2:43.40 2:43.40	
Afonso Miguel, SANTOS	14 38.85 1:24.54 2:10.43 2:52.50 2:52.50	
Francisco Meca, SILVA	14 34.56 1:13.18 1:52.72 2:29.65 2:29.65	
2. CNAL INF B	Alcobaca	12:16.53 160
Bruno Miguel, POMBO	14 44.53 1:36.95 2:30.31 3:24.14 3:24.14	
Simao, VIEIRA	14 40.89 1:31.43 2:23.32 3:13.60 3:13.60	
Tomas Santos, MATIAS	14 36.33 1:20.52 2:03.81 2:44.90 2:44.90	
Tymofii Chikov, PORADYUK	14 39.41 1:25.00 2:10.67 2:53.89 2:53.89	

Prova 8 Masc., 4 x 200m Livres Infantil A
10/10/2026 - 18:47 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
DSQ DNMG INF A	Nautico Marinha Grande	
<i>Rendição antecipada do segundo atleta.</i>		
Vladimir, DERELO, Goncalo Gregorio, FARIAS, Ricardo Pereira, LOPES, Timur, MOLDERF		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 8, Masc., 4 x 200m Livres

Prova 8 Masc., 4 x 200m Livres Junior
10/10/2026 - 18:47 Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
1.	SIRP JUN	Pimpões				8:07.38	554
	Guilherme Rodrigues, CABRAL	10	29.52	1:02.05	1:34.95	2:07.27	2:07.27
	Santiago Agostinho, PARREIRA	09	27.76	56.50	1:26.36	1:55.96	1:55.96
	Guilherme Costa, REBELO	10	28.54	1:00.15	1:32.13	2:04.00	2:04.00
	Pedro Souza, SILVA	10	28.32	1:00.20	1:30.61	2:00.15	2:00.15

Prova 8 Masc., 4 x 200m Livres Extra Competição
10/10/2026 - 18:47 Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
DNS	BA/ SK Coffee EXTRA	Ba Leiria / Sk Coffee					

Prova 9 Femin., 4 x 200m Livres Infantil B
10/10/2026 - 19:00 Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
1.	SIRP INF B	Pimpões				11:45.08	260
	Constanca Sequeira, CARNEIRO	14	36.12	1:16.90	2:00.69	2:43.12	2:43.12
	Matilde Santos, PEREIRA	14	38.28	1:22.03	2:07.57	2:56.43	2:56.43
	Ines Silva, MARCIANO	14	39.14	1:27.00	2:16.07	3:03.67	3:03.67
	Eva Victoria, FERREIRA	14	42.25	1:28.72	2:15.11	3:01.86	3:01.86

Prova 9 Femin., 4 x 200m Livres Infantil A
10/10/2026 - 19:00 Resultados

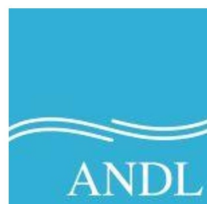
Pontos: AQUA 2026

Lugar						Tempo final	Pts
1.	CNAL INF A	Alcobaca				11:36.83	269
	Constanca Teopisto, CARVALHO	13	41.90	1:31.33	2:23.26	3:14.87	3:14.87
	Maria Joao, OLIVEIRA	13	35.11	1:15.09	1:56.67	2:37.44	2:37.44
	Maria Leal, ALVES	13	36.82	1:18.92	2:02.87	2:46.29	2:46.29
	Sara Machado, JANUARIO	13	37.73	1:22.07	2:10.24	2:58.23	2:58.23

Prova 9 Femin., 4 x 200m Livres Extra Competição
10/10/2026 - 19:00 Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
DNS	BA/ SK Coffee EXTRA	Ba Leiria / Sk Coffee					
EXH	SIRP EXTRA	Pimpões				9:36.50	476
	Benedita Nunes, FELIX	12	31.97	1:07.55	1:44.69	2:21.33	2:21.33
	Maria Joao, VALA	11	31.36	1:07.07	1:46.04	2:16.72	2:16.72
	Julia Pinto, PINHEIRO	12	35.39	1:13.67	1:51.14	2:28.92	2:28.92
	Ines Pinto, MARTINS	12	35.00	1:13.03	1:51.93	2:29.53	2:29.53



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

2 - 2ª Jornada - Sessão da manhã

11/10/2026 - 9:30

Prova 10 Masc., 100m Mariposa Infantil B
11/10/2026 - 9:30 Resultados

Recorde Distrital	1:01.78	Fábio, SILVA	CNAL		01/04/2000
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Recordes Nacionais 25m INF B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	01/04/2000

Pontos: AQUA 2026

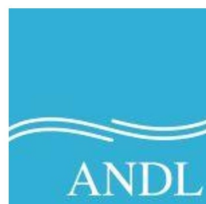
Lugar	Ano	Tempo final	Pts
1. Vladyslav, STARYNSKY	14 Benedita	1:26.03	170
50m: 39.35 39.35 100m: 1:26.03	46.68		
2. Romeu Filipe, SOUSA	14 Nautico Marinha Grande	1:32.03	139
50m: 39.20 39.20 100m: 1:32.03	52.83		
3. Salvador Santos, VAZ	14 Viegrense	1:38.81	112
50m: 45.69 45.69 100m: 1:38.81	53.12		
4. Martim Raminhos, SILVA	14 Pimpões	1:39.23	110
50m: 46.06 46.06 100m: 1:39.23	53.17		
5. Mateus Matos, MORADO	14 CNLeiria - VOID	1:40.53	106
50m: 41.56 41.56 100m: 1:40.53	58.97		
6. Afonso Miguel, SANTOS	14 Nautico Marinha Grande	1:44.19	95
50m: 48.19 48.19 100m: 1:44.19	56.00		
7. Abdullo, TUYCHIEV	14 Ba Leiria / Sk Coffee	2:34.41	29
50m: 58.41 58.41 100m: 2:34.41	1:36.00		
DNS Eduardo, TATARU	14 Ba Leiria / Sk Coffee		
DNS Matheus Silva, SANTOS	14 Pimpões		

Prova 10 Masc., 100m Mariposa Infantil A
11/10/2026 - 9:30 Resultados

Recorde Distrital	59.56	Fábio, SILVA	CNAL		07/04/2001
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Recordes Nacionais 25m INF A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	07/04/2001

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Ricardo Pereira, LOPES	13 Nautico Marinha Grande	1:15.04	256
50m: 35.54 35.54 100m: 1:15.04	39.50		
2. Miguel, CAINAC	13 Benedita	1:15.25	254
50m: 34.62 34.62 100m: 1:15.25	40.63		
3. Estevao Esperanco, MOTA	13 Ba Leiria / Sk Coffee	1:16.76	239
50m: 35.99 35.99 100m: 1:16.76	40.77		
4. Timur, MOLDERF	13 Nautico Marinha Grande	1:24.97	176
50m: 38.58 38.58 100m: 1:24.97	46.39		
5. Alexandre Botas, RIBEIRO	13 CNLeiria - VOID	1:33.41	132
50m: 42.91 42.91 100m: 1:33.41	50.50		
6. Tiago Jeronimo, ROLINHO	13 Pimpões	1:50.97	79
50m: 50.43 50.43 100m: 1:50.97	1:00.54		
7. Gustavo Andre, BATISTA	13 Ba Leiria / Sk Coffee	2:00.43	62
50m: 52.05 52.05 100m: 2:00.43	1:08.38		
DNS Pedro Martim, CRESPO	13 Ba Leiria / Sk Coffee		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 10, Masc., 100m Mariposa, Infantil A

Lugar	Ano	Tempo final	Pts
DNS Ivan, VESNYANKA	13 Ba Leiria / Sk Coffee		

Prova 10 Masc., 100m Mariposa Juvenil B
11/10/2026 - 9:30 Resultados

Recorde Distrital	56.89	Tomás, FERREIRA	ADBA		15/06/2024
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Recordes Nacionais 25m JUV B	56.65	Pedro Pereira, ALMEIDA	CE	Felgueiras	12/04/2026

Pontos: AQUA 2026

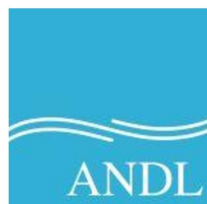
Lugar	Ano	Tempo final	Pts
1. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	1:04.71	400
50m: 30.04 30.04 100m: 1:04.71	34.67		
2. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	1:13.80	269
50m: 34.11 34.11 100m: 1:13.80	39.69		
3. Tomas Barata, ALVES	12 Nautico Marinha Grande	1:13.84	269
50m: 33.99 33.99 100m: 1:13.84	39.85		
4. Gabriel Sousa, GOMES	12 Óbidos Criativa	1:14.69	260
50m: 34.87 34.87 100m: 1:14.69	39.82		
5. Joao Pedro, BELO	12 Nautico Marinha Grande	1:24.59	179
50m: 39.09 39.09 100m: 1:24.59	45.50		
6. Afonso Mourao, MIRANDA	12 Ba Leiria / Sk Coffee	1:28.96	153
50m: 39.43 39.43 100m: 1:28.96	49.53		

Prova 10 Masc., 100m Mariposa Juvenil A
11/10/2026 - 9:30 Resultados

Recorde Distrital	56.74	Rodrigo, REIS	ADBA		07/11/2019
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar	14/12/2024
Recordes Nacionais 25m JUV A	55.48	Duarte Santos, FERREIRA	FCP	Porto	21/07/2024

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vidar Albert, JUNG	11 Nautico Marinha Grande	1:00.53	488
50m: 27.89 27.89 100m: 1:00.53	32.64		
2. Joao Santos, ALMEIDA	11 Ba Leiria / Sk Coffee	1:02.92	435
50m: 28.38 28.38 100m: 1:02.92	34.54		
3. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	1:05.03	394
50m: 30.22 30.22 100m: 1:05.03	34.81		
4. Martim Cruz, MOURA	11 CNLeiria - VOID	1:05.36	388
50m: 30.02 30.02 100m: 1:05.36	35.34		
5. Rodrigo Nicolau, RITA	11 Vieiraense	1:07.10	358
50m: 31.40 31.40 100m: 1:07.10	35.70		
6. Martim Duarte, ROQUE	11 CNLeiria - VOID	1:08.71	334
50m: 31.78 31.78 100m: 1:08.71	36.93		
7. Dinis Morgado, FERREIRA	11 Ba Leiria / Sk Coffee	1:14.69	260
50m: 33.69 33.69 100m: 1:14.69	41.00		
8. Eduardo Martim, CARMO	11 Óbidos Criativa	1:24.91	177
50m: 36.59 36.59 100m: 1:24.91	48.32		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 10, Masc., 100m Mariposa, Juvenil A

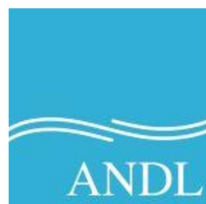
Lugar	Ano	Tempo final	Pts
9. Joao Pedro, CRUZ	11 Naval de Peniche	1:32.36	137
50m: 41.15 41.15 100m: 1:32.36 51.21			

Prova 10 Masc., 100m Mariposa Junior
11/10/2026 - 9:30 Resultados

Recorde Distrital 18	55.66	Afonso, ROQUE	CNL - VOID	15/03/2025
Recorde Distrital 17	55.83	Diogo, SILVA	CNAL	12/12/2009
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB Tomar	14/12/2024
Recordes Nacionais 25m 18	52.87	Diogo Matos, RIBEIRO	SLB Leiria	27/11/2021
Recordes Nacionais 25m 17	53.97	Tiago Andre, VENANCIO	CNS Alapraia	15/02/2004

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Pedro Souza, SILVA	10 Pimpões	58.61	538
50m: 27.50 27.50 100m: 58.61 31.11			
2. Paulo, KOT	09 Nautico Marinha Grande	1:00.86	480
50m: 29.39 29.39 100m: 1:00.86 31.47			
3. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	1:00.87	480
50m: 28.50 28.50 100m: 1:00.87 32.37			
4. Santiago Marques, GOMES	09 Ba Leiria / Sk Coffee	1:01.30	470
50m: 27.50 27.50 100m: 1:01.30 33.80			
5. Luis Pedro, VALERIO	09 Ba Leiria / Sk Coffee	1:01.90	457
50m: 29.22 29.22 100m: 1:01.90 32.68			
6. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	1:02.86	436
50m: 28.83 28.83 100m: 1:02.86 34.03			
7. Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande	1:03.72	418
50m: 29.79 29.79 100m: 1:03.72 33.93			
8. Joao Piteira, GAIOLAS	10 Nautico Marinha Grande	1:04.19	409
50m: 29.79 29.79 100m: 1:04.19 34.40			
9. Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	1:04.55	403
50m: 30.05 30.05 100m: 1:04.55 34.50			
10. Guilherme Rodrigues, CABRAL	10 Pimpões	1:04.90	396
50m: 30.18 30.18 100m: 1:04.90 34.72			
11. Lucas Costa, JESUS	10 Nautico Marinha Grande	1:06.24	372
50m: 31.02 31.02 100m: 1:06.24 35.22			
12. Xinyang, CHENG	09 Nautico Marinha Grande	1:06.52	368
50m: 30.60 30.60 100m: 1:06.52 35.92			
13. Afonso Ferreira, REIS	10 Nautico Marinha Grande	1:06.63	366
50m: 30.69 30.69 100m: 1:06.63 35.94			
14. Francisco Antonio, SIMOES	10 Ba Leiria / Sk Coffee	1:07.41	353
50m: 32.53 32.53 100m: 1:07.41 34.88			
15. Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande	1:07.66	349
50m: 30.78 30.78 100m: 1:07.66 36.88			
16. Afonso Matos, CORREIA	09 Nucleo de Pombal	1:08.07	343
50m: 31.07 31.07 100m: 1:08.07 37.00			
17. Francisco Enes, ALVES	10 Ba Leiria / Sk Coffee	1:13.09	277
50m: 33.19 33.19 100m: 1:13.09 39.90			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 10, Masc., 100m Mariposa, Junior

Lugar	Ano	Tempo final	Pts
18. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	1:14.34	263
50m: 32.75 32.75 100m: 1:14.34 41.59			
19. Santiago Neves, SILVA	10 Nucleo de Pombal	1:17.50	232
50m: 34.39 34.39 100m: 1:17.50 43.11			
20. Alexandre Afonso, SANTOS	09 Uniao Juncalense	1:19.78	213
50m: 35.04 35.04 100m: 1:19.78 44.74			
21. João Santos, DURAO	10 Uniao Juncalense	1:30.86	144
50m: 40.53 40.53 100m: 1:30.86 50.33			

Prova 10 Masc., 100m Mariposa Senior
11/10/2026 - 9:30 Resultados

Recorde Distrital	53.15	Francisco, VIEIRA	CNL - VOID	14/06/2025
Recorde Distrital	53.15	Francisco, VIEIRA	CNL - VOID	14/06/2025
Recordes Nacionais 25m Open	50.12	Diogo Matos, RIBEIRO	SLB Tomar	14/12/2024
Recordes Nacionais 25m SEN	50.12	Diogo Matos, RIBEIRO	SLB Tomar	24/12/2024

Pontos: AQUA 2026

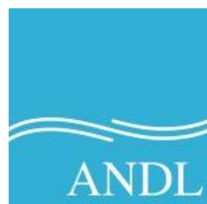
Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	57.32	575
50m: 26.93 26.93 100m: 57.32 30.39			
2. Miguel Vicente, SILVA	02 Nautico Marinha Grande	58.37	545
50m: 26.65 26.65 100m: 58.37 31.72			
3. Joao Moura, FRANCISCO	07 CNLeiria - VOID	1:00.90	479
50m: 28.44 28.44 100m: 1:00.90 32.46			
4. Rafael, SANTOS	06 Uniao Juncalense	1:06.68	365
50m: 28.71 28.71 100m: 1:06.68 37.97			

Prova 11 Femin., 200m Bruços Infantil B
11/10/2026 - 9:48 Resultados

Recorde Distrital INF B	2:42.50	Filipa, RUIVO	DNMG	23/05/2010
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019
Recordes Nacionais 25m INF B	2:36.86	Clara Gomes, PEREIRA	SAD Algés	06/06/2015

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Mariana Santiago, FERREIRA	14 Uniao Juncalense	3:25.06	269
50m: 44.63 44.63 100m: 1:36.77 52.14 150m: 2:32.60 55.83 200m: 3:25.06 52.46			
2. Miriam Amancio, RICARDO	14 Óbidos Criativa	3:29.93	251
50m: 47.68 47.68 100m: 1:41.78 54.10 150m: 2:36.78 55.00 200m: 3:29.93 53.15			
3. Maria Mar, LUIS	14 Óbidos Criativa	3:33.07	240
50m: 47.36 47.36 100m: 1:42.21 54.85 150m: 2:38.36 56.15 200m: 3:33.07 54.71			
4. Ines Ferreira, CAPELA	14 Vieirense	3:42.67	210
50m: 48.17 48.17 100m: 1:43.81 55.64 150m: 2:43.31 59.50 200m: 3:42.67 59.36			
5. Sara Pereira, SILVA	14 Óbidos Criativa	3:44.55	205
50m: 51.30 51.30 100m: 1:49.30 58.00 150m: 2:47.44 58.14 200m: 3:44.55 57.11			
6. Leonor Silva, TEOTONIO	14 Óbidos Criativa	3:51.22	188
50m: 51.62 51.62 100m: 1:52.09 1:00.47 150m: 2:52.37 1:00.28 200m: 3:51.22 58.85			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 11, Femin., 200m Bruços, Infantil B

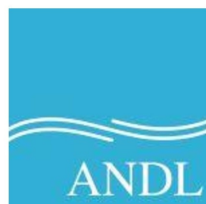
Lugar	Ano	Tempo final	Pts
7. Sofia Pereira, SILVA	14 Óbidos Criativa	3:51.66	187
50m: 52.13 52.13 100m: 1:51.38 59.25 150m: 2:52.28 1:00.90 200m: 3:51.66 59.38			
8. Iris Barata, GAMITO	14 Ba Leiria / Sk Coffee	3:57.76	173
50m: 51.66 51.66 100m: 1:52.94 1:01.28 150m: 2:55.87 1:02.93 200m: 3:57.76 1:01.89			
9. Maria Leonor, PAULINO	14 Nucleo de Pombal	4:01.96	164
50m: 55.37 55.37 100m: 1:58.46 1:03.09 150m: 3:01.53 1:03.07 200m: 4:01.96 1:00.43			
10. Nadine Sofia, CESARIO	14 Benedita	4:12.40	144
50m: 57.87 57.87 100m: 2:01.92 1:04.05 150m: 3:07.59 1:05.67 200m: 4:12.40 1:04.81			
DNS Diana Monteiro, FONSECA	14 Ba Leiria / Sk Coffee		

Prova 11 Femin., 200m Bruços Infantil A
11/10/2026 - 9:48 Resultados

Recorde Distrital INF A	2:38.10	Inês, SILVA	CNAL	25/05/2014
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019
Recordes Nacionais 25m INF A	2:34.51	Diana Duarte, GOMES	ABVE Reboleira	28/06/2003

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Carminho Jose, LOPES	13 Benedita	3:13.25	322
50m: 44.31 44.31 100m: 1:33.27 48.96 150m: 2:23.27 50.00 200m: 3:13.25 49.98			
2. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	3:16.90	304
50m: 44.47 44.47 100m: 1:33.36 48.89 150m: 2:24.65 51.29 200m: 3:16.90 52.25			
3. Violeta Neves, SILVA	13 Nucleo de Pombal	3:20.16	290
50m: 46.56 46.56 100m: 1:38.23 51.67 150m: 2:30.05 51.82 200m: 3:20.16 50.11			
4. Francisca Vieira, SILVA	13 Nucleo de Pombal	3:20.20	289
50m: 45.38 45.38 100m: 1:36.23 50.85 150m: 2:28.63 52.40 200m: 3:20.20 51.57			
5. Emma Henriques, SOUTO	13 Óbidos Criativa	3:25.40	268
50m: 46.90 46.90 100m: 1:39.07 52.17 150m: 2:32.41 53.34 200m: 3:25.40 52.99			
6. Avron Dawn, SANTOS	13 Nautico Marinha Grande	3:25.51	268
50m: 45.48 45.48 100m: 1:38.69 53.21 150m: 2:33.31 54.62 200m: 3:25.51 52.20			
7. Nuria Rocha, BOTAS	13 Vieiraense	3:27.25	261
50m: 48.18 48.18 100m: 1:40.21 52.03 150m: 2:33.21 53.00 200m: 3:27.25 54.04			
8. Matilde Mamede, CECILIO	13 Naval de Peniche	3:27.66	259
50m: 47.06 47.06 100m: 1:39.84 52.78 150m: 2:34.06 54.22 200m: 3:27.66 53.60			
9. Alicia Ferreira, OLIVEIRA	13 Ba Leiria / Sk Coffee	3:30.12	250
50m: 45.77 45.77 100m: 1:39.49 53.72 150m: 2:35.06 55.57 200m: 3:30.12 55.06			
10. Eduarda Antunes, BUGALHAO	13 Ba Leiria / Sk Coffee	3:43.91	207
50m: 50.16 50.16 100m: 1:47.02 56.86 150m: 2:46.13 59.11 200m: 3:43.91 57.78			
11. Erica Maria, FORTUNATO	13 Ba Leiria / Sk Coffee	3:55.72	177
50m: 52.22 52.22 100m: 1:52.62 1:00.40 150m: 2:54.15 1:01.53 200m: 3:55.72 1:01.57			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 11, Femin., 200m Bruços

Prova 11
11/10/2026 - 9:48

Femin., 200m Bruços

Juvenil B
Resultados

Recorde Distrital JUV B	2:39.22	Filipa, RUIVO	DNMG	04/12/2011
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019
Recordes Nacionais 25m JUV B	2:32.36	Diana Duarte, GOMES	ABVE Alcobaca	07/02/2004

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA	12 Pimpões	3:01.74	387
50m: 42.67 42.67 100m: 1:29.53 46.86 150m: 2:15.99 46.46 200m: 3:01.74 45.75			
2. Julia Pinto, PINHEIRO	12 Pimpões	3:04.56	370
50m: 43.29 43.29 100m: 1:29.84 46.55 150m: 2:16.37 46.53 200m: 3:04.56 48.19			
3. Benedita Nunes, FELIX	12 Pimpões	3:06.34	359
50m: 40.96 40.96 100m: 1:28.78 47.82 150m: 2:17.42 48.64 200m: 3:06.34 48.92			
4. Beatriz Julio, CORREIA	12 CNLeiria - VOID	3:09.14	343
50m: 42.50 42.50 100m: 1:30.56 48.06 150m: 2:19.81 49.25 200m: 3:09.14 49.33			
5. Ines Pinto, MARTINS	12 Pimpões	3:10.29	337
50m: 43.30 43.30 100m: 1:32.60 49.30 150m: 2:20.61 48.01 200m: 3:10.29 49.68			
6. Barbara Serrano, LOMBA	12 Ba Leiria / Sk Coffee	3:11.28	332
50m: 40.91 40.91 100m: 1:28.23 47.32 150m: 2:19.34 51.11 200m: 3:11.28 51.94			
7. Mafalda Varela, BERNARDINO	12 Alcobaca	3:11.31	332
50m: 42.96 42.96 100m: 1:31.61 48.65 150m: 2:21.68 50.07 200m: 3:11.31 49.63			
8. Rita Francisco, SIMOES	12 Viegrense	3:24.40	272
50m: 46.33 46.33 100m: 1:38.08 51.75 150m: 2:31.79 53.71 200m: 3:24.40 52.61			
9. Rita Alexandra, JORDAO	12 Alcobaca	3:24.53	271
50m: 46.81 46.81 100m: 1:38.56 51.75 150m: 2:32.64 54.08 200m: 3:24.53 51.89			
10. Iara Maria, CAMACHO	12 Pimpões	3:29.87	251
50m: 48.44 48.44 100m: 1:41.94 53.50 150m: 2:36.34 54.40 200m: 3:29.87 53.53			
11. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:34.89	234
50m: 48.81 48.81 100m: 1:42.68 53.87 150m: 2:39.07 56.39 200m: 3:34.89 55.82			
12. Carolina Matos, CORREIA	12 Nucleo de Pombal	3:38.88	221
50m: 49.88 49.88 100m: 1:45.95 56.07 150m: 2:42.38 56.43 200m: 3:38.88 56.50			

Prova 11
11/10/2026 - 9:48

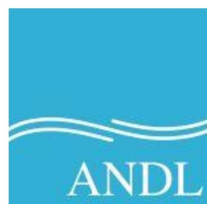
Femin., 200m Bruços

Juvenil A
Resultados

Recorde Distrital JUV A	2:32.77	Victoria, KAMINSKAYA	PIMP/ Cima	05/12/2010
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019
Recordes Nacionais 25m JUV A	2:26.87	Raquel Gomes, PEREIRA	SAD Porto	11/12/2015

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Cristiana Henriques, ALMEIDA	11 Benedita	2:56.45	423
50m: 40.52 40.52 100m: 1:25.80 45.28 150m: 2:11.33 45.53 200m: 2:56.45 45.12			
2. Beatriz Marques, GASPAR	11 Nautico Marinha Grande	3:02.51	382
50m: 41.05 41.05 100m: 1:28.30 47.25 150m: 2:15.44 47.14 200m: 3:02.51 47.07			
3. Maria Santos, FONSECA	11 CNLeiria - VOID	3:02.84	380
50m: 41.01 41.01 100m: 1:27.23 46.22 150m: 2:15.07 47.84 200m: 3:02.84 47.77			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 11, Femin., 200m Bruços, Juvenil A

Lugar	Ano	Tempo final	Pts
4. Francisca Moreira, FELICIANO	11	Alcobaca	3:04.98 367
50m: 41.77 41.77 100m: 1:28.34 46.57 150m: 2:16.80 48.46 200m: 3:04.98 48.18			
5. Margarida Soares, MAIA	11	Nautico Marinha Grande	3:15.28 312
50m: 44.84 44.84 100m: 1:35.07 50.23 150m: 2:25.78 50.71 200m: 3:15.28 49.50			
6. Isabela Lourenco, COSTA	11	Benedita	3:15.66 310
50m: 43.94 43.94 100m: 1:34.69 50.75 150m: 2:25.91 51.22 200m: 3:15.66 49.75			
7. Matilde Vitorino, FERREIRA	11	Naval de Peniche	3:20.82 287
50m: 44.99 44.99 100m: 1:35.06 50.07 150m: 2:27.30 52.24 200m: 3:20.82 53.52			
8. Kelly Simao, COSTA	11	Óbidos Criativa	3:28.21 257
50m: 45.54 45.54 100m: 1:36.89 51.35 150m: 2:31.96 55.07 200m: 3:28.21 56.25			
9. Margarida Lopes, RODRIGUES	11	Uniao Juncalense	3:35.43 232
50m: 48.45 48.45 100m: 1:41.65 53.20 150m: 2:38.17 56.52 200m: 3:35.43 57.26			
10. Mariana Silva, CONCEICAO	11	Uniao Juncalense	3:40.97 215
50m: 50.72 50.72 100m: 1:47.31 56.59 150m: 2:44.33 57.02 200m: 3:40.97 56.64			
DSQ Erica Felix, RODRIGUES	11	Uniao Juncalense	
Após a viragem aos 50m, 100m e 150m, no percurso subaquático a atleta realizou duas pernadas de verticais.			
DNS Leonor Mota, ALVES	11	Nautico Marinha Grande	

Prova 11
11/10/2026 - 9:48

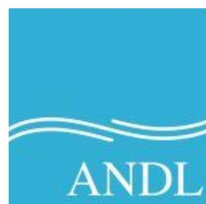
Femin., 200m Bruços

Junior Resultados

Recorde Distrital 18	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recorde Distrital 17	2:26.77	Victoria, KAMINSKAYA	FPN	29/01/2012
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD	29/06/2019
Recordes Nacionais 25m 18	2:23.46	Raquel Gomes, PEREIRA	SAD	09/12/2017
Recordes Nacionais 25m 17	2:26.47	Raquel Gomes, PEREIRA	SAD	10/12/2016

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA	10	CNLeiria - VOID	2:52.37 454
50m: 38.90 38.90 100m: 1:22.64 43.74 150m: 2:07.42 44.78 200m: 2:52.37 44.95			
2. Vida Sofia, VELEZ	10	Ba Leiria / Sk Coffee	2:54.00 441
50m: 39.78 39.78 100m: 1:23.78 44.00 150m: 2:08.78 45.00 200m: 2:54.00 45.22			
3. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:55.99 426
50m: 40.31 40.31 100m: 1:24.84 44.53 150m: 2:10.46 45.62 200m: 2:55.99 45.53			
4. Leonor Pereira, SILVA	10	Óbidos Criativa	2:56.67 421
50m: 39.89 39.89 100m: 1:23.99 44.10 150m: 2:10.07 46.08 200m: 2:56.67 46.60			
5. Rafaela Santos, AFONSO	10	Naval de Peniche	2:58.13 411
50m: 39.94 39.94 100m: 1:25.41 45.47 150m: 2:12.13 46.72 200m: 2:58.13 46.00			
6. Mariana Santos, AFONSO	10	Naval de Peniche	2:59.34 403
50m: 40.92 40.92 100m: 1:25.81 44.89 150m: 2:12.24 46.43 200m: 2:59.34 47.10			
7. Maria Carolina, ALVES	10	Ba Leiria / Sk Coffee	3:05.28 365
50m: 41.07 41.07 100m: 1:27.28 46.21 150m: 2:15.89 48.61 200m: 3:05.28 49.39			
8. Elisa Henriques, SOUTO	10	Óbidos Criativa	3:08.25 348
50m: 41.71 41.71 100m: 1:28.86 47.15 150m: 2:18.15 49.29 200m: 3:08.25 50.10			
9. Ana Margarida, MARQUES	09	Ba Leiria / Sk Coffee	3:08.35 348
50m: 41.99 41.99 100m: 1:30.10 48.11 150m: 2:19.76 49.66 200m: 3:08.35 48.59			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 11, Femin., 200m Bruços, Junior

Lugar	Ano	Tempo final	Pts
10. Constanca Rolim, PEDRO	10 Ba Leiria / Sk Coffee	3:15.33	312
50m: 43.71 43.71 100m: 1:33.12 49.41 150m: 2:23.90 50.78 200m: 3:15.33 51.43			
DSQ Constanca Baptista, TOMAS	09 Alcobaca		
<i>Falsa Partida</i>			

Prova 11 Femin., 200m Bruços Senior Resultados

11/10/2026 - 9:48				
Recorde Distrital SEN	2:27.28	Victoria, KAMINSKAYA	PIMP/ Cima	19/12/2014
Recorde Distrital ABS	2:26.74	Victoria, KAMINSKAYA	FPN	27/01/2013
Recordes Nacionais 25m Open	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019
Recordes Nacionais 25m SEN	2:22.12	Raquel Gomes, PEREIRA	SAD Algés	29/06/2019

Pontos: AQUA 2026

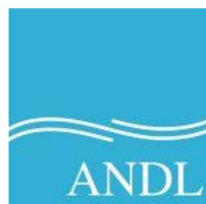
Lugar	Ano	Tempo final	Pts
1. Carolina Lourenco, MATOS	98 Benedita	2:58.19	411
50m: 39.38 39.38 100m: 1:23.41 44.03 150m: 2:09.59 46.18 200m: 2:58.19 48.60			
2. Ana Claudia, FERREIRA	90 Alcobaca	3:02.63	381
50m: 41.66 41.66 100m: 1:27.95 46.29 150m: 2:15.20 47.25 200m: 3:02.63 47.43			

Prova 12 Masc., 100m Costas Infantil B Resultados

11/10/2026 - 10:22				
Recorde Distrital INF B	1:04.99	António, JORGE	CNAL	25/03/2023
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG	23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN Leiria	11/12/2022
Recordes Nacionais 25m INF B	1:04.13	Miguel Reis, OLIVEIRA	SCB Braga	22/05/2022

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Francisco Meca, SILVA	14 Nautico Marinha Grande	1:18.59	230
50m: 38.23 38.23 100m: 1:18.59 40.36			
2. Hao Yang, CHENG	14 Nautico Marinha Grande	1:22.19	201
50m: 39.97 39.97 100m: 1:22.19 42.22			
3. Tomas Santos, MATIAS	14 Alcobaca	1:25.03	181
50m: 41.92 41.92 100m: 1:25.03 43.11			
4. Tymofii Chikov, PORADYUK	14 Alcobaca	1:25.88	176
50m: 41.09 41.09 100m: 1:25.88 44.79			
5. Diego Ferreira, CRISOSTOMO	14 Benedita	1:27.97	164
50m: 41.25 41.25 100m: 1:27.97 46.72			
6. Rodrigo Cruz, ALVES	14 Nautico Marinha Grande	1:28.34	162
50m: 43.37 43.37 100m: 1:28.34 44.97			
7. Afonso Daniel, BRITO	14 Pimpões	1:28.97	158
50m: 42.30 42.30 100m: 1:28.97 46.67			
8. Demian, DUDINOV	14 Naval de Peniche	1:29.53	155
50m: 42.63 42.63 100m: 1:29.53 46.90			
9. Simao, VIEIRA	14 Alcobaca	1:32.31	142
50m: 44.16 44.16 100m: 1:32.31 48.15			
10. Angelo Poudeian, SILVA	14 Nautico Marinha Grande	1:34.03	134
50m: 45.45 45.45 100m: 1:34.03 48.58			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 12, Masc., 100m Costas, Infantil B

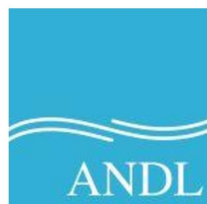
Lugar	Ano	Tempo final	Pts
11. Santiago Magalhaes, SILVA	14 Benedita	1:41.88	105
50m: 49.90 49.90 100m: 1:41.88	51.98		
12. Afonso Pereira, MARRAZES	14 Nautico Marinha Grande	1:43.07	102
50m: 49.28 49.28 100m: 1:43.07	53.79		
13. Bruno Miguel, POMBO	14 Alcobaca	1:44.50	97
50m: 55.75 55.75 100m: 1:44.50	48.75		
14. Duarte Figueiredo, GRACIO	14 Viegrense	1:45.53	95
50m: 50.53 50.53 100m: 1:45.53	55.00		
15. Filipe Melo, FERREIRA	14 CNLeiria - VOID	1:49.85	84
50m: 52.74 52.74 100m: 1:49.85	57.11		
16. Carlos Manuel, PEREIRA	14 CNLeiria - VOID	2:16.35	44
50m: 1:05.81 1:05.81 100m: 2:16.35	1:10.54		

Prova 12 Masc., 100m Costas Infantil A
11/10/2026 - 10:22 Resultados

Recorde Distrital INF A	59.50	Ricardo, SILVA	DNMG	10/06/2017
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG	23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN Leiria	11/12/2022
Recordes Nacionais 25m INF A	59.50	Ricardo Lopes, SILVA	DNMG Caldas da Rainha	10/06/2017

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Martim Mota, PATRICIO	13 Viegrense	1:11.81	301
50m: 35.09 35.09 100m: 1:11.81	36.72		
2. Vladyslav, DVIRNYI	13 Nucleo de Pombal	1:13.91	276
50m: 36.56 36.56 100m: 1:13.91	37.35		
3. Vladimir, DERELO	13 Nautico Marinha Grande	1:14.47	270
50m: 37.12 37.12 100m: 1:14.47	37.35		
4. Goncalo Gregorio, FARIAS	13 Nautico Marinha Grande	1:18.58	230
50m: 38.64 38.64 100m: 1:18.58	39.94		
5. Afonso Monteiro, GOMES	13 Naval de Peniche	1:19.30	223
50m: 39.22 39.22 100m: 1:19.30	40.08		
6. Duarte Antonio, CRUZ	13 Benedita	1:19.96	218
50m: 38.59 38.59 100m: 1:19.96	41.37		
7. Marco Ferrador, PEREIRA	13 Nucleo de Pombal	1:21.91	203
50m: 48.24 48.24 100m: 1:21.91	33.67		
8. Gabriel Silva, RIBEIRO	13 Alcobaca	1:25.19	180
50m: 41.41 41.41 100m: 1:25.19	43.78		
9. Oleksandr, KHALETSKYI	13 Uniao Juncalense	1:39.64	112
50m: 48.14 48.14 100m: 1:39.64	51.50		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 12, Masc., 100m Costas

Prova 12	Masc., 100m Costas				Juvenil B
11/10/2026 - 10:22					Resultados
Recorde Distrital JUV B	59.19	Ricardo, SILVA	DNMG		10/04/2018
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG		23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Recordes Nacionais 25m JUV B	55.91	Pedro Pereira, ALMEIDA	CE	Felgueiras	11/04/2026

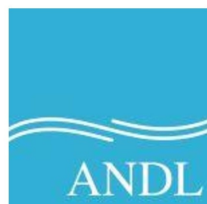
Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Joao Daniel, SANTOS	12	Alcobaca			1:00.25	510
50m: 28.82 28.82	100m: 1:00.25	31.43				
2. Duarte Costa, MADEIRA	12	Alcobaca			1:12.25	296
50m: 34.81 34.81	100m: 1:12.25	37.44				
3. Sebastian, PACHECO	12	Naval de Peniche			1:12.51	292
50m: 34.91 34.91	100m: 1:12.51	37.60				
4. Tomas Vieira, FIGUEIREDO	12	Alcobaca			1:17.38	241
50m: 37.31 37.31	100m: 1:17.38	40.07				
5. Joao Maria, TEMPERO	12	Pimpões			1:19.66	220
50m: 39.17 39.17	100m: 1:19.66	40.49				
DSQ Miguel Sales, ERVILHA	12	CNLeiria - VOID				
Na chegada, o atleta não tocou na parede na posição dorsal.						

Prova 12	Masc., 100m Costas				Juvenil A
11/10/2026 - 10:22					Resultados
Recorde Distrital JUV A	57.04	Mikhael, ONUTSKYY	PIMP/ Cima		15/06/2024
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG		23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Recordes Nacionais 25m JUV A	55.99	Miguel Reis, OLIVEIRA	VSC	Albufeira	21/12/2024

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Francisco Costa, VALENTIM	11	Naval de Peniche			1:08.17	352
50m: 33.31 33.31	100m: 1:08.17	34.86				
2. Tomas Ferreira, CARVALHO	11	Ba Leiria / Sk Coffee			1:11.71	302
50m: 35.18 35.18	100m: 1:11.71	36.53				
3. Diego Rodrigues, MENDES	11	Ba Leiria / Sk Coffee			1:13.56	280
50m: 35.52 35.52	100m: 1:13.56	38.04				
4. Simao Pedro, MARQUES	11	Uniao Juncalense			1:16.89	245
50m: 36.64 36.64	100m: 1:16.89	40.25				
5. Asabdek, TUYCHIEV	11	Ba Leiria / Sk Coffee			1:20.76	212
50m: 38.97 38.97	100m: 1:20.76	41.79				
6. Duarte Henriques, MONTEIRO	11	CNLeiria - VOID			1:21.14	209
50m: 39.25 39.25	100m: 1:21.14	41.89				
7. Miguel Nunes, DIAS	11	CNLeiria - VOID			1:21.81	204
50m: 39.31 39.31	100m: 1:21.81	42.50				
8. Pedro Ferreira, FERNANDES	11	CNLeiria - VOID			1:21.94	203
50m: 39.83 39.83	100m: 1:21.94	42.11				
9. Gabriel Cadete, RODRIGUES	11	Nucleo de Pombal			1:30.06	152
50m: 43.13 43.13	100m: 1:30.06	46.93				



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 12, Masc., 100m Costas, Juvenil A

Lugar	Ano	Tempo final	Pts
10. Gabriel Marques, CARREIRA	11 Uniao Juncalense	1:30.10	152
50m: 44.20 44.20 100m: 1:30.10	45.90		
11. Joao Sousa, SANTOS	11 Nucleo de Pombal	1:43.37	101
50m: 47.80 47.80 100m: 1:43.37	55.57		
DNS Filipe Ferreira, VALENTE	11 CNLeiria - VOID		

Prova 12 Masc., 100m Costas Junior Resultados
11/10/2026 - 10:22

Recorde Distrital 18	55.45	Mikhael, ONUTSKYY	PIMP	Caldas da Rainha	28/06/2026
Recorde Distrital 17	56.60	Mikhael, ONUTSKYY	PIMP/	Cima	15/12/2024
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG		23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Recordes Nacionais 25m 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	05/12/2009
Recordes Nacionais 25m 17	53.79	Miguel Reis, OLIVEIRA	VSC	Quarteira	16/11/2025

Pontos: AQUA 2026

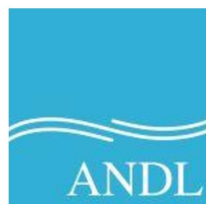
Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	58.83	548
50m: 28.79 28.79 100m: 58.83	30.04		
2. Dinis Lamas, SANTOS	10 Ba Leiria / Sk Coffee	1:02.93	448
50m: 30.34 30.34 100m: 1:02.93	32.59		
3. Luis Pedro, VALERIO	09 Ba Leiria / Sk Coffee	1:03.97	426
50m: 31.19 31.19 100m: 1:03.97	32.78		
4. Santiago Marques, GOMES	09 Ba Leiria / Sk Coffee	1:04.90	408
50m: 30.95 30.95 100m: 1:04.90	33.95		
5. Antonio Antunes, JORGE	10 Alcobaca	1:05.56	396
50m: 31.92 31.92 100m: 1:05.56	33.64		
6. David Ferrador, PEREIRA	09 Nucleo de Pombal	1:06.30	383
50m: 31.44 31.44 100m: 1:06.30	34.86		
7. Rodrigo Cardoso, TOMAS	10 Alcobaca	1:06.69	376
50m: 32.56 32.56 100m: 1:06.69	34.13		
8. Afonso Matos, CORREIA	09 Nucleo de Pombal	1:10.79	314
50m: 34.47 34.47 100m: 1:10.79	36.32		

Prova 12 Masc., 100m Costas Senior Resultados
11/10/2026 - 10:22

Recorde Distrital SEN	55.12	Viktor, KOT	DNMG		23/12/2018
Recorde Distrital ABS	55.12	Viktor, KOT	DNMG		23/12/2018
Recordes Nacionais 25m Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022
Recordes Nacionais 25m SEN	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Francisco Ribeiro, VIEIRA	04 CNLeiria - VOID	58.81	549
50m: 28.53 28.53 100m: 58.81	30.28		
2. Leonardo Jose, CRUZ	07 Alcobaca	1:00.52	503
50m: 29.05 29.05 100m: 1:00.52	31.47		
3. Francisco Marques, SIMOES	07 CNLeiria - VOID	1:01.49	480
50m: 29.27 29.27 100m: 1:01.49	32.22		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 13	Femin., 200m Livres				Infantil B
11/10/2026 - 10:44					Resultados
Recorde Distrital INF B	2:11.44	Maria, AMADO	ADBA		10/06/2017
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima		02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Recordes Nacionais 25m INF B	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018

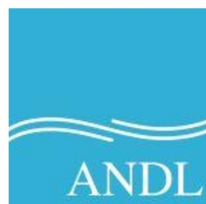
Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Matilde Pereira, SILVA	14	Benedita			2:49.84	266
50m: 39.89 39.89	100m: 1:23.81	43.92	150m: 2:09.07	45.26	200m: 2:49.84	40.77
2. Ester Nunes, DIAS	14	CNLeiria - VOID			2:53.02	252
50m: 38.37 38.37	100m: 1:22.18	43.81	150m: 2:08.02	45.84	200m: 2:53.02	45.00
3. Mariana Santiago, FERREIRA	14	Uniao Juncalense			2:59.59	225
50m: 41.03 41.03	100m: 1:27.39	46.36	150m: 2:14.42	47.03	200m: 2:59.59	45.17
4. Nadine Sofia, CESARIO	14	Benedita			3:08.07	196
50m: 41.77 41.77	100m: 1:28.40	46.63	150m: 2:11.76	43.36	200m: 3:08.07	56.31
5. Sofia Marcalo, NETO	14	Naval de Peniche			3:18.20	167
50m: 44.03 44.03	100m: 1:35.60	51.57	150m: 2:23.49	47.89	200m: 3:18.20	54.71
6. Maria Leonor, PAULINO	14	Nucleo de Pombal			3:19.20	165
50m: 44.73 44.73	100m: 1:35.70	50.97	150m: 2:28.13	52.43	200m: 3:19.20	51.07
7. Maria Constanca, BASILIO	14	Pimpões			3:23.71	154
50m: 44.71 44.71	100m: 1:35.53	50.82	150m: 2:30.71	55.18	200m: 3:23.71	53.00
8. Iris Tomaz, BERNARDINO	14	Pimpões			3:24.77	152
50m: 43.84 43.84	100m: 1:35.84	52.00	150m: 2:31.45	55.61	200m: 3:24.77	53.32

Prova 13	Femin., 200m Livres				Infantil A
11/10/2026 - 10:44					Resultados
Recorde Distrital INF A	2:10.36	Maria, AMADO	ADBA		07/07/2018
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima		02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Recordes Nacionais 25m INF A	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Maria Luisa, CASTILLO	13	Nautico Marinha Grande			2:23.91	438
50m: 32.91 32.91	100m: 1:08.91	36.00	150m: 1:46.63	37.72	200m: 2:23.91	37.28
2. Francisca Vieira, SILVA	13	Nucleo de Pombal			2:43.46	299
50m: 36.84 36.84	100m: 1:18.34	41.50	150m: 2:01.91	43.57	200m: 2:43.46	41.55
3. Carminho Jose, LOPES	13	Benedita			2:44.92	291
50m: 38.67 38.67	100m: 1:21.17	42.50	150m: 2:04.42	43.25	200m: 2:44.92	40.50
4. Avron Dawn, SANTOS	13	Nautico Marinha Grande			2:47.31	279
50m: 38.59 38.59	100m: 1:23.38	44.79	150m: 2:07.38	44.00	200m: 2:47.31	39.93
5. Violeta Neves, SILVA	13	Nucleo de Pombal			2:49.78	267
50m: 39.71 39.71	100m: 1:23.96	44.25	150m: 2:07.34	43.38	200m: 2:49.78	42.44
6. Eva Vieira, SILVA	13	Nucleo de Pombal			2:51.74	258
50m: 40.03 40.03	100m: 1:23.10	43.07	150m: 2:08.06	44.96	200m: 2:51.74	43.68
7. Matilde Mamede, CECILIO	13	Naval de Peniche			2:52.07	256
50m: 41.03 41.03	100m: 1:24.81	43.78	150m: 2:09.81	45.00	200m: 2:52.07	42.26
8. Catarina Franco, RODRIGUES	13	Naval de Peniche			2:54.39	246
50m: 39.84 39.84	100m: 1:23.96	44.12	150m: 2:09.67	45.71	200m: 2:54.39	44.72



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 13, Femin., 200m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
9. Catarina Faustino, DIAS	13 Naval de Peniche	2:58.44	230
50m: 40.90 40.90 100m: 1:27.44 46.54 150m: 2:14.85 47.41 200m: 2:58.44 43.59			

Prova 13 Femin., 200m Livres Juvenil B
11/10/2026 - 10:44 Resultados

Recorde Distrital JUV B	2:07.06	Filipa, RUIVO	DNMG	18/12/2011
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima	02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA Felgueiras	12/04/2025
Recordes Nacionais 25m JUV B	2:03.90	Maria Ferreira, MOURA	SCP Algés	29/06/2019

Pontos: AQUA 2026

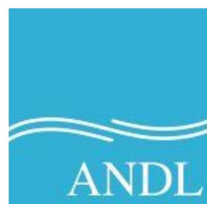
Lugar	Ano	Tempo final	Pts
1. Luna Francisco, PEREIRA	12 Nucleo de Pombal	2:25.59	423
50m: 33.97 33.97 100m: 1:10.91 36.94 150m: 1:48.47 37.56 200m: 2:25.59 37.12			
2. Barbara Serrano, LOMBA	12 Ba Leiria / Sk Coffee	2:32.04	372
50m: 34.14 34.14 100m: 1:11.96 37.82 150m: 1:52.03 40.07 200m: 2:32.04 40.01			
3. Maria Leonor, ASSUNCAO	12 Pimpões	2:32.58	368
50m: 35.94 35.94 100m: 1:13.48 37.54 150m: 1:53.09 39.61 200m: 2:32.58 39.49			
4. Maria Ines, GOMES	12 Nucleo de Pombal	2:42.86	302
50m: 37.78 37.78 100m: 1:19.78 42.00 150m: 2:02.39 42.61 200m: 2:42.86 40.47			
5. Rita Francisco, SIMOES	12 Vieiraense	2:43.17	301
50m: 37.23 37.23 100m: 1:20.27 43.04 150m: 2:02.46 42.19 200m: 2:43.17 40.71			
6. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	2:47.98	275
50m: 38.63 38.63 100m: 1:19.87 41.24 150m: 2:04.41 44.54 200m: 2:47.98 43.57			
7. Carolina Matos, CORREIA	12 Nucleo de Pombal	2:48.08	275
50m: 39.10 39.10 100m: 1:22.65 43.55 150m: 2:06.59 43.94 200m: 2:48.08 41.49			
8. Julia Lewin, MOREIRA	12 Naval de Peniche	2:57.44	234
50m: 38.91 38.91 100m: 1:23.94 45.03 150m: 2:11.26 47.32 200m: 2:57.44 46.18			

Prova 13 Femin., 200m Livres Juvenil A
11/10/2026 - 10:44 Resultados

Recorde Distrital JUV A	2:05.53	Inês, HENRIQUES	PIMP/ Cima	13/12/2015
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima	02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA Felgueiras	12/04/2025
Recordes Nacionais 25m JUV A	2:01.12	Francisca Soares, MARTINS	FOCA Felgueiras	27/04/2019

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	2:23.19	445
50m: 32.16 32.16 100m: 1:08.05 35.89 150m: 1:46.30 38.25 200m: 2:23.19 36.89			
2. Carlota Sa, SANTOS	11 Nucleo de Pombal	2:25.81	421
50m: 33.89 33.89 100m: 1:11.31 37.42 150m: 1:48.81 37.50 200m: 2:25.81 37.00			
3. Matilde Pinto, ANTUNES	11 Naval de Peniche	2:35.77	346
50m: 35.89 35.89 100m: 1:15.21 39.32 150m: 1:56.10 40.89 200m: 2:35.77 39.67			
4. Beatriz Morgado, SILVA	11 Benedita	2:39.05	325
50m: 37.30 37.30 100m: 1:17.75 40.45 150m: 1:59.22 41.47 200m: 2:39.05 39.83			
5. Isabela Maria, CARREIRA	11 Uniao Juncalense	2:42.97	302
50m: 37.18 37.18 100m: 1:18.18 41.00 150m: 2:00.87 42.69 200m: 2:42.97 42.10			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 13, Femin., 200m Livres, Juvenil A

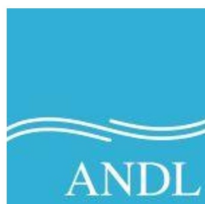
Lugar	Ano	Tempo final	Pts
6. Carlota Maria, CATARINO	11 Benedita	2:47.62	277
50m: 37.76 37.76 100m: 1:19.78 42.02 150m: 2:04.09 44.31 200m: 2:47.62 43.53			
7. Matilde Vitorino, FERREIRA	11 Naval de Peniche	2:48.12	275
50m: 38.37 38.37 100m: 1:21.26 42.89 150m: 2:05.65 44.39 200m: 2:48.12 42.47			
8. Mariana Silva, CONCEICAO	11 Uniao Juncalense	2:56.91	236
50m: 41.29 41.29 100m: 1:27.02 45.73 150m: 2:13.84 46.82 200m: 2:56.91 43.07			

Prova 13 Femin., 200m Livres Junior Resultados
11/10/2026 - 10:44

Recorde Distrital 18	2:03.00	Inês, HENRIQUES	PIMP/ Cima	02/12/2017
Recorde Distrital 17	2:04.38	Inês, HENRIQUES	PIMP/ Cima	22/04/2017
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima	02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA Felgueiras	12/04/2025
Recordes Nacionais 25m 18	1:59.25	Francisca Soares, MARTINS	FOCA Felgueiras	17/07/2021
Recordes Nacionais 25m 17	1:59.62	Leticia Maia, ANDRE	SLB Felgueiras	23/12/2018

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	2:16.31	516
50m: 31.20 31.20 100m: 1:05.96 34.76 150m: 1:41.64 35.68 200m: 2:16.31 34.67			
2. Vida Sofia, VELEZ	10 Ba Leiria / Sk Coffee	2:16.32	516
50m: 32.18 32.18 100m: 1:06.22 34.04 150m: 1:41.64 35.42 200m: 2:16.32 34.68			
3. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	2:21.81	458
50m: 31.71 31.71 100m: 1:06.67 34.96 150m: 1:44.28 37.61 200m: 2:21.81 37.53			
4. Debora Silva, INACIO	10 Pimpões	2:22.73	449
50m: 33.03 33.03 100m: 1:08.38 35.35 150m: 1:45.45 37.07 200m: 2:22.73 37.28			
5. Maria Carolina, ALVES	10 Ba Leiria / Sk Coffee	2:23.75	440
50m: 32.25 32.25 100m: 1:06.96 34.71 150m: 1:44.53 37.57 200m: 2:23.75 39.22			
6. Zofie, PACHECO	09 Naval de Peniche	2:24.11	437
50m: 32.58 32.58 100m: 1:08.84 36.26 150m: 1:46.87 38.03 200m: 2:24.11 37.24			
7. Rafaela Santos, AFONSO	10 Naval de Peniche	2:25.96	420
50m: 33.89 33.89 100m: 1:11.24 37.35 150m: 1:49.42 38.18 200m: 2:25.96 36.54			
8. Ana Margarida, MARQUES	09 Ba Leiria / Sk Coffee	2:30.23	385
50m: 34.21 34.21 100m: 1:12.23 38.02 150m: 1:50.91 38.68 200m: 2:30.23 39.32			
9. Anjali, RAICAR	09 Naval de Peniche	2:34.69	353
50m: 34.15 34.15 100m: 1:12.65 38.50 150m: 1:53.26 40.61 200m: 2:34.69 41.43			
DSQ Eva Nunes, PEDROSA	09 Nucleo de Pombal		
<i>Falsa Partida</i>			



Prova 13, Femin., 200m Livres

Prova 13

Femin., 200m Livres

Senior

11/10/2026 - 10:44

Resultados

Recorde Distrital SEN	2:06.69	Victoria, KAMINSKAYA	PIMP/ Cima	25/05/2014
Recorde Distrital ABS	2:03.00	Inês, HENRIQUES	PIMP/ Cima	02/12/2017
Recordes Nacionais 25m Open	1:55.91	Francisca Soares, MARTINS	FOCA Felqueiras	12/04/2025
Recordes Nacionais 25m SEN	1:55.91	Francisca Soares, MARTINS	FOCA Felqueiras	12/04/2025

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
DNS Matilde Monteiro, NEVES	08	Nucleo de Pombal	
DNS Ines Mira, PINO	06	Pimpões	

Prova 14

Masc., 200m Estilos

Infantil B

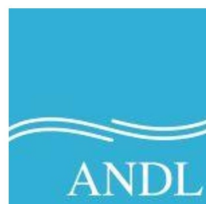
11/10/2026 - 11:04

Resultados

Recorde Distrital INF B	2:17.96	André, RUIVO	DNMG		02/06/2013
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL		16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Recordes Nacionais 25m INF B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02/06/2013

Pontos: AOUA 2026

Lugar	Ano						Tempo final				Pts		
1.	Vladyslav, STARYNSKYY						14	Benedita				3:01.05	217
	50m:	38.59	38.59	100m:	1:25.28	46.69	150m:	2:20.01	54.73	200m:	3:01.05	41.04	
2.	Tomas Santos, MATIAS						14	Alcobaca				3:03.98	207
	50m:	41.93	41.93	100m:	1:30.29	48.36	150m:	2:23.50	53.21	200m:	3:03.98	40.48	
3.	Mateus Matos, MORADO						14	CNLeiria - VOID				3:12.59	180
	50m:	42.91	42.91	100m:	1:30.88	47.97	150m:	2:30.61	59.73	200m:	3:12.59	41.98	
4.	Simao, VIEIRA						14	Alcobaca				3:22.56	155
	50m:	45.91	45.91	100m:	1:38.91	53.00	150m:	2:38.09	59.18	200m:	3:22.56	44.47	
5.	Tymofii Chikov, PORADYUK						14	Alcobaca				3:22.98	154
	50m:	50.48	50.48	100m:	1:39.41	48.93	150m:	2:42.59	1:03.18	200m:	3:22.98	40.39	
6.	Salvador Santos, VAZ						14	Vieirense				3:24.11	151
	50m:	44.21	44.21	100m:	1:36.52	52.31	150m:	2:43.06	1:06.54	200m:	3:24.11	41.05	
7.	Diego Ferreira, CRISOSTOMO						14	Benedita				3:25.26	149
	50m:	46.52	46.52	100m:	1:36.32	49.80	150m:	2:39.00	1:02.68	200m:	3:25.26	46.26	
8.	Bruno Miguel, POMBO						14	Alcobaca				3:48.79	107
	50m:	55.44	55.44	100m:	1:55.34	59.90	150m:	3:00.16	1:04.82	200m:	3:48.79	48.63	
9.	Abdullo, TUYCHIEV						14	Ba Leiria / Sk Coffee				4:06.02	86
	50m:	57.69	57.69	100m:	2:01.76	1:04.07	150m:	3:10.66	1:08.90	200m:	4:06.02	55.36	
DNS	Eduardo, TATARU						14	Ba Leiria / Sk Coffee					



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 14, Masc., 200m Estilos

Prova 14 Masc., 200m Estilos Infantil A
11/10/2026 - 11:04 Resultados

Recorde Distrital INF A	2:16.10	André, RUIVO	DNMG	08/12/2013
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL	16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR Netanya (ISR)	04/12/2015
Recordes Nacionais 25m INF A	2:13.38	Tomas Miguel, FREITAS	CDN Funchal	17/07/2004

Pontos: AQUA 2026

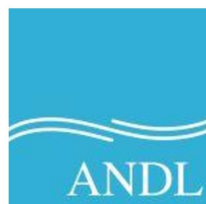
Lugar	Ano	Tempo final	Pts
1. Martim Mota, PATRICIO	13 Vieiraense	2:39.85	316
50m: 35.66 35.66 100m: 1:16.60 40.94 150m: 2:04.67 48.07 200m: 2:39.85 35.18			
2. Miguel, CAINAC	13 Benedita	2:40.94	309
50m: 34.83 34.83 100m: 1:14.79 39.96 150m: 2:04.25 49.46 200m: 2:40.94 36.69			
3. Ricardo Pereira, LOPES	13 Nautico Marinha Grande	2:42.09	303
50m: 35.34 35.34 100m: 1:16.56 41.22 150m: 2:06.19 49.63 200m: 2:42.09 35.90			
4. Estevao Esperanco, MOTA	13 Ba Leiria / Sk Coffee	2:45.93	282
50m: 36.45 36.45 100m: 1:19.10 42.65 150m: 2:08.49 49.39 200m: 2:45.93 37.44			
5. Vladyslav, DVIRNYI	13 Nucleo de Pombal	2:47.23	275
50m: 36.66 36.66 100m: 1:19.76 43.10 150m: 2:10.69 50.93 200m: 2:47.23 36.54			
6. Duarte Antonio, CRUZ	13 Benedita	2:59.59	222
50m: 39.21 39.21 100m: 1:22.81 43.60 150m: 2:17.78 54.97 200m: 2:59.59 41.81			
7. Gabriel Silva, RIBEIRO	13 Alcobaca	3:06.09	200
50m: 39.95 39.95 100m: 1:27.87 47.92 150m: 2:22.31 54.44 200m: 3:06.09 43.78			
8. David Jorge, MACHADO	13 Vieiraense	3:08.75	191
50m: 39.65 39.65 100m: 1:24.75 45.10 150m: 2:25.12 1:00.37 200m: 3:08.75 43.63			
9. Alexandre Botas, RIBEIRO	13 CNLeiria - VOID	3:16.95	168
50m: 46.63 46.63 100m: 1:38.09 51.46 150m: 2:37.06 58.97 200m: 3:16.95 39.89			
10. Gustavo Andre, BATISTA	13 Ba Leiria / Sk Coffee	3:38.53	123
50m: 55.86 55.86 100m: 1:50.06 54.20 150m: 2:51.04 1:00.98 200m: 3:38.53 47.49			
DSQ Timur, MOLDERF	13 Nautico Marinha Grande		
<i>O atleta após a partida, durante o percurso subaquático, realizou pernada alternada.</i>			
DNS Pedro Martim, CRESPO	13 Ba Leiria / Sk Coffee		
DNS Ivan, VESNYANKA	13 Ba Leiria / Sk Coffee		

Prova 14 Masc., 200m Estilos Juvenil B
11/10/2026 - 11:04 Resultados

Recorde Distrital JUV B	2:09.99	Rodolfo, ALECRIM	CNL - VOID	11/01/2025
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL	16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR Netanya (ISR)	04/12/2015
Recordes Nacionais 25m JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA Fafe	10/05/2003

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vasco Silvestre, ROCHA	12 Nautico Marinha Grande	2:30.89	375
50m: 30.42 30.42 100m: 1:09.17 38.75 150m: 1:55.57 46.40 200m: 2:30.89 35.32			
2. Goncalo Nunes, MORAIS	12 Ba Leiria / Sk Coffee	2:34.19	352
50m: 34.63 34.63 100m: 1:13.93 39.30 150m: 1:57.73 43.80 200m: 2:34.19 36.46			
3. Tomas Barata, ALVES	12 Nautico Marinha Grande	2:38.66	323
50m: 32.66 32.66 100m: 1:14.94 42.28 150m: 2:02.41 47.47 200m: 2:38.66 36.25			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 14, Masc., 200m Estilos, Juvenil B

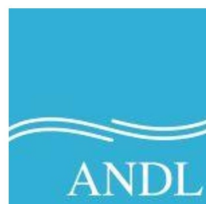
Lugar	Ano	Tempo final	Pts
4. Sebastian, PACHECO	12 Naval de Peniche	2:41.60	305
50m: 35.70 35.70 100m: 1:17.35 41.65 150m: 2:06.95 49.60 200m: 2:41.60 34.65			
5. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	2:43.94	292
50m: 35.26 35.26 100m: 1:18.87 43.61 150m: 2:07.76 48.89 200m: 2:43.94 36.18			
6. Joao Pedro, BELO	12 Nautico Marinha Grande	2:54.59	242
50m: 37.98 37.98 100m: 1:24.57 46.59 150m: 2:15.81 51.24 200m: 2:54.59 38.78			
7. Duarte Mota, GASPAR	12 Ba Leiria / Sk Coffee	3:06.20	199
50m: 44.63 44.63 100m: 1:34.38 49.75 150m: 2:27.48 53.10 200m: 3:06.20 38.72			
8. Ruben Jose, FERREIRA	12 CNLeiria - VOID	3:06.25	199
50m: 43.08 43.08 100m: 1:34.75 51.67 150m: 2:29.08 54.33 200m: 3:06.25 37.17			

Prova 14 Masc., 200m Estilos Juvenil A
11/10/2026 - 11:04 Resultados

Recorde Distrital JUV A	2:07.91	Leonardo, CRUZ	CNAL	15/01/2023
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL	16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR Netanya (ISR)	04/12/2015
Recordes Nacionais 25m JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA Aveiro	15/05/2004

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Vidar Albert, JUNG	11 Nautico Marinha Grande	2:14.96	525
50m: 28.09 28.09 100m: 1:03.22 35.13 150m: 1:43.96 40.74 200m: 2:14.96 31.00			
2. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	2:23.29	438
50m: 29.48 29.48 100m: 1:04.58 35.10 150m: 1:48.28 43.70 200m: 2:23.29 35.01			
3. Martim Duarte, ROQUE	11 CNLeiria - VOID	2:30.47	378
50m: 32.09 32.09 100m: 1:10.55 38.46 150m: 1:55.69 45.14 200m: 2:30.47 34.78			
4. Rodrigo Nicolau, RITA	11 Vieiraense	2:31.97	367
50m: 32.53 32.53 100m: 1:13.87 41.34 150m: 2:01.13 47.26 200m: 2:31.97 30.84			
5. Valentim Antonio, PEREIRA	11 CNLeiria - VOID	2:57.59	230
50m: 37.42 37.42 100m: 1:25.84 48.42 150m: 2:17.96 52.12 200m: 2:57.59 39.63			
6. Tiago Alexandre, GOMES	11 CNLeiria - VOID	3:02.13	213
50m: 39.84 39.84 100m: 1:28.88 49.04 150m: 2:22.34 53.46 200m: 3:02.13 39.79			
DSQ Diego Rodrigues, MENDES	11 Ba Leiria / Sk Coffee		
<i>O atleta efetuou toque alternado de mãos na parede, na viragem dos 150m.</i>			
DSQ Gabriel Cadete, RODRIGUES	11 Nucleo de Pombal		
<i>O atleta tocou apenas com uma mão, na parede, na viragem aos 150m.</i>			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

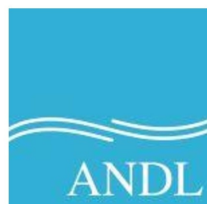
Prova 14, Masc., 200m Estilos

Prova 14 Masc., 200m Estilos Junior
11/10/2026 - 11:04 Resultados

Recorde Distrital 18	2:04.99	Leonardo, CRUZ	CNAL		13/04/2025
Recorde Distrital 17	2:04.53	Leonardo, CRUZ	CNAL		09/12/2023
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL		16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Recordes Nacionais 25m 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	10/05/2015
Recordes Nacionais 25m 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	06/03/2005

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Paulo, KOT	09	Nautico Marinha Grande 2:14.22	533
50m: 29.28 29.28 100m: 1:02.15 32.87 150m: 1:43.68 41.53 200m: 2:14.22 30.54			
2. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande 2:15.97	513
50m: 29.25 29.25 100m: 1:04.22 34.97 150m: 1:45.61 41.39 200m: 2:15.97 30.36			
3. Afonso Ferreira, REIS	10	Nautico Marinha Grande 2:17.78	493
50m: 29.99 29.99 100m: 1:04.96 34.97 150m: 1:45.71 40.75 200m: 2:17.78 32.07			
4. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande 2:21.10	459
50m: 30.43 30.43 100m: 1:06.60 36.17 150m: 1:49.32 42.72 200m: 2:21.10 31.78			
5. Joao Piteira, GAIOLAS	10	Nautico Marinha Grande 2:21.44	456
50m: 30.07 30.07 100m: 1:07.28 37.21 150m: 1:49.71 42.43 200m: 2:21.44 31.73			
6. Xinyang, CHENG	09	Nautico Marinha Grande 2:22.56	445
50m: 30.04 30.04 100m: 1:07.56 37.52 150m: 1:49.53 41.97 200m: 2:22.56 33.03			
Lucas Costa, JESUS	10	Nautico Marinha Grande 2:22.56	445
50m: 30.95 30.95 100m: 1:06.99 36.04 150m: 1:49.85 42.86 200m: 2:22.56 32.71			
8. Martim Alexandre, MESQUITA	09	Nautico Marinha Grande 2:23.65	435
50m: 28.75 28.75 100m: 1:06.68 37.93 150m: 1:51.03 44.35 200m: 2:23.65 32.62			
9. Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande 2:25.61	418
50m: 29.89 29.89 100m: 1:07.06 37.17 150m: 1:51.16 44.10 200m: 2:25.61 34.45			
10. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande 2:29.99	382
50m: 31.49 31.49 100m: 1:09.06 37.57 150m: 1:53.60 44.54 200m: 2:29.99 36.39			
11. Vladyslav, BABUSHKIN	09	Nautico Marinha Grande 2:32.87	361
50m: 33.66 33.66 100m: 1:15.41 41.75 150m: 1:59.23 43.82 200m: 2:32.87 33.64			
12. Santiago Neves, SILVA	10	Nucleo de Pombal 2:44.44	290
50m: 35.44 35.44 100m: 1:20.94 45.50 150m: 2:08.22 47.28 200m: 2:44.44 36.22			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 14, Masc., 200m Estilos

Prova 14 Masc., 200m Estilos Senior
11/10/2026 - 11:04 Resultados

Recorde Distrital SEN	2:02.81	Leonardo, CRUZ	CNAL	16/12/2025
Recorde Distrital ABS	2:02.81	Leonardo, CRUZ	CNAL	16/12/2025
Recordes Nacionais 25m Open	1:53.45	Diogo Filipe, CARVALHO	POR Netanya (ISR)	04/12/2015
Recordes Nacionais 25m SEN	1:53.45	Diogo Filipe, CARVALHO	POR Netanya (ISR)	04/12/2015

Pontos: AQUA 2026

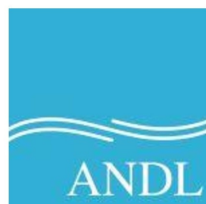
Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:10.17	585
50m: 27.12 27.12 100m: 1:00.02 32.90 150m: 1:38.78 38.76 200m: 2:10.17 31.39			
2. Miguel Vicente, SILVA	02 Nautico Marinha Grande	2:16.50	507
50m: 27.22 27.22 100m: 1:01.75 34.53 150m: 1:43.58 41.83 200m: 2:16.50 32.92			

Prova 15 Femin., 400m Livres Infantil B
11/10/2026 - 11:28 Resultados

Recorde Distrital INF B	4:37.93	Filipa, RUIVO	SANDL	10/04/2010
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA	23/11/2014
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m INF B	4:25.30	Alexandra Maria, SILVA	FCP Porto	19/07/1980

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Constanca Sequeira, CARNEIRO	14 Pimpões	5:49.69	285
50m: 38.16 38.16 150m: 2:07.16 44.60 250m: 3:37.19 44.96 350m: 5:07.87 45.21 100m: 1:22.56 44.40 200m: 2:52.23 45.07 300m: 4:22.66 45.47 400m: 5:49.69 41.82			
2. Constanca Alves, FONSECA	14 Alcobaca	5:55.82	270
50m: 37.68 37.68 150m: 2:08.74 46.12 250m: 3:40.00 44.69 350m: 5:14.92 48.77 100m: 1:22.62 44.94 200m: 2:55.31 46.57 300m: 4:26.15 46.15 400m: 5:55.82 40.90			
3. Miriam Amancio, RICARDO	14 Óbidos Criativa	6:00.87	259
50m: 38.55 38.55 150m: 2:09.02 45.97 250m: 3:41.79 26.00 350m: 5:16.37 47.18 100m: 1:23.05 44.50 200m: 3:15.79 1:06.77 300m: 4:29.19 47.40 400m: 6:00.87 44.50			
4. Matilde Santos, PEREIRA	14 Pimpões	6:06.21	248
50m: 39.53 39.53 150m: 2:12.03 46.86 250m: 3:47.09 47.75 350m: 5:21.14 46.90 100m: 1:25.17 45.64 200m: 2:59.34 47.31 300m: 4:34.24 47.15 400m: 6:06.21 45.07			
5. Carolina Pereira, DURAO	14 Alcobaca	6:19.70	222
50m: 40.77 40.77 150m: 2:16.25 48.58 250m: 3:53.95 49.14 350m: 5:33.81 49.82 100m: 1:27.67 46.90 200m: 3:04.81 48.56 300m: 4:43.99 50.04 400m: 6:19.70 45.89			
6. Ines Ferreira, CAPELA	14 Viegrense	6:26.96	210
50m: 40.05 40.05 150m: 2:16.18 49.59 250m: 3:57.71 50.34 350m: 5:39.36 51.39 100m: 1:26.59 46.54 200m: 3:07.37 51.19 300m: 4:47.97 50.26 400m: 6:26.96 47.60			
7. Eva Victoria, FERREIRA	14 Pimpões	6:31.46	203
50m: 43.51 43.51 150m: 2:23.72 50.19 250m: 4:05.03 50.14 350m: 5:44.93 50.09 100m: 1:33.53 50.02 200m: 3:14.89 51.17 300m: 4:54.84 49.81 400m: 6:31.46 46.53			
8. Ines Silva, MARCIANO	14 Pimpões	6:32.07	202
50m: 43.42 43.42 150m: 2:21.67 49.36 250m: 4:04.07 51.06 350m: 5:45.81 50.50 100m: 1:32.31 48.89 200m: 3:13.01 51.34 300m: 4:55.31 51.24 400m: 6:32.07 46.26			
9. Leonor Silva, TEOTONIO	14 Óbidos Criativa	6:33.49	200
50m: 44.42 44.42 150m: 2:25.03 50.36 250m: 4:05.34 49.81 350m: 5:45.89 50.97 100m: 1:34.67 50.25 200m: 3:15.53 50.50 300m: 4:54.92 49.58 400m: 6:33.49 47.60			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 15, Femin., 400m Livres, Infantil B

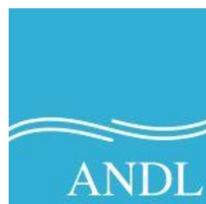
Lugar	Ano	Tempo final	Pts
10. Sara Pereira, SILVA	14 Óbidos Criativa	6:36.41	195
50m: 42.94 42.94 150m: 2:22.76 50.42 250m: 4:06.02 51.58 350m: 5:49.16 51.75			
100m: 1:32.34 49.40 200m: 3:14.44 51.68 300m: 4:57.41 51.39 400m: 6:36.41 47.25			
11. Sofia Pereira, SILVA	14 Óbidos Criativa	6:43.97	185
50m: 42.79 42.79 150m: 2:24.49 51.54 250m: 4:08.69 52.76 350m: 5:53.52 51.71			
100m: 1:32.95 50.16 200m: 3:15.93 51.44 300m: 5:01.81 53.12 400m: 6:43.97 50.45			
12. Maria Mar, LUIS	14 Óbidos Criativa	7:08.87	154
50m: 44.13 44.13 150m: 2:29.19 52.81 250m: 4:20.16 55.65 350m: 6:15.13 58.22			
100m: 1:36.38 52.25 200m: 3:24.51 55.32 300m: 5:16.91 56.75 400m: 7:08.87 53.74			
13. Patricia Cristina, MARIANO	14 Alcobaca	7:32.70	131
50m: 48.63 48.63 150m: 2:42.13 57.90 250m: 4:42.88 1:00.82 350m: 6:43.16 1:00.43			
100m: 1:44.23 55.60 200m: 3:42.06 59.93 300m: 5:42.73 59.85 400m: 7:32.70 49.54			
DNS Iris Barata, GAMITO	14 Ba Leiria / Sk Coffee		
DNS Diana Monteiro, FONSECA	14 Ba Leiria / Sk Coffee		

Prova 15 Femin., 400m Livres Infantil A
11/10/2026 - 11:28 Resultados

Recorde Distrital INF A	4:31.03	Filipa, RUIVO	DNMG	20/11/2010
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA	23/11/2014
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m INF A	4:23.08	Susana Patricia, MIGUEL	SFUAP Alhandra	15/05/2004

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Maria Joao, OLIVEIRA	13 Alcobaca	5:20.54	370
50m: 36.41 36.41 150m: 1:57.27 40.71 250m: 3:19.86 41.34 350m: 4:43.10 41.28			
100m: 1:16.56 40.15 200m: 2:38.52 41.25 300m: 4:01.82 41.96 400m: 5:20.54 37.44			
2. Elisa Rodrigues, SIMOES	13 Benedita	5:23.90	359
50m: 36.59 36.59 150m: 1:57.72 40.57 250m: 3:30.83 52.12 350m: 4:44.08 41.55			
100m: 1:17.15 40.56 200m: 2:38.71 40.99 300m: 4:02.53 31.70 400m: 5:23.90 39.82			
3. Alicia Ferreira, OLIVEIRA	13 Ba Leiria / Sk Coffee	5:31.09	336
50m: 37.31 37.31 150m: 2:00.71 42.14 250m: 3:25.74 42.65 350m: 4:51.07 42.50			
100m: 1:18.57 41.26 200m: 2:43.09 42.38 300m: 4:08.57 42.83 400m: 5:31.09 40.02			
4. Ines Mestre, SANTOS	13 CNLeiria - VOID	5:35.28	323
50m: 37.28 37.28 150m: 2:02.59 43.18 250m: 3:29.95 43.82 350m: 4:55.84 42.56			
100m: 1:19.41 42.13 200m: 2:46.13 43.54 300m: 4:13.28 43.33 400m: 5:35.28 39.44			
Lara Sofia, MARCELINO	13 Veiense	5:35.28	323
50m: 37.66 37.66 150m: 2:02.40 42.21 250m: 3:29.57 43.79 350m: 4:55.89 43.40			
100m: 1:20.19 42.53 200m: 2:45.78 43.38 300m: 4:12.49 42.92 400m: 5:35.28 39.39			
6. Maria Leal, ALVES	13 Alcobaca	5:46.50	293
50m: 38.25 38.25 150m: 2:07.18 44.65 250m: 3:36.25 44.28 350m: 5:04.57 44.29			
100m: 1:22.53 44.28 200m: 2:51.97 44.79 300m: 4:20.28 44.03 400m: 5:46.50 41.93			
7. Nuria Rocha, BOTAS	13 Veiense	5:53.37	276
50m: 40.39 40.39 150m: 2:10.17 45.11 250m: 3:40.01 44.52 350m: 5:10.96 46.15			
100m: 1:25.06 44.67 200m: 2:55.49 45.32 300m: 4:24.81 44.80 400m: 5:53.37 42.41			
8. Emma Henriques, SOUTO	13 Óbidos Criativa	5:56.47	269
50m: 41.26 41.26 150m: 2:16.69 49.82 250m: 3:45.09 46.15 350m: 5:15.62 44.71			
100m: 1:26.87 45.61 200m: 2:58.94 42.25 300m: 4:30.91 45.82 400m: 5:56.47 40.85			
9. Mariana Santos, VALENTIM	13 Pimpões	6:00.79	259
50m: 39.44 39.44 150m: 2:08.97 45.06 250m: 3:41.55 46.36 350m: 5:16.66 47.32			
100m: 1:23.91 44.47 200m: 2:55.19 46.22 300m: 4:29.34 47.79 400m: 6:00.79 44.13			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 15, Femin., 400m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
10.	Erica Maria, FORTUNATO		13	Ba Leiria / Sk Coffee				6:17.18	227
	50m:	41.57	41.57	150m:	2:14.50	47.96	250m:	3:52.43	48.75
	100m:	1:26.54	44.97	200m:	3:03.68	49.18	300m:	4:41.82	49.39
							400m:	6:17.18	46.56
11.	Eduarda Antunes, BUGALHAO		13	Ba Leiria / Sk Coffee				6:17.63	226
	50m:	44.13	44.13	150m:	2:19.23	48.20	250m:	3:56.48	48.10
	100m:	1:31.03	46.90	200m:	3:08.38	49.15	300m:	4:44.41	47.93
							400m:	6:17.63	44.68
12.	Sara Machado, JANUARIO		13	Alcobaca				6:22.82	217
	50m:	42.25	42.25	150m:	2:19.03	50.03	250m:	3:57.43	49.15
	100m:	1:29.00	46.75	200m:	3:08.28	49.25	300m:	4:48.57	51.14
							400m:	6:22.82	46.07
13.	Constanca Teopisto, CARVALHO		13	Alcobaca				6:40.82	189
	50m:	41.77	41.77	150m:	2:23.20	51.53	250m:	4:07.22	51.37
	100m:	1:31.67	49.90	200m:	3:15.85	52.65	300m:	5:00.82	53.60
							400m:	6:40.82	48.64

Prova 15
11/10/2026 - 11:28

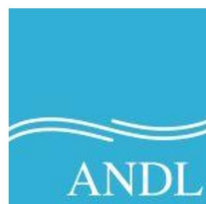
Femin., 400m Livres

Juvenil B
Resultados

Recorde Distrital JUV B	4:21.69	Filipa, RUIVO	DNMG	03/12/2011
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA	23/11/2014
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR	10/12/2023
Recordes Nacionais 25m JUV B	4:18.39	Ana Claudia, SANTOS	SFUAP	20/12/2004

Pontos: AQUA 2026

Lugar			Ano					Tempo final	Pts
1.	Luna Francisco, PEREIRA		12	Nucleo de Pombal				5:06.43	424
	50m:	35.22	35.22	150m:	1:53.36	39.21	250m:	3:11.82	39.07
	100m:	1:14.15	38.93	200m:	2:32.75	39.39	300m:	3:51.07	39.25
							400m:	5:06.43	36.18
2.	Beatriz Julio, CORREIA		12	CNLeiria - VOID				5:12.64	399
	50m:	33.57	33.57	150m:	1:51.17	39.60	250m:	3:11.92	40.21
	100m:	1:11.57	38.00	200m:	2:31.71	40.54	300m:	3:52.59	40.67
							400m:	5:12.64	39.15
3.	Emiliana Arruda, SARAIVA		12	Vieirense				5:18.28	378
	50m:	35.92	35.92	150m:	1:57.45	41.61	250m:	3:20.24	41.50
	100m:	1:15.84	39.92	200m:	2:38.74	41.29	300m:	4:01.07	40.83
							400m:	5:18.28	38.29
4.	Mafalda Varela, BERNARDINO		12	Alcobaca				5:19.00	376
	50m:	34.07	34.07	150m:	1:52.09	40.16	250m:	3:16.09	42.02
	100m:	1:11.93	37.86	200m:	2:34.07	41.98	300m:	3:57.89	41.80
							400m:	5:19.00	40.16
5.	Yaroslava, TABUNSKYK		12	CNLeiria - VOID				5:33.84	328
	50m:	36.09	36.09	150m:	1:57.48	41.67	250m:	3:23.38	43.57
	100m:	1:15.81	39.72	200m:	2:39.81	42.33	300m:	4:06.02	42.64
							400m:	5:33.84	44.54
6.	Rita Alexandra, JORDAO		12	Alcobaca				5:38.17	315
	50m:	38.77	38.77	150m:	2:02.77	42.52	250m:	3:29.38	43.78
	100m:	1:20.25	41.48	200m:	2:45.60	42.83	300m:	4:12.77	43.39
							400m:	5:38.17	41.42
7.	Maria Joao, ALBUQUERQUE		12	Pimpões				5:55.50	271
	50m:	41.47	41.47	150m:	2:11.90	45.40	250m:	3:42.83	44.86
	100m:	1:26.50	45.03	200m:	2:57.97	46.07	300m:	4:28.55	45.72
							400m:	5:55.50	42.28



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

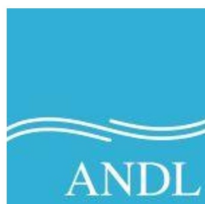
Prova 15, Femin., 400m Livres

Prova 15 Femin., 400m Livres Juvenil A
11/10/2026 - 11:28 Resultados

Recorde Distrital JUV A	4:23.15	Inês, HENRIQUES	PIMP/ Cima	07/05/2016
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA	23/11/2014
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m JUV A	4:13.53	Ana Reis, SOUSA	CNLA Porto	09/12/2017

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Maria Joao, VALA	11 Pimpões	4:52.79	486
50m: 33.41 33.41 150m: 1:46.79 36.53 250m: 3:00.62 37.00 350m: 4:16.09 37.50			
100m: 1:10.26 36.85 200m: 2:23.62 36.83 300m: 3:38.59 37.97 400m: 4:52.79 36.70			
2. Cristiana Henriques, ALMEIDA	11 Benedita	5:01.15	446
50m: 34.55 34.55 150m: 1:50.65 38.68 250m: 3:06.65 37.53 350m: 4:23.47 38.53			
100m: 1:11.97 37.42 200m: 2:29.12 38.47 300m: 3:44.94 38.29 400m: 5:01.15 37.68			
3. Carlota Sa, SANTOS	11 Nucleo de Pombal	5:06.18	425
50m: 35.75 35.75 150m: 1:53.78 39.38 250m: 3:11.75 38.97 350m: 4:29.78 38.88			
100m: 1:14.40 38.65 200m: 2:32.78 39.00 300m: 3:50.90 39.15 400m: 5:06.18 36.40			
4. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	5:07.37	420
50m: 34.69 34.69 150m: 1:53.97 40.35 250m: 3:13.62 39.65 350m: 4:31.62 38.87			
100m: 1:13.62 38.93 200m: 2:33.97 40.00 300m: 3:52.75 39.13 400m: 5:07.37 35.75			
5. Isabela Lourenco, COSTA	11 Benedita	5:09.25	412
50m: 35.14 35.14 150m: 1:53.50 38.82 250m: 3:12.25 37.36 350m: 4:31.86 39.80			
100m: 1:14.68 39.54 200m: 2:34.89 41.39 300m: 3:52.06 39.81 400m: 5:09.25 37.39			
6. Beatriz Marques, GASPAR	11 Nautico Marinha Grande	5:09.89	410
50m: 34.96 34.96 150m: 1:54.31 40.17 250m: 3:14.21 40.28 350m: 4:33.24 39.96			
100m: 1:14.14 39.18 200m: 2:33.93 39.62 300m: 3:53.28 39.07 400m: 5:09.89 36.65			
7. Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	5:11.40	404
50m: 34.43 34.43 150m: 1:53.37 39.82 250m: 3:11.96 39.78 350m: 4:31.63 34.20			
100m: 1:13.55 39.12 200m: 2:32.18 38.81 300m: 3:57.43 45.47 400m: 5:11.40 39.77			
8. Francisca Moreira, FELICIANO	11 Alcobaca	5:19.09	375
50m: 34.63 34.63 150m: 1:55.66 40.88 250m: 3:17.70 40.54 350m: 4:39.66 40.63			
100m: 1:14.78 40.15 200m: 2:37.16 41.50 300m: 3:59.03 41.33 400m: 5:19.09 39.43			
9. Maria Santos, FONSECA	11 CNLeiria - VOID	5:22.63	363
50m: 35.78 35.78 150m: 1:56.06 40.75 250m: 3:19.23 42.10 350m: 4:42.13 41.15			
100m: 1:15.31 39.53 200m: 2:37.13 41.07 300m: 4:00.98 41.75 400m: 5:22.63 40.50			
10. Margarida Soares, MAIA	11 Nautico Marinha Grande	5:29.43	341
50m: 35.51 35.51 150m: 1:58.15 41.81 250m: 3:23.97 43.06 350m: 4:48.43 42.00			
100m: 1:16.34 40.83 200m: 2:40.91 42.76 300m: 4:06.43 42.46 400m: 5:29.43 41.00			
11. Margarida Lopes, RODRIGUES	11 Uniao Juncalense	5:39.73	311
50m: 36.80 36.80 150m: 2:00.91 42.83 250m: 3:27.91 43.93 350m: 4:56.31 44.25			
100m: 1:18.08 41.28 200m: 2:43.98 43.07 300m: 4:12.06 44.15 400m: 5:39.73 43.42			
12. Sara Nunes, HORTA	11 CNLeiria - VOID	5:45.00	297
50m: 37.98 37.98 150m: 2:03.68 43.71 250m: 3:31.97 44.31 350m: 5:02.25 44.57			
100m: 1:19.97 41.99 200m: 2:47.66 43.98 300m: 4:17.68 45.71 400m: 5:45.00 42.75			
13. Erica Felix, RODRIGUES	11 Uniao Juncalense	5:57.19	267
50m: 37.22 37.22 150m: 2:03.19 44.28 250m: 3:36.37 47.00 350m: 5:11.44 47.60			
100m: 1:18.91 41.69 200m: 2:49.37 46.18 300m: 4:23.84 47.47 400m: 5:57.19 45.75			
14. Kelly Simao, COSTA	11 Óbidos Criativa	5:57.74	266
50m: 38.64 38.64 150m: 2:05.98 44.26 250m: 3:37.08 45.76 350m: 5:10.72 47.13			
100m: 1:21.72 43.08 200m: 2:51.32 45.34 300m: 4:23.59 46.51 400m: 5:57.74 47.02			
DNS Leonor Mota, ALVES	11 Nautico Marinha Grande		



Prova 15, Femin., 400m Livres

Prova 15

Femin., 400m Livres

11/10/2026 - 11:28

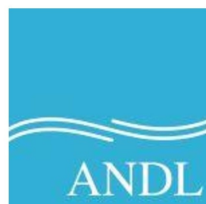
Junior

Resultados

Recorde Distrital 18	4:16.64	Filipa, RUIVO	ADBA	23/11/2014	
Recorde Distrital 17	4:16.74	Inês, HENRIQUES	PIMP/ Cima	22/04/2017	
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA	23/11/2014	
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m 18	4:11.18	Francisca Soares, MARTINS	FOCA	Mealhada	14/11/2020
Recordes Nacionais 25m 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015

Pontos: AQUA 2026

Lugar	Ano				Tempo final				Pts			
1.	Constanca Baptista, TOMAS				09	Alcobaca			4:42.91	539		
	50m:	32.34	32.34	150m:	1:44.81	36.62	250m:	2:57.84	36.40	350m:	4:09.56	35.81
	100m:	1:08.19	35.85	200m:	2:21.44	36.63	300m:	3:33.75	35.91	400m:	4:42.91	33.35
2.	Luana Ferreira, CRAVEIRO				09	Nautico Marinha Grande			4:43.98	533		
	50m:	32.11	32.11	150m:	1:42.51	35.73	250m:	2:56.21	36.78	350m:	4:08.59	36.01
	100m:	1:06.78	34.67	200m:	2:19.43	36.92	300m:	3:32.58	36.37	400m:	4:43.98	35.39
3.	Francisca Ramos, NUNES				09	Naval de Peniche			4:44.85	528		
	50m:	32.78	32.78	150m:	1:44.67	36.10	250m:	2:58.39	36.97	350m:	4:10.57	35.54
	100m:	1:08.57	35.79	200m:	2:21.42	36.75	300m:	3:35.03	36.64	400m:	4:44.85	34.28
4.	Teresa Maria, LOPES				09	Benedita			4:56.18	469		
	50m:	32.97	32.97	150m:	1:46.18	36.93	250m:	3:01.35	37.98	350m:	4:18.64	39.52
	100m:	1:09.25	36.28	200m:	2:23.37	37.19	300m:	3:39.12	37.77	400m:	4:56.18	37.54
5.	Madalena Gracio, PEDROSO				10	Nautico Marinha Grande			4:58.63	458		
	50m:	33.39	33.39	150m:	1:47.78	37.74	250m:	3:04.47	38.23	350m:	4:20.93	38.23
	100m:	1:10.04	36.65	200m:	2:26.24	38.46	300m:	3:42.70	38.23	400m:	4:58.63	37.70
6.	Laura Samora, GONCALVES				10	CNLeiria - VOID			5:01.91	443		
	50m:	34.41	34.41	150m:	1:50.66	38.00	250m:	3:07.56	38.50	350m:	4:24.87	38.71
	100m:	1:12.66	38.25	200m:	2:29.06	38.40	300m:	3:46.16	38.60	400m:	5:01.91	37.04
7.	Zofie, PACHECO				09	Naval de Peniche			5:09.50	411		
	50m:	34.18	34.18	150m:	1:51.33	39.18	250m:	3:11.03	40.13	350m:	4:32.75	40.85
	100m:	1:12.15	37.97	200m:	2:30.90	39.57	300m:	3:51.90	40.87	400m:	5:09.50	36.75
8.	Sofia Roma, BRIZIDA				10	CNLeiria - VOID			5:15.57	388		
	50m:	34.07	34.07	150m:	1:52.78	40.28	250m:	3:13.53	40.46	350m:	4:36.18	40.93
	100m:	1:12.50	38.43	200m:	2:33.07	40.29	300m:	3:55.25	41.72	400m:	5:15.57	39.39
9.	Leonor Pereira, SILVA				10	Óbidos Criativa			5:18.60	377		
	50m:	36.13	36.13	150m:	1:55.45	40.07	250m:	3:16.10	40.68	350m:	4:40.63	42.36
	100m:	1:15.38	39.25	200m:	2:35.42	39.97	300m:	3:58.27	42.17	400m:	5:18.60	37.97
10.	Elisa Henriques, SOUTO				10	Óbidos Criativa			5:22.44	364		
	50m:	34.91	34.91	150m:	1:55.79	41.32	250m:	3:20.34	42.04	350m:	4:44.02	40.61
	100m:	1:14.47	39.56	200m:	2:38.30	42.51	300m:	4:03.41	43.07	400m:	5:22.44	38.42
DNS	Constanca Rolim, PEDRO				10	Ba Leiria / Sk Coffee						



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 15, Femin., 400m Livres

Prova 15	Femin., 400m Livres				Senior
11/10/2026 - 11:28					Resultados
Recorde Distrital SEN	4:18.70	Victoria, KAMINSKAYA	PIMP/ Cima		08/11/2014
Recorde Distrital ABS	4:16.64	Filipa, RUIVO	ADBA		23/11/2014
Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m SEN	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023

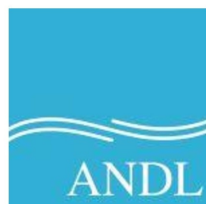
Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Ana Claudia, FERREIRA	90	Alcobaca			4:58.47	459
50m: 33.90 33.90	150m: 1:47.47	37.17	250m: 3:02.79	37.60	350m: 4:20.00	38.60
100m: 1:10.30 36.40	200m: 2:25.19	37.72	300m: 3:41.40	38.61	400m: 4:58.47	38.47

Prova 16	Masc., 100m Estilos				Infantil B
11/10/2026 - 12:20					Resultados
Recorde Distrital INF B	1:06.61	Afonso, SANTOS	AHBVCR		03/05/2008
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID		13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR	Glasgow (GBR)	07/12/2019
Recordes Nacionais 25m INF B	1:06.44	tempo limite,			01/01/1800

Pontos: AQUA 2026

Lugar	Ano				Tempo final	Pts
1. Romeu Filipe, SOUSA	14	Nautico Marinha Grande			1:21.31	222
50m: 37.79 37.79	100m: 1:21.31	43.52				
2. Hao Yang, CHENG	14	Nautico Marinha Grande			1:25.64	190
50m: 40.28 40.28	100m: 1:25.64	45.36				
3. Demian, DUDINOV	14	Naval de Peniche			1:25.91	188
50m: 40.06 40.06	100m: 1:25.91	45.85				
4. Afonso Miguel, SANTOS	14	Nautico Marinha Grande			1:28.34	173
50m: 40.94 40.94	100m: 1:28.34	47.40				
5. Afonso Daniel, BRITO	14	Pimpões			1:33.52	146
50m: 42.96 42.96	100m: 1:33.52	50.56				
6. Martim Raminhos, SILVA	14	Pimpões			1:33.66	145
50m: 42.79 42.79	100m: 1:33.66	50.87				
7. Rodrigo Cruz, ALVES	14	Nautico Marinha Grande			1:34.06	143
50m: 44.95 44.95	100m: 1:34.06	49.11				
8. Danilo Henrique, PEREIRA	14	Nautico Marinha Grande			1:37.97	127
50m: 47.25 47.25	100m: 1:37.97	50.72				
9. Angelo Poudeian, SILVA	14	Nautico Marinha Grande			1:38.93	123
50m: 46.60 46.60	100m: 1:38.93	52.33				
10. Afonso Pereira, MARRAZES	14	Nautico Marinha Grande			1:40.56	117
50m: 47.20 47.20	100m: 1:40.56	53.36				
11. Duarte Figueiredo, GRACIO	14	Vieirense			1:46.94	97
50m: 49.41 49.41	100m: 1:46.94	57.53				
DSQ Filipe Melo, FERREIRA	14	CNLeiria - VOID				
<i>O atleta efetuou pernadas alternadas no percurso de mariposa.</i>						
DSQ Francisco Meca, SILVA	14	Nautico Marinha Grande				
<i>O atleta realizou pernada alternada durante o percurso subaquático de bruços (após 50m).</i>						
DNS Matheus Silva, SANTOS	14	Pimpões				



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 16, Masc., 100m Estilos

Prova 16	Masc., 100m Estilos				Infantil A
11/10/2026 - 12:20					Resultados
Recorde Distrital INF A	1:03.93	Afonso, SANTOS	AHBVCR		02/05/2009
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID		13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)		07/12/2019
Recordes Nacionais 25m INF A	1:02.84	tempo limite,			01/01/1800

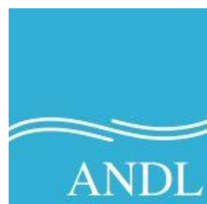
Pontos: AQUA 2026

Lugar	Ano		Tempo final		Pts
1. Vladimir, DERELO	13	Nautico Marinha Grande	1:16.41		268
50m: 35.19 35.19	100m: 1:16.41	41.22			
2. Marco Ferrador, PEREIRA	13	Nucleo de Pombal	1:23.36		206
50m: 39.71 39.71	100m: 1:23.36	43.65			
3. Goncalo Gregorio, FARIAS	13	Nautico Marinha Grande	1:25.02		194
50m: 40.34 40.34	100m: 1:25.02	44.68			
4. Afonso Monteiro, GOMES	13	Naval de Peniche	1:31.46		156
50m: 37.84 37.84	100m: 1:31.46	53.62			
5. Tiago Jeronimo, ROLINHO	13	Pimpões	1:37.71		128
50m: 45.86 45.86	100m: 1:37.71	51.85			
6. Oleksandr, KHALETSKYI	13	Uniao Juncalense	1:43.56		107
50m: 50.01 50.01	100m: 1:43.56	53.55			

Prova 16	Masc., 100m Estilos				Juvenil B
11/10/2026 - 12:20					Resultados
Recorde Distrital JUV B	59.22	Rodolfo, ALECRIM	CNL - VOID		16/03/2025
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID		13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)		07/12/2019
Recordes Nacionais 25m JUV B	57.11	Pedro Pereira, ALMEIDA	CE Felgueiras		11/04/2026

Pontos: AQUA 2026

Lugar	Ano		Tempo final		Pts
1. Goncalo Nunes, MORAIS	12	Ba Leiria / Sk Coffee	1:14.73		286
50m: 34.93 34.93	100m: 1:14.73	39.80			
2. Gabriel Sousa, GOMES	12	Óbidos Criativa	1:18.45		247
50m: 36.62 36.62	100m: 1:18.45	41.83			
3. Joao Maria, TEMPERO	12	Pimpões	1:19.64		236
50m: 37.34 37.34	100m: 1:19.64	42.30			
4. Miguel Sales, ERVILHA	12	CNLeiria - VOID	1:24.78		196
50m: 39.72 39.72	100m: 1:24.78	45.06			
5. Afonso Mourao, MIRANDA	12	Ba Leiria / Sk Coffee	1:25.18		193
50m: 39.03 39.03	100m: 1:25.18	46.15			
6. Duarte Mota, GASPAR	12	Ba Leiria / Sk Coffee	1:26.81		182
50m: 41.81 41.81	100m: 1:26.81	45.00			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

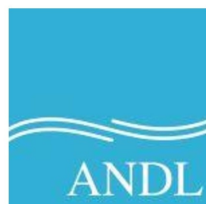
Prova 16, Masc., 100m Estilos

Prova 16 Masc., 100m Estilos Juvenil A
11/10/2026 - 12:20 Resultados

Recorde Distrital JUV A	59.72	Santiago, PARREIRA	PIMP/ Cima	06/07/2025
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID	13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)	07/12/2019
Recordes Nacionais 25m JUV A	59.06	Alexandre Ribeiro, MENDONÇA	PORTIN Lagoa	17/05/2026

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA	11 Ba Leiria / Sk Coffee	1:03.71	462
50m: 29.24 29.24 100m: 1:03.71	34.47		
2. Martim Cruz, MOURA	11 CNLeiria - VOID	1:05.28	430
50m: 30.78 30.78 100m: 1:05.28	34.50		
3. Vasco Sousa, LEMOS	11 Pimpões	1:07.28	392
50m: 30.68 30.68 100m: 1:07.28	36.60		
4. Francisco Costa, VALENTIM	11 Naval de Peniche	1:10.49	341
50m: 32.17 32.17 100m: 1:10.49	38.32		
5. Simao Pedro, MARQUES	11 Uniao Juncalense	1:12.38	315
50m: 32.98 32.98 100m: 1:12.38	39.40		
6. Dinis Morgado, FERREIRA	11 Ba Leiria / Sk Coffee	1:13.48	301
50m: 33.16 33.16 100m: 1:13.48	40.32		
7. Tomas Alves, ROCHA	11 Pimpões	1:13.88	296
50m: 33.95 33.95 100m: 1:13.88	39.93		
8. Tomas Ferreira, CARVALHO	11 Ba Leiria / Sk Coffee	1:15.02	283
50m: 34.28 34.28 100m: 1:15.02	40.74		
9. Duarte Henriques, MONTEIRO	11 CNLeiria - VOID	1:18.13	250
50m: 35.56 35.56 100m: 1:18.13	42.57		
10. Asabdek, TUYCHIEV	11 Ba Leiria / Sk Coffee	1:18.84	244
50m: 36.16 36.16 100m: 1:18.84	42.68		
11. Eduardo Martim, CARMO	11 Óbidos Criativa	1:19.07	242
50m: 36.01 36.01 100m: 1:19.07	43.06		
12. Pedro Ferreira, FERNANDES	11 CNLeiria - VOID	1:23.33	206
50m: 36.30 36.30 100m: 1:23.33	47.03		
13. Joao Pedro, CRUZ	11 Naval de Peniche	1:24.06	201
50m: 38.61 38.61 100m: 1:24.06	45.45		
14. Gabriel Marques, CARREIRA	11 Uniao Juncalense	1:31.72	155
50m: 41.47 41.47 100m: 1:31.72	50.25		
DSQ Miguel Nunes, DIAS	11 CNLeiria - VOID		
<i>O atleta efetuou mais do que uma pernada de golfinho no percurso subaquático após a viragem dos 50m.</i>			
DSQ Joao Sousa, SANTOS	11 Nucleo de Pombal		
<i>Falsa Partida</i>			
DNS Filipe Ferreira, VALENTE	11 CNLeiria - VOID		



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

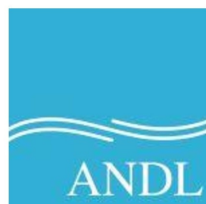
Prova 16, Masc., 100m Estilos

Prova 16 Masc., 100m Estilos Junior
11/10/2026 - 12:20 Resultados

Recorde Distrital 18	57.19	Leonardo, CRUZ	CNAL	12/04/2025
Recorde Distrital 17	57.75	Leonardo, CRUZ	CNAL	08/12/2023
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID	13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)	07/12/2019
Recordes Nacionais 25m 18	56.40	Joao Peres, COSTA	CNPV Leiria	28/11/2021
Recordes Nacionais 25m 17	56.89	Miguel Reis, OLIVEIRA	VSC Felgueiras	11/04/2026

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Santiago Agostinho, PARREIRA	09 Pimpões	59.28	574
50m: 27.31 27.31 100m: 59.28 31.97			
2. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	59.82	559
50m: 27.11 27.11 100m: 59.82 32.71			
3. Pedro Souza, SILVA	10 Pimpões	1:02.98	479
50m: 28.63 28.63 100m: 1:02.98 34.35			
4. Santiago Marques, GOMES	09 Ba Leiria / Sk Coffee	1:03.26	472
50m: 29.28 29.28 100m: 1:03.26 33.98			
5. Guilherme Costa, REBELO	10 Pimpões	1:04.17	452
50m: 28.80 28.80 100m: 1:04.17 35.37			
6. Dinis Lamas, SANTOS	10 Ba Leiria / Sk Coffee	1:05.05	434
50m: 29.70 29.70 100m: 1:05.05 35.35			
7. Hugo Miguel, SANTOS	09 Pimpões	1:05.53	425
50m: 30.38 30.38 100m: 1:05.53 35.15			
8. Guilherme Rodrigues, CABRAL	10 Pimpões	1:05.63	423
50m: 30.25 30.25 100m: 1:05.63 35.38			
9. David Ferrador, PEREIRA	09 Nucleo de Pombal	1:06.59	405
50m: 30.03 30.03 100m: 1:06.59 36.56			
10. Luis Pedro, VALERIO	09 Ba Leiria / Sk Coffee	1:06.74	402
50m: 29.77 29.77 100m: 1:06.74 36.97			
11. Francisco Antonio, SIMOES	10 Ba Leiria / Sk Coffee	1:08.94	365
50m: 32.69 32.69 100m: 1:08.94 36.25			
12. Afonso Matos, CORREIA	09 Nucleo de Pombal	1:09.36	358
50m: 31.40 31.40 100m: 1:09.36 37.96			
13. Alexandre Afonso, SANTOS	09 Uniao Juncalense	1:11.03	333
50m: 32.35 32.35 100m: 1:11.03 38.68			
14. Francisco Enes, ALVES	10 Ba Leiria / Sk Coffee	1:13.41	302
50m: 33.73 33.73 100m: 1:13.41 39.68			
15. João Santos, DURAO	10 Uniao Juncalense	1:27.17	180
50m: 40.85 40.85 100m: 1:27.17 46.32			



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 16, Masc., 100m Estilos

Prova 16 Masc., 100m Estilos Senior
11/10/2026 - 12:20 Resultados

Recorde Distrital SEN	56.24	Francisco, VIEIRA	CNL - VOID	13/12/2024
Recorde Distrital ABS	56.24	Francisco, VIEIRA	CNL - VOID	13/12/2024
Recordes Nacionais 25m Open	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)	07/12/2019
Recordes Nacionais 25m SEN	52.73	Alexis Manacas, SANTOS	POR Glasgow (GBR)	07/12/2019

Pontos: AQUA 2026

Lugar	Ano	Tempo final	Pts
1. Francisco Marques, SIMOES	07 CNLeiria - VOID	1:01.56	512
50m: 28.22 28.22 100m: 1:01.56	33.34		
Gil Santos, LEMOS	06 Pimpões	1:01.56	512
50m: 28.03 28.03 100m: 1:01.56	33.53		
3. Joao Moura, FRANCISCO	07 CNLeiria - VOID	1:06.41	408
50m: 29.79 29.79 100m: 1:06.41	36.62		
4. Rafael, SANTOS	06 Uniao Juncalense	1:07.28	392
50m: 30.81 30.81 100m: 1:07.28	36.47		
5. Lucas Benjamim, SILVA	08 Ba Leiria / Sk Coffee	1:07.71	385
50m: 32.25 32.25 100m: 1:07.71	35.46		
DSQ Francisco Ribeiro, VIEIRA	04 CNLeiria - VOID		
<i>O atleta realizou mais do que uma pernada vertical , após a viragem aos 50m , durante o percurso subaquático.</i>			

Prova 17 Femin., 4 x 100m Livres Infantil A
11/10/2026 - 12:50 Resultados

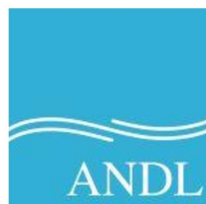
Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. CNAL INF A Alcobaca	5:24.06	253
Sara Machado, JANUARIO 13 36.94 1:20.56	Maria Joao, OLIVEIRA 13 36.65 1:16.75	
Maria Leal, ALVES 13 36.10 1:17.10	Constanca Teopisto, CARVAL13 42.10 1:29.65	

Prova 17 Femin., 4 x 100m Livres Junior
11/10/2026 - 12:50 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. BA/ SK Coffee JUN Ba Leiria / Sk Coffee	4:24.05	468
Vida Sofia, VELEZ 10 30.70 1:03.49	Constanca Rolim, PEDRO 10 32.42 1:07.98	
Ana Margarida, MARQUES 09 31.81 1:07.74	Maria Carolina, ALVES 10 30.88 1:04.84	



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 17, Femin., 4 x 100m Livres

Prova 17
11/10/2026 - 12:50
Femin., 4 x 100m Livres
Extra Competição
Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
DNS	BA/ SK Coffee EXTRA				Ba Leiria / Sk Coffee		
EXH	SIRP EXTRA				Pimpões	4:14.72	521
	Ines Pinto, MARTINS	12	31.47	1:06.15	Laura Krempel, VARELA	12	30.25 1:04.18
	Benedita Nunes, FELIX	12	29.72	1:03.25	Maria Joao, VALA	11	29.50 1:01.14
EXH	IDV EXTRA				Vieirense	4:55.80	332
	Emiliana Arruda, SARAIVA	12	33.23	1:10.45	Nuria Rocha, BOTAS	13	35.57 1:16.24
	Lara Sofia, MARCELINO	13	35.33	1:14.78	Rita Francisco, SIMOES	12	34.06 1:14.33

Prova 18
11/10/2026 - 12:57
Masc., 4 x 100m Livres
Infantil B
Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
1.	CNAL INF B				Alcobaca	5:34.08	160
	Tymofii Chikov, PORADYUK	14	37.56	1:20.22	Simao, VIEIRA	14	40.51 1:26.73
	Tomas Santos, MATIAS	14	36.73	1:16.18	Bruno Miguel, POMBO	14	41.95 1:30.95
2.	DNMG INF B				Nautico Marinha Grande	5:59.38	129
	Rodrigo Cruz, ALVES	14	40.09	1:23.63	Danilo Henrique, PEREIRA	14	43.71 1:40.15
	Afonso Pereira, MARRAZES	14	41.82	1:28.50	Angelo Poudeian, SILVA	14	40.70 1:27.10

Prova 18
11/10/2026 - 12:57
Masc., 4 x 100m Livres
Junior
Resultados

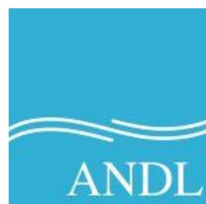
Pontos: AQUA 2026

Lugar						Tempo final	Pts
1.	BA/ SK Coffee JUN				Ba Leiria / Sk Coffee	3:45.06	525
	Luis Pedro, VALERIO	09	27.37	57.18	Santiago Marques, GOMES	09	27.63 57.69
	Dinis Lamas, SANTOS	10	26.97	56.28	Tomas Pascoal, FERREIRA	09	25.85 53.91

Prova 18
11/10/2026 - 12:57
Masc., 4 x 100m Livres
Extra Competição
Resultados

Pontos: AQUA 2026

Lugar						Tempo final	Pts
DNS	BA/ SK Coffee EXTRA				Ba Leiria / Sk Coffee		
EXH	NDAP EXTRA				Nucleo de Pombal	4:07.95	393
	David Ferrador, PEREIRA	09	28.17	59.20	Santiago Neves, SILVA	10	29.56 1:03.95
	Vladyslav, DVIRNYI	13	31.25	1:05.05	Afonso Matos, CORREIA	09	28.11 59.75
EXH	BA/ SK Coffee EXTRA				Ba Leiria / Sk Coffee	4:18.75	346
	Joao Santos, ALMEIDA	11	27.81	59.28	Dinis Morgado, FERREIRA	11	29.07 1:03.57
	Tomas Ferreira, CARVALHO	11	32.28	1:08.68	Goncalo Nunes, MORAIS	12	31.47 1:07.22
EXH	BA/ SK Coffee EXTRA				Ba Leiria / Sk Coffee	4:51.17	242
	Asabdek, TUYCHIEV	11	33.17	1:09.56	Diego Rodrigues, MENDES	11	31.79 1:08.64
	Duarte Mota, GASPAR	12	36.07	1:16.50	Afonso Mourao, MIRANDA	12	37.40 1:16.47



Prova de Abertura de Categorias
Benedita, 10 - 11/10/2026

Prova 19 Femin., 4 x 100m Estilos Infantil B
11/10/2026 - 13:04 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
DSQ SIRP INF B <i>Rendição antecipada da 4.ª atleta.</i>	Pimpões	
Eva Victoria, FERREIRA, Constanca Sequeira, CARNEIRO, Matilde Santos, PEREIRA, Ines Silva, MARCIANO		

Prova 19 Femin., 4 x 100m Estilos Juvenil B
11/10/2026 - 13:04 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. NDAP JUV B Luna Francisco, PEREIRA Carolina Matos, CORREIA	Nucleo de Pombal 5:43.49 12 36.64 1:15.42 Maria Ines, GOMES 12 39.11 1:28.12 12 48.61 1:42.92 Daniela Carvalho, FERREIRA 12 36.85 1:17.03	264
EXH NDAP EXTRA Carlota Sa, SANTOS Francisca Vieira, SILVA	Nucleo de Pombal 5:33.36 11 36.93 1:16.87 Anastasiya, PRYMACHENKO 11 37.07 1:22.31 13 44.68 1:36.31 Violeta Neves, SILVA 13 36.96 1:17.87	289
EXH OC EXTRA Emma Henriques, SOUTO Kelly Simao, COSTA	Óbidos Criativa 5:39.03 13 40.71 1:24.14 Gabriel Sousa, GOMES 12 35.25 1:16.10 11 43.86 1:34.82 Leonor Silva, TEOTONIO 14 39.08 1:23.97	274
EXH IDV EXTRA Ines Ferreira, CAPELA Rita Francisco, SIMOES	Vieirense 5:48.64 14 44.78 1:34.81 Emiliania Arruda, SARAIVA 12 36.29 1:21.14 12 46.15 1:37.83 Lara Sofia, MARCELINO 13 35.61 1:14.86	252
EXH OC EXTRA Sofia Pereira, SILVA Leonor Pereira, SILVA	Óbidos Criativa 5:53.91 14 49.44 1:41.59 Sara Pereira, SILVA 14 48.00 1:41.60 10 39.22 1:23.57 Elisa Henriques, SOUTO 10 31.80 1:07.15	241

Prova 20 Masc., 4 x 100m Estilos Infantil B
11/10/2026 - 13:12 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. DNMG INF B Afonso Miguel, SANTOS Francisco Meca, SILVA	Nautico Marinha Grande 5:58.50 14 43.22 1:29.93 Romeu Filipe, SOUSA 14 43.07 1:38.93 14 43.60 1:33.00 Hao Yang, CHENG 14 36.17 1:16.64	170

Prova 20 Masc., 4 x 100m Estilos Infantil A
11/10/2026 - 13:12 Resultados

Pontos: AQUA 2026

Lugar	Tempo final	Pts
1. DNMG INF A Goncalo Gregorio, FARIAS Vladimir, DERELO	Nautico Marinha Grande 5:17.14 13 38.62 1:18.87 Ricardo Pereira, LOPES 13 38.10 1:22.60 13 41.19 1:26.83 Timur, MOLDERF 13 32.40 1:08.84	245